

1

2

3

4

5

6

7

8

9

10

11 CENTERS FOR MEDICARE AND MEDICAID SERVICES

12 Medicare Evidence Development & Coverage

13 Advisory Committee

14

15

16

17

18

19

20 November 14, 2012

21

22 Centers for Medicare and Medicaid Services

23 7500 Security Boulevard

24 Baltimore, Maryland

25

2

1 Panelists

2 Chairperson  
Rita Redberg, MD, MS

3 Vice-Chair  
4 Art Sedrakyan, MD, PhD

5 Voting Members  
Ralph Brindis, MD, MPH, MACC  
6 Raymond E. Faught, Jr., MD  
Mark D. Grant, MD, MPH  
7 Peter Heseltine, MD  
Curtis Mock, MD, MBA  
8 Jeffrey B. Rich, MD  
J. Sanford Schwartz, MD  
9 Robert L. Steinbrook, MD

10 CMS Liaison  
Jyme Schafer, MD

11 Industry Representative  
12 Shamiram R. Feinglass, MD, MPH

13 Guest Panel Members  
G. Kevin Donovan, MD, MA  
14 Robert Kormos, MD  
Ileana L. Pina, MD, MPH, FAHA, FACC

15 Invited Guest Speakers  
16 Keith Aaronson, MD  
James Kirklin, MD  
17 David C. Naftel, PhD  
Lynne Warner Stevenson, MD

18 Executive Secretary  
19 Maria Ellis

20

21

22

23  
24  
25

1	TABLE OF CONTENTS	
2		Page
3	Opening Remarks	
4	Maria Ellis/Jyme Schafer, MD/ Rita Redberg, MD	4
5	Introduction of Panel	8
6	CMS Presentation and Presentation of Voting Questions	
7	Kimberly Smith, MD, MS	11
8	Presentations by Invited Guest Speakers	
9	Lynne Warner Stevenson, MD	19
9	Robert Kormos, MD	31
10	Keith Aaronson, MD, MS	37
10	David C. Naftel, PhD	58
11	James Kirklin, MD	62
11	Lynne Warner Stevenson, MD	80
12	Scheduled Public Comments	
13	Darrel J. Scott, FACHE	105
13	Jeffrey Teuteberg, MD	107
14	Francis Pagani, MD, PhD	114
14	Sean Pinney, MD	118
15	Wayne C. Levy, MD, FACC	121
15	Lee R. Goldberg, MD, MPH, FACC	127
16	Mariell Jessup, MD, FAHA	133
16	Open Public Comments	
17	Carmelo A. Milano, MD	139
18	Keyur B. Shah, MD	140
18	Scott C. Silvestry, MD	141
19	Margarita T. Camacho, MD	142
19	Questions to Presenters	143
20	Panel Discussion, Final Remarks and Voting Questions	
21		224

23

24

25

1 PANEL PROCEEDINGS

2 (The meeting was called to order at  
3 8:10 a.m., Wednesday, November 14, 2012.)

4 MS. ELLIS: Good morning and welcome,  
5 committee chairperson, vice chairperson,  
6 members and guests. I am Maria Ellis, the  
7 executive secretary for the Medicare Evidence  
8 Development and Coverage Advisory Committee,  
9 MEDCAC. The committee is here today to discuss  
10 the use of ventricular assist devices, VADs, as a  
11 clinical strategy for the management of heart  
12 failure.

13 The following announcement addresses  
14 conflict of interest issues associated with  
15 this meeting and is made part of the record.  
16 The conflict of interest statutes prohibit  
17 special government employees from participating  
18 in matters that could affect their or their  
19 employer's financial interests. Each member  
20 will be asked to disclose any financial

21 conflicts of interest during their  
22 introduction. We ask in the interest of  
23 fairness that all persons making statements or  
24 presentations disclose if you or any member of  
25 your immediate family owns stock or has another

5

1 form of financial interest in any company,  
2 including Internet or e-commerce organizations  
3 that certifies, accredits health care entities,  
4 or develops, manufactures, distributes and/or  
5 markets ventricular assist devices, artificial  
6 hearts or similar devices or is involved in  
7 oversight of their use. This includes direct  
8 financial investment, consulting fees and  
9 significant institutional support. If you  
10 haven't already received a disclosure  
11 statement, they are available on the table  
12 outside of this room.

13 We ask that all presenters please  
14 adhere to their time limits, we have numerous  
15 presenters to hear from today and a very tight  
16 agenda and therefore, cannot allow extra time.  
17 There is a timer at the podium that you should  
18 follow. The light will begin flashing when  
19 there are two minutes remaining and then turn

20 red when your time is up. Please note that  
21 there is a chair for the next speaker and  
22 please proceed to that chair when it is your  
23 turn. We ask that all speakers addressing the  
24 panel please speak directly into the mic, and  
25 state your name.

6

1 For the record, the voting members  
2 present for today's meeting are Dr. Art  
3 Sedrakyan, Dr. Ralph Brindis, Dr. Mark Grant,  
4 Dr. Peter Heseltine, Dr. Curtis Mock,  
5 Dr. Jeffrey Rich, Dr. J. Sanford Schwartz and  
6 Dr. Robert Steinbrook. A quorum is present and  
7 no one has been recused because of conflicts of  
8 interest. The entire panel, including  
9 nonvoting members, will participate in the  
10 voting. The voting results will be available  
11 on our website following the meeting. I ask  
12 that all panel members please speak directly  
13 into the mics, and you may have to move the  
14 mics since we have to share.

15 This meeting is being webcast via CMS  
16 in addition to the transcriptionist. By your  
17 appearance you are giving consent to the use  
18 and distribution of your name, likeness and

19 voice during the meeting. You are also giving  
20 consent to the use and distribution of any  
21 personal identifiable information that you or  
22 others may disclose about you during today's  
23 meeting. Please do not disclose personal  
24 health information.

25 If you require a taxicab, there are

7

1 telephone numbers to local cab companies at the  
2 desk outside of the auditorium. Please  
3 remember to discard your trash in the trash  
4 cans located outside of this room.

