

**Centers for Medicare and
Medicaid Services**



**Swing Bed
Minimum Data Set
Assessment
Training Manual**

Version 1.0

May 2002

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SWING BED MINIMUM DATA SET ASSESSMENT TRAINING MANUAL

**For Use With The
Swing Bed Minimum Data Set Assessment
Centers for Medicare and Medicaid Services**

The *Swing Bed Minimum Data Set Assessment Training Manual* is published by the Centers for Medicare and Medicaid Services (CMS) and is a public document. It may be copied freely, as our goal is to disseminate information broadly to facilitate accurate and effective use of the MDS for swing bed hospitals.

**Swing Bed Minimum Data Set
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May 2002

We also want to acknowledge the contributions of our MDS Work Group who have given freely of their time, intelligence and energy to develop the MDS coding clarifications included in this manual: Dana Burley, Rosemary Dunn, Cindy Hake, Lisa Hines, Susan Joslin, Tina Miller, Mary Pratt, and Yael Harris.

Thanks are also due to Donna Coszalter for her long, hard work in creating, formatting, and editing this manual under very tight time frames.

CENTERS FOR MEDICARE AND MEDICAID SERVICES ACKNOWLEDGEMENT

This manual was developed from a subset of the Long Term Care Resident Assessment Instrument (RAI) User's Manual, Version 2.0 published in October 1995. The RAI manual was developed under a contract with the Hebrew Rehabilitation Center for the Aged (HRCA). We want to acknowledge John Morris, Katherine Murphy, and the entire team of experts who contributed to the development of the original manual. Particular thanks are due to Sue Nonemaker, the Project Officer responsible for the original RAI development effort, including the design of the MDS 2.0.

We also want to express our appreciation to the many professional associations, clinical experts, and State and Regional Office personnel for their continued involvement and support. Our RAI Coordinators have worked long and hard to train providers how to accurately assess and code MDS items, and have alerted us to issues needing clarification or reevaluation. They have served as our “eyes and ears” and played key roles in establishing and standardizing MDS coding policies.

In addition, we want to thank our technical experts for transforming the RAI process from a manual paper-driven process to an automated data collection and transmission system. We particularly appreciate the efforts of Jack Williams and his staff in customizing the MDS data collection, transmission and data base capabilities for swing bed hospitals. Many thanks to the staff at the Iowa Foundation For Medical Care, to Bob Godbout and to John Jackson for their dedication and enthusiasm in supporting the expansion of the SNF PPS to swing bed hospitals.

Lastly, this work would not have been possible without the support of management within the Center for Medicare Management (CMM) and the Center for Medicaid and State Operations (CMSO) particularly Laurence Wilson, CMM, and Helene Fredeking and Fred Gladden, CMSO.

For questions related to the SB-MDS assessment, please refer to the list of contacts included in the appendix or contact our Swing Bed Help Desk.

For information on our Help Desk, please check our CMS web site:
www.hcfa.gov/medicare/snfpps.htm

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Chapter 1: Overview of the Swing Bed Minimum Data Set Assessment

1.1 Background

The 1986 Institute of Medicine (IOM) report recommended nursing facilities complete comprehensive assessments, utilizing a minimum data set, to identify potential care problems to be addressed in the resident's individualized care plan. The Omnibus Budget Reconciliation Act of 1987 (OBRA '87) mandated the development of a resident assessment instrument (RAI) for individual's residing in nursing facilities. The tool was required by law to produce a "comprehensive, accurate, standardized, reproducible assessment of each resident's functional capacity." This minimum data set became the federally mandated Minimum Data Set (MDS) used in all Medicaid and Medicare certified nursing facilities. The MDS contains items that reflect the acuity level of the resident, including diagnoses, treatments and an evaluation of the resident's functional status. Nursing facilities have been completing the MDS since October 1990 and submitting their electronic MDS data to state repositories since June 22, 1998. The MDS is used as a data collection tool for Medicare and Medicaid payment systems.

1.2 Regulatory Authority

Section 4432(a) of the Balanced Budget Act (BBA) of 1997 specifies that swing bed hospitals providing Part A skilled nursing facility-level services must be incorporated into the Skilled Nursing Facility Prospective Payment System (SNF PPS) by the end of the statutory transition period. For the purposes of this manual, "swing bed" will be used to describe the Part A SNF-level services reimbursable under the SNF PPS. Effective with cost reporting periods beginning on or after July 1, 2002, swing bed payment will be made based on SNF PPS instead of the current cost-related method. These payment rates will cover all costs of furnishing covered swing bed services (routine, ancillary, and capital-related costs) other than costs associated with operating approved educational activities as defined in 42 CFR 413.85. The SNF PPS will apply to Short-Term Hospitals, Long-Term Hospitals, and Rehabilitation Hospitals certified as swing bed hospitals. **Critical Access Hospitals (CAHs) with swing beds are exempt from the SNF PPS.**

Beginning on the first day of each hospital's next cost reporting year, on and after July 1, 2002, swing bed hospitals will be required to complete a unique two-page MDS assessment form that will be used to determine payment levels for Medicare beneficiaries. The Swing Bed MDS (SB-MDS) assessment data will be submitted electronically to a National Assessment Collection Database (national database). The new SB-MDS uses a subset of the MDS information and includes only those items needed for payment and the ongoing analysis of swing bed utilization under the SNF PPS. A registered nurse following the Medicare PPS assessment schedule will complete or coordinate the SB-MDS data set.

It is the intent of this manual to offer clear guidance, through instruction and example, for the effective completion of the SB-MDS assessment instrument. Basically, when everyone is speaking the same language, the opportunity for misunderstanding or error is diminished considerably.

1.3 Privacy

System of Records

The law that governs the protection of a resident's right to privacy, via any vehicle, can be found in the Privacy Act of 1974. The Act specifically protects the confidentiality of personal identifiable information and safeguards against the misuse of the same. The Privacy Act can be found at www.usbr.gov/laws/privacy.html. The Regulation regarding a resident's privacy can be found in the Social Security Act at 1819(c)(1)(A)(iii) and (IV).

CMS created an MDS System of Records (SOR) that outlines the guidelines specified in the Privacy Act. The MDS SOR has recently been updated to include MDS assessments in swing bed hospitals, and can be found in the Federal Register Vol. 67, No. 30, Wednesday, February 13, 2002.

While the requirement to complete and electronically submit the SB-MDS For Swing Bed Hospitals (SB-MDS) introduces a new method for information transmission and storage, it does not change the fundamental requirements that providers must currently employ to protect patient information in hardcopy format: electronic information about individuals should be protected to the same extent that hard copy information is protected. Providers should keep this caveat in mind when entering contractual agreements that involve the SB-MDS data.

SB-MDS data are considered to be a part of the patient's clinical record, and as such, are protected from improper disclosure by facilities. Facilities are required to keep confidential all information contained in the patient's record and to maintain safeguards against the unauthorized use of patient clinical information, regardless of storage method. By regulation, release of information from the patient's clinical record is permissible only when required by:

1. by transfer to another health care institution,
2. by law (both State and Federal),
3. by the patient.

A facility may not release patient identifiable information to the public. Providers, who are part of a chain, may release data to their corporate office or parent company but not to other providers within their chain organization. The parent company is required to "act" in the same manner as the facility and is permitted to use data only to the extent the facility is permitted to do so (as described above).

Patient Identifiable Data

A facility may not release patient identifiable information to the public. Stripping obvious demographic identifiers (name, birthdate, CMS number) from records does not necessarily ensure record anonymity. The number of items that comprise the SB-MDS increases the likelihood for the creation of a subset of semi-identifiers that would render a record identifiable, especially when the aggregates for a particular cell yield fewer than 10 observations. Providers pursuing the release of aggregate data must insure it is not patient identifiable. Providers can contact CMS for further guidance regarding the release of aggregate data.

Contractual Agreements

The release of data by a facility to another person or entity (e.g., physical therapist, occupational therapist, software vendors) under contract and who has a need to know the SB-MDS information in order to develop plans of care and/or handle SB-MDS data for administrative reasons, such as for transmission to the national database, requires the agent to “act” in the same manner as the facility. Agents under contract must therefore adhere to all privacy requirements.

In the case where a facility submits SB-MDS data to CMS through a contractor or through its corporate office, the contractor or corporate office has the same rights and restrictions as the facility does under the regulations with respect to maintaining patient data, keeping such data confidential, and making disclosures of such data. This means that a contractor may maintain a database, but may not use the data in a manner in which the facility itself would be prohibited from using it. Moreover, the fact that there may have been a change of ownership of a facility that has been transferring data through a contractor should not alter the contractor’s rights and responsibilities; presumably, the new owner has assumed existing contractual rights and obligations, including those under the contract for submitting SB-MDS information. All contractual agreements, regardless of their type, involving the SB-MDS data should not violate the requirements of participation in the Medicare and/or Medicaid program or any applicable State laws.

1.4 Minimum Data Set Requirements for Swing Bed Hospitals

The SB-MDS assessment consists of the two-page Minimum Data Set for Swing Bed Hospitals, and two subsets of SB-MDS items used to track patient readmissions and discharges.

- **Minimum Data Set for Swing Bed Hospitals** - A core set of screening, clinical and functional status elements used to classify Medicare patients into one of 44 Resource Utilization Groups (RUG-III) that will be used to bill the fiscal intermediary for Part A SNF-level services. Swing bed hospitals do not have to complete the SB-MDS once the patient is no longer eligible for Part A SNF-level services. The SB-MDS can also be completed for other swing bed patients if required by other payers, such as the State Medicaid agency, health maintenance organizations or other secondary payers. The SB MDS completed for other payers can be submitted to the national database, as long as the assessments were performed on patients in Medicare or Medicaid certified beds.

- Clarifications:** ♦ Any patient can refuse to have an SB-MDS assessment; however, to be eligible for Medicare benefits, patients must authorize the release of necessary medical data. In the absence of the SB-MDS, the patient may not be eligible for Medicare SNF benefits and the swing bed will bill for services at the default rate. The default rate is the lowest rate of reimbursement of the RUG-III classification groups. Staff should document the resident's refusal. Swing bed hospitals that can show that the failure to complete an SB-MDS was due to resident refusal will not be subject to a deficiency citation during survey.
- ♦ If the patient enrolls in the Medicare Hospice program and Medicare hospice benefits have been established, the patient's care is no longer paid through the Part A SNF-level PPS and the SB-MDS assessments are no longer completed. However, the hospice organization could require the completion of the assessments.

Swing bed providers using the SB-MDS will follow the same schedule used by skilled nursing facilities for the SNF PPS. The admission day is day one of the stay. The assessment schedule includes a 5-day, 14-day, 30-day, 60-day and 90-day assessment. Other off-cycle assessments are completed to report a clinical change or that all therapies are discontinued. A Readmission/Return assessment is also required after an inpatient acute hospital stay.

The SB-MDS must be completed within 14 days of the assessment reference date. The Assessment Reference Date (ARD) establishes a common reference end-point for all items. Chapter 2, **Item 10a**, provides more detail about the ARD.

Swing bed staff should make every effort to complete assessments in a timely manner. Each of the SB-MDS scheduled assessments has defined days when the assessment reference date can be set. For example the Medicare 5-day assessment, days one through five have been defined as the optimal days for setting the assessment reference date. However, there may be situations when an assessment might be delayed and CMS has allowed for these situations by defining a number of grace days for each PPS assessment. Grace days for the Medicare 5-day assessment reference date can be extended one to three grace days.

Grace days can be added to the assessment reference date in situations such as an absence/illness of the RN assessor, reassignment of the assessor to other duties for a short period of time, or an unusually large number of assessments due at approximately the same time. Grace days may also be used to more fully capture therapy minutes or other treatments.

An SB-MDS assessment is considered complete on the day that the registered nurse (RN) coordinating the assessment signs and dates the assessment. Each SB-MDS record must be encoded and edited at the swing bed hospital. The SB-MDS records must then be submitted electronically to a national database. It will be considered timely if transmitted and accepted into the database within 14 days of completion. The SB-MDS assessment will be used to classify patients into the RUG-III groups for purposes of Medicare reimbursement.

1.5 Types of SB-MDS Assessments and Timing of Assessments

5-Day - The first Medicare PPS assessment completed upon admission to the swing bed hospital for Part A SNF-level services; i.e. swing bed services. The 5-day Medicare PPS assessment must have an ARD (**Item 10a**) established between days 1-5 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 8 if using the designated “Grace Days.” The 5-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 14-day calculation is based on calendar days and includes weekends. The 5-day assessment authorizes payment from days 1 through 14 of the stay, as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

14-Day - Medicare PPS assessment that must have an ARD (**Item 10a**) established between days 11-14 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 19 if using the designated “Grace Days.” The 14-day assessment must be completed (**Item 45b**) within 14 days of the ARD. The 14-day assessment authorizes payment from days 15 through 30 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

30-Day - Medicare PPS assessment that must have an ARD (**Item 10a**) established between days 21-29 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 34 if using the designated “Grace Days.” The 30-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 30-day assessment authorizes payment from days 31 through 60 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

60-Day - Medicare PPS assessment that must have an established ARD (**Item 10a**) between days 50-59 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 64 if using the designated “Grace Days.” The 60-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 60-day assessment authorizes payment from days 61 through 90 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

90-Day - Medicare PPS assessment that must have an ARD (**Item 10a**) established between days 80-89 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 94 if using the designated “Grace Days.” The 90-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 90-day assessment authorizes payment from days 91 through 100 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

Readmission/Return - Medicare PPS assessment that is completed when a patient whose stay was being reimbursed by SNF PPS was hospitalized for more than 24 hours, or was discharged and later readmitted to the swing bed from the hospital. The Readmission/Return assessment, like the 5-day assessment, must have an ARD (**Item 10a**) established between days 1-8 of the return. The Readmission/Return assessment must be completed (**Item 45b**) within 14 days of the ARD. The Readmission/Return assessment restarts the Medicare PPS schedule and the next required assessment would be the Medicare 14-day assessment. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

Other Medicare Required Assessment (OMRA) - The OMRA must be completed only if the patient was in a RUG-III Rehabilitation classification and will continue to need Part A SNF-level services after the discontinuation of therapy. The OMRA ARD (**Item 10a**) must be set on day eight, nine, or ten after the last day that all rehabilitation therapies have been discontinued.

The OMRA must be completed (**Item 45b**) within 14 days of the ARD. The OMRA will establish a new non-therapy payment rate. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

Clinical Change Assessment - Staff is responsible for determining whether a change (either an improvement or decline) in the patient's condition constitutes a "clinical change" in the patient's status. When a clinical change has occurred, the clinical change assessment is completed within 14 days of the determination that a clinical change has occurred. The SB-MDS records must be submitted electronically into the national database within 14 days of completion (**Item 45b**).

A "clinical change" is a decline or improvement in a patient's status that:

- will not normally resolve itself without intervention by staff or by implementing standard disease-related clinical interventions,
- impacts more than one area of the patient's health status, and
- requires interdisciplinary review and/or revision of the care plan.

Document the initial identification of a clinical change in the progress notes. The following guidelines indicate conditions under which a clinical change reassessment is required. This list is not exhaustive, and other situations may also meet the clinical change definition.

Guidelines for Determining a Clinical Change in Patient Status

Decline

- Any decline in activities of daily living physical functioning in which a patient is newly coded as 3, 4 or 8 (i.e., extensive assistance, total dependency, activity did not occur);
- Patient's decision-making changes from 0 or 1 to 2 or 3;
- Emergence of an unplanned weight loss problem (5 percent change in 30 days or 10 percent change in 180 days);
- Emergence of a condition or disease in which a facility judges a patient to be unstable;
- Emergence of a pressure ulcer at Stage II or higher, when no ulcers were previously present at Stage II or higher; or
- Overall deterioration of patient's condition; patient receives more support (for example, in activities of daily living or decision-making).

Improvement

- Any improvement in activities of daily living physical functioning where a patient is newly coded as 0, 1 or 2, when previously scored as a 3, 4 or 8;
- Patient's decision-making changes from 2 or 3 to 0 or 1;
- Overall improvement of patient's condition; patient receives fewer supports.

A clinical change may occur at any point during the patient's stay. The Clinical Change assessment will most likely establish a new RUG-III classification and a new payment rate.

1.6 Factors Impacting the Assessment Schedule

The following information further clarifies the SB-MDS assessment schedule.

Resident Expires or Transfers

If a patient expires or transfers to another facility before day eight of the stay, the swing bed hospital is required to prepare an SB-MDS assessment as completely as possible so the RUG-III classification is obtained and the provider can bill for the appropriate days. If the SB-MDS assessment is not completed then the swing bed provider will have to bill at the default rate.

Physician Hold Occurs

If a physician hold occurs or 30 days has elapsed since a level of care change, the swing bed provider will start the Medicare assessment schedule on the first day that Part A SNF-level services started. An example of a physician hold could occur when a patient is admitted to the swing bed for rehabilitation services but is not ready for weight bearing exercises. The physician will write an order to start therapy when the patient is able to do weight bearing. Once the patient is able to start the therapy then the Medicare 5-day assessment will be completed. Day “1” of the stay will be the first day that the patient is able to start therapy services.

Combining Assessments

Off-cycle SB-MDS assessments, e.g., Clinical Change Assessment or the Other Medicare Required Assessment, may be completed during the regularly scheduled PPS assessments. If the assessment reference date of either assessment (e.g. CCA and OMRA) coincides with the assessment, a single assessment may be coded as both a regularly scheduled assessment (e.g., 5-Day, 14-Day, 30-Day, 60-Day, or 90-Day) and a CCA, OMRA, or both.

The SB-MDS will be coded to indicate that a regularly scheduled assessment is being completed and could also be a CCA, OMRA, or both. The new coding for Reason for Assessment for the SB-MDS form allows for these combinations.

Early Assessment

An assessment should be completed according to the designated PPS assessment schedule. If an assessment is performed earlier than the schedule indicates, the provider will be paid at the default rate for the number of days the assessment was out of compliance.

Late or Missed Assessment Criteria

An assessment should be completed as soon as it is discovered that it was late or missed. Return to the regular Medicare schedule once the late assessment is completed. If a late/missed assessment is completed within the allowable grace period, no financial penalty is assessed. However, patterns of late assessment practice may result in medical review of claims submitted. If the assessment is completed after the mandated grace period, payment will be made at the default rate for covered services, from the first day of the assessment period to the ARD of the late assessment.

Non-Compliance with the Assessment Schedule

According to the Code of Federal Regulation (CFR) section 413.343, assessments that fail to comply with the assessment schedule will be paid at the default rate. Frequent early or late assessment scheduling practices may result in onsite review.

1.7 Participants in the Assessment Process

Facilities have flexibility in determining who should participate in the assessment process, as long as it is accurately conducted. A facility may assign responsibility for completing the SB-MDS to a number of qualified staff members. In most cases, participants in the assessment process are licensed health professionals. It is the facility's responsibility to ensure that all participants in the assessment process have the requisite knowledge to complete an accurate assessment. The SB-MDS must be conducted or coordinated by an RN who signs and certifies the completion of the assessment.

The attending physician is also an important participant in the SB-MDS process. The facility needs the physician's evaluation and orders for the patient's immediate care, as well as for a variety of treatments and laboratory tests. Furthermore, the attending physician may provide valuable input on items in the SB-MDS.

1.8 Sources of Information for Completion of the SB-MDS Assessments

The process for performing an accurate assessment requires that information about patients be gathered from multiple sources. It is the role of the individual completing the assessment to validate the information obtained from the patient, patient's family, or other health care team members through observation, interviewing, reviewing lab results, and so forth to ensure accuracy. Similarly, information in the patient's record is verified by interacting with the patient and direct care staff.

The following sources of information must be used in completing the SB-MDS. Although not required, the review sequence for the assessment process generally follows the order below:

- **Review of the patient's record.** Depending on whether the assessment is a 5-day or other scheduled assessment, the review could include: preadmission, admission or transfer notes, current plan of care, recent physician notes or orders, documentation of services currently provided, results of recent diagnostic or other test procedures, monthly nursing summary notes, medical consultations, and a record of medications since admission.
- **Communication with and observation of the patient.**
- **Communication with direct-care staff** (e.g., nursing assistants) from all shifts.
- **Communication with licensed professionals** (from all disciplines) who have recently observed, evaluated, or treated the patient. Communication can be based on discussion or licensed staff can be asked to document their impressions of the patient.
- **Communication with the patient's physician.**

- **Communication with the patient's family.** For some patients, family members may be unavailable or the patient may request that you not contact them. Where the family is not involved, someone else may be very close to the patient, and the patient may wish that this person be contacted.

Review Of The Patient's Record

The patient's record provides a starting point in the assessment process for reviewing information about the patient in written staff notes across all shifts over multiple days. Beginning with the patient record does not indicate that it is the most critical source of information, but rather a convenient source.

At admission, the record review includes an examination of notes written since admission to the swing bed for Part A SNF-level services, documentation that came with the patient at admission, facility intake forms, acute care hospital information, or acute care hospital discharge information if admitted from another hospital, and any preadmission test results.

Subsequent reassessments should focus on recorded information from earlier MDS assessments and written information from the previous assessment time frames.

The following are important considerations when reviewing the patient's record:

- **Review the information documented in the record, making sure that assumptions based on the record are compatible with SB-MDS definitions.**
- **Make sure that the information taken from the record covers the same observation period as that specified by the SB-MDS items.** The SB-MDS refers to specific time frames for each item; for example, ADL status is based on patient performance over a 7-day period. To ensure uniformity, the SB-MDS has an ARD (**Item 10a**) that establishes a common reference end-point for all items. **Consequently, it is necessary to pay careful attention to the notes regarding time frames for each section of the SB-MDS, and also to the Item-by-Item instructions in Chapter 2.**
- **Be aware of discrepancies and view the record information as preliminary only.** Clarify and verify all information during the assessment process. Be alert to information in the record that is not consistent with verbal information or physical assessment findings. Discuss discrepancies with other interdisciplinary team members (e.g., nurses, social workers, therapists). The extent to which the record can be relied upon for information will depend on the comprehensiveness of the record system. Note what information the record usually contains (e.g., current service notes, care plans, flow sheets, medication sheets), where different types of information are maintained in the clinical record, and more importantly, what information is missing.

- **Where information in the record is sufficiently detailed and conforms to SB-MDS descriptions and time periods, complete the SB-MDS items.** A few SB-MDS items can be completed in full from information found in the record. Accurate assessment of most items, however, requires information from other sources (e.g., the patient, the patient's family, and facility staff). **Where information is incomplete or contradictory, make a note of the issues in question.** This note can help plan contacts with the patient, facility staff and the patient's family. There is no requirement that such a note be maintained as part of the patient's permanent record; it is a work tool only.
- **As you observe, talk with, and discuss the patient with other staff members, verify the accuracy of what you learned from reviewing the record.**

Clarification: ♦ Assessors must capture the patient's actual status and performance, and what care was provided during the entire observation period. This includes gathering information from a variety of staff and/or gathering information across shifts, when indicated by the SB-MDS item coding instructions. Not every nuance will be documented in the clinical record.

Communication With and Observation Of the Patient

The patient is a primary source of information and may be the only source of information for many items. It is important to become familiar with the SB-MDS items to make communication and observation of the patient an ongoing everyday activity in the facility. For example, an RN can observe and interact with a patient when medications are given, during meals, or when the patient comes to ask a question. Interaction with the patient may be a crucial factor in confirming staff judgments of patient problems. **Weigh what the patient says and what is observed about the patient against other information obtained from the patient record and facility staff.**

To be most efficient, organize a framework for interviewing and observing the patient. Allow flexibility to accommodate the patient. Carefully listen to and observe the patient for guidance as to how to pursue the necessary information gathering. Try to interact with the patient, even if the patient may have difficulty responding. The degree and character of the difficulty in responding, as well as nonverbal responses (e.g., fearfulness) provide important information. Sensitive staff judgment is necessary in gathering information.

Communication With Direct Care Staff

Direct care staff (e.g., nursing assistants) have daily, intimate contact with patients and are often the most reliable source of information about the patient. Direct care staff talks with and listen to the patient. They observe and assist the patient's performance of ADLs and involvement in activities. They observe the patient's physical, cognitive and psychosocial status daily during all shifts, seven days a week. Key considerations when communicating with direct care staff are:

- **Be sure to speak with a person who has first-hand knowledge of the patient.** Plan for sufficient time to talk with direct care staff.
- **Start by asking about the patient's performance on ADLs and activities.** What can the patient do without assistance? What do staff members do for the patient? What might the patient be able to do that he or she is not doing now? Continue by asking about communication and memory skills, body control, and the presence of mood or other behavioral symptoms.
- **Talk with direct care staff across all shifts, if possible.** The information from other shifts may also be obtained in other ways (e.g., from change-of-shift reports if direct care staff comments are included).

Communication With Licensed Professionals, Patient's Physician and Family

Licensed practical nurses (LPNs), RNs, social workers, activities professionals, occupational therapists, physical therapists, speech therapists, pharmacists, dieticians and other professionals who have observed, evaluated, or treated the patient should be interviewed about their knowledge of patient capabilities, performance patterns and problems. Their special expertise will enhance the accuracy of the patient assessment.

The physician's role is central to the overall management and outcome of patient care. The SB-MDS assessment process should include a review of the physician's examination of the patient, plan of care, acute care hospital discharge plan, goals of the swing bed care, and medication and treatment orders. Also, review the MDS with the patient's attending physician to share and validate pertinent information.

The patient's family (or person closest to the patient) can be a valuable source of information about the patient's health history, history of strengths and problems in various functional areas, and customary routine prior to the first swing bed admission. Using this source obviously depends on the presence of family members, their willingness to participate, and the patient's preferences. In most instances, family will not be the sole source of information, but will supplement information from other sources. The SB-MDS assessment process provides an excellent opportunity for caregivers to develop trusting, working relationships with the patient and the patient's family.

1.9 CMS Clarification Regarding Documentation Requirements

In the SNF PPS system, the SB-MDS is viewed as a primary data source and duplicative documentation is not required. However, information contained in the clinical record must be consistent and cannot be in conflict with the SB-MDS. Additionally, there must be documentation that substantiates the patient's need for Part A SNF-level services and his/her response to those services.

Completion of the SB-MDS does not remove the swing bed's responsibility to document a more detailed assessment of particular issues of relevance for the patient. Swing bed hospitals are also required to document the patient's care and response to care during the course of the stay, and it is expected that this documentation would chronicle, support and be consistent with the findings of each SB-MDS assessment. Bear in mind that government requirements are not the only reason for clinical documentation. The SB-MDS system has simply codified some documentation requirements into a standard format. In addition, clinical documentation that contributes to identification and communication of patients' problems, needs and strengths, that monitors their condition on an ongoing basis, and that records treatment and response to treatment, is a matter of good clinical practice and is an expectation of trained and licensed health care professionals.

Some states may have regulations that require supporting documentation elsewhere in the record to substantiate the patient's status on particular SB-MDS items used to calculate payment under the Medicaid system. If your state requires the SB-MDS to be completed for the Medicaid program, they may have additional documentation requirements. Contact your State Agency's Resident Assessment Coordinator or your Medicaid program for State-specific requirements.

1.10 Reproduction of the SB-MDS in the Patient's Record and Maintenance of the Assessments

SB-MDS records are subject to the same record retention requirements as all other hospital clinical records. All SB-MDS assessments, and discharge and reentry tracking documents must be kept in the medical record for active patients. Active records must be kept in a centralized location and be accessible to all professional staff (including consultants) who need to review the information in order to provide care to the patient. In addition, all data from closed records, including the SB-MDS data, must be maintained to provide access when needed for survey, medical review or other program purposes. SB-MDS records may be stored electronically, but the facility must be able to readily locate and print hard copies if requested by clinical staff, state agency surveyors, or CMS contractors.

When a discharged patient is later readmitted, the swing bed hospital must open a new record. The swing bed hospital may transfer copies of previous SB-MDS assessments and other clinical information to the new record, but is not required to do so. Swing bed hospitals should develop their own specific medical record policies for readmissions.

Swing bed hospitals are required to produce a hard copy of each SB-MDS completed. However, if a swing bed hospital has an electronic clinical record (i.e., does not maintain any paper records), the swing bed hospital does not need to maintain a hard copy of the SB-MDS, if the system meets the following minimum criteria:

- The system must maintain SB-MDS assessment data according to CMS policy and must be able to print all assessments for that period upon request;

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- The swing bed hospital must have a back-up system to prevent data loss or damage;
- The information must always be readily available and accessible to staff and surveyors; and
- The system must comply with CMS requirements for safeguarding the confidentiality of clinical records.

Clarifications: ♦ The electronic record sent to CMS is the legal record. However, in some facilities, the records are manually completed. There is no requirement to maintain two copies of the form in the patient's record. Either a handwritten or a computer-generated form is equally acceptable. Whether the facility uses the hard copy or a computer-generated copy, it is required that the record be completed, signed and dated within the regulatory timeframes.

