



**Medicare Advantage  
Quality Improvement Project (QIP)  
Plan Section Submission Training**



**Medicare Drug and Health Plan  
Contract Administration Group**

**Donna Williamson & The MA  
Quality Team**

**September 2, 2015**

# Important dates

- Follow-up Q&A Session
  - September 9 from 2:00-3:30 p.m. ET
- HPMS Quality Module & QIP/CCIP User Guides Release
  - October 5
- CY 2015 Submission Window
  - October 5-13
- All Plan sections and Annual Updates reviews completed
  - December 15
  - All new QIPs/CCIPs implemented January 1, 2016

# QIP/CCIP Plan Section Submissions

- Each MAO must establish a single QIP/CCIP for all non-SNP coordinated care plans offered under a contract
- MAO/SNPs must also establish an individual CCIP/QIP for each SNP offered under a contract
- Plans completing their 3<sup>rd</sup> year QIP cycle will submit a new QIP Plan section this fall
  - For CY 2016 implementation

# Quality Improvement Project (QIP) Plan Section Submission

## Presentation Overview

- QIP Background
- New QIP Topic for 2016
  - CMS Quality Strategy Goals
  - Effective Management of Chronic Disease
- Changes to HPMS
- Plan Section Submission Requirements
  - CY 2016 Implementation
- Potential Outcome Measures (Target Goals)
- Resources

# QIP Background

- **Quality Improvement Program Requirements**
  - CMS regulations 42 CFR §422.152
  - Quality Improvement Project (QIP)
  - Chronic Care Improvement Program (CCIP)
  - Requires progress be reported to CMS
- Focus on Interventions and Outcomes
- Utilize the Plan, Do, Study, Act (PDSA) quality improvement model

# CMS Quality Strategy Goals

- Safer care by reducing harm;
- Strengthen person and family engagement as partners in their care;
- Promote effective communication and coordination of care;
- Promote effective prevention and treatment of chronic disease;
- Work with communities to promote best practices of healthy living; and
- Make care affordable.

# New QIP Mandatory Topic for 2016

## Promote Effective Management of Chronic Disease

### **QIP Objectives**

- Support the National and CMS Quality Strategy Goals;
- Advance CMS' efforts to assure that enrollees receive high quality care & care coordination;
- Effectively manage enrollees with chronic conditions;
- Ensure appropriate preventive services for specific conditions;
- Have favorable effects on health outcomes and enrollee satisfaction; and
- Eliminate disparities in care.

# Promote Effective Management of Chronic Disease

## **Effective management of chronic conditions**

- Is expected to slow disease progression;
- Helps to prevent complications and development of comorbidities;
- Helps to prevent emergency room (ER) encounters and inpatient stays;
- Improves quality of life for the enrollee; and
- Provides cost savings to the plan and the enrollee.

# Promote Effective Management of Chronic Disease

## **Role of the MAO/SNP is to Promote:**

- Care coordination/care management;
- Appropriate services (including prevention);
- Partnerships/collaboration amongst stakeholders (enrollees, caregivers, providers, vendors, community supports etc.);
- Linkage to appropriate resources.

# Promote Effective Management of Chronic Disease

## **Role of the MAO/SNP is to Promote (continued)**

- Use of provider tools to better manage chronic conditions, e.g., clinical guidelines;
- Enrollee/caregiver engagement;
- Participation in disease management programs
  - Improve self-management skills & health literacy;
- Health information exchange across provider settings;
- Addressing gaps and disparities in care.

# CY 2016 QIP Plan Section Submission

## Changes to the HPMS Quality Module

- Significant changes to the QIP Plan Section
- Streamlined, capture relevant data, eliminate redundancy
- Concise data
- Added standard drop downs
  - Enhance CMS ability to quantify data
  - More effectively evaluate QIP outcomes, identify best practices and determine attribution

# QIP Plan Section: Section A MAO Information

 TEST USER | User Resources | Log Out | A A  
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[Contract Management](#) | [ACO Management](#) | [Plan Bids](#) | [Plan Formularies](#) | [Monitoring](#) | [Quality and Performance](#) | [Risk Adjustment](#) | [Cost Reports](#) | [Data Extract Facility](#) | [Testing Comments](#)