5 And lastly, all CMS guests attending  
6 today's MEDCAC meeting are only permitted in  
7 the following areas of CMS single site, the  
8 main lobby, the auditorium, the lower level  
9 lobby and the cafeteria. Any person found in  
10 any area other than those mentioned will be  
11 asked to leave the conference and will not be  
12 allowed back on CMS property again.

13 And now, I would like to turn the  
14 meeting over to Dr. Jyme Schafer.

15 DR. SCHAFER: Thank you, Ms. Ellis. I  
16 am Jyme Schafer, the director of the Division  
17 of Medical and Surgical Services, Coverage

18 Analysis Group, Center for Clinical Standards  
19 and Quality here at CMS. I have no conflicts  
20 of interest.

21 A Medicare Evidence Development and  
22 Coverage Advisory Committee meeting is called  
23 when CMS would like independent expert advice  
24 for a decision based on the reasonable  
25 application of scientific evidence. We do not

8

1 currently have an open national coverage  
2 determination on ventricular assist devices.  
3 However, we do anticipate opening an NCD.

4 Unlike many previous MEDCACs, we do  
5 not have a formal technical assessment. We do  
6 have something a bit unusual to have, we have  
7 accumulated data from a registry associated  
8 with this NCD and we will be examining that  
9 data in relation to policy today. In addition,  
10 we have something else associated with this NCD  
11 which is also a bit unusual. We have a  
12 requirement that the Joint Commission have a  
13 disease-specific certification for the  
14 facilities, so we will be looking at this also  
15 today, this is within the NCD.

16 Thank you very much, and I would like

17 to thank already Dr. Redberg, our chair, our  
18 vice chair Dr. Sedrakyan, our distinguished  
19 panel, and of course our distinguished  
20 presenters, and now I will turn this over to  
21 Dr. Redberg.

22 DR. REDBERG: Thanks very much. I am  
23 Rita Redberg, I am a cardiologist and professor  
24 of medicine at the University of California  
25 San Francisco, and will chair this committee.

9

1 I have no conflicts of interest.

2 I just also want to add my thanks to  
3 all of the panel members for taking the time,  
4 and we are all looking forward to hearing from  
5 our guest panelists and our attendees as well.  
6 At this time I'm going to turn it over to Dr.  
7 Sedrakyan, and ask the panel to introduce  
8 themselves.

9 DR. SEDRAKYAN: Thank you very much,  
10 Rita. I'm Art Sedrakyan, I'm an associate  
11 professor of public health and cardiac surgery  
12 at Weill Cornell Medical School, and am also  
13 the director of the patient-centered  
14 comparative outcomes research program at  
15 Cornell. I have no conflicts of interest to

16 disclose.

17 DR. BRINDIS: I'm Ralph Brindis, I'm a  
18 clinical professor of medicine at UCSF, and am  
19 past president of the American College of  
20 Cardiology, and I have no conflicts.

21 DR. GRANT: I'm Mark Grant, I'm the  
22 director of technology assessment at the  
23 Technology Evaluation Center, Blue Cross Blue  
24 Shield Association, and I have no conflicts of  
25 interest.

10

1 DR. HESELTINE: I'm Peter Heseltine.  
2 I'm a professor of clinical medicine at the  
3 University of California Irvine, and also chief  
4 medical officer at Prometheus Laboratories in  
5 San Diego. I have no conflicts of interest.

6 DR. MOCK: I'm Curtis Mock, I'm  
7 certified in family medicine and geriatrics.  
8 I'm a senior medical director with  
9 UnitedHealthCare.

10 DR. REDBERG: I'm sorry, do you have  
11 any conflicts?

12 DR. MOCK: I have no conflicts.

13 DR. RICH: Jeff Rich, I'm a practicing  
14 cardiac surgeon at Sentara Healthcare in

15 Norfolk, Virginia. I'm also the current  
16 president of the Society of Thoracic Surgeons.  
17 I have no conflicts.

18 DR. SCHWARTZ: Sandy Schwartz. I'm a  
19 professor of medicine and health management  
20 economics at the Medical School and Wharton  
21 School of the University of Pennsylvania, and I  
22 don't have any conflicts related to this topic.

23 DR. STEINBROOK: Robert Steinbrook,  
24 professor adjunct of internal medicine at the  
25 Yale School of Medicine. No conflicts of

11

1 interest to declare.

2 DR. FEINGLASS: Shamiram Feinglass. I  
3 am vice president for global medical and  
4 regulatory affairs for Zimmer. I work for  
5 industry but I have no conflicts in the field  
6 that we're considering today.

7 DR. DONOVAN: I'm Kevin Donovan, I'm  
8 the director of the Center for Clinical  
9 Bioethics at Georgetown, and I have no  
10 conflicts of interest.

11 DR. KORMOS: I'm Robert Kormos, I'm a  
12 professor of cardiothoracic surgery at the  
13 University of Pittsburgh and run the artificial

14 heart program, I have no conflicts of interest.

15 DR. PINA: I'm Ileana Pina. I'm a

16 heart transplant cardiologist and associate

17 chief of cardiology at Albert Einstein

18 Montefiore in the Bronx, and I'm a consultant

19 to the FDA in devices.

20 DR. REDBERG: Thank you very much.

21 I'm now pleased to introduce

22 Dr. Kimberly Smith from CMS to go over the

23 voting questions.

24 DR. SMITH: Thank you, good morning.

25 My name is Kim Smith, I'm a lieutenant

12

1 commander in the commissioned corps of the

2 Public Health Service and a medical officer in

3 the Coverage and Analysis Group here at CMS. I

4 will actually be covering two topics today,

5 first our current national coverage policy,

6 followed by the voting questions.

7 Medicare does currently have a

8 national coverage determination which we often

9 refer to as an NCD on this topic. For those of

10 you who would like to look into this in more

11 detail, that can be found in the document

12 entitled Artificial Hearts and Related Devices

13 in Section 20.9 of the NCD manual. This policy  
14 encompasses ventricular assist devices for  
15 three different indications, for postcardiotomy  
16 or patients following open heart surgery, for  
17 bridge-to-transplant, and for destination  
18 therapy. We'll cover these last two  
19 indications in a little bit more detail here.

