Pathways to Recovery

Support teams are critically important to meet people where they are and let them know they have options. The journey to recovery is not the same for everyone.

The visual was derived from various interviews with key stakeholders to understand barriers to accessing prevention, treatment, and recovery services for individuals with Substance Use Disorders (SUD).

Break to

Promote person-centered treatment, care, and services

OWN

CHOOSE

YOUR

PATH

Approach their recovery journey holistically, addressing the "whole person"

Break the stigma

- Create a trusting

treatment relationship

Inspire connections with social support

Provide counselor or peer support

Connect to food, housing, transportation, and other support programs

Deliver care and services 24/7

Strengthen relationships with family, friends, caregivers, peers, and others of significance