Are you interested in quality improvement or looking for tools to teach quality improvement? Watch these creative videos as they teach quality improvement by applying methods to everyday scenarios.

**The 5 S’s of Quality Improvement**

**Watch the video here:** [http://www.youtube.com/watch?v=t8Sab61Ok80](http://www.youtube.com/watch?v=t8Sab61Ok80)

Discover how applying the 5 S’s (Sort, Straighten, Shine, Standardize, and Sustain) can improve any work space. Follow along as the Domestic Lean Goddess coaches a husband in distress on how to make improvements in his meal planning process in the kitchen. Through this practical example of how the 5 S’s can help you become more efficient and effective, we encourage you to apply this technique in other work spaces in your life to realize significant improvement.

**Eliminating the 7 Wastes (Muda)**

**Watch the video here:** [http://www.youtube.com/watch?v=JkXUqxO0FEA](http://www.youtube.com/watch?v=JkXUqxO0FEA)

Watch this video as a fun exploration on how to analyze and eliminate the 7 Wastes in any process improvement effort to begin a Lean movement. In this session, the Domestic Lean Goddess helps a mother get lean by eliminating waste (Muda) and making her laundry days more efficient.

**Plan Do Study Act (PDSA)**

**Watch the video here:** [http://www.youtube.com/watch?v=jsp-19o_5vU](http://www.youtube.com/watch?v=jsp-19o_5vU)

The use of the tried & true quality improvement method PDSA (Plan-Do-Study-Act) is applied to getting kids to school on time. This quality improvement video is a tale of the Domestic Lean Goddess who intervenes to help a desperate mom, of two, get her kids to school on time. This illustrates a practical and playful example of real-world application of the PDSA quality improvement tool.