20 It also covers artificial hearts both for  
21 bridge-to-transplant and for destination  
22 therapy.

23 Within the policy we do have the  
24 following definition: A ventricular assist  
25 device (VAD) or left ventricular assist device

13

1 (LVAD) is surgically attached to one or both  
2 intact ventricles and is used to assist a  
3 damaged or weakened native heart in pumping  
4 blood.

5 For bridge-to-transplant we must  
6 actually meet three criteria per our current  
7 coverage policy. The device that's implanted  
8 must be FDA-approved for bridge-to-transplant,  
9 the patient must be listed for heart  
10 transplant, and if the device is going to be  
11 implanted at a center other than the heart

12 transplant listing center, the implanting  
13 center must receive written permission from the  
14 transplant center to implant the device. Those  
15 are the three criteria for us to cover the  
16 device under the bridge-to-transplant  
17 requirement.

18         We also cover these devices as  
19 destination therapy. Similar to  
20 bridge-to-transplant, destination therapy  
21 requires that the device be FDA-approved for  
22 that indication, but there are also additional  
23 facility criteria as well as patient selection  
24 criteria for coverage as destination therapy.

25         Facility criteria include having at

14

1 least one team member with experience  
2 implanting at least ten VADs or artificial  
3 hearts over the previous 36 months; membership  
4 in the Interagency Registry for Mechanically  
5 Assisted Circulatory Support or INTERMACS, you'll  
6 hear much more about that registry as the morning  
7 progresses; they must be certified by the Joint  
8 Commission under their disease-specific  
9 certification program for ventricular assist  
10 devices; and the facility must have staff and

11 procedures in place for appropriate informed  
12 consent of patients.  
13       As I said, there are additional  
14 patient selection criteria for destination  
15 therapy. The patient must have New York Heart  
16 Association Class IV chronic heart failure,  
17 they must not be a candidate for transplant,  
18 and they must meet additional specific clinical  
19 criteria. These include failure to respond to  
20 optimal medical management for at least 45 of  
21 the last 60 days, or they must be balloon pump  
22 dependent for the past seven days, or IV  
23 inotrope dependent for 14 days. In addition,  
24 they must have a left ventricular ejection  
25 fraction of less than 25 percent and functional

15

1 limitation with a peak oxygen consumption of  
2 less than or equal to 14 milliliters per  
3 kilogram per minute unless they're balloon pump  
4 dependent, inotrope dependent, or unable to  
5 perform the test.

6       So, onto the voting questions for  
7 today. This is the scale that will be used for  
8 all of the voting questions put before the  
9 panel. The scale ranges from one to five with

10 one being low confidence and five being high  
11 confidence.

12 Voting question number one: How  
13 confident are you that there's adequate  
14 evidence that specific patient criteria can be  
15 used to prospectively identify clinically  
16 meaningful changes in health outcomes, either  
17 improved, equivalent or worsened, that are  
18 likely to be experienced by patients who  
19 receive a VAD in addition to optimal medical  
20 therapy compared with optimal medical therapy  
21 alone?

22 There are a couple definitions in that  
23 question that we have loosely defined for the  
24 purposes of this meeting. Health outcomes of  
25 interest to CMS specifically are clinically

16

1 meaningful changes in mortality, adverse  
2 events, patient function and quality of life.

3 We have defined optimal medical  
4 therapy as treatment of contributing  
5 comorbidities, the standard lifestyle  
6 modifications that you would expect for this  
7 population, including dietary intervention,  
8 optimization of medical management,

9 pharmacotherapy, and appropriate use of other  
10 devices that are common in this population,  
11 including implantable cardiac resynchronization  
12 devices, cardioverters-defibrillators or  
13 pacemakers.

14 For this first question on patient  
15 selection criteria we have some discussion  
16 questions for the panel as well.

17 A, if there is at least intermediate  
18 confidence, mean on the scale of greater than  
19 or equal to 2.5 for question one, what  
20 prospective patient criteria predicts, one,  
21 clinically meaningful improvement in health  
22 outcomes; two, equivalent health outcomes;  
23 and/or three, clinically meaningful worsening  
24 of health outcomes.

25 B, do these criteria vary if the

17

1 intended use of the VAD at the time of implant  
2 is, one, bridge-to-transplantation, or two,  
3 destination therapy?

4 The second voting question is: How  
5 confident are you that there is adequate  
6 evidence that one or more facility and/or  
7 operator characteristics predict meaningful

8 improvements in health outcomes for patients  
9 who receive a VAD in addition to optimal  
10 medical therapy compared with optimal medical  
11 therapy alone?

12 This question also has discussion  
13 questions. A, if there is at least  
14 intermediate confidence, mean score greater  
15 than or equal to 2.5 in question two, what  
16 facility and/or operator characteristics  
17 predict clinically meaningful improvements in  
18 health outcomes?

19 B, please discuss the role, if any, of  
20 facility VAD-specific certification to assure  
21 attainment and maintenance of any  
22 characteristics identified in question 2.A.

23 And C, please discuss the role, if  
24 any, of the heart team concept in the  
25 management of patients who receive a VAD. The

18

1 heart team concept we have defined as a  
2 cohesive multidisciplinary team of medical  
3 professionals which embodies collaboration and  
4 dedication across medical specialties to offer  
5 optimal patient-centered care.

6 Voting question number three: How

7 confident are you that these conclusions are  
8 generalizable to the Medicare beneficiary  
9 population?

10 And the discussion question for voting  
11 question three is, which conclusions are likely  
12 or unlikely to be generalizable to the Medicare  
13 beneficiary population?

14 And then lastly, voting question  
15 number four: How confident are you that  
16 clinically significant evidentiary gaps remain  
17 regarding the use of VAD? And for discussion,  
18 if there is at least intermediate confidence,  
19 mean score of greater than or equal to 2.5 in  
20 question four, please discuss any significant  
21 gaps identified and how CMS might support their  
22 closure.

