Appendix A- Evidence Tables

Author/ Year	Study Design	Demographi cs	Intervention, outcome measures; instruments	Results	Methodological Comments
Type II Device	Study, inclusion/ex clusion	n, age, sex,			
Simultaneou s PSG and portable studies performed in the laboratory	Dates of data collection: not specified Study Design: not specified Inclusion/E xclusion Criteria: not specified Type II Portable Device: Sleep I/T multichannel device(8) measurements could be obtained channel device Data analysisautomatic	n= 40 20 pts each from 2 laboratories Age/Gender: not specified	Primary outcome: Correlation of the following sleep parameters • Sleep efficiency • Desaturatio n index • RDI • PLM index	$ \begin{array}{c c} Sleep \ Lab \\ \hline & RDI \\ \geq 15 \\ \hline RDI \\ \geq 15 \\ \hline RDI \\ \geq 15 \\ \hline RDI \\ \leq 15 \\ \hline \end{array} \begin{array}{c c} 25 \\ \hline 1 \\ \hline RDI \\ \geq 15 \\ \hline \end{array} \begin{array}{c c} 25 \\ \hline RDI \\ \leq 15 \\ \hline \end{array} \begin{array}{c c} 14 \\ \hline \end{array} $ Portable Device Sensitivity: 100% Specificity: 93% Spearman correlation coefficients: $ \begin{array}{c c} RDI: 0.93 \ (p < 0.0001) \\ \hline Desat \ Index: 0.96 \\ (p < 0.0001) \\ \hline \end{array} $	

Author/ Year	Study Design	Demographic s	Intervention, outcome measures; instruments	Results	Methodological Comments
	Study Design Study, inclusion/exclusion Study Design: Inclusion/Exclusion Criteria: Patients excluded if they lived to far from the sleep laboratory, unable to give consent, or had a disability that precluded their participation. Type II Portable	_	outcome measures;	For RDI ≥ 15: Sensitivity 30/37= 81% Specificity 40/41= 98% Quality of Data: 26/103 pts (25%) were excluded based on poor quality data 20/103 (20%) had poor quality data with the home unattended study	
	Device: 10-18 channel Minisomno	BM1: 31			

			Intervention,	Results	
Author/	Study Design	Demograph	outcome		Methodological
Year	Study Design	ics	measures;		Comments
			instruments		
Type II	Study,	N, age, sex,			
Device	inclusion/exclu sion				
Mykytyn, 1999	Study design: 2 groups of 10 patients randomly	Male patients referred to a sleep lab for work-up of	Outcome Measures: Correlation of the portable device with lab	For AHI >10: Sensitivity: 80% Specificity: 90% For AHI >20:	
Simultaneous PSG and portable study	randomly assigned to receive simultaneous PSG and attended portable study or simultaneous PSG and unattended portable study Inclusion/Excl usion Criteria: Not specified Type II Portable Device: Compumedics PS1 Blinded test reviewer	work-up of sleep apnea N= 20	device with lab based polysomnography in terms of • Technical quality of data • Derived sleep indices (ex. AHI) • Final interpretive result performed by a clinician	For AHI >20: Sensitivity: 100% Specificity: 100% 2/20 pts (10%) had discordant AHI results that would have led to a change in diagnosis Signal Quality: EMG signaling and airflow signaling seemed to present the greatest problems for portable monitoring in the attended and unattended setting Sleep Scoring: (percentage of time the signals were inadequate for scoring sleep) Unattended portable device group: 1.5% Standard	

polysomnography group: <1%
Attended portable device group: 5% Standard polysomnography group: Approx 1% the difference in these was not statistically significant
Respiratory event Analysis:
Unattended portable device group: 7% Standard polysomnography group: 1%
Attended portable device group: Approx 2.5% Standard polysomnography group: <1% the values approached statistical significance for both groups
Derived Values: Total sleep time, sleep efficiency, and frequency of arousals did not differ between groups
Physician Interpretation of Data:

