

Inpatient Rehabilitation Facility (IRF) Quality Reporting Program (QRP)
Case Study Rationale

Section GG: Functional Abilities and Goals

GG0130. Self-Care – Admission (3-Day Assessment Period)

GG0130A: Eating

- **Admission Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** Mrs. G was able to feed herself after staff opened her containers for her meal. Mrs. G required constant verbal cues to alternate liquids and solids during meals.
- **Discharge Goal:** 06, Independent
- **Rationale:** The occupational therapy goal states that the patient will independently set up and eat meals and snacks.

GG0130B: Oral Hygiene

- **Admission Performance Coding:** 05, Setup or clean-up assistance
- **Rationale:** Mrs. G was able to remove her dentures from her mouth, rinse them, and place them in the cup to soak. After mouthwash was opened for her, she was able to pour it into a cup and rinse her mouth independently. She was able to remove the dentures from soaking and rinse them but required assistance to open the tube of denture adhesive. She was able to independently apply the denture adhesive and place her dentures back in her mouth.
- **Discharge Goal:** 06, Independent
- **Rationale:** The occupational therapy goal states that the patient will independently complete her oral care.

GG0130C: Toileting Hygiene

- **Admission Performance Coding:** 01, Dependent
- **Rationale:** During the occupational therapy evaluation, Mrs. G was able to perform her own perineal hygiene after supplies were set up for her. She required the assistance of two staff members to manage her disposable undergarment and pull her pants and underwear up and down.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The occupational therapy goal states that the patient will complete toilet hygiene with contact-guard assistance.

GG0130E: Shower/Bathe Self

- **Admission Performance Coding:** 02, Substantial/maximal assistance
- **Rationale:** During the occupational therapy evaluation, Mrs. G was able to wash, rinse, and dry her face, right arm, chest, abdomen, and anterior thighs. The therapist assisted with all other parts of her body.

- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The occupational therapy goal states that the patient will complete bathing seated on a shower chair with supervision for the patient's safety.

GG0130F: Upper Body Dressing

- **Admission Performance Coding:** 03, Partial/moderate assistance
- **Rationale:** During the occupational therapy evaluation, Mrs. G was able to thread her right arm into her shirt. The therapist needed to thread her left arm. Mrs. G pulled the shirt over her head and adjusted it. Mrs. G did not wear a bra on evaluation.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The occupational therapy goal states patient will complete upper body dressing with Supervision.

GG0130G: Lower Body Dressing:

- **Admission Performance Coding:** 01, Dependent
- **Rationale:** During the occupational therapy evaluation, Mrs. G required the therapist's assistance to don her pants and underpants. She then needed assistance of one staff member to pull her elastic-waist pants and underwear up and down.
- **Discharge Goal:** 03, Partial/moderate assistance
- **Rationale:** The occupational therapy goal states that the patient will complete lower body dressing with a helper providing less than half of the effort.

GG0130H: Putting On/Taking Off Footwear

- **Admission Performance Coding:** 01, Dependent
- **Rationale:** During the occupational therapy evaluation, the therapist needed to put Mrs. G's socks and shoes on for her.
- **Discharge Goal:** 03, Partial/moderate assistance
- **Rationale:** The occupational therapy goal states the patient will don/doff socks and shoes with a helper providing less than half of the effort.

GG0170. Mobility – Admission (3-Day Assessment Period)

GG0170A: Rolling Left and Right

- **Admission Performance Coding:** 02, Substantial/maximal assistance
- **Rationale:** Mrs. G reaches for bed rail with left hand when rolling to the right. She is unable to assist with rolling to the left side and then on to her back. The therapist provided more than half of the effort.
- **Discharge Goal:** 06, Independent
- **Rationale:** The physical therapy goal states patient will be independent with bed mobility, including rolling left and right.

GG0170B: Sit to Lying

- **Admission Performance Coding:** 02, Substantial/maximal assistance
- **Rationale:** Mrs. G required assistance of the therapist to bring her right leg back into bed as well as support her trunk. Mrs. G was able to bring her left leg into the bed.
- **Discharge Goal:** 06, Independent
- **Rationale:** The physical therapy goal states that patient will be independent with bed mobility, including rolling left and right, moving from a sitting to supine position and vice versa utilizing the bed rails.

