



Adjustment for Medicare Mental Health Services – JA6208

Related CR Release Date: December 31, 2008

Date Job Aid Revised: January 15, 2009

Effective Date: July 1, 2008

Implementation Date: February 2, 2009

Key Words MM6208, CR6208, R426OTN, Mental, Health

Contractors Affected

- Carriers
- Part A/B Medicare Administrative Contractors (A/B MACs)
- Fiscal Intermediaries (FIs)

Provider Types Affected Physicians, clinical psychologists, clinical social workers, nurse practitioners, clinical nurse specialists, and physician assistants who submit claims to A/B MACs, FIs, or carriers, for mental health services provided to Medicare beneficiaries



Change Request (CR) 6208 identifies the Current Procedural Terminology (CPT) "Psychiatry" procedure codes that represent mental health services that have already been increased in payment by 5 percent, effective for these "specified services," provided on or after July 1, 2008, through December 31, 2009.

Provider Needs to Know...

- The specific "Psychiatry" CPT codes affected by the 5 percent increase are as follows:
 - **Insight Oriented, Behavior Modifying, and/or Supportive Psychotherapy** - CPT codes 90804, 90805, 90806, 90807, 90808, and 90809;
 - **Interactive Psychotherapy** - CPT codes 90810, 90811, 90812, 90813, 90814, and 90815;
 - **Inpatient Hospital, Partial Hospital, or Residential Care Facility (Insight Oriented, Behavior Modifying and/or Supportive Psychotherapy)** - CPT codes 90816, 90817, 90818, 90819, 90821, 90822; and

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- **Interactive Psychotherapy** - CPT codes 90823, 90824, 90826, 90827, 90828, and 90829.
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Background

- Section 138 of the Medicare Improvements for Patients and Providers Act of 2008 defines “specified services” as CPT procedure codes consisting of psychiatric therapeutic procedures furnished in an office or other outpatient facility settings or in inpatient hospital, partial hospital, or residential care facility settings under the subcategories of services that are insight oriented, behavior modifying, or supportive psychotherapy, or interactive psychotherapy.
 - This list of CPT codes for specified services provides contractors with a way to link the already increased payment amounts for specified services to a particular CPT code.
 - Medicare contractors were previously sent the payment rates that include the 5% increase for certain mental health services under the RV3D file for the 2008 Medicare Physician Fee Schedule.
 - Medicare contractors should have loaded the already increased payment rates that are effective from July 1, 2008, through December 31, 2009.
 - While contractors do not have to increase payment for these codes, they will now be able to link a CPT code with the appropriate payment amount for the code.
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Operational

Impact N/A

**Reference
Materials**

The related MLN Matters article can be found at <http://www.cms.hhs.gov/MLNMattersArticles/downloads/MM6208.pdf> on the CMS website.

The official instruction (CR6208) issued regarding these changes is available at <http://www.cms.hhs.gov/Transmittals/downloads/R426OTN.pdf> on the CMS website.
