## New Hampshire EHB Benchmark Plan

## SUMMARY InFORMATION

| Plan Type | Plan from second largest small group product, Health <br> Maintenance Organization |
| :--- | :--- |
| Issuer Name | Matthew Thornton Health Plan (Anthem BCBS) |
| Product Name | Matthew Thornton Blue |
| Plan Name | Matthew Thornton Blue Health Plan |
| Supplemented Categories <br> (Supplementary Plan Type) | $\bullet$ Pediatric Oral (FEDVIP) |
| Habilitative Services <br> Included Benchmark <br> (Yes/No) | Yes |
| Habilitative Services Defined <br> by State <br> (Yes/No) | No |

## Benefits and Limits

| Row Number | A Benefit | B <br> Covered (Required): Is benefit Covered or Not Covered | C <br> Benefit Description <br> (Required if benefit is <br> Covered): <br> Enter a Description, it may <br> be the same as the Benefit <br> name | D Quantitative Limit on Service? (Required if benefit is Covered): Select "Yes" if Quantitative Limit applies | E Limit Quantity (Required if Quantitative Limit is "Yes"): Enter Limit Quantity | F <br> Limit Units (Required if Quantitative Limit is "Yes"): Select the correct limit units | G <br> Other Limit <br> Units <br> Description <br> (Required if <br> "Other" Limit <br> Unit): <br> If a Limit Unit <br> of "Other" <br> was selected <br> in Limit Units, <br> enter a <br> description | H <br> Minimum <br> Stay <br> (Optional): <br> Enter the <br> Minimum <br> Stay <br> (in hours) <br> as a whole <br> number | I <br> Exclusions (Optional): <br> Enter any Exclusions for this benefit | J <br> Explanation: <br> (Optional) <br> Enter an <br> Explanation for <br> anything not listed | K <br> Does this benefit <br> have additional <br> limitations or <br> restrictions? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> there are <br> additional <br> limitations or <br> restrictions that <br> need to be <br> described |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Primary Care Visit to Treat an Injury or Illness | Covered | Primary Care Visit to Treat an Injury or Illness | No |  |  |  |  |  |  | No |
| 2 | Specialist Visit | Covered | Specialist Visit | No |  |  |  |  |  |  | No |
| 3 | Other Practitioner Office Visit (Nurse, Physician Assistant) | Covered | Other Practitioner Office Visit | No |  |  |  |  |  |  | No |
| 4 | Outpatient Facility Fee (e.g., <br> Ambulatory Surgery Center) | Covered | Outpatient Facility Services | No |  |  |  |  | Reversal of voluntary sterilization. Sclerotherapy for varicose veins and treatment of spider veins. Sex change treatment. Corrective eye surgery. |  | No |
| 5 | Outpatient Surgery Physician/Surgical Services | Covered | Physician Medical and Surgical Services in an Outpatient Facility | No |  |  |  |  | Reversal of voluntary sterilization. Sclerotherapy for varicose veins and treatment of spider veins. Sex change treatment. Corrective eye surgery. |  | No |
| 6 | Hospice Services | Covered | Hospice Services | No |  |  |  |  |  |  | No |
| 7 | Non-Emergency Care When Traveling Outside the U.S. | Not Covered | Non-Emergency care When Traveling Outside the U.S. |  |  |  |  |  |  |  |  |
| 8 | Routine Dental Services (Adult) | Not Covered | Dental Services |  |  |  |  |  | No Benefits are available for preventive Dental Services. X-rays of the teeth are not covered. Orthodontia, TMJ appliances, splints or guards, braces, false teeth and biofeedback training are not covered. No Benefits are available for treatment or evaluation of a periodontal disorder, disease or abscess. Osseous and flap procedures, scaling, root planning, prophylaxis and periodontal evaluations are not covered. No Benefits are available for treatment of cavities or care of the gums. No Benefits are available for restorative Dental Services, even if the underlying dental condition affects other health factors. No Benefits are available for noncovered dental procedures. Covered. |  |  |


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| 9 | Infertility Treatment | Not Covered | Infertility Treatment |  |  |  |  |  | No coverage for infertility treatments or ART procedures. | Benefits are available only to for diagnostic services to determine the cause of medically documented infertility. |  |
| 10 | Long-Term/Custodial Nursing Home Care | Not Covered | Long-Term/Custodial Nursing Home Care |  |  |  |  |  | No Benefits are available for services, supplies or charges for Custodial Care. Domiciliary care is care provided in a residential institution or setting, treatment center, halfway house, or school because a member's own home arrangements are not available or are unsuitable, and consisting chiefly of room and board, even if therapy is included. Domiciliary care is Custodial Care and is not covered. |  |  |
| 11 | Private-Duty Nursing | Not Covered | Private duty nursing services |  |  |  |  |  | Benefits are not provided for private duty nurses. |  |  |
| 12 | Routine Eye Exam (Adult) | Covered | Routine Eye Exam | Yes | 1 | Other | 1 every 2 years |  |  | Routine eye exam and refraction. | No |
| 13 | Urgent Care Centers or Facilities | Covered | Urgent Care Services in an Urgent Care Center or Facility | No |  |  |  |  |  |  | No |
| 14 | Home Health Care Services | Covered | Home Health Care Services | No |  |  |  |  | No Benefits are available for services, supplies or charges for Custodial Care. |  | No |
| 15 | Emergency Room Services | Covered | Emergency Room Services | No |  |  |  |  |  |  | No |
| 16 | Emergency Transportation/ Ambulance | Covered | Emergency Transportation/Ambulance | No |  |  |  |  |  |  | No |