♦ If changes are made after completion, those changes must be made to the electronic record, and indicated on the form using standard medical records procedure. It may also be appropriate to update the patient's care plan, based on the revised SB-MDS assessment data. The SB-MDS in the patient's record must accurately reflect the patient's status, and agree with the record that is submitted to the CMS national database.

♦ Until such time as the agency adopts an electronic signature standard that is compatible with pending Health Insurance Standards and Accountability Act (HIPAA) requirements for electronic signature, all facilities are required to sign and retain hard copies of SB-MDS forms. We understand that the industry is eager to use electronic signatures, and we are just as eager to enable that capability. We plan to implement this as soon as the agency adopts an electronic signature standard, and the standard system is upgraded to enable compliance.

Chapter 2: Item-by-Item Guide to the Swing Bed Minimum Data Set Assessment

2.1 Mandated Assessments and Associated Documents

Swing bed hospitals must complete the SB-MDS assessment on all Medicare beneficiaries that are receiving Part A SNF-level services; i.e., swing bed services. The SB-MDS can also be completed on other swing bed patients when mandated by the State or if required by other payers, such as health maintenance organizations or other secondary payers. If the SB-MDS is completed for other payer sources, the data can be submitted to the national database, as long as the patients are in Medicare or Medicaid certified beds.

1. *MDS Assessment.* This form contains 45 items to classify swing bed patients into a Resource Utilization Group (RUG-III) that is used in the Medicare Prospective Payment System (PPS). The SB-MDS assessment schedule includes a 5-day, 14-day, 30-day, 60-day and 90-day assessment. Additional off-cycle assessments may be completed to report a clinical change or the discontinuation of therapy services, or to determine patient status upon readmission/return from an acute care hospital stay. Certain states or other payers may have additional assessment completion requirements.
2. *Tracking Documents: Discharge and Reentry.* Swing bed hospitals are required to complete Discharge and Reentry documents to “track” the discharges and reentries of the patients. Discharge and Reentry tracking documents do not have to be completed when the patient is on a temporary visit home, on another type of therapeutic or social leave. The tracking documents are not required when patients are in a hospital outpatient department for an observational stay of less than 24 hours when the patient is not admitted for hospital-level care as an inpatient.

When reporting a discharge, staff must determine if the patient is being discharged from the swing bed, with no expectation of return, or if the discharge is more temporary and it is anticipated that the patient will return for additional Part A SNF-level services. A discharge with return not anticipated can be a formal discharge to home, to another facility, or may indicate the patient has died.

If a patient is temporarily admitted for acute care in the swing bed hospital, to another hospital, or a hospital observation stay greater than 24 hours, but is expected to need additional Part A SNF-level care at the swing bed hospital, the SB-MDS should be coded as discharge with a return anticipated. If the practitioner knew that the patient was not going to return for Part A SNF-level services, then the SB-MDS should be coded as return not anticipated and the patient would be formally discharged.

The term “discharge” is also defined as the discontinuation of Part A SNF-level services. Discharge tracking information is required when Medicare Part A SNF-level benefits have been exhausted or when the patient no longer requires skilled services. The discharge tracking document should be coded to indicate return not anticipated. If the patient remains in the swing

bed hospital after the end of the Part A SNF-level stay, the facility is not required to perform additional SB-MDS assessments. The swing bed hospital may choose to continue the SB-MDS assessment process if needed for other payers or for its own assessment and care planning purposes.

Reentry tracking documents are completed whenever the patient reenters the swing bed hospital following a temporary admission to any hospital, a hospital observation stay greater than 24 hours or is returning to Part A SNF-level services following a discharge with return anticipated. A flow chart has been provided on page 2-5 to diagram the discharge and reentry process.

1) *Discharge Tracking*. If **Item 11a**, Primary Reasons for Assessment is coded (06) Discharge-Return Not Anticipated, or (07) Discharge-Return Anticipated, submit *Discharge Tracking* information that includes:

- **Item 1a-d** Name
- **Item 2** Gender
- **Item 3** Birth Date
- **Item 6** Zip Code
- **Item 7a** Social Security Number
- **Item 7b** Medicare or Railroad Insurance Number
- **Item 8** Medicaid Number
- **Item 9a** Medicaid Provider Number
- **Item 9b** Medicare Provider Number
- **Item 10b** Correction Number
- **Item 11a** Primary Reason for Assessment: Discharge Code 06 or 07
- **Item 11e** State-Required Assessment
- **Item 11f** Assessment Needed for Other Reasons
- **Item 13** Admission Date
- **Item 14a** Admitted From
- **Item 14b** Discharge Status Code
- **Item 15** Discharge Date

The following items are not submitted with the discharge information, but must be completed on a hard copy and kept in the record:

- **Item 45a** Name/Signature of RN Coordinating Assessment, and
- **Item 45b** Date RN Assessment Coordinator signed that the assessment was completed.

These items must be completed at the time of discharge from the swing bed hospital. The requirement for completing the discharge tracking document applies, regardless of the swing bed hospital's policy and procedure for discharge or opening and closing records, and regardless of how long the individual was a patient.

The discharge tracking document must be completed within 7 days of the date at SB-MDS **Item 15** Discharge Date. The discharge tracking document must be submitted to the national database within 14 days of the completion date, **Item 45b**.

If the patient was discharged for any reason within 5 days of admission, every attempt should be made to complete the SB-MDS 5-day assessment since it is used to determine the RUG classification used for SNF PPS payment. If the SB-MDS is not completed, the swing bed stay would have to be billed at a default rate equal to the lowest SNF PPS reimbursement rate.

Clarification: ♦ Midnight Rule: When a beneficiary receives emergency room (ER) care during the swing bed stay and is in the ER at midnight, there are special rules for Medicare payment. The day preceding the midnight on which the beneficiary was absent becomes a non-covered day that cannot be billed to Medicare Part A.

We would not generally expect swing bed patients to require emergency room care within the swing bed hospital. In rare instances, a patient may need to be transferred to another hospital for emergency care.

However, for clinical purposes, as long as the beneficiary returns to the swing bed in less than 24 hours, was not admitted as a hospital inpatient, and was not discharged from the swing bed, this time in the ER is considered a “leave of absence” and requires no discharge document.

Likewise, from the perspective of Medicare payment under PPS, there is no requirement for any additional assessment. The day preceding the midnight is NOT a covered Part A day and, therefore, the Medicare assessment “clock” is adjusted by skipping that day in calculating when the next Medicare assessment is due.

2) *Reentry Tracking document.* A subset of the SB-MDS assessment that is completed whenever the patient reenters the swing bed following a temporary admission to any hospital for acute care services. The reentry tracking document is completed, even if the patient’s clinical record was not formally closed and regardless of whether the patient was formally discharged from the swing bed hospital. If **Item 11a** Primary Reasons for Assessment is coded (09) Reentry, submit reentry tracking information that includes:

- **Item 1a-d** Name
- **Item 2** Gender
- **Item 3** Birth Date
- **Item 6** Zip Code
- **Item 7a** Social Security Number
- **Item 7b** Medicare or Railroad Insurance Number
- **Item 8** Medicaid Number
- **Item 9a** Medicaid Provider Number
- **Item 9b** Medicare Provider Number

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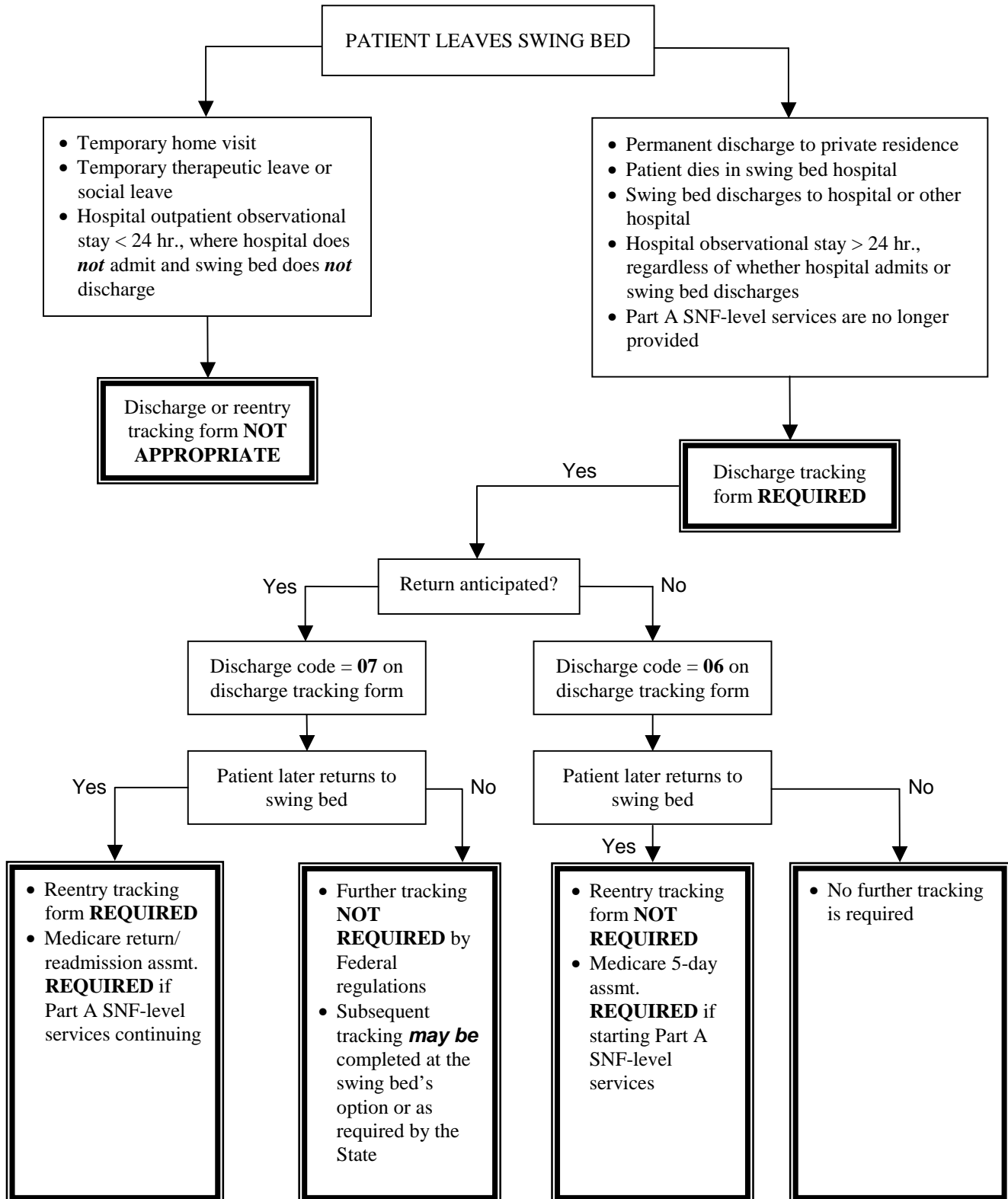
- **Item 10b** Correction Number
- **Item 11a** Primary Reason for Assessment: Reentry Code 09
- **Item 11e** State-Required Assessment
- **Item 11f** Assessment Needed for Other Reasons
- **Item 13** Admission Date
- **Item 14a** Admitted From
- **Item 14c** Reentered From
- **Item 16** Reentry Date

The following items are not submitted with the discharge information, but must be completed on a hard copy and kept in the record:

- **Item 45a** Name/Signature of RN Coordinating Assessment, and
- **Item 45b** Date RN Assessment Coordinator signed that the assessment was completed.

The reentry tracking document must be completed within 7 days of the date at SB-MDS **Item 16** Reentry Date. The reentry tracking document must be submitted to the national database within 14 days of the completion date, **Item 45b**.

SB-MDS DISCHARGE AND REENTRY FLOWCHART



2.2 Overview and Standard Format of the Item-by-Item Guide

The SB-MDS is a subset of the MDS 2.0 used by skilled nursing facilities. All clinical items are coded in exactly the same way by swing bed and skilled nursing facility staff. The MDS 2.0 item numbers are printed on the SB-MDS form to allow you to cross-reference to the complete MDS User's Manual.

Information contained in this chapter should facilitate completion of the SB-MDS assessment through item-by-item instructions that focus on:

- The intent of items included on the SB-MDS assessment.
- Supplemental definitions and instructions for completing SB-MDS items.
- SB-MDS items that require observation of the patient for other than the standard 7-day observation period.
- Sources of information to be consulted in completing specific SB-MDS items.
- CMS clarifications

Nursing facilities have been completing the MDS since 1990. Over time, CMS has provided a series of clarifications to MDS items and the completion process. Throughout the manual, relevant clarifications have been provided to assist you in completing accurate assessments with the most current CMS directives.

To ensure consistent interpretation, the item-by-item instructions are organized in the following standard format. Descriptions of each SB-MDS item in this chapter will include some or all of these information categories:

Intent: Reasons(s) for including the item (or set of items) in the SB-MDS and discussions about how the information will be used by clinical staff to document the services and treatments provided to the patient.

Definition: Explanation of key terms.

Process: Methods for determining the correct response for an item and sources of information, including:

- Discussion with facility staff, both licensed and non-licensed
- Patient interview and observation
- Clinical records, facility records, transmittal records (at admission), physician orders, laboratory data, medication records, treatment sheets, flow sheets (e.g., vital signs, weights, intake and output), care plans, and other documents in the facility record system
- Discussion with the patient's family
- Discussion with attending physician

Coding: Explanations of individual response categories and the proper method of recording each response.

Clarifications: ♦ Clarifications for SB-MDS items provided by CMS.

2.3 How to Use This Chapter

Use this chapter alongside the SB-MDS assessment, keeping the form in front of you at all times. The SB-MDS information in this chapter should facilitate successful completion of the SB-MDS assessment. The items from the SB-MDS assessment are presented in the same order as on the form.

Being Familiar with the SB-MDS

(A) Review the SB-MDS assessment.

- Notice how items are organized and where information is to be recorded.
- Work through each item.
- Examine item definitions and response categories.
- Review procedural instructions, time frames, and general coding conventions.

(B) Complete an SB-MDS assessment for a patient in your facility using only your knowledge of this individual. Enter the appropriate codes on the SB-MDS assessment. Note items that would benefit from additional information and where you might secure the information.

(C) Complete an initial pass through this chapter after reviewing the SB-MDS assessment and completing all items for a patient who is well known to you.

- Read the instructions that apply to a single item of the SB-MDS assessment. Make sure you understand this information before going on to another item. It will take time to go through all this material. Do it slowly, working through the manual one item at a time.
- Review the test case you completed. Clarify questions you had as you completed the SB-MDS assessment for the first time.

(continued on next page)

Becoming Familiar with the SB-MDS (continued)

- *Are you surprised by any SB-MDS definitions, instructions, or case examples? Do you understand how to code ADLs? Or Mood?*
- *Do any definitions or instructions differ from what you thought you learned when you reviewed the SB-MDS assessment?*
- *Would you now complete your test case differently?*
- *Are there definitions or instructions that differ from current practice patterns in your facility?*
- Make notations of any questions next to any section(s) of this manual. Be prepared to discuss these issues during any formal training program you attend, or contact your state SB-MDS resource person (see Appendix A).

(D) Make a second pass through this chapter, focusing on difficult issues or ones that were problematic in the first pass.

- Make notes of any issues on the SB-MDS assessment.
- Further familiarize yourself with definitions and procedures that differ from current practice patterns or seem to raise questions.
- Reread each of the case examples presented throughout this chapter.

(E) A third pass through this chapter may occur during formal SB-MDS training and will provide you with another opportunity to review the material in this chapter. If you have questions, raise them during the training session.

(F) Future use of information in this chapter:

- Keep this manual at hand during the assessment process.
- Where necessary, review the intent of each item in question.
- Use it to increase the accuracy of your assessments.

SB-MDS CODING CONVENTIONS

Use the following coding conventions to enter information on the SB-MDS form:

- Darkly shaded areas remain blank; they are on the form to set off boxes visually.
- **The convention of entering “0”:** In assigning values for items that have an ordered set of responses (e.g., from independent to dependent), zero (“0”) is used universally to indicate the lack of a problem or that the patient is self-sufficient. For example, a patient whose ADL codes are almost all coded “0” is a self-sufficient patient; the patient whose ADLs have no “0” codes indicates a patient that receives help from others.
- **When completing hard copy forms to be used for data entry, capital letters may be easiest to read.** Print legibly.
- **Dates** - Where recording month, day, and year, enter two digits for the month and the day, but four digits for the year. For example, the third day of January in the year 1996 is recorded as:

0	1	0	3	1	9	9	6
Month		Day		Year			

- **The standard no-information code is a dash.** This code indicates that all available sources of information have been exhausted; that is the information is **not available**, and despite exhaustive probing, it remains unavailable.
- **“Skip” Patterns - There are a few instances where scoring on one item will govern how scoring is completed for one or more additional items.** The instructions direct the assessor to “skip” over the next item (or several items) and go on to another (e.g., **Item 17**, Comatose, directs the assessor to “skip” to **Item 23** if **Item 17** is answered “1” - “yes”. **The intervening items would not be scored.** If **Item 17** was recorded as “0” - “no”, then the assessor would continue with **Item 18**.)

A useful technique for visually checking the proper use of the “skip” pattern instructions is to circle the “skip” instructions before going to the next appropriate item.

2.4 Item-by-Item Instructions for the SB-MDS Assessment

This section of item-by-item instructions follows the sequence of items on the CMS's SB-MDS assessment.

1. Resident Name

Definition: Legal name in medical record.

Coding: Use printed letters. Enter in the following order - a.) first name, b.) middle initial, c.) last name, d.) Jr./Sr. If the patient has no middle initial, leave **Item (b)** blank.

2. Gender

Coding: Enter "1" for Male or "2" for Female.

3. Birthdate

Coding: Fill in the boxes with the appropriate birthdate. Do not leave any boxes blank. If the month or day contains only a single digit, fill the first box with a "0". Use four digits for the year. For example: January 2, 1918, should be entered as:

0	1	0	2	1	9	1	8
Month		Day		Year			

4. Marital Status

Coding: Choose the answer that describes the current marital status of the patient.

5. Race/Ethnicity

Process: Enter the race or ethnic category the patient uses to identify himself/herself. Consult the patient, as necessary. For example, if parents are of two different races, consult with patient to determine how he or she wishes to be classified. Patients should be offered the option of selecting one or more racial designations.

- Definition:**
- a. **American Indian or Alaska Native** - A person having origins in any of the original peoples of North and South America (including Central America), and who maintains tribal affiliation or community attachment.
 - b. **Asian** - A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.
 - c. **Black or African American** - A person having origins in any of the black racial groups of Africa. Terms such as “Haitian” or “Negro” can be used in addition to “Black or African American.”
 - d. **Hispanic or Latino** - A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race. The term, “Spanish origin” can be used in addition to “Hispanic or Latino.”
 - e. **Native Hawaiian or Other Pacific Islander** - A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.
 - f. **White** - A person having origins in any of the original peoples of Europe, the Middle East, or North Africa.

Coding: Check all that apply.

6. Zip Code

Definition: **Pre-Hospital Residence.** The community address where the patient last resided prior to swing bed admission. A primary residence includes a primary home, apartment, nursing home, board and care home, assisted living, or group home. If the patient was admitted to your facility from another nursing home or institutional setting, the prior primary residence is the address of the patient’s home before entering the other nursing home or institutional setting.

Process: Check with your admissions office. Review patient’s admission records and transmittal records as necessary. Ask patient and family members as appropriate.

Examples

- Mr. T was admitted to the swing bed hospital from an acute hospital stay. Prior to the hospital admission, he lived with his wife in a mobile home in Jensen Beach, Florida. **Enter the zip code for Jensen Beach.**
- Mrs. F was admitted to the swing bed hospital after spending 3 years living with her daughter's family in Newton, MA. Prior to moving in with her daughter, Mrs. F lived in Boston, MA for 50 years with her husband until he died. **Enter the Newton, MA zip code. Rationale:** Her daughter's home was Mrs. F's primary residence prior to swing bed hospital admission.
- Ms. J was admitted to the Missouri Valley swing bed hospital following an acute stay in the hospital. Before coming to the hospital, she had been a resident at the Green Acres Nursing Facility in Chicago, Illinois for less than 6 months. Prior to the nursing facility, she had lived in her own home in Aurora, Illinois. **Enter the Aurora, Illinois zip code. Rationale:** Her home in Aurora, Illinois was her prior primary residence before entering the nursing home.

7. Social Security Number and Medicare Numbers

Intent: To record patient identifier numbers.

Process: Review the patient's record. If these numbers are missing, consult with your swing bed hospital's admission office.

Coding: Enter one number per box starting with the left most box. Recheck the number to be sure you have entered the digits correctly.

Social Security Number - If no Social Security number is available for the patient (e.g., if the patient is a recent immigrant or a child), leave it blank or enter the standard "no information" code (-).

Medicare Number (or comparable railroad insurance number) - Enter a Medicare number or railroad number exactly as it appears on the beneficiary documents. A Medicare number always starts with a number, and a railroad number always starts with a letter. If the first character is numeric (Medicare), then the first 9 characters must be digits (0-9). If the first character is a letter (railroad), then there must be 1-3 alphabetic characters followed by 6 or 9 numbers (from 0 to 9) followed by spaces. All letters must be upper case.

8. Medicaid Number (if applicable)

Coding: Record this number if the patient is a Medicaid recipient. Enter one number per box beginning in the left most box. Recheck the number to make sure you have entered the digits correctly. *Enter a “+” in the left most box if the number is pending. If you get notified later that the patient does have a Medicaid number, just include it on the next assessment. It is not necessary to process an SB-MDS correction to add the Medicaid number on a prior assessment. If not applicable because the patient is not a Medicaid recipient, enter “N” in the left most box.*

Clarification: ♦ The Medicaid number is a unique identifier assigned by the State Medicaid office. Questions regarding the Medicaid number can be referred to the State Medicaid office.

9. Facility Provider Numbers

Intent: To record the facility identifier numbers.

Definition: The identification numbers assigned to the swing bed hospital by the Medicare and Medicaid programs. Some facilities will have only a federal (Medicare) identification number; others will have federal (Medicare) and state (Medicaid) identification numbers.

Process: You can obtain the swing bed hospital’s Medicare and Medicaid numbers from the swing bed hospital admission office. Once you have these numbers, they apply to all patients of that swing bed hospital.

Coding: The federal Medicare number must be recorded in this item. The Medicare number is composed of 6 digits. The first two digits are the state identifier followed by an alpha character that is either a U, V, or W and the last three digits are the same numbers as the hospital Medicare provider number. Enter one number per box. Start with the left most box. Recheck the number to be sure you have entered the digits correctly.

10. Assessment Reference Date

a. Last Day of SB-MDS Observation Period

Intent: To establish a common reference point for all staff participating in the patient’s assessment. As staff members may work on a patient’s SB-MDS assessment on different days, establishing the assessment reference date ensures a common assessment period. In other words, the ARD starts the clock so that all assessment items refer to the patient’s objective performance and health status during the same period of time.

Definition: This date refers to a specific end-point for a common observation period in the SB-MDS assessment process. Almost all SB-MDS items refer to the patient's status over a designated time period referring back in time from the Assessment Reference Date (ARD). Most frequently, the observation period is a 7-day period ending on this date. Some observation periods cover the 14 days ending on this date, and some cover 30 days ending on this date.

Clarifications: ♦ The ARD is the common date on which all observation periods end. The observation period is also referred to as the look-back period. It is the time period during which data is captured for inclusion in the SB-MDS assessment. The ARD is the last day of the observation period and controls what care and services are captured on the SB-MDS assessment. Anything that happens after the ARD will not be captured on that SB-MDS. For example, for an SB-MDS item with a 7-day period of observation, assessment information is collected for 7 days prior to and including the date in **Item 10a**; for a 14-day assessment item, the observation period is the 14 days prior to and including the date at **Item 10a**.

- ♦ All assessments must be completed within 14 days of the ARD (**Item 10a**). For example, if **Item 10a** was set for December 8th, the latest completion date for this assessment would be December 22nd (i.e., December 8 plus 14 days = December 22). Another way of looking at this is if the ARD is counted as Day 1, then the completion date can be as late as Day 15.

There has been some confusion about the definition of completion date, since this term is used differently when applied to Medicare Part A billing and payment. When preparing a Part A bill, the RUG-III payment rate may be adjusted on the ARD of a non-scheduled assessment; i.e., Clinical Change or OMRA. In these situations, the ARD of the non-scheduled assessment is referred to as the completion date, and is used to indicate a change in the RUG-III group used for payment.

- ♦ The ARD and the completion date are independent of each other. Staff actually complete the SB-MDS in the period of time between the ARD and the Completion Date, **Item 45b**. It is allowable for the ARD to be the same as the SB-MDS Completion Date in **Item 45b**. It may be more practical, although not a federal requirement, to leave some time between the ARD date and the completion date.
- ♦ It would make no sense for **Item 45b** (Completion Date) to precede the date at **Item 10a** (ARD) as this would indicate that the SB-MDS assessment was completed before all observations were to have been completed. Remember that the completion date is the date on which the RN Coordinator certifies that the SB-MDS assessment was completed, which is a statutory responsibility.

- ◆ When the patient is discharged prior to the end of the observation period, the ARD must be adjusted to equal the discharge date. This will shorten the observation period. There are two options that you can use to complete the assessment.

Option 1 - Retain the truncated observation period and complete the SB-MDS using less than a full observation period. In this case, if the Assessment Reference Date had been set at Day 5, and the patient was discharged after 4 days of the observation period, the SB-MDS would be completed using the data collected for the 4-day period in the swing bed hospital and the 2-day period prior to admission.

Option 2 - Extend the observation period prior to the date of admission, and collect additional data to complete the assessment. Generally, this expanded observation period would require additional data from the prior hospital stay. In this example, if the patient was discharged after 4 days, the SB-MDS would be completed using the data collected for the 4-day period in the swing bed hospital and the 3-day period prior to admission.

Swing bed providers must select one of these options and apply it consistently in all cases where the patient is discharged prior to the end of the observation period. It is not appropriate to change options on a case-by-case basis in order to increase reimbursement.

- ◆ The observation period may not be extended simply because a patient was out of the facility during a portion of the observation period; e.g., a home visit or therapeutic leave. If the Assessment Reference Date is set at Day 14, and there is a 2-day temporary leave during the observation period, the two leave days are still considered part of the observation period. When collecting assessment information, you will not have data for two of the days in the observation period.

Coding: Fill in the boxes with the appropriate date. Do not leave any boxes blank. If the month or day contains only a single digit, fill the first box with a “0”. Use four digits for the year. For example, August 2, 2001 should be entered as:

0	8
---	---

Month

0	2
---	---

Day

2	0	0	1
---	---	---	---

Year

Example

Mrs. M was admitted to your facility on 8/20/01. The first assessment that will be completed is the Medicare 5-day assessment. Staff decided to conduct their observations, tests, interviews with patient, interviews with family and other staff, and chart reviews during the first 5 days of the patient's stay. The ARD is set for 8/24/01 and recorded in **Item 10a** as:

0	8	2	4	2	0	0	1
Month		Day		Year			

Staff record pertinent findings in the patient's record and, where appropriate, on the SB-MDS assessment. The MDS assessment was completed 8 days following the ARD.

Mr. S was admitted to your facility on 10/01/02. The ARD for the 14-day Medicare PPS assessment was set on day 11 of the stay (10/11/02). The ARD recorded in **Item 10a** is 10/11/02.

1	0	1	1	2	0	0	2
Month		Day		Year			

The SB-MDS was completed 6 days following the ARD.

10.b. Original (00) or Correction (enter number of correction)

Intent: To be used in the correction process. Assessments can be corrected once they have been submitted to the national database. Errors can be corrected following the correction process detailed in Chapter 3.

Definition: **Original Record** - The initial assessment submitted to the national database.

Correction Record - This is a new version of an existing assessment that has already been accepted into the national database. The correction record must have the same "key fields" as the existing active record. Key fields are defined in Chapter 3, Section 3.6.

Coding: **Original Record** - Code "00" in the correction counter.

Correction Record - Code a value exactly one greater than the existing record. If this is the first correction following the submission of the original record, it would be coded "01". There is no penalty for submitting too many corrections. However, providers exhibiting a pattern for multiple corrections may be subject

to stringent SB-MDS review during survey. If the surveyor identifies an error pattern impacting Medicare reimbursement, we would expect the survey agency to alert the FI of the problem.

11. Reasons for Assessment

a. Primary Reasons for Assessment

Intent: To document the reason for completing the assessment using the various categories of assessment types mandated by Federal regulation.

Definition: **00. PPS Assessment for Medicare Payment** - An SB-MDS assessment completed for any PPS requirement: 5-day, 14-day, 30-day, 60-day, 90-day, Readmission/Return, OMRA, or Clinical Change assessment.

06. Discharged Return Not Anticipated - A code used to report a discharge from the swing bed when a patient is not expected to return. This is a means of closing the record of any patient from the facility without an anticipated return. Complete when Part A SNF-level services are no longer provided.

