



## State of Rhode Island and Providence Plantations

State House  
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Donald L. Carcieri  
Governor

Dear Fellow Rhode Islander:

I am writing you about a very important issue: planning for your future long-term care needs.

Many people, myself included, do not like to think about getting older, or the possibility that at some time in the future we may not be able to perform such routine tasks as bathing and dressing.

The truth is that most of us will need some type of long term care in our later years. While this is a normal part of aging, many of us don't plan for it adequately. Then, when we need long term care, it becomes a time of crisis for ourselves and our families.

This is why I want to tell you about a new program that Rhode Island and the federal government are working on together called ***Own Your Future***. The goal of the program is to encourage persons between the ages of 50 and 70 to start planning ahead for their future long term care needs now.

As a first step in the planning process, I encourage you to order the "Long Term Care Planning Tool Kit" created by the U.S. Department of Health and Human Services. You may place an order in one of three ways:

- Call 1-866-PLAN-LTC (1-866-752-6582); OR
- Return the postage paid reply card attached to the enclosed brochure; OR
- Log on to: <http://www.aoa.gov/ownyourfuture> (also available to download.)

Long term care needs are best met when they are planned for ahead of time. Please, ***Own Your Future*** and order your free "Long Term Care Planning Tool Kit" today.

Sincerely,

Donald L. Carcieri  
Governor