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| 17 | Inpatient Hospital Services (e.g., Hospital Stay) | Covered | Inpatient Hospital Services | No |  |  |  |  | No Benefits are available for the cost of any service that is primarily for the convenience of a Member, a Member's family, or a Designated Provider. This exclusion applies even if the service is provided while you are ill or injured, under the care of a Designated Provider, and even if the services are furnished, ordered or prescribed by a Designated Provider. Non covered Convenience Services include, but are not limited to: telephone and television rental charges in a hospital, non-patient hospital fees, charges for holding a room while you are temporarily away from a facility, personal comfort and personal hygiene services, linen or laundry services, the cost of 'extra' equipment or supplies that are rented or purchased primarily for convenience, late discharge charges and admission kit charges. Reversal of voluntary sterilization. Sclerotherapy for varicose veins and treatment of spider veins. Sex change treatment. Corrective eye surgery. |  | No |
| 18 | Inpatient Physician and Surgical Services | Covered | Inpatient Physician and Surgical Services | No |  |  |  |  | No Benefits are available for the cost of any service that is primarily for the convenience of a Member, a Member's family, or a Designated Provider. This exclusion applies even if the service is provided while you are ill or injured, under the care of a Designated Provider, and even if the services are furnished, ordered or prescribed by a Designated Provider. Non covered Convenience Services include, but are not limited to: telephone and television rental charges in a hospital, non-patient hospital fees, charges for holding a room while you are temporarily away from a facility, personal comfort and personal hygiene services, linen or laundry services, the cost of 'extra' equipment or supplies that are rented or purchased primarily for convenience, late discharge charges and admission kit charges. Reversal of voluntary sterilization. Sclerotherapy for varicose veins and treatment of spider veins. Sex change treatment. Corrective eye surgery. |  | No |


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| 19 | Bariatric Surgery | Covered | Bariatric Surgery | No |  |  |  |  | Surgery to treat the condition of obesity itself or morbid obesity itself is not covered. | Benefits are available for bariatric surgery that is Medically Necessary for the treatment of diseases and ailments caused by or resulting from obesity or morbid obesity. | No |
| 20 | Cosmetic Surgery | Not Covered | Cosmetic Surgery |  |  |  |  |  | No benefits are available for Cosmetic Services. The cost of care related to, resulting from, arising from or medical condition caused by or providing in connection with Cosmetic Services is not covered. No Benefits are available for care furnished for complications arising from Cosmetic Services. |  |  |
| 21 | Skilled Nursing Facility | Covered | Skilled Nursing Facility | Yes | 100 | Days per year |  |  | No Benefits are available for services, supplies or charges for Custodial Care. No Benefits are available for the cost of any service that is primarily for the convenience of a Member, a Member's family, or a Designated Provider. This exclusion applies even if the service is provided while you are ill or injured, under the care of a Designated Provider, and even if the services are furnished, ordered or prescribed by a Designated Provider. Non covered Convenience Services include, but are not limited to: telephone and television rental charges in a hospital, non-patient hospital fees, charges for holding a room while you are temporarily away from a facility, personal comfort and personal hygiene services, linen or laundry services, the cost of 'extra' equipment or supplies that are rented or purchased primarily for convenience, late discharge charges and admission kit charges. |  | No |
| 22 | Prenatal and Postnatal Care | Covered | Prenatal and Postnatal Care | No |  |  |  |  | Costs associated with surrogate parenting or gestational carriers are not covered. |  | No |


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| 23 | Delivery and All Inpatient Services for Maternity Care | Covered | Delivery and All Inpatient Facility and Professional Services for Maternity Care | No |  |  |  | 48 | Costs associated with surrogate parenting or gestational carriers are not covered. | Maternity care, maternity-related checkups, and delivery of the baby in the hospital are covered. 48 hour minimum length of stay for vaginal delivery; 96 hour minimum length of stay for cesarean delivery. | No |