	13/20 (65%) portable studies ranked as good or excellent quality of recordings 2/20 (10%) of portable studies considered inadequate for interpretation, repeat study recommended 20/20 (100%) standard studies ranked as good or excellent Physician Interpretation of Data: Diagnostic concordance in 16/18 (89%) portable studies 2 study pairs could not be evaluated secondary to technical quality
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Author/ Year	Study Design	Demograp hics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type II Device	Study,	N, age,			
	inclusion/ex	sex,			
	clusion				
Fry, 1998		Patients	Outcome	Quality of Data:	
	Study	referred to	Measures:	95% of all epochs were	
	design:	a sleep lab	Correlation of the	scorable for all	
Simultaneous	Part 1:	for work-	following sleep	parameters recorded	
in laboratory	randomized	up of sleep	parameters		

PSG and portable device studies Sleep efficiency trial with all participants scheduled to receive both lab and home based studies Part 2: concurrent study with participants receiving portable and lab based testing simultaneou sly Part 2: Part 3: Part 3: Part 3: Part 4: Part 4:	
studies participants scheduled to receive both lab and home based studies Part 2: concurrent study with participants receiving portable and lab based testing simultaneou sly Part 2:	
scheduled to receive both lab and home based studies Part 2: concurrent study with participants receiving portable and lab based testing sly Part 2: day and simultaneou sly Part 2: concurrent study and included in participants receiving portable and lab based testing sly Part 2: day and inidex PLM index Range of correlational values for respiratory parameters r = 0.923-0.999 Range of correlational values for limb movement parameters r = 0.907-0.972	
receive both lab and s who home based studies both lab and home Part 2: based concurrent study with participants receiving portable and lab based testing simultaneou sly Part 2: Part 2: based concurrent study and included in participants receiving portable and lab based testing simultaneou sly Part 2: PLM index Range of correlational values for respiratory parameters r = 0.923-0.999 Range of correlational values for limb movement parameters r = 0.907-0.972	
lab and home based studies Part 2: based concurrent study with participants receiving portable and lab based testing simultaneou sly Part 2: PLM index PLM index Range of correlational values for respiratory parameters r = 0.923-0.999 Range of correlational values for respiratory parameters r = 0.923-0.999 Range of correlational values for limb movement parameters r = 0.907-0.972	
home based studies both lab and home Part 2: based concurrent study and study with participants receiving portable and lab based testing simultaneou sly Part 2: Part 2: based Range of correlational values for limb movement parameters r = 0.907-0.972 Values for respiratory parameters r = 0.923-0.999 Range of correlational values for limb movement parameters r = 0.907-0.972	
studies both lab and home Part 2: based concurrent study and included in participants receiving portable and lab based testing sly Part 2: Studies both lab and home r = 0.923-0.999 Range of correlational values for limb movement parameters r = 0.907-0.972 Range of correlational values for limb movement parameters r = 0.907-0.972	
Part 2: concurrent study with participants receiving portable and lab based testing sly Part 2: based study and included in participants receiving portable and lab based testing simultaneou sly Part 2: Range of correlational values for limb movement parameters r = 0.907-0.972	
concurrent study and included in participants receiving portable and lab based testing simultaneou sly Range of correlational values for limb movement parameters r = 0.907-0.972 Range of correlational values for limb movement parameters r = 0.907-0.972	
study with participants receiving portable and lab based testing simultaneou sly Study with participants the included in the analysis receiving analysis values for limb movement parameters r = 0.907-0.972	
participants receiving portable and lab based testing simultaneou sly participants receiving analysis Mean Age: 49.3 Part 2: movement parameters r = 0.907-0.972	
receiving portable and lab based testing simultaneou sly Part 2:	
portable and lab based Mean Age: testing 49.3 simultaneou sly Part 2:	
lab based testing 49.3 simultaneou sly Part 2:	
testing simultaneou sly Part 2:	
simultaneou sly Part 2:	
sly Part 2:	
N=16	
Inclusion: Mean Age:	
patients 49.9	
referred for	
evaluation	
of sleep-	
related	
complaints	
Exclusion:	
unable to	
give	
informed	
consent,	
disabling	
condition	
making it	
difficult to	
carry out the	
home	
procedure, regarding	
specific	
recording	
not part of	
the standard	
recording	

device		
Portable device: DHHS, in-		
lab technician		
initiated		
home recordings		
10		
measuremen ts (18		
channels)		
Blinded		
reviewer		