23 And with what, I'll turn it back over  
24 to Dr. Redberg.

25 DR. REDBERG: Thank you very much, and

19

1 I just wanted to introduce Dr. Faught before we  
2 start.

3 DR. FAUGHT: Yes, thanks. My name is  
4 Edward Faught, I'm a professor of neurology at  
5 Emory University.

6 DR. REDBERG: Please state if you have  
7 any conflicts.

8 DR. FAUGHT: No conflicts of interest.

9 DR. REDBERG: Thank you very much.  
10 We're pleased now to start the presentations  
11 with Dr. Lynne Warner Stevenson, who is  
12 professor of medicine at Harvard Medical  
13 School, and director of the heart failure  
14 program at Brigham and Women's Hospital.  
15 Dr. Stevenson.

16 DR. STEVENSON: Thank you very much.  
17 I'm very pleased to have a chance to review and  
18 reflect on the progress that we've made and the  
19 questions that remain in mechanical circulatory  
20 assist devices. I have no financial conflicts,  
21 I have no financial relationships with any  
22 industry, and I'm pleased to announce that we  
23 have tested the system this morning and found  
24 that CMS is completely impervious to the  
25 introduction of outside information on memory

1 sticks. So I will ask your indulgence, because  
2 the version of the slides that we're talking  
3 about this morning is not the final, but I hope  
4 I will be able to communicate the appropriate

5 information for you.

6       What I would like to review is several  
7 things to give you a background in heart  
8 failure for our panel and for our audience, who  
9 bring many different specialties to bear. I  
10 apologize if this is a confusing classification  
11 system for different stages of heart failure,  
12 which I'll try to walk you through. We'll talk  
13 about the general ingredients for medical  
14 therapy, the increasing complexity of medical  
15 therapy as heart failure progresses, what is  
16 reversible with mechanical support, and  
17 summarize the options for Stage D or refractory  
18 heart failure, and I have no relationships.

19       So first of all, the population with  
20 heart failure, there are about six million  
21 patients in the United States with heart  
22 failure. This is divided about evenly into  
23 patients with a low ejection fraction, a big  
24 weak heart, and patients with a preserved  
25 ejection fraction and a stiff heart. The only

1 patients that we're going to be discussing  
2 today are the half of the heart failure  
3 patients with a low ejection fraction, the big

4 weak heart as shown in the top. And just for  
5 reference, the average age is 74 years old.

6 So if we look at the common causes of  
7 this, previous heart attacks are the most  
8 common cause. Dilated cardiomyopathy comes  
9 close, and that can be due to viral infection;  
10 genetic causes; toxins such as chemotherapy and  
11 alcohol, idiopathic, meaning we really don't  
12 know, which is a large proportion of this; and  
13 also structural heart disease, valve disease  
14 and general heart disease.

15 So let's get into this classification  
16 issue. We begin with the New York Heart Class,  
17 which basically describes symptoms, going from  
18 Class I to IV, and we used that classification  
19 when all we had to treat were medicines for  
20 symptoms, and so we focused on symptoms,  
21 Class I meaning being able to do almost  
22 anything, Class II being limited with less than  
23 maximal exertion, Class III as being limited  
24 with less than ordinary exertion but able to do  
25 routine daily activities, Class IV meaning

1 being limited at rest or limited with minimal  
2 exertion such as activities of daily living.

3 Now that's what we use, and patients can go  
4 back and forth, so that you can be IV one day,  
5 III the next day, depending on medical therapy.

6 Then the next classification system of  
7 the ACC/AHA stages arose when we had therapy  
8 now to actually decrease disease progression  
9 even before there were symptoms, so then this  
10 different stage came up, and in these stages  
11 you only go in one direction. So once you ever  
12 have symptoms, you can't go back to an  
13 asymptomatic stage. And most important for  
14 today, once you develop Stage D, those are  
15 Class IV symptoms that are refractory to  
16 optimal medical therapy, and in general we  
17 assume once you're there, you don't go back.  
18 Now you can have Class IV symptoms and be in  
19 Stage C and still be able to go back and forth,  
20 but once you can no longer be treated and have  
21 a better symptom class, then you are Stage D or  
22 refractory Class IV symptoms.

23 Now, then when we developed therapy  
24 further, when we had a new therapy for these  
25 Class IV Stage D patients, now we have to

1 divide yet again and come up with another

2 classification to describe different levels of  
3 these refractory patients, and that's where the  
4 INTERMACS profiles come up that you'll hear  
5 about today. These integrate the severity and  
6 tempo of disease so that we can better  
7 understand different levels of the Stage D or  
8 Class IV patient.

9       Now the cornerstones of medical  
10 therapy for Stage C, symptomatic heart failure,  
11 include medications which have a remarkably  
12 broad extent of safety and efficacy. These are  
13 ACE inhibitors and ARBs, beta blockers,  
14 diuretics as needed to control fluid retention,  
15 and almost virtually everybody would be on  
16 these with symptomatic heart failure.

17       Now for selected patients there are  
18 rhythm devices, implantable defibrillators  
19 which can prevent sudden death, and cardiac  
20 resynchronization therapy, which is special  
21 pacing which improves synchronization of the  
22 heart, also called BiV and CRT. There are  
23 other medical therapies which are adjunctive in  
24 selected patients, aldosterone antagonists and  
25 hydralazine nitrates.

1           Now this becomes very complicated when  
2 we actually look at patients who move to the  
3 more severe forms of disease. As we move from  
4 mild to moderate to severe and into Stage D,  
5 you can see that we have these therapies here,  
6 but as patients become sicker, in fact many of  
7 them don't tolerate some of the cornerstones of  
8 medical therapy, so it becomes quite a complex  
9 combination of adding and subtracting  
10 therapies, so it is not possible to say this is  
11 optimal for any given patient who has severe  
12 symptoms or is in Stage D.

13           I was going to show you some pictures  
14 of heart failure, the classic Netter pictures,  
15 but I will just explain to you what it is like  
16 to have heart failure. Patients can be very  
17 short of breath, that's usually the most common  
18 crippling symptom that can prevent them from  
19 breathing at night. This can cause often  
20 crippling disability doing any minor activity  
21 like trying to get dressed in the morning,  
22 often severe fatigue.