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| 24 | Mental/Behavioral Health Outpatient Services | Covered | Mental/Behavioral Health Outpatient Services | No |  |  |  |  | No Benefits are available for the following: Services extending beyond the period necessary for diagnosing and evaluating any Mental Disorder or Substance Abuse Condition which, according to generally accepted professional standards, is not subject to favorable modification through shortterm therapy. Such disorders include, but are not limited to: mental retardation, Developmental Disabilities, behavioral disabilities and characterological disorders. Duplication of services (the same services provided by more than one therapist during the same period of time). <br> Therapy, counseling or any non-surgical Inpatient or Outpatient service, care or program to treat obesity or for weight control. Benefits are available for Covered Services to treat Mental Disorders and Substance Abuse Conditions caused by or resulting from obesity or morbid obesity. Custodial Care, Convenience Services, convalescent care, milieu therapy, marriage or couples counseling, therapy for sexual dysfunctions, recreational or play therapy, educational evaluation or career counseling. Services for nicotine withdrawal or nicotine dependence. Psychoanalysis. Confinement or supervision of confinement that is primarily due to adverse socioeconomic conditions, placement services and conservatorship proceedings. Missed appointments. Telephone therapy or any other therapy or consultation that is not "face-to-face" interaction between the patient and the provider. Inpatient care for medical detoxification extending beyond the acute detoxification phase of a Substance Abuse Condition. Care extending beyond short-term therapy for detoxification and/or rehabilitation for a Substance Abuse Condition in an Outpatient/office setting. | Outpatient treatment for Mental Health Care; and Substance Abuse Care. Inpatient Hospital Services in a Hospital; or Residential Treatment Center Facility for Mental Health Care. Inpatient rehabilitation treatment for Substance Abuse Care in a Hospital; or Substance Abuse Treatment Facility. Partial Hospitalization sessions; and Day/Night Visits. | No |


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| 25 | Mental/Behavioral Health Inpatient Services | Covered | Mental/Behavioral Health Inpatient Services | No |  |  |  |  | No Benefits are available for the following: Services extending beyond the period necessary for diagnosing and evaluating any Mental Disorder or Substance Abuse Condition which, according to generally accepted professional standards, is not subject to favorable modification through shortterm therapy. Such disorders include, but are not limited to: mental retardation, Developmental Disabilities, behavioral disabilities and characterological disorders. Duplication of services (the same services provided by more than one therapist during the same period of time). <br> Therapy, counseling or any non-surgical Inpatient or Outpatient service, care or program to treat obesity or for weight control. Benefits are available for Covered Services to treat Mental Disorders and Substance Abuse Conditions caused by or resulting from obesity or morbid obesity. Custodial Care, Convenience Services, convalescent care, milieu therapy, marriage or couples counseling, therapy for sexual dysfunctions, recreational or play therapy, educational evaluation or career counseling. Services for nicotine withdrawal or nicotine dependence. Psychoanalysis. Confinement or supervision of confinement that is primarily due to adverse socioeconomic conditions, placement services and conservatorship proceedings. Missed appointments. Telephone therapy or any other therapy or consultation that is not "face-to-face" interaction between the patient and the provider. Inpatient care for medical detoxification extending beyond the acute detoxification phase of a Substance Abuse Condition. Care extending beyond short-term therapy for detoxification and/or rehabilitation for a Substance Abuse Condition in an Outpatient/office setting. | Outpatient treatment for Mental Health Care; and Substance Abuse Care. Inpatient Hospital Services in a Hospital; or Residential Treatment Center Facility for Mental Health Care. Inpatient rehabilitation treatment for Substance Abuse Care in a Hospital; or Substance Abuse Treatment Facility. Partial Hospitalization sessions; and Day/Night Visits | No |


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| 26 | Substance Abuse Disorder Outpatient Services | Covered | Substance Abuse Disorder Outpatient Services | No |  |  |  |  | No Benefits are available for the following: Services extending beyond the period necessary for diagnosing and evaluating any Mental Disorder or Substance Abuse Condition which, according to generally accepted professional standards, is not subject to favorable modification through shortterm therapy. Such disorders include, but are not limited to: mental retardation, Developmental Disabilities, behavioral disabilities and characterological disorders. Duplication of services (the same services provided by more than one therapist during the same period of time). <br> Therapy, counseling or any non-surgical Inpatient or Outpatient service, care or program to treat obesity or for weight control. Benefits are available for Covered Services to treat Mental Disorders and Substance Abuse Conditions caused by or resulting from obesity or morbid obesity. Custodial Care, Convenience Services, convalescent care, milieu therapy, marriage or couples counseling, therapy for sexual dysfunctions, recreational or play therapy, educational evaluation or career counseling. Services for nicotine withdrawal or nicotine dependence. Psychoanalysis. Confinement or supervision of confinement that is primarily due to adverse socioeconomic conditions, placement services and conservatorship proceedings. Missed appointments. Telephone therapy or any other therapy or consultation that is not "face-to-face" interaction between the patient and the provider. Inpatient care for medical detoxification extending beyond the acute detoxification phase of a Substance Abuse Condition. Care extending beyond short-term therapy for detoxification and/or rehabilitation for a Substance Abuse Condition in an Outpatient/office setting. | Outpatient treatment for Mental Health Care; and Substance Abuse Care. Inpatient Hospital Services in a Hospital; or Residential Treatment Center Facility for Mental Health Care. Inpatient rehabilitation treatment for Substance Abuse Care in a Hospital; or Substance Abuse Treatment Facility. Partial Hospitalization sessions; and Day/Night Visits. | No |