Author/ Year Device Type	Study Design	Demographic s	Intervention, outcome measures; instruments	Results	Methodological Comments
Type II Device	Study, inclusion/ex clusion	N, age, sex,			
Iber, 2003 Laboratory PSG with unattended in home study	clusion Study design: multicenter trial Inclusion: volunteer subjects without preexisting sleep clinic evaluations not already participating in the Sleep Heart Health Exclusion: Not specified Portable device: Compumedi cs PS2 Recording Analysis: Automatic with manual editing capability Blinding: not specified	N=76 N=64, number of participants with analyzable data	Outcome Measures: Sleep parameters Effect of monitoring location on sleep and respiration RDI classification	Intraclass correlation ranges for RDI r = 0.75-0.9=83 12/76 (16%) participants were excluded from analysis secondary to poor quality data	

Author/ Year Device Type	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
Ancoli- Israel 1997	In-Home Unattended portable device and standard monitoring in the laboratory setting In-Home study performed first in all patients followed by PSG Inclusion: volunteer subjects already participating in a larger study; chosen based on an interview specifically suggestive of OSA or likely not to have OSA Exclusion: Not specified Portable device: Nightwatch System Recording Analysis: Automatic with manual editing capability Blinding: not specified	Patient volunteers enrolled in another study N=36 Men- 34/36 Women- 2/36 Age: 33-60 Mean 48.5	Outcome Measure: diagnosis of OSA	Results based on n=34 For RDI ≥ 10 Sensitivity: 25/25= 100% Specificity: 5/8= 63% Data Loss: Portable Device 1/36 (3%) PSG 1/36 (3%)	
			10		

Author/ Year Device Type	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
Whittle 1997	Two part study: 1. Validation study with laboratory PSG and unattended home studies to determine portable device AHI to be used in the prospective trial as diagnostic of OSA 2. Prospective trial with all subjects receiving home studies Inclusion: consecutive patients referred for evaluation of OSA; physician chose participants to receive a sleep study Exclusion: Physical or mental difficulty that would not allow the patient to operate the equipment unsupervised. Clinical suspicion of cataplexy or PLM disorder. Portable device: EdenTrace Recording Analysis: Automatic with manual editing capability Blinding: blinded reviewer	validation study n=23 prospective trial n=149 mean age=49 BMI= 33 Sex 75% male	Outcome Measures: Diagnosis of OSA Time to diagnosis Cost	AHI >15 for PSG and AHI >30 for the portable device Sensitivity: 75% Specificity: 58% Data loss 27/149 (18%) of portable studies were not analyzable	

Author/ Year Device Type	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
Parra 1997	In-Home Unattended portable device and standard monitoring in the laboratory setting Inclusion: consecutive patients referred for evaluation of OSA; physician chose participants to receive a sleep study Exclusion: Not specified Portable device: EdenTec Recording Analysis: Automatic with manual editing capability Blinding: blinded reviewer	N=89 Mean age= 54 Men=73 Women=16 BMI=29	Outcome Measure: diagnosis of OSA concordance for clinical decision making based on study results	AHI >10 for PSG and AHI >18 for the portable device Sensitivity: 73% Specificity: 80% AHI>10 for PSG and AHI >23 for the portable device Sensitivity: 63% Specificity: 93% Clinical decision making: 89% concordance	

Author/ Year Device Type	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
Redline 1991	Inclusion: health volunteers, relatives of apneic patients, patients with sleep related complaints, patients with pulmonary disease Exclusion: not specified Portable device: EdenTec Reviewer: Blinded	* results were reported for n=25 N=20, participants who underwent simultaneous PSG and portable studies N=5, participants who underwent PSG and unattended home portable studies mean age range: 33-59 BMI: 26-31 Sex: 56-83% male	Outcome Measures: Comparison of RDI Reproducibility of respiratory parameters	Correlation data for RDI ≥ 10 r = 0.96 Diagnostic agreement 20/21 (95%)	