GG0170C: Lying to Sitting on Side of Bed

- **Admission Performance Coding:** 02, Substantial/maximal assistance
- **Rationale:** Mrs. G was able to bring her left leg off the bed and assist with pushing up with her left arm. She required maximum assistance to bring her right leg off of the side of the bed and needed to be supported by the therapist to come to a sitting position.
- **Discharge Goal:** 06, Independent
- **Rationale:** The physical therapy goal states that patient will be independent with bed mobility, including rolling left and right, moving from a sitting to supine position and vice versa utilizing the bed rails.

GG0170D: Sit to Stand

- **Admission Performance Coding:** 02, Substantial/maximal assistance
- **Rationale:** Mrs. G was able to come to a standing position with maximum assistance of the therapist. Once standing, the patient used the hemi-walker to steady herself. Using a gait belt, the therapist had to provide maximum assistance to lift and support Mrs. G in order for her to come to a standing position.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The physical therapy goal states that the patient will sit to stand with contact-guard assistance with the use of a hemi-walker.

GG0170E: Chair/Bed-to-Chair Transfer

- **Admission Performance Coding:** 02, Substantial/maximal assistance
- **Rationale:** Mrs. G required maximum assistance from the therapist to pivot transfer to a wheelchair. In addition to providing physical assistance with the transfer, Mrs. G needed the therapist to position the hemi-walker prior to and during the transfer and provide verbal cues. Using a gait belt, the therapist lifted and supported the patient during the transfer.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The physical therapy goal states that patient will complete bed-to-chair transfers with contact-guard assistance with the use of a hemi-walker.

GG0170F: Toilet Transfer

- **Admission Performance Coding:** 02, Substantial/maximal assistance
- **Rationale:** Mrs. G transferred on and off the toilet with maximum assistance of the therapist and the use of a hemi-walker. The therapist provided more than half the effort.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The occupational therapy goal states that the patient will complete toilet transfers with contact-guard assistance using a hemi-walker.

GG0170G: Car Transfer:

- **Admission Performance Coding:** 88, Not attempted due to medical condition or safety concerns
- **Rationale:** Not tested at this time due to safety concerns. Anticipate that Mrs. G will be able to transfer into a car at discharge.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The physical therapy goal states that the patient will complete car transfers with contact-guard assistance for steadying.

GG0170H1: Does the Patient Walk?

- **Coding:** 1, No, and walking goal **is** clinically indicated. *Code the patient's discharge goal(s) for items GG0170I, J, K, L, M, N, O and P. For admission performance, skip to GG0170Q1. Does the patient use a wheelchair/scooter?*
- **Rationale:** Ambulation was not tested at the time of the physical therapy evaluation due to safety concerns.

GG0170I: Walk 10 Feet

- **Admission Performance Coding:** No response needed (due to skip pattern).
- **Rationale:** Because GG0170H1 indicates that Mrs. G does not ambulate, this item is skipped.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The physical therapy goal states that the patient will walk 10 feet with contact-guard assistance.

GG0170J: Walk 50 Feet With 2 Turns

- **Admission Performance Coding:** No response needed (due to skip pattern).
- **Rationale:** Because GG0170H1 indicates that Mrs. G does not ambulate, this item is skipped.
- **Discharge Goal:** 03, Partial/moderate assistance
- **Rationale:** The physical therapy goal states that the patient will walk 50 feet completing two turns with the use of a hemi-walker and a helper providing less than half of the effort.

GG0170K: Walk 150 Feet

- **Admission Performance Coding:** No response needed (due to skip pattern).
- **Rationale:** Because GG0170H1 indicates that Mrs. G does not ambulate, this item is skipped.
- **Discharge Goal:** 04, Supervision or touching assistance
- **Rationale:** The physical therapy goal states that the patient will walk 150 feet with contact-guard assistance with the use of a hemi-walker.

GG0170L: Walking 10 Feet on Uneven Surface

- **Admission Performance Coding:** No response needed (due to skip pattern).
- **Rationale:** Because GG0170H1 indicates that Mrs. G does not ambulate, this item is skipped.
- **Discharge Goal:** 03, Partial/moderate assistance
- **Rationale:** The physical therapy goal states that the patient will walk 10 feet on uneven surfaces with the use of a hemi-walker and a helper providing less than half of the effort.

