



# Why Should American Indians and Alaska Natives Care about Health Insurance?

Health insurance can provide you and your family more options. Coverage means you can go to any doctor or hospital that accepts your plan, including IHS, tribal, and Urban Indian clinics.

Buying an insurance plan can also provide you access to care that may not be offered at your tribal health care facility or urban clinic. Peace of mind comes with more health care options for you and your loved ones for unexpected health costs.

"First Nations (our Urban Indian health clinic) provided help, and the Medicaid program in New Mexico gave us choices for the delivery of our son."

We are students at the University of New Mexico, accruing loans, and could not have had our child without the help."

*-Student, Albuquerque, NM*

**To learn more, contact your Indian health program, visit [www.healthcare.gov/tribal](http://www.healthcare.gov/tribal), or call 1-800-318-2596 anytime (TTY: 1-855-889-4325).**



Health Insurance Marketplace