



Title: Revised Benchmark Benefits Instructions

Subtitle: Instructions for using state-specific information to accurately reflect Individual Market and Small Group Market EHB and state-required benefits on the Plans and Benefits Template.

Purpose: This document provides issuers with instructions for correcting the Benefits Package Worksheet of the Plans and Benefits Template using the included state-specific worksheets (e.g., AK, HI, PA).

Version: 1

Date: Thursday, May 15, 2014

[illegible]

2 Select the appropriate scenario based on the corrections identified in the state-specific spreadsheet

Select the appropriate scenario below (A, B, or C) for each benefit indicated to have a correction to the data populated by the Add-In File in the state-specific spreadsheet.

Scenario A	The state-specific worksheet DOES identify a given benefit as an <i>EHB</i> and/or <i>State Required Benefit</i> and the benefit DOES NOT appear on the Plans and Benefits Template (" <i>Fields Changed</i> " = "Added Benefit"):	
	Cover	If you intend to cover the benefit, add the benefit using the "Add Benefit" button on the menu bar under the Plans and Benefits ribbon, select "Covered" in the " <i>Is this Benefit Covered?</i> " field, and select "Additional EHB" as the " <i>EHB Variance Reason.</i> "
	Do Not Cover	If you do <u>not</u> intend to cover the benefit and instead want to substitute with actuarially equivalent coverage of another benefit in the same EHB category, add the benefit using the "Add Benefit" button on the menu bar under the Plans & Benefits ribbon, select "Not Covered" in the " <i>Is this Benefit Covered?</i> " field, and select "Substituted" as the " <i>EHB Variance Reason.</i> " [For the "new" benefit that is taking the place of this one, select "Additional EHB Benefit" as the " <i>EHB Variance Reason.</i> "] If you do <u>not</u> intend to cover a pediatric dental benefit and there is a stand-alone dental plan available, add the pediatric dental benefit using the "Add Benefit" button on the menu bar, select "Not Covered," and select "Dental Only Plan Available" as the " <i>EHB Variance Reason.</i> "
	The state-specific spreadsheet DOES identify a given benefit as an <i>EHB</i> and/or <i>State Required Benefit</i> and the benefit DOES appear on the Plans & Benefits Template, but the " <i>Is this Benefit Covered?</i> " field is BLANK:	
	Cover	If you intend to cover the benefit, add "Covered" in the " <i>Is this Benefit Covered?</i> " field and select "Additional EHB Benefit" as the " <i>EHB Variance Reason.</i> "
	Do Not Cover	If you do <u>not</u> intend to cover the benefit and instead intend to substitute with actuarially equivalent coverage of another benefit in the same EHB category, select "Not Covered" in the " <i>Is this Benefit Covered?</i> " field and select "Substituted" as the <i>EHB Variance Reason.</i> [For the "new" benefit that is taking the place of this one, select "Additional EHB Benefit" as the " <i>EHB Variance Reason.</i> "] If you do <u>not</u> intend to cover a pediatric dental benefit and there is a stand-alone dental plan available, select "Not Covered" and select "Dental Only Plan Available" as the " <i>EHB Variance Reason.</i> "
	The state-specific worksheet DOES NOT identify a given benefit as an <i>EHB</i> and/or <i>State Required Benefit</i> and the Plans & Benefits Template DOES populate the benefit as "Covered" in the <i>Is this Benefit Covered?</i> field:	
	Cover	If you intend to cover the benefit, leave "Covered" in the " <i>Is this Benefit Covered?</i> " field and select "Above EHB" as the " <i>EHB Variance Reason.</i> "
	Do Not Cover	If you do <u>not</u> intend to cover the benefit, change "Covered" to "Not Covered" in the " <i>Is this Benefit Covered?</i> " field and select "Above EHB" as the " <i>EHB Variance Reason.</i> "

3 | Populate the "General Information" fields when completing the Plans and Benefits Template

Provide benefit coverage information for each set of plans in the Benefits Package Worksheet of the Plan and Benefits Template.

For benefits indicated to have corrections in how the benefit data auto-populated:

Complete the "Is this Benefit Covered?" and the "EHB Variance Reason" fields according to the scenario selected in Step 2.

For benefits NOT indicated to have any corrections:

Complete the "General Information" fields according to Chapter 10: *Instructions for the Plans and Benefits Application Section* in the QHP Template Instructions, Sections 4.10 and 4.11.

