NATIVE HEALTH Newsletter

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NATIVE

A Tradition of Wellness

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Dear LeTisha,

April 2012

Greetings from NATIVE HEALTH. April is Minority Health Month and I'd like to discuss an important minority health concern; cultural competency. The Office of Minority Health describes cultural competency as a "set of behaviors, attitudes, and policies that

come together in a system, agency, or among professionals that enables effective work in crosscultural situations. Cultural competency is one of the main ingredients in closing the disparities gap in health care. It's the way patients and health care providers can come together and talk about health concerns without cultural differences hindering the

conversation, but



enhancing it. Quite simply, health care services that are respectful of and responsive to the health beliefs, practices and cultural and linguistic needs of diverse patients can help bring about positive health outcomes." NATIVE HEALTH is proud to serve a culturally diverse community. The agency personnel make effort to be cognizant of cultural aspects of every interaction.

We would also like to remind you of NATIVE HEALTH's radio show. Native Talk Arizona, is now on www.radiophoenix.org. An app can be downloaded so you can listen to the show on your smartphone. The show airs at 11:00 a.m. on Thursday mornings. Each show brings a new topic and something of interest to the Native American community. Listen and let us

Contact Information

NATIVE HEALTH - Central

4520 North Central Avenue 3rd Floor Phoenix, Arizona 85012 P (602) 279-5262 F (602) 279-5390

Medical Hours:

Monday-Friday 7:00 a.m.-6:00 p.m.

Same Day Medical Appointments: Medical - Monday-Friday 7:00 a.m.-11:00 a.m. 2:00 p.m.-3:00 p.m.

NATIVE HEALTH accepts AHCCCS (Medicaid) Health Plans including APIPA, Mercy Care, Health Choice, Care 1st of Arizona, Phoenix Health Plan and American Indian Health Program, Medicare, and many private insurance plans.

Dental Hours

Monday-Friday

8:00 a.m.-noon

1:00-5:00 p.m.

Emergency Dental

Monday-Friday

8:00-10:00 a.m.

1:00-3:00 p.m.

To make a dental appointment or if you have questions, please call Gina at (602) 279-5262 x 3402 or email <u>her</u>.

Behavioral Health Monday-Friday

Now accepting AHCCCS for behavioral health services.

NATIVE HEALTH is now a provider under Magellan RBHA. For more information, contact Ana (602) 279-5262 x 3205 or email her.

WIC Hours: Central

Monday-Thursday 8:00 a.m.-5:00 p.m. Friday 7:30 a.m.-4:30 p.m.

PIMC - 16th Street

Monday 9:00 a.m.-6:00 p.m. Tues/Wed/Thurs 8:00 a.m.-5:00 p.m. Friday 7:30 a.m.-4:30 p.m. **Saturdays** (every other Saturday) 8:00 a.m.-noon

NHW - Community Health Center

know what you think!

NATIVE HEALTH continues to provide medical services from 7:00 a.m.-6:00 p.m. Monday through Friday (Central location). Dental services are also available Monday-Friday, 8:00 a.m.-5:00 p.m. Both medical and dental have same day appointments and transportation available. Behavioral health services are also available by appointment.

On behalf of everyone at NATIVE HEALTH, have a wonderful spring!

Sincerely,

Walter Murillo, Chief Executive Officer

NHW Community Health Center



There are a lot of things vying for your time. This April, learn about Minority Health Month. Does the words "health equity" sound familiar? What about the words "health disparities"? A person's health is based on more than just the ability to go to the doctor, what they eat, or where they

live. When it comes to health, multiple factors play a role. Health



disparities among racial and ethnic minorities are a serious issue. NHW Community Health Center encourages individuals to take care of their health and play a proactive role. Besides having yearly physicals and tests, exercise, eat right, get plenty of sleep and manage stress.

NHW in conjunction with Pink 365 and the Maricopa County Well Woman Health Check Program will be providing free mammograms on Thursday, May 31 from 10:00 a.m.-5:00 p.m. For information or to schedule an appointment call (888) 233-6121.

NHW Community Health Center Services Include: *Primary Medical Care Monday-Friday, 8:00 a.m.-5:00

p.m.

*Prenatal Care (Thursdays, 8:30-11:30 a.m.)

*WIC (Thursdays and Fridays). Call (602) 263-1558 to schedule an appointment for WIC.

*Counseling services by referrals.

NHW Community Health Center accepts AHCCCS plans including APIPA, Mercy Care, Health Choice, Care First of Arizona, Phoenix Health Plan and American Indian

2423 West Dunlap Avenue, Suite 140 Phoenix, Arizona 85021

P (602) 279-5351 F (602) 279-5361

Hours:

Monday-Friday 8:00 a.m.-5:00 p.m.

Same Day Appointments:

8:00-10:00 a.m. and 1:00-3:00 p.m.

NHW Community Health Center accepts AHCCCS Health Plans including APIPA, Mercy Care, Health Choice, Care 1st of Arizona, Phoenix Health Plan and American Indian Health Program, Medicare, and many private insurance plans.

WIC - Thursdays 8:00 a.m.-5:00 p.m. Fridays 8:00 a.m.-5:00 p.m.

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View archived emails

March NATIVE HEALTH Photos



NATIVE HEALTH staff receiving a very generous Delta Dental of Arizona Foundation check. The donation will enable NATIVE HEALTH to purchase a digital x-ray machine.

Health Plan. In addition, a sliding fee scale is available for those not on AHCCCS or other insurance options. Some private insurance plans are accepted. Please call if you have questions.

For more information on available services at NHW Community Health Center, to schedule an appointment, or to request transportation for a medical appointment, please call (602) 279-5351 or email_LaRee.

Medication Questions? Interactions? FREE Consultation with a Pharmacist

NATIVE HEALTH is hosting the University of Arizona - College of Pharmacy on Tuesday, April 3 from 11:30

a.m.-1:30 p.m.

Questions about medication side effects? Drug interactions? Bring medications (or a list), and have a pharmacist review them for



free, regarding side effects and interactions. This includes all medications: prescriptions, herbal, and over the counter medications.

The program will take place at NATIVE HEALTH, 3rd Floor Small Conference Room. For more questions please email <u>Susan</u>.

Work with Native American Veterans? Presentation

Do you work with Native American Veterans? If so, this presentation is for you. Mike Klier, Assistant Deputy Director, Native American Liaison, Arizona Department of Veteran Services, will be presenting anything and everything you wanted to know

about working with Native American Veterans and resources. Information will be provided regarding available services targeted to Veterans.

This presentation will be on April 25 from noon to 2:00 p.m. The presentation is geared for professionals working with

Native American Veterans such as professionals in health care, Human Resources, crisis managers, counselors, and more.

This presentation is limited to 50 participants. Please call or email <u>Susan</u> to reserve a spot.



NATIVE HEALTH staff hosting a frybread sale for Aunt Rita's Foundation (of which NATIVE HEALTH is a recipient).



NATIVE HEALTH employee distributing information on National Native HIV/AIDS Awareness Day.