07. Discharged-Return Anticipated - A code used to report a temporary discharge, such as a temporary discharge to a hospital or other therapeutic setting.

09. Reentry - A code used when a patient, is readmitted to the swing bed from a temporary discharge (other than for a therapeutic leave) to a hospital or other therapeutic setting.

11. Assessment-Not for Medicare payment - A code used when the SB-MDS assessment is being completed for any reason other than a Medicare PPS assessment, such as **Item 11e** State-Required Assessment, or **Item 11f** Assessment Needed for Other Reasons.

Coding: A response is required in this subsection. Choose the one answer that applies. There may be situations when a swing bed patient is admitted as a hospital patient and stays in the same bed. If it is anticipated that he/she will return to the swing bed, a discharge-return anticipated is completed. When the patient is discharged from acute care and again requires the swing bed level of care, a reentry form would be completed.

b. PPS Scheduled Assessments

Intent: To document which SB-MDS assessment is being completed: 5-Day, 14-Day, 30-Day, 60-Day, 90-Day, Readmission/Return, 14-Day or Other.

- Definition:**
- 1. 5-Day** - The first Medicare PPS assessment completed upon admission to the swing bed hospital for Part A SNF-level services; i.e. swing bed services. The 5-day Medicare PPS assessment must have an ARD (**Item 10a**) established between days 1-5 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 8 if using the designated “Grace Days.” The 5-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 14-day calculation is based on calendar days and includes weekends. The 5-day assessment authorizes payment from days 1 through 14 of the stay, as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).
 - 2. 30-Day** - Medicare PPS assessment that must have an ARD (**Item 10a**) established between days 21-29 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 34 if using the designated “Grace Days.” The 30-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 30-day assessment authorizes payment from days 31 through 60 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).
 - 3. 60-Day** - Medicare PPS assessment that must have an established ARD (**Item 10a**) between days 50-59 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 64 if using the designated “Grace Days.” The 60-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 60-day assessment authorizes payment from days 61 through 90 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).
 - 4. 90-Day** - Medicare PPS assessment that must have an ARD (**Item 10a**) established between days 80-89 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 94 if using the designated “Grace Days.” The 90-day Medicare PPS assessment must be completed (**Item 45b**) within 14 days of the ARD. The 90-day assessment authorizes payment from days 91 through 100 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically

to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

5. **Readmission/Return** - Medicare PPS assessment that is completed when a patient whose stay was being reimbursed by SNF PPS was hospitalized for more than 24 hours, or was discharged and later readmitted to the swing bed from the hospital. The Readmission/Return assessment, like the 5-day assessment, must have an ARD (**Item 10a**) established between days 1-8 of the return. The Readmission/Return assessment must be completed (**Item 45b**) within 14 days of the ARD. The Readmission/Return assessment restarts the Medicare PPS schedule and the next required assessment would be the Medicare 14-day assessment. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).
7. **14-Day** - Medicare PPS assessment that must have an ARD (**Item 10a**) established between days 11-14 of the swing bed stay. The ARD (**Item 10a**) can be extended to day 19 if using the designated "Grace Days." The 14-day assessment must be completed (**Item 45b**) within 14 days of the ARD. The 14-day assessment authorizes payment from days 15 through 30 of the stay, or as long as the patient remains eligible for Part A SNF-level services. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).
9. **Other** - This code is used only when an Other Medicare Required Assessment (**OMRA-Item 11c**) or a Clinical Change assessment (**Item 11d**) is completed.

Coding: Choose the one answer that applies. If you are completing an OMRA on a Medicare patient, you will enter a "9" indicating other and also code "yes" to **Item 10c (OMRA assessment)**. If you are completing a Clinical Change assessment on a Medicare patient, you will enter a "9" indicating other, and also code a "yes" in **Item 10d (Clinical Change assessment)**. If you are completing a State Required Assessment (**Item 11e**) or an Assessment Needed for Other Reason (**Item 11f**), leave this item blank.

c. OMRA Assessment

Definition: **Other Medicare Required Assessment (OMRA)** - The OMRA must be completed only if the patient was in a RUG-III Rehabilitation classification and will continue to need Part A SNF-level services after the discontinuation of therapy. The OMRA ARD (**Item 10a**) must be set on day eight, nine, or ten after the last day that all rehabilitation therapies have been discontinued.

The OMRA must be completed (**Item 45b**) within 14 days of the ARD. The OMRA will establish a new non-therapy payment rate. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion (**Item 45b**).

Coding: A response is required in this subsection. Code “yes” if the assessment is an OMRA.

Clarification: ♦ Adding therapy services to the treatments furnished to a patient in a Part A SNF-level stay does not automatically require a new assessment. However, if the therapy was added because the beneficiary experienced a clinical change, a CCA must be completed.

d. Clinical Change Assessment

Definition: A decline or improvement in a patient’s status that: will not normally resolve itself without intervention by staff or by implementing standard disease-related clinical interventions, impacts on more than one area of the patient’s health status or requires interdisciplinary review or revision of the plan of care. (See Chapter 1, page 4 for guidelines.)

Coding: A response is required in this subsection. Code “yes” if the assessment is a Clinical Change assessment.

e. State-Required Assessment

Definition: A code used to identify an SB-MDS assessment required by your state Medicaid swing bed program.

Coding: A response is required in this subsection. Code “yes” if your State requires the SB-MDS assessment for the Medicaid program.

f. Assessment Needed for Other Reasons

Definition: A code used to identify an SB-MDS completed for other payers, such as a Health Maintenance Organization (HMO) or other Medicare Secondary Payer (MSP).

Coding: A response is required in this subsection. Code “yes” if you are required to complete the SB-MDS assessment by an HMO or MSP or because of a sanction situation.

12. Prior Acute Care Stay

Intent: To document the admission date of the qualifying 3-day hospital stay that occurred before admission to the swing bed for Part A SNF-level services.

Definition: Date the patient was admitted as an inpatient for hospital acute care services.

Coding: Fill in the boxes with the appropriate date. Do not leave any boxes blank. If the month or day contains only a single digit, fill the first box with a “0”. Use four digits for the year. For example, February 7, 2001 should be entered as:

0	2	0	7	2	0	0	1
Month		Day		Year			

13. Admission Date

Intent: To document the date of the initial admission for swing bed services.

Definition: The initial date of admission for Part A SNF-level services. This date will not change on subsequent assessments until the patient is discharged with a return not anticipated. If the patient is discharged as a return not anticipated and is admitted again at a later date, the patient will be considered a new admission and a new admission date (**Item 13**) will be entered on the 5-day assessment.

Coding: Fill in the boxes with the appropriate date. Do not leave any boxes blank. If the month or day contains only a single digit, fill the first box with a “0”. Use four digits for the year. For example, February 7, 2001 should be entered as:

0	2	0	7	2	0	0	1
Month		Day		Year			

Examples

Mrs. Smith was admitted to the Missouri Valley Hospital as a swing bed patient on December 10, 2001. The admission date of 12/10/2001 was recorded in **Item 13** on the 5-day and 14-day assessments. On day 18 of her stay, she was discharged to her home. A discharge return not anticipated document was completed and submitted to the national database. On December 31st, Mrs. Smith was admitted to the hospital for a fractured hip and was transferred back to the swing bed for rehabilitation on January 6, 2002. The January 6, 2002 swing bed admission is a new stay and the admission date in **Item 13** will be 01/06/2002.

Mr. Jones was first admitted to Green Oaks for swing bed services on March 3, 2002 for a Medicare Part A covered stay. On the 5-day assessment, the admission date of 03/03/02 was recorded as the admission date in **Item 13**. On March 9, 2002 he became unstable and required acute care services at Green Oaks for 2 days. The RN assessment coordinator completed a discharge coded return anticipated on March 11, 2002. Mr. Smith returned to the swing bed on March 12, 2002. The nurse completed a reentry document on March 12, 2002. The next assessment that is due for Mr. Jones would be a Medicare return/readmission assessment because he will continue to be eligible for Medicare. The admission date in **Item 13** would be coded 03/03/02, because Mr. Jones was discharged as a return anticipated and you would reflect the initial admission date.

14. Admission/Discharge Status Code

Definition: **01. and 02. Private Home/Apt** - Any house, condominium or apartment in the community, whether owned by the patient or another person (could be a child, friend, sibling). Also included in this category are retirement communities and independent housing for the elderly.

01. With No Home Health Care - No health care services

02. With Home Health Care - Services including skilled nursing, therapy (e.g., physical, occupational, speech) nutritional, medical, psychiatric and home health aide services delivered in the home. Does not include the following services unless provided in conjunction with home health services: homemaker/personal care services, home delivered meals, telephone reassurance, transportation, respite services or adult day care.

03. Board and Care/Assisted Living/Group Home - A non-institutional community residential setting that includes services of the following types: home health services, homemaker/personal care services or meal services.

04. **Another Nursing Facility** - An institution (or a distinct part of an institution) that is primarily engaged in providing skilled nursing care and related services for patients who require medical or nursing care, rehabilitation services of injured, disabled or sick persons.
05. **Acute Unit at Own Hospital** - An institution that is engaged in providing, by or under the supervision of physicians for inpatients, diagnostic services, therapeutic services for medical diagnosis, and the treatment and care of injured, disabled or sick persons in the hospital where the swing bed services are currently being provided.
06. **Acute Unit at Another Hospital** - An institution where acute care was provided other than the hospital where the Part A SNF-level services are currently being provided.
07. **Psychiatric Hospital** - An institution that is engaged in providing, by or under the supervision of a physician, psychiatric services for the diagnosis and treatment of mentally ill patients.
08. **Rehabilitation Hospital** - An institution that is engaged in providing, under the supervision of physicians, rehabilitation services for the rehabilitation of injured, disabled or sick persons.
09. **MR/DD Facility** - An institution that is engaged in providing, under the supervision of a physician, any health and rehabilitative services for individuals who are mentally retarded or who have developmental disabilities.
10. **Hospice** - A program that provides palliative and supportive care for the terminally ill patients and their families.
11. **Deceased**
12. **Other** - Use this code to indicate patients who remain in the swing bed after the end of a Part A stay; i.e., benefits exhausted or no longer meet Medicare level of care. Since there is no Medicare Part B swing bed benefit, these patients must be transferred back to inpatient hospital Part B status, and are considered swing bed discharges.

a. Admitted From

Intent: To document the patient's living arrangements prior to admission and the presence or absence of home health services if the patient was in a private home or apartment.

Process: Review admission records. Consult the patient and the patient's family.

Coding: Choose only one answer.

b. Discharge Status

Intent: To document the type of living arrangement to which the patient is discharged, or to report the death of a patient.

Coding: Choose only one answer.

c. Reentered From

Intent: To document the patient’s living arrangements prior to reentry for swing bed services.

Process: Review admission records. Consult the patient and the patient’s family.

Coding: Choose only one answer. Complete only if previously discharged with return anticipated.

15. Discharge Date

Intent: To document the date that the patient was discharged from the swing bed.

Coding: Complete if **Item 11a** = 06 (Discharged-Return not Anticipated) or 07 (Discharge-Return Anticipated). Fill in the boxes with the appropriate date. Do not leave any boxes blank. If the month or day contains only a single digit, fill the first box with a “0”. Use four digits for the year. For example, February 7, 2001 should be entered as:

0	2	0	7	2	0	0	1
Month		Day		Year			

16. Reentry Date

Intent: To document the date the patient returns to the swing bed program from a discharge status-return anticipated.

Coding: Complete if **Item 11a** = 09 (Reentry). Fill in the boxes with the appropriate date. Do not leave any boxes blank. If the month or day contains only a single digit, fill the first box with a “0”. Use four digits for the year. For example, February 7, 2001 should be entered as:

0	2	0	7	2	0	0	1
Month		Day		Year			

CLINICAL DATA

17. Comatose

Intent: To record whether the patient's clinical record includes a documented neurological diagnosis of coma or persistent vegetative state.

Coding: Enter the appropriate number in the box.

If the patient has been diagnosed as comatose or in a persistent vegetative state, code "1" and *Skip to Item 23*.

If the patient is not comatose or is semi-comatose, code "0" and *proceed to the next item (Item 18)*.

Clarification: ♦ Comatose (coma) is a pathological state in which neither arousal (wakefulness, alertness) nor awareness (cognition of self and environment) is present. The comatose person is unresponsive and cannot be aroused; he/she does not open his/her eyes, does not speak and does not move his/her extremities on command or in response to noxious stimuli (e.g., pain).

Sometimes patients who were comatose for a period of time after an anoxic-ischemic injury (i.e., not enough oxygen to the brain), from a cardiac arrest, head trauma or massive stroke, regain wakefulness but have no evidence of any purposeful behavior or cognition. Their eyes are open and they seem to be awake. They may grunt, yawn, pick with their fingers and have random movements of their heads and extremities. A neurological exam shows that they have extensive damage to both cerebral hemispheres. This state is different from coma, and if it continues, is called a persistent vegetative state. Both coma and vegetative state have serious consequences in terms of long-term clinical outcomes and care needs.

Many other patients have severe impairments in cognition that are associated with late stages of progressive neurological disorders such as Alzheimer's disease. Although such patients may be non-communicative, totally dependent on others for care and nourishment, and sleep a great deal of time, they are usually not comatose or in a persistent vegetative state as described above.

To prevent any patient from being mislabeled as such, it is imperative that coding of comatose reflect physician documentation of a diagnosis of either coma or persistent vegetative state.

18. Short-term memory

Intent: To determine the patient's functional capacity to remember recent or short-term events.

Process: Ask the patient to describe a recent event that both of you had the opportunity to remember. Or, you could use a more structured short-term memory test. For patients with limited communication skills, ask staff and family about the patient's memory status.

Examples

Ask the patient to describe the breakfast meal or an activity just completed.

Ask the patient to remember three items (e.g., book, watch, table) for a few minutes. After you have stated all three items, ask the patient to repeat them (to verify that you were heard and understood). Then proceed to talk about something else - do not be silent, do not leave the room. In five minutes, ask the patient to repeat the name of each item. If the patient is unable to recall all three items, code "1." For persons with verbal communication deficits, non-verbal responses are acceptable (e.g., when asked how many children they have, they can tap out a response of the appropriate number).

Coding: Enter the numbers that correspond to the observed responses. Remember, if there is no positive indication of memory ability, (e.g., remembering multiple items over time or following through on a direction given five minutes earlier) the correct response is "1", Memory Problem.

- Clarifications:** ◆ Many persons with memory problems can learn to function successfully in a structured, routine environment. Observing patient function in multiple daily activities is only one aspect of evaluating short-term memory function. For example, a patient may remember to come to lunch, but may not remember what he/she ate. The short-term memory test described above is still an important component of the overall evaluation.
- ◆ When coding short-term memory, identify the most representative level of function, not the highest. Therefore, a patient with short-term memory problems 6 of the 7 days should be coded as "1". For many patients, performance varies. Staff must use clinical judgment to decide whether a single observation provides sufficient information on the patient's typical level of function.

19. Cognitive Skills

Intent: To record the patient's actual performance in making everyday decisions about tasks or activities of daily living.

Examples

Examples of the patient's performance in every day decisions such as: Choosing items of clothing; knowing when to go to scheduled meals; using environmental cues to organize and plan (e.g., clocks, calendars, posted listings of upcoming events); in the absence of environmental cues, seeking information appropriately (i.e., not repetitively) from others in order to plan the day; using awareness of one's own strengths and limitations in regulating the day's events (e.g., asks for help when necessary); making the correct decision concerning how to get to the dining room; acknowledging need to use a walker, and using it faithfully.

Process: Review the clinical record. Consult family and nurse assistants. Observe the patient. The inquiry should focus on whether the patient is actively making these decisions, and not whether staff believes the patient might be capable of doing so. Remember, the intent of this item is to record what the patient is doing (performance). Where a staff member takes decision-making responsibility away from the patient regarding tasks of everyday living, or the patient does not participate in decision making, whatever his or her level of capability may be, the patient should be considered to have impaired performance in decision-making.

This item is especially important for further assessment and care planning. It can alert staff to a mismatch between a patient's abilities and his or her current level of performance, or to an inadvertent fostering of the patient's dependence.

Coding: Enter one number that corresponds to the most correct response.

- 0. Independent** - The patient's decisions in organizing daily routine and making decisions were consistent, reasonable, and organized reflecting lifestyle, culture, values.
- 1. Modified Independence** - The patient organized daily routine and made safe decisions in familiar situations, but experienced some difficulty in decision-making when faced with new tasks or situations.
- 2. Moderately Impaired** - The patient's decisions were poor; the patient required reminders, cues, and supervision in planning, organizing, and correcting daily routines.

- 3. Severely Impaired** - The patient's decision-making was severely impaired; the patient never (or rarely) made decisions.

Clarification: ♦ If the patient “rarely or never” made decisions, despite being provided with opportunities and appropriate cues, **Item 19** would be coded as “3” for **Severely Impaired**. If the patient attempts to make decisions, although poorly, code “2” for **Moderately impaired**.

20. Making Self Understood

Intent: To document the patient's ability to express or communicate requests, needs, opinions, urgent problems, and social conversation, whether in speech, writing, sign language, or a combination of these.

Process: Interact with the patient. Observe and listen to the patient's efforts to communicate with you. Observe his or her interactions with others in different settings (e.g., one-on-one, groups) and different circumstances (e.g., when calm, when agitated). Consult with the primary nurse assistant (over all shifts), family members (if available), and the speech-language pathologist.

Coding: Enter the number corresponding to the most correct response.

- 0. Understood** - The patient expresses ideas clearly.
- 1. Usually Understood** - The patient has difficulty finding the right words or finishing thoughts, resulting in delayed responses; or the patient requires some prompting to make self understood.
- 2. Sometimes Understood** - The patient has limited ability, but is able to express concrete requests regarding at least basic needs (e.g., food, drink, sleep, toilet).
- 3. Rarely/never Understood** - At best, understanding is limited to staff interpretation of highly individual, patient-specific sounds or body language (e.g., indicated presence of pain or need to toilet).

Clarification: ♦ A patient assessed in **Item 20 (Making Self Understood)** as “3” (**Rarely/Never Understood**), should not necessarily be coded as severely impaired in daily decision making (**Item 19, Cognitive Skills**). The two areas of function are not always associated. For example, a person who rarely/never understands may speak a language other than that spoken by caregivers, or he/she may be profoundly hearing or vision impaired. A more thorough assessment must be done to determine the actual level of cognitive function.

21. Indicators of Depression

Intent: To record the frequency of indicators observed in the last 30 days, irrespective of the assumed cause of the indicator (behavior).

Definition: Feelings of psychic distress may be expressed directly by the patient who is depressed, anxious, or sad. Distress may also be expressed non-verbally and identified through observation of the patient during usual daily routines. Statements such as “I’m so depressed” are rare in the elderly. Rather, distress is more commonly expressed in the following ways:

VERBAL EXPRESSIONS OF DISTRESS

- a. **Negative Statements** - e.g., “Nothing matters; Would rather be dead; What’s the use; Regrets having lived so long; Let me die.”
- b. **Repetitive Questions** - e.g., “Where do I go?”; “What do I do?”
- c. **Repetitive Verbalizations** - e.g., Calling out for help, “God help me”.
- d. **Persistent Anger with Self/Others** - e.g., easily annoyed, anger at placement in swing bed; anger at care received.
- e. **Self Deprecation** - e.g., “I am nothing; I am of no use to anyone”.
- f. **Expression of Unrealistic Fears** - e.g., fear of being abandoned, left alone, being with others.
- g. **Recurrent Statements that Something Terrible is About to Happen** - e.g., believes he or she is about to die, have a heart attack.
- h. **Repetitive Health Complaints** - e.g., persistently seeks medical attention, obsessive concern with body functions.
- i. **Repetitive Anxious Complaints/Concerns** (non-health related) - e.g., persistently seeks attention/reassurance regarding schedules, meals, laundry, clothing, relationship issues.

NON-VERBAL EXPRESSIONS OF DISTRESS

Sleep Cycle Patterns:

- j. **Unpleasant Mood in Morning**

- k. **Insomnia/Change in Usual Sleep Pattern** - e.g., difficulty falling asleep, fewer or more hours of sleep than usual, waking up too early and unable to fall back to sleep.

Sad, Apathetic, Anxious Appearance:

- l. **Sad, Pained, Worried Facial Expressions** - e.g., furrowed brows.
- m. **Crying, Tearfulness**
- n. **Repetitive Physical Movements** - e.g., pacing, hand wringing, restlessness, fidgeting, picking.

Loss Of Interest:

- o. **Withdrawal from Activities of Interest** - e.g., no interest in long standing activities or being with family/friends.
- p. **Reduced Social Interaction** - e.g., less talkative, more isolated.

Process: Initiate a conversation with the patient. Some patients are more verbal about their feelings than others and will either tell someone about their distress, or tell someone only when directly asked how they feel. Other patients may be unable to articulate their feelings (i.e., cannot find the words to describe how they feel, or lack insight or cognitive capacity). Observe patients carefully for any indicator. Consult with direct care staff over all shifts, and family members, if available, who have direct knowledge of the patient's behavior. Relevant information may also be found in the clinical record.

Coding: For each indicator apply one of the following codes based on interactions with and observations of the patient in the last 30 days. Remember, code regardless of what you believe the cause to be.

- 0. Indicator not exhibited in last 30 days
- 1. Indicator of this type exhibited up to 5 days a week (*i.e., exhibited at least once during the last 30 days but less than 6 days a week*)
- 2. Indicator of this type exhibited daily or almost daily (6, 7 days a week)

Example

Mr. F is a new admission that becomes upset and angry when his daughter visits (3 times a week). He complains to her and staff caregivers that “she put me in this terrible dump.” He chastises her “for not taking him into her home,” and berates her “for being an ungrateful daughter.” After she leaves, he becomes remorseful, sad looking, tearful, and says, “What’s the use. I’m no good. I wish I died when my wife did.” **Code a. (Negative statements), d. (Persistent anger with self/others), e. (Self deprecation), m. (Crying, tearfulness) as “1”;** remaining Mood items would be coded “0”.

- Clarifications:** ◆ The keys to obtaining, tracking and recording accurate information in **Item 21**, Indicators of Depression are 1) interviews with and observations of patients, and 2) communication between licensed and non-licensed staff and other caregivers.
- Daily communication between nurses, nurse assistants and other direct care providers is crucial for patient monitoring and care giving.
 - Educate all caregivers (including direct care staff) about the patients’ status in this area, and how to observe mood and behavior patterns that are captured in **Item 21** of the SB-MDS. These mood and behavior patterns are not part of normal aging. They are often indicative of depression, anxiety, and other mental disorders. These conditions are often under-identified and under-treated or untreated in Part A SNF-level care. Part of the reason may be that staff tends to perceive these conditions as the patients’ “normal” or “usual” behaviors.
 - Documentation of signs and symptoms of depression, anxiety and sad mood, and of behavioral symptoms, is a matter of good clinical practice. This information facilitates accurate diagnosis and identification of new or worsening problems. This information facilitates communication to the entire treatment team, across shifts, and is necessary in order to monitor, on an on-going basis, the patient’s status and response to treatment. It is up to the facility to determine the form and format of such documentation.
- ◆ The mood items specify a 30-day observation period. Try a rule-out process to make coding easier. For each indicator listed, think about whether it occurred at all. If not, use code “0”. If the patient exhibited the behavior almost daily (4, 6 or 7 days a week), or multiple times daily, code “2”. If codes “0” or “2” do not reflect the patient’s status, but the behavior occurred at least once, use code “1”.

- ◆ If an indicator of depression occurs twice in the last 30 days (not 2 times each week), it should be coded as “1” to indicate that the indicator of depression was exhibited up to five days a week (but less than 6 days a week). It does not need to occur in each week to be coded. If an indicator of depression occurs only in the beginning of the 30-day period, it should be coded as an indicator of depression occurring up to 5 days a week (but less than 6 days a week) in the last 30 days.

22. Behavioral Symptoms

Intent: To identify the frequency of behavioral symptoms in the last seven days that cause distress to the patient, or are distressing or disruptive to facility patients or staff members. Such behaviors include those that are potentially harmful to the patient himself or herself or disruptive in the environment, even if staff and other patients appear to have adjusted to them (e.g., “Mrs. R’s calling out isn’t much different than others on the unit. There are many noisy patients;” or “Mrs. L doesn’t mean to hit me. She does it because she’s confused.”).

Definition: a. **Wandering** - Locomotion with no discernible, rational purpose. A wandering patient may be oblivious to his or her physical or safety needs. Wandering behavior should be differentiated from purposeful movement (e.g., a hungry person moving about the unit in search of food). Wandering may be manifested by walking or by wheelchair.

Do not include pacing as wandering behavior. Pacing back and forth is not considered wandering, and if it occurs, it should be documented in **Item 21n**, “Repetitive physical movements”.

- b. **Verbally Abusive Behavioral Symptoms** - Other patients or staff were threatened, screamed at, or cursed at.
- c. **Physically Abusive Behavioral Symptoms** - Other patients or staff were hit, shoved, scratched, or sexually abused.
- d. **Socially Inappropriate/Disruptive Behavioral Symptoms** - Includes disruptive sounds, excessive noise, screams, self-abusive acts, sexual behavior or disrobing in public, smearing or throwing food or feces, hoarding, rummaging through others’ belongings.
- e. **Resists Care** - Resists taking medications/injections, ADL assistance or help with eating. This category does not include instances where the patient has made an informed choice not to follow a course of care (e.g., patient has exercised his or her right to refuse treatment, and reacts negatively as staff try to reinstitute treatment).

Signs of resistance may be verbal and/or physical (e.g., verbally refusing care, pushing caregiver away, scratching caregiver). These behaviors are not necessarily positive or negative, but are intended to provide information about the patient's responses to nursing interventions and to prompt further investigation of causes for care planning purposes (e.g., fear of pain, fear of falling, poor comprehension, anger, poor relationships, eagerness for greater participation in care decisions, past experience with medication errors and unacceptable care, desire to modify care being provided).

Process: Take an objective view of the patient's behavioral symptoms. The coding for this item focuses on the patient's actions, not intent. It is often difficult to determine the meaning behind a particular behavioral symptom. Therefore, it is important to start the assessment by recording any behavioral symptoms. The fact that staff has become used to the behavior and minimize the patient's presumed intent ("He doesn't really mean to hurt anyone. He's just frightened.") is not pertinent to this coding. Does the patient manifest the behavioral symptom or not? Is the patient combative during personal care? Does the patient strike out at staff or not?

Observe the patient. Observe how the patient responds to staff members' attempts to deliver care to him or her. Consult with staff that provides direct care on all shifts. A symptomatic behavior could be present and not seen, because it occurs during intimate care on another shift. Therefore, it is especially important to solicit from all nurse assistants having contact with the patient.

Also, be alert to the possibility that staff might not think to report a behavioral symptom if it is part of the unit norm (e.g., staff are working with severely cognitively and functionally impaired patients and are used to patients' wandering, noisiness, etc.). Focus staff attention on what has been the individual patient's actual behavior over the last seven days.

Coding: **Behavioral symptom frequency in last 7 days**

Record the frequency of behavioral symptoms manifested by the patient across all shifts.

Code "0" if the patient did not exhibit that type of symptom in the last seven days. This code applies to patients who have never exhibited the behavioral symptom or those who have previously exhibited the symptom but now no longer exhibit it, including those whose behavioral symptoms are fully managed by psychotropic drugs, restraints, or a behavior-management program. For example: A "wandering" patient who did not wander in the last seven days because he was restricted to a geri-chair would be coded "0", Behavioral symptom not exhibited in last seven days.

Code "1" if the described behavioral symptom occurred 1 to 3 days in last 7 days.

Code “2” if the described behavioral symptom occurred 4 to 6 days, but less than daily.

Code “3” if the described behavioral symptom occurred daily or more frequently (i.e., multiple times each day).

Examples for Wandering	Frequency
<p>Ms. T has dementia and is severely impaired in making decisions about daily life on her unit. She is dependent on others to guide her through each day. When she is not involved in some type of activity (leisure, dining, ADLs, etc.) she wanders about the unit on a daily basis.</p>	3
<p>Mr. W has dementia and is severely impaired in making daily decisions. He wanders all around the residential unit throughout each day. He is extremely hard of hearing and refuses to wear his hearing aid. He is easily frightened by others and cannot stay still for activities programs.</p>	3

23. Activities of Daily Living (ADL) Self-Performance

(A) ADL SELF-PERFORMANCE

Intent: To record the patient’s self care performance in activities of daily living (i.e., what the patient actually did for himself or herself and/or how much verbal or physical help was required by staff members) during the **last seven days**.

- Definition:**
- a. **Bed Mobility** - How the patient moves to and from a lying position, turns side to side, and positions body while in bed.
 - b. **Transfer** - How the patient moves between surfaces - i.e., to/from bed, chair, wheelchair, standing position. Exclude from this definition movement to/from toilet, which is covered under Toilet Use. Also exclude movement to/from the bath.
 - c. **Eating** - How the patient eats and drinks, regardless of skill. Includes intake of nourishment by other means (e.g., tube feeding, total parenteral nutrition).
 - d. **Toilet Use** - How the patient uses the toilet room, commode, bedpan, or urinal, transfers on/off toilet, cleanses, changes pad, manages ostomy or catheter, and adjusts clothes.

