



# My Health: Dental Care for Children

## Get Care Early

Your child's teeth and gums can be healthy if you start early with good oral health habits!

Ideally, your child's first dental visit should take place within 6 months of when a baby's first tooth appears, with continued preventive dental care visits twice a year.

## What Happens During a Preventive Dental Care Visit?

By scheduling regular visits with your child's dental health provider, you are taking important steps to protect your child's oral health. During these visits, a dentist or other qualified oral health provider will:

- examine your child's teeth and gums to see how their jaw and teeth are developing;
- check for injuries, cavities, or other issues; and,
- clean their teeth and give you tips for your child's daily dental care.

Before leaving the office, you will receive information about your child's oral health and any necessary follow-up care with the provider.

## Coverage

Stay one step ahead of your child's dental health and learn about the various insurance coverage options for dental care through Medicaid, the Children's Health Insurance Program (CHIP), or Indian Health Service.

### MEDICAID and CHIP:

To learn more about dental benefits for adults enrolled in Medicaid, visit <https://www.medicaid.gov/medicaid/benefits/dental/index.html>

Find a local provider at <https://www.insurekidsnow.gov/coverage/find-a-dentist/index.html>

### MARKETPLACE:

Dental coverage is an essential health benefit for children. This means if you're getting health coverage for someone 18 or younger, dental coverage must be available for your child either as part of a health plan or as a stand-alone plan

For more information go to: <https://www.healthcare.gov/coverage/dental-coverage>