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| 27 | Substance Abuse Disorder Inpatient Services | Covered | Substance Abuse Disorder Inpatient Services | No |  |  |  |  | No Benefits are available for the following: Services extending beyond the period necessary for diagnosing and evaluating any Mental Disorder or Substance Abuse Condition which, according to generally accepted professional standards, is not subject to favorable modification through shortterm therapy. Such disorders include, but are not limited to: mental retardation, Developmental Disabilities, behavioral disabilities and characterological disorders. Duplication of services (the same services provided by more than one therapist during the same period of time). Therapy, counseling or any non-surgical Inpatient or Outpatient service, care or program to treat obesity or for weight control. Benefits are available for Covered Services to treat Mental Disorders and Substance Abuse Conditions caused by or resulting from obesity or morbid obesity. Custodial Care, Convenience Services, convalescent care, milieu therapy, marriage or couples counseling, therapy for sexual dysfunctions, recreational or play therapy, educational evaluation or career counseling. Services for nicotine withdrawal or nicotine dependence. Psychoanalysis. Confinement or supervision of confinement that is primarily due to adverse socioeconomic conditions, placement services and conservatorship proceedings. Missed appointments. Telephone therapy or any other therapy or consultation that is not "face-to-face" interaction between the patient and the provider. Inpatient care for medical detoxification extending beyond the acute detoxification phase of a Substance Abuse Condition. Care extending beyond short-term therapy for detoxification and/or rehabilitation for a Substance Abuse Condition in an Outpatient/office setting. | Outpatient treatment for Mental Health Care; and Substance Abuse Care. Inpatient Hospital Services in a Hospital; or Residential Treatment Center Facility for Mental Health Care. Inpatient rehabilitation treatment for Substance Abuse Care in a Hospital; or Substance Abuse Treatment Facility. Partial Hospitalization sessions; and Day/Night Visits. | No |


| Row Number | $\begin{gathered} \text { A } \\ \text { Benefit } \end{gathered}$ | B <br> Covered (Required): Is benefit Covered or Not Covered | C <br> Benefit Description <br> (Required if benefit is <br> Covered): <br> Enter a Description, it may <br> be the same as the Benefit <br> name | D <br> Quantitative <br> Limit on <br> Service? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> Quantitative <br> Limit applies | E Limit Quantity (Required if Quantitative Limit is "Yes"): Enter Limit Quantity | F Limit Units (Required if Quantitative Limit is "Yes"): Select the correct limit units | G <br> Other Limit <br> Units <br> Description <br> (Required if <br> "Other" Limit <br> Unit): <br> If a Limit Unit <br> of "Other" <br> was selected <br> in Limit Units, <br> enter a <br> description | H <br> Minimum <br> Stay <br> (Optional): <br> Enter the <br> Minimum <br> Stay <br> (in hours) <br> as a whole <br> number | I <br> Exclusions (Optional): <br> Enter any Exclusions for this benefit | J Explanation: (Optional) Enter an Explanation for anything not listed | K <br> Does this benefit <br> have additional <br> limitations or <br> restrictions? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> there are <br> additional <br> limitations or <br> restrictions that <br> need to be <br> described |
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| 28 | Generic Drugs | Covered | Generic Prescription Drugs | No |  |  |  |  | Appetite suppressants, anorectics, or any drug used for the purpose of weight management. Cosmetic agents or medications used for cosmetic purposes. Nonlegend (over-the-counter) prescriptions. Prescription legend and nonlegend drugs, medications, supplies, devices or any other services to eliminate or reduce dependency on, or addiction to tobacco and tobacco products. Drugs used as a part of sex change treatment. |  | No |
| 29 | Preferred Brand Drugs | Covered | Preferred Brand Prescription Drugs | No |  |  |  |  | Appetite suppressants, anorectics, or any drug used for the purpose of weight management. Cosmetic agents or medications used for cosmetic purposes. Nonlegend (over-the-counter) prescriptions. Prescription legend and nonlegend drugs, medications, supplies, devices or any other services to eliminate or reduce dependency on, or addiction to tobacco and tobacco products. Drugs used as a part of sex change treatment. |  | No |
| 30 | Non-Preferred Brand Drugs | Covered | Non-Preferred Brand Prescription Drugs | No |  |  |  |  | Appetite suppressants, anorectics, or any drug used for the purpose of weight management. Cosmetic agents or medications used for cosmetic purposes. Nonlegend (over-the-counter) prescriptions. Prescription legend and nonlegend drugs, medications, supplies, devices or any other services to eliminate or reduce dependency on, or addiction to tobacco and tobacco products. Drugs used as a part of sex change treatment. |  | No |
| 31 | Specialty Drugs | Covered | Specialty Prescription Drugs | No |  |  |  |  | Appetite suppressants, anorectics, or any drug used for the purpose of weight management. Cosmetic agents or medications used for cosmetic purposes. Nonlegend (over-the-counter) prescriptions. Prescription legend and nonlegend drugs, medications, supplies, devices or any other services to eliminate or reduce dependency on, or addiction to tobacco and tobacco products. Drugs used as a part of sex change treatment. |  | No |