NATIVE HEALTH hosting Lakisa, A Mother's Worth Birth Services, providing childbirth classes which are funded by the South Phoenix Preventive Health Collaborative, a South Phoenix Partnership Region First Things First sponsored program.

FREE April Train the Trainer Trainings

NATIVE HEALTH is offering free Train the Trainer Trainings in April.

Patti Phillips, New Directions Institute for Infant Brain Development will provide a training presentation for Infant/Toddler

Brain Development on April 16 from 1:00-5:00 p.m.

Lakisa Muhammad, A Mother's Worth Birth Services, will be providing a FREE childbirth Train the Trainer on April 25 from 1:00-5:00 p.m.

Dr. Alyssa York, Dental Director, Inter Tribal
Council of Arizona will be presenting a
FREE oral health care Train the Trainer
program on April 26 from 8:00-noon.

All April trainings will be held at NATIVE HEALTH. To RSVP for a training please call Susan at (602) 279-5262 x 3302 or email her.

Funding is provided by a grant from the South Phoenix

Preventive Health Collaborative, a South Phoenix Partnership Region First Things First

sponsored program and managed by the Maricopa

County Department of Public Health.

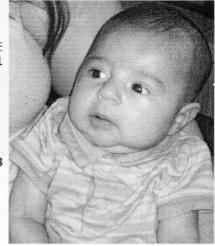
Free April Community Classes

A Free fatherhood/relationship class will be taught on April 11 at NATIVE HEALTH from 9:00-11:00 a.m. Free transportation is available. The class is taught by Kevin Poleyumptewa, Fathers and Families Coalition of Arizona.

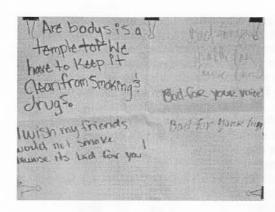
Free Home Safety Class presented by Phoenix

Children's
Hospital Injury
Prevention
Program at NATIVE
HEALTH on April 11
from noon-2:00
p.m.

A Healthy Spring Activity will be provided by NATIVE HEALTH on April 18 from 10:00 a.m.-1:00 p.m. FREE snacks and craft activities provided.



Department of Public Health



NATIVE HEALTH hosting "Kick Butts Day". Youth comments are posted above.



Dr. Gandhi, Midwestern University, presenting to a full crowd about "Bullying".



NATIVE HEALTH Dentist, Dr. Becker at the NABI Chasing the Sun Run/Health Fair.

NATIVE HEALTH's Intensive Outpatient Program

The Intensive Outpatient Program (IOP) is up and running for people who need support and/or are court mandated to complete treatment for New Directions Institute for Brain Development is presenting the "Wired for Success: How to Increase Your Child's IQ" program for families on April 18 at 6:00 p.m. at John F. Long Community Center. The class will be presented in Spanish. The workshop is for parents, grandparents, and childcare providers with a special emphasis on birth-three years of age. Participants will learn how to provide experiences for a child that can actually affect how the child's brain grows and increase the child's IQ. The class provides amazing ways to learn how to interact with your child. Free transportation is available.

Free childbirth classes will be offered on April 19 and 26 from 1:00-3:00 p.m. (participants are required to attend both classes) at John F. Long Community Center. The class is limited to 20 families. Expectant mothers and their support people will enjoy an interactive, creative teaching style while learning the basics of labor and delivery. Learn how to identify labor, explore stages of labor, discuss hospital interventions, and natural comfort measures. Classes are taught by A Mother's Worth. Free transportation is available. Class presented in Spanish.

To register or for more information on any of the above classes, please call Susan at (602) 279-5262 x 3302 or email <u>her.</u>

Funding is provided by a grant from the South Phoenix

Preventive Health Collaborative, a South Phoenix Partnership Region First Things First

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sponsored program and managed by Maricopa County
Department of Public Health.

Department of Public Health.

Human and Sex Trafficking Presentation - May 17

NATIVE HEALTH will be hosting Rudy Bustamante, Community Relations Homeland Security. The presentation is targeted to

professionals and providers. This presentation will be held **May 17** from 10:00 a.m.-noon.



Come learn about human and sex trafficking in this very informative program. Space limited to 50 participants. For more information or to RSVP please contact Susan at (602) 279-5262 x 3302 or email <a href="https://example.com/her-number-nu

Alcohol Awareness Month

In observance of Alcohol Awareness Month, let us take a look at some of the startling statistics surrounding underage drinking. Did you know that in 2010, the substance abuse concerns. The IOP Program is ongoing and clients can enroll at any time. The Program lasts for eight weeks (80 hours) or less depending on the referral source requests, client needs, and therapist recommendations. The IOP group will be meeting Monday through Thursday from 6:00-8:30 p.m. in the large conference room on the third floor.

The topics discussed will include Relapse Prevention, Health and Wellness, Drug and Alcohol Education, Healing the Hurt, and traditional talking circles.

The cost of the program are \$370 for 80 hours, \$185 for 40 hours, and \$100 for 20 hours. AHCCCS health insurance accepted. Self payments through cash, credit cards and money orders (made payable to NATIVE HEALTH).

If you have any questions or would like to schedule an intake, contact Rob Holtsoi, Substance Abuse Counselor, at (602) 279-5262 x 3207, email Rob, or Ana Chavez at (602) 279-5262 x 3205.

Women's Depression Support Group

NATIVE HEALTH is now providing a Women's Depression Support Group on Wednesdays from 5:00-6:00 p.m. Women must be enrolled with the NATIVE HEALTH Behavioral Health Department. There is no charge for Native American women with Tribal ID. All other women must be on AHCCCS. For more information contact Ana at (602) 279-5262 x 3205.

NATIVE HEALTH Outreach and Enrollment Specialist

Yaat'eeh! Hello! LeTisha Ashley is the Outreach Enrollment Specialist for NATIVE HEALTH. She encourages the Native American community in



Maricopa County to enroll their children (ages 0-18) into AHCCCS, if they do not have any health insurance. LeTisha can assist with Nutritional Assistance and the Cash Assistance application process. The application process may take 30-45 days. LeTisha encourages people who are on AHCCCS not to get dropped and to keep

termination dates in mind and to renew within

United States spent 62 million dollars in relation to underage drinking? The Centers for Disease Control and Prevention found that binge drinking has become a serious issue for young adults, specifically ages 18-24. The source also describes binge drinking as four or more drinks for females and five or more drinks for males, in a row. The National Institute on Alcohol Abuse and Alcoholism describes a study which found that usually the use of alcohol emerges around ages 12-

14. This source also states that a greater prevalence of use is seen between ages 12-21. Learn more about underage drinking and alcohol facts at their website. Please be aware that alcohol use can affect



your child or adolescent in all realms of their life, from school to relationships. Be sure to arm yourself with knowledge and talk to your kids about the risks of underage drinking.

NATIVE HEALTH continues to offer helpful services for adolescents. If you feel that your adolescent is or may be involved with drug/alcohol use or is displaying risky behaviors, NATIVE HEALTH can help. Please call Wendy at (602) 279-5262 x 3210 or email her to inquire about substance abuse risk or use counseling.