Process: In order to be able to promote the highest level of functioning among patients, clinical staff must first identify what the patient actually does for himself or herself, noting when assistance is received and clarifying the types of assistance provided (verbal cueing, physical support, etc.)

A patient's ADL self-performance may vary from day to day, shift to shift, or within shifts. There are many possible reasons for these variations, including mood, medical condition, relationship issues (e.g., willing to perform for a nurse assistant he or she likes), and medications. The responsibility of the person completing the assessment, therefore, is to capture the total picture of the patient's ADL self-performance over the seven day period, 24 hours a day - i.e., not only how the evaluating clinician sees the patient, but how the patient performs on other shifts as well.

In order to accomplish this, it is necessary to gather information from multiple sources - i.e., interviews/discussion with the patient and direct care staff on all shifts including weekends, and review of documentation used to communicate with staff across shifts. Ask questions pertaining to all aspects of the ADL activity definitions. For example, when discussing Bed Mobility with a nurse assistant, be sure to inquire specifically how the patient moves to and from a lying position, how the patient turns from side to side, and how the patient positions himself or herself while in bed. A patient can be independent in one aspect of Bed Mobility yet require extensive assistance in another aspect.

To evaluate a patient's ADL self-performance, begin by reviewing the documentation in the clinical record. Talk with clinical staff from each shift to ascertain what the patient does for himself or herself in each ADL activity as well as the type and level of staff assistance being provided. As previously noted, be alert to differences in patient performance from shift to shift, and apply the ADL codes that capture these differences. For example, a patient may be independent in Toilet Use during daylight hours but receive non weight-bearing physical assistance every evening. In this case, the patient would be coded as "2" (Limited assistance) in **Toilet Use**.

Guidelines for Assessing ADL Self-Performance and ADL Support Provided

- The scales in **Items 23(A) and 23(B)** are used to record the patient's actual level of involvement in self-care and the type and amount of support actually received during the last seven days.
- Do not record your assessment of the patient's capacity for involvement in self-care - i.e., what you believe the patient might be able to do for himself or herself based on demonstrated skills or physical attributes.
- Do not record the type and level of assistance that the patient "should" be receiving according to the written plan of care. The type and level of assistance actually provided might be quite different from what is indicated in the plan. Record what is actually happening.
- Engage direct care staff from all shifts that have cared for the patient over the last seven days in discussions regarding the patient's ADL functional performance. Remind staff that the focus is on the last seven days only. To clarify your own understanding and observations about each ADL activity (bed mobility, transfer, eating and toilet use), ask probing questions, beginning with the general and proceeding to the more specific.

Coding: For each ADL category, code the appropriate response for the patient's actual performance during the past seven days. Enter the code in Column A. Consider the patient's performance during all shifts, as functionality may vary.

The wording used in each coding option is intended to reflect real-world situations in swing bed programs, where slight variations are common. Where variations occur, the coding ensures that the patient is not assigned to an excessively independent or dependent category. For example, by definition, codes 0, 1, 2, and 3 (Independent, Supervision, Limited Assistance, and Extensive Assistance) permit one or two exceptions for the provision of heavier care. This is clinically useful and increases the likelihood that staff members will code ADL Self-Performance items consistently and accurately.

Because the ADL evaluation involves two parts, **Item 23(A)**, ADL Self-Performance and **Item 23(B)**, ADL Support Provided, each using its own scale, it is recommended that you complete the Self-Performance evaluation for all ADL activities before beginning the ADL Support evaluation.

0. Independent - No help or staff oversight -OR- Staff help/oversight provided only one or two times during the last seven days.

For example: In your evaluations, you will also need to consider the type of assistance known as “set-up help” (e.g., food was cut up, milk carton opened by the nurse assistant). Set-up help is recorded under ADL support provided (**Item 23(B)**). But in evaluating the patient’s ADL self-performance, include set-up help within the context of the “0” (Independent) code. For example: If a patient eats independently once items are set up for him, code “0” (Independent) in **Eating**.

1. **Supervision** - Oversight, encouragement, or cueing provided three or more times during last seven days -OR- Supervision (3 or more times) plus physical assistance provided only one or two times during last seven days.
2. **Limited assistance** - Patient highly involved in activity, received physical help in guided maneuvering of limbs or other non weight-bearing assistance on three or more occasions -OR- limited assistance (3 or more times) plus more help provided only one or two times during last seven days.
3. **Extensive Assistance** - While the patient performed part of activity over last seven days, help of following type(s) was provided three or more times:
 - Weight-bearing support provided three or more times.
 - Full staff performance of activity (3 or more times) during part (but not all) of last seven days.
4. **Total Dependence** - Full staff performance of the activity during entire seven-day period. There should be complete non-participation by the patient in all aspects of the ADL definition.

For example: For a patient to be coded as totally dependent in **Eating**, he or she would be fed all food and liquids at all meals and snacks (including tube feeding delivered totally by staff), and never initiate any subtask of eating (e.g., picking up finger foods, giving self tube feeding or assisting with procedure) at any meal.

8. **Activity Did Not Occur** (during the entire 7-day period) - Over the last seven days, the ADL activity was not performed by the patient or staff. In other words, the particular activity did not occur at all.

For example: A patient who was restricted to bed for the entire 7-day period and was never transferred from bed would receive a code of “8” for Transfer.

However, do not confuse a patient who is totally dependent in an ADL activity (code 4 - Total dependence) with the activity itself not occurring. For example: Even a patient who receives tube feedings and no food or fluids by mouth is engaged in eating (receiving nourishment), and must be evaluated under the **Eating** category for his or her level of assistance in the process. A patient who is highly involved in giving himself a tube feeding is not totally dependent and should not be coded as “4”.

Each of these ADL Self-Performance codes is exclusive; there is no overlap between categories. Changing from one Self-Performance category to another demands an increase or decrease in the number of times that help is provided. Thus, to move from Independent to Supervision to Limited assistance, non weight-bearing supervision or physical assistance must increase from one or two times to three or more times during the last seven days.

There will be times when no one type or level of assistance is provided to the patient 3 or more times during a 7-day period. However, the sum total of support of various types will be provided 3 or more times. In this case, code for the least dependent Self-Performance category where the patient received that level or more dependent support 3 or more times during the 7-day period.

Examples

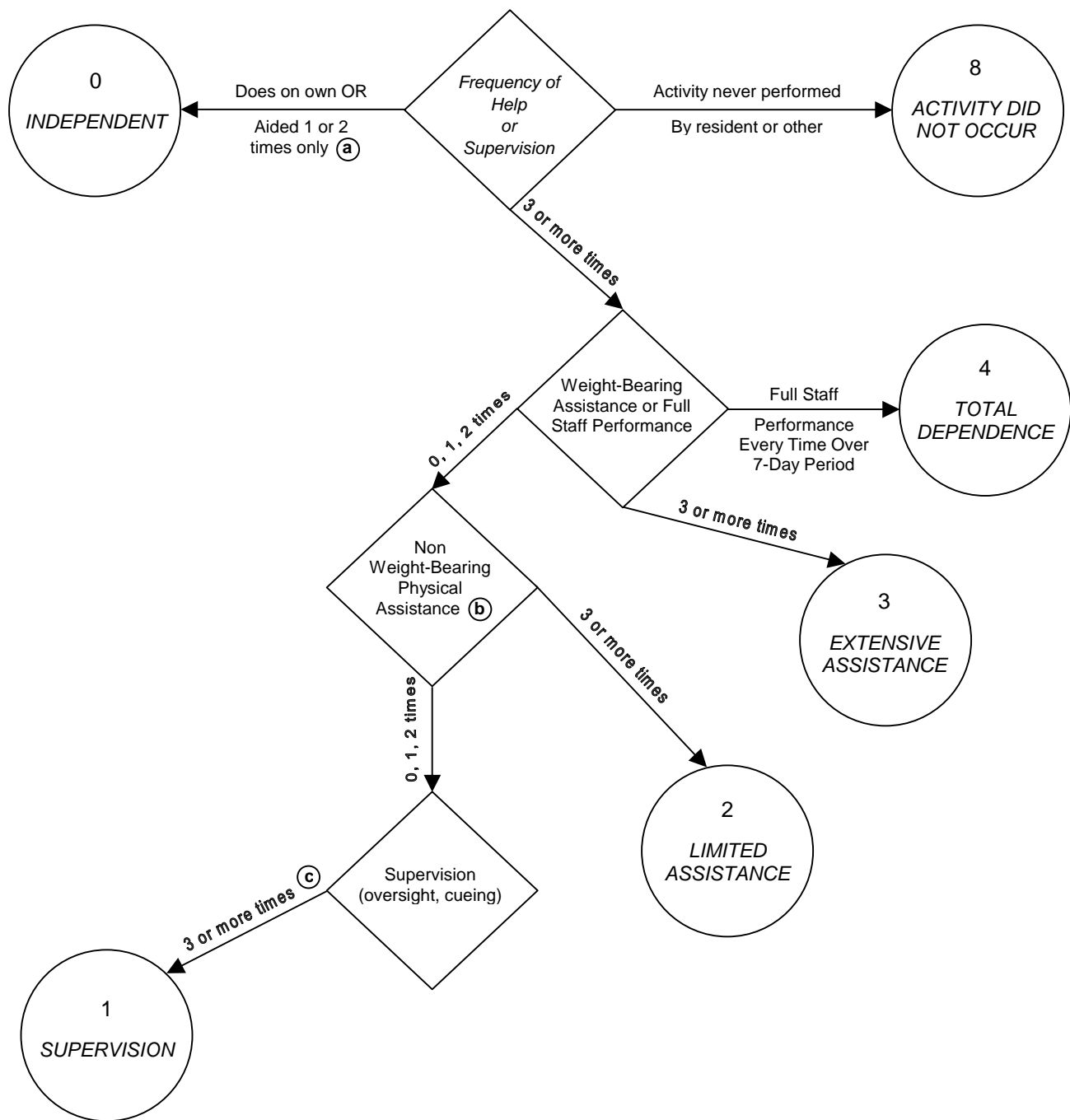
The patient received supervision for transferring on two occasions and non weight-bearing assistance on two occasions. **Code “1” for Supervision in Transferring. Rationale:** Supervision is the least dependent category.

The patient received supervision in toileting on one occasion, non weight-bearing assistance (i.e., transferring to commode) on two occasions, and weight-bearing assistance (i.e., transferring on commode) on one occasion during the last 7 days. **Code “2” for Limited assistance in Toileting. Rationale:** There were 3 episodes of physical assistance in the last 7 days: 2 non weight-bearing episodes, and 1 weight-bearing episode. Limited assistance is the correct code because it reflects the least dependent support category that encompasses 3 or more activities that were at least at that level of support.

The following page contains a supplemental instructional schematic flow chart used for scoring ADL Self Performance.

SCORING ADL SELF PERFORMANCE

START



- Can include one or two events where received supervision, non weight-bearing assistance, or weight-bearing assistance.
- Can include one or two episodes of weight-bearing assistance, e.g., two events with non weight-bearing assistance plus two of weight-bearing assistance would be coded as a "2".
- Can include one or two episodes where physical help received, e.g., two episodes of supervision, one of weight-bearing assistance and one of non weight-bearing assistance would be coded as a "1".

(B) ADL Support Provided

Intent: To record the type and highest level of support the patient received in each ADL activity over the last seven days.

Definition: **ADL Support Provided** - Measures the highest level of support provided by staff over the last seven days, even if that level of support only occurred once. This is a different scale, and is entirely separate from the ADL Self-Performance assessment.

Process: Be sure your evaluation considers all nursing shifts, 24 hours per day, including weekends. Code independently of the patient's Self-Performance evaluation. For example, a patient could have been Independent in ADL Self-Performance in Transfer but received a One-person physical assist one or two times during the seven-day period. Therefore, the ADL Self-Performance Coding for Transfer would be "0" (Independent), and the ADL Support coding "2" (One person physical assist).

Coding: For each ADL category, code the maximum amount of support the patient received over the last seven days, irrespective of frequency, and enter in the "Support" column. *NOTE:* The highest code of physical assistance in this category (other than the "8" code) is a code of "3" not "4" as in Self-Performance.

0. No Setup or Physical Help From Staff

1. **Setup Help Only** - The patient is provided with materials or devices necessary to perform the activity of daily living independently.

The type of help characterized by providing the patient with articles, devices or preparation necessary for greater patient self-performance in an activity. This can include giving or holding out an item that the patient takes from the caregiver.

Examples of Setup Help

- **For bed mobility** - handing the patient the bar on a trapeze, staff applies ½ rails and then provides no further help.
- **For transfer** - giving the patient a transfer board or locking the wheels on a wheelchair for safe transfer.
- **For eating** - cutting meat and opening containers at meals; giving one food category at a time.
- **For toilet use** - handing the patient a bedpan or placing articles necessary for changing ostomy appliance within reach.

2. One Person Physical Assist

3. Two+ Persons Physical Assist

- 8. ADL Activity Itself Did Not Occur During the Entire 7 Days** - When an “8” code is entered for an ADL Support Provided category, enter an “8” code for ADL Self-Performance in the same category.

The following chart provides general guidelines for recording accurate ADL Self Performance and ADL Support Provided assessments.

- Clarifications:**
- ◆ The ADL coding was created to reflect real situations where small variations in performance are common. For example, in scoring a patient as independent in ADL self-performance, there can be 1 or 2 exceptions. As soon as there are 3 exceptions, the patient is not independent and you need to consider another code. Staff members who are new to conducting SB-MDS assessments need to become familiar with the coding structure and how exceptions are handled. Codes of 0, 1, 2, and 3 (Independent, Supervision, Limited Assistance, and Extensive Assistance) have been designed to allow one or two exceptions for the provision of assistance from the staff helper.
 - ◆ Because of the differences in the scales used to score these two columns, data reliability is considerably improved by completing the Self Performance column first for all items and then returning to the top and completing the Support column.
 - ◆ For a patient to have a code of totally dependent for ADLs, the patient had to be totally dependent each time the activity occurred. As soon as the patient did some part of the activity, the patient was not totally dependent. For all other categories, the clinician is reviewing for the most dependent activity that occurred at least 3 times in the last 7 days. Knowing the total number of times the activity occurred is not necessary for scoring accuracy. Knowing whether the activity occurred 3 or more times in the last 7 days is key to ADL coding accuracy.
 - ◆ When considering toilet use, do not limit your assessment to bathroom use. Elimination may occur in the toilet room, commode, in the bedroom on a bedpan, or urinal. It includes transferring on/off the toilet, cleansing, changing pads, managing an ostomy or catheter, and clothing adjustment.
 - ◆ If, in the past 7 days, the patient truly did not receive any nourishment, the item would be coded 8. It should go without saying that this is a serious issue. Be careful not to confuse total dependence with eating (code 4.) with the activity itself (in this case, receiving nourishment and fluids). Keep in mind that a patient who is fed via tube and manages the tube feeding independently is coded as independent (code “0”). **Item 23c** includes receiving IV fluids.

For a patient who is receiving fluids for hydration and is totally dependent, this is coded as “4” rather than “8”.

- ◆ General supervision of a dining room is not the same as individual supervision of a patient. If the patient ate independently, then SB-MDS **Item 23c** is coded as “0” (Independent). If the individual patient needed oversight, encouragement, or cueing during the last 7 days, the item is coded as a “1” (Supervision). For a patient who has received oversight, encouragement, or cueing and also received more help, such as physical assistance provided one or two times during the 7-day assessment period, the patient would still be coded as a “1” (Supervision). Patients who are in “feeding” or “eating” groups and who are individually supervised during the meal would be coded as “1” (Supervision) for Self Performance in Eating.
- ◆ The key to the differentiation between guided maneuvering and weight-bearing assistance is determining *who* is supporting the weight of the patient’s hand. If the staff member supports some of the weight of the patient’s hand while helping them to eat (e.g., lifting a spoon or a cup to mouth), this is “weight-bearing” assistance for this activity. If the patient can lift the utensil or cup, but staff assistance is needed to guide the patient’s hand to his/her mouth, this is guided maneuvering.
- ◆ If therapists are involved with the patient, their input should be included either by way of an interview or by the assessor reviewing the therapy documentation. The patient may perform differently in therapy than on the unit. Also focus on occurrences of exceptions in the patient’s performance. When discussing a patient’s ADL performance with a therapist, make sure the therapist’s information can be expressed in SB-MDS terminology.

The examples that follow clarify coding for both Self-Performance and Support. The answers appear to the right of the patient descriptions. Cover the answers, read and score the example, then compare your answers with those provided.

Examples: ADL Self-Performance and Support	Self-Perf.	Support
<i>Bed Mobility</i>		
Patient was physically able to reposition self in bed but had a tendency to favor and remain on his left side. He received frequent reminders and monitoring to reposition self while in bed.	1	0
Patient received supervision and verbal cueing for using a trapeze for all bed mobility. On two occasions when arms were fatigued, he received heavier physical assistance of two persons.	1	3
Patient usually repositioned himself in bed. However, because he sleeps with the head of the bed raised 30 degrees, he occasionally slides down towards the foot of the bed. On 3 occasions the night nurse assistant helped him to reposition by providing weight-bearing support as he bent his knees and pushed up off the footboard.	3	2
To turn over, the patient always began by reaching for a side rail for support. He received physical assistance of one person to guide his legs into position and complete the turn by guiding him with a turn sheet (using weight-bearing assistance).	3	2
Patient independently turned on his left side whenever he wanted. Because of left-sided weakness he received physical weight bearing help of 1-2 persons to turn to his right side or sit up in bed.	3	3
Because of severe, painful joint deformities, patient was totally dependent on two persons for all bed mobility. Although unable to contribute physically to positioning process, she was able to cue staff for the position she wanted to assume and at what point she felt comfortable.	4	3

Examples: ADL Self-Performance and Support	Self-Perf.	Support
<p><i>Transfer</i></p> <p>Despite bilateral above-the-knee amputations, patient almost always moved independently from bed to wheelchair (and back to bed) using a transfer board he retrieves independently from his bedside table. On one occasion in the past week, staff had to remind patient to retrieve the transfer board. On one other occasion, the patient was lifted by a staff member from the wheelchair back into the bed.</p> <p>Patient was physically independent for all transfers. However, he would not get up in the morning until the nurse assistant rearranged his bed covers and released the half side rail on his bed.</p> <p>Once someone correctly positioned the wheelchair in place and locked the wheels, the patient transferred independently to and from the bed.</p> <p>Patient moved independently in and out of armchairs but always received light physical guidance of one person to get in and out of bed safely.</p> <p>Transferring ability varied throughout each day. Patient received no assistance at some times and heavy weight-bearing assistance of one person at other times.</p>	<p>0</p> <p>0</p> <p>0</p> <p>2</p> <p>3</p>	<p>2</p> <p>1</p> <p>1</p> <p>2</p> <p>2</p>

Examples: ADL Self-Performance and Support	Self-Perf.	Support
<i>Eating</i>		
Patient arose daily after 9:00 am, preferring to skip breakfast and just munch on fresh fruit later in the morning. She ate lunch and dinner independently in the facility's main dining room.	0	0
Patient on long standing tube feedings via gastrostomy tube was completely independent in self-administration including self-medication via the tube once set up by staff.	0	1
Patient with a history of dysphagia and choking, ate independently as long as a staff member sat with him during every meal (stand-by assistance if necessary).	1	0
Patient is blind and confused. He ate independently once staff oriented him to types and whereabouts of food on his tray and instructed him to eat.	1	1
Cognitively impaired patient ate independently when given one food item at a time and monitored to assure adequate intake of each item.	1	1
Patient fed self solid foods independently at all meals and snacks. Self-administered all fluids and medications via G-tube with supervision once set up appropriately.	1	1
Patient, with difficulty initiating activity, always ate independently after someone guided her hand with the first few bites and then offered encouragement to continue.	3	2
Patient with fine motor tremors fed self finger foods (e.g., sandwiches, raw vegetables and fruit slices, crackers) but always received supervision and total physical assistance with liquids and foods requiring utensils.	3	2
Patient fed self with staff monitoring at breakfast and lunch but tired later in day. She was fed totally by nursing assistant at supper meal.	3	2
Patient who was being weaned from gastrostomy tube feedings continued to receive total care for twice daily tube feedings. Additionally, she ate small amounts of food by mouth with staff supervision.	3	2
Patient received tube feedings via a jejunostomy for all nutritional intake. Feedings were given by a nurse.	4	2

Examples: ADL Self-Performance and Support	Self-Perf.	Support
<i>Toilet Use</i>		
Patient used bathroom independently once up in a wheelchair; used bed-pan independently at night after it was set up on bedside table.	0	1
In the toilet room patient is independent. As a safety measure, the nurse assistant stays just outside the door, checking with her periodically.	1	0
Patient uses the toilet independently but occasionally required minor physical assistance for hygiene and straightening clothes afterwards. She received such help twice during the last week.	0	2
When awake, patient was toileted every two hours with minor assistance of one person for all toileting activities (e.g., contact guard for transfers to/from toilet, drying hands, zipping/buttoning pants). She required total care of one person several times each night after incontinence episodes.	3	2
Patient received heavy assistance of two persons to transfer on/off toilet. He was able to bear weight partially, and required only standby assistance with hygiene (e.g., being handed toilet tissue or incontinence pads).	3	3
Obese, severely physically and cognitively impaired patient receives a hooyer lift for all transfers to and from her bed. It is impossible to toilet her and she is incontinent. Complete personal hygiene is provided at least every two hours by two persons.	4	3

24. Toileting Programs

Definition: **Any Scheduled Toileting Plan** - A plan whereby staff members at scheduled times each day either take the patient to the toilet room, or give the patient a urinal, or remind the patient to go to the toilet. Includes habit training and/or prompted voiding.

Bladder Retraining Program - A retraining program where the patient is taught to consciously delay urinating (voiding) or resist the urgency to void. Patients are encouraged to void on a schedule rather than according to their urge to void. This form of training is used to manage urinary incontinence due to bladder instability.

Process: There are 3 key ideas captured in **Item 24a**: 1) scheduled, 2) toileting, and 3) program. The word “scheduled” refers to performing the activity according to a specific, routine time that has been clearly communicated to the patient (as appropriate) and caregivers. The concept of “toileting” refers to voiding in a bathroom or commode, or voiding into another appropriate receptacle (i.e., urinal,

bedpan). Changing wet garments is not included in this concept. A “program” refers to a specific approach that is organized, planned, documented, monitored and evaluated. A scheduled toileting program could include taking the patient to the toilet, providing a bedpan at scheduled times, or verbally prompting to void.

If the scheduled plan is recorded in the care plan and staff are actually toileting the patient according to the multiple specified times, check **Item 24a**. If the patient also experiences breakthrough incontinence, this would be a good time to reevaluate the effectiveness of the current plan by assessing if the patient has a new, reversible condition causing a decline in continence (e.g., UTI, mobility problem, etc.), and treating the underlying cause. Also determine whether there is a pattern to the extra times the patient is incontinent and consider adjusting the scheduled toileting plan accordingly.

For patients on a scheduled toileting plan, the care plan should at least note that the patient is on a routine toileting schedule. A patient’s specific toileting schedule must be in a place where it is clearly communicated, available to and easily accessible to all staff, including direct care staff. If the care plan is the resource used by staff to be made aware of patient’s specific toileting schedules, then the toileting schedule should appear there. Facility staff may list a patient’s toileting schedule by specific hours of the day or by timing of specific routines, such as those noted in this inquiry, as long as those routines occur around the same time each day. If the timing of such routines is not fairly standardized, specific times should then be noted.

Coding: Check all that apply. A bladder retraining program is different from a toileting plan and should not be checked in **Item 24b**. If the patient’s incontinence briefs, pads or linens are changed every two hours or when they are wet, it should not be coded as a scheduled toileting plan.

25. Diseases

Intent: To document the presence of disease that has a relationship to the patient’s current ADL status, cognitive status, mood or behavior status, medical treatments, nursing monitoring or risk of death. In general, these are conditions that drive the current care plan. Do not include conditions that have been resolved or no longer affect the patient’s functioning or care plan. In many facilities, clinical staff and physicians neglect to update the list of patient’s “active” diagnoses. There may also be a tendency to continue old diagnoses that are either resolved or no longer relevant to the patient’s plan of care.

Definition:

- a. **Diabetes Mellitus** - Includes insulin-dependent diabetes mellitus (IDDM) and diet-controlled diabetes mellitus (NIDDM or AODM).
- b. **Aphasia** - A speech or language disorder caused by disease or injury to the brain resulting in difficulty expressing thoughts (i.e., speaking, writing), or understanding spoken or written language.

- c. **Cerebral Palsy** - Paralysis related to developmental brain defects or birth trauma.
- d. **Hemiplegia/Hemiparesis** - Paralysis/partial paralysis (temporary or permanent impairment of sensation, function, motion) of both limbs on one side of the body. Usually caused by cerebral hemorrhage, thrombosis, embolism, or tumor.
- e. **Multiple Sclerosis** - Chronic disease affecting the central nervous system with remissions and relapses of weakness, incoordination, paresthesia, speech disturbances and visual disturbances.
- f. **Quadriplegia** - Paralysis (temporary or permanent impairment of sensation, function, motion) of all four limbs. Usually caused by cerebral hemorrhage, thrombosis, embolism, tumor, or spinal cord injury. Spastic quadriplegia and functional quadriplegia are not accepted for a diagnosis of quadriplegia.

Process: Consult transfer documentation and the patient's clinical record (including current physician treatment orders and nursing care plans). If the patient was admitted from an acute care or rehabilitation hospital, the discharge forms often list diagnoses and corresponding ICD-9-CM codes that were current during the hospital stay. If these diagnoses are still active, record them on the SB-MDS assessment. Also, accept statements by the patient that seem to have clinical validity. Consult with the physician for confirmation and initiate necessary physician documentation.

Physician involvement in this part of the assessment process is crucial. The physician should be asked to review the items in this section at the time of the visit closest to the scheduled SB-MDS assessment. Use this scheduled visit as an opportunity to ensure that active diagnoses are noted and "inactive" diagnoses are designated as resolved. This is also an important opportunity to share the entire SB-MDS assessment with the physician. In many facilities, physicians are not brought into the SB-MDS review and assessment process. It is the responsibility of facility staff to aggressively solicit physician input.

Full physician review of the most recent SB-MDS assessment or ongoing input into the assessment currently being completed can be very useful. For the physician, the SB-MDS assessment completed by facility staff can provide insights that would have otherwise not been possible. For staff, the informed comments of the physician may suggest new avenues of inquiry, or help to confirm existing observations, or suggest the need for additional follow-up.

Coding: Check a disease item only if the disease has a relationship to current ADL status, cognitive status, behavior status, medical treatment, nursing monitoring, or risk of death. Do not record any conditions that have been resolved and no longer affect the patient's functional status or care plan. There must be a physician documented diagnosis in the patient's record for each item checked.

Check all that apply.

- Clarification:** ♦ Patients with communication problems as a result of Alzheimer's, Parkinson's or multi-infarct dementia need to be carefully assessed. These diagnoses may result in impairment in the ability to comprehend or express language that may affect some or all channels of communication, including listening, reading, speaking, writing and gesturing.

26. Infections

Definition: a. **Pneumonia** - Inflammation of the lungs; most commonly of bacterial or viral origin.

b. **Septicemia** - Morbid condition associated with bacterial growth in the blood.

Process: Consult transfer documentation and the patient's clinical record (including current physician treatment orders and nursing care plans). Accept statements by the patient that seem to have clinical validity. Consult with physician for confirmation and initiate necessary physician documentation.

Physician involvement in this part of the assessment process is crucial.

Coding: Check an infection item only if the infection has a relationship to current ADL status, cognitive status, mood and behavior status, medical treatment, nursing monitoring, or risk of death. Do not record any conditions that have been resolved and no longer affect the patient's functional status or care plan.

Check all that apply.

- Clarification:** ♦ Indicate septicemia once a blood culture has been ordered and drawn. A physician's working diagnosis of septicemia can be accepted, provided the physician has documented the septicemia diagnosis in the patient's clinical record.

27. Problem Conditions

Intent: To record specific problems or symptoms which affect or could affect the patient's health or functional status, and to identify risk factors for illness, accident, and functional decline.

