# National Field Test Assessment Protocol: Discharge

Current as of November 2017

### Project Title:

Development and Maintenance of Post-Acute Care Cross-Setting Standardized Assessment Data

### Dates:

- The national assessment field period will run from November 2017 through May 2018.
- The formal report from this national test is anticipated to be available by the end of 2018.

#### Project Overview:

The Centers for Medicare & Medicaid Services (CMS) has contracted with the RAND Corporation to develop standardized assessment-based data elements to meet the requirements as set forth under the IMPACT Act of 2014, Section 2(a). The contract name is "Development and Maintenance of Post-Acute Care Cross-Setting Standardized Assessment Data". The contract number is HHSM-500-2013-13014I. As part of its data element development process, RAND is conducting a national test of the data elements that are currently being considered for standardization.

#### Project Objective:

The project objective is to develop standardized patient assessment data elements to meet the requirements of the IMPACT Act of 2014, Section 2(a). These data elements may be used to inform a number of important things, including case-mix adjustment, medical complexity, interoperable exchange, clinical decision support, and measure development.

### Information About the National Test:

- The goal of the national test is to obtain a nationally representative sample from which assessment data can be collected and analyzed to explore potential data elements for inclusion in the four currently administered PAC instruments
- The national test is targeted to include 210 PAC facilities across 14 randomly selected U.S. markets
- Testing includes admission and discharge assessment protocols for assessing communicative patients/residents and a set of 3 data elements designed specifically for use with patients/residents who are unable or unwilling to communicate. Data elements being tested include interview items, observational items, and items that utilize multiple information sources such as chart abstraction.
- The clinical categories being considered for standardized assessment are:
  - Cognitive status (including cognitive function, delirium, expression and understanding, and behavior)
  - Mental status (including depression and anxiety)
  - o Impairments (including continence, vision, and hearing)
  - Medical conditions (including pain)
  - Special Services Treatments and Interventions
  - Other clinical categories:

- Global health
- Care preferences
- Medication reconciliation

### About this Document: The National Field Test Assessment Protocol:

- To delineate the items being assessed in the National Beta test, CMS is posting this protocol to increase transparency and to allow researchers, providers, and consumers more information on the testing protocol.
- This assessment protocol is for communicative patients/residents at discharge.
- This protocol is assessing items for standardization. This protocol is not in the final format of the commonly-leveraged CMS assessment instruments.
- For some modules within the protocol, half of the sample will receive one set of questions while the other half will receive a different set of questions. These are labeled Group 1 and Group 2.
- We would lke to stress that these are items that are being explored for use in standardization efforts. CMS has not finalized or adopted any standardized patient assessment data elements at the current time.

# MODULE A: HEARING, VISION, EXPRESSION AND UNDERSTANDING

### A1. Hearing

A1. Ability to Hear (with hearing aid or hearing appliance, if normally used)
 0 = Adequate – no difficulty in normal conversation, social interaction, listening to TV
 1 = Minimal difficulty – difficulty in some environments (e.g., when person speaks softly or setting is noisy)
 2 = Moderate difficulty – speaker has to increase volume and speak distinctly
 3 = Highly impaired – absence of useful hearing
 9 = Unknown or unable to assess

#### A2. Vision

A2. Ability to See in Adequate Light (with glasses or other visual appliances)
0 = Adequate - sees fine detail such as regular print in newspapers/books
1 = Impaired - sees large print, but not regular print in newspapers/books
2 = Moderately impaired - limited vision; not able to see newspaper headlines but can identify objects
3 = Highly impaired - object identification in question, but eyes appear to follow objects
4 = Severely impaired - no vision or sees only light, colors or shapes; eyes do not appear to follow objects
9 = Unknown or unable to assess

**Group 1:** Half of the national sample assessment protocols will include the following three questions about speech clarity and the ability to be understood

# A3. Speech Clarity

A3. Select best description of speech pattern  $\Box$  0 = Clear speech – distinct intelligible words  $\Box$  1 = Unclear speech - slurred or mumbled words  $\square$  2 = No speech – absence of spoken words 9 = Unknown or unable to assess

# A4. Makes Self Understood

A4. Ability to express ideas and wants, consider both verbal and non-verbal expression

- □ 0 = Understood
- 1 = Usually understood difficulty communicating some words or finishing thoughts but is able if prompted or given time
- □ 2 = Sometimes understood ability is limited to making concrete requests
- □ 3 = Rarely/never understood
- 9 = Unknown or unable to assess

# **A5. Ability to Understand Others**

A5. Understanding verbal content, however able (with hearing device or device if used)

- $\Box$  0 = Understands clear comprehension
- 1 = Usually understood misses some part/intent of message but comprehends most conversation
- 2 = Sometimes understands responds adequately to simple, direct communication only
- $\Box$  3 = Rarely/never understands
- 9 = Unknown or unable to assess

**Group 2:** The other half of the national sample assessment protocols will include the following two questions about expressing ideas and wants and understanding verbal content

# A6. Expression of Ideas and Wants

A6. Expression of Ideas and Wants (consider both verbal and non-verbal expression and excluding language barriers)

- □ 4 = Expresses complex messages without difficulty and with speech that is clear and easy to understand
- 3 = Exhibits some difficulty with expressing needs and ideas (e.g., some words or finishing thoughts) or speech is not clear
- □ 2 = Frequently exhibits difficulty with expressing needs and ideas
- □ 1 = Rarely/Never expresses self or speech is very difficult to understand
- 9 = Unknown or unable to assess

# **A7. Understanding Verbal Content**

A7. Understanding Verbal Content (with hearing aid or device, if used and excluding language barriers)

- □ 4 = Understands: Clear comprehension without cues or repetitions
- 3 = Usually Understands: Understands most conversations, but misses some part/intent of message. Requires cues at times to understand
- 2 = Sometimes Understands: Understands only basic conversation or simple, direct phrases. Frequently requires cues to understand
- □ 1 = Rarely/Never Understands
- 9 = Unknown or unable to assess

# **MODULE B: COGNITION**

#### **B1. Brief Interview for Mental Status**

#### **B1a.** Repetition of Three Words

**ASK PATIENT/RESIDENT:** "I am going to say three words for you to remember. Please repeat the words after I have said all three. The words are: sock, blue and bed. Now tell me the three words."

Number of words repeated by patient/resident after first attempt:

 $\Box$  3 = Three

- □ 2 = Two
- □ 1 = One
- $\Box$  0 = None or no answer

**AFTER THE PATIENT'S/RESIDENT'S FIRST ATTEMPT SAY:** "I will repeat each of the three words with a cue and ask you about them later: sock, something to wear; blue, a color; bed, a piece of furniture." **YOU MAY REPEAT THE WORDS UP TO TWO MORE TIMES.** 

**B1b.** Year, Month, Day

ASK PATIENT/RESIDENT: "Please tell me what year it is right now."

Patient's/Resident's answer is:

- □ 3 = Correct
- □ 2 = Missed by 1 year
- $\square$  1 = Missed by 2 to 5 years
- $\Box$  0 = Missed by more than 5 years or no answer

B1c. ASK PATIENT/RESIDENT: "What month are we in right now?"

Patient's/Resident's answer is:

- $\Box$  2 = Accurate within 5 days
- $\Box$  1 = Missed by 6 days to 1 month
- $\Box$  0 = Missed by more than 1 month or no answer

B1d. ASK PATIENT/RESIDENT: "What day of the week is today?"