[illegible]

Individual Market Add-In Changes		Benefit Information			General Information						
Fields Changed	Is this a correction to the data populated by the Add-In file on the state Benefit Package?	Benefits	EHB	State-Required Benefit	Is this Benefit Covered?	Quantitative Limit on Service	Limit Quantity	Limit Unit	Minimum Stay	Exclusions	Benefit Explanation
	No	Primary Care Visit to Treat an Injury or Illness	Yes		Covered						
	No	Specialist Visit	Yes		Covered						
	No	Other Practitioner Office Visit (Nurse, Physician Assistant)	Yes		Covered						
	No	Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	Yes		Covered						
	No	Outpatient Surgery Physician/Surgical Services	Yes		Covered						
	No	Hospice Services	Yes	Yes	Covered						
	No	Non-Emergency Care When Traveling Outside the U.S.									
	No	Routine Dental Services (Adult)									
	No	Infertility Treatment	Yes	Yes	Covered						
	No	Long-Term/Custodial Nursing Home Care									
	No	Private-Duty Nursing									
EHB, Limit Quantity, Limit Unit	Yes	Routine Eye Exam (Adult)									
	No	Urgent Care Centers or Facilities	Yes		Covered						
	No	Home Health Care Services	Yes	Yes	Covered						
	No	Emergency Room Services	Yes		Covered						
	No	Emergency Transportation/Ambulance	Yes		Covered						
	No	Inpatient Hospital Services (e.g., Hospital Stay)	Yes	Yes	Covered						
	No	Inpatient Physician and Surgical Services	Yes		Covered						
	No	Bariatric Surgery	Yes	Yes	Covered						
	No	Cosmetic Surgery									
	No	Skilled Nursing Facility	Yes		Covered	Yes	100	Days per Year			
	No	Prenatal and Postnatal Care	Yes	Yes	Covered						
	No	Delivery and All Inpatient Services for Maternity Care	Yes	Yes	Covered						
	No	Mental/Behavioral Health Outpatient Services	Yes	Yes	Covered						
	No	Mental/Behavioral Health Inpatient Services	Yes	Yes	Covered						
	No	Substance Abuse Disorder Outpatient Services	Yes	Yes	Covered						
	No	Substance Abuse Disorder Inpatient Services	Yes	Yes	Covered						
	No	Generic Drugs	Yes		Covered						
	No	Preferred Brand Drugs	Yes		Covered						
	No	Non-Preferred Brand Drugs	Yes		Covered						
	No	Specialty Drugs	Yes		Covered						
	No	Outpatient Rehabilitation Services	Yes		Covered						Quantitative limit units apply, see EHB benchmark.

Individual Market Add-In Changes		Benefit Information			General Information						
Fields Changed	Is this a correction to the data populated by the Add-In file on the state Benefit Package?	Benefits	EHB	State-Required Benefit	Is this Benefit Covered?	Quantitative Limit on Service	Limit Quantity	Limit Unit	Minimum Stay	Exclusions	Benefit Explanation
Benefit Explanation	Yes	Habilitation Services	Yes	Yes	Covered						For children under the age of 19, unlimited medically necessary visits are covered. For members age 19 and above: 30 visits per condition per contract year for each therapy (physical therapy, speech therapy, and occupational therapy).
	No	Chiropractic Care	Yes		Covered						20 visits per condition per contract year
	No	Durable Medical Equipment	Yes	Yes	Covered						
Benefit Explanation	Yes	Hearing Aids	Yes	Yes	Covered						1 hearing aid per each hearing impaired ear every 36 months. State-required benefit applies only to children up to the age of 18
State-Required Benefit	Yes	Imaging (CT/PET Scans, MRIs)	Yes		Covered						
	No	Preventive Care/Screening/Immunization	Yes	Yes	Covered						
	No	Routine Foot Care									
	No	Acupuncture	Yes		Covered						
	No	Weight Loss Programs									
	No	Routine Eye Exam for Children	Yes		Covered	Yes	1	Visit(s) per Year			
	No	Eye Glasses for Children	Yes		Covered	Yes	1	Item(s) per Year			
	No	Dental Check-Up for Children	Yes		Covered	Yes	2	Visit(s) per Year			
EHB	Yes	Rehabilitative Speech Therapy	Yes		Covered						
EHB	Yes	Rehabilitative Occupational and Rehabilitative Physical Therapy	Yes		Covered						
EHB, State-Required Benefit	Yes	Well Baby Visits and Care	Yes	Yes	Covered						
State-Required Benefit	Yes	Laboratory Outpatient and Professional Services	Yes		Covered						
	No	X-rays and Diagnostic Imaging	Yes		Covered						
EHB	Yes	Basic Dental Care – Child	Yes		Covered						
EHB	Yes	Orthodontia – Child	Yes		Covered						
	No	Major Dental Care – Child	Yes		Covered						
	No	Basic Dental Care – Adult									
	No	Orthodontia – Adult									
	No	Major Dental Care – Adult									
EHB	Yes	Abortion for Which Public Funding is Prohibited									