23           Patients can develop symptoms of what  
24 we call right-sided heart failure, which is  
25 where they have a lot of peripheral edema that

1 can be very uncomfortable, abdominal congestion  
2 which can not only cause discomfort but limit  
3 the ability to eat and to be nourished. This  
4 is truly one of the most agonizing clinical  
5 pictures that we see, very difficult for  
6 patients to have a quality of life that is  
7 acceptable.

8       Now one of the things that we look at  
9 when a patient progresses into Stage D is what  
10 parts of this would be reversible if you could  
11 adequately support the hemodynamics and the  
12 left heart failure, in fact, one can reverse  
13 pretty easily with the kind of mechanical  
14 support that Dr. Smith talked with you about,  
15 and the secondary pulmonary hypertension, the  
16 high pressures in the pulmonary system can  
17 usually be improved with the support.

18       The right heart failure is difficult  
19 to predict because there is a component that  
20 can be reversed when you support the left side,  
21 but the degree to which the right heart has  
22 begun to fail can sometimes be unpredictable as  
23 to how much better we can make this with left  
24 ventricular support, and you'll hear a great  
25 deal about this as we go into the results of

1 VADs.

2       And particularly when we look at  
3 kidney dysfunction, liver dysfunction and  
4 malnutrition, we hope those things get better  
5 with left ventricular support, but they don't  
6 always. Other things are the deconditioning  
7 and frailty that develops, it's difficult to  
8 predict the degree to which that will improve  
9 in someone on left ventricular support, to the  
10 point where they might then become eligible for  
11 a therapy like transplantation.

12       One of the most difficult challenges  
13 we face outside the medical issues is the  
14 exhaustion of the personal and family  
15 relationships and coping mechanisms, as well as  
16 financial resources, that can certainly limit  
17 the potential for future rehabilitation.

18       So how much of this is reversible?

19 With transplant, with mechanical support, will  
20 it be reversible early enough for good outcomes  
21 and complete enough for meaningful  
22 rehabilitation? Even the best answer that we  
23 can come up with, we have to be honest about  
24 this, is only an experienced guess. We  
25 anticipate the known, the known unknown and the

1 unknown unknown, and recognize that we never  
2 are going to know for sure what will happen  
3 with any individual patient.

4       And just to emphasize again, the left  
5 ventricle is only half of the problem. There's  
6 a lot of discussion, and you'll hear about  
7 that, because the devices support only the left  
8 heart, and we have to worry about the right  
9 half.

10       Our options for Stage D therapies,  
11 continued vigilance to relieve symptoms of  
12 fluid retention with the combination therapies,  
13 intravenous inotropic therapy, transplantation,  
14 mechanical circulatory support, and a focus on  
15 symptom palliation for quality of life through  
16 the end of life, which is in fact what is  
17 appropriate for most patients. There's poor  
18 survival with continuous home inotropic  
19 therapy, as shown here in multiple series  
20 reviewed, it's less than a 25 percent one-year  
21 survival. So this is not a therapy that we  
22 consider to be a viable therapy, it is a  
23 therapy that we use really just for palliation.

24       For transplantation, I think most of

25 the people know here that the results are

28

1 excellent. We basically have a ten-year  
2 survival now that is better than 50 percent,  
3 but of course the applicability is very limited  
4 by the number of donor hearts. It's been said  
5 that transplant is the answer to heart failure  
6 the way that the lottery is the answer to  
7 poverty.

8 This is partly why we've turned to the  
9 mechanical support, and I'm just going to  
10 briefly mention the INTERMACS profiles here,  
11 you'll hear a great deal about this. As I  
12 said, these have evolved to help us  
13 characterize in a more granular fashion those  
14 patients who had previously been characterized  
15 as Class IV. There's INTERMACS Level 1, which  
16 is crash and burn; INTERMACS Level 2, which is  
17 the patients who are sliding fast on inotropic  
18 and perhaps other therapy as well; INTERMACS  
19 Level 3, stable but inotrope-dependent, either  
20 at hospital or at home. And then we move into  
21 Class IV symptoms at home on oral therapy, or  
22 patients who have Class IV symptoms but are  
23 comfortable at rest, and we consider them

24 housebound.

25 Just to review, as Kim Smith

29

1 elucidated, the patients all meet current CMS  
2 indications for VADs, 1, 2 and 3, and 4 and 5  
3 will also meet it if they've have the symptoms  
4 for 45 of 60 days and if they have an exercise  
5 peak VO<sub>2</sub> that's less than 14.

6 So in terms of the therapies that we  
7 are left with after these, hospice is something  
8 that we are increasingly using, this is a study  
9 from the Medicare database from Pennsylvania  
10 and New Jersey, showing that there is a gradual  
11 increase in the use of hospice at endstage  
12 heart failure, we're actually a long way behind  
13 the use of this for cancer patients as shown  
14 here, but considerable progress has been made  
15 for this.

16 Because of this interplay between the  
17 therapies that we offer patients, it's very  
18 important that there be a palliative care  
19 program integrated into every place that offers  
20 ventricular assist devices. This is data from  
21 several years ago from Diane Meier,  
22 demonstrating that the vanguard VAD centers in

23 fact already had an integrated palliative care  
24 program as shown by those stars in red across  
25 the country.

30

1 So just to conclude, I hope I've given  
2 you a bit of heart failure background in order  
3 to better understand the things that we will be  
4 talking about this morning. I apologize again  
5 for the confusing classification symptoms for  
6 different stages of heart failure, the general  
7 ingredients for medical therapy, how that  
8 becomes increasingly complex as heart failure  
9 progresses, such that it's not possible to say  
10 specifically what optimal medical therapy is  
11 for any one patient, raised the questions of  
12 what is reversible with support, and listed the  
13 options for Stage D refractory heart failure.

14 DR. REDBERG: Thank you,  
15 Dr. Stevenson, that was a very clear  
16 presentation of what is clearly a complex field  
17 in classification. I will say, we can take  
18 only after all the speakers present any very  
19 brief clarifying questions, but there is time  
20 later in the day for an hour of discussion and  
21 questions for the speakers.

