

4 CHRONIC CONDITIONS AMONG MEDICARE BENEFICIARIES

This April, the CMS Office of Minority Health celebrates National Minority Health month by highlighting health disparities related to chronic conditions.



DIABETES



37.7%

American Indian/
Alaska Native



34.5%

Asian/Pacific Islander



36.7%

Black



37%

Hispanic



24.5%

White

Racial and ethnic minorities have a higher prevalence and greater burden of diabetes than whites.



HYPERTENSION



Less than 65

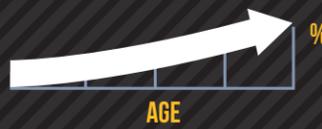
39.7%



65 and Older

58.4%

High blood pressure is the **MOST COMMON CHRONIC CONDITION** and prevalence increases with age.



DEPRESSION

Males

11.7%



Females

20%

Depression frequently co-occurs with other chronic conditions



HEART FAILURE



Duals

19.6%

Non-Duals

12.1%

Heart failure is the leading cause of potentially avoidable hospitalizations among dual-eligible beneficiaries.



To learn more about the CMS Office of Minority Health, visit

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