

Freedom Health Plan H5427
Dual-Eligible Subset Medicare \$0 Cost Sharing
Special Needs Plan

Model of Care Score: 100%

3-Year Approval

January 1, 2012-December 31, 2014

Target Population

Freedom Health Plan is a D-SNP that targets a costly and vulnerable population. Its targeted members tend to be poorer than other Medicare members with 51% living below the federal poverty line and 92% living below 200% of the poverty line. Many of the targeted dual-eligible members are also more vulnerable as compared to non-dual eligible Medicare members. They tend to lack a high school diploma and generally have a greater prevalence of mental and physical impairments, are more likely to be disabled, have more limitations in their activities of daily living and are more likely to report poorer health status outcomes. The population also tends to have higher rates of diabetes, pulmonary disease, stroke and Alzheimer's disease compared to the non-dual eligible population.

Provider Network

Freedom maintains a provider base that reflects the needs of a dual-eligible SNP. The plan utilizes a network that consists of: acute care hospitals, laboratory services, skilled nursing facilities, pharmacies and other specialized services for members. In addition to the specialized provider network, Freedom also maintains a clinical network of providers and board-certified specialists with clinical expertise including primary care providers (PCPs), endocrinologists, pulmonologists, cardiologists, nursing professionals, rehabilitation and restorative therapy specialists, medical specialists, pharmacists, oral health specialists, case managers, social workers, mental health specialists and mid-level providers such as nurse practitioners and physician assistants. An annual network adequacy assessment occurs to determine if the provider network meets the needs of the membership.

Care Management and Coordination

Freedom conducts an initial comprehensive health risk assessment (HRA), within 90 days of the Member's enrollment, utilizing a written form completed by the Member and returned in a self-addressed stamped envelope. In addition, the Plan conducts a separate disease specific assessment for all members. The HRA and disease specific assessments are stratified based on a tiered system according to the responses for each individual member. The SNP develops care plans from the Member's responses noted on the HRA and the disease specific assessment. Each of the responses correlates to an appropriate problem, intervention and goal. Following the development of the initial care plan, derived from the Member's information, other essential elements are incorporated into the Member's individualized plan of care (ICP). This information is obtained by either the PCP or a clinical case manager, depending on the risk tier of the

Member. Recommendations from the plan's clinical and administrative staff are also taken into consideration with regards to care plan development.

Freedom develops an interdisciplinary care team (ICT) at the time of initial creation of the Member's ICP. It determines ICT participants based on the problems, interventions and goals established during the care planning process. The Plan requires the ICT to include a core team comprised of the Member, plan representatives and PCP. Additional team members are identified based on the composition of the SNP membership and an initial review of health and service needs based on the HRA. The core ICT is designed to provide sufficient flexibility to meet the members' health care and service needs. Freedom focuses on supporting the Member and PCP as the primary component of the ICT to create a member based approach to health.

This MOC summary is intended to provide a broad overview of the SNP's MOC. Although the full extent of any MOC cannot be conveyed in a short summary, this summary provides the reader with a general overview of how the SNP addresses member needs.

For more information about this health plan refer to the Special Needs Plan's website at:

<https://www.freedomhealth.com/medicare/snp/members>