GG01070M-O: 1 Step, 4 Steps, 12 Steps

- **Admission Performance Coding:** No response needed (due to skip pattern).
- **Rationale:** Because GG0170H1 indicates that Mrs. G does not ambulate, this item is skipped.
- **Discharge Goal:** 03, Partial/moderate assistance
- **Rationale:** The physical therapy goal states that the patient will be able to complete 1 step, 4 steps, and 1 flight of stairs (12 steps) with a helper providing less than half of the effort.

GG0170P: Picking Up Object

- **Admission Performance Coding:** No response needed (due to skip pattern).
- **Rationale:** Because GG0170H1 indicates that Mrs. G does not ambulate, this item is skipped.
- **Discharge Goal:** 05 Setup or clean-up assistance
- **Rationale:** The physical therapy goal states that patient will complete object retrieval activity from a bending or stooping position independently after setup of adaptive equipment.

GG0170Q1: Does the Patient Use a Wheelchair/Scooter?

- **Coding:** 1, Yes
- **Rationale:** The patient used a standard wheelchair for mobility during the therapy evaluation.

GG0170R: Wheel 50 Feet With Two Turns

- **Admission Performance Coding:** 04, Supervision or touching assistance

- **Rationale:** In a standard wheelchair with a right footrest, Mrs. G was able to wheel 50 feet with verbal cues to use her left foot and left arm to propel forward. She required touching assistance to perform two turns.
- **Discharge Goal:** 06, Independent
- **Rationale:** The physical therapy goal states that the patient will not require use of a wheelchair upon discharge but, if she chooses to use one, will be independent in doing so.

GG0170RR1: Indicate Type of Wheelchair/Scooter Used

- **Coding:** 1, Manual
- **Rationale:** Mrs. G used a standard wheelchair.

GG0170S: Wheel 150 Feet

- **Admission Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** With verbal cues, Mrs. G was able to propel herself 150 feet using a standard wheelchair with a right footrest.
- **Discharge Goal:** 06, Independent
- **Rationale:** The physical therapy goal states that the patient will not use a wheelchair upon discharge but, if she chooses to use one, will be independent in doing so.

GG0170SS1: Indicate the Type of Wheelchair/Scooter Used

- **Coding:** 1, Manual
- **Rationale:** Mrs. G uses a standard wheelchair.

GG0130. Self-Care – Discharge (3-Day Assessment Period)

GG0130A: Eating

- **Discharge Performance Coding:** 06, Independent
- **Rationale:** On discharge, Mrs. G was independent with eating and drinking.

GG0130B: Oral Hygiene

- **Discharge Performance Coding:** 06, Independent
- **Rationale:** On discharge, Mrs. G was independent with oral care.

GG0130C: Toileting Hygiene

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G required contact-guard assistance for toilet hygiene.

GG0130E: Shower/Bathe Self

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G required supervision for bathing.

GG0130F: Upper Body Dressing

- **Discharge Performance Coding:** 04, Supervision or touching assistance

- **Rationale:** On discharge, Mrs. G required Supervision for upper body dressing.

GG0130G: Lower Body Dressing

- **Discharge Performance Code:** 03, Partial/moderate assistance
- **Rationale:** On discharge, Mrs. G performed more than half of the effort of lower body dressing.

GG0130H: Putting On/Taking Off Footwear

- **Discharge Performance Code:** 03, Partial/moderate assistance
- **Rationale:** On discharge, Mrs. G performed more than half of the effort of putting on/taking off footwear.

GG0170. Mobility – Discharge (3-Day Assessment Period)

GG0170A: Rolling Left and Right:

- **Discharge Performance Coding:** 06, Independent
- **Rationale:** On discharge, Mrs. G was independent with rolling to left and right and onto her back with use of bed rails.

GG0170B: Sit to Lying

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G required supervision while moving from a sitting to supine position.

GG0170C: Lying to Sitting on Side of Bed

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G required supervision while moving from a supine to sitting position.

GG0170D: Sit to Stand

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** Mrs. G was able to go from a sitting to standing position with contact-guard assistance with use of a hemi-walker.

