

**September 29<sup>th</sup> is National Women's Health and Fitness Day.** The Centers for Medicare & Medicaid Services (CMS) is asking the provider community to keep their patients with Medicare healthy by encouraging them to take advantage of Medicare-covered preventive services.

Medicare provides coverage for several Preventive Services to help keep women with Medicare healthy, including bone mass measurements, screening pap tests, screening pelvic exams and screening mammograms.

### **What Can You Do?**

As a health care professional who provides care to patients with Medicare, you can help protect the health of your Medicare patients by encouraging them to take advantage of Medicare-covered preventive services that are appropriate for them.

### **For More Information**

CMS has developed several educational products related to Medicare-covered preventive services. They are all available, free of charge, from the Medicare Learning Network®:

- **The MLN Preventive Services Educational Products Web Page** ~ provides descriptions and ordering information for Medicare Learning Network® (MLN) educational products for health care professionals related to Medicare-covered preventive services.  
[http://www.cms.hhs.gov/MLNProducts/35\\_PreventiveServices.asp](http://www.cms.hhs.gov/MLNProducts/35_PreventiveServices.asp)
- **The Guide to Medicare Preventive Services for Physicians, Providers, Suppliers, and Other Health Care Professionals** ~ provides comprehensive coverage and coding information on Medicare-covered preventive services.  
[http://www.cms.hhs.gov/MLNProducts/downloads/mps\\_guide\\_web-061305.pdf](http://www.cms.hhs.gov/MLNProducts/downloads/mps_guide_web-061305.pdf)
- **Quick Reference Information: Medicare Preventive Services** ~ this chart provides coverage and coding information on Medicare-covered preventive services.  
[http://www.cms.hhs.gov/MLNProducts/downloads/MPS\\_QuickReferenceChart\\_1.pdf](http://www.cms.hhs.gov/MLNProducts/downloads/MPS_QuickReferenceChart_1.pdf)
- **The Cancer Screenings brochure**~ this brochure provides information on coverage for Medicare-covered cancer screenings, including screening mammograms.  
[http://www.cms.hhs.gov/MLNProducts/downloads/cancer\\_screening.pdf](http://www.cms.hhs.gov/MLNProducts/downloads/cancer_screening.pdf)
- **The Bone Mass Measurements brochure**~ this brochure provides information on coverage for Medicare-covered bone mass measurements.  
[http://www.cms.gov/MLNProducts/downloads/bone\\_mass.pdf](http://www.cms.gov/MLNProducts/downloads/bone_mass.pdf)
- **The Medicare Preventive Services Series: Part 3 Web-Based Training Course (WBT)** ~ This WBT includes lessons on coverage, coding, and billing for several Medicare-covered preventive services, including screening mammography, pap tests, pelvic exams, and bone mass measurements. To access the WBT, please visit the MLN homepage at: <http://www.cms.gov/mlngeninfo> on the internet. Scroll down to “Related Links Inside CMS” and click on “WBT Modules”

Please visit the [Medicare Learning Network](http://www.cms.gov/mlngeninfo)® for more information on these and other Medicare fee-for-service educational products.

For more information on National Women's Health and Fitness Day, please visit <http://www.fitnessday.com> on the internet.

Thank you for helping CMS improve the health of women with Medicare by joining in the effort to educate beneficiaries about the importance of taking advantage of preventive services covered by Medicare.