

**Activity Based Alzheimer Care: Building a Therapeutic Program (Participant Materials)
(1998)**

The Activity Based Alzheimer Care (ABAC) curriculum was developed in 1998 by the Alzheimer's Association national office and remains one of the staple programs in the Association's professional education series. ABAC is a one-day, interactive training program designed for activity professionals who have a basic understanding of Alzheimer's disease, and whose primary job responsibilities includes activity programming design and implementation. Through six one-hour modules, ABAC helps participants to learn a range of skills from assessment and program design through teamwork and evaluation strategies. The program features energetic, interactive exercises, case studies and discussion exercises. Participants receive a 116-page spiral bound manual to use during the program and as a reference tool.

More information on the ABAC training program can be obtained by contacting your local Alzheimer's Association Chapter. Chapter contact information can be found on the Alzheimer's Association website at <http://www.alz.org>.