My Health eVet
Personal Health Record
Department of Veterans Affairs (VA)

Consumer Engagement:
Increasing Access to Consumer to Data

May 10th, 2010
VA is actively engaging our stakeholders

Three principles of open government

- Transparency
- Participation
- Collaboration
Participation: getting the best ideas

- **VBA Innovation Initiative**
  - Now in implementation

- **VHA Innovation Initiative**
  - Completed selections, announcement soon

- **VA Innovation Initiative**
  - Launching soon
  - Public-private partnership
Collaboration: build long-term partnerships

- **Interagency**
  - VLER
  - eBenefits

- **Private Sector**
  - VRO
  - Agent Orange PWS

- **With Citizens**
  - Facebook and Twitter
  - eRegulations (Gulf War)
Create a new way to engage Veterans....

“Blue Button” access to Personal Health Records

- based on My Health\text{eVet}
- all the capabilities Veterans rely on
- all the security Veterans trust
- simplifies basic exchange with other applications
- improves record portability
Complementary Tools

- Award-winning, comprehensive electronic record for all care sites
- Authoritative medical record
- Computerized Patient Record System (CPRS), Veterans Health Information Systems and Technology Architecture (VistA), Bar Code Medication Administration (BCMA), Imaging
- Decision support
- Clinical reminders
- Patient safety

- Award-winning PHR for Veterans
- Secure, web-based portal
- Easy access to information, tools, and resources
- Veteran “owns” information
- Self-entered information
- Incremental addition of data extracts copied from the EHR for VA patients
- Veteran controls access
- Consumer empowerment
My Health\textsuperscript{eVet} Features \textit{Today}

- Personal information (contacts, providers, etc.)
- Personal, family, and military health history
- Personal health summary
- Health\textsuperscript{e}Logs (blood pressure, weight etc.)
- Medications (over the counter drugs, herbals, etc.)
- Allergies and immunizations
- Medical events
- Food and activity journals
- Online VA prescription refills, VA prescription history
- My Complete Medications (printable summary)
- Wallet health information card
- Health calendar
- Trusted health education information
- Self-assessment tools, VA Wellness Reminders
- Mental health resources (including online courses)
- Secure Messaging (currently at 8 VA sites)
My HealtheVet Overview

www.myhealth.va.gov

3-Tier Access Model:
- Visitors
- Registrants
- In-Person Authenticated (IPA) Users

March 2010:
- Over 38.6 Million visits
- Over 976,000 registered users (75% are VA patients)
- Over 186,000 users have an IPA account
- Over 14.5 Million VA prescription refills since August 2005
- Over 156,000 unique users self-entered data in topic areas
My Health eVet: Personal Information

Personal Information:
- In Case of Emergency (ICE)
- My profile
- My account
- Change password
- Account activity history
- Printable wallet size health information card
My HealtheVet: Research Health

Research Health:
- Healthy Living Centers
- Disease + Condition Centers
- Mental Health
- Medical Libraries
- Service Related Conditions
- MedlinePlus®
- Healthwise®
- My HealtheVet Learning Center

New Features:
- Spinal Cord Injury Healthy Living Center
- Considering Professional Help Tool
Get Care:
- Care providers
- Treatment facilities
- My coverage
- Health insurance
- Health calendar
- To do list
- Customize calendar
My Health eVet: Track Health

Track Health:
- Vitals & readings
- Labs & tests
- Health history
- Family health history
- Military health history
- Allergies
- Immunizations
- Medical events
- Food & activity journals
- Personal health summary

Top 5 Self Entered Metrics
- Health history
- Health care providers
- Medication histories
- Weight
- Blood pressure
My Health eVet: Pharmacy
Number One Request for Online Services from Veterans

Pharmacy:
• VA Prescription refills
• VA Prescription refill history
• Self-entered medications, herbals, Over-the-Counters (OTCs), and supplements
• My VA medications list
• My complete medications list (VA and self-entered)

Over 14.5 Million VA prescription refill requests since launched in August 2005

March 2010: highest month ever with 475,920 prescription refill requests
My Health eVet: VA Wellness Reminders

1. Hypertension
2. Influenza vaccine
3. Pneumococcal vaccine
4. Colorectal cancer screening
5. Lipid measurement
6. LDL control
7. Body mass index (BMI)>25.0
8. Diabetes foot exam
9. Diabetes hemoglobin A1C
10. Diabetes retinal exam
11. Mammography screening
12. Cervical cancer screen

- Empower patients
- Improve access to information
- Promote patient and health care team collaboration
- Improve health outcomes
My Health eVet ACSI Satisfaction Scores

- Considering all of your experiences to date, how satisfied are you with the My HealtheVet program overall? 8.4
- How likely are you to recommend this site to someone else? 8.7
- How likely are you to return to this site? 9.2

ACSI 2nd Quarter 2010
My HealtheVet Personal Health Record Podcast
VA Sample Data Sets

- **Purpose:** to foster innovation and enable industry stakeholders to provide feedback to inform future Personal Health Record development

- **VA Synthetic Sample Data Sets:** illustrate combinations of VistA Electronic Health Record data classes and My HealtheVet PHR patient self-entered data in illustrative clinical scenarios (ex. food and drug contraindication)

- **VA Data Classes:** all data types with the exception of the patient self-entered data are available in VistA. Not all data classes represented are currently available in the My HealtheVet Personal Health record portal

- **Comments/Questions/Ideas:** send email to bluebutton@cms.hhs.gov
My Health, My Care: 24/7 Online Access to VA

www.myhealth.va.gov