- Definition:**
- a. **Dehydrated, Output Exceeds Intake** - A patient with 2 or more of the following dehydration indicators.
 - Patient usually takes in less than the recommended 2500 ml of fluids daily (water or liquids in beverages, and water in food).
 - Patient has clinical signs of dehydration.
 - Patient's fluid loss exceeds the amount of fluids he or she takes in (e.g., loss from vomiting, fever, diarrhea that exceeds fluid replacement).
 - b. **Delusions** - Fixed, false beliefs not shared by others that the patient holds even when there is obvious proof or evidence to the contrary (e.g., belief he or she is terminally ill; belief that spouse is having an affair; belief that food served by the facility is poisoned).
 - c. **Fever** - Many frail elders have normally low rectal baseline temperatures (e.g., 96° to 99°F). A fever is present when the patient's temperature (°F) is 2.4 degrees greater than the baseline temperature.
 - d. **Hallucinations** - False perceptions that occur in the absence of any real stimuli. A hallucination may be auditory (e.g., hearing voices), visual (e.g., seeing people, animals), tactile (e.g., feeling bugs crawling over skin), olfactory (e.g., smelling poisonous fumes), or gustatory (e.g., having strange tastes).
 - e. **Internal Bleeding** - Bleeding may be frank (such as bright red blood) or occult (such as guaiac positive stools). Clinical indicators include black, tarry stools, vomiting "coffee grounds", hematuria (blood in urine), hemothysis (coughing up blood), and severe epistaxis (nosebleed) that requires packing. However, nose bleeds that are easily controlled should not be coded as internal bleeding.
 - f. **Vomiting** - Regurgitation of stomach contents; may be caused by any etiology (e.g., drug toxicity; influenza; psychogenic).

Process: **INDICATORS OF FLUID STATUS** - It is often difficult to recognize when a frail, chronically ill elder is experiencing fluid overload that could precipitate congestive heart failure, or alternatively dehydration. Ways to monitor the problem, particularly in patients who are unable to recognize or report the common symptoms of fluid variation, are as follows: Ask the patient if he or she has experienced any of the listed symptoms in the last seven days. Review the clinical records (including current nursing care plan) and consult with facility staff members and the patient's family if the patient is unable to respond. A patient may not complain to staff members or others, attributing such symptoms to "old age." Therefore, it is important to ask and observe the patient, directly if possible, since the health problems being experienced by the patient can often be remedied.

Coding: Check all conditions that occurred within the past seven days unless otherwise indicated.

28. Weight Loss

Intent: To record variations in the patient's weight over time.

Definition: **Weight Loss in Percentages** - 5% or more in last 30 days, or 10% or more in last 180 days.

Process: **New Admission** - Ask the patient or family about weight changes over the last 30 and 180 days. Consult physician, review transfer documentation and compare with admission weight. Calculate weight loss in percentages during the specified time periods.

Current Patient - Review the clinical records and compare current weight with weights of 30 and 180 days ago. Calculate weight loss in percentages during the specified time periods.

Coding: Code "0" for No or "1" for Yes. **If there is no weight to compare to, or if the patient cannot be weighed due to clinical circumstances, enter a dash (-).**

Clarification: ♦ The first step in calculating percent weight loss is to obtain the weights for the 30-day and 180-day time periods from the patient's clinical record. The calculation is as follows:

1. Start with the patient's weight from 30 days ago and multiply it by the proportion (0.05). If the patient has lost more than this 5%, code a "1" for Yes.
2. Start with the patient's weight from 180 days ago and multiply it by the proportion (0.10). If the patient has lost more than this 10%, code a "1" for Yes.

29. Nutritional Approaches

Definition: a. **Parenteral/IV** - Intravenous (IV) fluids or hyperalimentation given continuously or intermittently. This category also includes administration of fluids via IV lines with fluids running at KVO (keep vein open), or via heparin locks. This category does not include administration of IV medications. If the patient receives IV medications, check **Item 38ac** in "Special Treatments and Procedures".

- b. Feeding Tube** - Presence of any type of tube that can deliver food/nutritional substances/fluids/medications directly into the gastrointestinal system. Examples include, but are not limited to, nasogastric tubes, gastrostomy tubes, jejunostomy tubes, percutaneous endoscopic gastrostomy (PEG) tubes.

Coding: Check all that apply.

Clarification: ♦ If the patient receives fluids by hypodermoclysis and subcutaneous ports in hydration therapy, code these nutritional approaches in Item 29, Parenteral/IV. The term parenteral therapy means “introduction of a substance (especially nutritive material) into the body by means other than the intestinal tract (e.g., subcutaneous, intravenous).” If the patient receives fluids via these modalities, also code **Items 30a and 30b**, which refer to the caloric and fluid intake the patient received in the last 7 days.

Skip to Item 31 if neither 29a nor 29b is coded.

30. Parenteral or Enteral Intake

Intent: To record the proportion of calories received and the average fluid intake, through parenteral or tube feeding in the last seven days.

a. PROPORTION OF TOTAL CALORIES

Definition: **Proportion of Total Calories Received** - The proportion of all calories ingested during the last seven days that the patient actually received (not ordered) by parenteral or tube feedings. Determined by calorie count.

Process: Review Intake record. If the patient took no food or fluids by mouth, or took just sips of fluid, stop here and code “4” (76%-100%). If the patient had more substantial oral intake than this, consult with the dietician who can derive a calorie count received from parenteral or tube feedings.

Coding: Code for the best response:

0. None
1. 1% to 25%
2. 26% to 50%
3. 51% to 75%
4. 76% to 100%

Example of Calculation for Proportion of Total Calories from IV or Tube Feeding

Mr. H has had a feeding tube since his surgery. He is currently more alert, and feeling much better. He is very motivated to have the tube removed. He has been taking soft solids by mouth, but only in small to medium amounts. For the past week he has been receiving tube feedings for nutritional supplementation. As his oral intake improves, the amount received by tube will decrease. The dietician has totaled his calories per day as follows:

Step #1:	Oral	+	Tube
Sun.	500	+	2000
Mon.	250	+	2250
Tues.	250	+	2250
Wed.	350	+	2250
Thurs.	500	+	2000
Fri.	800	+	800
<u>Sat.</u>	<u>800</u>	+	<u>1800</u>
TOTAL	3450	+	14350

Step #2: Total calories = 3450 + 14350 = 17800

Step #3: Calculate percentage of total calories by tube feeding.

$$14350/17800 = .806 \times 100 = 80.6\%$$

Step #4: Code "4" for 76% to 100%

b. AVERAGE FLUID INTAKE

Definition: Average fluid intake per day by IV or tube feeding in last seven days refers to the actual amount of fluid the patient received by these modes (not the amount ordered).

Process: Review the Intake and Output record from the last seven days. Add up the total amount of fluid received each day by IV and/or tube feedings only. Divide the week's total fluid intake by 7. This will give you the average of fluid intake per day.

Coding: Code for the average number of cc's of fluid the patient received per day by IV or tube feeding.

- Codes:**
0. None
 1. 1 to 500 cc/day
 2. 501 to 1000 cc/day
 3. 1001 to 1500 cc/day
 4. 1501 to 2000 cc/day
 5. 2001 to or more cc/day

Example of Calculation for Average Daily Fluid Intake

Ms. A has swallowing difficulties secondary to Huntington's disease. She is able to take oral fluids by mouth with supervision, but not enough to maintain hydration. She received the following daily fluid totals by supplemental tube feedings (including water, prepared nutritional supplements, juices) during the last 7 days.

Step #1:	Sun.	1250 cc
	Mon.	775 cc
	Tues.	925 cc
	Wed.	1200 cc
	Thurs.	1200 cc
	Fri.	1200 cc
	<u>Sat.</u>	<u>1000 cc</u>
	TOTAL	7550 cc

Step #2: 7550 divided by 7 = 1078.6 cc

Step #3: Code "3" for 1001 to 1500 cc/day

- Clarifications:**
- ◆ The basic TPN solution itself (that is, the protein/carbohydrate mixture or a fat emulsion) is not counted as a medication. The use of TPN is coded in **Item 30a**. When medications such as electrolytes, vitamins, or insulin have been added to the TPN solution, they are considered medications.
 - ◆ The amount of heparinized saline solution used to flush a heparin lock is not included in the average fluid intake calculation.

31. Ulcers (due to any cause)

Intent: To record the number of ulcers at each ulcer stage, regardless of cause, on any part of the body.

Definition: a. **Stage 1.** A persistent area of skin redness (without a break in the skin) that does not disappear when pressure is relieved.

- b. Stage 2.** A partial thickness loss of skin layers that presents clinically as an abrasion, blister, or shallow crater.
- c. Stage 3.** A full thickness of skin is lost, exposing the subcutaneous tissues. Presents as a deep crater with or without undermining adjacent tissue.
- d. Stage 4.** A full thickness of skin and subcutaneous tissue is lost, exposing muscle or bone.

Process: Review the patient’s record and consult with the nurse assistant about the presence of an ulcer. Examine the patient and determine the stage and number of any ulcers present. Without a full body check, an ulcer can be missed.

Assessing a Stage 1 ulcer requires a specially focused assessment for patients with darker skin tones to take into account variations in ebony-colored skin. To recognize Stage 1 ulcers in ebony complexions, look for: (1) any change in the feel of the tissue in a high-risk area; (2) any change in the appearance of the skin in high-risk areas, such as the “orange-peel” look; (3) a subtle purplish hue; and (4) extremely dry, crust-like areas that, upon closer examination, are found to cover a tissue break.

Coding: Record the number of ulcers at each stage on the patient’s body, in the last 7 days, regardless of the ulcer cause. If necrotic eschar is present, prohibiting accurate staging, code the ulcer as Stage “4” until the eschar has been debrided (surgically or mechanically) to allow staging. If there are no ulcers at a particular stage, record “0” (zero) in the box provided. If there are more than 9 ulcers at any one stage, enter “9” in the appropriate box.

Example	
Mrs. L has end-stage metastatic cancer and weighs 75 pounds. She has a Stage 3 ulcer over her sacrum and two Stage 1 ulcers over her heels.	
Stage	Code
a. 1	2
b. 2	0
c. 3	1
d. 4	0

Clarifications: ♦ CMS acknowledges that the National Pressure Ulcer Advisory Panel (NPUAP) has published guidelines for pressure ulcer stages and is considering changes to the existing MDS coding procedures for the future. For the present, staff should code the SB-MDS using a reverse staging

protocol. For the SB-MDS assessment, code the ulcer in terms of what you see (i.e., visible tissue). For example, a healing Stage 3 pressure ulcer that has the appearance (i.e., presence of granulation tissue, size, depth, and color) of a stage 2 ulcer must be coded as a “2”?

- ◆ A skin examination is necessary for problem identification and accurate coding of this item. Without a full body check, an ulcer can be missed. This examination must be performed by a clinician knowledgeable in the process of evaluating skin integrity. It does not necessarily have to be performed by the assessor completing the SB-MDS form. Some facilities have found that it is more convenient for staff, as well as for patients, when the skin assessment is conducted during bathing or dressing activities.
- ◆ All problems and lesions present during the current observation period should be documented on the SB-MDS assessment. These items refer to the objective presence of problems or lesions, not the status of such.
- ◆ In **Item 31**, code ulcers that correspond to the definitions provided on the form and in this item, regardless of the cause of the ulcer. A Stage 2 ulcer is defined as “A partial thickness loss of skin layers that presents clinically as an abrasion, blister, or shallow crater”. A blister in the incontinence brief area should be considered as a Stage 2 ulcer.
- ◆ Debridement of an ulcer merely removes necrotic and decayed tissue to promote healing. The ulcer still exists and may or may not be at the same stage as it was prior to debridement. Good clinical practice dictates that the ulcer be re-examined and re-staged after debridement. Also code treatments as appropriate in **Item 34** (Skin Treatments).
- ◆ A patient has five open wounds as a result of frostbite and they are not pressure or venous stasis ulcers. Upon examination, these wounds meet the criteria provided in Item 31 (Ulcers) coding definitions: Four of them are consistent with Stage 2 ulcer staging and one of them appears to be at Stage 3. Assuming that the patient in this scenario has no pressure ulcers, code the patient’s condition as follows:
 - **Item 31**, Ulcers (due to any cause). Because this item does not require that the cause of the ulcer be known:
 - 31a** Stage 1, Code “0” (no ulcers at Stage 1)
 - 31b** Stage 2, code “4” (4 ulcers at Stage 2)
 - 31c** Stage 3, code “1” (1 ulcer at Stage 3)
 - 31d** Stage 4, code “0” (no ulcers at Stage 4)

- **Item 32, Pressure Ulcers:**
Code “0” (highest stage ulcer is not a pressure ulcer)
(Be sure to examine the patient and code **Item 33** for other skin conditions, including those of the feet, as well as treatments being provided.)
- ◆ If a skin shear is caused by pressure, it should be coded as a Stage II ulcer.

32. Pressure Ulcers

Intent: To record the highest stage for pressure ulcers that were present in the last 7 days.

Definition: **Pressure Ulcer** - Any lesion caused by pressure resulting in damage of underlying tissues. Other terms used to indicate this condition include bedsores and decubitus ulcers.

Process: Review the patient’s record. Consult with the physician regarding the cause of the ulcer(s).

Coding: Using the ulcer staging scale in **Item 31**, record the highest ulcer stage for pressure ulcers present in the last 7 days.

- Clarifications:**
- ◆ In order to code Pressure Ulcers, the key is to determine if there was a source of pressure that caused the blister. In the presence of moisture, less pressure may be required to develop a pressure ulcer. If, for example, a blister was found in the area of the incontinence brief waist or leg band, pressure from the band is a likely cause of the blister and the assessor would record the blister as a pressure ulcer. If no source of pressure could be identified, the blister may be evidence of perineal dermatitis caused by excessive urine or stool eroding the epidermis. No pressure is required for perineal dermatitis to occur. If this is the case, the blister would not be recorded as a pressure ulcer, but would be considered a rash. For additional information, refer to: Lyder, C. (1997). Perineal dermatitis in the elderly: A critical review of the literature. *Journal of Gerontological Nursing* 23(12), 5-10.
 - ◆ If there is persistent redness without a break in the skin that does not disappear when pressure is relieved, the problem should be recorded as a Stage 1 ulcer. Less pressure is needed for a pressure ulcer to form when the skin is soiled with urine and/or feces. If the patient has compromised mobility, pressure is very likely and **Item 31a** should be coded as “1”. If this is a situation where the redness is from pressure and a contact rash from incontinence, especially if the patient was wet long enough to develop the rash, code **Item 32** (pressure ulcer). If the patient’s mobility status is not impaired and the redness is not likely due to pressure, do not code **Item 32**.

33. Other Skin Problems or Lesions

Intent: To document the presence of skin problems other than ulcers, and conditions that are risk factors for more serious problems.

- Definition:**
- a. **Burns (second or third degree)** - Includes burns from any cause (e.g., heat, chemicals) in any stage of healing. This category does not include first degree burns (changes in skin color only).
 - b. **Open Lesions Other Than Ulcers, Rashes, Cuts** - Skin problems other than ulcers, rashes, cuts, e.g., lesions such as cancer lesions.
 - c. **Surgical Wounds** - Includes healing and non-healing, open or closed surgical incisions, skin grafts or drainage sites on any part of the body. This category does not include healed surgical sites or stomas.

Process: Ask the patient if he or she has any problem areas. Examine the patient. Ask nurse assistant. Review the patient's record.

Coding: Check all that apply.

Clarification: ♦ Do not code lacerations that require suturing or butterfly closure as surgical wounds.

34. Skin Treatments

Intent: To document any specific or generic skin treatments the patient has received in the past seven days.

- Definition:**
- a. **Pressure Relieving Device(s) for Chair** - Includes gel, air (e.g., Roho), or other cushioning placed on a chair or wheelchair. Do not include egg crate cushions in this category.
 - b. **Pressure Relieving Device(s) for Bed** - Includes air fluidized, low air loss therapy beds, flotation, water, or bubble mattress or pad placed on the bed. Do not include egg crate mattresses in this category.
 - c. **Turning/Repositioning Program** - Includes a continuous, consistent program for changing the patient's position and realigning the body.
 - d. **Nutrition or Hydration Intervention to Manage Skin Problems** - Dietary measures received by the patient for the purpose of preventing or treating specific skin conditions - e.g., wheat-free diet to prevent allergic dermatitis, high calorie diet with added supplements to prevent skin breakdown, high protein supplements for wound healing.

- e. **Ulcer Care** - Includes any intervention for treating an ulcer at any ulcer stage, e.g., use of dressings, chemical or surgical debridement, wound irrigations, and hydrotherapy.
- f. **Surgical Wound Care** - Includes any intervention for treating or protecting any type of surgical wound, e.g., topical cleansing, wound irrigation, application of antimicrobial ointments, dressings of any type, suture removal, and warm soaks or heat application.
- g. **Application of Dressings (with or without topical medications) Other Than to Feet** - Includes dry gauze dressings, dressings moistened with saline or other solutions, transparent dressings, hydrogel dressings, and dressings with hydrocolloid or hydroactive particles.
- h. **Application of Ointments/Medications (other than to feet)** - Includes ointments or medications used to treat a skin condition (e.g., cortisone, antifungal preparations, chemotherapeutic agents, etc.). This definition does not include ointments used to treat non-skin conditions (e.g., nitropaste for chest pain).

Process: Review the patient's records. Ask the patient and nurse assistant.

Coding: Check all that apply.

- Clarifications:**
- ◆ Good clinical practice dictates that staff should document treatments listed in **Item 34** Skin Treatments (e.g., turning and repositioning program; application of ointments) and **Item 35** Foot Care Problems (e.g., trimming of nails/calluses; application of dressings). Flow sheets could be useful for this purpose, but the form and format of such documentation is determined by the facility.
 - ◆ If a pressure-relieving device is used in the observation period, check **Item 34a** if it was for a chair, and **Item 34b** if it was for a bed. However, do not check either item if the device was an egg crate cushion or mattress. These are specifically excluded from coding.
 - ◆ Dressings do not have to be applied daily in order to be coded on the SB-MDS. If any dressing, meeting the SB-MDS definitions provided for **Items 34e-h**, was applied even once during the 7-day period, the assessor would check the appropriate SB-MDS item.

35. Foot Care Problems

Intent: To document the presence of foot problems and care to the feet during the last seven days.

Definition: a. **Infection of the foot - e.g., cellulitis, purulent drainage**

b. **Open lesions on the foot** - Includes cuts, ulcers, and fissures.

c. **Application of dressings (with or without topical medications)** - Includes dry gauze dressings, dressings moistened with saline or other solutions, transparent dressings, hydrogel dressings, and dressings with hydrocolloid or hydroactive particles.

Process: Ask the patient and nurse assistant. Inspect the patient's feet. Review the patient's clinical records.

Coding: Check all that apply.

Clarification: ♦ For SB-MDS coding, ankle problems are not considered foot problems and should be coded in **Item 34**.

36. Time Awake

Intent: To identify those periods of a typical day (over the last seven days) when the patient was awake all or most of the time (i.e., no more than one hour nap during any such period).

Process: Consult with direct care staff, the patient, and the patient's family.

Coding: Check all periods when patient was awake all or most of the time. Morning is from 7 am (or when patient wakes up, if earlier or later than 7 am) until noon. Afternoon is from noon to 5 pm. Evening is from 5 pm to 10 pm (or bedtime, if earlier).

Clarifications: ♦ When coding this item, check each time period, as defined for that patient, during which he or she did not nap for more than one hour. Some examples of coding **Item 36** are as follows:

- A patient wakes up every morning at 7:00 am. He typically eats breakfast, has a shower, gets dressed and goes back to bed for a late morning nap from 10:00 am until 11:30 am. **Item 36a** (Morning) should NOT be checked, since this patient typically naps for more than 1 hour during the morning.

- A patient typically wakes up at 6:00 am. She is busy with therapy and activities most of the day, and does not take naps. She goes to bed by 7:00 pm every evening. **Items 36a** (Morning), **36b** (Afternoon) and **36c** (Evening) should all be checked, since this patient does not take naps.
- A patient who is bedfast and has end-stage Alzheimer's disease wakes up at 6:00 am daily. She typically dozes off throughout day, napping for more than 1 hour before noon, and again from 3:30 pm to 5:30 pm every afternoon. She is typically awake from 5:30 until 9:00 pm. After that, she's asleep for the night. **Items 36a** (Morning) and **36b** (Afternoon) should NOT be checked, since this patient naps for more than one hour during each of these periods. **Item 36c** (Evening) should be checked as time awake. Although this patient sleeps until 5:30 pm, that is only a 30-minute nap time in the Evening period.
- ◆ Accurate coding relies on the use of appropriate information-gathering techniques. Coding **Items 36a, b, and c** based on only the assessor's personal knowledge of a patient's typical day may result in an inaccurate response to this item. Documentation review is important. However, we would generally not expect facility staff to maintain flowcharts for information such as sleep and awake times; documentation is not always available.
- ◆ It is important to observe the patient across all shifts. In addition, the same individual staff member is generally not on duty and available to observe a patient across a 24 hour period. It's important to supplement observation with interviews of the patient, their family members, other staff across shifts, and in particular, the nursing assistants caring for the patient.

37. Injections

Intent: To determine the number of days during the past seven days that the patient received any type of medication, antigen, vaccines (including influenza and pneumovax), and/or PPD tests, by subcutaneous, intramuscular or intradermal injection. Although antigens and vaccines are considered "biologicals" and not medication per se, it is important to track when they are given to monitor for localized or systemic reactions. This category does not include intravenous (IV) fluids or medications. If the patient received IV fluids, record in **Item 29a**, Parenteral/IV. If IV medications were given, record in **Item 38ac**, IV medication.

Coding: Record the number of DAYS in the answer box.

Clarification: ◆ A Subcutaneous Computer Assisted Dispatch (CAD) pump would be coded as an injection in this item.

Example

During the last seven days, Mr. T received a flu shot on Monday, a PPD test (for tuberculosis) on Tuesday, a Vitamin B₁₂ injection on Wednesday. **Code “3” as the patient received injections on three days during the last seven days.**

38. Special Treatments and Procedures

Intent: To identify any special treatments or therapies that the patient received in the specified time period.

- a. SPECIAL CARE TREATMENTS** - Code the following treatments received by a swing bed patient, regardless of where the treatment was provided.

Definition:

- a. Chemotherapy** - Includes any type of chemotherapy (anticancer drug) given by any route. The drugs coded here are those actually used for cancer treatment. Megace is classified in the Physician's Desk Reference (PDR) as an anti-neoplastic drug. One of its side effects is appetite stimulation and weight gain. If Megace is being given only for appetite stimulation, do not code it as chemotherapy in this item. The patient is not receiving chemotherapy in these situations.

- b. Dialysis** - Includes peritoneal and renal dialysis. Record treatments of hemofiltration Slow Continuous Ultrafiltration (SCUF) and Continuous Arteriovenous hemofiltration (CAVH) in this item.

- c. IV Medication** - Includes any drug or biological (e.g., contrast material) given by intravenous push or drip through a central or peripheral port. Does not include a saline or heparin flush to keep a heparin lock patent, or IV fluids without medication. Record the use of an epidural pump in this item. Epidurals are similar to IV medications in that they must be monitored frequently and they involve continuous administration of a substance.

- d. Oxygen Therapy** - Includes continuous or intermittent oxygen via mask, cannula, etc. (does not include hyperbaric oxygen for wound therapy).

- e. Radiation** - Includes radiation therapy or having a radiation implant.

- f. Suctioning** - Includes nasopharyngeal or tracheal aspiration.

- g. Tracheostomy Care** - Includes cleansing of tracheostomy and cannula.

- h. Transfusions** - Includes transfusions of blood or any blood products (e.g., platelets), which are administered directly into the bloodstream.

- i. **Ventilator or Respirator** - Assures adequate ventilation in patients who are, or who may become, unable to support their own respiration. Includes any type of electrically or pneumatically powered closed system mechanical ventilatory support devices. Any patient who was in the process of being weaned off of the ventilator or respirator in the last 14 days should be coded under this definition.

Coding: Check all treatments received during the last 14 days. Check the appropriate SB-MDS item regardless of where the patient received the treatment.

- Clarifications:**
- ◆ Patients with sleep apnea are undergoing treatments with a mask-like device that is being used to keep the airway open during sleep. This service cannot be coded as a ventilator or a respirator. According to the American Academy of Otolaryngology-Head and Neck Surgery, Inc., a CPAP (Continuous Positive Airway Pressure) device delivers air into your airway through a specially designed mask or pillows. The mask does not breathe for you; the flow of air creates enough pressure when you inhale to keep your airway open. Ventilators are sometimes used to deliver this type of non-invasive ventilation when CPAP or BIPAP machines are not available. In these cases, the ventilator is merely providing air, not traditional life support via invasive measures and does not require the same level of intensity of care that life support ventilation demands.
 - ◆ Do not code services that were provided solely in conjunction with a surgical procedure, such as IV medications or ventilators.

b. THERAPIES

Intent: To record (A) number of days and (B) total number of minutes each of the following therapies was administered (for at least 15 minutes a day) in the last seven days.

Includes therapies that occurred after admission for Part A SNF-level services that were ordered by a physician and were performed by a licensed therapist (i.e., one who meets state credentialing requirements or in some instances, under such a person's direct supervision).

The swing bed facility is responsible for determining the necessity for, and the frequency and duration of, the therapy services provided to patients in a Part A SNF-level stay. Includes **only** therapies furnished after admission to the swing bed. Also includes only therapies ordered by a physician, based on a therapist's assessment and treatment plan that is documented in the patient's clinical record.

- Definition:**
- a. **Speech-Language Pathology and Audiology** - Services that are provided by a licensed speech-language pathologist.
 - b. **Occupational Therapy** - Therapy services that are provided or directly supervised by a licensed occupational therapist. A qualified occupational therapy assistant may provide therapy but not supervise others (aides or volunteers) giving therapy. Include services provided by a qualified occupational therapy assistant who is employed by (or under contract to) the nursing facility only if he or she is under the direction of a licensed occupational therapist.
 - c. **Physical Therapy** - Therapy services that are provided or directly supervised by a licensed physical therapist. A qualified physical therapy assistant may provide therapy but not supervise others (aides or volunteers) giving therapy. Include service provided by a qualified physical therapy assistant who is employed by (or under contract to) the nursing facility only if he or she is under the direction of a licensed physical therapist.
 - d. **Respiratory Therapy** - Included are coughing, deep breathing, heated nebulizers, aerosol treatments, and mechanical ventilation, etc., which must be provided by a qualified professional (i.e., trained nurse, respiratory therapist). Does not include hand held medication dispensers. Count only the time that the qualified professional spends with the patient.

- Clarifications:**
- ◆ If a whirlpool is specifically ordered by a physician to be done under the supervision of a physical therapist, it can be coded as therapy.
 - ◆ “Trained nurse” refers to a nurse who received specific training on the administration of respiratory treatments and procedures. This training may have been provided at the facility during a previous work experience or as part of an academic program. Nurses may not necessarily learn these procedures as part of their formal nurse training program.

Process: Review the patient’s clinical record and consult with each of the licensed therapists.

Coding: **Box A:** In the first column, enter the number (#) of days therapy was administered for 15 minutes or more in the last seven calendar days. Enter “0” if none.

Box B: In the second column, enter the total number (#) of minutes the particular therapy was provided in the last seven days, even if you entered “0” in Box A. The time should include only the actual treatment time (not time waiting or writing reports). Enter “0” if none.

A therapist's initial evaluation time cannot be counted, but subsequent evaluations, conducted as part of the treatment process, would be counted.

Example

Following a stroke Mrs. F was admitted to a swing bed in stable condition for rehabilitation therapies. Since admission she has been receiving speech therapy twice weekly for 30-minute sessions, occupational therapy twice weekly for 30-minute sessions, and physical therapy twice daily for 30 minute sessions for 5 days and respiratory therapy for 10 minutes per day on each of the last 7 days. During the last 7 days Mrs. F has participated in all of her scheduled sessions.

Coding	A	B
a. Speech-language pathology, audiology services	2	60
b. Occupational therapy	2	60
c. Physical therapy	5	300
d. Respiratory therapy	0	70

Clarifications: ♦ The SB-MDS instructions clearly require reporting the actual minutes of therapy received by the patient.

- The patient's treatment time starts when he/she begins the first treatment activity or task and ends when he/she finishes with the last apparatus and the treatment is ended.
 - Set-up time is also included.
 - Time spent on documentation or on initial evaluation cannot be included.
 - Time spent on periodic reevaluations conducted during the course of a therapy treatment may be included.
- ♦ Historically, therapy units have been used for billing and have been derived from the actual therapy minutes. For SB-MDS reporting purposes, conversion from units to minutes is not appropriate and the actual minutes should be obtained from the therapist's treatment logs. Please note that therapy logs are not an SB-MDS requirement, but reflect a standard clinical practice expected of all therapy professionals. These therapy logs may also be used to verify the provision of therapy services in accordance with the plan of care and to validate information reported on the SB-MDS assessment.

