

# GG0130F. Upper Body Dressing

**F. Upper body dressing:** The ability to dress and undress above the waist; including fasteners, if applicable.

## Assessment Timing

### Admission:

- Admission performance.
- Discharge goal.

### Discharge:

- Discharge performance.



## Upper Body Dressing Inclusions and Exclusions for Coding

### Included:

- Bra, undershirt, T-shirt, button-down or pullover shirt, dress, sweatshirt, sweater, nightgown (not hospital gown), and pajama top.
- Thoracic-lumbar-sacrum orthosis (TLSO), abdominal binder, back brace, stump/sock shrinker, upper body support device, neck support, and hand or arm prosthetic/orthotic.
- Management of buttons and/or fasteners.

### Excluded:

- Upper body dressing cannot be assessed based solely on donning/doffing a hospital gown.

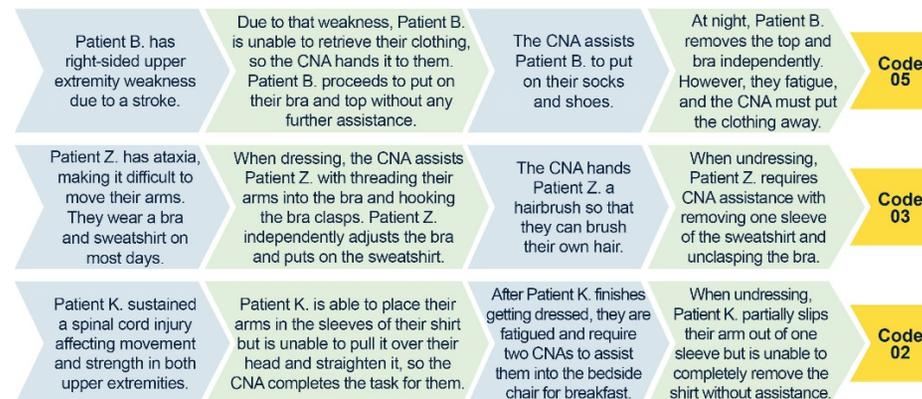
## Coding Tips

Upper body dressing identifies the resident's need for assistance to dress and undress above the waist, including any assistance needed to manage buttons and/or fasteners.

## Activity Performance Codes and Examples

06 – Independent	03 – Partial/moderate assistance
05 – Setup or clean-up assistance	02 – Substantial/maximal assistance
04 – Supervision or touching assistance	01 – Dependent

Each series of arrows below describes an upper body dressing scenario. The green arrows in the second and fourth columns identify key elements of each scenario that inform the coding of **GG0130F. Upper body dressing**.



## Additional Clinical Considerations

- The activity may be completed with or without the use of assistive device(s).
- If the resident dresses themselves and the **ONLY** assistance required from a helper is to retrieve or put away the resident's clothing, code **05, Setup or clean-up assistance**.
- If donning and doffing an elastic bandage, orthosis, or prosthesis occurs while the resident is dressing/undressing, count the elastic bandage/orthotic/prosthesis as a piece of clothing when determining the amount of assistance the resident needs when coding the upper body dressing item.