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Maternal Child Health and Government Affairs
March of Dimes
A STORY OF A RIVER & THREE SISTERS

Special thank you to Dr. Don Warne for this traditional story and permission to share it.
Visible disparities in health outcomes

Visible disparities:
- ACES (Adverse Childhood Experiences)
- Stigma
- Discrimination
- Lack of trust
- Fear
- Implicit bias
- Lack of transportation and poor-quality roads
- Food deserts
- Underfunded programs, overworked staff, high turn-over
- No jobs
- Substance use
- No insurance
- Smoking
- Under-education
- Lack of access
- Lack of social support
- Incarceration
- Poverty
- Invisibility
- Stress

Invisible disparities:
- due to Structural Racism & Historical Trauma

Image adapted from Dr. Art James depiction of disparities in African American infant mortality.
“One of the most important things for us to accomplish…is [to make sure] policy decision makers actually understand who we are, at the core of our souls, of our culture, of our spirituality, our contributions…they haven’t learned that in the education system. But they can learn it by us.”

-Jacqueline Pata, president of National Congress of American Indians
“The unifying thing about all of these programs…they are more traditional practices that come from the communities themselves and are more likely to be successful. These program are a result of practitioners listening… That is such a key ingredient for community change… listening and being humble enough to recognize that there are other ways of doing things.”

-Cheryl Ann Kary, Executive Director, Sacred Pipe Resource Center