Patient's/Resident's answer is:

- □ 1 = Accurate
- $\Box$  0 = Incorrect or no answer

ASK PATIENT/RESIDENT: "Let's go back to the first question. What were those three words
that I asked you to repeat?" IF UNABLE TO REMEMBER A WORD, GIVE CUE (I.E.,
SOMETHING TO WEAR; A COLOR; A PIECE OF FURNITURE) FOR THAT WORD.
B1e. Recalls "sock?"

2 = Yes	no cue	required
z - ics	, no cue	requireu

- □ 1 = Yes, after cueing ("something to wear")
- $\Box$  0 = No, could not recall or no answer

**B1f.** Recalls "blue?"

- $\Box$  2 = Yes, no cue required
- □ 1 = Yes, after cueing ("a color")
- $\Box$  0 = No, could not recall or no answer

B1g. Recalls "bed?"

 $\square$  2 = Yes, no cue required

- □ 1 = Yes, after cueing ("a piece of furniture")
- $\Box$  0 = No, could not recall or no answer

# **B2.** Signs and Symptoms of Delirium (from Confusion Assessment Method<sup>©</sup>)

INSTRUCTIONS: CODE ONLY AFTER COMPLETING THE BRIEF INTERVIEW FOR MENTAL STATUS (B1). B2a. Acute Onset Mental Status Change: Is there evidence of an acute change in mental status from the patient's/resident's baseline?

□ 0 = No □ 1 = Yes

**B2b. Inattention:** Did the patient/resident have difficulty focusing attention, for example, being easily distracted or having difficulty keeping track of what was being said?

- □ 0 = Behavior not present
- □ 1 = Behavior continuously present, does not fluctuate
- □ 2 = Behavior present, fluctuates (comes and goes, changes in severity)

**B2c. Disorganized Thinking:** Was the patient's/resident's thinking disorganized or incoherent (rambling or irrelevant conversation, unclear or illogical flow of ideas, or unpredictable switching from subject to subject)?

- $\Box$  0 = Behavior not present
- □ 1 = Behavior continuously present, does not fluctuate
- □ 2 = Behavior present, fluctuates (comes and goes, changes in severity)

**B2d. Altered Level of Consciousness:** Did the patient/resident have altered level of consciousness, as indicated by <u>ANY</u> of the following criteria?

- vigilant startled easily to any sound or touch
- **lethargic** repeatedly dozed off when being asked questions, but responded to voice or touch
- **stuporous** very difficult to arouse and keep aroused for the interview
- **comatose** could not be aroused
- $\Box$  0 = Behavior not present
- □ 1 = Behavior continuously present, does not fluctuate
- □ 2 = Behavior present, fluctuates (comes and goes, changes in severity)

# **MODULE C: PROMIS® GLOBAL HEALTH**

**Group 1:** Half of the national sample assessment protocols will include the following 10-item PROMIS® Global Health Assessment

# C1. PROMIS<sup>®</sup> Global Health

patients/re	<b>TIENT/RESIDENT:</b> "I am now going to ask you about your overall health status. All esidents are asked to answer these questions. Knowing the answers to these will help us provide you with a more individualized care plan."	
C1a. ASK P	ATIENT/RESIDENT:	
"In general	l, would you say your health is:"	
	5 = Excellent	
	4 = Very good	
	3 = Good	
	2 = Fair	
	1 = Poor	
	7 = Patient/resident declined to respond	
	9 = Unknown or unable to assess	
C1b. ASK P	ATIENT/RESIDENT:	
"In general	, would you say your quality of life is:"	
	5 = Excellent	
	4 = Very good	
	3 = Good	
	2 = Fair	
	1 = Poor	
	7 = Patient/resident declined to respond	
	9 = Unknown or unable to assess	
C1c. ASK PATIENT/RESIDENT:		
"In general	, how would you rate your physical health?"	
	5 = Excellent	
	4 = Very good	
	3 = Good	
	2 = Fair	
	1 = Poor	
	7 = Patient/resident declined to respond	
	9 = Unknown or unable to assess	

### **C1d.** ASK PATIENT/RESIDENT:

"In general, how would you rate your mental health, including your mood and your ability to think?"

- $\Box$  5 = Excellent
- $\Box$  4 = Very good
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **C1e.** ASK PATIENT/RESIDENT:

"In general, how would you rate your satisfaction with your social activities and relationships?"

- $\Box$  5 = Excellent
- $\Box$  4 = Very good
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **C1f.** ASK PATIENT/RESIDENT:

"In general, please rate how well you carry out your usual social activities and roles. This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc."

- $\Box$  5 = Excellent
- $\Box \quad 4 = \text{Very good}$
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

C1g. ASK P	ATIENT/RESIDENT:
"To what e	xtent are you able to carry out your everyday physical activities such as walking,
climbing st	airs, carrying groceries, or moving a chair?"
_	
	5 = Completely
	4 = Mostly
	3 = Moderately
	2 = A little
	1 = Not at all
	7 = Patient/resident declined to respond
	9 = Unknown or unable to assess
	ATIENT/RESIDENT:
	t 7 days, how often have you been bothered by emotional problems such as
feeling anx	ious, depressed or irritable?"
_	
	5 = Never
	4 = Rarely
	3 = Sometimes
	2 = Often
	1 = Always
	7 = Patient/resident declined to respond
	9 = Unknown or unable to assess
	ATIENT/RESIDENT:
	t 7 days, how would you rate your fatigue on average?"
<u>in the pas</u>	t / days, now would you rate your ratigue on average!
	5 = None
	4 = Mild
	3 = Moderate
	2 = Severe
	1 = Very severe
	7 = Patient/resident declined to respond
	9 = Unknown or unable to assess

# **C1j.** ASK PATIENT/RESIDENT:

"In the past 7 days, how would you rate your pain on average, on a scale of 0 to 10? 0 being no pain, and 10 being the worst pain imaginable."

_	
	0 = No pain
	1
	2
	3
	4
	5
	6
	7
	8
	9
	10 = Worst pain imaginable
	77 = Patient/resident declined to respond
	99 = Unknown or unable to assess

**Group 2:** The other half of the national sample assessment protocols will include this slightly modified 10-item PROMIS<sup>®</sup> Global Health Assessment, which uses a reference period of 'in the past 3 days'

# **C1. PROMIS® Global Health**

**SAY TO PATIENT/RESIDENT:** "I am now going to ask you about your overall health status. All patients/residents are asked to answer these questions. Knowing the answers to these questions will help us provide you with a more individualized care plan."

### C1a. ASK PATIENT/RESIDENT:

"In the past 3 days, would you say your health was:"

- $\Box$  5 = Excellent
- $\Box$  4 = Very good
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **C1b.** ASK PATIENT/RESIDENT:

"In the past 3 days, would you say your quality of life was:"

- $\Box$  5 = Excellent
- $\Box$  4 = Very good
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **C1c.** ASK PATIENT/RESIDENT:

"In the past 3 days, how would you rate your physical health?

- $\Box$  5 = Excellent
- $\Box$  4 = Very good
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **C1d.** ASK PATIENT/RESIDENT:

"In the past 3 days, how would you rate your mental health, inicluding your mood and your ability to think?"

- □ 5 = Excellent
- $\Box$  4 = Very good
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **C1e.** ASK PATIENT/RESIDENT:

"In the past 3 days, how would you rate your satisfaction with your social activities and relationships?"

