

Section GG: Functional Abilities and Goals

GG0130A Practice Coding Scenario

- Eating:
 - The dietary aide opens all of Mr. S' cartons and containers on his food tray before leaving the room. There are no safety concerns regarding Mr. S' ability to eat. Mr. S eats the food himself, bringing the food to his mouth, using appropriate utensils, and swallowing the food safely.

GG0130C Practice Coding Scenario

- Toileting hygiene:
 - Mr. W uses a urinal when voiding without assistance with Toileting hygiene tasks when sitting on the side of the bed.
 - He uses a toilet with a raised toilet seat when moving his bowels and requires contact guard assistance from the helper as he holds onto a grab bar with one hand, lowers his underwear and pants, performs perianal hygiene, and then pulls up his underwear and pants himself.

GG0130E Practice Coding Scenario

- Shower/bathe self:
 - Mr. J sits on a tub bench as he washes, rinses, and dries himself. A certified nursing assistant stays with him to ensure his safety, as Mr. J has had instances of losing his sitting balance. The certified nursing assistant also provides lifting assistance as Mr. J gets onto and off of the tub bench.

GG0130F Practice Coding Scenario

- Upper body dressing:
 - Mr. K sustained a spinal cord injury that has affected both movement and strength in both upper extremities.
 - He places his left hand into one-third of his left sleeve of his shirt with much time and effort and is unable to continue with the activity. A certified nursing assistant then completes the remaining upper body dressing for Mr. K.

GG0130G Practice Coding Scenario

- Lower body dressing:
 - Mrs. R has peripheral neuropathy in her upper and lower extremities.
 - Mrs. R needs assistance from a helper to place her lower limb into, and to take it out of, her lower limb prosthesis.
 - She needs no assistance to put on and remove her underwear or slacks.

GG0130H Practice Coding Scenario

- Putting on/taking off footwear:
 - Mr. M is undergoing rehabilitation for right-side upper and lower body weakness following a stroke. He has made significant progress toward his independence and will be discharged to home tomorrow.
 - Mr. M wears an AFO that he puts on his foot and ankle after he puts on his socks but before he puts on his shoes. He always places his AFO, socks, and shoes within easy reach of his bed.
 - While sitting on the bed, he needs to bend over to put on and take off his AFO, socks, and shoes, and he occasionally loses his sitting balance, requiring staff to place their hands on him to maintain his balance while performing this task.

GG0170A Practice Coding Scenario

- Roll Left and Right:
 - Ms. W head of the bed must remain slightly elevated at all times due to aspiration precautions.
 - Although the head of the bed is slightly elevated, the therapist uses clinical judgement to determine she can assess Ms. W's ability to roll left and right; the therapist provides verbal instructions as Ms. W completes the activity.

GG0170B. Practice Coding Scenario

- Sit to Lying:
 - Mr. P has peripheral vascular disease and recently had a right above the knee amputation.
 - Mr. P requires the Physical Therapist to provide steadying assistance due to his poor balance as he moves from a sitting position to lying down.

GG0170D. Practice Coding Scenario

- Sit to Stand:
 - Ms. R has severe rheumatoid arthritis and uses forearm crutches to ambulate. The Certified Nursing Assistant brings Ms. R her crutches and helps her to stand at the side of the bed. The Certified Nursing Assistant provides some lifting assistance to get Ms. R to a standing position but provides less than half the effort to complete the activity.

GG0170E. Practice Coding Scenario

- Chair/bed-to-chair transfer:
 - Mr. U had his left lower leg amputated because of gangrene associated with his diabetes mellitus, and he has reduced sensation and strength in his right leg. He has not yet received his below-the-knee prosthesis. Mr. U uses a transfer board for chair/bed-to-chair transfers. The therapist places the transfer board under his buttock. Mr. U then attempts to scoot from the bed onto the transfer board. Mr. U has reduced sensation in his hands and limited upper body strength. The Physical Therapist assists him in side scooting by lifting his trunk in a rocking motion as Mr. U scoots across the transfer board and into the wheelchair. Overall, the therapist provides more than half of the effort.