GROUP THERAPY CLARIFICATIONS:

- Generally, in a group larger than 4 patients, the patients are receiving supportive services, not treatments, unless there are at least 2 staff persons with the group. For the most part, it is assumed that services coded on the SB-MDS are individualized treatments, and the category does not include services received as part of a group of more than 4 patients per supervising helper. For groups of four or fewer patients per supervising therapist (or assistant), each patient is coded as having received the full time in the therapy session. For example, if a therapist worked with three patients for 45 minutes on training to return to the community, each patient received 45 minutes of therapy. Remember, code for the patient's time, not for the therapist's time.
- A licensed therapist works directly with 2 - 4 patients where each patient is performing the same modality, e.g., upper body strengthening. The treatment ends 30 minutes after it starts. For each session, record 30 minutes therapy time for each patient at **Item 38bB**. A maximum of 25% of the patient's therapy time can be delivered in groups.
- Minutes of therapy provided by at least one supervising therapist within a group of four or fewer patients may be fully counted provided those minutes account for no more than 25% of the patient's weekly therapy in that discipline.
- A licensed therapist starts work directly with one patient to start them on a specific task. Once the patient can proceed with supervision, the licensed therapist works directly with a second patient to get them started on a different task, while continuing to supervise the first patient. The treatment ends for each patient 30 minutes after it begins. For each session, record 30 minutes therapy time for each patient at **Item 38bB**.
- In some cases, the patient will be able to perform part of the treatment tasks with supervision, once set up appropriately. Time supervising the patient is a part of total treatment time. For example, as the last treatment task of the day, a patient uses an exercise bicycle for 10 minutes. It may take the therapist 2 minutes to set the patient up on the apparatus. The therapist or assistant, under the supervision of a PT, may then leave the patient to help another patient in the same exercise room. However, the therapist still has eye contact with the patient and is providing supervision, verbal encouragement and direction to the patient on the bicycle. Therefore, if it took 2 minutes to set the patient up with the cycling apparatus, the patient was supervised during two 5-minute cycling periods; one 2-minute rest between the exercise periods; and took 1 minute to get out of the apparatus, the total cycling activity is 15 minutes. Include in this example that the patient did three additional treatment activities totaling 45 minutes before beginning to cycle. The total time reported on the SB-MDS assessment is 60 minutes. The key is that the patient was receiving treatment the entire

time and had the physical presence of a therapist in the room, supervising the entire treatment process.

- Two licensed therapists, each from a different discipline, begin treating one patient at the same time. The treatment ends 30 minutes after it starts. For each session, record 30 minutes total therapy time for the patient at **Item 38bB**. Split the time between the two disciplines as appropriate. For example, PT = 20 minutes, OT = 10 minutes; or PT = 15 minutes, OT = 15 minutes, etc. In the first example, where the beneficiary received 20 minutes of PT and only 10 minutes of OT, for each session code 1 day of PT at **Item 38bA** and 20 minutes of PT at **Item 38bB**. Also code the 10 minutes of OT in **38bB**. In this example, no days may be coded for OT at **Item 38bA**, because the sessions only lasted 10 minutes.

- Clarifications:**
- ◆ Aides cannot independently provide a skilled service. The services of aides performing therapy treatments may only be coded when the services are performed under line of sight supervision by a licensed therapist. This type of coordination between the licensed therapist and therapy aide under the direct, personal (e.g., line of sight) supervision of the therapist is considered individual therapy for counting minutes. When the therapist starts the session and delegates the performance of the therapy treatment to a therapy aide, while maintaining direct line of sight supervision, the total number of minutes of the therapy session should be coded as therapy minutes.
 - ◆ Documentation by HCPCS codes (indicating the number of minutes per modality) is not required for SB-MDS purposes. Report the total number of therapy minutes the patient received in the 7-day observation period.
 - ◆ When billing for Part A services, therapy units and charges are reported by revenue code. It is not required to specify the modalities provided.
 - ◆ Once the licensed therapist has designed a maintenance program and discharged the patient from the rehabilitation (i.e., skilled) therapy program, the services performed by the therapist and the aide should no longer be reported at **Item 38b** as skilled therapy. The services of the aide may be reported on the SB-MDS assessment as restorative nursing at **Item 39**, provided they meet the requirements for restorative therapy.
 - ◆ There may be situations where nursing staff request assistance from a licensed therapist to evaluate the restorative nursing aides or to recommend changes to a restorative nursing program. Consultation with nursing staff and staff training are certainly good clinical practice. The therapist's time cannot be reported as skilled therapy in **Item 39**.

- ◆ Transdermal Wound Stimulation (TEWS) treatment for wounds can be coded in **Item 38b** when complex wound care procedures, requiring the specialized skills of a licensed therapist, are ordered by a physician. However, routine wound care, such as applying/changing dressings, should not be coded as therapy, even when performed by therapists.

39. Nursing Rehabilitation/Restorative Care

Intent: To determine the extent to which the patient receives nursing rehabilitation or restorative services from other than specialized therapy staff (e.g., occupational therapist, physical therapist, etc.).

Skill practice in such activities as walking and mobility, dressing and grooming, eating and swallowing, transferring, amputation care, and communication can improve or maintain function in physical abilities and ADLs and prevent further impairment.

Definition: Rehabilitative or restorative care refers to nursing interventions that promote the patient's ability to adapt and adjust to living as independently and safely as is possible. This concept actively focuses on achieving and maintaining optimal physical, mental, and psychosocial functioning. Included are nursing interventions that assist or promote the patient's ability to attain his or her maximum functional potential. This item does not include procedures or techniques carried out by or under the direction of licensed therapists, as identified in **Item 38b**. **To be included in this section, a rehabilitation or restorative practice must meet all of the following additional criteria:**

- Measurable objectives and interventions must be documented in the care plan and in the clinical record.
- Evidence of periodic evaluation by a licensed nurse must be present in the clinical record.
- Nurse assistants/aides must be trained in the techniques that promote patient involvement in the activity.
- These activities are carried out or supervised by members of the nursing staff. Sometimes under licensed nurse supervision, other staff and volunteers will be assigned to work with specific patients.
- Does not include exercise groups with more than four patients per supervising helper or caregiver.

- a. **Range of Motion (passive)** - The extent to which, or the limits between which, a part of the body can be moved around a fixed point, or joint. Range of motion exercise is a program of passive or active movements to maintain flexibility and useful motion in the joints of the body. The caregiver moves the body part around a fixed point or joint through the patient's available range of motion. The patient provides no assistance.
- b. **Range of Motion (active)** - Exercises performed by a patient, with cueing or supervision by staff, that are planned, scheduled, and documented in the clinical record.
- c. **Splint/Brace Assistance** - Assistance can be of two types: 1) where staff provide verbal and physical guidance and direction that teaches the patient how to apply, manipulate, and care for a brace or splint, or 2) where staff have a scheduled program of applying and removing a splint or brace, assessing the patient's skin and circulation under the device, and reposition the limb in correct alignment. These sessions are planned, scheduled, and documented in the clinical record.
- d. **Bed Mobility** - Activities used to improve or maintain the patient's self-performance in moving to and from a lying position, turning side to side, and positioning him or herself in bed.
- e. **Transfer** - Activities used to improve or maintain the patient's self-performance in moving between surfaces or planes either with or without assistive devices.
- f. **Walking** - Activities used to improve or maintain the patient's self-performance in walking, with or without assistive devices.
- g. **Dressing or Grooming** - Activities used to improve or maintain the patient's self-performance in dressing and undressing, bathing and washing, and performing other personal hygiene tasks.
- h. **Eating or Swallowing** - Activities used to improve or maintain the patient's self-performance in feeding oneself food and fluids, or activities used to improve or maintain the patient's ability to ingest nutrition and hydration by mouth.
- i. **Amputation/Prosthesis Care** - Activities used to improve or maintain the patient's self-performance in putting on and removing a prosthesis, caring for the prosthesis, and providing appropriate hygiene at the site where the prosthesis attaches to the body (e.g., leg stump or eye socket).

- j. Communication** - Activities used to improve or maintain the patient's self-performance in using newly acquired functional communication skills or assisting the patient in using residual communication skills and adaptive devices.

Process: Review the clinical record and the current care plan. Consult with swing bed staff. Look for rehabilitation, restorative care schedule, assignment, and implementation record sheet on the nursing unit.

Coding: For the last seven days, enter the number of days on which the technique, procedure, or activity was practiced for a total of at least 15 minutes during the 24-hour period. The 15 minutes does not have to occur all at once. Remember that persons with dementia learn skills best through repetition that occurs multiple times per day. Review for each activity throughout the 24-hour period. Enter zero "0" if none.

Examples of Nursing Rehabilitation/Restoration

Mr. V has lost range of motion (ROM) in his right arm, wrist and hand due to a CVA experienced several years ago. He has moderate to severe loss of cognitive decision-making skills and memory. To avoid further ROM loss and contractures to his right arm, the occupational therapist fabricated a right resting hand splint and instructions for its application and removal. The nursing coordinator developed instructions for providing passive range of motion exercises to his right arm, wrist and hand 3 times per day. The nursing assistants and Mr. V's wife have been instructed on how and when to apply and remove the hand splint and how to do the passive ROM exercises. These plans are documented on Mr. V's care plan. The total amount of time involved each day in removing and applying the hand splint and completing the ROM exercises is 30 minutes. The nursing assistants report that there is less resistance in Mr. V's affected extremity when bathing and dressing him. For both Splint or Brace assistance and Range of Motion (passive), **enter "7" as the number of days these nursing rehabilitative techniques were provided.**

Mrs. K was admitted to the nursing facility 7 days ago following repair to a fractured hip. Physical therapy was delayed due to complications and a weakened condition. Upon admission, she had difficulty moving herself in bed and required total assistance for transfers. To prevent further deterioration and increase her independence, the nursing staff implemented a plan on the second day following admission to teach her how to move herself in bed and transfer from bed to chair using a trapeze, the bedrails, and a transfer board. The plan was documented in Mrs. K's clinical record and communicated to all staff at the change of shift. The charge nurse documented in the nurses notes that in the five days Mrs. K has been receiving training and skill practice for bed mobility and transferring, her endurance and strength are improving, and she requires only extensive assistance for transferring. Each day the amount of time to provide this nursing rehabilitation intervention has been decreasing so that for the past five days, the average time is 45 minutes. **Enter "5" as the number of days training and skill practice for bed mobility and transfer was provided.**

Mrs. J had a CVA less than a year ago resulting in left-sided hemiplegia. Mrs. J has a strong desire to participate in her own care. Although she cannot dress herself independently, she is capable of participating in this activity of daily living. Mrs. J's overall care plan goal is to maximize her independence in ADL's. A plan, documented on the care plan, has been developed to teach Mrs. J how to put on and take off her blouse with no physical assistance from the staff. All of her blouses have been adapted for front closure with velcro. The nursing assistants have been instructed in how to verbally guide Mrs. J as she puts on and takes off her blouse. It takes approximately 20 minutes per day for Mrs. J to complete this task (dressing and undressing). **Enter "7" as the number of days training and skill practice for dressing and grooming was provided.**

(continued on next page)

**Examples of Nursing Rehabilitation/Restoration
(continued)**

Using a quad cane and a short leg brace, Mrs. D is receiving training and skill practice in walking. Together, Mrs. D and the nursing staff have set progressive walking distance goals. The nursing staff has received instruction on how to provide Mrs. D with the instruction and guidance she needs to achieve the goals. She has three scheduled times each day where she learns how to apply her short leg brace followed by walking. Each teaching and practice episode for brace application and walking, supervised by a nursing assistant, takes approximately 15 minutes. **Enter “7” as the number of days for splint and brace assistance and training and skill practice in walking were provided.**

Experiencing a slow recovery from Guillain Barre syndrome, Mr. B is receiving daily training and skill practice in swallowing. Along with specially designed cups and appropriate food consistency, the documented plan of care to improve his ability to swallow involves proper body positioning, consistent verbal instructions, and jaw control techniques. Mr. B requires close monitoring when given food and fluids as he is at risk for choking and aspiration. Therefore, only licensed nurses provide this nursing rehabilitative intervention. It takes approximately 35 minutes each meal for Mr. B to finish his food and liquids. He receives supplements via a gastrostomy tube if he does not achieve the prescribed fluid and caloric intake by mouth. **Enter “7” as the number of days training and skill practice in swallowing was provided.**

Mr. W’s cognitive status has been deteriorating progressively over the past several months. Despite deliberate nursing restoration, attempts to promote his independence in feeding himself, he will not eat unless he is fed. Because Mr. W did not receive nursing rehabilitation/restoration for eating in the last 7 days, **enter “0” as the number of days training and skill practice for eating was provided.**

Mrs. E has amyotrophic lateral sclerosis. She no longer has the ability to speak or even to nod her head “yes” and “no”. Her cognitive skills remain intact, she can spell, and she can move her eyes in all directions. The speech language pathologist taught both Mrs. E and the nursing staff to use a communication board so that Mrs. E could communicate with staff. The communication board has proven very successful and the nursing staff, volunteers and family members are reminded by a sign over Mrs. E’s bed that they are to provide her with the board to enable her to communicate with them. This is also documented in Mrs. E’s care plan. Because the teaching and practice in using the communication board had been completed two weeks ago and Mrs. E is able to use the board to communicate successfully, she no longer receives skill and practice training in communication. **Enter “0” as the number of days training and skill practice in communication was provided.**

- Clarifications:** ♦ If a restorative nursing program is in place when a care plan is being revised, it is appropriate to reassess progress, goals and duration/frequency as part of the care planning process. Good clinical practice would indicate that the results of this “reassessment” should be documented in the record.
- ♦ Once the purpose and objectives of treatment have been established, a progress note written by the restorative aide and countersigned by a licensed nurse is sufficient to document the restorative nursing program.
 - ♦ Facilities may elect to have licensed professionals perform repetitive exercises and other maintenance treatments or to supervise aides performing these maintenance services. In these situations, the services may not be coded as therapy in **Item 38**, since the specific interventions would be considered restorative nursing services when performed by nurses or aides. The therapist’s time actually providing the maintenance service can be included when counting restorative nursing minutes. Although therapists may participate, members of the nursing staff are still responsible for overall coordination and supervision of restorative nursing programs.
 - ♦ Active or passive movement by a patient that is incidental to dressing, bathing, etc. does not count as part of a formal restorative care program. For inclusion in **Items 39a and 39b**, active or passive range of motion must be a component of an individualized program with measurable objectives and periodic evaluation delivered by staff specifically trained in the procedures.
 - ♦ The use of Continuous Passive Motion (CPM) devices as Rehabilitation/Restorative Nursing is coded when the following criteria are met. The CPM devices are recommended by the physical therapist and ordered by the patient’s physician. Physical therapy staff may demonstrate application and use of the device to the nursing staff. The device is usually set up in the evening by the nursing staff. Monitoring of the device during the night, and documentation of the application of the device and effects on the patient are done by the nursing staff. If the application and monitoring of the CPM device takes at least 15 minutes (or more) per day, then the nursing staff may enter the number of *days* in restorative nursing. If the application and monitoring of the CPM device takes less than 15 minutes per day, SB-MDS **Item 39a** would be coded as “0”.

40. Physician Visits

Intent: To record the **number of days** during the last 14-day period a physician has **examined** the patient (or since admission if less than 14 days ago). Examination can occur in the facility or in the physician’s office. In some cases the frequency of physician’s visits is indicative of clinical complexity.

Definition: **Physician** - Includes MD, DO (osteopath), podiatrist, or dentist who is either the primary physician or consultant. Also include an authorized physician assistant, or nurse practitioner working in collaboration with the physician. Does not include visits made by Medicine Men.

Physician Exam - May be a partial or full exam at the facility or in the physician's office. This does not include exams conducted in an emergency room.

Coding: Enter the number of days the physician examined the patient. If none, enter "0".

Clarification: ♦ If a patient is evaluated by a physician off-site (e.g., while undergoing dialysis or radiation therapy), it can be coded as a physician visit. Documentation of the physician's evaluation should be included in the clinical record. The physician's evaluation can include partial or complete examination of the patient, monitoring the patient for response to the treatment, or adjusting the treatment as a result of the examination.

41. Physician Orders

Intent: To record the **number of days** during the last 14-day period (or since admission, if less than 14 days ago) in which a physician has changed the patient's orders. In some cases the frequency of physician's order changes is indicative of clinical complexity.

Definition: **Physician** - Includes MD, DO (osteopath), podiatrist, or dentist who is either the primary physician or a consultant. Also includes authorized physician assistant or nurse practitioner working in collaboration with the physician.

Physician Orders - Includes written, telephone, fax, or consultation orders for new or altered treatment. Does NOT include admission orders, return admission orders, renewal orders or clarify orders without changes.

Coding: Enter the number of days on which physician orders were changed. Do not include order renewals without change. If no order changes, enter "0".

Clarifications: ♦ A sliding scale dosage schedule that is written to cover different dosages depending on lab values, does not count as an order change simply because a different dose is administered based on the sliding scale guidelines.

♦ Do not count visits or orders prior to the date of admission or reentry. Do not count return admission orders or renewal orders without changes. And do not count orders written by a pharmacist.

♦ A monthly Medicare Certification is a renewal of an existing order and should not be included when coding **Item 41**.

- ◆ If a patient has multiple physicians; e.g., surgeon, cardiologist, internal medicine, etc., and they all visit and write orders on the same day, the SB-MDS must be coded as 1 day during which a physician visited, and 1 day in which orders were changed.
- ◆ When a PRN order was already on file, the potential need for the service had already been identified. Notification of the physician that the PRN order was activated does not constitute a new or changed order and may not be counted when coding **Item 41**.

42. Ordered Therapies

Skip this item unless this is a Medicare 5-Day assessment, or Medicare Readmission/Return assessment.

Intent: To recognize ordered and scheduled therapy services (physical therapy (PT), occupational therapy (OT) and speech pathology services (SP)) during the early days of the patient's stay. Often therapies are not initiated until after the end of the observation assessment period. This section provides an overall picture of the amount of therapy that a patient will likely receive through the fifteenth day from admission.

Process: Review the patient's clinical record to determine if the physician has ordered one or more of the therapies to begin in first 14 days of stay. Therapies include physical therapy (PT), occupational therapy (OT), and speech pathology services. If orders exist, consult with the therapists involved to determine if the initial evaluation is completed and therapy treatment(s) has been scheduled.

If the patient is scheduled to receive at least one of the therapies, have the therapist(s) calculate the total number of days through the patient's fifteenth day since admission when at least one therapy service will be delivered. Then have the therapist(s) estimate the total PT, OT, and SP treatment minutes that will be delivered through the fifteenth day of admission.

- Coding:**
- a. **Ordered Therapies** - Code "1", Yes if the physician has ordered any of the following therapy services to begin in the first 14 days of stay - physical therapy, occupational therapy or speech pathology services. If No, enter "0" and *skip to Item 45*.
 - b. **Estimate of Number of Days** - Enter the number of days at least one therapy service is expected to be delivered through the patient's fifteenth day of admission. Count the days of therapy already delivered from **Item 38ba-c**.
 - c. **Estimate of Number of Minutes** - Enter the estimated **total** number of therapy minutes (across all therapies) it is expected the patient will receive through the patient's fifteenth day of admission. Include number of minutes provided from **Item 38ba-c**.

Example of Ordered Therapies on Medicare 5-Day Assessments

Mr. Z was admitted to the swing bed late Thursday afternoon. The physician's orders for both physical therapy and speech language pathology evaluation were obtained on Friday. Both therapy evaluations were completed on Monday and physical and speech therapy were scheduled to begin on Tuesday. Physical therapy was scheduled 5 days a week for 60 minutes each day. Speech therapy was scheduled for 3 days a week for 60 minutes each day. The RN Assessment Coordinator identified Monday as the end of the observation assessment period for this Medicare 5 day assessment. Within the 15 days from the patient's admission date (Thursday), the patient will receive 8 days of physical therapy (480 minutes) and 4 days of speech therapy (240 minutes) for a total of 720 minutes in the fifteen days.

Enter "8" in Item 42b for the number of days that at least one therapy service is expected to be delivered.

Because physical therapy was scheduled more frequently than speech therapy, the total number of days of physical therapy would be used.

Enter "720" in Item 42c for the estimated total number of minutes that both physical therapy and speech therapy are expected to be delivered.

Mrs. C was admitted to the facility Tuesday with an evaluation order for all three therapies. The physical therapist completed the evaluation for physical therapy and scheduled treatment to begin on Thursday, five days a week for 30 minutes each day. The occupational therapist completed the evaluation and scheduled therapy to begin on Monday, 3 days a week for one hour each day. The speech language pathologist's evaluation did not recommend speech therapy for the patient so speech therapy was not scheduled. The RN Assessment Coordinator identified Monday as the end of the observation assessment period. Within the observation assessment period, the patient received 3 days of physical therapy for a total of 90 minutes. This was recorded in **Item 38c, A & B** of the SB-MDS assessment. The patient received one occupational therapy treatment for a total of 60 minutes, which was also recorded in **Item 38b, A & B**. It was expected that Mrs. C would receive 6 more days of physical therapy within the 15 days after the patient's admission for a total of 180 minutes and 3 more days of occupational therapy within the 15 days after the patient's admission for a total of 180 minutes.

Enter "9" in Item 42b for the number of days that at least one therapy service is expected to be delivered.

Enter "510" in Item 42c for the estimated total number of minutes that both physical therapy and occupational therapy is expected to be delivered.

43. Case Mix Group

Process: **Medicare Reimbursement** - The software will calculate the RUG-III classification for the Medicare program using the 44-Group Version 5.12 RUG-III Classification.

State Medicaid - If the state requires the completion of the SB-MDS assessment for Medicaid swing bed payment, and the State uses a version of the RUG-III system, the Medicaid RUG-III group may be coded on the SB-MDS. RAVEN-SB does not include a State Medicaid classification program, and will NOT calculate the RUG-III group needed for state payment.

44. HIPPS Code

Definition: Health Insurance Prospective Payment System (HIPPS)

The HIPPS codes are 5-character codes used solely for billing the Medicare Part A stay under the SNF PPS. The codes reflect the 3-character RUG-III group into which the patient is classified, and a 2-character assessment indicator. The assessment indicator is calculated based on the answers to **Items 11a-f** Reason for Assessment.

Process: The RAVEN-SB software program calculates the HIPPS code for you. The HIPPS codes must appear when billing a Part A SNF-level stay under the SNF PPS. The computer software program will calculate the appropriate HIPPS code that will be used in the billing process, except for the 5 special payment codes.

Example of HIPPS Code

A 5-day Medicare assessment that is classified into the High Rehabilitation RUG-III classification would be coded as RHB01. The “R” indicates Rehabilitation, the “H” indicates the High Rehabilitation group, the “B” indicates an ADL score of 8-12, and the “01” indicates a 5-day Medicare assessment.

R	H	B	0	1
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A discussion of the RUG-III classification system is found in Chapter 4.

45. Signature

Definition: a. Name and signature of RN coordinating the assessment and completing the assessment.

b. Date RN Assessment Coordinator signed as complete.

Coding: Use the actual date the SB-MDS was completed, reviewed and signed, even if it is after the patient's date of discharge.

Chapter 3: Submission and Correction of the Swing Bed Minimum Data Set Assessment

3.1 Legal and Submission Authority

According to Section 4432(a) of the Balanced Budget Act (BBA) of 1997, swing bed hospitals are to be incorporated into the SNF PPS system effective with cost reporting periods beginning on or after July 1, 2002. To accomplish this, a unique 2-page SB-MDS assessment has been developed and must be completed, encoded, and submitted to a national database. Directions for this process are included in Program Memorandum Transmittal Number A-02-016 dated February 15, 2002. The SB-MDS must be completed in compliance with the Medicare PPS schedule found in Chapter 4 of this manual.

Swing bed providers must complete the SB-MDS assessment within 14 days of the Assessment Reference Date. An SB-MDS is considered complete on the day that the registered nurse (RN) responsible for coordinating the SB-MDS assessment process signs and dates the assessment. The SB-MDS records must be submitted electronically to the national database and will be considered timely if submitted and accepted into the database within 14 days of completion.

The Swing Bed facility is required to submit SB-MDS records for patients in a Medicare Part A SNF-level stay. The swing bed facility may also choose to submit assessments for other patients, but only when the SB-MDS assessments are for patients in a Medicare or Medicaid certified swing bed. Submission of assessments for other patients is a violation of patient privacy rights. Appropriate authority to submit records is denoted in the submission record in the SUB_REQ field. The SUB_REQ field is explained in more detail later in this chapter.

3.2 Computer Requirements

Hardware - Specifications are available detailing the hardware that is needed at the Swing Bed facility to support this data submission program. They may be found at www.hcfa.gov/medicare/snfpps.htm.

Software - The Swing Bed facility must use software that will allow accurate encoding of the SB MDS data and assure that the records pass the standardized edits defined by CMS. The Patient Assessment and Verification Entry Software for Swing Beds (RAVEN-SB) is available free to the Swing Bed facility at www.hcfa.gov/medicare/snfpps.htm. It meets all of the CMS standardized edits and will create the files needed to submit the SB-MDS data to the national database and download reports.

Commercial software may be purchased that incorporates more features than RAVEN-SB. If the facility chooses to purchase such a system, it must be certain that it conforms to the data specifications required by CMS. The vendor can access these specifications at www.hcfa.gov/medicare/snfpps.htm.

3.3 Submission Rules

Timing Rules - There are currently two timing rules in the SB-MDS data specifications:

1. Completion Timing: **Item 45b**, Completion Date, can be no more than 14 days later than **Item 10a**, Assessment Reference Date. Although the record will be accepted into the national database, failure to follow this rule will result in a warning message. *NOTE:* Discharge and Reentry tracking documents are completed within 7 days of the event.
2. Submission Timing: Assessments must be submitted within 14 days of **Item 45b**, Completion Date. Although the record will be accepted into the national database, failure to follow this rule will result in a warning message. *NOTE:* Discharge and Reentry tracking documents must be submitted within 14 days of **Item 45b**.

Date Sequencing Rules - There is a logical sequence of dates on the SB-MDS. For example, it would be illogical for the patient's birthdate to be later than the admission date or for any date on the SB-MDS to be later than the current date. If there are date inconsistencies within a record when submitted to the national database, the record will receive a fatal error and will be rejected.

The following table lists each date field from the SB-MDS and the related date fields that must either be earlier or the same as that date field.

Date Field (MDS Crosswalk)/Description	Date Fields that Must Be Earlier or the Same
Item 3 (AA3) Birthdate	10a Assessment Reference Date 12 Prior Acute Care Stay 13 Admission Date 15 Discharge Date 16 Reentry Date 45b Completion Date Current Date
Item 10a (A3a) Assessment Reference Date	45b Completion Date Current Date
Item 13 (AB1) Admission Date	10a Assessment Reference Date 15 Discharge Date 16 Reentry Date 45b Completion Date Current Date
Item 15 (R4) Discharge Date	Current Date
Item 16 (A4a) Reentry	Current Date
Item 45b (R2b) Completion Date	Current Date

Item 12, Prior Acute Care Stay captures the admission date of the qualifying 3-day hospital stay that occurred before admission to the swing bed for Part A SNF-level care. It should always be earlier than **Item 13**, Admission Date (to the swing bed), **Item 10a**, Assessment Reference Date, **Item 45b**, Completion Date and the current date.

Another fatal date edit requires that **Item 3**, Birthdate, be no more than 140 years prior to the current date.

3.4 Submission File Structure

Each submission file consists of a **Header Record**, one or more **Body Records** and a **Trailer Record**. The RAVEN-SB software will create the files, including header and trailer records needed to submit the SB-MDS data to the national database. Commercial software vendors can access record specifications at www.hcfa.gov/medicare/snfpps.htm.

The **Header Record** contains basic identifying information for the swing bed hospital submitting SB-MDS data, the contact persons, and telephone numbers to use in the event that the file is in error. Each **Body Record** contains information for a single SB-MDS assessment. These assessments include original SB-MDS forms, corrected SB-MDS forms, discharge and reentry records. The **Trailer Record** indicates the end of the submission file and includes a count of the total records in the file including the header and trailer records.

Each **Body Record** will contain a SUB_REQ field. This field indicates whether the submission of the record is authorized. **There is CMS authority to submit an assessment if the patient is in a Medicare or Medicaid certified swing bed.** If the assessment submitted is AUTHORIZED, the SUB_REQ should be 1.

A SUB_REQ code of 0 identifies an assessment with no authority for submission. If the patient is not in a Medicare or Medicaid certified swing bed, the record must not be submitted. If a swing bed provider inadvertently transmits an SB-MDS with a SUB_REQ of 0, it will be rejected.

3.5 Prospective Payment System (PPS) Requirements

Every Medicare PPS assessment that is submitted to the national database must include a RUG-III case mix code and a Health Insurance Prospective Payment System (HIPPS) Code.

RUG-III Code - The first three characters are the RUG-III group code and the last two characters are a valid RUG-III version code. The RAVEN-SB software determines the correct code for you and inserts the code on each patient's SB-MDS record.

HIPPS Code - The first three characters are the RUG-III group code and the last two characters are a valid assessment indicator. The RAVEN-SB software determines the correct code for you and inserts the code on each patient's SB-MDS record.

When a Medicare SB-MDS assessment record is received by the national database, both the RUG-III case mix code and HIPPS Code are recalculated and verified. Once the patient's SB-MDS record has been accepted into the national database, clinical staff should give the HIPPS code to the billing office. The HIPPS code must appear on the claim, and the claim cannot be filed until the patient's SB-MDS record has been accepted into the national database.