Author/ Year Device Type	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
White 1995	Inclusion: consecutive patients referred for evaluation of OSA; physician chose participants to receive a sleep study Exclusion: Physical or mental difficulty that would not allow the patient to operate the equipment unsupervised. Clinical suspicion of cataplexy or PLM disorder. Portable device: Nightwatch System Recording Analysis: Automatic with manual editing capability Blinding: blinded reviewer	N=100 N=30, participants undergoing simultaneous laboratory based PSG and portable studies N=70, lab PSG and home unattended portable studies	Outcome Measures: Diagnosis of OSA Comparison of various parameters of sleep	AHI >10 for portable device studies in the laboratory Sensitivity: 100% Specificity: 64% AHI >20 for portable device studies in the laboratory Sensitivity: 77% Specificity: 88% AHI >10 for portable device studies at home Sensitivity: 91% Specificity: 71% AHI >20 for portable device studies at home Sensitivity: 91% Specificity: 71% AHI >20 for portable device studies at home Sensitivity: 86% Specificity: 88% Data loss 2.8% of portable studies were not analyzable	

Author/ Year Device Type	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type III Device Dingli 2003	Study, inclusion/exclusion Inclusion: consecutive patients referred for evaluation of OSA Exclusion: Participant residence greater than 50 miles from the sleep center. Portable device: Embletta	N, age, sex, N=101 N=40, participants undergoing simultaneous laboratory based PSG and portable studies N=61, lab PSG and home unattended portable studies	Outcome Measures: Diagnosis of OSA Comparison of various parameters of sleep	PSG AHI ≥15 and AHI ≥ 20 for portable device studies (based on the results of 50 studies) Sensitivity: 61% Specificity: 75 Diagnostic accuracy for ruling out disease 9/9=100% Diagnostic	
	Recording Analysis: Automatic with manual editing capability Blinding: blinded reviewer	Mean BMI: 31/32 Mean Age: 46/50		accuracy for ruling in disease 23/23=100% Data loss 11/61 (18%) of portable studies were not analyzable	

Auth Yea Devi	ar ice	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodological Comments
Type Device		Study, inclusion/exclusion	N, age, sex,			
Reich 200	nert	Inclusion: consecutive patients referred for evaluation of OSA Exclusion: not specified Portable device: NovaSom QSG Blinding: blinded reviewer Patients underwent simultaneous laboratory PSG and portable device studies and, 3 separate nights of home unattended portable device studies	N=51 N=45, participants who completed both studies N=61, lab PSG and home unattended portable studies Mean BMI: 30 Mean Age: 52 Gender 75% male	Outcome Measures: Diagnosis of OSA Comparison of various parameters of sleep	Results for the portable device as compared to PSG: AHI ≥15 for attended portable studies Sensitivity: 95 ± 5% Specificity: 91 ± 6% AHI ≥15 for unattended portable studies Sensitivity: 91 ± 6% Specificity: 83 ± 8% Results for portable device studies performed in the home versus those performed in the laboratory: AHI ≥15 for attended portable studies Sensitivity: 94 ± 5% Specificity: 90 ± 6% AHI ≥15 for unattended portable studies Sensitivity: 94 ± 5% Specificity: 90 ± 6%	
				21	Data loss: 6.25% of portable studies were not	

			Intervention,		Methodolog
Author	Study Design	Demographics	outcome	Results	ical
Author	Study Design	Demographics	measures;	Kesuits	Comments
			instruments		
Type III	Study,	N, age, sex,			
Device	inclusion/exclusion				
Ficker,	Study design: not	N=51	Outcome	Manual	Noted
2001	specified		measures:	scoring vs.	limitations
		86% males	Desaturations	Automatic	of the study
	Inclusion:			Scoring:	included the
	consecutive	Mean age:	Apnoeas		fact that the
	patients referred to	53.4	index	AHI>5	test was
	a sleep disorder			Sensitivity:	performed in
	center for	Mean BMI: 29	Hypopnea	94%/83%	a sleep lab
	suspected OSA		index	Specificity:	and sensors
				100% vs.	were applied
	Portable Device:		Apnoea-	87%	by trained
	Somnocheck		Hypopnea	PPV: 100%	staff. This
			Index	NPV: 88%	will not be
	Results analysis:			Accuracy:	available to
	blinded reviewer			96% vs. 84%	those using
				A TIT 10	this
				AHI>10	diagnostic
				Sensitivity:	test in the
				97% vs. 83%	home
				Specificity: 100% vs.	setting. The
				95%	study also noted that
				PPV: 100%	
				NPV: 96%	diagnostic accuracy is
				Accuracy:	dependent
				98% vs. 88%	upon pre-test
				70/0 vs. 00/0	probability;
				AHI >20	for those
				Sensitivity:	patient
				76% vs. 71%	requiring
				Specificity:	PSG based
				100% vs.	on
				93%	symptoms,
				PPV: 100%	using such a
				NPV: 86%	portable

