Now that you have health coverage, here is what you can do to put your health first and live a long and healthy life.
1. **Confirm your coverage**
   - Be sure your enrollment is complete. Contact your health plan and/or state Medicaid office.
   - Pay your premium if you have one, so you can use your health coverage when you need it.

2. **Know where to go for answers**
   - Contact your health plan to see what services are covered, and what your costs will be.
   - Read the *Roadmap to Better Care and a Healthier You* to learn about key health insurance terms, like coinsurance, and deductible.

3. **Find a provider**
   - Select a health care provider in your network who will work with you to get your recommended health screenings.
   - Remember you might pay more if you see a provider who is out-of-network.

4. **Make an appointment**
   - Confirm your provider accepts your coverage.
   - Talk to your provider about preventive services.
   - Ask questions about your concerns and what you can do to stay healthy.

5. **Fill your prescriptions**
   - Fill any prescriptions you need.
   - Some drugs cost more than others. Ask in advance how much your prescription costs and if there is a more affordable option.

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For more information about *From Coverage to Care*, visit go.cms.gov/c2c

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