It is important to remember that the record will be accepted into the database even if the calculated RUG-III code or HIPPS code differ from the submitted values. The error will be flagged on the final validation report by issuing a warning message and listing the correct RUG-III or HIPPS code. When such discrepancies occur, the RUG-III and/or HIPPS code reported on the validation report should always be used for billing.

3.6 Timing and Types of Corrections

After an assessment has been completed, data entered and submitted to the national database, no further changes should be made to the assessment record. Corrections are allowed, however, if an assessment, data entry or software error has been made. Corrections must be completed within 14 days of detecting the error or errors, and then submitted within 14 days of completion of the correction.

There are different correction procedures for different types of errors.

Records in Error Not Accepted Into the National Database:

This includes records that have been submitted and rejected, production records that were inadvertently submitted as test records, or records that have not been submitted at all. Since none of these records have been accepted into the national database, corrections can be made, and these records can simply be submitted without any special correction procedures.

Records in Error Accepted Into the National Database:

This includes test records submitted and accepted as production, unauthorized records submitted with incorrect submission authority, records with errors in key fields (see Page 3-5 for more information on key fields), and records with errors in non-key field items. Each requires special correction procedures.

There are several definitions relevant to these correction procedures:

Test Batch - The national database system allows a swing bed hospital to submit test SB-MDS batches. This allows the hospital to test the submission process and to verify that it is submitting valid data. A Test/Production field in the header record identifies that the data to follow is for test purposes only and should be edited but not accepted into the database.

Production Batch - A Test/Production field in the header record identifies that the data to follow is production data and should be edited and accepted into the database.

Unauthorized Record - The hospital has no “submission authority” to submit the record to CMS.

Submission Authority - The hospital has authority to submit SB-MDS assessments to CMS for patients in a Medicare or Medicaid certified swing bed. States may also establish additional submission requirements. Submission authority and the SUB_REQ have been discussed in greater detail earlier in this chapter.

Key Fields - Key fields are used by the national database to uniquely identify an assessment. The following table lists the key fields in an assessment record.

Key Field Name (MDS 2.0 Crosswalk)	Description
FAC_ID	Unique Hospital ID code
Item 1a (AA1a)	Patient First Name
Item 1c (AA1c)	Patient Last Name
Item 2 (AA2)	Gender
Item 3 (AA3)	Birthdate
Item 7a (AA5a)	Social Security Number
Item 10a (A3a)	Assessment Reference Date
Item 11a (AA8b)	Primary Reason for Assessment
Item 11b (AA8b)	PPS Scheduled Assessment
Item 15 (R4)	Discharge Date
Item 16 (A4a)	Reentry Date

Non-Key Fields – Includes all SB-MDS fields, except SUB_REQ and the key fields listed above.

Active Record – An SB-MDS record that has been submitted and accepted into the national database.

Original Record – The initial version of an active record. An original record must have a unique combination of key fields. For an assessment to be coded as an original record the correction counter field **Item 10b** must be 00.

Correction Record - A new version submitted to correct an existing active record. A correction record must have the same key fields as the active record in error. Code the correction record in **Item 10b** with a value one greater than **Item 10b** on the record being corrected. If you were correcting an original record, the counter in **Item 10b** on the correction record would be 01. You can correct any record in error, including active correction records. If you were correcting an already existing correction record with an **Item 10b** value of 01, then **Item 10b** on the new correction record would be 02.

Inactivation Record - A special SB-MDS record containing the key fields needed to identify and inactivate an active record in the national database. An inactivation record must have key fields exactly matching an active record.

Correction Counter - Item 10b, Original or Correction, on the SB-MDS is used to identify the version of a record. Entering 00 in this field indicates an original record. A correction record will always have an entry greater than zero. **Item 10b** must be incremented to 01 (zero, one) for the first corrected version accepted in the national database, to 02 (zero, two) for the second corrected version accepted in the national database, etc.

If a **test batch is inadvertently submitted as a production batch**, these assessments must be deleted from the national database. When such a deletion is necessary, the swing bed facility must submit a written deletion request to the support office for the national database.

The following is an example of the deletion request worksheet:

Example Swing Bed Test File Deletion Request Worksheet	
1. Complete a copy of this form for each Test File to be deleted.	
2. Submit to: Iowa Foundation For Medical Care, QTSO Support 6000 Westown Parkway Suite 350E West Des Moines, IA 50266-7771	
(This information must not be sent via e-mail due to confidentiality of the information)	
SB Facility information	
Name	
ID (FAC_ID)	
Requester information	
Name	
Title	
Phone #	
Submission information	
Date and time	
Batch #	
Reason For Deletion Request	
This test file was inadvertently submitted as a production file. Please delete all of the assessments from the national database.	
<hr style="width: 80%; margin-left: auto;"/> Assessment Coordinator Name	
<hr style="width: 80%; margin-left: auto;"/> Assessment Coordinator Signature	
<hr style="width: 80%; margin-left: auto;"/> Date	

Only assessments for Medicare or Medicaid certified swing beds are authorized for submission to the national database. If an **unauthorized record is accepted** the assessment(s) must be deleted from the database. When such a deletion is necessary, the swing bed facility must submit a written deletion request to the support office for the national database.

The following is an example of the unauthorized record deletion request worksheet:

Example SB-MDS Unauthorized Record Deletion Request Worksheet

Instructions:

1. Complete a copy of this form for each unauthorized record to be deleted.
2. Submit to: Iowa Foundation For Medical Care, QTSO Support
6000 Westown Parkway Suite 350E
West Des Moines, IA 50266-7771
(This information must not be sent via e-mail due to confidentiality of the information)

Facility information	
Name	
ID (FAC_ID)	
Requester information	
Name	
Title	
Phone #	
Resident information	
First Name	
Last Name	
SSN	
Birth date	
Gender	
Record information	
Item 11a	
Item 11b	
Event Date¹	
Submission information	
Date and time	
Batch #	
Assessment Internal ID	
Reason for Deletion Request	
This record was inadvertently submitted indicating it had submission authority, when it did not have authority. Please delete this record from the national database.	

Assessment Coordinator Name

Assessment Coordinator Signature

Date

¹Event Date:
 SB-MDS Item 10a, reference date, for an assessment record.
 SB-MDS Item 15, discharge date, for a discharge record.
 SB-MDS Item 16, reentry date, for a reentry record.

Version 1.0

An authorized record with incorrect key fields identifies the wrong swing bed facility, patient, type of assessment or event date, such as birthdate, discharge date, reentry date or ARD. If **an authorized record is accepted into the national database with incorrect key fields**, the record must be inactivated and, if appropriate, a new original record with all information correct (both key and non-key fields) must be submitted.

The inactivation process moves the erroneous record from the active part of the database to a history file maintained as an audit trail of corrections. Once the erroneous assessment has been inactivated, a replacement assessment may be submitted as an original record with **Item 10b** entered as 00.

For example, if an assessment was submitted with an incorrect patient birthdate (**Item 3**), an inactivation record would be submitted and a replacement assessment with the correct birthdate would also be submitted. The replacement assessment would be an original record with **Item 10b** equal to 00. It is important to submit inactivation records when mistakes are identified, since the system will not recognize assessments with different information in the key fields as belonging to the same patient.

An inactivation record will be rejected if all key fields do not match the active record existing in the database (i.e., the record with the error). For submission purposes, both the inactivation record and the replacement assessment record may be included in the same submission batch.

If an active authorized assessment is determined to have errors only in non-key fields, a correction record should be submitted. The non-key errors should be corrected in a copy of the assessment. The correction field **Item 10b** should be increased by 1, from 00 to 01 etc. The correction record should be submitted to CMS.

When a correction record is accepted, the existing active record is moved to an inactive history file as an audit trail and the new corrected record will be placed in the active database. Standard system reports and procedures are limited to active records.

A correction record will be rejected if the national database does not already contain an existing active version of the record with exactly the same key fields, and the correction field **Item 10b** having a value exactly one greater than the **Item 10b** value in the existing version of the record.

Correction Policy Examples

Your swing bed hospital just submitted the first production batch of assessments after successfully testing the submission process. After reviewing the validation reports, you realize that the test indicator had not been switched to production. To correct this, change the Test/Production indicator and resubmit the batch. Do not increment **Item 10b**, Original and Correction field. You are resubmitting the **Original Record** and it should still be coded 00.

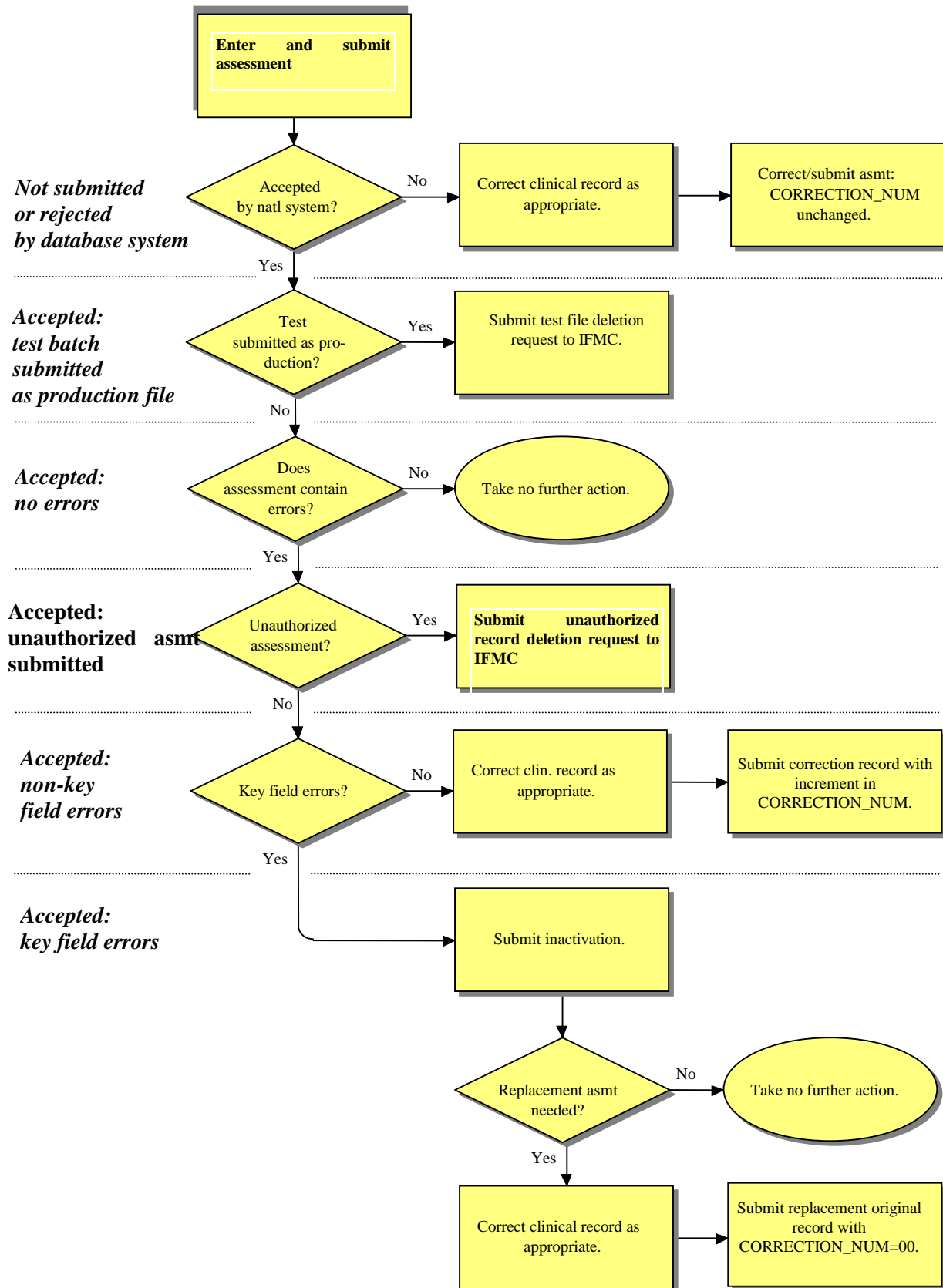
Today is July 3, 2002 and you have just submitted an SB-MDS batch and received the validation report. After reviewing the report you notice the assessment submitted for Mr. J has been rejected. The birthdate submitted was invalid because it is after the current date. After a review of the assessment, you see that rather than 10 07 1922, his birthdate was entered as 10 07 2002. You should reopen the assessment, correct the birthdate, and submit the assessment. Do not increment **Item 10b**, Original and Correction field. You are resubmitting the **Original Record** and it should still be coded 00.

Your swing bed hospital is anxious to test the submission process. You enter several fictitious assessments into the software using silly names and made-up data. You submit the batch but forget to set the Test/Production indicator to test. The validation report shows that the data has been accepted into the database. You must submit a written **Test File Deletion Request** to the Support office for the national database. The request should include the swing bed hospital name, the name, title and phone number of the person making the request, the Hospital ID (FAC_ID), the submission data and time, and the submission batch ID number. (A sample request form is included on Page 3-6.)

When entering the 30-day assessment for Mr. G, you notice that his social security number is incorrect in the system. Both the 5-day and the 14-day assessment have been submitted with this incorrect number. **Item 7a**, Social Security Number, is a key field. To correct this error, you would need to submit an **Inactivation Record** for both the 5-day and 14-day assessments. Then create new original records for both assessments with the correct social security numbers. Submit the new original for the 5-day and 14-day assessments with **Item 10b**, Original and Correction field, coded 00. Also, submit the 30-day assessment with the correct social security number. Both the inactivation records and the replacement assessment records may be included in the same submission batch.

When reviewing a 5-day assessment on Mrs. Y, you realize that **Item 38aa**, Chemotherapy, had been incorrectly marked and **Item 38ab**, Dialysis, should have been marked and was not. This error is in a non-key field and can be corrected with a correction record. Using RAVEN-SB software, make a correction copy of the assessment. Revise **Items 38aa and 38ab** with the correct answers. Increment **Item 10b**, Original and Correction field. Since the 5-day was an original record coded 00, you would now code it 01. Submit the corrected assessment.

SB-MDS Correction Policy Flowchart



Chapter 4: Medicare Skilled Nursing Facility Prospective Payment System (SNF PPS)

4.1 SNF PPS Coverage Guidelines

Under SNF PPS, beneficiaries must continue to meet the established eligibility requirements for a Part A SNF-level stay; i.e., the beneficiary must have received acute care as a hospital inpatient for a medically necessary stay of at least 3 consecutive calendar days. In addition, the beneficiary must have started receiving extended care swing bed services within 30 days after discharge as an acute care patient from the swing bed facility or other hospital, unless the exception in §3131.3b of the Medicare Intermediary Manual (MIM) applies. To be covered, the extended care services must be needed for a condition which was treated during the beneficiary's qualifying hospital stay, or for a condition which arose while receiving extended care services for a condition for which the beneficiary was previously treated during the acute care stay.

Swing bed providers will assess the clinical condition of beneficiaries by completing the SB-MDS assessment for each Medicare beneficiary receiving Part A SNF-level care. The SB-MDS must be completed in compliance with the Medicare PPS schedule shown in the chart below.

Medicare Assessment Schedule for Swing Bed Hospitals					
Medicare SB-MDS Assessment Type	Reason for Assessment (SB-MDS Item11b code)	Assessment Reference Date * (based on start of Part A stay)	Assessment Reference Date Grace Days	Number of Days Authorized for Coverage and Payment	Applicable Medicare Payment Days
5-day	1	1-5**	6-8**	14	1-14
14-day	7	11-14	15-19	16	15-30
30-day	2	21-29	30-34	30	31-60
60-day	3	50-59	60-64	30	61-90
90-day	4	80-89	90-94	10	91-100

*The assessment reference date is the last date of the observation period for the clinical assessment. The timeliness requirements are calculated using the first day of the Medicare Part A-covered stay as "day 1".

**If a beneficiary expires or transfers to another facility before the 5-day assessment has been completed, the facility will still need to prepare an SB-MDS as completely as possible for the RUG-III classification and Medicare payment purposes. Otherwise the days will be paid at the default rate. The assessment reference date must also be adjusted to no later than the date of discharge.

4.2 Payment Provisions Under SNF PPS

Federal Rate

Swing bed services reimbursed under the SNF PPS will be paid at the full Federal rate. The Federal payment rates were developed by CMS using allowable costs from hospital-based and freestanding Part A SNF-level cost reports from reporting periods beginning in fiscal year 1995. The data used in developing the Federal rates also incorporated an estimate of the amount payable under Part B for covered SNF-level services furnished during fiscal year 1995 to individuals who were patients of the facility and receiving Part A covered services.

In accordance with the formula prescribed in the Balanced Budget Act (BBA), the Federal rates were set at a level equal to the weighted mean of freestanding costs plus 50 percent of the difference between the freestanding mean and the mean of all SNF costs (hospital-based and freestanding) combined. In addition, the portion of the Federal rate attributable to wage-related costs is adjusted by an appropriate wage index. Payment rates are computed and applied separately for facilities located in urban and rural areas. All swing bed hospitals are classified as rural providers, and will be paid at the rural rate for their geographic locations.

The Federal rate incorporates adjustments to account for facility case mix from the RUG-III patient classification system used under the national PPS. RUG-III is a 44-group patient classification system that provides the basis for the case-mix payment indices (or relative payment weights) used to standardize the Federal rates and subsequently to establish case-mix adjustments to the rates for patients with different service use. Information from the SB-MDS is used to classify patients into one of 44 RUG-III groups. Like other providers subject to the SNF PPS, swing bed providers must complete these assessments according to an assessment schedule specifically designed for Medicare payment.

When assessments are performed late, the swing bed facility will be paid at a default rate equal to the payment made for the lowest RUG III group. The default rate will remain in effect for as long as the provider is not in compliance with this SB-MDS schedule.

Under the SNF PPS, covered swing bed services will include Part A SNF-level services for which benefits are provided under Part A (the hospital insurance program). In addition, the SNF PPS rate includes all items and services for which, prior to July 1, 1998, payment had been made under Part B (the supplementary medical insurance program) but furnished to SNF patients during a Part A covered stay.

Services that are not reimbursed through the SNF PPS per diem rate include physician services, physician assistant services, nurse practitioner and clinical nurse specialist services, certified midwife services, qualified psychologist services, certified registered nurse anesthetist services and anesthesiologist assistant services. Services of nurses and physician assistants are not separately billable when they are employees of the swing bed facility.

4.3 Resource Utilization Groups Version III

Beginning on the first day of each provider's next fiscal years on or after July 2002, swing bed programs will be required to conduct assessments that will be used to determine reimbursement for their Medicare patients. The SB-MDS assessment contains items that reflect the acuity level of the patient, including diagnoses, treatments and an evaluation of the patient's functional status. Patient acuity information is used to calculate a RUG-III classification for each patient. Resource Utilization Groups (RUG) system predicts levels of resources that are required to care for a mixture of different patient needs. The RUG-III patient classification system measures both nursing and therapy staff resource use.

The RUG-III Classification system has seven major patient classification groups, Extensive Services, Rehabilitation, Special Care, Clinically Complex, Impaired Cognition, Behavior Problems, and Reduced Physical Functions. The seven groups are further divided by the intensity of the patient's activities of daily living (ADL) needs.

- In the Extensive Services category, an extensive services count is completed to determine if the assessment also classifies in other categories such as Special Care, Clinically Complex, and Impaired Cognition.
- In the Clinically Complex category, assessments are differentiated by the absence or presence of depression.
- In the Impaired Cognition, Behavior Problems and Reduced Physical Functioning categories, two or more nursing rehabilitation services are recognized.

One hundred eight (108) MDS items are used in the RUG-III classification system to evaluate the patient's clinical condition.

One very important calculation in the classification process is the scoring of Activities of Daily Living (ADL). An ADL Score is calculated for all assessment classifications and is one of the determining factors regarding placement in all RUG-III categories. The ADL Score calculation includes **Item 23a** (bed mobility), **Item 23b** (transfer), **Item 23d** (toilet use), and an eating calculation using **Items 23c and 29c**. The ADL Scores range between 4 and 18. An ADL Score of 4 represents the most independent patient while a score of 18 represents the most dependent patient.

SEVEN MAJOR RUG-III CLASSIFICATION GROUPS	
MAJOR RUG-III GROUP	CHARACTERISTICS ASSOCIATED WITH MAJOR RUG-III GROUP
Rehabilitation	Patients receiving extensive physical, speech or occupational therapy.
Extensive Services	Patients receiving complex clinical care or with complex clinical needs such as IV feeding or medications suctioning, tracheostomy care, ventilator/respirator and a count of other RUG categories.
Special Care	Patients with serious medical conditions such as multiple sclerosis, quadriplegia, cerebral palsy, respiratory therapy, ulcers, stage III or IV pressure ulcers, radiation, surgical wounds or open lesions, tube feeding and aphasia, fever with dehydration, pneumonia, vomiting, weight loss or tube feeding.
Clinically Complex	Patients with conditions requiring skilled nursing management and interventions for conditions and treatments such as burns, coma, septicemia, pneumonia, foot/wounds, internal bleeding, dehydration, tube feeding, oxygen, transfusions, hemiplegia with ADL sum ≥ 10 , chemotherapy, dialysis, No. of days in last 14 - physician visits/order changes: visits ≥ 1 and change ≥ 4 or visits ≥ 2 and change ≥ 2 , diabetes and 7 days injection and order change ≥ 2 days.
Impaired Cognition	Patients having cognitive impairment in decision making, recall and short-term memory. (Score on MDS 2.0 cognitive performance scale ≥ 3).
Behavior Problems	Patients displaying behavior such as wandering, verbally or physically abusive or socially inappropriate, or who experience hallucinations or delusions
Reduced Physical Functions	Patients whose needs are primarily for activities of daily living and general supervision.

HIERARCHICAL VERSUS INDEX MAXIMIZING CLASSIFICATION

There are two basic approaches to RUG-III classification: hierarchical classification and index maximizing classification. The SNF PPS uses index maximizing.

An SB-MDS record can sometimes qualify for more than one RUG-III group. When determining payment, the first step in index maximizing is to identify each of the 44 possible RUG-III groups for which the assessment qualifies. Then, from the total number of possible groups, select the RUG-III classification with the highest Case Mix Index (CMI).

The CMI represents the mean resource use of individuals within that group compared to the distribution of patient groups in the population. These case mix indices (or weights) are used in the rate calculation to adjust for case mix. The higher the CMI or weight, the greater the per diem payment. The cost weights vary considerably within and across the seven major categories, which causes payment amounts to vary substantially by RUG-III group. The following chart shows the FY 2002 variation in the nursing care index from a .46 for the lowest Reduced Physical Functioning category to a 1.70 in the Extensive Services category. The therapy varies from a .43 for the lowest Rehabilitation category to a 2.25 for the highest Rehabilitation category or a little over 5 times more resource use between the highest and lowest categories.

Major Category	Number of RUG Groups	Nursing Care Index	Therapy Index
Rehabilitation	14	0.80-1.30	0.43-2.25
Extensive Services	3	1.17-1.70	NA
Special Care	3	1.10-1.13	NA
Clinically Complex	6	0.75-1.12	NA
Impaired Condition	4	0.53-0.69	NA
Behavior Problems	4	0.48-0.68	NA
Reduced Physical Function	10	0.46-0.79	NA
Total 44			

A calculation worksheet was developed to teach clinical staff how the RUG-III classification system works. The worksheet translates the software programming into plain language to assist swing bed staff in understanding the logic behind the classification system. A copy of the calculation worksheet is included in the Appendix.

4.4 Health Insurance PPS Codes

For Medicare billing purposes, there is a Health Insurance PPS (HIPPS) code associated with each of the 44 RUG-III groups, and each assessment applies to specific days within a patient's swing bed stay.

The HIPPS code must be shown on the bill submitted to the Fiscal Intermediary for payment. The RAVEN-SB software calculates most of these codes for you.

HIPPS MODIFIERS/ASSESSMENT TYPE INDICATORS

Basic Assessments:

- 01 5-day Medicare-required assessment
- 02 30-day Medicare-required assessment
- 03 60-day Medicare-required assessment
- 04 90-day Medicare-required assessment
- 05 Readmission/Return Medicare-required assessment
- 07 14-day Medicare-required assessment
- 08 Off-cycle other Medicare-required assessment (OMRA)
- 30 Off-cycle swing bed change in clinical status (outside assessment window)

Replacement Assessments - OMRAs:

- 18 OMRA replacing 5-day Medicare-required assessment or 5-day Readmission/Return Assessment
- 28 OMRA replacing 30-day Medicare-required assessment
- 38 OMRA replacing 60-day Medicare-required assessment
- 48 OMRA replacing 90-day Medicare-required assessment
- 78 OMRA replacing 14-day Medicare-required assessment

Replacement Assessments -Change in Clinical Status:

- 32 Swing bed change in clinical status replaces 30-day Medicare-required assessment
- 33 Swing bed change in clinical status replaces 60-day Medicare-required assessment
- 34 Swing bed change in clinical status replaces 90-day Medicare-required assessment
- 35 Swing bed change in clinical status replaces a Readmission/Return Medicare-required assessment
- 37 Swing bed change in clinical status replaces 14-day Medicare-required assessment

NOTE: A code for a change in clinical status replacing the initial 5-day Medicare-required assessment is not provided. If the change in clinical status occurs after the initial 5-day assessment has been completed (i.e., between days 1-8), and before the assessment window for the 14-day assessment, it will be considered an off-cycle change in clinical status and the HIPPS code will be coded as 30.

**HIPPS MODIFIERS/ASSESSMENT TYPE INDICATORS
(continued)**

Special Payment Situations - New Assessment Indicator Codes Effective July 1, 2002:

In some situations, beneficiaries may change payer source after admission to the swing bed, but fail to notify the provider in a timely manner; e.g., disenrollment from an HMO, disenrollment from a hospice, change in Medicare payer status from secondary to primary, etc. In those situations, the provider may not have completed the MDS assessments needed for Medicare billing. New assessment indicator codes have been established for these special payment situations. Claims processing instructions are being developed and will be issued separately.

Since these codes are used to indicate unusual situations, they must be assigned manually.

- 19 Special payment situation 5-day assessment
- 29 Special payment situation 30-day assessment
- 39 Special payment situation 60-day assessment
- 49 Special payment situation 90-day assessment
- 79 Special payment situation 14-day assessment

Default Code - No Assessment Completed:

- 00 Default code (No assessment completed)

APPENDIX A

CONTACT INFORMATION

1. The following Centers for Medicare and Medicaid Services (CMS) website should be monitored for swing bed updates.

www.hcfa.gov/medicare/snfpps_swingbed.htm

2. Iowa Foundation for Medical Care (IFMC) is the contractor responsible for SB-MDS data submission.

Help Desk: **1-800-339-9313**

Email Address: swing_help@ifmc.org

STATE RAI COORDINATORS

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APPENDIX B

SB-MDS Form

*The SB-MDS Form can be downloaded at the following website:

www.hcfa.gov/medicare/snfpps_swingbed.htm

APPENDIX C

<p>MDS SB RUG-III Calculation Worksheet</p>
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RUG-III VERSION 5.12 CALCULATION WORKSHEET 44 GROUP MODEL

This RUG-III Version 5.12 calculation worksheet is a step-by-step walk through to manually determine the appropriate RUG-III classification based on the information from an SB-MDS assessment. The worksheet takes the computer programming and puts it into words. We have carefully reviewed the worksheet to insure that it represents the standard logic.

This worksheet is for the 44-group RUG-III Version 5.12 model. In the 44-group model, there are 14 different Rehabilitation groups representing 5 different levels of rehabilitation services. The 44-group model is therefore well suited for use with restorative programs that classify patients on the basis of both nursing care needs and rehabilitation needs. The SNF Medicare program is a good example of such a program. RUG-III models order the groups from high to low resource need. In the 44-group model, the patients in the Rehabilitation groups have the highest level of combined nursing and rehabilitation need, while patients in the Extensive Services groups have the next highest level of need. Therefore, the 44-group model has the Rehabilitation groups first followed by the Extensive Services groups, the Special Care groups, the Clinically Complex groups, the Impaired Cognition groups, the Behavior Problems groups, and finally the Reduced Physical Functions groups.

There are two basic approaches to RUG-III classification: (1) hierarchical classification and (2) index maximizing classification. The present worksheet is focused on the hierarchical approach but can be adapted to the index maximizing approach.

Hierarchical Classification - The present worksheet employs the hierarchical classification method. Hierarchical classification is used in some payment systems, in staffing analysis, and in many research projects. In the hierarchical approach, you start at the top and work down through the RUG-III model, and the classification is the first group for which the patient qualifies. In other words, start with the Rehabilitation groups at the top of the RUG-III model. Then you work your way down through the groups in hierarchical order: Rehabilitation, Extensive Services, Special Care, Clinically Complex, Impaired Cognition, Behavior Problems, and Reduced Physical Functions. When you find the first of the 44 individual RUG-III groups for which the patient qualifies, then assign that group as the RUG-III classification and you are finished.

