

**CENTERS FOR MEDICARE & MEDICAID SERVICES**  
**CONTINUING EDUCATION (CMSCE)**

**The Elephant in the Room:  
Neuropsychiatric Symptoms of Dementia  
(CCSQ Grand Rounds Webinar, September 9, 2014)**

**CE Activity Information & Instructions**

*(Live activity #: WE-L09092014)*

***Activity Information***

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### Activity Description:

This presentation will explore the relationship between neuropsychiatric symptoms (NPS) and dementia, the need for patient care to consider the role of caregivers, and impact of Project ACT on improving caregiver outcomes.

### Target Audience:

Physicians and other Health Care Professionals

### Learning Objective:

By the end of this presentation, learners will be able to identify the relationship between neuropsychiatric symptoms (NPS) and dementia, the need for patient care to consider the role of caregivers, and impact of Project ACT on improving caregiver outcomes.

### Participation:

Register for the webinar, participate in the webinar and access and complete the assessment and evaluation.

### Speaker Bios & Disclosures:

**Laura Gitlin, Ph.D.**, developer/presenter, an applied research sociologist, is nationally and internationally recognized in the areas of nonpharmacologic approaches in dementia care, family caregiving, functional disability and aging in place. She is a well-funded researcher, having received continuous research and training grants from both federal agencies and private foundations, including the Alzheimer's Association and the National Institutes of Health for over 24 years. Her programs of research include understanding adaptive processes in old age—particularly with the use of assistive devices and environmental modifications—psycho-social-environmental approaches to helping older people with physical frailty age in place, nonpharmacologic approaches to enhancing quality of life of persons with dementia and their family caregivers, mental health disparities in older African Americans and depression treatments, and translating and implementing evidence-based interventions for family caregivers, individuals with dementia, and older adults with functional difficulties. Dr. Gitlin holds a joint appointment in the School of Medicine Department of Psychiatry. She is developing with colleagues the Johns Hopkins University School of Nursing Center for Innovative Care in Aging.

Laura Gitlin has nothing to disclose.

**Helen C. Kales, M.D.**, developer/presenter is a Professor of Psychiatry and Director of the Section of geriatric Psychiatry at the University of Michigan. She is the founding Director of the Program for Positive Aging. A board-certified geriatric psychiatrist, her research program is directly informed by her clinical work and experiences with patients, families, providers and systems to diminish the barriers to effective and high quality care for older patients with mental health issues.

Helen C. Kales has nothing to disclose.

**Constantine G. Lyketsos, MD, MHS, FAPM, FACNP, DFAPA;** developer/presenter is the Elizabeth Plank Althouse Professor, School of Medicine, Johns Hopkins University; Chair of Psychiatry and Behavioral Sciences, Johns Hopkins Bayview. A native of Athens, Greece, Dr. Lyketsos graduated from Northwestern University and Washington University Medical School in St. Louis. He completed residency and Chief Residency in psychiatry at Johns Hopkins, as well as fellowships in clinical epidemiology and neuropsychiatry. He holds a certificate in the business of medicine from Johns Hopkins, where he also completed the Johns Hopkins Leadership Development Program. In 2008 he was named an Alafouzos Scholar. An active clinician, teacher, and researcher, Dr. Lyketsos was the founding director of the Johns Hopkins Neuropsychiatry Service, which he led for over a decade. He developed one of the largest and most successful academic neuropsychiatry programs in the USA with special expertise in dementia and traumatic brain injury. Prior to taking leadership of Johns Hopkins Bayview Psychiatry, he was co-director of the Johns Hopkins Division of Geriatric Psychiatry and Neuropsychiatry. He has held a joint faculty appointment at the Hopkins Bloomberg School of Public Health since 1994.

A world expert in the care and treatment of patients with Alzheimer's and related dementias (AD), he carried out pioneering work on the epidemiology and treatment of neuropsychiatric features of AD. His team is developing biomarkers to accelerate treatment development for AD and other forms of brain injury while designing and implementing innovative clinical trials. He leads efforts to ensure the provision of state of the art *Dementia Care* for people with dementia in the community. Dr. Lyketsos was a founding member of the Johns Hopkins Military and Veterans Health Institute and serves on its Steering Committee. He serves on the NFL Players Association *Mackey-White Mild Traumatic Brain Injury Committee*, Chairing the Long-Term Outcomes subcommittee. In 2010 he was Conference Chair of *Traumatic Brain injury in Professional Football: An Evidence-Based Perspective* sponsored by NFL. As the Chair of the Academy of Psychosomatic Medicine Task Force on Subspecialization, Dr. Lyketsos was instrumental in the 2003 recognition by the American Board of Medical Specialties of a new psychiatric subspecialty, "Psychosomatic Medicine." This rapidly expanding subspecialty is focused on psychiatric aspects of complex medically ill, typically patients with chronic diseases where the psychiatric condition is affecting medical care and outcomes. His expertise in this area is critical to his leadership role in the Johns Hopkins Community Health Partnership (J-CHIP) supported by a major grant from the CMS Innovations Center to transform the way Johns Hopkins delivers population-based healthcare in its several local communities.

Dr. Lyketsos was the 2012 recipient of the *Distinguished Scientist Award* from the American Association for Geriatric Psychiatry and of the 2006 *William S. Proxmire Award* for "extraordinary leadership in the fight against Alzheimers." A Distinguished Fellow of the American Psychiatric Association, Fellow of the American College of Neuropsychopharmacology, and elected member of the American College of Psychiatrists, he has authored or co-authored over 350 peer-reviewed articles, chapters, commentaries, as well as five books, including *Systematic Psychiatric Evaluation* and *Psychiatric Aspects of Neurological Diseases* (recently translated into Greek). Dr. Lyketsos is Editor-in-Chief of *International Review of Psychiatry*, Deputy Editor of *International Psychogeriatrics* and on the editorial boards of the *American Journal of Psychiatry* and *Alzheimer's and Dementia*. Castle-Connolly has named Dr. Lyketsos as one of *America's Top Doctors* every year since 2001.

Constantine Lyketsos disclosed that he is currently a consultant with Pfizer, Genentech, Janssen, Lilly, Eisai, Lundbeck, NFL Benefits office, Avinir and Elan; he receives research support from NIMH, NIA, Functional Neuromodulation, Inc.; and he has received royalties as an author from JHU Press and Oxford Press.

This activity was developed without commercial support.

### **Credits Available:**

#### **Accreditation Council for Continuing Medical Education (ACCME)**

The Centers for Medicare & Medicaid Services designates this **enduring activity** for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Credit for this course expires September 09, 2015.

#### **IACET International Association for Continuing Education and Training (IACET)**

The Centers for Medicare & Medicaid Services (CMS) is authorized by IACET to offer .1 CEU for this program. CEU will be awarded to participants who meet all criteria for successful completion of this educational activity. CEU credit for this course expires September 09, 2015.

**Due to technical difficulties, the beginning of the presentation cannot be accessed in the recording. Use this link to view slides 1-8: <http://www.grandroundsts.com/>**

**The remainder of the slide deck and CME/CEU credit instructions can be accessed via the link below:**

<https://econometrica.webex.com/econometrica/lsr.php?RCID=b96fd2ec48787d79453393037a75e96c>

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