| $\begin{array}{\|c\|} \hline \text { Row } \\ \text { Number } \end{array}$ | $\begin{gathered} \text { A } \\ \text { Benefit } \end{gathered}$ | B <br> Covered <br> (Required): <br> Is benefit <br> Covered or Not Covered | C <br> Benefit Description <br> (Required if benefit is <br> Covered): <br> Enter a Description, it may <br> be the same as the Benefit <br> name | D <br> Quantitative <br> Limit on <br> Service? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> Quantitative <br> Limit applies | E Limit Quantity (Required if Quantitative Limit is "Yes"): Enter Limit Quantity | F <br> Limit Units (Required if Quantitative Limit is "Yes"): <br> Select the correct limit units | G <br> Other Limit <br> Units <br> Description <br> (Required if <br> "Other" Limit <br> Unit): <br> If a Limit Unit <br> of "Other" <br> was selected <br> in Limit Units, <br> enter a <br> description | H <br> Minimum <br> Stay <br> (Optional): <br> Enter the <br> Minimum <br> Stay <br> (in hours) <br> as a whole <br> number | I <br> Exclusions (Optional): <br> Enter any Exclusions for this benefit | J <br> Explanation: <br> (Optional) <br> Enter an <br> Explanation for <br> anything not listed | K <br> Does this benefit have additional limitations or restrictions? (Required if benefit is Covered): <br> Select "Yes" if there are additional limitations or restrictions that need to be described |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 32 | Outpatient Rehabilitation Services | Covered | Outpatient Rehabilitation Services | Yes | 20 | Visits per year |  |  | Non covered services include, but are not limited to: on-going or life-long exercise and education programs intended to maintain fitness, including voice fitness, or to reinforce lifestyle changes, including lifestyle changes affecting the voice. No Benefits are available for voice therapy, vocal retraining, preventive therapy or therapy provided in a group setting. No Benefits are available for educational reasons or for Developmental Disabilities, except for "Early Intervention Services". No Benefits are available for sport, recreational or occupational reasons. Physical therapy for TMJ disorders is not covered. No Benefits are available for health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment, or facilities used for developing or maintaining physical fitness, even if ordered by a physician. This exclusion also applies to health spas. No Benefits are available for rehabilitation services primarily intended to improve the level of physical functioning for enhancement of job, athletic, or recreational performance. No Benefits are available for programs such as, but not limited to, work hardening programs and programs for general physical conditioning. | Includes physical therapy, occupational therapy, speech therapy, respiratory therapy and cardiac rehabilitation. <br> Separate 20 visit/year limit applies to physical, occupational and speech therapy. Benefit limits are shared between rehabilitation and habilitation services. | No |


| $\begin{array}{\|c\|} \hline \text { Row } \\ \text { Number } \end{array}$ | $\begin{gathered} \text { A } \\ \text { Benefit } \end{gathered}$ | B <br> Covered <br> (Required): <br> Is benefit <br> Covered or <br> Not <br> Covered | C <br> Benefit Description (Required if benefit is Covered): <br> Enter a Description, it may be the same as the Benefit name | D <br> Quantitative Limit on Service? (Required if benefit is Covered): Select "Yes" if Quantitative Limit applies | E Limit Quantity (Required if Quantitative Limit is "Yes"): Enter Limit Quantity | F <br> Limit Units <br> (Required if Quantitative Limit is "Yes"): <br> Select the correct limit units | G <br> Other Limit <br> Units <br> Description <br> (Required if <br> "Other" Limit <br> Unit): <br> If a Limit Unit <br> of "Other" <br> was selected <br> in Limit Units, <br> enter a <br> description | H <br> Minimum <br> Stay <br> (Optional): <br> Enter the <br> Minimum <br> Stay <br> (in hours) <br> as a whole <br> number | I <br> Exclusions (Optional): <br> Enter any Exclusions for this benefit | J <br> Explanation: <br> (Optional) <br> Enter an <br> Explanation for <br> anything not listed | K <br> Does this benefit <br> have additional <br> limitations or <br> restrictions? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> there are <br> additional <br> limitations or <br> restrictions that <br> need to be <br> described |
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| 33 | Habilitation Services | Covered | Habilitation Services | Yes | 20 | Visits per year |  |  | Non covered services include, but are not limited to: on-going or life-long exercise and education programs intended to maintain fitness, including voice fitness, or to reinforce lifestyle changes, including lifestyle changes affecting the voice. No Benefits are available for voice therapy, vocal retraining, preventive therapy or therapy provided in a group setting. No Benefits are available for educational reasons or for Developmental Disabilities, except for "Early Intervention Services". No Benefits are available for sport, recreational or occupational reasons. Physical therapy for TMJ disorders is not covered. No Benefits are available for health club memberships, exercise equipment, charges from a physical fitness instructor or personal trainer, or any other charges for activities, equipment, or facilities used for developing or maintaining physical fitness, even if ordered by a physician. This exclusion also applies to health spas. No Benefits are available for rehabilitation services primarily intended to improve the level of physical functioning for enhancement of job, athletic, or recreational performance. No Benefits are available for programs such as, but not limited to, work hardening programs and programs for general physical conditioning. | Includes physical therapy, occupational therapy, speech therapy. Separate 20 visit/year limit applies to physical, occupational and speech therapy. Benefit limits are shared between rehabilitation and habilitation services. | No |
| 34 | Chiropractic Care | Covered | Spinal manipulation and manual medical intervention services | Yes | 12 | Visits per year |  |  | Wellness care is not covered. | Office visits for <br> assessment, <br> evaluation, spinal <br> adjustment, <br> manipulation and <br> physiological <br> therapy before (or <br> in conjunction <br> with) spinal <br> adjustment; and <br> Medically <br> Necessary <br> diagnostic <br> laboratory and <br> x-ray tests. | No |