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## QIP - Submission QIP +

Enter/Edit - A. Medicare Advantage Organization (MAO) Information & B. Background

**MAO Name:** EXAMPLE MAO NAME  
**Contract Number:** Z0001  
**Plan:** Non-SNP  
**Mandatory Topic:** TEST-2015  
**MAO Location:** 2300 Clarendon Blvd  
Arlington, VA 22201

**Quality Contact Person**  
**Name:** John Test  
**Title:** Assistant Director Medical Care Management  
**Telephone:** 555-555-5555  
**Email:** test@test.com

**Compliance Contact Person**  
**Name:** Mr. Jim Test  
**Title:** President  
**Telephone:** 555-555-5555  
**Email:** test@test.com

**MAO Plan Type:** Employer/Union Only Direct Contract PFFS  
**Project Cycle:** Contract Year 2015 - Baseline

# QIP Plan Section: Section B

## Summary of QIP

### B. Summary of QIP

B1. QIP Title:

B2. Implementation Date: January 2016

B3. Target Diagnosis:

\*These conditions may only be selected if they are not part of a current CCIP initiative

B4. Description of QIP:

B5. Clinical Guidelines Used to Shape QIP:

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# Attachment A

## CMS Identified Chronic Conditions

\*Atrial Arrhythmias

Behavioral Health Condition-Anxiety Disorders

Behavioral Health Condition-Bipolar Disorder

Behavioral Health Condition-Depression

Behavioral Health Condition-Major Depression

Behavioral Health Condition-Schizophrenia

Cancer

Chronic Kidney Disease (CKD) Stages 4 or 5

Chronic Obstructive Pulmonary Disease (COPD) and or Asthma

\*Congestive Heart Failure (CHF)

\*Coronary Artery Disease (CAD)

Dementia

\*Diabetes

End Stage Renal Disease (ESRD)

HIV/AIDS

\*Hypertension

Osteoporosis

Parkinson Disease

\*These conditions may only be selected if they are not part of a current CCIP initiative

# QIP Plan Section: Section B

## Summary of QIP

### B. Summary of QIP

B1. QIP Title:

B2. Implementation Date: January 2016

B3. Target Diagnosis:

\*These conditions may only be selected if they are not part of a current CCIP initiative

B4. Description of QIP:

B5. Clinical Guidelines Used to Shape QIP:

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# QIP Plan: Section C Enrollee Population

 **HPMS**  
Health Plan Management System

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## QIP - Submission QIP +

Enter/Edit - C. Enrollee Population & D. Goal of QIP

**MAO Name:** EXAMPLE MAO NAME  
**Contract Number:** Z0001  
**Plan:** Non-SNP  
**Project Cycle:** Contract Year 2015 - Baseline  
**QIP Title:** EXAMPLE QIP TITLE

### C. Enrollee Population

C1. Total Enrollment:

C2. Population Description:

# QIP Plan: Section D

## Goal of QIP

### D. Goal of QIP

D1. Target Goal:

D2. Baseline:

D3. National Standard: *(if applicable)*

# Target Goals (D1)

## Potential Examples

- Reducing unplanned inpatient hospital admissions;
- Reducing emergency department (ED) visits;
- Increase/improve follow up visits after discharge or acute event
  - PCP, mental health, other appropriate providers;
- Increase/improve recommended preventive care utilization
- Ensuring appropriate therapies/medications are prescribed,
  - Anemia management in ESRD
  - Persistent medications for diabetics etc.
- Improve therapeutic monitoring as appropriate
  - Coumadin or other pharmacologic agents

# Target Goals (D1)

## Potential Examples (continued)

- Medication reconciliation
- Improve medication adherence
- Increase # of enrollees actively participating in disease management programs
- Increase # of enrollees receiving community support services
- Increase engagement of enrollees & their caregivers
  - Education
  - Symptom management
  - Safety
  - Individual goal setting

# QIP Plan: Section D

## Goal of QIP

D4. Data Sources Used to Measure Goal (check all that apply)