	Accuracy: 90% vs.84% AHI>40 Sensitivity: 69% vs. 61% Specificity: 100% vs. 100% PPV: 100% NPV: 90% Accuracy: 92% vs. 90% Correlational data for number of oxygen desaturations 0.93	recording device in a less well-selected group of patients must be expected to result in a lower level of specificity.
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Author	Study Design	Demographics	Intervention, outcome measures; instruments	Results	Methodolog ical Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
Zucconi , 1996	Study design: not specified Inclusion: consecutive patients suspected of suffering from OSA Portable Device: Micro-Digitrapper	N=29 38% males Mean age: 53	Outcome measures: AHI	Automatic vs. Semi-Automatic Scoring: AHI>10 Sensitivity: 100% vs. 100% Specificity: 100% vs. 100% PPV: 100% NPV: 100%	Small sample size, not generalizable to the Medicare population.

	AHI >20 Sensitivity: 94% vs. 94% Specificity: 100% vs. 92% PPV: 100% vs. 94% NPV: 93% vs. 92%
	AHI>40 Sensitivity: 55% vs. 91% Specificity: 95% vs. 94% PPV: 86% vs. 91% NPV: 94% vs. 77%

Author	Study Design	Demographic s	Intervention, outcome measures; instruments	Results	Methodolog ical Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
Claman, 2001	No specific research design noted, but simultaneous sleep monitoring was performed by formal PSG and Bedbugg. Inclusion criteria:	N=42 (consecutive sample of 42 volunteers were recruited from sample population who had been referred for PSG-31 males	Outcome measures: AHI (apnea/hypop nea index) (For PSG, AHI was determined based on sleep time.	Using Pearson's Correlation coefficient, the AHI correlation between PSG and Bedbugg was 0.96.	Instrumentati on bias may exist (both diagnostic test used different ways of determining AHI's)

 Age 18 and older Clinical suspicion of uncomplicated OSA Patients already scheduled for full PSG Exclusion criteria: Exhibiting flu-like symptoms Primary complaint of insomnia Suspected respiratory failure or hypoventila tion Suspected narcolepsy or idiopathic hypersomnia 	and 11 females, mean age was 54	For Bedbugg, AHI was determined based on total duration of recorded data. Correlation was determined AHI from PSG with AHI of Bedbugg.	Using PSG as a reference, for AHI>15, Bedbugg had a sensitivity of 85.7%; for AHI <15, Bedbugg had a specificity of 95.2%. Bedbugg had a PPV of 94%, and a NPV of 87.5%.	In the demographic characteristic section, study did not mention if AHI was not statistically different. Based on this study, very few patients in Medicare age group were included in the study, making this study difficult to generalize to the Medicare population
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Author/	Study Design	Demographics	Intervention, outcome	Results	Methodologica
Year	Study Design	Demographics	measures; instruments		Comments
Type III	Study,	N, age, sex,			
Device	inclusion/exclusion				
Man,	No specific	104 patients	Apnea Index	Correlation	Study does not
1995	research design	involved-81	(AI),	coefficient (CC)	address the
	was noted.	males and 23	Apnea/Hypopnea	for AI was .94,	question
		females,	Index (AHI)	and .97 for AHI	whether PolyG
	104 consecutive	ranging in age			is appropriate
	patients were	from 17 to 68		For AI>5/h,	for "unattended
	referred to sleep	(mean age 47).		sensitivity=83%,	home

cnacificity=010/	
specificity=91%,	monitoring.
	Average age
Accuracy=89%.	patient is 47,
	results may not
For AHI>15/h	be applicable to
sensitivity=86%,	the Medicare
specificity=95%,	population
PPV=86%,	
NPV=95%,	
Accuracy=92%.	
For risk-group	
analysis,	
accuracy was	
highest in the	
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	PPV=73%, NPV=95%, Accuracy=89%. For AHI>15/h sensitivity=86%, specificity=95%, PPV=86%, NPV=95%, Accuracy=92%. For risk-group analysis,