Individual Market Add-In Changes		Benefit Information			General Information						
Fields Changed	Is this a correction to the data populated by the Add-In file on the state Benefit Package?	Benefits	EHB	State-Required Benefit	Is this Benefit Covered?	Quantitative Limit on Service	Limit Quantity	Limit Unit	Minimum Stay	Exclusions	Benefit Explanation
	No	Transplant	Yes		Covered						
EHB	Yes	Accidental Dental	Yes		Covered						
EHB	Yes	Dialysis	Yes		Covered						
EHB	Yes	Allergy Testing	Yes		Covered						
EHB	Yes	Chemotherapy	Yes		Covered						
EHB	Yes	Radiation	Yes		Covered						
EHB, State-Required Benefit	Yes	Diabetes Education	Yes	Yes	Covered						
State-Required Benefit	Yes	Prosthetic Devices	Yes	Yes	Covered						
EHB	Yes	Infusion Therapy	Yes		Covered						
EHB	Yes	Treatment for Temporomandibular Joint Disorders	Yes	Yes	Covered						
Benefit Explanation	Yes	Nutritional Counseling	Yes		Covered						
EHB, Benefit Explanation	Yes	Reconstructive Surgery	Yes	Yes	Covered						State-required benefit applies to breast reconstruction.
EHB	Yes	Clinical Trials	Yes	Yes	Covered						
EHB	Yes	Diabetes Care Management	Yes	Yes	Covered						
EHB	Yes	Inherited Metabolic Disorder - PKU	Yes	Yes	Covered						
EHB	Yes	Dental Anesthesia	Yes	Yes	Covered						
EHB	Yes	Mental Health Other	Yes	Yes	Covered						
EHB	Yes	Prescription Drugs Other	Yes	Yes	Covered						
EHB	Yes	Second Opinion	Yes	Yes	Covered						
EHB	Yes	Congenital Anomaly, including Cleft Lip/Palate	Yes	Yes	Covered						
EHB	Yes	Osteoporosis	Yes	Yes	Covered						

Small Group Market Add-In Changes		Benefit Information			General Information						
Fields Changed	Is this a correction to the data populated by the Add-In file on the state Benefit Package?	Benefits	EHB	State-Required Benefit	Is this Benefit Covered?	Quantitative Limit on Service	Limit Quantity	Limit Unit	Minimum Stay	Exclusions	Benefit Explanation
State-Required Benefit	Yes	Primary Care Visit to Treat an Injury or Illness	Yes	Yes	Covered						
State-Required Benefit	Yes	Specialist Visit	Yes	Yes	Covered						
State-Required Benefit	Yes	Other Practitioner Office Visit (Nurse, Physician Assistant)	Yes	Yes	Covered						
	No	Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	Yes	Yes	Covered						
	No	Outpatient Surgery Physician/Surgical Services	Yes	Yes	Covered						
	No	Hospice Services	Yes	Yes	Covered						
	No	Non-Emergency Care When Traveling Outside the U.S.									
	No	Routine Dental Services (Adult)									
	No	Infertility Treatment	Yes	Yes	Covered						
	No	Long-Term/Custodial Nursing Home Care									
	No	Private-Duty Nursing									
EHB, Limit Quantity, Limit Unit	Yes	Routine Eye Exam (Adult)									
State-Required Benefit	Yes	Urgent Care Centers or Facilities	Yes	Yes	Covered						
	No	Home Health Care Services	Yes	Yes	Covered						
	No	Emergency Room Services	Yes	Yes	Covered						
	No	Emergency Transportation/Ambulance	Yes	Yes	Covered						
	No	Inpatient Hospital Services (e.g., Hospital Stay)	Yes	Yes	Covered						
	No	Inpatient Physician and Surgical Services	Yes	Yes	Covered						
	No	Bariatric Surgery	Yes	Yes	Covered						
	No	Cosmetic Surgery									
	No	Skilled Nursing Facility	Yes	Yes	Covered	Yes	100	Days per Year			
	No	Prenatal and Postnatal Care	Yes	Yes	Covered						
	No	Delivery and All Inpatient Services for Maternity Care	Yes	Yes	Covered						
	No	Mental/Behavioral Health Outpatient Services	Yes	Yes	Covered						
	No	Mental/Behavioral Health Inpatient Services	Yes	Yes	Covered						
	No	Substance Abuse Disorder Outpatient Services	Yes	Yes	Covered						
	No	Substance Abuse Disorder Inpatient Services	Yes	Yes	Covered						
	No	Generic Drugs	Yes	Yes	Covered						
	No	Preferred Brand Drugs	Yes	Yes	Covered						
	No	Non-Preferred Brand Drugs	Yes	Yes	Covered						
	No	Specialty Drugs	Yes	Yes	Covered						
	No	Outpatient Rehabilitation Services	Yes	Yes	Covered						Quantitative limit units apply, see EHB benchmark.