- Medical Records
- Appointment Data
- Health Risk Assessment (HRA) Tools
- Minimum Data Set (MDS) - Institutional SNP
- Encounter Data
- Health Effectiveness Data Information Set (HEDIS®)
- Health Outcomes Survey (HOS)
- Consumer Assessment of Healthcare Providers and Systems (CAHPS®)
- Other
- Claims (Medical, Pharmacy, Laboratory)
- Plan Data (complaints, appeals, customer service)
- Surveys (enrollee, beneficiary satisfaction, other)

# QIP Plan: Section E

## Planned Intervention(s)

### E. Planned Intervention

E1. Intervention Type (check up to three)

- |   |   |
|---|---|
| <input type="checkbox"/> Provider Education         | <input type="checkbox"/> Enrollee Education           |
| <input type="checkbox"/> Medication Adherence       | <input type="checkbox"/> Reward and Incentive Program |
| <input type="checkbox"/> Care Coordination          | <input type="checkbox"/> Enrollee Outreach            |
| <input type="checkbox"/> Plan Outreach to Providers | <input type="checkbox"/> Disease Management           |
| <input type="checkbox"/> Home Visits                | <input type="checkbox"/> Promoting Lifestyle Changes  |
| <input type="checkbox"/> Other                      |   |

Intervention 1:

E2a. Description of Intervention:

E3a. Measurement Methodology:

# QIP/CCIP Resources

## **MA Quality Mailbox**

[MAQuality@cms.hhs.gov](mailto:MAQuality@cms.hhs.gov)

## **MA Quality Improvement Program Website**

<http://www.cms.gov/Medicare/Health-Plans/Medicare-Advantage-Quality-Improvement-Program/Overview.html>

## **CMS Quality Strategy Goals**

<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/QualityInitiativesGenInfo/CMS-Quality-Strategy.html>

## **QIP/CCIP HPMS User Guides**

<https://hpms.cms.gov/app/login.aspx?ReturnUrl=%2fapp%2fhome.aspx>

# MMP QIP/CCIP Overview

Under the Financial Alignment initiative CMS is seeking to:

- Advance an integrated quality and performance improvement program
- Medicare-Medicaid Plans (MMPs) submit a single set of quality and performance improvement projects
- Projects meet the requirements and needs of both CMS and states, avoid unnecessary duplication and reduce burden for plans

# MMP QIP/CCIP Overview

To accomplish the goal of an integrated quality and performance improvement program:

- MMPs submit all required quality and performance improvement projects outline in three-way contract
- Including QIPs, PIPs, and CCIPs
- MMPs submit via the HPMS Plan Reporting Module
- Joint review and approval process by CMS and the respective state

# MMP Topics

- MMPs will submit at least two (2) improvement projects via the HPMS module:
  - One that satisfies the general Medicare QIP requirements
  - One focused on chronic care to satisfy the Medicare CCIP requirements
- Total number of topics an MMP must submit will be determined by each state, in consultation with CMS
- Topics will be provided via HPMS memos to MMPs participating in each state demonstration
- **MMPs will not be subject to the same mandatory topics as MA-PD plans**

# MMP Eligibility

- All MMPs whose contracts were first effective at any point in CY 2015 must submit a CCIP and QIP as part of the broader Medicare Advantaged Organization (MAO) CCIP and QIP Annual Update and Initial Plan submission via the HPMS Plan Reporting Module in October
- MMPs who previously submitted Plan sections in CY 2014 will submit an Annual Update during CY 2015 submission window via the HMPS Plan Reporting Module

# MMP Submission Format

- MMP Initial Plan Section Submission for CY 15 will use the same format as used by MMPs in CY 14.
- MMP Annual Plan Section Submission for CY 15 annual updates will roughly follow the same format as used for MAOs in CY 14.
- Last year's screen shots and word templates can be found last year's user guide and training materials: <https://www.cms.gov/Medicare/Health-Plans/Medicare-Advantage-Quality-Improvement-Program/Overview.html>

# Questions?

Please submit any questions to the  
Medicare-Medicaid Coordination Office at:

[mmcocapsmodel@cms.hhs.gov](mailto:mmcocapsmodel@cms.hhs.gov)