Author/	Study Design	Demograph	Intervention, outcome	Results	Methodological
Year	Study Design	ics	measures;		Comments
			instruments		
	Study,	N, age, sex,			
	inclusion/exclusion				
Verse,	No specific research	N=53 (49	Apnea-	AHI correlation	Study says
2000	designed identified.	males and 4	Hypopnea	coefficient is .97, and	patients were

	females with	index (AHI),	AI correlation is .97.	randomly
Patients underwent	obstructive	Apnea index		selected, but
simultaneous	sleep-related	(AI),	AI >5	does not
portable studies and	breathing	Hypopnea	sensitivity: 91%	describe the
PSG in a sleep lab.	disorders of	index (HI),	specificity: 100%	process
	varying	Oxygen		
	severity)	desaturation	AI>10	
Exclusion criteria:		index (ODI)	sensitivity: 85%	
 Patients with 	Mean age of		specificity: 100%	
COPD	subject was			
Cardiac	48.1 +/- 10.8		AHI>10	
insufficiency	years		sensitivity: 92%	
(New York			specificity: 96%	
classification)				
			AHI>15	
Evaluation of			sensitivity: 87%	
recordings were			specificity: 97%	
performed in a				
double-blind manner			AHI>20	
by examiners.			sensitivity: 72%	
			specificity: 97%	

Author/			Intervention, outcome	Results	Methodologica
Year	Study Design	Demographics	measures; instruments		Comments
	Study, inclusion/exclusion	N, age, sex,			
Calleja, 2002	No specific research design was identified Study occurred in sleep lab overnight; PSG and MERLIN were performed simultaneously;	N=79 (89% were males, 11% were females; mean age was 52, (SD of 11.1) and BMI of 30.1 kg.m ² (SD of 4.4)	Apnea/Hypopnea index (AHI); Respiratory Events index (REI) was assessed using the Bland and Altman method. Receiver Operator Curve (ROC) was used to determine the discriminatory ability of the cardiopulmonary polygraphical scores for the diagnosis of SAS	REI obtained by MERLIN automatic analysis in patients with AHI<10 was higher than values obtained via PSG 5.3+/-5.1 versus 3.1+/-2.1. REI obtained by MERLIN manual analysis in patients with AHI>10 was lower than values obtained via PSG 36.4+/-23.4 versus 41.8+/-27.7. For AHI>5, manual score had sensitivity and specificity of 97.1 and 90.9 respectively; For AHI>10, manual score had sensitivity and specificity of 90.6 and 86.7 respectively; For AHI>15, manual score had sensitivity and specificity of 90.6 and 80.8 respectively; For AHI>20, manual score had sensitivity and specificity of 91.1 and 85.3 respectively; For AHI>30, manual score had sensitivity	Highly experienced neurophysiolog read PSG recordings, whild different experienced neurophysiolog read the MERL recordings (coulead to bias). Study does note several limitations-smal sample size, and prevalence of male subjects, makes it difficut to generalize to population. Also lack of Medicare aged patients makes it difficult to generalize to Medicare population.

and specificity of 88.6 and 90.9 respectively;	ſ
ROC analysis revealed that manual scores had greater discriminatory ability than automatic scoring for all AHI cut-off points ranging from > to >30. The area under the ROC for an AHI of >5 was .976 in the manual scoring versus 0.818 in the automatic scoring	

Author/	Study Design	Demographics	Intervention, outcome	Results	Methodologica
Year	Study Design	Demographics	measures; instruments		1 Comments
	Study,	N, age, sex,			
	inclusion/exclusion				
Esnaola,	A double-blind	N=150	Apnea	For AHI >10,	Study notes that
1996	research design	consecutive	Hypopnea	sensitivity: 98%	the diagnostic
	was identified,	patients with	Index (AHI)	specificity: 78%	accuracy of
	nocturnal PSG and	clinically			study is affected
	MESAM IV	suspected OSA	Intraclass	For AHI> 15,	when subjects
	recordings were	were included	Correlation	sensitivity: 96%	with other
	performed	in the study	Coefficient	specificity: 76%	characteristics,
	simultaneously.	(89% were			or in other
		males),	Heart rate	For AHI >20,	settings are
	Study used	mean age was	variation	sensitivity: 96%	used.
	Receiver Operator	57, SD of 11)	index	specificity: 70%.	
	Curve (ROC) to		(HRVI),		Because of the
	test the		Oxygen	Intraclass	absence of
	discriminatory		desaturation	correlation	measurement
	ability of MESAM		index (ODI),	agreement was	for the direct
	IV using cut-off		and	72%.	determination
	points to exclude		Intermittent		of sleep staging,