22 Next is Dr. Robert Kormos, who is  
23 professor of surgery at the University of  
24 Pittsburgh Medical Center, and he is the  
25 director of the artificial heart program and

31

1 codirector of heart transplantation.

2 Dr. Kormos.

3 DR. KORMOS: Thank you and good  
4 morning. I have been asked by CMS to provide a  
5 brief summary of what the field of mechanical  
6 circulatory support really is, and I first want  
7 to acknowledge that we don't like to duplicate  
8 efforts, it's always important that we take  
9 advantage of our partners in crime, and so a  
10 lot of what I'm going to show you is courtesy  
11 of Dr. Frank Pagani, who did a wonderful job in  
12 organizing some of this information. The  
13 first --

14 DR. REDBERG: Dr. Kormos, if you don't  
15 have any conflicts, would you state that?

16 DR. KORMOS: Yes, I'm sorry. I do not  
17 have a conflict of interest. The first thing I  
18 would like to do is help you understand the  
19 terminology and the classification of  
20 mechanical circulatory support, and we can look

21 at four boxes here. In the upper left it  
22 describes the ventricle that's supported, and  
23 this is either the left, the right, or both,  
24 and in some cases the total artificial heart  
25 where appropriate. Next in the top right panel

32

1 you see the anatomical position of the device,  
2 which can exist completely outside the body  
3 through percutaneous connections or it could be  
4 completely inside the body except for some of  
5 the electronic components and batteries. We  
6 also have devices that are paracorporeal which  
7 involve both portions of the pump sitting  
8 outside the body and connections inside that  
9 require full surgery, and then of course the  
10 orthotopic total heart.

11 We also could look at the intended use  
12 and some of this will come out in further  
13 discussions this morning, but you can look at  
14 the duration of support which can be very  
15 short, days or weeks where the patient remains  
16 in the hospital, or long-term durable support  
17 which is really meant to allow the patient to  
18 go home and live with the technology. We can  
19 also look at the indications which will be

20 discussed further, but currently  
21 bridge-to-transplant, bridge-to-recovery and  
22 destination therapy form the cornerstones of  
23 the therapy.

24 We could also look at pumping  
25 mechanism, which is either pulsatile or

33

1 continuous flow, and in the pulsatile systems  
2 these are electronically or pneumatically  
3 driven. On the continuous flow pumps, these  
4 are either broken down into axial flow devices  
5 which are a rotor that is supported by  
6 bearings, or could have magnetic suspension, or  
7 a centrifugal design where it's a little more  
8 complicated, and there's either a passive or  
9 active magnetic levitation system.

10 Another way to quickly look at this is  
11 to look at the continuous flow devices over on  
12 the left-hand side, the pulsatile devices on  
13 the right, and in the white box in the center  
14 you see the short-term devices which we're not  
15 going to discuss today, but the longer-term  
16 devices required surgical implantation at this  
17 period of time.

18 This is an example of a paracorporeal

19 device, the Thoratec percutaneous paracorporeal  
20 device. This is a device where you can see the  
21 connections are to the left ventricle on the  
22 first panel, the LVAD, biventricular support as  
23 a surrogate for the total artificial heart on  
24 the middle panel. And this is a CT scan, again  
25 showing you the connections of the LV inflow to

34

1 the aorta for the left-sided pump, and the RA  
2 or right atrial inflow into the pulmonary  
3 artery for the right-sided device.

4 Now when we move to the field of  
5 long-term or durable device, which is what  
6 you're going to hear a lot about when we  
7 discuss INTERMACS data and we look at other of  
8 the more current devices used for  
9 bridge-to-transplant or destination, we're  
10 really looking at devices that have a  
11 durability for somewhere between two, three to  
12 five years.

13 These are intracorporeal, they require  
14 operative placement. There may be some  
15 minimally invasive techniques that are  
16 applicable, but for the most part they require  
17 full cardiopulmonary bypass. These devices are

18 designed both for bridge-to-transplantation and  
19 destination therapy and they essentially allow  
20 hands free or untethered mobility for up to 12  
21 hours a day because of battery support. This  
22 distinguishes the paracorporeal systems which  
23 require a controller that you take with the  
24 patient that provides an air system or  
25 electrical. It also should require minimum

35

1 frequent battery changes to allow good quality  
2 of life. And most importantly, this allows for  
3 home discharge.

4 This is an example of an axial flow  
5 device which has been approved for both  
6 bridge-to-transplant and destination therapy,  
7 the HeartMate II device. And to understand  
8 once again this device, which as Lynne has  
9 pointed out, supports the left side of the  
10 heart. It acts as a parallel pump, draining  
11 blood from the left ventricle and returning it  
12 to the ascending aorta in the chest.

13 The advantages of a pump like this is  
14 there are no valves, there is no flexing  
15 diaphragm as in a pulsatile system, and it  
16 allows you, therefore, to get more complex with

17 the types of power supply, and this again is a  
18 CT scan of that type of device in place.

19 The continuous flow pumps with axial  
20 design include the Thoratec HeartMate II, the  
21 Jarvik 2000 FlowMaker, and MicroMed are  
22 awaiting FDA approval.

23 In the centrifugal design we have the  
24 HeartWare device shown at the top, and the  
25 EvaHeart, which is also under clinical

36

1 investigation. The advantage of this device is  
2 it's completely within the chest and this has,  
3 no pun intended, revolutionized the field  
4 because of the shortened operative time and it  
5 allows the benefit of not having to do  
6 extensive dissection for the pocket, and again,  
7 the CT scan.

8 So in conclusion, I think current  
9 mechanical circulatory support system options  
10 with durable devices first and foremost require  
11 traditional open heart surgery techniques, thus  
12 opening up the plethora of adverse events and  
13 complications that are associated with open  
14 heart surgery. Considerations have to be made  
15 for other acquired abnormalities of the heart,

16 such as patent foramen ovale, tricuspid valve  
17 abnormalities and aortic valve insufficiency.  
18 And typical perioperative adverse events, which  
19 are complex and need to be separated from  
20 adverse events of the device itself, include  
21 those of bleeding, arrhythmia, right heart  
22 failure and infection, which are indeed  
23 commonplace in the field. Thank you.

