

Key Message and Tips for Providers: Adult Day Care



Message

Adult day care provides families and caregivers a respite during the day to work, run errands, meet friends, or rest while their family member is in a safe and secure environment.[1]

Adult day care is divided into two types, adult day services and adult day health services. Adult day services include supervised activities, meals, socialization, and limited health services. Adult day health services provide structured therapeutic health services and supervised activities for persons with physical, mental, intellectual disabilities, or the aged who meet nursing facility level-of-care requirements.[2]

State Medicaid waiver programs approved by the Centers for Medicare & Medicaid Services (CMS) may pay for adult day services or adult day health services provided according to a person-centered plan of care, for beneficiaries that meet nursing facility or institutional level-of-care requirements or are at risk of institutionalization.[3]

TIPS

- Verify that the provider is certified by Medicaid and licensed by the State, or is a Medicaid contracted managed care organization;[4]
- Assess the beneficiary at least annually to ensure appropriate placement; use the results to update the person-centered plan of care;
- Regularly review plans to identify the amount, duration, and scope of services; the professional level of the provider for each type of service; and the funds allocated;
- Ensure that documentation supports both the services provided and attendance at the facility;
- Check State Medicaid billing requirements to identify:
 - Maximum allowable units of service (for example 4 days per week);
 - Definition of service units (for example, 1 unit equals 1 hour);
 - Number of service units that equal a day (for example, 6 or more hours equal 1 day);[5, 6] and
 - Services included in the bundled payment rate; and
- Check with your State Medicaid agency for information about services in your area since these programs vary from State to State.

For more information about Medicaid Program Integrity, visit <https://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/Medicaid-Integrity-Education/edmic-landing.html> on the CMS Medicaid Program Integrity Education website.

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1 Department of Health and Human Services. Administration on Aging. (2012 April 13). Adult Day Care. Retrieved June 17, 2015, from http://www.eldercare.gov/Eldercare.NET/Public/Resources/Factsheets/Adult_Day_Care.aspx

2 Department of Health and Human Services. Administration on Aging. (2012 April 13). Adult Day Care. Retrieved June 17, 2015, from http://www.eldercare.gov/Eldercare.NET/Public/Resources/Factsheets/Adult_Day_Care.aspx

3 Social Security Act § 1915(c)(4)(B). Provisions Respecting Inapplicability and Waiver of Certain Requirements of This Title. Retrieved June 15, 2015, from http://www.ssa.gov/OP_Home/ssact/title19/1915.htm

4 Colorado Department of Health Care Policy & Financing. Long-Term Services and Supports Training. (2015 August). Adult Waiver Chart. Retrieved October 29, 2015, from <https://www.colorado.gov/pacific/sites/default/files/Colorado%20HCBS%20Adult%20Waiver%20Chart-August%202015.pdf>

5 Nebraska Department of Health and Human Services. (2013 February 26). Manual Letter # 15-2013. [Section 5-002.04] Time Limits. Retrieved June 17, 2015, from http://www.sos.ne.gov/rules-and-regs/regsearch/Rules/Health_and_Human_Services_System/Title-473/Chapter-5.pdf

6 Colorado Department of Health Care Policy & Financing. Long-Term Services and Supports Training. (2015 August). Adult Waiver Chart. Retrieved October 29, 2015, from <https://www.colorado.gov/pacific/sites/default/files/Colorado%20HCBS%20Adult%20Waiver%20Chart-August%202015.pdf>

