



**Declining health**

- Help from my family and caregiver(s)
- Recognizing my decline
- Less independent
- Family stress

**Pursuing curative care**

- Feeling hopeful
- Extending life
- Expensive procedures
- Exhaustion from treatment

**Discussing options\***

- Difficult conversations
- Not ready to let go
- Differing family opinions\*\*

**Seeking comfort**

- Relieved to talk openly
- Resigned to next phase
- Fear of the unknown
- Feeling anxious
- Tough decisions
- Differing family opinions

**Starting hospice**

- Feeling hopeful
- Exploring options
- Feeling vulnerable
- Feeling overwhelmed
- Differing family opinions
- Too much information
- Lengthy initial admission visit

**Meeting my care team**

- Meeting people who can help me
- Having a say in my care
- Making me feel better
- Feeling heard and listened to
- Too many provider visits
- Not enough rest
- Feeling rushed
- Differing family goals
- Facing the truth

**Feeling better**

- Less pain
- Less medication
- Feeling supported
- Facing death
- Care plan misalignment
- Changing family dynamics

**Having regular visits**

- Getting to know my team
- Talking about my spirituality
- Accepting final phase
- Help with financial obligations
- Planning my legacy
- Connecting with my loved ones
- Reducing strain on my family
- Learning to trust my care team
- Care plan misalignment
- Resolving family relationships
- Struggling to get closure

**My final days**

- Having closure
- Feeling loved
- Connecting with my loved ones
- Connecting with my care team
- Feeling uncomfortable
- Not able to speak
- Worrying about those I leave behind
- Sensing lots of family commotion

**Dying and remembering**

- Being honored
- Dying where I wanted
- Leaving people behind
- Unfinished business

**Knowing my family has support**

- Helping them move on
- Checking in on them
- Holding their hand
- Accepting that I am gone

**KEY:**

**Moment**

Comfort

Challenge

\*Some patients do not elect hospice and choose other paths

\*\*Families are the people the patient includes in their personal definition of close loved ones. They are most impacted by the patient's death and may or may not be a relative.