- □ 5 = Excellent
- $\Box$  4 = Very good
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **C1f.** ASK PATIENT/RESIDENT:

"In the past 3 days, please rate how well you carried out your usual social activities and roles. This includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc."

- □ 5 = Excellent
- $\Box \quad 4 = \text{Very good}$
- □ 3 = Good
- □ 2 = Fair
- □ 1 = Poor
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

C1g. ASK P	ATIENT/RESIDENT:
"In the pas	t 3 days, to what extent are you able to carry out your everyday physical activities
such as wa	lking, climbing stairs, carrying things, or moving a chair?"
	5 = Completely
	4 = Mostly
	3 = Moderately
	2 = A little
	1 = Not at all
	7 = Patient/resident declined to respond
	9 = Unknown or unable to assess
C1h. ASK P	PATIENT/RESIDENT:
	t 3 days, how often have you been bothered by emotional problems such as
	tious, depressed or irritable?"
U	
	5 = Never
	4 = Rarely
	3 = Sometimes
	2 = Often
	1 = Always
	7 = Patient/resident declined to respond
	9 = Unknown or unable to assess
C1i. ASK P	ATIENT/RESIDENT:
"In the pas	<u>t 3 days</u> , how would you rate your fatigue on average?"
	5 = None
	4 = Mild
	3 = Moderate
	2 = Severe
	1 = Very severe
	7 = Patient/resident declined to respond
	9 = Unknown or unable to assess

# **C1j.** ASK PATIENT/RESIDENT:

"In the past 3 days, how would you rate your pain on average, on a scale of 0 to 10? 0 being no pain, and 10 being the worst pain imaginable."

0 = No pain
1
2
3
4
5
6
7
8
9
10 = Worst pain imaginable
77 = Patient/resident declined to respond
99 = Unknown or unable to assess

# **MODULE D. PAIN**

**Group 1:** Half of the national sample assessment protocols will include the following pain interview data elements which ask about pain experiences in the past 3 days

#### **D1.** Pain Presence

D1. ASK PATIENT/RESIDENT:		
"Have you had pain or hurting any time <u>during the past 3 days</u> ?"		
	0 = No [SKIP to D-TIME]	
	1 = Yes	
	7 = Patient/resident declined to respond [SKIP to D-TIME]	
	9 = Unable to answer or no response [SKIP to D-TIME]	
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### **D2.** Pain Frequency

i an requertey		
D2. ASK PA	TIENT/RESIDENT:	
"How much	n of the time have you experienced pain or hurting <u>over the last 3 days</u> ?"	
	1 = Rarely or not at all	
	2 = Occasionally	
	3 = Frequently	
	4 = Almost Constantly	
	7 = Patient/resident declined to respond	
	9 = Unable to answer or no response	

#### D3. Pain Effect on Sleep

### **D3.** ASK PATIENT/RESIDENT:

"Over the past 3 days, how much of the time has pain made it hard for you to sleep?"

- □ 1 = Rarely or not at all
- □ 2 = Occasionally
- $\Box$  3 = Frequently
- □ 4 = Almost Constantly
- □ 7 = Patient/resident declined to respond
- 9 = Unable to answer or no response

# D4. Pain Interference - Therapy Activities

I all inter	Terence - Therapy Activities
D4a. ASK P	ATIENT/RESIDENT:
	past 3 days, have you been offered any rehabilitation therapies (e.g., physical
therapy, or	ccupational therapy, speech therapy) by your care providers?"
_	
	0 = No [SKIP to D4c]
	7 = Patient/resident declined to respond [SKIP to D4c]
	9 = Unable to answer or no response [SKIP to D4c]
D4b. ASK P	PATIENT/RESIDENT:
	bast 3 days, how often have you limited your participation in rehabilitation
	ssions due to pain?"
	1 = Rarely or not at all
	2 = Occasionally
	3 = Frequently
	4 = Almost Constantly
	7 = Patient/resident declined to respond
	9 = Unable to answer or no response
	ATIENT/RESIDENT:
	<u>past 3 days</u> , how much of the time have you limited your day-to-day activities
( <u>excluding</u>	rehabilitation therapy sessions) because of pain?"
	1 = Rarely or not at all
	2 = Occasionally
	3 = Frequently
	4 = Almost Constantly
	7 = Patient/resident declined to respond
	9 = Unable to answer or no response
—	

### D5. Pain Severity

D5. SAY TC	PATIENT/RESIDENT:
"Please rat	e your worst pain <u>over the past 3 days</u> on a zero to ten scale, with zero being no
pain and te	en as the worst pain you can imagine."
	0 = No pain
	1
	2
	3
	4
	5
	6
	7
	8
	9
	10 = Worst pain imaginable
	77 = Patient/resident declined to respond
	99 = Unknown or unable to assess

#### D6. Pain Relief

# **D6.** ASK PATIENT/RESIDENT:

"<u>During the past 3 days</u> how much relief have you felt from pain due to pain treatments and/or medications?"

- $\square$  1 = No relief
- $\square$  2 = Some relief
- $\Box$  3 = Quite a bit of relief
- $\Box$  4 = Very much relief
- 8 = Not applicable- patient/resident has not received pain treatments or medications in the past 3 days
- □ 7 = Patient/resident declined to respond
- 9 = Unable to answer or no response

**Group 2:** The other half of the national sample assessment protocols will include the following pain interview data elements which ask about pain experiences in the past 5 days

# D1. Pain Presence

# **D1.** ASK PATIENT/RESIDENT:

"Have you had pain or hurting any time in the last 5 days?"

□ 0 = No [SKIP to D-TIME]

□ 1 = Yes

- **7** = Patient/resident declined to respond [SKIP to D-TIME]
- 9 = Unable to answer or no response [SKIP to D-TIME]

# D2. Pain Frequency

**D2.** ASK PATIENT/RESIDENT:

"How much of the time have you experienced pain or hurting over the last 5 days?

- □ 1 = Rarely or not at all
- $\Box \quad 2 = Occasionally$
- $\Box$  3 = Frequently
- □ 4 = Almost Constantly
- □ 7 = Patient/resident declined to respond
- 9 = Unable to answer or no response

# D3. Pain Effect on Sleep

## **D3.** ASK PATIENT/RESIDENT:

"Over the past 5 days, how much of the time has pain made it hard for you to sleep?"

- □ 1 = Rarely or not at all
- □ 2 = Occasionally
- $\Box$  3 = Frequently
- □ 4 = Almost Constantly
- **7** = Patient/resident declined to respond
- 9 = Unable to answer or no response

# D4. Pain Interference - Therapy Activities

4. Fain inter	Terence - Therapy Activities
D4a. ASK P	ATIENT/RESIDENT:
" <u>Over the p</u>	past 5 days, have you been offered any rehabilitation therapies (e.g., physical
therapy, or	ccupational therapy, speech therapy) by your care providers?"
_	
	0 = No [SKIP to D4c]
	1 = Yes
	7 = Patient/resident declined to respond [SKIP to D4c]
	9 = Unable to answer or no response [SKIP to D4c]
D4b. ASK P	PATIENT/RESIDENT:
	base 5 days, how often have you limited your participation in rehabilitation
	ssions due to pain?"
.,	·
	1 = Rarely or not at all
	2 = Occasionally
	3 = Frequently
	4 = Almost Constantly
	7 = Patient/resident declined to respond
	9 = Unable to answer or no response
	ATIENT/RESIDENT:
	bast 5 days, how much of the time have you limited your day-to-day activities
	rehabilitation therapy sessions) because of pain?"
( <u>excluding</u>	
	1 = Rarely or not at all
	2 = Occasionally
	3 = Frequently
	4 = Almost Constantly
	7 = Patient/resident declined to respond
	9 = Unable to answer or no response

### **D5.** Pain Severity

	PATIENT/RESIDENT:			
"Please rate your worst pain over the last 5 days on a zero to ten scale, with zero being no				
pain and ten as the worst pain you can imagine."				
1				
	0 = No pain			
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	10 = Worst pain imaginable			
	77 = Patient/resident declined to respond			
	99 = Unknown or unable to assess			

### D6. Pain Relief

#### **D6.** ASK PATIENT/RESIDENT:

"<u>Over the past 5 days</u> how much relief have you felt from pain due to pain treatments and/or medications?"

