

# My Health— CHILDREN'S HEALTH CHECKLIST

Use this checklist to make sure your child is getting the preventive health care he or she needs during well-child visits to the doctor. These services are free with Medicaid, the Children's Health Insurance Plan (CHIP), and insurance plans purchased through the Health Insurance Marketplace. Learn more at <https://www.healthcare.gov/preventive-care-children/> or talk to your health care provider at your local IHS, tribal, or urban clinic.

For all children (0-17)	Done
Annual well baby visits	
Autism screening (at 18 and 24 months)	
Behavioral assessment	
Blood pressure check	
Developmental screening (under age 3)	
Fluoride supplements (children without fluoride in their water)	
Height, weight, and body mass index measurements	
Hemoglobin screening	
Immunizations (ask your doctor which vaccines your child needs)	
Lead screening	
Obesity screening and counseling	
Oral health risk assessment (ages 0-10)	
Tuberculosis testing	
Vision screening	

For adolescents (11-17)	Done
Alcohol, smoking, and drug assessment	
Hypothyroidism screening	
Sexually transmitted infection counseling and screening	
Suicide and depression screening	

## Sign up

- Visit your Indian health program,
- Go online to [healthcare.gov](https://www.healthcare.gov), or
- Call 1-800-318-2596



HealthCare.gov



@CMSGov



#CMSNativeHealth

