

**May 26 is National Senior Health and Fitness Day.** In the spirit of National Senior Health and Fitness Day, the Centers for Medicare & Medicaid Services (CMS) reminds health care professionals that Medicare provides coverage for a variety of preventive services. By encouraging your senior patients with Medicare to take advantage of covered preventive services, you can help them lead healthier lives.

### **Medicare Covered Preventive Services**

Medicare provides coverage for the following preventive services for eligible Medicare beneficiaries:

- Abdominal Aortic Aneurysm Screening,
- Adult Immunizations,
- Bone Mass Measurements,
- Cancer Screenings,
- Cardiovascular Screenings,
- Diabetes-Related Services and Screenings,
- Glaucoma Screenings,
- Smoking and Tobacco-Use Cessation Counseling, and
- Initial Preventive Physical Examination.

### **For More Information**

- CMS has developed a variety of educational products and resources to help health care professionals and their staff become familiar with coverage, coding, billing, and reimbursement for the many preventive services and screenings covered by Medicare.
  - **The Medicare Learning Network (MLN) Preventive Services Educational Products Web Page** ~ provides descriptions and ordering information for Medicare Learning Network (MLN) preventive services educational products and resources for health care professionals and their staff.  
[http://www.cms.hhs.gov/MLNProducts/35\\_PreventiveServices.asp](http://www.cms.hhs.gov/MLNProducts/35_PreventiveServices.asp)
  - **The Guide to Medicare Preventive Services for Physicians, Providers, Suppliers and Other Health Care Professionals** ~ This comprehensive resource contains coverage, coding, and payment information for the many preventive services covered by Medicare.  
[http://www.cms.hhs.gov/MLNProducts/downloads/mps\\_guide\\_web-061305.pdf](http://www.cms.hhs.gov/MLNProducts/downloads/mps_guide_web-061305.pdf)
  - **Quick Reference Information: Medicare Preventive Services** ~ This chart contains coverage, coding, and payment information for the many preventive services covered by Medicare in an easy-to-use quick-reference format.  
[http://www.cms.hhs.gov/MLNProducts/downloads/MPS\\_QuickReferenceChart\\_1.pdf](http://www.cms.hhs.gov/MLNProducts/downloads/MPS_QuickReferenceChart_1.pdf)
  - **The Preventive Services Educational Products PDF** ~ This PDF document contains links to downloadable versions of the many products the MLN has available related to Medicare-covered preventive services, including brochures, quick reference guides, and more.  
[http://www.cms.hhs.gov/MLNProducts/Downloads/education\\_products\\_prevserv.pdf](http://www.cms.hhs.gov/MLNProducts/Downloads/education_products_prevserv.pdf)
  - To order hard copies of certain MLN products, please visit the MLN homepage at: <http://www.cms.hhs.gov/mlngeninfo> Scroll down to “Related Links Inside CMS” and click on “MLN Product Ordering Page”
- For more information about National Senior Health and Fitness Day, please visit the official website at <http://www.fitnessday.com/senior/index.htm> on the internet.

Thank you for helping CMS improve the health of patients with Medicare by joining in the effort to educate eligible beneficiaries about the importance of taking advantage of the many preventive services covered by Medicare.