- $\square$  1 = No relief
- $\square$  2 = Some relief
- $\Box$  3 = Quite a bit of relief
- $\Box$  4 = Very much relief
- 8 = Not applicable- patient/resident has not received pain treatments or medications in the past 5 days
- □ 7 = Patient/resident declined to respond
- 9 = Unable to answer or no response

# **MODULE E: MOOD**

### E1. PHQ<sup>©</sup> 2 to 9

E1a1. SYMPTOM PRESE	NCE
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**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, have you been bothered by little interest or pleasure in doing things?"

- □ 0 = No [SKIP TO E1b1]
- □ 1 = Yes
- **7** = Patient/resident declined to respond [SKIP TO E1b1]
- 9 = Unknown or unable to assess [SKIP TO E1b1]

### E1a2. SYMPTOM FREQUENCY

**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, how often have you been bothered by having little interest or pleasure in doing things?"

- $\Box$  0 = Never or 1 day
- $\Box \quad 1 = 2-6 \text{ days (several days)}$
- $\Box$  2 = 7-11 days (half or more of the days)
- $\Box$  3 = 12-14 days (nearly every day)
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E1b1. SYMPTOM PRESENCE

**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, have you been bothered by feeling down, depressed, or hopeless?"

- □ 0 = No **[SKIP TO E1c1]**
- □ 1 = Yes
- **7** = Patient/resident declined to respond [SKIP TO E1c1]
- 9 = Unknown or unable to assess [SKIP TO E1c1]

### E1b2. SYMPTOM FREQUENCY

**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, how often have you been bothered by feeling down, depressed, or hopeless?"

- $\Box$  0 = Never or 1 day
- $\Box$  1 = 2-6 days (several days)
- $\Box$  2 = 7-11 days (half or more of the days)
- □ 3 = 12-14 days (nearly every day)
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

If either E1a2 or E1b2 is coded 2 or 3, CONTINUE asking the questions below. If not, END the PHQ interview and SKIP to E-TIME.

E1c1. SYMPTOM PRESENCE

**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, have you been bothered by trouble falling or staying asleep, or sleeping too much?"

- □ 0 = No **[SKIP to E1d1]**
- □ 1 = Yes
- **7** = Patient/resident declined to respond [SKIP to E1d1]
- 9 = Unknown or unable to assess [SKIP to E1d1]

### E1c2. SYMPTOM FREQUENCY

**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, how often have you been bothered by having trouble falling or staying asleep, or sleeping too much?"

- $\Box$  0 = Never or 1 day
- $\Box \quad 1 = 2-6 \text{ days (several days)}$
- $\Box$  2 = 7-11 days (half or more of the days)
- $\Box$  3 = 12-14 days (nearly every day)
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E1d1. SYMPTOM PRESENCE

**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, have you been bothered by feeling tired or having little energy?"

- □ 0 = No [SKIP to E1e1]
- □ 1 = Yes
- □ 7 = Patient/resident declined to respond [SKIP to E1e1]
- 9 = Unknown or unable to assess [SKIP to E1e1]

### E1d2. SYMPTOM FREQUENCY

**ASK PATIENT/RESIDENT:** "Over the last 2 weeks, how often have you been bothered by feeling tired or having little energy?"

- $\Box$  0 = Never or 1 day
- $\Box$  1 = 2-6 days (several days)
- $\Box$  2 = 7-11 days (half or more of the days)
- □ 3 = 12-14 days (nearly every day)
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

E1e1. SYMPTOM PRESENCE ASK PATIENT/RESIDENT: "Over the last 2 weeks, have you been bothered by a poor appetite or overeating?"			
<ul> <li>0 = No [SKIP TO E1f1]</li> <li>1 = Yes</li> </ul>			
7 = Patient/resident declined to respond [SKIP TO E1f1]			
9 = Unknown or unable to assess [SKIP TO E1f1]			
E1e2. SYMPTOM FREQUENCY			
ASK PATIENT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by a poor appetite or overeating?"			
$\Box$ 0 = Never or 1 day			
$\Box = 1 = 2-6 \text{ days (several days)}$			
<ul> <li>2 = 7-11 days (half or more of the days)</li> <li>3 = 12-14 days (nearly every day)</li> </ul>			
$\Box  7 = \text{Patient/resident declined to respond}$			
9 = Unknown or unable to assess			
E1f1. SYMPTOM PRESENCE			
<b>ASK PATIENT/RESIDENT:</b> "Over the last 2 weeks, have you been bothered by feeling bad about yourself – or that you are a failure or have let yourself or your family down?"			
<ul> <li>0 = No [SKIP TO E1g1]</li> <li>1 = Yes</li> </ul>			
$\Box$ $T = \text{Yes}$ $\Box$ $7 = \text{Patient/resident declined to respond [SKIP TO E1g1]}$			
9 = Unknown or unable to assess [SKIP TO E1g1]			
E1f2. SYMPTOM FREQUENCY			
<b>ASK PATIENT/RESIDENT:</b> "Over the last 2 weeks, how often have you been bothered by feeling bad about yourself – or that you are a failure or have let yourself or your family			
down?"			
0 = Never or 1 day			
$\Box = 2-6 \text{ days (several days)}$			
<ul> <li>2 = 7-11 days (half or more of the days)</li> <li>3 = 12-14 days (nearly every day)</li> </ul>			
$\Box  7 = \text{Patient/resident declined to respond}$			
9 = Unknown or unable to assess			