GG0170F. Practice Coding Scenario

- Toilet Transfer:
 - Mrs. M had a total hip replacement following a hip fracture and was in an acute care hospital prior to being transferred to a skilled nursing facility. While in the acute care hospital, she used a raised toilet seat.
 - When Mrs. M needs to void, the Certified Nursing Assistant provides steady assistance as Mrs. M transfers safely from the wheelchair to the raised toilet seat.

GG0170G. Practice Coding Scenario

- Car Transfer:
 - During her rehabilitation stay, Mrs. N works with an Occupational Therapist on transfers in and out of the passenger side of a car. On the day before discharge, when performing car transfers, Mrs. N requires verbal reminders for safety and light touching assistance. The therapist instructs her on strategic hand placement while Mrs. N transitions to sitting in the car's passenger seat. The therapist opens and closes the door.

GG0170I. Practice Coding Scenario

- Walk 10 Feet:
 - Mr. S had an open reduction internal fixation on his left leg after a fall and is non-weight bearing on his left lower extremity.
 - Mr. S walks 10 feet in the parallel bars with the Physical Therapist providing more than half of the effort to support his trunk.

GG0170J. Practice Coding Scenario

- Walk 50 Feet with Two Turns:
 - Mr. R has a chronic neurological condition, resulting in poor balance.
 - He has used a walker for many years.
 - Mr. R ambulates 50 feet with two 90-degree turns requiring contact guard when he turns.

GG0170K. Practice Coding Scenario

- Walk 150 Feet:
 - Mrs. T walks with her walker 150 feet independently as long as she takes a very brief standing rest break half way through the walk.

GG0170L. Practice Coding Scenario

- Walk 10 Feet on Uneven Surfaces:
 - Mr. B sustained an incomplete spinal cord injury after a car accident.
 - He ambulates outside on grass and negotiates the turf with the therapist providing more than half of the effort to support his trunk.

GG0170M. Practice Coding Scenario

- 1 Step (curb):
 - Mrs. Z has had a stroke; she must be able to step up and down one step to enter and exit her home. A physical therapist provides standby assistance as she uses her quad cane to support her balance in stepping up one step. The physical therapist provides steadying assistance as Mrs. Z uses her cane for balance and steps down one step.

GG0170N. Practice Coding Scenario

- 4 Steps:
 - Mr. F is recovering from a multiple lower extremity fractures and wears a walking boot and uses a quad cane.
 - Mr. F slowly ascends the stairs, grasping the stair railing with one hand and the quad cane in his other hand.
 - The therapist provides intermittent steadying assistance as he climbs up the 4 steps; he then turns around and requires steadying assistance throughout the activity as he goes down 4 steps.

GG0170O. Practice Coding Scenario

- 12 Steps:
 - Ms. Y is recovering from a stroke resulting in motor issues and poor endurance. Ms. Y's home has 12 stairs, with a railing, and she needs to use these stairs to enter and exit her home. Her physical therapist uses a gait belt around her trunk and supports less than half of the effort as Ms. Y ascends and then descends 12 stairs.

GG0170P. Practice Coding Scenario

- Picking up Object:
 - Ms. C has recently undergone a hip replacement. When she drops items, she uses a long-handled reacher that she had been using at home prior to admission. She is ready for discharge and can now ambulate with a walker without assistance. When she drops objects from the basket on her walker, she requires a certified nursing assistant to locate her long-handled reacher and bring it to her in order for her to use it. The CNA leaves the reacher with Ms. C so that she has it handy for when it is needed next. She does not need assistance to pick up the object after the helper brings her the reacher.

GG0170R. Practice Coding Scenario

- Wheel 50 Feet with Two Turns:
 - Once seated in the manual wheelchair, Ms. R wheels about 10 feet, then asks the Certified Nursing Assistant to push the wheelchair an additional 40 feet into her room and her bathroom.

GG0170S. Practice Coding Scenario

- Wheel 150 Feet:
 - Mr. W is recovering from a stroke and has right-sided weakness that affects his balance and a chronic respiratory condition that affects his walking endurance.
 - By discharge, Mr. W slowly wheels a manual wheelchair 160 feet down the hall without any assistance from a helper.