24 DR. REDBERG: Thank you very much, Dr.  
25 Kormos. Next we'll have Dr. Keith Aaronson,

37

1 professor of medicine at the University of  
2 Michigan Health Systems and medical director of  
3 the Heart Failure Program.

4 DR. AARONSON: Good morning, everyone,  
5 and thank you for inviting me to speak to you  
6 today. I'm a cardiologist at the University of  
7 Michigan. As said, I'm speaking on behalf of  
8 CMS. I don't own stock or have any formal  
9 financial interest in any company. I have  
10 received speaking fees and research grant  
11 support from HeartWare, and I don't currently  
12 serve on, nor have I previously served on any  
13 other advisory committees or panels that  
14 considered this topic.

15           So I will review, start off with a  
16 review of devices with one or more pivotal U.S.  
17 trials, then review planned studies of full  
18 support devices briefly, and then even more  
19 briefly, planned studies of partial support  
20 devices. I will be talking about survival,  
21 adverse outcomes, quality of life and exercise  
22 capacity. This presentation will be largely  
23 limited to U.S. pivotal trials and their  
24 continuous access programs. I will be speaking  
25 about published data only except I believe once

38

1 when noted, and generally will be avoiding  
2 INTERMACS data, as that will be a subject of a  
3 longer presentation to follow, but there will  
4 be a little bit.

5           So, these are VADs with FDA-approved  
6 indication or published pivotal trials. I  
7 mention for historical purposes only the  
8 HeartMate XVE, a pulsatile device that was  
9 approved both for bridge-to-transplant and  
10 destination therapy, Dr. Kormos showed a  
11 picture of it a little while ago. This is  
12 really for historical purposes at this point  
13 because it's no longer produced or sold.

14 The HeartMate II, also shown, is  
15 approved both for BTT and destination therapy,  
16 and most of the data that I will show this  
17 morning are from that device. There's the  
18 HVAD, Dr. Kormos showed that near the end of  
19 the presentation, it's another continuous flow  
20 device. The FDA  
21 recommended its approval in April, it is not  
22 yet approved by the FDA, there's a destination  
23 therapy trial in progress comparing the HVAD to  
24 the HeartMate II, the details are there, and  
25 follow-up continues.

39

1 These are results for the HeartMate II  
2 study, I'm sorry, for the HeartMate II device  
3 for bridge-to-transplant looking at survival.  
4 There are four studies which I will largely  
5 refer to by the names of the first author. The  
6 Miller study looked at the pivotal trial  
7 population, the primary cohort of that study  
8 showed a 68 percent survival. The Pagani paper  
9 included that similar cohort as well, as well  
10 as about the first half of their continued  
11 access program, so about twice the number of  
12 patients and nominally higher survival, 74

13 percent. The Starling paper is the  
14 post-approval study as directed by FDA; these  
15 data were collected through INTERMACS and  
16 showed an 85 percent one-year survival. And  
17 then finally, the John paper included data on a  
18 large commercial group, commercial implants,  
19 and that's the most recent implant group from  
20 2008 to 2010, and again, it showed an 85  
21 percent one-year survival for the commercial  
22 group.

23         If we contrast clinical  
24 characteristics in the first paper, the pivotal  
25 trial by Miller, and the commercial experience

40

1 published by John, you see that age is a little  
2 bit higher in the commercial experience group,  
3 but the sex breakdown, the New York Heart  
4 Association severity in these studies are  
5 similar.

6         Looking at baseline hemodynamics and  
7 laboratory values, the hemodynamics are fairly  
8 similar between the two groups, perhaps a  
9 little more favorable in the commercial group,  
10 blood pressure is a little more higher, again,  
11 positive prognostically in the commercial

12 group. The BUN is a little bit lower but AST  
13 is higher, bilirubin is higher and serum sodium  
14 is a little higher. So things suggesting a  
15 somewhat better and somewhat worse prognosis,  
16 no clear pattern emerges.

17 Looking at concomitant medications or  
18 interventions, there's some limited data for  
19 the commercial group, but the one thing that  
20 does stand out is the percentage of patients on  
21 balloon pumps is substantially lower in the  
22 commercial group.

23 If one looks at this device, HeartMate  
24 II, with respect to destination therapy, the  
25 Slaughter paper examined results of the pivotal

41

1 trial's primary cohort, 134 patients with  
2 one-to-two-year survival of 68 and 58 percent.  
3 Subsequently Park published a paper where the  
4 results for that group were compared to the  
5 roughly first half of their continued access  
6 protocol of patients, and in that second group  
7 of patients one-to-two-year survival were  
8 nominally higher at 73 and 63 percent, although  
9 that difference was not statistically  
10 significant.

11           They term these two groups the early  
12 trial and the mid trial, so it's the primary  
13 cohort versus the first half of the CAP in the  
14 second and third columns. Again, comparing the  
15 groups, there's no significant difference in  
16 age, sex, etiology, the New York Heart  
17 Association class. And running through these  
18 baseline hemodynamics and laboratory values,  
19 again, no differences between the two groups,  
20 nor were there differences in concomitant  
21 medications or interventions.

22           With the HeartWare ventricular assist  
23 device, the HVAD, as I mentioned, this has been  
24 studied, published data for  
25 bridge-to-transplant, and that studied the

42

1 primary cohort, collected fairly recently in,  
2 between 2008 to 2010. There was 86 percent  
3 one-year survival. We are presenting data here  
4 that are not published from the manufacturer,  
5 showing that combining that primary cohort data  
6 with the continued access program data, out of  
7 332 patients, one-year survival is 84 percent.

8           This shows you that there has been  
9 improving survival in the LVAD trials over

10 time. As you look from the bottom to the top  
11 on the right, the things that you will note is  
12 that the bridge-to-transplant studies appear at  
13 the top of the slide overall, so better  
14 survival in general for the  
15 bridge-to-transplant population, and also  
16 better survival with time as a temporal trend.