If the patient would qualify in one of the Rehabilitation groups and also in an Extensive Services group, always choose the Rehabilitation classification, since it is higher in the hierarchy. Likewise, if the patient qualifies for Special Care and Clinically Complex, always choose Special Care. In hierarchical classification, always pick the group nearer the top of the model.

Index Maximizing Classification - Index maximizing classification is used in Medicare PPS and most Medicaid payment systems. For a specific payment system, there will be a designated Case Mix Indices (CMI) for each RUG-III group. The first step in index maximizing is to determine all of the RUG-III groups for which the patient qualifies. Then from the qualifying groups you choose the RUG-III group that has the highest case mix index. Index maximizing classification is simply choosing the group with the highest index.

While the present worksheet illustrates the hierarchical classification method, it can be adapted for index maximizing. To index maximize, you would evaluate all classification groups rather than assigning the patient to the first qualifying group. In the index maximizing approach, you again start at the beginning of the worksheet. You then work down through all of the 44 RUG-III classification groups, ignoring instructions to skip groups and noting each group for which the patient qualifies. When you finish, record the CMI for each of these groups. Select the group with the highest CMI. This group is the index-maximized classification for the patient.

If the patient would qualify in one of the Rehabilitation groups and an Extensive Services group, choose the RUG-III classification with the higher CMI. Likewise, if the patient qualifies for Special Care and Clinically Complex, again choose the RUG-III classification with the higher CMI. Always select the classification with the highest CMI.

CALCULATION OF TOTAL “ADL” SCORE

RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION

The ADL score is used in all determinations of a patient's placement in a RUG-III category. It is a very important component of the classification process.

► ***STEP # 1***

To calculate the ADL score use the following chart for **Item 23a, Bed Mobility, Item 23b, Transfer, and Item 23d, Toilet Use. Enter the ADL scores to the right.**

<u>Column A =</u>		<u>Column B =</u>	<u>ADL score =</u>	<u>SCORE</u>
-, 0 or 1	and	(any number)	= 1	23a = _____
2	and	(any number)	= 3	23b = _____
3, 4, or 8	and	-, 0, 1 or 2	= 4	23d = _____
3, 4, or 8	and	3 or 8	= 5	

► ***STEP # 2***

If **Item 29a, Parenteral/IV** is checked, the eating ADL score is 3. If **Item 29b, Feeding Tube** is checked and EITHER (1) **Item 30a** is 51 % or more calories OR (2) **Item 30a** is 26% to 50% calories and **Item 30b** is 501cc or more per day fluid enteral intake, then the eating ADL score is 3. **Enter the ADL eating score (23c) below and total the ADL score. If not, go to Step #3.**

► ***STEP # 3***

If neither **Item 29a** nor **Item 29b** (with appropriate intake) are checked, evaluate the chart below for **Item 23cA, Eating Self-performance**. *Enter the score to the right* and total the ADL score. This is the RUG-III **TOTAL ADL SCORE**. (The total ADL score range possibilities are 4 through 18.)

<u>Column A (23c) =</u>	<u>ADL score =</u>	<u>EATING SCORE</u>
-, 0 or 1	= 1	23c = _____
2	= 2	
3, 4, or 8	= 3	

TOTAL RUG-III ADL SCORE _____

CATEGORY I: REHABILITATION

RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION

After determining a patient's total ADL score, you start the classification process beginning at the Rehabilitation level. Rehabilitation therapy is any combination of the disciplines of physical, occupational, or speech therapy. This information is found in **Item 38b**. Nursing rehabilitation is also considered for the low intensity classification level. It consists of providing active or passive range of motion, splint/brace assistance, training in transfer, training in dressing/grooming, training in eating/swallowing, training in bed mobility or walking, training in communication, amputation/prosthesis care, any scheduled toileting program, and bladder retraining program. This information is found in **Item 39** and **Items 24a,b** of the SB-MDS.

► ***STEP # 1***

Determine if the patient's rehabilitation therapy services satisfy the criteria for one of the RUG-III Rehabilitation groups. **If the patient does not meet all of the criteria for one Rehabilitation group (e.g., Ultra High Intensity), then move to the next group (e.g., Very High Intensity).**

A. **Ultra High Intensity Criteria**

In the last 7 days (**Item 38b [a, b, c]**):

720 minutes or more (total) of therapy per week **AND**

At least two disciplines, 1 for at least 5 days, **AND**

2nd for at least 3 days

<u>RUG-III ADL Score</u>	<u>RUG-III Class</u>
16 - 18	RUC
9 - 15	RUB
4 - 8	RUA

B. **Very High Intensity Criteria**

In the last 7 days (**Item 38b [a, b, c]**):

500 minutes or more (total) of therapy per week **AND**

At least 1 discipline for at least 5 days

<u>RUG-III ADL Score</u>	<u>RUG-III Class</u>
16 - 18	RVC
9 - 15	RVB
4 - 8	RVA

C. **High Intensity Criteria** (either (1) or (2) below may qualify)

- (1) In the last 7 days (**Item 38b [a, b, c]**):
325 minutes or more (total) of therapy per week **AND**
At least 1 discipline for at least 5 days
- (2) **If this is a Medicare 5 day or a Medicare Readmission/Return Assessment, then the following apply (Item 42a, Item 42b, Item 42c and Item 38b [a, b, c]):**
Ordered Therapies, **Item 42a** is checked **AND**
In the last 7 days:
Received 65 or more minutes, **Item 38b [a, b, c]** **AND**
In the first 15 days from admission:
520 or more minutes expected, **Item 42c** **AND**
rehabilitation services expected on 8 or more days, **Item 42b.**

<u><i>RUG-III ADL Score</i></u>	<u><i>RUG-III Class</i></u>
13 - 18	RHC
8 - 12	RHB
4 - 7	RHA

D. **Medium Intensity Criteria** (either (1) or (2) below may qualify)

- (1) In the last 7 days: (**Item 38b [a, b, c]**)
150 minutes or more (total) of therapy per week **AND**
At least 5 days of any combination of the 3 disciplines
- (2) **If this is a Medicare 5 day or a Medicare Readmission/Return Assessment, then the following apply: (Item 42a, Item 42b, Item 42c):**
Ordered Therapies, **Item 42a** is checked **AND**
In the first 15 days from admission:
240 or more minutes are expected, **Item 42c** **AND**
rehabilitation services expected on 8 or more days, **Item 42b.**

<u><i>RUG-III ADL Score</i></u>	<u><i>RUG-III Class</i></u>
15 - 18	RMC
8 - 14	RMB
4 - 7	RMA

E. **Low Intensity Criteria** (either (1) or (2) below may qualify):

- (1) In the last 7 days (**Item 38b [a, b, c] and Item 39**):
 - 45 minutes or more (total) of therapy per week **AND**
 - At least 3 days of any combination of the 3 disciplines **AND**
 - 2 or more nursing rehabilitation services* received for at least 15 minutes each with each administered for 6 or more days.

- (2) **If this is a Medicare 5 day or a Medicare Readmission/Return Assessment, then the following apply (Item 39 and Item 42a, Item 42b, Item 42c):**
 - Ordered therapies **Item 42a** is checked **AND**
 - In the first 15 days from admission:
 - 75 or more minutes are expected, **Item 42c AND**
 - rehabilitation services expected on 5 or more days, **Item 42b AND**
 - 2 or more nursing rehabilitation services* received for at least 15 minutes each with each administered for 2 or more days, **Item 39.**

**Nursing Rehabilitation Services*

<i>Items 24a,b**</i>	<i>Any scheduled toileting program and/or bladder retraining program</i>
<i>Items 39a,b**</i>	<i>Passive and/or active ROM</i>
<i>Item 39c</i>	<i>Splint or brace assistance</i>
<i>Items 39d,j**</i>	<i>Bed mobility and/or walking training</i>
<i>Item 39e</i>	<i>Transfer training</i>
<i>Item 39g</i>	<i>Dressing or grooming training</i>
<i>Item 39h</i>	<i>Eating or swallowing training</i>
<i>Item 39i</i>	<i>Amputation/Prosthesis care</i>
<i>Item 39j</i>	<i>Communication training</i>
<i>**Count as one service even if both provided</i>	

<u><i>RUG-III ADL Score</i></u>	<u><i>RUG-III Class</i></u>
14-18	RLB
4-13	RLA

RUG-III Classification _____

If the patient does not classify in the Rehabilitation Category, proceed to Category II.

CATEGORY II: EXTENSIVE SERVICES ***RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION***

The classification groups in this hierarchy are based on various services provided. Use the following instructions to begin the calculation:

► ***STEP # 1***

Is the patient coded for receiving **one** or more of the following extensive services?

Item 29a	Parenteral / IV
Item 38ac	IV Medication
Item 38af	Suctioning
Item 38ag	Tracheostomy care
Item 38ai	Ventilator or respirator

If the patient does not receive one of the above, skip to Category III now.

► ***STEP # 2***

If at least **one** of the above treatments is coded and the patient has a total RUG-III ADL score of 7 or more, he/she classifies as Extensive Services. ***Move to Step #3. If the patient's ADL score is 6 or less, he/she classifies as Special Care (SSA). Skip to Category III, Step #5 now and record the classification as SSA.***

► ***STEP # 3***

The patient classifies in the Extensive Services category. To complete the scoring, however, an extensive count will need to be determined. If **Item 29a, Parenteral/IV** is checked, add 1 to the extensive count below. If **Item 38ac, IV Medication** is checked, add 1 to the extensive count below. To complete the extensive count, determine if the patient also meets the criteria for Special Care, Clinically Complex, and Impaired Cognition. The final split into either SE1, SE2, or SE3 will be completed after these criteria have been scored. ***Go to Category III, Step #1 now.***

Item 29a	Parenteral / IV
Item 38ac	IV Medication

Extensive Count _____

(Enter this count in Step #4 on Page 15.)

CATEGORY III: SPECIAL CARE

RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION

The classification groups in this hierarchy are based on certain patient conditions. Use the following instructions:

► ***STEP # 1***

Determine if the patient is coded for **one** of the following conditions:

Item 25c	Cerebral palsy, with ADL sum ≥ 10
Item 25e	Multiple sclerosis, with ADL sum ≥ 10
Item 25f	Quadriplegia, with ADL sum ≥ 10
Item 27c	Fever and <u>one</u> of the following;
	Item 26a Pneumonia
	Item 27a Dehydration
	Item 27f Vomiting
	Item 28 Weight loss
	Item 29b Tube feeding*
Item 29b, Item 25b	Tube feeding* and aphasia
Items 31a,b,c,d	Ulcers 2+ sites over all stages with 2 or more skin treatments**
Item 32	Any stage 3 or 4 pressure ulcer with 2 or more skin treatments**
Items 33b,c	Surgical wounds or open lesions with 1 or more skin treatments***
Item 38ae	Radiation treatment
Item 38bdA	Respiratory therapy =7 days

****Tube feeding classification requirements:***

- (1) Item 30a is 51% or more calories OR***
- (2) Item 30a is 26% to 50% calories and Item 30b is 501 cc or more per day fluid enteral intake in the last 7 days.***

*****Skin treatments:***

<i>Items 34a, b[#]</i>	<i>Pressure relieving chair and/or bed</i>
<i>Item 34c</i>	<i>Turning/repositioning</i>
<i>Item 34d</i>	<i>Nutrition or hydration intervention</i>
<i>Item 34e</i>	<i>Ulcer care</i>
<i>Item 34g</i>	<i>Application of dressings (not to feet)</i>
<i>Item 34h</i>	<i>Application of ointments (not to feet)</i>

[#]Count as one treatment even if both provided

*****Skin Treatments**

Item 34f

Surgical wound care

Item 34g

Application of dressing (not to feet)

Item 34h

Application of ointments (not to feet)

If the patient does not have one of the above conditions, skip to Category IV now.

► STEP # 2

If at least one of the special care conditions above is met:

- a. If the patient previously qualified for Extensive Services, proceed to Extensive Count Determination. **Go to Step #3. OR**
- b. If the RUG-III ADL score is 7 or more, the patient classifies as Special Care. **Go to Step #4. OR**
- c. If the RUG-III ADL score is 6 or less, the patient classifies as Clinically Complex. **Skip to Category IV, Step #4.**

► STEP # 3 (Extensive Count Determination)

If the patient previously met the criteria for the Extensive Services category and the evaluation of the Special Care category is done only to determine if the patient is an SE1, SE2, or SE3, **enter 1 for the extensive count below and skip to Category IV, Step #1.**

Extensive Count _____

(Enter this count in Step #4 on Page 15.)

► STEP # 4

If at least one of the special care conditions above is coded and the RUG-III ADL score is 7 or more, **the patient classifies in the Special Care category. Select the Special Care classification below based on the ADL score and record this classification in Step #5:**

RUG-III ADL Score

RUG-III Class

17 - 18

SSC

15 - 16

SSB

7 - 14

SSA

► STEP #5

Record the appropriate Special Care classification:

RUG-III CLASSIFICATION _____

CATEGORY IV: CLINICALLY COMPLEX

RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION

The classification groups in this category are based on certain patient conditions. Use the following instructions:

► ***STEP # 1***

Determine if the patient is coded for **one** of the following conditions:

Item 17	Coma and not awake (Items 36a,b,c = 0) and completely ADL-dependent (Item 23aA, Item 23bA, Item 23cA, Item 23dA= 4 or 8)
Item 25a, Item 37, Item 41	Diabetes mellitus and injection 7 days and Physician order changes \geq 2 days
Item 25d	Hemiplegia with ADL sum \geq 10
Item 26a	Pneumonia
Item 26b	Septicemia
Item 27a	Dehydration
Item 27e	Internal bleeding
Item 29b	Tube feeding*
Item 33a	Burns
Items 35a,b,c	Infection of foot (Item 35a or Item 35b) with treatment in Item 35c
Item 38aa	Chemotherapy
Item 38ab	Dialysis
Item 38ad	Oxygen therapy
Item 38ah	Transfusions
Item 40, Item 41	Number of Days in last 14, Physician Visit/order changes: Visits \geq 1 day and changes \geq 4 days <u>OR</u> Visits \geq 2 days and changes \geq 2 days

****Tube feeding classification requirements***

- (1) ***Item 30a is 51% or more calories OR***
- (2) ***Item 30a is 26% to 50% calories and Item 30b is 501 cc or more per day fluid enteral intake in the last 7 days.***

If the patient does not have one of the above conditions, skip to Category V now.

► ***STEP # 2***

If at least one of the clinically complex conditions above is met:

- a. Extensive Count Determination. ***Go to Step #3 OR***
- b. Clinically Complex classification. The patient classifies as Clinically Complex. ***Go to Step #4.***

► **STEP # 3 (Extensive Count Determination)**

If the patient previously met the criteria for the Extensive Services category, and the evaluation of the Clinically Complex category is done only to determine if the patient is an SE1, SE2, or SE3, **enter 1 for the extensive count below and skip to Category V Step #1.**

Extensive Count _____

(Enter this count in Step #4 on Page 15.)

► **STEP # 4**

Evaluate for Depression. Signs and symptoms of a depressed or sad mood are used as a third level split for the Clinically Complex category. Patients with a depressed or sad mood are identified by the presence of a combination of symptoms, as follows:

Count the number of indicators of depression. The patient is considered depressed if he/she has at least 3 of the following:

(Indicator exhibited in last 30 days and coded “1” or “2”)

- Item 21a** Negative statements
- Item 21b** Repetitive questions
- Item 21c** Repetitive verbalization
- Item 21d** Persistent anger with self and others
- Item 21e** Self deprecation
- Item 21f** Expressions of what appear to be unrealistic fears
- Item 21g** Recurrent statements that something terrible is going to happen
- Item 21h** Repetitive health complaints
- Item 21i** Repetitive anxious complaints/concerns (Non-health related)
- Item 21j** Unpleasant mood in morning
- Item 21k** Insomnia/changes in usual sleep pattern
- Item 21l** Sad, pained, worried facial expression
- Item 21m** Crying, tearfulness
- Item 21n** Repetitive physical movements
- Item 21o** Withdrawal from activities of interest
- Item 21p** Reduced social interaction

Does the patient have 3 or more indicators of depression? **YES**_____ **NO**_____

► **STEP # 5**

Assign the Clinically Complex category based on both the ADL score and the presence or absence of depression.

<u><i>RUG-III ADL Score</i></u>	<u><i>Depressed</i></u>	<u><i>RUG-III Class</i></u>
17 - 18	YES	CC2
17 - 18	NO	CC1
12 - 16	YES	CB2
12 - 16	NO	CB1
4 - 11	YES	CA2
4 - 11	NO	CA1

RUG-III CLASSIFICATION _____

CATEGORY V: IMPAIRED COGNITION

RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION

► ***STEP # 1***

Determine if the patient is cognitively impaired according to the RUG-III Cognitive Performance Scale (CPS). The patient is cognitively impaired if **one** of the three following conditions exists:

- (1) **Item 17** Coma and not awake (**Item 36a, b, c = 0**) and completely ADL dependent (**Item 23aA, Item 23bA, Item 23cA, Item 23dA = 4 or 8**) and **Item 19** is blank or unknown (value “-”)
- (2) **Item 19** Severely impaired cognitive skills (**Item 19 = 3**)
- (3) **Item 18, Item 19, Item 20**

These three **Items (18, 19, and 20)** are all assessed with none being blank or unknown (N/A)

AND

Two or more of the following impairment indicators are present

- | | |
|-----------------------|---------------------------|
| Item 18 = 1 | Short-term memory problem |
| Item 19 > 0 | Cognitive skills problem |
| Item 20 > 0 | Problem being understood |

AND

One or more of the following severe impairment indicators are present:

- | | |
|------------------------|---------------------------------|
| Item 19 >= 2 | Severe cognitive skills problem |
| Item 20 >= 2 | Severe problem being understood |

If the patient does not meet the criteria for cognitively impaired:

- a. and the evaluation is being done to determine if the patient is in SE1, SE2, or SE3, *skip to Step #4 on Page 15 “Category II: Extensive Services (cont.)”*

OR

- b. *Skip to Category VI now.*

► ***STEP # 2***

If the patient meets the criteria for cognitive impairment:

- a. Extensive Count Determination. *Go to Step #3.* **OR**
- b. Impaired Cognition classification. The patient may classify as Impaired Cognition. *Go to Step #4.*

► **STEP # 3 (Extensive Count Determination)**

If the patient previously met the criteria for the Extensive Services category, and the evaluation of the Impaired Cognition category is done to determine if the patient is in SE1, SE2, or SE3, **enter 1 for the extensive count below and skip to Step #4 on Page 15, “Category II: Extensive Services (cont.)”.**

Extensive Count _____

(Enter this count in Step #4 on Page 15.)

► **STEP # 4**

The patient’s total RUG-III ADL score must be 10 or less to be classified in the RUG-III Impaired Cognition category. **If the ADL score is greater than 10, skip to Category VII now. If the ADL score is 10 or less and one of the impaired cognition conditions above is present, then the patient classifies as Impaired Cognition. Proceed with Step #5.**

► **STEP # 5**

Determine Nursing Rehabilitation Count

Count the number of the following services provided for 15 or more minutes a day for 6 or more of the last 7 days:

Enter the nursing rehabilitation count to the right.

- | | |
|--|--|
| <i>Items 24a,b*</i> | <i>Any scheduled toileting program and/or bladder retraining program</i> |
| <i>Items 39a,b*</i> | <i>Passive and/or active ROM</i> |
| <i>Item 39c</i> | <i>Splint or brace assistance</i> |
| <i>Item 39d,f*</i> | <i>Bed mobility and/or walking training</i> |
| <i>Item 39e</i> | <i>Transfer training</i> |
| <i>Item 39g</i> | <i>Dressing or grooming training</i> |
| <i>Item 39h</i> | <i>Eating or swallowing training</i> |
| <i>Item 39i</i> | <i>Amputation/Prosthesis care</i> |
| <i>Item 39j</i> | <i>Communication training</i> |
| <i>*Count as one service even if both provided</i> | |

Nursing Rehabilitation Count _____

► **STEP # 6**

Select the final RUG-III classification by using the total RUG-III ADL score and the Nursing Rehabilitation Count.

<u>RUG-III ADL Score</u>	<u>Nursing Rehabilitation</u>	<u>RUG-III Class</u>
6 - 10	2 or more	IB2
6 - 10	0 or 1	IB1
4 - 5	2 or more	IA2
4 - 5	0 or 1	IA1

RUG-III CLASSIFICATION _____

CATEGORY II: EXTENSIVE SERVICES (cont.)
RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION

If the patient previously met the criteria for the Extensive Services category with an ADL score of 7 or more, complete the Extensive Services classification here.

► ***STEP # 4 (Extensive Count Determination)***

Complete the scoring of the Extensive Services by summing the extensive count items:

Page 7	Extensive Count - Extensive Services	_____
Page 9	Extensive Count - Special Care	_____
Page 11	Extensive Count - Clinically Complex	_____
Page 14	Extensive Count - Impaired Cognition	_____
Total Extensive Count		_____

Select the final Extensive Service classification using the Total Extensive Count.

<u><i>Extensive Count</i></u>	<u><i>RUG-III Class</i></u>
4 or 5	SE3
2 or 3	SE2
0 or 1	SE1

RUG-III CLASSIFICATION _____

CATEGORY VI: BEHAVIOR PROBLEMS ***RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION***

▶ ***STEP # 1***

The patient's total RUG-III ADL score must be 10 or less. **If the score is greater than 10, skip to Category VII now.**

▶ ***STEP # 2***

One of the following must be met:

Item 22a	Wandering (2 or 3)
Item 22b	Verbal abuse (2 or 3)
Item 22c	Physical abuse (2 or 3)
Item 22d	Inappropriate behavior (2 or 3)
Item 22e	Resisted care (2 or 3)
Item 27b	Delusions
Item 27d	Hallucinations

If the patient does not meet one of the above, skip to Category VII now.

▶ ***STEP # 3***

Determine Nursing Rehabilitation

Count the number of the following services provided for 15 or more minutes a day for 6 or more of the last 7 days:

Enter the nursing rehabilitation count to the right.

<i>Items 24a,b*</i>	<i>Any scheduled toileting program and/or bladder retraining program</i>
<i>Items 39a,b*</i>	<i>Passive and/or active ROM</i>
<i>Item 39c</i>	<i>Splint or brace assistance</i>
<i>Item 39d,f*</i>	<i>Bed mobility and/or walking training</i>
<i>Item 39e</i>	<i>Transfer training</i>
<i>Item 39g</i>	<i>Dressing or grooming training</i>
<i>Item 39h</i>	<i>Eating or swallowing training</i>
<i>Item 39i</i>	<i>Amputation/Prosthesis care</i>
<i>Item 39j</i>	<i>Communication training</i>

****Count as one service even if both provided.***

Nursing Rehabilitation Count _____

► **STEP # 4**

Select the final RUG-III classification by using the total RUG-III ADL score and the Nursing Rehabilitation Count.

<u>RUG-III ADL Score</u>	<u>Nursing Rehabilitation</u>	<u>RUG-III Class</u>
6 - 10	2 or more	BB2
6 - 10	0 or 1	BB1
4 - 5	2 or more	BA2
4 - 5	0 or 1	BA1

RUG-III CLASSIFICATION _____

CATEGORY VII: REDUCED PHYSICAL FUNCTIONS

RUG-III, 44 GROUP HIERARCHICAL CLASSIFICATION

► ***STEP # 1***

Patients who do not meet the conditions of any of the previous categories, including those who would meet the criteria for the Impaired Cognition or Behavior Problems categories but have a RUG-III ADL score greater than 10, are placed in this category.

► ***STEP # 2***

Determine Nursing Rehabilitation

Count the number of the following services provided for 15 or more minutes a day for 6 or more of the last 7 days:

Enter the nursing rehabilitation count to the right.

<i>Items 24a,b*</i>	<i>Any scheduled toileting program and/or bladder retraining program</i>
<i>Items 39a,b*</i>	<i>Passive and/or active ROM</i>
<i>Item 39c</i>	<i>Splint or brace assistance</i>
<i>Items 39d,f*</i>	<i>Bed mobility and/or walking training</i>
<i>Item 39e</i>	<i>Transfer training</i>
<i>Item 39g</i>	<i>Dressing or grooming training</i>
<i>Item 39h</i>	<i>Eating or swallowing training</i>
<i>Item 39i</i>	<i>Amputation/Prosthesis care</i>
<i>Item 39j</i>	<i>Communication training</i>
<i>*Count as one service even if both provided</i>	

Nursing Rehabilitation Count _____

► ***STEP # 3***

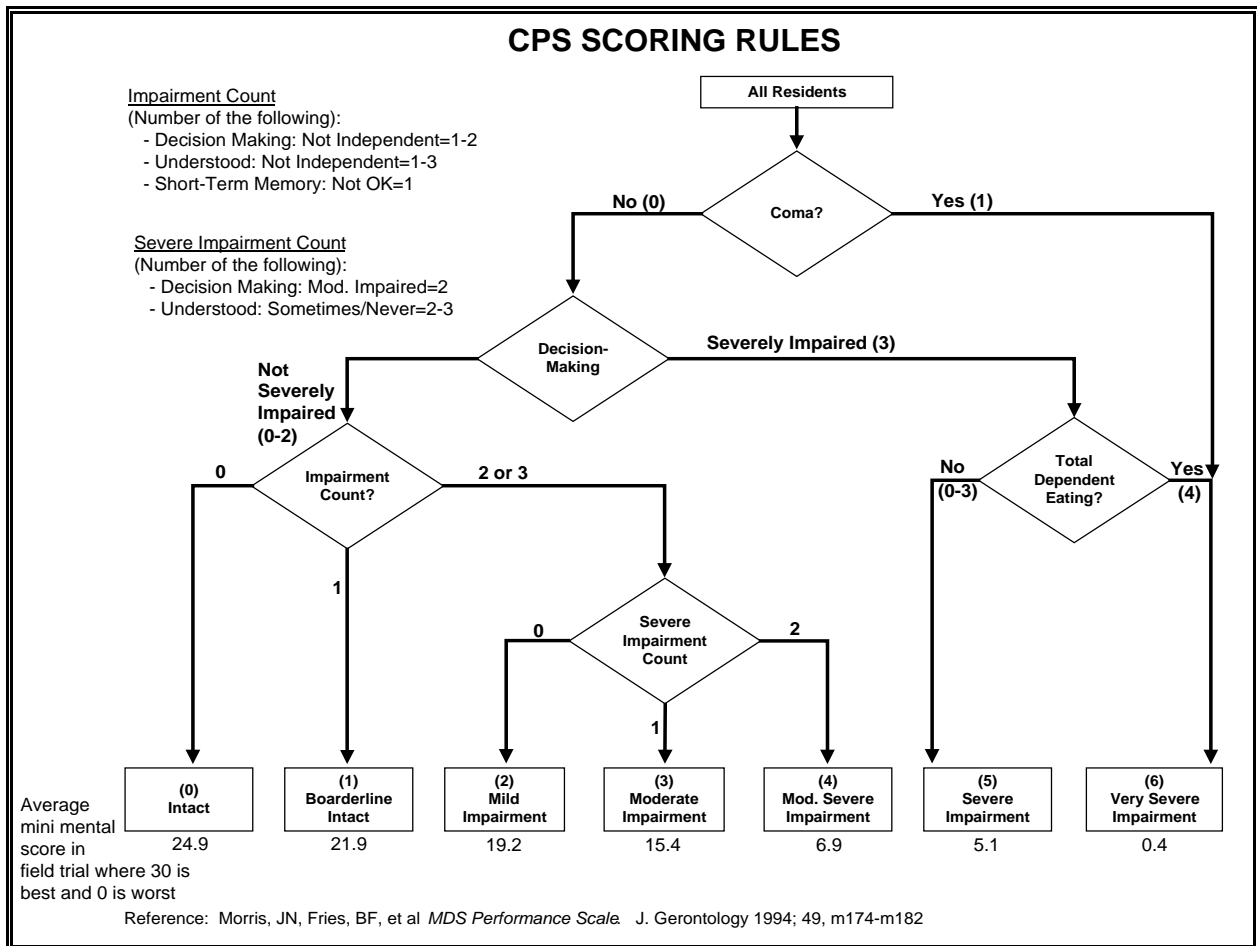
Select the RUG-III classification by using the RUG-III ADL score and the Nursing Rehabilitation Count.

<u><i>RUG-III ADL Score</i></u>	<u><i>Nursing Rehabilitation</i></u>	<u><i>RUG-III Class</i></u>
16 - 18	2 or more	PE2
16 - 18	0 or 1	PE1
11 - 15	2 or more	PD2
11 - 15	0 or 1	PD1
9 - 10	2 or more	PC2
9 - 10	0 or 1	PC1
6 - 8	2 or more	PB2
6 - 8	0 or 1	PB1
4 - 5	2 or more	PA2
4 - 5	0 or 1	PA1

RUG-III CLASSIFICATION _____

APPENDIX D

CPS Scoring Document



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