

## GG0130F. Upper Body Dressing

**F. Upper body dressing:** The ability to dress and undress above the waist; including fasteners, if applicable.

### Assessment Timing

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**Admission:**

- Admission performance.
- Discharge goal.

**Discharge:**

- Discharge performance.

### Upper Body Dressing Inclusions and Exclusions for Coding

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**Included:**

- Bra, undershirt, T-shirt, button-down or pullover shirt, dress, sweatshirt, sweater, nightgown (not hospital gown), and pajama top.
- Thoracic-lumbar-sacrum orthosis (TLSO), abdominal binder, back brace, stump/sock shrinker, upper body support device, neck support, and hand or arm prosthetic/orthotic.
- Management of buttons and/or fasteners.

**Excluded:**

- Upper body dressing cannot be assessed based solely on donning/doffing a hospital gown.

### Coding Tips

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Upper body dressing identifies the resident's need for assistance to dress and undress above the waist, including any assistance needed to manage buttons and/or fasteners.

## Activity Performance Codes

- 06 – Independent.
- 05 – Setup or clean-up assistance.
- 04 – Supervision or touching assistance.
- 03 – Partial/moderate assistance.
- 02 – Substantial/maximal assistance.
- 01 – Dependent.

## Coding Scenarios

Each row in the table below describes an upper body dressing scenario. In each scenario, statements 2 and 4 identify key elements that inform the coding of **GG0130F. Upper body dressing**. The correct code is provided at the end of each scenario.

### Coding Scenarios for GG0130F. Upper Body Dressing

	Statement 1	Statement 2	Statement 3	Statement 4	Code
Scenario 1	Resident B. has right-sided upper extremity weakness due to a stroke.	Due to that weakness, Resident B. is unable to retrieve their clothing, so the CNA hands it to them. Resident B. proceeds to put on their bra and top without any further assistance.	The CNA assists Resident B. to put on their socks and shoes.	At night, Resident B. removes the top and bra independently. However, they fatigue, and the CNA must put the clothing away.	Code 05
Scenario 2	Resident Z. has ataxia making it difficult to move their arms. They wear a bra and sweatshirt on most days.	When dressing, the CNA assists Resident Z. with threading their arms into the bra and hooking the bra clasps. Resident Z. independently adjusts the bra and puts on the sweatshirt.	The CNA hands Resident Z. a hairbrush so that they can brush their own hair.	When undressing, Resident Z. requires CNA assistance with removing one sleeve of the sweatshirt and unclasp the bra.	Code 03
Scenario 3	Resident K. sustained a spinal cord injury, affecting movement and strength in both upper extremities.	Resident K. is able to place their arms in the sleeves of their shirt but is unable to pull it over their head and straighten it, so the CNA completes the task for them.	After Resident K. finishes getting dressed, they are fatigued and require two CNAs to assist them into the bedside chair for breakfast.	When undressing, Resident K. partially slips their arm out of one sleeve but is unable to completely remove the shirt without assistance.	Code 02

## Additional Clinical Considerations

- The activity may be completed with or without the use of assistive device(s).

- If the resident dresses themselves and the ONLY assistance required from a helper is to retrieve or put away the resident's clothing, code **05, Setup or clean-up assistance**.
- If donning and doffing an elastic bandage, orthosis, or prosthesis occurs while the resident is dressing/undressing, count the elastic bandage/orthotic/prosthesis as a piece of clothing when determining the amount of assistance the resident needs when coding the upper body dressing item.