LIGI. STIVI	PTOM PRESENCE:				
ASK PATIE	ASK PATIENT/RESIDENT: "Over the last 2 weeks, have you been bothered by trouble				
concentrating on things, such as reading the newspaper or watching television?"					
	0 = No [SKIP TO E1h1]				
	1 = Yes				
	7 = Patient/resident declined to respond [SKIP TO E1h1]				
	9 = Unknown or unable to assess [SKIP TO E1h1]				
E1g2. SYM	PTOM FREQUENCY				
ASK PATIE	NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by				
trouble co	ncentrating on things, such as reading the newspaper or watching television?"				
	0 = Never or 1 day				
	1 = 2-6 days (several days)				
	2 = 7-11 days (half or more of the days)				
	3 = 12-14 days (nearly every day)				
	7 = Patient/resident declined to respond				
	9 = Unknown or unable to assess				
E1h1. SYM	PTOM PRESENCE				
	NT/RESIDENT: " <u>Over the last 2 weeks</u> , have you been bothered by moving or				
	speaking so slowly that other people could have noticed. Or the opposite - being so fidgety				
or restless	that you have been moving around a lot more than usual?"				
	that you have been moving around a lot more than usual?"				
	that you have been moving around a lot more than usual?" 0 = No <b>[SKIP TO E1i1]</b> 1 = Yes				
	that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1]				
	that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1]				
E1h2. SYM	that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1]				
E1h2. SYM	that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY				
E1h2. SYM ASK PATIE moving or	that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by				
E1h2. SYM ASK PATIE moving or	that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by speaking so slowly that other people could have noticed. Or the opposite - being pr restless that you have been moving around a lot more than usual?"				
E1h2. SYM ASK PATIE moving or so fidgety o	that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by speaking so slowly that other people could have noticed. Or the opposite - being				
E1h2. SYM ASK PATIE moving or so fidgety o	<pre>that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by speaking so slowly that other people could have noticed. Or the opposite - being or restless that you have been moving around a lot more than usual?" 0 = Never or 1 day 1 = 2-6 days (several days)</pre>				
E1h2. SYM ASK PATIE moving or so fidgety o	<pre>that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by speaking so slowly that other people could have noticed. Or the opposite - being or restless that you have been moving around a lot more than usual?" 0 = Never or 1 day 1 = 2-6 days (several days) 2 = 7-11 days (half or more of the days)</pre>				
E1h2. SYM ASK PATIE moving or so fidgety of	<pre>that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by speaking so slowly that other people could have noticed. Or the opposite - being or restless that you have been moving around a lot more than usual?" 0 = Never or 1 day 1 = 2-6 days (several days)</pre>				
E1h2. SYM ASK PATIE moving or so fidgety of	<pre>that you have been moving around a lot more than usual?" 0 = No [SKIP TO E1i1] 1 = Yes 7 = Patient/resident declined to respond [SKIP TO E1i1] 9 = Unknown or unable to assess [SKIP TO E1i1] PTOM FREQUENCY NT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by speaking so slowly that other people could have noticed. Or the opposite - being or restless that you have been moving around a lot more than usual?" 0 = Never or 1 day 1 = 2-6 days (several days) 2 = 7-11 days (half or more of the days) 3 = 12-14 days (nearly every day)</pre>				

E1i1. SYN	MPTOM PRESENCE				
ASK PATIENT/RESIDENT: "Over the last 2 weeks, have you been bothered by thoughts that					
you would be better off dead, or hurting yourself in some way?"					
	0 = No [SKIP TO PHQ-9 TOTAL score]				
Ľ	] 1 = Yes				
Ľ	7 = Patient/resident declined to respond [SKIP TO PHQ-9 TOTAL score]				
C	9 = Unknown or unable to assess [SKIP TO PHQ-9 TOTAL score]				
E1:2 CV					
	MPTOM FREQUENCY				
	IENT/RESIDENT: "Over the last 2 weeks, how often have you been bothered by that you would be better off dead, or hurting yourself in some way?"				
0	, , , ,				
C	0 = Never or 1 day				
Ľ	1 = 2-6 days (several days)				
Ľ	2 = 7-11 days (half or more of the days)				
Ľ	3 = 12-14 days (nearly every day)				
Ľ	7 = Patient/resident declined to respond				
C	9 = Unknown or unable to assess				
PHQ-9 TOTAL: Add values from E1a2, E1b2, E1c2, E1d2, E1e2, E1f2, E1g2, E1h2, E1i2 and					
E1j2 →					

## E2. PROMIS<sup>®</sup> Depression

**Group 1:** Half of the national sample assessment protocols will include the following PROMIS<sup>®</sup> Depression and PROMIS<sup>®</sup> Anxiety item sets that ask about mood over the past 7 days.

**SAY TO PATIENT/RESIDENT:** "I am now going to ask you about your emotional distress, specifically depression and how you have been feeling <u>over the past 7 days</u>. I will also ask about some common problems that sometimes go along with feeling depressed. This is not meant to give you a diagnosis. Some of the questions might seem personal, but all patients/residents are asked to answer them. Knowing the answers to these questions will help us provide you with a more individualized care plan."

#### E2a. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt worthless:"

- $\square$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E2b. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt that I had nothing to look forward to:"

- $\square$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E2c. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt helpless:"

- $\square$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E2d. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt sad:"

- □ 1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

# E2e. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt lonely:"

- $\square$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- **7** = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E2f. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt depressed:"

- □ 1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

# E2g. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt I had no reason for living:"

- $\square$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E2h. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt hopeless:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- $\Box$  3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E3. PROMIS<sup>®</sup> Anxiety

**SAY TO PATIENT/RESIDENT**: "I am now going to ask you about your emotional distress, specifically anxiety and how you have been feeling <u>over the past 7 days</u>. I will also ask about some common problems that sometimes go along with feeling anxious. This is not meant to give you a diagnosis. Some of the questions might seem personal, but all patients/residents are asked to answer them. Knowing the answers to these questions will help us provide you with a more individualized care plan."

#### E3a. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt worried:"

- $\square$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E3b. ASK PATIENT/RESIDENT:

"In the past 7 days, my worries overwhelmed me:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E3c. ASK PATIENT/RESIDENT:

"In the past 7 days, I had trouble paying attention:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

E3d.	ASK	PATIENT	/RESIDENT:
	/ 10/11		

"In the past 7 days, I felt nervous:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- $\Box$  3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E3e. ASK PATIENT/RESIDENT:

"In the past 7 days, I had difficulty calming down:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- $\Box$  3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E3f. ASK PATIENT/RESIDENT:

"In the past 7 days, I found it hard to focus on anything other than my anxiety:"

- $\square$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E3g. ASK PATIENT/RESIDENT:

"In the past 7 days, I felt like I needed help for my anxiety:"

- $\square$  1 = Never
- $\square$  2 = Rarely
- $\Box$  3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

# E3h. ASK PATIENT/RESIDENT:

"In the past 7 days, I had sudden feelings of panic:"

□ 1 = Never

- □ 2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

**Group 2:** The other half of the national sample assessment protocols will include the following PROMIS® Depression and PROMIS® Anxiety item sets that ask about mood over the past 3 days.

## E2. PROMIS<sup>®</sup> Depression

**SAY TO PATIENT/RESIDENT:** "I am now going to ask you about your emotional distress, specifically depression and how you have been feeling <u>over the past 3 days.</u> I will also ask about some common problems that sometimes go along with feeling depressed. This is not meant to give you a diagnosis. Some of the questions might seem personal, but all patients/residents are asked to answer them. Knowing the answers to these questions will help us provide you with a more individualized care plan."

### E2a. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt worthless:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E2b. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt that I had nothing to look forward to:"

- $\square$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E2c. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt helpless:"

- $\Box$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E2d. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt sad:"

- □ 1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

# E2e. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt lonely:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- $\Box$  3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### **E2f.** ASK PATIENT/RESIDENT:

"In the past 3 days, I felt depressed:"

- □ 1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

# E2g. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt I had no reason for living:"

- $\square$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

### E2h. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt hopeless:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- $\Box$  3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E3. PROMIS<sup>®</sup> Anxiety

**SAY TO PATIENT/RESIDENT**: "I am now going to ask you about your emotional distress, specifically anxiety and how you have been feeling <u>over the past 3 days</u>. I will also ask about some common problems that sometimes go along with feeling anxious. This is not meant to give you a diagnosis. Some of the questions might seem personal, but all patients/residents are asked to answer them. Knowing the answers to these questions will help us provide you with a more individualized care plan."