tı	rue disease, then	snoring index	the calculated
u	ised as a	(ISI) were	score refer to
c	confirmation test	ROC	the selected
		measurement	recording time,
	Double-blind	used for ROC	which does not
d	lesign was used	for MESAM	always
		IV	correspond to
			the sleep stage.

Author/ Year	Study Design	Demographics	Intervention, outcome	Results	Methodological Comments
1 car			measures; instruments		Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,	DDI	DI I I	A (1 1: 4
Ballester, 2000	Specific research design not identified; subjects admitted to sleep lab and simultaneously received conventional PSG and PRRG; No information provided about inclusion/exclusion criteria Data obtained was blindly reviewed and analyzed	N=116 subjects recruited from the general population of an ongoing epidemiological study in the population of Mataro, Spain.	RDI (Respiratory Distress Index), AHI (Apnea- Hypoxia Index) Logistic regression used to estimate the chance per unit of RDI of apnoeas, and ROC used to obtain sensitivity and specificity profile for each observed RDI value obtained.	Bland and Altman analysis revealed high level of agreement between PSG and PRRG. For a full PSG cut-off point of 10, a PRRD of six showed a balanced sensitivity and specificity of 95% and 92% respectively. For a full PSG cut- off point of 30, a PRRD of sixteen showed a balanced sensitivity and specificity of 100% and 97% respectively.	Authors list a number of limitations of the study including sleep disorders other than SAHS may be missed, inability determine sleep time (due to absence of measurement of neurological variables, and lack of demonstration of this test in the home setting. Also a potential limitation of this study is this evaluation used patients currently involved in an epidemiological study. This group may be very different from the general population.

Author/	Study Design	Demographics	Intervention, outcome	Results	Methodological
Year	·	Demographics	measures; instruments		Comments
Type III Device	Study, inclusion/exclusion	N, age, sex,			
Marrone, 2002	Subjects suspected for OSAS, were simultaneously studied by PSG in a sleep laboratory, along with POLYSAM system (PM); No specific research design stated; No inclusion/exclusion criteria stated in the study Study was performed in sleep lab, not in home setting; no specific information included about patients within the Medicare age group.	50 consecutive patients were referred to sleep lab, 40 male, and 10 females. Aged 49.6+/- 10.2 years; BMI of 32.7+/- 6.1Kg/m ²	Durations and frequencies of Central apneas (Ac), Obstructive apneas (Ao), mixed apneas (Am), and hypopneas (H), were collected for both groups for time in bed (TIB)	For AH/TIB >5 sensitivity 100%, specificity 71.%, PPV 95.5%, NPV 100% For AH/TIB>10 sensitivity 95.2%, specificity 100%, PPV 100%, NPV 80% No statistical difference between both groups for Ac/TIB, Am/TIB, AH/TIB, and AH duration. Ao/TIB was statistically less for PM versus PSG (25.1 vs. 25.1), and H/TIB	Study reveals good agreement between the total number of nocturnal respiratory disorder events scored by the PM with those scored by the PSG; also a good agreement was found between mean AH durations scored with both systems as well as between indices relative to the rate of occurrences of some types of events (e.g., mixed and central apneas).

	was statistically	The results show
	lower for PSG	accuracy
	than for PM (7.9	between PM and
	vs. 12.9).	PSG.
	Significant	
	correlation was	
	found between	
	values calculated	
	for PSG and PM	
	recordings (r	
	between .68 and	
	.99, p<.001);	
	Bland and	
	Altman analysis	
	showed very	
	good agreement	
	between Ac/TIB,	
	Am/ TIB,	
	AH/TIB, and AH	
	duration values,	
	but poor	
	agreement	
	between Ao/TIB,	
	and H/TIB	
L	wii	