NATIVE HEALTH will be providing Adolescent Anger Management groups again. Groups have begun for adolescents 13-17. Please call NATIVE HEALTH at (602) 279-5262 x 3205 for start dates and times.

Program of the Month: NATIVE HEALTH Diabetes Education Program and the Living Well Traditionally Youth Camp

NATIVE HEALTH Diabetes services will be featured throughout the month of April. The program provides a variety of wellness services targeted to urban Native Americans affected by Type II Diabetes.

The Diabetes Program initiated a new service within the past several months to assist patients to maintain optimal wellness through education and supportive services. The Diabetes Self-Management Education and support program incorporates a multidisciplinary team approach to assist patients to manage their diabetes within the best possible range. The program includes ongoing support and coaching from a Diabetes Health Educator, Nutritional Advisors, and Medical Providers. The project is patient centered, assuring patients have an active role in their wellness plan.

The NATIVE HEALTH Special Diabetes Program also places special emphasis on assisting pregnant women to manage their pre-existing diabetes or gestational

the expiration month. LeTisha is available Monday-Friday, 8:00 a.m.-5:00 p.m. She can also make arrangements for home appointments for families who do not have transportation to the clinic.

Email <u>LeTisha</u> with any questions or assistance with applications.

April Employee of the Month

NATIVE HEALTH's April Employee of the Month is Ellie Price. Ellie volunteers her time to assist with

Indian Taco Sales for many different programs (including Native American Pathways). She graciously makes and prepares the dough for all frybread sales. She also teaches others about making frybread and is always



patient and giving. Ellie works in the NATIVE HEALTH Arizona Long Term Care Services Program.

Upcoming Community Events

April 2 - Child Support Modification Workshop - Arizona Department of Child Support Enforcement. 5:00-7:00 p.m. at Native American Connections Coral Canyon Apartment Community, 454 N. 15th Street, Phoenix. Limited seating. Email Ken to RSVP.

April 2 - Dine Culture Night - Phoenix Indian Center. Story of April. 6:15-7:30 p.m. 4520 N. Central, 2nd Floor. Call Freddie at (602) 264-6768.

April 3 - NATIVE HEALTH hosts the University of Arizona - College of Pharmacy - Free medication review. 11:30 a.m.-1:30 p.m. NATIVE HEALTH, 3rd Floor Small Conference Room. Bring your medications (or a list) and have a pharmacist review them for side effects and interactions. This includes prescriptions, herbal and over the counter. FREE event. Email Susan for information.

April 3 - Native American Recognition Days (NARD) Meeting. 4520 N. Central Avenue, 3rd Floor Small Conference Room. All are invited to learn about NARD. Call Susan at (602) 279diabetes to optimize wellness for affected mothers and their fetuses.

NATIVE HEALTH will sponsor the Living Well Traditionally Youth Camp. The camp is for Native American youth ages 9-12 and will be held June 26-29 at Chauncey Ranch, in Mayer, Arizona. There is a \$50.00 registration fee. Campers participate in traditional arts and crafts, physical activity, educational

activities, and much more. The entire experience is focused upon learning lifestyle choices that will diminish the likelihood of developing diabetes later in life.



The NATIVE HEALTH
Diabetes Program is
currently working to help patients establish and work
towards clinical and behavioral health goals based on
the Indian Health Services Best Practices.

For more information, please call Cheryle at (602) 279-5262 x 3411 or email her.

Becoming a Mom Comenzando bien Training Session - June 21st

NATIVE HEALTH is hosting March of Dimes and the "Becoming a Mom/Comenzando bien Training Session". This prenatal curriculum was developed for March of Dimes along with the National Alliance for Hispanic Health. This all day

training program is designed to teach practitioners to

march 6 of dimes

utilize the prenatal curriculum and implement it into their daily practices. The bilingual curriculum is culturally and linguistically appropriate for Hispanic women and is designed for implementation by community based facilitators in a variety of settings including work sites, houses of worship, health departments, Hispanic community based organizations and neighborhood centers.

This training will take place on June 21 from 9:00 a.m.-4:00 p.m. at NATIVE HEALTH.

The program is free and limited to 50 participants. Lunch will be provided. To register please call (602) 287-9921. Note: The last program filled quickly.

Statewide Arizona American Indian Pathways Into Health Conference - April 4-5

Registration is now open for the first Statewide Arizona

5262 x 3302 or email her for more information.

April 4-5 - Statewide Arizona American Indian Pathways Into Health Conference. Ft. McDowell Radisson Resort. No registration fee, and limited to 300 participants. For information see the article above.

April 4, 11, 18, and 25 - Mini Medical School, University of Arizona College of Medicine. For more information contact Barb Quinlan.

April 5 - Arizona Fall Prevention Coalition Meeting. 9:00-11:00 a.m. Area Agency on Aging, Region One, 1366 East Thomas, 1st Floor Conference Room. Contact Debbie at (602) 264-2273 for more information.

April 6 - Phoenix Indian Medical Center "Spring Into Health" Keep on the Path of Choosing to be Drug and Alcohol Free. 9:00 a.m.-noon. For Native American youth ages 2-10. Gather for a day of fun and education. For information call (602) 263-1576.

April 6 - 8th Annual American Indian Disability Summit, "Gathering Native Voices to Transition Individuals with Disabilities Towards Employment and Recreation". Embassy Suites Hotel in Paradise Valley. 8:00 a.m.-4:00 p.m. For information call (602) 443-0707.

April 6-8 - Base Camp for Veterans and their friends. Admission is FREE. Near Ak-Chin Casino. For information call (520) 868-6777 or (602) 509-8762.

April 9 - Dine Perspective on Love - Dine Culture Nights - Phoenix Indian Center. 6:15-7:30 p.m., 4520 N. Central Avenue, 2nd Floor. Call Freddie at (602) 264-6768.

April 10 - NATIVE HEALTH Car Seat Checks and Installations. 10:00 a.m. and 2:00 p.m. FREE. Contact <u>Dolores</u>.

April 10-13 - Wellness/Healing Skills Training -Strategies for Indian Country in the New Millenium Conference. Rio Rancho, New Mexico. Email <u>for more information</u>.

April 11 - NATIVE HEALTH presents Kevin Poleyumptewa, Fathers and Families Coalition of Arizona presenting on fatherhood, families and relationships. Free. All are welcome. 9:00-11:00 a.m., 3rd Floor Large Conference Room. Email_Susan for information.

April 11 - NATIVE HEALTH and Phoenix Children's Hospital Injury Prevention present American Indian Pathways into Health Conference,

Building a Firm Foundation for the Future of American Indian Health Care. The seminar is scheduled for April 4-5, 2012 at the Radisson Fort McDowell Resort, Fort McDowell Yavapai Nation, Arizona. The conference will focus on health disparities of American Indians and the disproportionate percentage of



American Indians in the health professions. Conference registration is available online.

