

**Audio Title:** A Physician's Guide to Medicare Part D Medication Therapy Management Programs  
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If you are a physician, pharmacist, or nurse, or other health care professional who treats Medicare patients with Part D coverage, you will benefit from this podcast! It is based on MLN Matters® Article #SE1229 titled "A Physician's Guide to Medicare Part D Medication Therapy Management Programs". This podcast provides information about changes to the Medicare Part D Medication Therapy Management (or M-T-M) programs that may impact your patients.

What is the Medicare Part D Medication Therapy Management Program? M-T-M programs promote coordinated care and improved medication use by providing services that engage the patient, their physicians, and other healthcare providers. Starting in 2013, you will see three new forms from patients who are enrolled in a Part D M-T-M program. These forms are intended to provide information about your patient's medication use. You may use them to develop a medication therapy plan that best meets their needs.

If you have patients enrolled in Part D M-T-M programs, you may be contacted by M-T-M providers. Who are M-T-M providers? They use the latest clinical information to monitor patients' medication therapies, listen to their concerns about current medications, and work with you to determine the best medication therapy plan. Your patients may also receive recommendations from the M-T-M provider about how to use their medications properly and achieve their treatment goals. Ultimately, only you can make the final decision about changes in your patient's drug therapy.

When will an M-T-M provider contact you? An M-T-M provider may contact you to:

1. Clarify your patient's medical history before the review, or prior to receiving information from your patient during the review. Such information may include why and how they should use their medication(s); and/or
2. Ask questions or provide recommendations about your patient's medications after they perform a Comprehensive Medical Review (C-M-R). The patient may also contact you to discuss suggestions they received from the M-T-M provider after the review.
- 3.

Targeted Medication Reviews (T-M-Rs) are processed throughout the year to identify specific or potential medication-related problems. An M-T-M provider may contact you if a T-M-R indicates a potential issue for your patient. They may also contact you periodically throughout the year to resolve any issues related to your patient's



medication or identify ways to improve their medication use.

What is changing in 2013? Beginning in 2013, if your patients are enrolled in a Medicare Part D M-T-M program, they will receive a printed standardized summary, commonly known as Form CMS-10396, with their C-M-R. This summary includes:

1. A cover letter that reminds your patient of their CMR, introduces the Medication Action Plan, Personal Medication List, and tells them how to contact the M-T-M program.
2. The Medication Action Plan, which describes your patient's specific action items and helps them resolve any current drug therapy issues and achieve their treatment goals. Your patient may share their progress notes with you to clarify and discuss any concerns about current medications and treatment plans. If necessary, the M-T-M provider will send you separate recommendations.
3. The Personal Medication List that includes all your patient's medications at the time of the review. This list helps your patient understand their medications and how they are related to their treatment plans. You may want to use this list to verify your patient's current medication regime and provide written adjustments, if needed.

Your patients are encouraged to share these documents with you at their regular visits and may request updates as needed. To view examples of these forms, download the MLN Matters® Article on this subject. Visit the CMS website at [www.cms.gov](http://www.cms.gov) and click on 'Outreach and Education' at the top of the page. Scroll down to the Medicare Learning Network section and click on the link for MLN Matters® Articles. Follow the links to '2012 MLN Matters® Articles' and search for MM article number 'SE1229.'

**More questions?** To learn more about **Medicare Part D M-T-M Programs and the standardized C-M-R summary documents**, visit [www.cms.gov/Medicare](http://www.cms.gov/Medicare). Scroll down to 'Prescription Drug Coverage' and click on "Prescription Drug Coverage Contracting". From that page, click on 'Medication Therapy Management' from the left navigation bar.

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