

Recognizing Men's Health Week, June 11-17

Each year, the week leading up to and including Father's Day, is Men's Health Week. Men's Health Week is a great time to focus on keeping our fathers, brothers, uncles, and sons healthy — by educating them on health issues that disproportionately affect men, raising awareness of preventable health problems, and encouraging early detection and treatment of disease.

Did you know?

- Heart disease is the leading cause of death for U.S. men
- More U.S. men die from lung cancer than any other type of cancer
- Prostate cancer and colorectal cancer are the second and third most common causes of cancer death in U.S. men, respectively
- 34% of U.S. adult men are obese, and 32% have hypertension
- Men aged 60 and over are more likely to be obese than younger men

Medicare provides coverage of a wide range of preventive services for certain beneficiaries that meet eligibility and coverage requirements that are especially meaningful to men in helping them prevent and detect disease, including but not limited to:

- Annual Wellness Visit
- Abdominal Aortic Aneurysm Screening
- Alcohol Misuse Screening and Counseling
- Colorectal and Prostate Cancer Screenings
- Cardiovascular Disease Screenings
- Depression Screening
- Diabetes Screening
- HIV Screening
- Immunizations
 - Hepatitis B
 - Influenza
 - Pneumococcal
- Initial Preventive Physical Exam (also commonly referred to as the "Welcome to Medicare" Preventive Visit)
- Intensive Behavioral Therapy for Cardiovascular Disease
- Intensive Behavioral Therapy for Obesity
- Screening for Sexually Transmitted Infections (STIs) and High-Intensity Behavioral Counseling (HIBC) to Prevent STIs
- Tobacco Use Cessation Counseling

Encourage men with Medicare to make the most of their benefits by taking advantage of the preventive services that are most appropriate for them.

Resources from the MLN:

- [Quick Reference Information: Medicare Preventive Services](#)
- [MLN Matters Article MM7070, Annual Wellness Visit, Including Personalized Prevention Plan](#)
- [Quick Reference Information: The ABCs of Providing the Annual Wellness Visit](#)
- [Medicare Learning Network® \(MLN\) Preventive Services Educational Products](#)

More Information for Healthcare Providers:

- [CDC Men's Health Statistics webpage](#)
- [Men's Health Week](#)