Community Resources

Early April deadline. College students and recent college graduates are eligible to apply for **summer internships with the City of Phoenix**. Most internships begin in May and end in August. For information call (602) 495-7195 or email <u>the City of Phoenix</u>.

April 4 Deadline - Navajo Nation Oil and Gas - 4 Year Petroleum Scholarship. Check the website for information.

April 4 Deadline - All Native American High School Academic Team 2012-2013 American Indian Graduate Center. Open to American Indian full time high school juniors or seniors enrolled in an accredited high school. For more information check the website.

April 4 Deadline - **National Relief Charities American Indian Education Foundation Scholarships**. Two
year or four year college or vocational schools.
Applications available at the <u>website</u> or call 866-8668642.

April 15 Deadline - National Congress of American Indians Intern/Fellowships. Undergraduate and graduate Native students. Washington D.C. Contact Katie Jones.

April 15 Deadline - **2012 Native American Pre-Law Undergraduate Scholars Program**. For information check the <u>website</u>.

April 16 Deadline - "Building Healthy Communities" Funding Opportunity. University of Kansas Medical Center. Applications and details are on the website.

April 30 Deadline - 2012 7th Annual Young Native Writers Essay Contest - Holland and Knight Charitable Foundation. The national writing contest focuses on the richness of Native American life and history, and challenges Native American high school students to speak out on issues important to their tribal communities. Winners receive a college scholarship and

"Home Safety". Noon. FREE. NATIVE HEALTH, 3rd Floor Large Conference Room.

April 11 - Navajo Nation Scholarship Representative will provide scholarship information to tribal customers interested in post-secondary funding. 9:00-noon and 1:30-4:00 p.m. at Phoenix Indian Center, 4520 N. Central Avenue, 2nd Floor.

April 12 - Caregiving, Aging, and Good Health. University of Arizona, College of Medicine. Contact <u>Brigitte for more information.</u>

April 12-13- State Bar Minority Bar Convention - Desert Willow Conference Center, Phoenix. NABA-AZ is a sponsor and is presenting the Indian Law Section to present "Tribal Courts 101". Contact <u>Diandra</u>.

April 13 - Maricopa County Oral Health Leaders Advocates and Resources (MOLAR). 9:00 a.m. 4041 N. Central Avenue, 14th Floor. Delta Dental of Arizona Foundation. Call (602) 588-3607.

April 13 - Phoenix Indian Medical Center (PIMC) Auxiliary - Art Items, White Elephant Items and Book Sale. 9:00 a.m.-1:00 p.m. on the patio. Phoenix Indian Medical Center.

April 13-14 - University of Arizona: Wildcat Pow Wow. Tucson. For information call (520) 621-3835 or email them.

April 14 - HopeFest Phoenix. 9:00 a.m.-3:00 p.m. Chase Field. Annual event where individuals will be served through a collaboration of agencies, organizations and individuals serving people by providing free medical services, dental services, hair cuts, hygiene items, and or miscellaneous services. Check the website for more information.

April 14 - 2nd Annual Bobcat Pow Wow - Central High School, 4525 N. Central Avenue. 11:00 a.m., 5:00 p.m. Gourd Dance, Noon, 6:00 p.m. Grand Entry.All singers, dancers, and drum groups welcome. Call (602) 451-1939.

April 14 - Silver and Turquoise Ball, Phoenix Indian Center - Talking Stick Resort, Scottsdale. Check the website for information.

April 14 - 63rd Annual Scout-O-Rama (Boy Scouts). Tempe's Kiwanis Park, Rural and Guadalupe. For information check the <u>website</u>.

April 14 - Maricopa County Department of Public Health - Point of Dispensing (POD) Drive Through Exercise. North Canyon High School. an opportunity to participate in a Scholar Week in Washington D.C. Check the website for further details.

April 30 Deadline - **Student travel scholarships** for students who participate in the **24th Annual Native Health Research Conference** in Seattle, July 16-19. Contact <u>Tonie for more information</u>.

April 30 Deadline - **Arizona Association of Environmental Professionals** (AZAEP) seeks outstanding students for the Future Environmental Professionals Scholarship. For undergraduate and graduate students enrolled in a full time program. For information check the <u>website</u>. Call Marcie at (602) 733-6075 with questions.

April 30 Deadline - **Navajo Nation Oil and Gas** - Scholarship - Offered every semester. Check the <u>website for information</u>.

April 30 Deadline - American Indian Summer Institute at the University of California Irvine (July 15-28, 2012). Current 8-11th grade students. Two week free residential program for Native students. Program is targeted to address the critical need for earth and environmental sciences. For information contact Yolanda at (949) 824-0291 or check the website.

April 1-28 - **Earth Month Electronics Collection Drive - Metrocenter Mall**. Metrocenter Mall will collect small electronic items at participating retailers. Such items include laptops, tablets, cell phones, etc.

May 1 Deadline - Johns Hopkins Bloomberg School of Public Health Summer Institute Public Scholar - Academic Year 2012-2013. Provides financial support for AI/AN scholars, health leaders, professionals and paraprofessionals serving AI/AN communities who are interested in attending the Johns Hopkins Bloomberg School of Public Health Center for American Indian Health's Summer Institute. Email them or call the Training Coordinator at (480) 955-6931 or check the Johns Hopkins Center for American Indian Health website.

May 2 Deadline - University of Arizona - Knowledge River - School of Information Resources and Library Science. Call Sandy Littletree at (520) 621-5220 or check the website.

June 10-15 - Native American Science and Engineering Program, University of Arizona (overnight residential program). Free (families are responsible for transporting students to and from Tucson (U of A)). For Native American sophomore and juniors. For information check the website. Contact Christine or Mandy at (520) 626-2300 or email Christine.

June 25 Deadline (Full Time Students) - Navajo Nation

Volunteers needed. Email Diana for information.

April 14 - 5th Raul Yzaguirre Symposium on Parkinson's Disease. Symposium will be in Spanish. Nelson Hall, Church of the Beatitudes in Phoenix. Contact Claudia at (602) 406-2453.

April 15-18 - 2012 National Forum on Dropout Prevention for Native and Tribal Communities. Sheraton Crescent Hotel, 2620 W. Dunlap in Phoenix. For information check the <u>website</u>.

April 15-20 - 2nd Annual Professional Development Training on Indigenous Prevention/Treatment Strategies on Substance Use and Other Drug Related Issues: Healing Addictions through Education, Treatment, and Native Traditions. Albuquerque. Contact Native American Training Institute at (505) 353-1920.

April 16 - Dine Clan Teachings (Part 1) - Dine Culture Nights. Phoenix Indian Center, 6:15-7:30 p.m. 4520 N. Central Avenue, 2nd Floor. Call Freddie at (602) 264-6768.

April 16 - Infant/Toddler Brain Development Training Presentation, 1:00-5:00 p.m. NATIVE HEALTH. Geared for Community Health Workers and Professions. To RSVP email <u>Susan</u>.

April 16-17 - Third Annual Native American Health Care Conference in conjunction with the Native Health Wound Care Symposium. Cosmopolitan of Las Vegas. For information call (201) 857-5333 or check the website.

April 18 - Science Cafe. "You Bet Your Life". Your Role at the Table in Avoiding Deadly or Crippling Medical Errors. University of Arizona, College of Medicine. Contact <u>Brigitte for more information.</u>

April 18 - NATIVE HEALTH hosts a "Healthy Family Spring Activity" 10:00 a.m.-1:00 p.m. Drop in and have some fun. For information contact Orenda. NATIVE HEALTH, 3rd Floor Large Conference Room.

April 18 - NATIVE HEALTH hosts Infant Toddler Brain Development Class by New Directions Institute at John F. Long Community Center (51st Avenue and Indian School). FREE. Class presented in Spanish. 6:00 p.m. Call (602) 279-5262 x 3302 to RSVP and for transportation.

April 19 - City of Phoenix - Landlord and Tenant Workshops. Deer Valley Comm. Center, 2001 W. Walhalla Lane, 5:30-8:30 p.m. To register call (602) 262-7210.

- Office of Navajo Nation Scholarship and Financial Aid - Check the website for information.

June 25 Deadline - Navajo Nation - **Chief Manuelito Scholarship** - Office of the Navajo Nation Scholarship and Financial Aid - Check the <u>website for information</u>.

July 15 Deadline - Phoenix Indian Medical Center Auxiliary - Indian Health Career Award. Deadline for Fall Semester. Applicants with a firm commitment to complete studies for a health related career with I.H.S. or Tribal Health Clinics. Must be enrolled and accepted in an institution of higher learning and accepted into the health program of their career. Call (602) 263-1576.

Arizona Community Foundation - \$1 million in scholarships for Arizona students. The online system automatically matches each student applicant with every scholarship opportunity for which she qualifies. Application periods began closing in February and others remain open until May. Check the website for more information.

Native Artist Fellowships - Indian Arts Research Center and the School for Advanced Research offers four artist-in-residence fellowships. Check the <u>website for information</u>.

Radiophoenix.org - Radio Phoenix is Arizona's largest internet radio station, and the only urban station which carries programming by and for Native Americans. Radio Phoenix announced that it signed an agreement with Native Voice One to expand Native programming for Arizona. Among the programs offered by Native Voice One will be hip hop, sports, and more cultural events. Radio Phoenix is always looking for volunteers who want to be part of community-controlled local radio. Tune in to Radio Phoenix on computers and smart phones everywhere. To find out more about

volunteering, email Radio Phoenix or call (480)

RADIO PHOENIX
TALK SHE CONNECT

829-5746. Programs of particular interest to Native Americans: Mondays 10:00-11:00 a.m, Earthsongs - modern mix of today's Native American artists. Monday through Friday, 11:00 a.m.
National Native News. America's only national Native American targeted radio newscast. From Native Voice One. Monday through Friday 11:06 a.m.- noon.
Listen to NATIVE HEALTH's "Native Talk Arizona" on Thursdays at 11:00 a.m. Click here on

Thursdays at 11:00 to listen to this week's show. In addition, the first seven episodes of "Native Talk Arizona" are on the Radio Phoenix webpage for listening at any time. The Live 365 or TuneIn Radio apps can be downloaded so you can listen to the show on your smartphone and search for RadioPhoenix.

Nike N7 Products - NATIVE HEALTH is now working

April 19 - ASU American Indian Student Support Services - Diversity Mixer - 4:00-7:00 p.m. ASU Tempe Camus, Discovery Hall, 3rd Floor. For information call Dari at (480) 965-0056 or <u>email.</u>

April 19, 26 - NATIVE HEALTH hosts A Mother's Worth Birth Services for free childbirth classes at John F. Long Community Center. Classes taught in Spanish. 1:00-3:00 p.m. Call (602) 279-5262 x 3302 for information.

April 20 - Guardianship Workshop. Receive assistance from an attorney or paralegal. Golden Gate Community Center, 1625 N. 39th Avenue. 3:00-5:00 p.m. For families raising relatives' children. RSVP to Joanna at (602) 233-0017 x 2329.

April 20-22 - Arizona State University ASU Pow Wow - Tempe. ASU Band Practice Field, 6th Street and Rural Road. Call (480) 965-5224 or email them. \$1.00 off admission with donation of food or hygiene item for Native American troops.

April 20 - Risk and Resilience in Military Families. Operation Family Support. Call Child Crisis Center at (480) 834-9424 x 465.

April 21 - Arizona 6th Annual Asthma Conference, "Health Care Reform and its Impact on Asthma Care." Phoenix Children's Hospital. For more information contact Barbara at the Arizona Asthma Coalition.

April 21 - Tempe Elementary School District, Multicultural Day at Wood School sponsored by Wood School and the Indian Education Department. 9:00 a.m.-1:00 p.m. 727 West Cornell Drive, Tempe.

April 21 - 11th Annual Women's Mental Health Symposium. University of Arizona Psychiatry, Tucson. Email them for details.

April 22 - Silent Sunday Cycling - Free. South Mountain Environmental Education Center (just inside South Mountain Park). 10919 S. Central Avenue. City of Phoenix Parks and Recreation Department. Call Mark at (602) 402-0523 or email him to reserve a space.

April 22-25 - Protecting Our Children: National American Indian Conference on Child Abuse and Neglect. Scottsdale. Check the website for more information.

April 23 - Dine Clan Teachings (Part 2) - Dine Culture Nights. Phoenix Indian Center, 6:15-7:30 p.m. 4520 N. Central Avenue. Call Freddie

with Nike N7. For more information about this exciting new program contact Deidre at NATIVE HEALTH, (602) 279-5262 or email <a href="https://example.com/health-learning-scale-learning-sc

Inter Tribal Council of Arizona, Inc. FREE Income Tax Return Preparation. Saturday mornings through April 14, 2012. 8:00 a.m.-noon. No appointment necessary. 2214 N. Central Avenue, Phoenix. (602) 258-4822.

Native American Free Seed Program - Native Americans living in the greater southwest region or belonging to tribes within the Southwest Region may receive up to 30 regular price seed packets at no cost, with a limit of three packets per variety. Additional seeds can be purchased at half price. Organizations formally affiliated with Native American groups should request seeds through Community Seed Grant program. If outside the area, call for half price information. For information call (866) 622-5561.

Native Vote 2012 - For information on Native Vote, appointing a Native Vote Coordinator or more contact Kellcee at National Congress of American Indians.

Teen Dating Violence in Native communities.Check the <u>website for information.</u>

Free Native Bullying Prevention Materials - Check the website for materials.

Bullying Website - The Bullying website has been relaunched in partnership with the U.S. Department of Education. The site features easy-to-use tools and resources for community leaders, young people and families, including warning signs, tips, implement strategies for intervention, resources and more. Information on bullying laws per state are also included. Check the www.stopbullying.gov website.

Soldier's Best Friend - For Veterans struggling with PTSD or TBI and might benefit by having a therapeutic assistance dog. No cost to Veteran. Apply online.

Phoenix Indian Center - Native Workforce Services' Classroom Allowance Program (CRT) -Students who are approaching graduation from a vocational school, college, or university may be eligible for a weekly allowance based on grade point average. Must be enrolled in Native Workforce Services with the intent of seeking employment immediately after graduation. Phoenix Indian Center, 4520 N. Central Avenue, 2nd Floor. For more information, call Iris at (602) 264-6768 x 2206 or email her.

Phoenix Indian Center - Your Resume and Cover Letter Workshop - Tuesdays, 9:00 a.m.-3:00 p.m. 4520 N. Central Avenue, 2nd Floor. Workshop for those that either don't have a resume or have a resume over at (602) 264-6768.

April 24-25 9th Annual Construction in Indian Country. New Wild Horse Pass Hotel and Casino, Chandler. ASU Del E. Webb School of Construction. Call (480) 727-3105.

April 25 - NATIVE HEALTH hosts the Arizona Department of Veteran's Services - Native American Liaison. Noon-2:00 p.m. 6th Floor Conference Room. Email Susan to RSVP.

April 25 - NATIVE HEALTH hosts a FREE Childbirth Train the Trainer presented by A Mother's Worth Birth Services - Geared for professionals and community health workers. 1:00-5:00 p.m. NATIVE HEALTH, 3rd Floor Conference Room. Email Susan to RSVP.

April 26 - NATIVE HEALTH hosts Dr. Alyssa York, Inter Tribal Council of Arizona Oral Health Train the Trainer - NATIVE HEALTH, 6th Floor Conference Room. 8:00 a.m.-noon. FREE. Geared for professionals and Community Health Workers. Email Susan to RSVP.

April 26-27 - Native Wholistic Specialists, Inc. Warrior Spirit, An Indigenous Psychology Conference "Painted Horse". Nativo Lodge, Albuquerque. Check the website for information.

April 26-28 - Gathering of Nations Pow Wow. Albuquerque, New Mexico. For information check the website.

April 26-29 - Association of American Indian Physicians - Cross Cultural Medicine Workshop. Santa Fe, New Mexico. For information email <u>them.</u>

April 27- Mental Health Stigma- Let's Overcome It. Arizona Public Health Association. Tucson. Check the website for more information.

April 27 - Dia del Nino Event - Guadalupe, Biehn Colony Park. 4:00-7:00 p.m.

April 27 and 28 - 3rd Annual Disability
Empowerment Center Open House - Health and
Wellness Fair - (April 27 noon-5:00 p.m.), (April
28 10:00 a.m.-4:00 p.m.). Tours of the Virginia
Piper Sports and Fitness Center and more.
Check the website for information.

April 28 - Justice League for foster youth. 12:30-3:00 p.m., "Character and Reputation", 3003 N. Central Avenue. For information email Annie.

April 28 - Paddle Fest at Lake Pleasant - City of Phoenix Parks and Recreation Department. Program for individuals with and without two years old. Call (602) 264-6768 x 2208.

Phoenix Indian Center - Volunteers needed for Adult Literacy Program. Call Catherine at (602) 264-6768. Check the <u>website for volunteer opportunities</u>.

National Indigenous Women's Resource Center - Information about domestic violence and sexual assault. Check the website for more information and webinars.

Hispanic Outreach Alliance (HOA) - HOA introduces its new revamped website and encourage all outreach professionals to sign in and set up accounts to stay plugged into community information and resources as well as events, job postings, and cultural events. Check out the <u>website for more information</u>.

Market on the Move - 60 pounds of fresh produce for \$10.00. Locations and produce vary every weekend. For locations, check the <u>website</u> or call (602) 549-1011.

Phoenix Indian Medical Center (PIMC) Auxiliary The PIMC Auxiliary is a nonprofit organization whose sole purpose is to support the needs of the Native American community served by Phoenix Indian Medical Center (PIMC). The Auxiliary raises funds to purchase equipment and supplies for PIMC and to award scholarships to Native American students studying in a health related field. The gift shop at PIMC is owned and operated by the Auxiliary. It sells supplies as well as authentic Native American crafts. It is the Auxiliary's main source of income. There are many opportunities that exist for those who wish to support the goals of the Auxiliary, one opportunity is by becoming a volunteer in the gift shop. Volunteers work four hours per week and are thoroughly trained before volunteering. Please contact the PIMC Volunteer Office at (602) 263-1576 for more information.

SAMHSA releases newsletter addressing alcohol and drug abuse in Indian Country. SAMHSA, in collaboration with the Office of Justice Programs and other organizations, just released the first issue of its new newsletter.

WERNATIVE - is a health text messaging service for American Indian and Alaska Native teens and young adults. Text NATIVE to 24587 for weekly health tips, contests, and life advice. Sponsored by the Northwest Portland Area Indian Health Board. Funded by the National I.H.S. HIV Program.

White House Webpage dedicated to Native Americans - The White House webpage is meant to serve as another tool to help Indian Country navigate the federal government and learn how the President's Agenda is helping to win the future for Native Americans. There is a new fact sheet on how the American Jobs Act will benefit Native Americans and the economy. There are also three blog posts on the

disabilities. Call Mark at (602) 402-0523.

April 28 - HUD 184 Buyer Presentation - Native American Home Loan Program. Keller Williams. Call Tess at (480) 788-4316.

April 28 - 2012 Hopi Cancer Awareness Conference - Second Mesa Day School, Second Mesa, AZ. Presented by Hopi Cancer Support Services and the Partnership for Native American Cancer Prevention.

April 30- Dine Philosophy of Education - Dine Culture Nights, 6:15-7:30 p.m. Phoenix Indian Center, 4520 N. Central Avenue. Call Freddie at (602) 264-6768.

May 2 - NATIVE HEALTH hosts Kevin Poleyumptewa, Fathers and Families Coalition of Arizona on fatherhood, families and relationships. Free. All are welcome. Email Susan for more information.

May 2 - NATIVE HEALTH hosts New Directions Institute for Infant and Toddler Brain Development. 12:30-2:30 p.m. Free. Families with children are encouraged to attend.

May 2-3 - "Reclaiming the Health of our Tribal Nations" Inter Tribal Council of Michigan in partnership with Inter Tribal Council of Arizona, Fiesta Resort, Tempe, Arizona. Check the website for more information. Free admission, limited to 200.

May 3 - Healthy Mothers, Healthy Babies Coalition Meeting. Maryvale Hospital. 8:30 a.m. Contact <u>Martha.</u>

May 5 - Shiprock Marathon. Full or half marathon, 5 person relay, or 10K run/walk. Check the website for registration. Call Tom at (928) 429-0345.

May 9-11 - IAIA Cultural Tourism Conference. Check the <u>website for more information</u>.

May 10 - Ft. McDowell 20th Annual Sovereignty Day Celebration. Call (480) 789-7162.

May 11 - University of Arizona, College of Medicine presents "Music, Memory, and Aging". Contact <u>Brigitte for more information.</u>

May 17 and 24 - NATIVE HEALTH presents A Mother's Worth Birth Services childbirth classes. Free. 5:00-7:00 p.m. Call Susan at (602) 279-5262 x 3302 for information.