GG0170E: Chair/Bed-to-Chair Transfer

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G required contact-guard assistance with bed-to-chair transfers with the use of a hemi-walker.

GG0170F: Toilet Transfer

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G required contact-guard assistance with toilet transfers with the use of a hemi walker.

GG0170G: Car Transfer

- **Discharge Performance Coding:** 04 Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G required contact-guard assistance with car transfer.

GG0170H3: Does the Patient Walk?

- **Coding:** 2, Yes
- **Rationale:** Mrs. G was ambulatory upon discharge with the use of a hemi-walker.

GG0170I: Walk 10 Feet

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G was able to complete ambulation with contact-guard assistance.

GG0170J: Walk 50 Feet With 2 Turns

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G walked 50 feet with two turns with contact-guard assistance with the use of a hemi-walker.

GG0170K: Walk 150 Feet

- **Discharge Performance Coding:** 04, Supervision or touching assistance
- **Rationale:** On discharge, Mrs. G walked 150 feet with contact-guard assistance with the use of a hemi-walker.

GG0170L: Walking 10 Feet on Uneven Surface

- **Discharge Performance Coding:** 03, Partial/moderate assistance
- **Rationale:** On discharge, a helper provided less than half of the effort for walking 10 feet on outdoor uneven surface with use of a hemi-walker.

GG0170M-O: 1 Step, 4 Steps, 12 Steps

- **Discharge Performance Coding:** 03 Partial/moderate assistance
- **Rationale:** On discharge, Mrs. G performs more than half of the effort for completing 1 step, 4 steps, and 1 flight of stairs (12 steps).

GG0170P Picking Up Object

- **Discharge Performance Coding:** 05, Setup or clean-up assistance
- **Rationale:** On discharge, Mrs. G was able to complete picking up an object at ground level independently after she was set up with her adaptive equipment.

GG0170Q3: Does the Patient Use a Wheelchair/Scooter?

- **Coding:** 1, Yes
- **Rationale:** Despite Mrs. G not requiring a wheelchair, her daughter purchased one for her to use on outings. On discharge, Mrs. G was able to independently propel the wheelchair 150 feet and 50 feet with two turns independently.

GG0170R: Wheel 50 Feet With Two Turns

- **Discharge Performance Coding:** 06, Independent

- **Rationale:** Despite Mrs. G not requiring a wheelchair, her daughter purchased one for her to use on outings. On discharge, Mrs. G was able to independently propel the wheelchair 50 feet with two turns independently.

GG0170RR3: Indicate Type of Wheelchair/Scooter Used

- **Coding:** 1, Manual
- **Rationale:** Mrs. G used a standard wheelchair.

GG0170S: Wheel 150 Feet

- **Discharge Performance Coding:** 06, Independent
- **Rationale:** Despite Mrs. G not requiring a wheelchair, her daughter purchased one for her to use on outings. On discharge, Mrs. G was able to independently propel the wheelchair 150 feet independently.

GG0170SS3: Indicate the Type of Wheelchair/Scooter Used

- **Coding:** 1, Manual
- **Rationale:** Mrs. G used a standard wheelchair.

Section J Health Conditions (Admission)

J1750: History of Falls

- **Admission Code:** 1, Yes
- **Rationale:** According to Mrs. G's daughter, Mrs. G sustained no other falls this past year except the fall due to her stroke. In the ED, it was noted she had multiple skin tears and bruising on her arms.

J2000: Prior Surgery

- **Admission Code:** 1, Yes
- **Rationale:** Mrs. G had a colon resection on May 26, 2016.

Section J Health Conditions (Discharge)

J1800: Any Falls Since Admission

- **Discharge Code:** 1, Yes
- **Rationale:** Mrs. G sustained a fall on July 9 when transferring back to bed with the aide.

J1900: Number of Falls Since Admission

- **J1900A. No Injury:** 0, None
- **J1900B. Injury (Except Major):** 1, One
- **J1900C. Major Injury:** 0, None
- **Rationale:** When Mrs. G fell with the aide, she moaned in pain when her right ankle was palpated. An x ray was taken, and it was negative for fracture. She was diagnosed with a sprained right ankle. An acetaminophen was ordered for her pain, as well as an air splint for comfort.

