

# CARE MANAGEMENT FOR HIGH COST DEMONSTRATION

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## TST FACT SHEET

Updated 2/5/09

<b>Demonstration Overview</b>	<ul style="list-style-type: none"><li>• This three year demonstration tests provider-based intensive care management services as a way to improve quality of care and reduce costs for fee-for-service beneficiaries who have one or more chronic diseases and generally incur high Medicare costs.</li></ul>
<b>Texas Senior Trails</b>	<ul style="list-style-type: none"><li>• Three year Medicare fee-for-service population model demonstration approved for the period of April 1, 2006 through March 31, 2009</li><li>• Demonstration Authority: Section 402 of Public Law 90-248, as amended (42 U.S.C. 1395b-1)</li><li>• <b>TST withdrew from the demonstration effective July 31, 2007</b></li></ul>
<b>Geographic Area</b>	<ul style="list-style-type: none"><li>• Texas</li></ul>
<b>Disease Management Benefit</b>	<ul style="list-style-type: none"><li>• Team coordinates a home and office based program</li><li>• Focus on beneficiary physical, mental and social functioning, as well as disease management approaches</li><li>• Case Management interventions will include but are not limited to: Discharge planning, End of life care or Advanced Directives, Hospice, Clinical guidelines, Senior house calls, Wellness center, home health/DME, Pharmacy consultation, Medication adherence, Education, Smoke cessation, Support groups, Preventive care, Medicare Part D, Home safety assessments</li></ul>
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