#### E3a. ASK PATIENT/RESIDENT:

"In the past 3 days, I felt worried:"

- $\square$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E3b. ASK PATIENT/RESIDENT:

"In the past 3 days, my worries overwhelmed me:"

- $\Box$  1 = Never
- $\square$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### E3c. ASK PATIENT/RESIDENT:

"In the past 3 days, I had trouble paying attention:"

- $\Box$  1 = Never
- $\Box$  2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

E3d. ASK PAT	TIENT/RESIDENT:
"In the past 3	<u>3 days</u> , I felt nervous:"
	L = Never
	2 = Rarely
	3 = Sometimes
	l = Often
	5 = Always
	7 = Patient/resident declined to respond
	e Unknown or unable to assess
	FIENT/RESIDENT:
"In the past 3	<u>3 days</u> , I had difficulty calming down:"
_	
	L = Never
	2 = Rarely
	B = Sometimes
	l = Often
	5 = Always
	7 = Patient/resident declined to respond
	e Unknown or unable to assess
	TENT/RESIDENT:
	-
in the past s	<u>3 days</u> , I found it hard to focus on anything other than my anxiety:"
	L = Never
	2 = Rarely
	B = Sometimes
	l = Often
	5 = Always
	7 = Patient/resident declined to respond
	$\theta = Unknown or unable to assess$
E3g. ASK PAT	TIENT/RESIDENT:
"In the past 3	<u>3 days</u> , I felt like I needed help for my anxiety:"
	L = Never
	2 = Rarely
03	3 = Sometimes
	l = Often
	5 = Always

- 5 = Always
   7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

# E3h. ASK PATIENT/RESIDENT:

"In the past 3 days, I had sudden feelings of panic:"

□ 1 = Never

- □ 2 = Rarely
- □ 3 = Sometimes
- □ 4 = Often
- $\Box$  5 = Always
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

# **MODULE F. CARE PREFERENCES**

#### F1. Involvement of Family/Friends in Care Decisions

**F1. ASK PATIENT/RESIDENT:** "It is important for us to understand how you'd like your family, friends, or significant others involved in your care. How important is it to you to have your family or a close friend or significant other involved in discussions about your care?"

- □ 1 = Very important
- □ 2 = Somewhat important
- □ 3 = Not very important
- □ 4 = Not important at all
- □ 5 = Important, but can't do or no choice
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### F2. Preferences for Involvement in Decision Making Questionnaire

**F2. ASK PATIENT/RESIDENT:** "I'd like to talk to you about how you prefer to be involved in your care. Everyone copes with their condition differently. Do you prefer to know as much as you can about the details of your condition and treatment, prefer some information, or prefer not to know or to know very little?"

- □ 1 = To know as much as you can
- □ 2 = Some information
- $\Box$  3 = Not to know or to know very little
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### F3. Advance Care Directives

**F3. Does the patient/resident have a designated Health Care Agent** as authorized under state law to make healthcare decisions in the event that he/she is unable to make his or her own decisions <u>AND</u> there is legal documentation in the medical record?

- □ 0 = No
- □ 1 = Yes → IF YES: Specify type of legal documentation:

## **MODULE G: CONTINENCE**

#### **G1.** Perceived Problem or Burden with Bladder Incontinent Events

**G1a. ASK PATIENT/RESIDENT:** "Have you experienced any bladder incontinent events (or 'accidental leaking of urine') during the past 3 days?"

- □ 0 = No [SKIP to G2a]
- □ 1 = Yes
- **7** = Patient/resident declined to respond [SKIP to G2a]
- 9 = Unknown or unable to assess [SKIP to G2a]

**G1b. IF PATIENT/RESIDENT REPORTS EXPERIENCING INCONTINENT EVENTS [If G1a = 1]**, **ASK PATIENT/RESIDENT:** "How big of a problem or burden are incontinent events (or 'accidental leaking of urine') to you?"

- $\Box$  1 = No problem
- □ 2 = Small problem
- $\square$  3 = Moderate problem
- $\Box$  4 = Big problem
- □ 7 = Patient/resident declined to respond
- 9 = Unknown or unable to assess

#### **G2.** Perceived Problem or Burden with Bowel Incontinent Events

**G2a. ASK PATIENT/RESIDENT: "**Have you experienced any bowel incontinent events (or "accidental leaking of stool") during the past 3 days?"

□ 0 = No [SKIP to G-TIME]

- □ 1 = Yes
- **7** = Patient/resident declined to respond [SKIP to G-TIME]
- 9 = Unable to assess/no response [SKIP to G-TIME]

G2b. IF PATIENT/RESIDENT REPORTS EXPERIENCING INCONTINENT EVENTS [If G2a = 1], ASK PATIENT/RESIDENT: "How big of a problem or burden are incontinent events (or 'accidental leaking of stool') to you?"

- $\square$  1 = No problem
- $\Box$  2 = Small problem
- $\square$  3 = Moderate problem
- $\Box$  4 = Big problem
- □ 7 = Patient/resident declined to respond
- 9 = Unable to assess/no response

# G3. Bladder Appliance Use

G3a. Does this patient/resident use a bladder appliance? CHECK ALL THAT APPLY	Day 1	Day 3
1 = Indwelling urethral catheter	1	1
2 = Other indwelling catheter (include suprapubic catheter and nephrostomy tube)	2	2
3 = External catheter (include condom catheter)	3	3
4 = Urostomy	4	4
5 = Intermittent catheterization	5	5
6 = Other	6	6
7 = Patient/resident <b>does not use</b> a bladder appliance	7	7
Notes:		

<b>G3b.</b> If patient/resident has indwelling or external CATHETER, was the CATHETER placed while the patient/resident was in the current setting?	C	Day 1	Day 3
0 = No		0	0
1 = Yes		1	1
8 = Not applicable		8	8
9 = Unknown or unable to assess		9	9
Notes:			

<b>G3c.</b> If patient/resident has an indwelling or external CATHETER placed in current setting <b>(G3b=1)</b> , what is the PRIMARY reason the catheter was put in place?	Day 1		Day 3
1 = Retention	1		1
2 = Skin Condition (pressure injury, surgical wound, rash, other)	2		2
3 = Monitor Urine Output	3		3
4 = Patient preference (e.g., patient or proxy desires as part of comfort, end-of-life or hospice care plan)	4		4
5 = Other (specify):	5		5
8 = Not applicable	8		8
9 = Unknown or Unable to assess	9		9
Notes:			

<b>G3d.</b> IF PATIENT/RESIDENT USES A BLADDER APPLIANCE: Does the patient/resident need assistance to manage use of the bladder appliance for ANY reason (e.g., cognitive impairment/mental status, physical limitation, medical issue, etc.)?	[	Day 1	C	Day 3
0 = No		0		0
1 = Yes		1		1
8 = Not applicable		8		8
9 = Unknown or unable to assess		9		9
Notes:				

