



# My Health Coverage at-a-Glance

## Plan Information

Plan name ▼

Group number ▼

Member ID number ▼

Website ▼

Phone number ▼

Other ▼

## Know what you pay for care



### Premium

The payment you make to a health insurance company or plan for your coverage. This is usually paid each month to keep your coverage.

Cost ▼

 per month/year/etc.

### Deductible

The amount you pay for health care services before your health plan begins to pay.

Cost ▼

Services I can get before I meet my deductible. This includes preventive services, like flu shot, pap test, and colorectal cancer test, etc.



### Copayment (Copay)

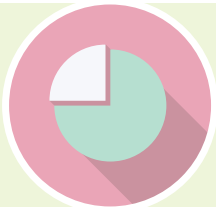
A set amount you pay for a medical service or supply. There may be different costs for a doctor's visit, hospital outpatient visit, or prescription.

Primary care copay ▼

Specialist copay ▼

Prescription ▼

Hospital copay ▼



### Coinsurance

A portion you pay as your share of the cost for services after you pay any deductibles.

Primary coinsurance ▼

Specialist coinsurance ▼

Prescription coinsurance ▼

Hospital coinsurance ▼

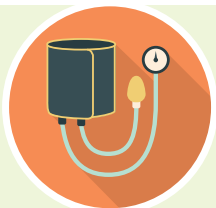


### Out-of-pocket maximum

The most you pay before your plan starts to pay 100% for covered services in a plan year.

Out-of-pocket maximum ▼

Enter current maximum and note if it includes deductible and other costs.



### Preventive services

Routine health care screenings, check-ups, and vaccines. For example, flu shots, depression screenings, and blood pressure tests.

Cost ▼

\$0 (for most plans, adjust if needed)

## Know where to go for care

Cost tip: Services usually cost less if you use in-network providers. These are facilities, providers, and suppliers your plan has agreed to use to offer services. To find out who is in-network, check the plan directory and ask your provider's office.



### Primary Care Provider

The main provider (often a doctor) you see first for most health problems. This could be a private practice, community clinic, or other place. Go to this provider for preventive services, prescriptions or other health questions.

My provider's name ▼

My provider's phone number ▼



### Specialists

A physician who focuses on a specific area of medicine or a group of patients to diagnose, manage, prevent, or treat certain types of symptoms and conditions. A non-physician specialist is a provider who has more training in a specific area.

My specialist's name ▼

My specialist's phone number ▼



### Pharmacy

A store where prescriptions are given and sold. To fill prescriptions, find a pharmacy that's in-network. This way you won't pay as much. See the plan directory or check with your local pharmacy.

My pharmacy's address ▼

My pharmacy's phone number ▼



### Emergency Department (ED or ER)

The ED in your local hospital is where you would receive service for an illness, injury, symptom, or condition so serious that a reasonable person would seek care and treatment right away to keep the condition from getting worse.

My local hospital's address ▼

My local hospital's phone number ▼

## Dates to remember and other notes

Review your plan each year before Open Enrollment and contact your plan with any life changes (like getting married, or having a baby) or any changes in contact information. For more information on how to get started go to <http://bit.ly/C2C5Ways> and read the [5 Ways to Make the Most of Your Health Coverage](#).

Premium due date ▼

Pay premium on 10/15/2018

Renewal date/other ▼

Renew plan on 08/19/2019

Other information ▼

Contact information, allergies, prescription lists, link to summary of benefits and coverage, password hint, local contact information, etc.

## Additional information

For more information and a glossary of terms, go to <http://bit.ly/C2CRoadmapBetterCare> to read the [Roadmap to Better Care and a Healthier You](#).



[go.cms.gov/c2c](http://go.cms.gov/c2c)

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