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| Row <br> Number | $\begin{gathered} \text { A } \\ \text { Benefit } \end{gathered}$ | B <br> Covered <br> (Required): <br> Is benefit <br> Covered or <br> Not <br> Covered | C <br> Benefit Description <br> (Required if benefit is <br> Covered): <br> Enter a Description, it may <br> be the same as the Benefit <br> name | D Quantitative Limit on Service? (Required if benefit is Covered): Select "Yes" if Quantitative Limit applies | E Limit Quantity (Required if Quantitative Limit is "Yes"): Enter Limit Quantity | F <br> Limit Units <br> (Requires if <br> Quantitative <br> Limit is <br> "Yes"): <br> Selet the <br> correct limit <br> units | G <br> Other Limit <br> Units <br> Oescription <br> (Required if <br> "Other" Limit <br> Unit): <br> If a Limit Unit <br> of "Other" <br> was selected <br> in Limit Units, <br> enter a <br> description | H <br> Minimum <br> Stay <br> (Optional): <br> Enter the <br> Minimum <br> Stay <br> (in hours) <br> as a whole <br> number | Exclusions (Optional): Enter any Exclusions for this benefit | J <br> Explanation: <br> (Optional) <br> Enter an <br> Explanation for <br> anything not listed | K <br> Does this benefit <br> have additional <br> limitations or <br> restrictions? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> there are <br> additional <br> limitations or <br> restrictions thet <br> need to be <br> described |
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| 35 | Durable Medical Equipment | Covered | Medical Equipment and Supplies | No |  |  |  |  | No Benefits are available for: Arch supports, corrective shoes, foot orthotics (and fittings, castings or any services related to footwear or orthopedic devices) or any shoe modification; Special furniture, such as seat lift chairs, elevators (including stairway elevators or lifts), back chairs, special tables and posture chairs, adjustable chairs, bed boards, bed tables, and bed support devices of any type including adjustable beds; Glasses, sports bras, nursing bras and maternity girdles or any other special clothing, except as stated in this subsection; Nonprescription supplies, first aid supplies, ace bandages, cervical pillows, alcohol, peroxide, betadine, iodine, or phisohex solution; alcohol wipes, betadine or iodine swabs, items for personal hygiene; Bath seats or benches (including transfer seats or benches), whirlpools or any other bath tub, rails or grab bars for the bath, toilet rails or grab bars, commodes, raised toilet seats, bed pans; Heat lamps, heating pads, hydrocoliator heating units, hot water bottles, batteries and cryo cuffs (water circulating delivery systems); Biomechanical limbs, computers, physical therapy equipment, physical or sports conditioning equipment, exercise equipment, or any other item used for leisure, sports, recreational or vocational purposes, any equipment or supplies intended for educational or vocational rehabilitation, vehicles, scooters or any similar mobility device; Safety equipment, including, but not limited to: hats, belts, harnesses, glasses or restraints; Costs related to residential or vocational remodeling or indoor climate/air quality control, air conditioners, air purifiers, humidifiers, dehumidifiers, vaporizers and any other room heating or cooling device or system; Self-monitoring devices except as stated in 2 "Medical Supplies" (above), TENS units for incontinence, biofeedback devices, self-teaching aids, books, pamphlets, video tapes, video disks, fees for Internet sites or software, or any other media instruction or for any other educational or instructional material, technology or equipment; | Benefits are available for durable medical equipment (DME), medical supplies and prosthetic devices. | No |


| Row Number | $\begin{gathered} \text { A } \\ \text { Benefit } \end{gathered}$ | B <br> Covered (Required): Is benefit Covered or Not Covered | C <br> Benefit Description <br> (Required if benefit is <br> Covered): <br> Enter a Description, it may <br> be the same as the Benefit <br> name | D <br> Quantitative <br> Limit on <br> Service? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> Quantitative <br> Limit applies | E Limit Quantity (Required if Quantitative Limit is "Yes"): Enter Limit Quantity | F <br> Limit Units <br> (Required if <br> Quantitative <br> Limit is <br> "Yes"): <br> Select the correct limit units | G <br> Other Limit <br> Units <br> Description <br> (Required if <br> "Other" Limit <br> Unit): <br> If a Limit Unit <br> of "Other" <br> was selected <br> in Limit Units, <br> enter a <br> description | H <br> Minimum <br> Stay <br> (Optional): <br> Enter the <br> Minimum <br> Stay <br> (in hours) <br> as a whole <br> number | I Exclusions (Optional): <br> Enter any Exclusions for this benefit | J <br> Explanation: (Optional) Enter an Explanation for anything not listed | K <br> Does this benefit <br> have additional <br> limitations or <br> restrictions? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> there are <br> additional <br> limitations or <br> restrictions that <br> need to be <br> described |
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|  |  |  |  |  |  |  |  |  | and Dentures, orthodontics, dental prosthesis and appliances. No Benefits are available for appliances used to treat temporomandibular joint (TMJ) disorders. <br> Convenience Services are not covered, including but not limited to personal comfort items and any equipment, supply or device this is primarily for the convenience of a Member, the Member's family or a Designated Provider. Food and food supplements are not covered except as specified. Nutrition and/or dietary supplements are not covered. Home test kits are not covered. |  |  |
| 36 | Hearing Aids | Covered | Hearing Aids | Yes | 1 | Other | 1 per ear each time prescription changes |  | No Benefits are available for hearing aids for Members who are 19 years old or older. | Benefits are available for one hearing aid per ear each time a hearing aid prescription changes for Members who are 18 years old or younger. | No |
| 37 | Diagnostic Test (X-Ray and Lab Work) | Covered | Diagnostic Tests | No |  |  |  |  | No Benefits are available for diagnostic x-rays in connection with research or study. |  | No |
| 38 | Imaging (CT/PET Scans, MRIs) | Covered | Advanced Diagnostic Imaging Services | No |  |  |  |  |  |  | No |
| 39 | Preventive Care/ Screening/ Immunization | Covered | Preventive Care/Screenings and Immunizations | No |  |  |  |  |  | Preventive care that meets the recommendations described in the ACA for plans effective after 9/23/2010 but prior to 8/1/2012. | No |
| 40 | Routine Foot Care | Not Covered | Routine Foot Care |  |  |  |  |  | No Benefits are available for routine foot care. Services or supplies in connection with corns, calluses, flat feet, fallen arches, weak feet or chronic foot strain are not covered. |  |  |


| Row Number |  | B Covered (Required): Is benefit Covered or Not Covered | C <br> Benefit Description (Required if benefit is Covered): <br> Enter a Description, it may be the same as the Benefit name | D <br> Quantitative <br> Limit on <br> Service? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> Quantitative <br> Limit applies | E Limit Quantity (Required if Quantitative Limit is "Yes"): Enter Limit Quantity | F <br> Limit Units <br> (Required if <br> Quantitative <br> Limit is <br> "Yes"): <br> Select the correct limit units | G <br> Other Limit <br> Units <br> Description <br> (Required if <br> "Other" Limit <br> Unit): <br> If a Limit Unit <br> of "Other" <br> was selected <br> in Limit Units, <br> enter a <br> description | H <br> Minimum <br> Stay <br> (Optional): <br> Enter the <br> Minimum <br> Stay <br> (in hours) <br> as a whole <br> number | I Exclusions (Optional): Enter any Exclusions for this benefit | J <br> Explanation: <br> (Optional) <br> Enter an <br> Explanation for <br> anything not listed | K <br> Does this benefit <br> have additional <br> limitations or <br> restrictions? <br> (Required if <br> benefit is <br> Covered): <br> Select "Yes" if <br> there are <br> additional <br> limitations or <br> restrictions that <br> need to be <br> described |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 41 | Acupuncture | Not Covered | Acupuncture |  |  |  |  |  | No Benefits are available for alternative or complementary medicine. Services in this category include, but are not limited to, acupuncture, holistic medicine, homeopathy, hypnosis, aroma therapy, massage therapy, reike therapy, herbal, vitamin or dietary products or therapies, naturopathy, thermography, orthomolecular therapy, contact reflex analysis, bioenergial synchronization technique (BEST) and iridologystudy of the iris. |  |  |
| 42 | Weight Loss Programs | Not Covered | Weight Loss Programs |  |  |  |  |  |  |  |  |
| 43 | Routine Eye Exam for Children | Covered | Routine eye exam and refraction | Yes | 1 | Visits per year |  |  |  | Routine eye exam and refraction. Supplemented using FEDVIP. | No |
| 44 | Eye Glasses for Children | Covered | Eye Glasses for Children | Yes | 1 | Other | ```1 pair of glasses (lenses and frames per year)``` |  |  | Frames and lenses or contacts. Supplemented using FEDVIP. | No |
| 45 | Dental Check-Up for Children | Covered | Routine Dental Services for Children |  | 2 | Visits per year |  |  |  | Limitations, including dollar limits, may apply. Supplemented using FEDVIP. | No |

## Other Benefits

| Row Number | A Benefit | B <br> Covered (Required): Is benefit Covered or Not Covered | C <br> Benefit Description <br> (Required if benefit is Covered): <br> Enter a Description, it may be the same as the Benefit name | D <br> Quantitative Limit on Service? (Required if benefit is Covered): <br> Select "Yes" if Quantitative Limit applies | E <br> Limit Quantity (Required if Quantitative Limit is "Yes"): <br> Enter Limit Quantity | F <br> Limit Units (Required if Quantitative Limit is "Yes"): Select the correct limit units | G <br> Other Limit Units Description (Required if "Other" Limit Unit): <br> If a Limit Unit of <br> "Other" was selected in Limit Units, enter a description | H <br> Minimum Stay (Optional): Enter the Minimum Stay (in hours) as a whole number | I <br> Exclusions (Optional): Enter any Exclusions for this benefit | $\begin{gathered} \text { J } \\ \text { Explanation: (Optional) } \\ \text { Enter an Explanation for anything not listed } \end{gathered}$ | K <br> Does this benefit have additional limitations or restrictions? (Required if benefit is Covered): <br> Select "Yes" if there are additional limitations or restrictions that need to be described |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Other | Covered | Bone Marrow Testing (HLA) for Donation | No |  |  |  |  |  |  | No |
| 2 | Other | Covered | Diabetes Treatment | No |  |  |  |  |  |  | No |
| 3 | Other | Covered | Chiropractic Care | No |  |  |  |  |  |  | No |
| 4 | Other | Covered | Qualified Clinical Trials | No |  |  |  |  |  |  | No |
| 5 | Other | Covered | Contraceptive Services | No |  |  |  |  |  |  | No |
| 6 | Other | Covered | Dental Procedures: Performed At Dental Office | No |  |  |  |  |  |  | No |
| 7 | Other | Covered | Dental Procedures: Medical or Hospital Group | No |  |  |  |  |  |  | No |
| 8 | Other | Covered | Diabetes Services and Supplies | No |  |  |  |  |  |  | No |
| 9 | Other | Covered | Early Intervention Therapy Services | No |  |  |  |  |  |  | No |
| 10 | Other | Covered | Hearing Aids | No |  |  |  |  |  |  | No |
| 11 | Other | Covered | Mammography \& for Testing for Occult Breast Cancer | No |  |  |  |  |  |  | No |
| 12 | Other | Covered | Mental Health - Biologically Based Mental Illnesses | No |  |  |  |  |  |  | No |
| 13 | Other | Covered | Mental Health - Mental or Nervous Conditions and Treatment for Chemical Dependency Required | No |  |  |  |  |  |  | No |
| 14 | Other | Covered | Mental Health - Treatment Of Pervasive Developmental Disorder Or Autism | No |  |  |  |  |  |  | No |
| 15 | Other | Covered | Nonprescription Enteral Formulas | No |  |  |  |  |  |  | No |
| 16 | Other | Covered | Obesity \& Morbid Obesity / Bariatric Surgery | No |  |  |  |  |  |  | No |
| 17 | Other | Covered | Pregnancy, Delivery and Postpartum | No |  |  |  |  |  |  | No |
| 18 | Other | Covered | Prescription Contraceptives | No |  |  |  |  |  |  | No |
| 19 | Other | Covered | Prostheses - Artificial Limb | No |  |  |  |  |  |  | No |
| 20 | Other | Covered | Prostheses - Scalp Hair Prostheses | No |  |  |  |  |  |  | No |
| 21 | Other | Covered | Reconstruction Surgery as a Result of Mastectomy | No |  |  |  |  |  |  | No |
| 22 | Other | Covered | Telemedicine Act | No |  |  |  |  |  |  | No |
| 23 | Other | Covered | Basic Dental Care - Child | No |  |  |  |  |  | Limitations, including dollar limits, may apply. | No |
| 24 | Other | Covered | Major Dental Care - Child | No |  |  |  |  |  | Limitations, including dollar limits, may apply. | No |
| 25 | Other | Covered | Orthodontia - Child | No |  |  |  |  |  | Limitations, including dollar limits, may apply. | No |