# G4. Bladder Frequency of Incontinent Events

<ul> <li>0 = No incontinent events during the assessment period</li> <li>1 = Incontinent events less than daily (on at least one day but not every day during the assessment period)</li> <li>2 = Incontinent events daily (at least once a day on each day during the assessment period)</li> <li>3 = Incontinent events more than daily (more than once a day on each day during the assessment period)</li> <li>8 = Not applicable (e.g., patient/resident has indwelling catheter or no urine output due to renal</li> </ul>	0	0
<ul> <li>1 = Incontinent events less than daily (on at least one day but not every day during the assessment period)</li> <li>2 = Incontinent events daily (at least once a day on each day during the assessment period)</li> <li>3 = Incontinent events more than daily (more than once a day on each day during the assessment period)</li> <li>8 = Not applicable (e.g., patient/resident has</li> </ul>	1	
<ul> <li>each day during the assessment period)</li> <li>3 = Incontinent events more than daily (more than once a day on each day during the assessment period)</li> <li>8 = Not applicable (e.g., patient/resident has</li> </ul>		1
once a day on each day during the assessment period) 8 = Not applicable (e.g., patient/resident has	2	2
8 = Not applicable (e.g., patient/resident has	3	3
failura	8	8
failure) 9 = <b>Unknown or unable to assess</b>	9	9
tes:		

# **G5. Bowel Appliance Use**

<b>G5a.</b> Does this patient/resident use an indwelling or external bowel appliance (ostomy or other fecal diversion appliance)?	Day 1	Day 3
0 = No 1 = Yes	□ 0 □ 1	□ 0 □ 1
Notes:		

G5b. IF PATIENT/RESIDENT USES AN INDWELLING OR EXTERNAL BOWEL APPLIANCE (G5a=1; YES), was the appliance placed while the patient/resident was in the current setting?	I	Day 1	[	Day 3
0 = No		0		0
1 = Yes		1		1
8 = Not applicable		8		8
9 = Unknown or unable to assess		9		9
Notes:				

<b>G5c. IF PATIENT/RESIDENT USES AN INDWELLING OR</b> <b>EXTERNAL BOWEL APPLIANCE (G5a=1; YES),</b> does the patient/resident need assistance to manage use of the bowel appliance for <u>ANY</u> reason (e.g., cognitive impairment/mental status, physical limitation, medical issue, etc.)?	Day 1	[	Day 3
0 = No	0		0
1 = Yes	1		1
8 = Not applicable	8		8
9 = Unknown or unable to assess	9		9
Notes:			

# G6. Bowel Frequency of Incontinent Events

<b>G6.</b> Indicate the frequency of incontinent events.	6	Day 1	C	Day 3
0 = No incontinent events during the assessment period		0		0
1 = Incontinent events only once during the assessment period		1		1
2 = Incontinent events more than once during the assessment period		2		2
<ul> <li>3 = No bowel output during the assessment period</li> <li>8 = Not applicable (e.g., patient/resident has a colostomy)</li> </ul>		3 8		3 8
9 = Unknown or unable to assess		9		9
Notes:				

# MODULE H: BEHAVIORAL SIGNS AND SYMPTOMS

#### H1. Presence and Frequency

	ONS: ALL ITEMS IN MODULE H: BEHAVIORAL SIGNS AND SYMPTOMS ARE
BASED ON	STAFF/CAREGIVER INPUT OR CHART REVIEW. DO NOT ASK PATIENT/RESIDENT.
RECORD R	ESPONSES BASED ON BEHAVIORS IN THE PAST 3 DAYS.
H1a. Physic	cal behavioral symptoms directed toward others
(e.g., hittin	g, kicking, pushing, scratching, grabbing, abusing others sexually)
	0 = Behavior not exhibited
	1 = Behavior of this type occurred 1 day
	2 = Behavior of this type occurred 2 days, but less than daily
	3 = Behavior of this type occurred daily
	9 = Unknown or unable to assess
H1b. Verba	I behavioral symptoms directed toward others
(e.g., threa	tening others, screaming at others, cursing at others)
	0 = Behavior not exhibited
	1 = Behavior of this type occurred 1 day
	2 = Behavior of this type occurred 2 days, but less than daily
	3 = Behavior of this type occurred daily
	9 = Unknown or unable to assess
H1c. Other	behavioral symptoms not directed toward others
(e.g., physi	cal symptoms such as hitting or scratching self, pacing, rummaging, public sexual
acts, disrot	ping in public, throwing or smearing food or bodily wastes, or verbal/vocal
symptoms	like screaming, disruptive sounds)
	0 = Behavior not exhibited
	1 = Behavior of this type occurred 1 day
	2 = Behavior of this type occurred 2 days, but less than daily
	3 = Behavior of this type occurred daily
	9 = Unknown or unable to assess

#### H2. Impact on Patient/Resident

IF ALL RESPONSES TO H1a, H1b, AND H1c ARE CODED AS EITHER "(0) – BEHAVIOR NOT EXHIBITED") OR "(9) – UNKNOWN OR UNABLE TO ASSESS", SKIP TO H4

IMPACT ON PATIENT/RESIDENT

INSTRUCTIONS: CONSIDERING ALL THE BEHAVIORAL SYMPTOMS NOTED IN H1A, H1B, AND H1C, DID ANY OF THE IDENTIFIED SYMPTOM(S):

H2a. Put the patient/resident at significant risk for physical illness or injury?

□ 0 = No

- □ 1 = Yes
- 9 = Unknown or unable to assess

H2b. Significantly interfere with the patient's/resident's care?

- □ 0 = No
- □ 1 = Yes
- 9 = Unknown or unable to assess

H2c. Significantly interfere with the patient's/resident's participation in activities or social
interaction?

- □ 0 = No
- □ 1 = Yes
- $\square$  8 = Not Applicable
- 9 = Unknown or unable to assess

#### H3. Impact on Others

#### **IMPACT ON OTHERS**

INSTRUCTIONS: CONSIDERING ALL THE BEHAVIORAL SYMPTOMS NOTED IN H1A, H1B, AND H1C, DID ANY OF THE IDENTIFIED SYMPTOM(S):

H3a. Put others at significant risk for physical injury?

□ 0 = No

- □ 1 = Yes
- 9 = Unknown or unable to assess

H3b. Significantly intrude on the privacy or activity of others?

□ 0 = No

- □ 1 = Yes
- 9 = Unknown or unable to assess

H3c. Significantly disrupt the delivery of care or living environment of others?

□ 0 = No

□ 1 = Yes

9 = Unknown or unable to assess

### H4. Rejection of Care, Presence and Frequency

**H4.** Did the patient/resident reject evaluation or care (e.g., bloodwork, taking medications, ADL assistance) that is offered by members of the care team or caregiver and necessary to achieve the patient's/resident's goals for health and well-being?

Do not include behaviors that have already been addressed (e.g., by discussion or care planning with the patient/resident or family), and determined to be consistent with patient/resident values, preferences, or goals.

- □ 0 = Behavior not exhibited
- $\Box$  1 = Behavior of this type occurred 1 day
- □ 2 = Behavior of this type occurred 2 days, but less than daily
- $\Box$  3 = Behavior of this type occurred daily
- 9 = Unknown or unable to assess

# **MODULE I: MEDICATION RECONCILIATION**

#### **I1. Medication Reconciliation**

**11a.** Is the patient/resident currently taking any medications in any of the following medication classes?

# CHECK "NO"OR "YES" FOR EACH OF THE MEDICATION CLASSES LISTED BELOW

	NO (0)	YES (1)
I1a1: Anticoagulants		
11a2: Antiplatelets		
(excluding 81 mg aspirin)		
I1a3: Hypoglycemics		
(including insulin)		
11a4: Opioids		
I1a5: Antipsychotics		
11a6: Antimicrobials		
(excluding topicals)		

**11b.** Was there an indication noted for all medications in these medication classes on the most recent medication list?