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Benefit Explanation	Yes	Habilitation Services	Yes	Yes	Covered						For children under the age of 19, unlimited medically necessary visits are covered. For members age 19 and above: 30 visits per condition per contract year for each therapy (physical therapy, speech therapy, and occupational therapy).
	No	Chiropractic Care	Yes	Yes	Covered						20 visits per condition per contract year
	No	Durable Medical Equipment	Yes	Yes	Covered						
Benefit Explanation	Yes	Hearing Aids	Yes	Yes	Covered						1 hearing aid per each hearing impaired ear every 36 months. State-required benefit applies only to children up to the age of 18
	No	Imaging (CT/PET Scans, MRIs)	Yes	Yes	Covered						
	No	Preventive Care/Screening/Immunization	Yes	Yes	Covered						
	No	Routine Foot Care									
State-Required Benefit	Yes	Acupuncture	Yes	Yes	Covered						
	No	Weight Loss Programs									
	No	Routine Eye Exam for Children	Yes		Covered	Yes	1	Visit(s) per Year			
	No	Eye Glasses for Children	Yes		Covered	Yes	1	Item(s) per Year			
	No	Dental Check-Up for Children	Yes		Covered	Yes	2	Visit(s) per Year			
EHB, State-Required Benefit	Yes	Rehabilitative Speech Therapy	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Rehabilitative Occupational and Rehabilitative Physical Therapy	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Well Baby Visits and Care	Yes	Yes	Covered						
	No	Laboratory Outpatient and Professional Services	Yes	Yes	Covered						
State-Required Benefit	Yes	X-rays and Diagnostic Imaging	Yes	Yes	Covered						
EHB	Yes	Basic Dental Care – Child	Yes		Covered						
EHB	Yes	Orthodontia – Child	Yes		Covered						
	No	Major Dental Care – Child	Yes		Covered						
	No	Basic Dental Care – Adult									
	No	Orthodontia – Adult									
	No	Major Dental Care – Adult									
EHB	Yes	Abortion for Which Public Funding is Prohibited									

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State-Required Benefit	Yes	Transplant	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Accidental Dental	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Dialysis	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Allergy Testing	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Chemotherapy	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Radiation	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Diabetes Education	Yes	Yes	Covered						
State-Required Benefit	Yes	Prosthetic Devices	Yes	Yes	Covered						
EHB, State-Required Benefit	Yes	Infusion Therapy	Yes	Yes	Covered						
EHB	Yes	Treatment for Temporomandibular Joint Disorders	Yes	Yes	Covered						
State-Required Benefit, Benefit Explanation	Yes	Nutritional Counseling	Yes	Yes	Covered						
EHB, Benefit Explanation	Yes	Reconstructive Surgery	Yes	Yes	Covered						State-required benefit applies to breast reconstruction.
EHB	Yes	Clinical Trials	Yes	Yes	Covered						
EHB	Yes	Diabetes Care Management	Yes	Yes	Covered						
EHB	Yes	Inherited Metabolic Disorder - PKU	Yes	Yes	Covered						
EHB	Yes	Dental Anesthesia	Yes	Yes	Covered						
EHB	Yes	Mental Health Other	Yes	Yes	Covered						
EHB	Yes	Prescription Drugs Other	Yes	Yes	Covered						
EHB	Yes	Second Opinion	Yes	Yes	Covered						
EHB	Yes	Congenital Anomaly, including Cleft Lip/Palate	Yes	Yes	Covered						
EHB	Yes	Blood and Blood Services	Yes	Yes	Covered						
Added Benefit	Yes	Family Planning	Yes	Yes	Covered						