



**National Child and Maternal Health Education Program (NCMHEP)  
Continuing Medical Education (CME) Course:**

***Raising Awareness: Late Preterm Birth and Non-Medically Indicated Inductions Prior to 39 Weeks***

**Purpose/Goal:**

The purpose is to improve outcomes for mothers and babies and to raise awareness among health care providers that, unless there are complications, birth at or after 39 weeks in the womb improves outcomes for both mothers and babies. The goal of the activity is to discuss the challenges associated with the diagnosis and management of late preterm birth.

**Objectives:**

- Identify the factors that contribute to the rising rate of late preterm births and non-medically indicated inductions prior to 39 weeks.
- Identify the potential short- and long-term consequences of births occurring between 34 and 38 weeks gestation.
- Integrate best practice evidence-based guidelines for delivery prior to 39 weeks.

**Intended Audience:**

- Obstetricians, neonatologists, pediatricians, general practitioners, nurses, nurse practitioners, clinical nurse specialists, midwives, and any other providers who care for pregnant women.

**Format:**

Includes a “free-flowing” roundtable discussion with four experts in the field of maternal and child health:

- Facilitator- Catherine Spong, MD, Chief, Pregnancy and Perinatology Branch, *Eunice Kennedy Shriver* National Institute of Child Health and Human Development, Bethesda, Maryland
- Jane Lamp, MS, RN-BC, CNS, Clinical Nurse Specialist, Riverside Methodist Hospital; Member, Association of Women's Health, Obstetric and Neonatal Nurses Late Preterm Infant Science Team, Columbus, Ohio
- Karna Murthy, MD, Attending Physician, Neonatology Children's Memorial Hospital, Assistant Professor of Pediatrics, Northwestern University, Chicago, Illinois
- Anne Moore, APN, Professor of Nursing, Vanderbilt University; Fellow, American Academy of Nurse Practitioners, Nashville, Tennessee

**Credit Offered:**

Provided through Medscape, physicians who complete the course successfully receive 0.50 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. The course is also approved for 0.5 contact hour(s) of continuing education by the American Academy of Nurse Practitioners.

All other health care professionals will be issued a certificate of participation upon completion.

**Earn your free credits today**

**<http://www.nichd.nih.gov/external.cfm?theurl=http://www.medscape.org/viewarticle/758756>**