# CHECK ONE BOX FOR EACH OF THE MEDICATION CLASSES THE PATIENT/RESIDENT IS TAKING

	NO (0)	YES (1)
11b1: Anticoagulants		
I1b2: Antiplatelets (excluding 81 mg aspirin)		
I1b3: Hypoglycemics (including insulin)		
11b4: Opioids		
11b5: Antipsychotics		
<pre>I1b6: Antimicrobials (excluding topicals)</pre>		

**I1c.** Were there discrepancies involving medications in these medication classes?

# CHECK ONE BOX FOR EACH OF THE MEDICATION CLASSES THE PATIENT/RESIDENT IS TAKING

	NO (0)	YES (1)
I1c1: Anticoagulants		
I1c2: Antiplatelets		
(excluding 81 mg aspirin)		
<pre>I1c3: Hypoglycemics (including insulin)</pre>		
l1c4: Opioids		
I1c5: Antipsychotics		
l1c6: Antimicrobials		
(excluding topicals)		

**I1d.** Were the patient's/resident's discrepancies regarding these medication classes addressed by involving the patient/resident or patient's/resident's family/formal caregiver?

# CHECK ONE BOX FOR EACH OF THE MEDICATION CLASSES THE PATIENT/RESIDENT IS TAKING

	NO (0)	YES (1)
I1d1: Anticoagulants		
I1d2: Antiplatelets		
(excluding 81 mg aspirin)		
I1d3: Hypoglycemics (including insulin)		
I1d4: Opioids		
11d5: Antipsychotics		
11d6: Antimicrobials		
(excluding topicals)		

**I1e.** Were discrepancies regarding these medication classes communicated to the physician (or physician-designee) within 24 hours of admission/discharge/SOC/ROC?

CHECK ONE BOX FOR EACH OF THE MEDICATION CLASSES THE PATIENT/RESIDENT IS TAKING

	Yes - Discrepancy	No - Discrepancy	No - Discrepancy not
	communicated within	communicated more	communicated
	24 hours	than 24 hours later	(0)
	(2)	or timing not clear	
I1e1: Anticoagulants		(1)	
I1e2: Antiplatelets (excluding 81 mg aspirin)			
I1e3: Hypoglycemics (including insulin)			
11e4: Opioids			
I1e5: Antipsychotics			
11e6: Antimicrobials			
(excluding topicals)			

**I1f.** Were recommended physician (or physician-designee) actions regarding discrepancies for these medication classes carried out within 24 hours after the physician responded?

CHECK ONE BOX FOR EACH OF THE MEDICATION CLASSES THE PATIENT/RESIDENT IS TAKING

	Yes – Actions	No – Actions	No – Actions not	Physician or
	carried out	carried out more	carried out	Physician-
	within 24 hours	than 24 hours	(0)	Designee Has
	(2)	later or timing not		not Responded
		clear		(8)
I1f1: Anticoagulants		(1)		
11f2: Antiplatelets				
(excluding 81 mg aspirin)				
11f3: Hypoglycemics				
(including insulin)				
11f4: Opioids				
11f5: Antipsychotics				
11f6: Antimicrobials				
(excluding topicals)				

**Ing.** Was the reconciled medication list (for all medications) communicated to any of the following?

## CHECK ALL THAT APPLY

- □ 1 = Patient/resident or patient's/resident's family/formal caregiver
- 2 = Prescribers and the care team responsible for the patient's/resident's care following admission/discharge/SOC/ROC
- □ 3 = Patient's/resident's pharmacy that will be filling most of the medications following admission/discharge/SOC/ROC
- □ 4 = None of the above (list not communicated)

# **MODULE J: SPECIAL SERVICES, TREATMENTS, AND INTERVENTIONS**

<b>J1.</b> Check all of the following nutritional approaches that were performed during the assessment period.				
CHECK ALL THAT APPLY	[	Day 1	0	Day 3
J1a = <b>Parenteral/ IV feeding</b> J1b = <b>Feeding tube</b> – nasogastric or abdominal (e.g., PEG) J1c = <b>Mechanically altered diet</b> – require change in texture of food or liquids (e.g., pureed food, thickened liquids) J1d = <b>Therapeutic diet</b> (e.g., low salt, diabetic, low cholesterol)		J1a J1b J1c J1d		J1a J1b J1c J1d
J1z = None of the above J1z1 = Unknown/Unable to assess Notes:		J1z J1z1		J1z J1z1

### J2. Special Services, Treatments, and Interventions

J2. Check all of the following services, treatments, and interventions that were performed during the assessment period.		
CHECK ALL THAT APPLY:	Day 1	Day 3
Cancer Treatments		
J2a = <b>Chemotherapy</b> (if checked, please specify	J2a	J2a
below)		
J2a2a = IV	J2a2a	J2a2a
J2a3a = Oral	J2a3a	J2a3a
J2a10a = Other	J2a10a	J2a10a
J2b = Radiation	J2b	J2b
Respiratory Treatments		

J2c = <b>Oxygen Therapy</b> (if checked, please specify below)		J2c		J2c
J2c2a = Intermittent		J2c2a		J2c2a
J2c3a = Continuous	Б	J2c3a		J2c3a
	Б	J2c3a		J2c3a J2c4a
J2c4a = High-		JZC4a	P	JZC4a
concentration				
oxygen delivery				
system				
J2d = <b>Suctioning</b> (if checked, please specify below)		J2d		J2d
J2d2a = Scheduled		J2d2a		J2d2a
J2d3a = As needed		J2d3a		J2d3a
Jzusu – As necucu		52000		52000
J2e = Tracheostomy Care		J2e		J2e
J2f = Invasive Mechanical Ventilator		J2f		J2f
				10
J2g = Non-invasive Mechanical Ventilator		J2g		J2g
(BiPAP/CPAP) (if checked, please specify below)				
J2g2a = BiPAP	Ц	J2g2a		-
J2g3a = CPAP		J2g3a	μ	J2g3a
Other Treatments				
J2h = IV Medications (if checked, please specify		J2h		J2h
below)				
J2h3a = Antibiotics		J2h3a		J2h3a
J2h4a = Anticoagulation		J2h4a		J2h4a
J2h10a = Other		J2h10a		J2h10a
J2110a – Other				
J2i = Transfusions		J2i		J2i
J2j = <b>Dialysis</b> (if checked, please specify below)		J2j		J2j
$J_{2j}$ = <b>Dialysis</b> (if checked, please specify below) J_2j_2a = Hemodialysis		-		J2j2a
,		J2j3a		J2j3a
J2j3a = Peritoneal		52,00		52,00
dialysis			1	
J2k = <b>IV Access</b> (if checked, please specify below)		J2k		J2k
J2k2a = Peripheral IV		J2k2a		J2k2a
J2k3a = Midline		J2k3a		J2k3a
J2k4a = Central line		J2k4a		J2k4a
(e.g., PICC,			1	
tunneled, port)		J2k10a		J2k10a
J2k10a = Other		JZKIUC		JZK100
			1	

None of the Above J2z = None of the above J2z1 = Unknown/Unable to assess		J2z J2z1	J2z J2z1
Notes:			

# K. FINAL CHECKS [Assessor Only]

SOR: Is this an incomplete assessment due to any of the following reasons? L THAT APPLY]
patient/resident refused/opted out patient/resident transfer patient/resident death change in communication status change in eligibility other: