Health insurance can help you and your family get the best care possible.

Take charge of your health—protect yourself and your family with health insurance.

Signing up for health insurance is easy:

- Visit your Indian health program,
- Go online to healthcare.gov/tribal, or
- Call 1-800-318-2596.

Communities Need Healthy Men

Get health insurance and show your family the way.

www.healthcare.gov/tribal
A small monthly payment for insurance can protect you from huge bills.

You Qualify for Special Protections
As a member of federally recognized tribe or Alaska Native Claims Settlement Act Corporation shareholder, you qualify for:

- Enrollment at any time, and you can change plans up to once a month if you aren’t satisfied with your current one
- Low or no out-of-pocket costs for deductibles, co-payments, and coinsurance
- Special eligibility rules and costs for Medicaid and the Children’s Health Insurance Program (CHIP)
- Lower monthly premiums, depending on your income

What’s covered?*

Heart Disease Rehabilitation
Behavioral Health Treatment
CANCER Depression
DIABETES ORAL HEALTH
Hospitalization Vision Care
Emergency Services STD TREATMENT
Substance Abuse Programs

* For a complete list of what’s covered, visit www.healthcare.gov/coverage.

Myths and Facts

I don’t need health insurance because I’ve got Indian Health Service (IHS).

By enrolling in health coverage through the Marketplace, Medicaid, or CHIP, you have better access to services that IHS may not provide. If you enroll, you can keep getting services from IHS the same way you do now. When you get services from IHS, they can bill your insurance program, which helps IHS provide more services to others.

I can’t afford it.

More American Indian and Alaska Natives may be eligible for lower premium costs based on income. They can qualify for Medicaid, enroll in plans without any out-of-pocket costs, or apply for federal tax credits. Information about these options is available from www.healthcare.gov/tribal.

www.healthcare.gov/tribal