May 17 - NATIVE HEALTH presents the Department of Homeland Security, "Human and Administration's ongoing work in Indian Country.

From the Cradle to the Career: Improving Education for American Indians and Alaska Natives. Submit your suggestions to the Department of Education and Department of the Interior regarding education. Submit comments in writing. The input of tribal leaders, educators, parents, students and others throughout Indian Country is essential to the development and implementation of administration priorities.

The Office of the Special Trustee (U.S. Department of Interior) If you believe you are an Indian trust landowner or may have inherited trust land or trust income, please contact the Trust Beneficiary Call Center at (888) 678-6836 or check the website.

Center for Native American Youth. Check the website for more information.

Devine Legacy on Central, 4570 North Central Avenue - Native American Connections. First affordable apartment community on the Metro Light Rail line (next to Native American Community Service Center). 65 urban style apartments at Campbell/Central rail station. For more information please call (602) 214-1409, check the website or email Devine Legacy.

Fooducate - <u>Fooducate</u> website and mobile app developed with the intention of informing food choices. Typing in and/or capturing a product's barcode via mobile phone camera returns an A-to-D product grade, an explanation and a set of healthier alternatives.

Fresh Start Women's Foundation - Connecting women ages 18 and older. The Resource Center in Phoenix provides mentoring, career services, selfesteem services, education, a library, child watch, legal services and counseling as well as many classes. For more information check the website.

Financial Literacy Classes - Phoenix Indian Center - Tuesday evenings for six weeks. Classes include financial decision making, planning skills, time and money management, and more. Free child care and free bus passes. Call Rose at (602) 264-6768.

Phoenix Indian Center Native Workforce Services - Updated eligibility criteria. Two new requirements are high school or GED and residency in Maricopa County (off reservation for 30 days). Please bring supporting documents. Community members may use Resource Room for self-directed job search and can attend job readiness workshops. Call (602) 264-6768 for details.

Mesa Community College - Early College Programs - Achieving a College Education (ACE) MCC's scholarship program designed to improve success once enrolled in college. Call (480) 461-7927 or check the website. Dual enrollment - Partnership with Valley

Sex Trafficking" Presentation. 10:00 a.m.noon. Limited seating. To RSVP email <u>Susan.</u>

May 25 - 2012 Arizona Alzheimer's Consortium Annual Conference. Rio Vista Recreation Center, Peoria.

May 26 - Hakintonmuya Relays, Old Oraibi Village. Check the <u>website for more information</u>.

May 29-June 1 - National Institute on Drug Abuse (NIDA) 20th Annual Meeting, "Promoting Healthy Living Through Prevention Science" in Washington D.C.

May 31 - NHW Community Health Center hosts free breast cancer screenings. 10:00 a.m.-5:00 p.m. For information or to schedule an appointment call 888-233-6121.

June 2 - 29th Annual Sacred Mountain Prayer Run. 10K/5K and 2K Fun Run/Walk. NACA sponsored 2K Fun Run/Walk. Thorpe Park, Flagstaff. For information email Dorothy.

June 3-30 - 2012 Native American Pre-Law Undergraduate Scholars Program. University of New Mexico, Albuquerque.

June 10-17 - Jim Thorpe Native American Games, Oklahoma City, OK. Eleven sports featured. For more information contact <u>Annetta</u> or check the <u>website</u>.

June 11-28 - Summer Research Training Institute for American Indian and Alaska Native Health Professionals. Northwest Portland Area Indian Health Board. Portland, Oregon. For information call (503) 416-3285 or check the website.

June 13 - Legal Options to Guardianship Training - 9:00-11:00 a.m. Arizona Center for Disability Law. Disability Empowerment Center. Call (800) 927-2260.

June 13-14 - Operation Family Support Annual Training. 2012 Statewide Symposium in Support of Service Members, Veterans and Their Families. Desert Willow Conference Center.

June 16 - 4th Annual Statewide Military Women's Conference. Free for women who are presently serving or have served in the U.S. Armed Forces. 8:00 a.m.-5:00 p.m. El Zaribah Shrine Auditorium. Check the website.

June 16 - 5th Annual Jim Thorpe 5K Race. Southwestern Indian Polytechnic Institute, Albuquerque. Native American 5K Championship high schools to offer dual enrollment credit for academic and occupational classes. Courses taught at high schools. Call (480) 461-7705 or check the website.

Concurrent enrollment - Early College Concurrent Program gives students the opportunity to take courses on the college campus with other college students. Call (480) 461-7705 or check the website. Hoop of Learning Program designed specifically for Native American high school students in the Tempe and Mesa area. Call (480) 461-7594.

Wounded, Ill or Injured Marines and Former Marines - Master Gunnery Sergeant Steve Soha is available to assist with VA issues, paperwork, housing, jobs, school, etc. For more information contact him at (602) 814-4747 or email him.

eBenefits for Veterans - eBenefits is an online resource that Veterans can use to find and manage benefit-related information. For more information please check their <u>website</u>.

Taxi Program for People with Disabilities -Phoenix Public Transit - Taxi service coupon program for Phoenix residents with disabilities. ADA Cab supplements Dial-a-Ride. For more information (602) 801-1163 or (602) 801-1164.

Raising Special Kids - Provides parents of children with disabilities and special health needs with parent support, training, information, and assistance to help families become effective advocates for their children. Families throughout Arizona receive help with issues of navigating care systems, special education, and finding appropriate resources. Services are free. For more information please call Marissa at (602) 242-4366 x 203 or email her.

Maricopa Community Colleges Hoop of Learning Program - Office of Native American Early Outreach Programs - The Hoop of Learning Program meets the academic and cultural needs of American Indian high school students. For more information about the program as well as Coordinators and Contact Information click here.

The Maricopa Community Colleges Achieving a College Education (ACE) is designed to help students make a smooth transition from high school, through one of the Maricopa Community Colleges, and on to a university to complete a Bachelor's degree. The Maricopa ACE Native American Initiative's goal is to increase the number of Native American students participating. For more information on the ACE Native American Initiative, please contact them via email or call (480) 731-8625 or check the web.

College Depot (City of Phoenix) provides free programs for people interested in attending college. College Depot is located at Burton Barr Central Library, 1221 North Central Avenue, Phoenix 85004. For more and more. For information call (505) 710-3323 or check the website.

June 18-22 - 2012 Dental Conference - Inter Tribal Council of Arizona (ITCA). Wild Horse Pass Hotel and Casino. Check the <u>ITCA website</u>.

June 20-22 - Arizona State Bar Convention, Indian Law Section Annual Meeting. Biltmore Resort, Phoenix.

June 21 - NATIVE HEALTH hosts March of Dimes, Becoming a Mom/Comenzando bien in Spanish Training Session. Free for health professionals. Call (602) 287-9921.

June 22-24 - 35th Annual Pediatrics in the Red Rocks Conference. Sedona. Check the website.