Section M Skin Conditions (Admission)

M0210 Unhealed Pressure Ulcer(s)

- **Admission Code:** 1, Yes
- **Rationale:** The admission skin assessment completed by nursing revealed that she had a 6 cm wide by 4 cm high deep purple intact area over her left hip and a 2 cm round reddened area on her left scapula with a 1 cm serum-filled blister in the center of the reddened area. These were assessed as deep tissue injury and a Stage 2 pressure ulcer, respectively.

M0300 Current Number of Unhealed Pressure Ulcers at Each Stage

- **Admission Code:**
 - M0300A. Stage 1: Code 0
 - M0300B. Stage 2: Code 1
 - M0300C. Stage 3: Code 0
 - M0300D. Stage 4: Code 0
 - M0300E. Unstageable: Non-removable dressing: Code 0
 - M0300F. Unstageable: Slough and/or eschar: Code 0
 - M0300G. Unstageable: Deep tissue injury: Code 1
- **Rationale:** The admission skin assessment completed by nursing revealed that she had a 6 cm wide by 4 cm high deep purple intact area over her left hip and a 2 cm round reddened area on her left scapula with a 1 cm serum-filled blister in the center of the reddened area. These were assessed as deep tissue injury and a Stage 2 pressure ulcer, respectively.

Section M Skin Conditions (Discharge)

M0210: Unhealed Pressure Ulcers

- **Discharge Code:** 1, Yes
- **Rationale:** Mrs. G progressed nicely toward her goals, and she was discharged to home on August 1, 2016. At that time, the pressure ulcer over her left hip was markedly improved but remained open. Its measurements were as follows: length of 0.5 cm, width of 1.3 cm, and depth of 0.2 cm.

M0300: Current Number of Unhealed Pressure Ulcer at Each Stage

- **Discharge Code:**
 - M0300A. Stage 1: Code 0
 - M0300B1. Stage 2: Code 0
 - M0300B2. Stage 2 POA: Skip
 - M0300C1 Stage 3: Code 1
 - M0300 C2 Stage 3 POA: Code 1
 - M0300D1. Stage 4: Code 0
 - M0300D2. Stage 4 POA: Skip
 - M0300E1. Unstageable: Non-removable dressing: Code 0
 - M0300E2. Unstageable: Non-removable dressing POA: Skip

- M0300F1. Unstageable: Slough and/or eschar: Code 0
- M0300F2. Unstageable: Slough and/or eschar POA: Skip
- M0300G1. Unstageable: Deep tissue injury: Code 0
- M0300G2. Unstageable: Deep tissue injury POA: Skip
- **Rationale:** On July 11, the previously noted suspected deep tissue injury over her left hip was assessed and noted to have evolved to a full-thickness Stage 3 pressure ulcer. There is no bone, tendon, or muscle visible. The area's measurements are as follows: length of 2 cm, width of 3 cm, and depth of 0.4 cm. Since this was the first time a numerical stage could be determined, and the pressure ulcer was present upon admission, M0300C would be coded 1. The Stage 2 pressure ulcer on her left scapula was assessed and determined to have healed on July 25. Mrs. G progressed nicely toward her goals, and she was discharged to home on August 1, 2016. At that time, the Stage 3 pressure ulcer over her left hip was markedly improved but remained unhealed. Its measurements were as follows: length of 0.5 cm, width of 1.3 cm, and depth of 0.2 cm.

M0800. Worsening in Pressure Ulcer Status Since Admission

- **Discharge Code:**
 - M0800A. Stage 2: Code 0
 - M0800B. Stage 3: Code 0
 - M0800C. Stage 4: Code 0
 - M0800D. Unstageable Non-Removable Dressing: Code 0
 - M0800E. Unstageable Slough and/or eschar: Code 0
 - M0800F. Unstageable Deep Tissue Injury: Code 0

M0900: Healed Pressure Ulcers

- **Discharge Code:**
 - M0900A. Stage 1: Code 0
 - M0900B. Stage 2: Code 1
 - M0900C. Stage 3: Code 0
 - M0900D. Stage 4: Code 0
- **Rationale:** The Stage 2 pressure ulcer on Mrs. G's left scapula was determined to have healed on July 25.