



American Indian and Alaska Native women fill many roles.



Take care of yourself and your loved ones.

Get health insurance.

Signing up for health insurance is easy:

- Visit your Indian health program,
- Go online to healthcare.gov/tribal, or
- Call 1-800-318-2596.



Health Insurance Marketplace



CMS Product No. 11908-N
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Moms Daughters Friends
CAREGIVERS AUNTIES
Tribal Members TEACHERS
Partners Mentors SISTERS
Nurses ARTISTS Leaders

HEALTH INSURANCE
for **Women like You**

Take Care of Your Health Today

www.healthcare.gov/tribal

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Health Insurance Marketplace

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Signing up for health insurance often falls to the bottom of the to-do list.

What does health insurance bring?

- Peace of mind knowing that you are covered when you need it
- Access to any doctor who accepts your plan
- No out-of-pocket costs at Indian Health Service (IHS), tribal, or urban Indian health facilities
- Free or low-cost health insurance
- 22 covered preventive services, including prenatal care
- Special provisions for you if you are a member of a federally recognized tribe or Alaska Native Claims Settlement Act Corporation shareholder
- Covered pre-existing conditions

What's covered?*

Heart Disease Birth Control
Breastfeeding Support CANCER
Depression Accidents
DIABETES Mammograms
MATERNITY CARE Osteoporosis
Domestic Violence Counseling
Substance Abuse Programs
Well-woman visits STD TREATMENT

* For a complete list of what's covered, visit www.healthcare.gov/coverage.

Myths and Facts

I don't need health insurance because I've got Indian Health Service (IHS).

By enrolling in health coverage through the Marketplace, Medicaid, or CHIP, you have better access to services that IHS may not provide. If you enroll, you can keep getting services from IHS the same way you do now. When you get services from IHS, they can bill your insurance program, which helps IHS provide more services to others.

I can't afford it.

More American Indian and Alaska Native women may be eligible for lower premium costs based on income. They can qualify for Medicaid, enroll in plans without any out-of-pocket costs, or apply for federal tax credits. Information about these options is available from www.healthcare.gov/tribal.

