

## GG0130E. Shower/Bathe Self

**E. Shower/bathe self:** The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower.

### Assessment Timing

#### Admission:

- Admission performance.
- Discharge goal.

#### Discharge:

- Discharge performance.



### Shower/Bathe Self Inclusions and Exclusions for Coding

#### Included:

- Washing, rinsing, and drying the resident's:
  - Face.
  - Upper and lower body.
  - Perineal area.
  - Feet.

#### Excluded:

- Washing, rinsing, and drying the resident's back or hair.
- Transferring in/out of tub or shower.

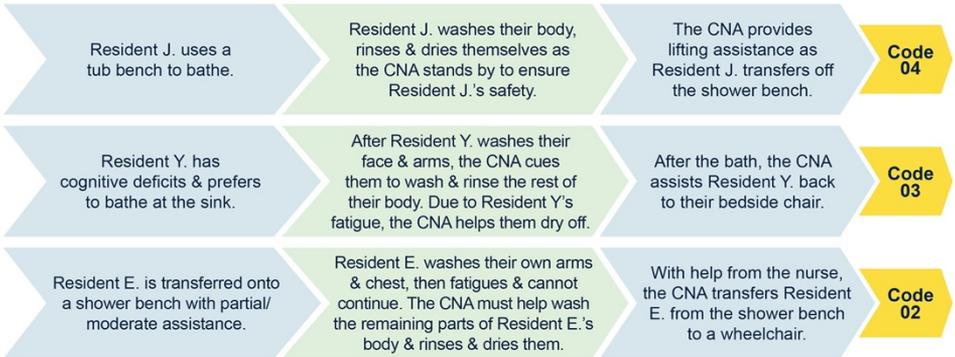
### Coding Tips

The assessment of shower/bathe self can take place in a shower, bath, at a sink, or in bed (i.e., full-body sponge bath). The activity can be completed independently with or without the use of devices.

## Activity Performance Codes and Examples

06 – Independent	03 – Partial/moderate assistance
05 – Setup or clean-up assistance	02 – Substantial/maximal assistance
04 – Supervision or touching assistance	01 – Dependent

Each series of arrows below describes a shower/bathing scenario. The green arrows in the 2<sup>nd</sup> column identify key elements of each scenario that inform the coding of **GG0130E. Shower/bathe self**.



## Additional Clinical Considerations

- If the resident bathes themselves and only needs a helper to set up materials for bathing/showering, then code **05, Setup or clean-up assistance**.
- If the resident cannot bathe their entire body because of a medical condition, then code based on the amount of assistance needed to complete the activity.