June 26-29 - NATIVE HEALTH - Living Well Traditionally Youth Diabetes Prevention Camp. Contact Cheryle for information.

July 6-10 - 2012 National UNITY Conference. Sheraton Phoenix Downtown. Call for workshop presentations. For information call Pat Hunter at (405) 236-2800 or check the <u>UNITY website</u>.

July 11-15 - NABI 10th Annual Native American Basketball Invitational. Click here for a flyer.

July 16-18 - 25th Annual School Health Nursing Seminar - Moving School Health to the Head of the Class. Chaparral Suites, Scottsdale. For information check the website.

July 16-19 - 24th Annual Native Health Research Conference, Seattle. Check the <u>website for more information.</u>

July 19 - NATIVE HEALTH hosts Matthew Harris of Devereux, for a free "Gang Awareness Training". 10:00 a.m.-12:30 p.m. Contact_Susan.

August 11 - Hopi 10K and 5K - Old Oraibi, Arizona. Check the <u>website for more</u> <u>information</u>.

August 19 (Pre-Summit) and August 20-21 (Summit) - First Things First Arizona Early Childhood Summit: Community, Leadership and Practice. Sheraton Downtown Phoenix. Call (602) 771-5100 or check the website.

August 24 - 5th Annual SRPMIC Disabilities Conference - Talking Stick Resort and Casino. For information contact Rudy at (480) 577-5780 or email <u>him.</u> \$50.00 for Vendor tables. \$25.00 registration for non community members. information call (602) 261-8847 or check the website.

Birth to Five Helpline - 1-877-705-KIDS is Arizona's only toll free helpline for parents, families and providers to call for questions about children ages birth to five years old. The Helpline is answered by early childhood development specialists, not volunteers. The Helpline is staffed M-F, 8:00-8:00. A Fussy Baby program is also available. For more information, please check their website.

The Native American Senior Association. Call (602) 241-4739 Monday-Wednesday, 9:00 a.m.-3:00 p.m. Please leave a message if no answer.

Ryan House offers comfort, support, essential and professional care for children with life threatening conditions and their families. Ryan House also provides opportunities for children and their families to stay in a supportive home-like environment. To learn more about Ryan House check their website.

Child Crisis Center - When your children need a home away from home....if you are struggling with homelessness, job loss, domestic violence, emotional stress or health issues. The Child Crisis Center offers temporary emergency shelter in a caring, safe, homelike environment for children from birth to 11 years of age. For more information call (480) 969-2308 or check the website.

Alcoholics Anonymous Meetings - Native American Connections - Sunrise Circle - Saturdays, 10:00 a.m. 2922 North 39th Street.

Narcotics Anonymous Meetings - Native American Connections - Sunrise Circle - Wednesday evenings, 6:00-7:00 p.m. Sunrise Circle, 2922 North 39th Street.

DNA Legal Services - <u>www.dnalegalservices.org</u> - Nonprofit legal services serving Native Americans.

Office of Children with Special Health Care Needs (OCSCHN) has recently become part of the Bureau of Women's and Children's Health. OCSHCN continues working to improve systems of care; provide information and referral to families who would like assistance in finding the services available to their child; provide training to families and professionals on best practices related to medical home, cultural competence, transition to adulthood and family and youth involvement; and support telemedicine to provide services in remote areas of the State. For more information, please call (602) 542-1860 or email them.

West Valley Vet Center - The new Veteran's Center is open in Peoria, Arizona at 14050 N. 83rd Avenue, Suite 170 in Peoria. For more information call (623) 398-8854.

Crying Babies? Parents/Caregivers: Babies and

October 6 - Run with the Heard - 5K and 1 mile. Heard Museum, 2301 N. Central. 7:30 a.m.

October 6 - 3rd Annual NATIVE HEALTH Children's Pageant. Phoenix College Auditorium.

October 6 - Miss Indian Arizona

October 13 - Native American Connections NARD Parade

October 23 - Native American Community Service Center Fall Festival

November 11 - Veteran's Day Gourd Dance -Pueblo Grande

November 15 - American Indian Excellence in Leadership Awards - Phoenix Indian Center

November 17 - American Indian Heritage Festival - Deer Valley Rock Art Center

These events are listed as a community service but are not endorsed by NATIVE HEALTH.

children under 12 months old all cry for a selfish reason- it's all about them. Don't assume Baby is crying because you are making her mad. Babies are not yet able to think of Mom or Dad as separate from Baby. Baby only thinks about herself. He is not saying "Mom/Dad, you are not doing a good job!" Caregivers need to look at Baby's behavior to try to figure out why Baby is crying. Maybe he is frustrated that he can't reach a toy, or can't sit up and see what is going on. Maybe he wants to eat what you have, but he doesn't have the teeth necessary to chew yet. Perhaps he didn't sleep well last night and is really tired. What Baby behavior cues can you find? Never Shake A Baby wants everybody to be aware that it is dangerous to shake a baby and you should NEVER shake a baby. Find tips to relaxation and to calm a baby at the website or contact Mary Warren, Statewide Coordinator.

For those that are taking care of someone else's child; resources are available:

- Maricopa County Resources AZ Starts (Mentors for Children of Prisoners - (877) 312-1368);
- DUET Project Grand Care (602)274-5022 x 43
- Area Agency on Aging (602) 264-2255
- Senior HelpLine (602) 264-4357
- Casey Family Programs (602) 252-9449
- Family Resource Center East Valley (480) 233-0017
- Golden Gate Community Center of the Arizona Children's Association (602) 233-0017
- University of Arizona Cooperative Extension (602) 827-8200

Family Network on Disabilities - Visions -Supporting Native American Families. For information call (877) 205-7501 or check the <u>website</u>.

Buy a Foreclosed Home with Federally Funded Programs: City of Phoenix has two single family home ownership programs and is seeking owner occupants. Programs provide one on one counseling, home buyer education and a \$15,000 zero interest, no monthly payment loan to use toward closing costs and down payment. Call City of Phoenix Neighborhood Stabilization Program at (602) 262-6602 or check the website.

Habitat for Humanity - 0% loans, low monthly payments, low closing costs. For information and qualifications call (602) 268-9022 or check the <u>website</u>.

Girls Leadership Academy - Arizona's first all girls public high school is now enrolling for 2012/13 school year. Young women can take college classes in high school and earn college credits for FREE. For more information call (602) 288-4552 or check the website.

City of Phoenix Early Head Start and Head Start -Enrolling Now! Comprehensive child development services for low-income families with children ages birth to 5 and pregnant women. Head Start - center based, ages 3-5. Early Head Start - home based, ages 0-3 and pregnant women. Foster care and homeless children are automatically eligible. TANF and SSI recipients are automatically eligible. Call Early Head Start at (602) 495-7050 or Head Start at (602) 262-4040.

Phoenix Children's Hospital Injury Prevention Center - Car Seat Helper App for your iPhone, iPad, iPad Touch, and Android. For information check their website.

Gateway Community College - Summer Youth Programs - check the website for their k-12 programs.

These programs are listed as a community service but are not endorsed by NATIVE HEALTH.

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