17 If one looks at studies in which data  
18 are available, that would be the HeartMate II  
19 bridge-to-transplant post-approval studies  
20 collected through INTERMACS, the HeartMate II  
21 DT commercial study, again collected through  
22 INTERMACS, and the HVAD bridge-to-transplant  
23 pivotal population in which INTERMACS profiles  
24 were collected. You see that there's a trend  
25 towards less INTERMACS profile 1 patients,

43

1 those are the so-called crash and burn  
2 patients, the sickest of the group. There is a  
3 shift to more patients relative in Class II,  
4 and then as you move to HVAD -- profile 2 --  
5 and as you move to the HVAD  
6 bridge-to-transplant trial, a further shift  
7 toward more profile 3 patients. Looking at  
8 profiles 4 through 7, it's slightly under 20

9 percent in all these trials, enrolled patients  
10 who were in profiles 4 through 7.  
11 With regard to the effect of  
12 patient-specific characteristics on survival,  
13 these next two slides show the effect of  
14 gender, and this is showing for the  
15 bridge-to-transplant indication, HeartMate II  
16 survival was similar for men and for women, and  
17 this is from an abstract that was just  
18 submitted showing that bridge-to-transplant  
19 survival was similar for men and women with the  
20 HVAD as well.

21 Now turning to patient and center  
22 characteristics influencing survival, we  
23 present the HeartMate II risk score. This was  
24 presented -- this is soon to be published --  
25 that was presented at the heart-lung transplant

44

1 meeting earlier this year. The goals of this  
2 study were to derive and validate a risk model  
3 for predicting short- and long-term survival  
4 following implantation of the HeartMate II.  
5 The data were the clinical trial data from  
6 bridge-to-transplant and destination therapy  
7 studies with this device, a total of 1,122

8 patients. Patients were prospectively divided  
9 randomly into a derivation and a validation  
10 cohort for the model, and multivariate analyses  
11 were performed to identify risk factors  
12 following LVAD implantation, so these were all  
13 pre-implant risk factors. And you see that as  
14 INR is higher, as creatinine is higher and as  
15 age is greater, the risk for death after  
16 implant goes up. Conversely, the better the  
17 albumin, the higher the albumin, the lower the  
18 risk. Within the period of time in this trial,  
19 if you were implanted later in the study you  
20 had a lower risk of death, and if your LVAD  
21 center volume was 15 or greater during the  
22 trials, you had about half the risk of dying,  
23 patients had half the risk of dying.

24       Looking at the derivation and  
25 validation cohorts, you see that the risk

45

1 groups were statistically significantly  
2 different in both cohorts, and that the low  
3 risk group was associated with a relatively  
4 favorable outcome. If we look at patients over  
5 65, a group that would be relevant to this  
6 panel, we see that survival for the low risk

7 cohort at 12 months was 92 percent versus 81  
8 percent in the medium risk group, and certainly  
9 it was lower, around 60 percent in the high  
10 risk group.

11 Now I want to speak about quality of  
12 life and functional capacity. This is from the  
13 HeartMate II destination therapy program, again  
14 comparing the early trials, the primary cohorts  
15 in the pivotal trial, the term mid trial here  
16 is the first half of the continued access  
17 program, and what's shown is the proportion of  
18 patients who are New York Heart Association  
19 Class I or II, that was zero at the start of  
20 the study and as you see, around 80 percent  
21 both for the early and mid trial cohorts at  
22 six, 12, 18 and 24 months. The number of  
23 patients who were available for evaluation is  
24 present at the bottom of the slide and  
25 obviously there's a survivor effect here in

46

1 that we're only judging the Heart Association  
2 classes in those who in fact survived.

3 This shows the overall summary score  
4 from the Kansas City Cardiomyopathy  
5 Questionnaire. This is a 21-item questionnaire

6 which received a score of zero to five in each  
7 of those 21 items, and the scores can range  
8 between zero and 105. Higher scores mean a  
9 better heart failure-related quality of life,  
10 and you see a dramatic and sustained  
11 improvement in the overall summary score for  
12 heart failure-related quality of life over the  
13 course of the study.

14 This displays six-minute walk distance  
15 for comparative valuation. Patients who do  
16 not, were not present for follow-up visits are  
17 not included. A value of zero was imputed for  
18 patients who could not perform for medical  
19 reasons. The number of patients evaluated is  
20 present at the bottom of the slide, and again,  
21 one sees a very large improvement in six-minute  
22 walk distance. To put this in context, the  
23 improvement in six-minute walk distance that's  
24 seen here with CRT therapy is about 35 to 40  
25 meters.

47

1 Now moving to the HVAD and its BTT and  
2 CAP evaluation, this has not yet been  
3 published, the EQ-5D, the EuroQol is a health  
4 utility measure, and the visual analog scale is

5 one of these thermometers from zero to a  
6 hundred, and you see that there's a 26-odd-  
7 point improvement in the EQ-5D scores, 62  
8 percent actual improvement, this is an enormous  
9 improvement in health utility, and similarly,  
10 an improvement in the KCCQ of around 30 points.  
11 Improvements in the KCCQ with medical therapies  
12 that have been shown to be effective in heart  
13 failure are generally on the order of five to  
14 ten points.

15 This shows improvements in six-minute  
16 walk distance with the HVAD and the same  
17 experience, and an improvement here of a little  
18 shy of 200 meters.

19 I now move on to adverse events. Here  
20 we display some of the major adverse events  
21 that occur with VAD therapy, the columns are  
22 the HeartMate II pivotal primary plus the CAP,  
23 or the Pagani paper, the HVAD pivotal primary  
24 plus CAP, which is yet unpublished, the  
25 HeartMate II destination therapy pivotal

48

1 primary data, and the pivotal CAP data.

2 You see that the number of patients at  
3 risk and the patients' years of follow-up

4 displayed in the second row. Pump replacement  
5 ranges from about .04 to .10 per patient year.  
6 Ischemic stroke in .05 to .09 per patient year,  
7 hemorrhagic stroke from .03 to .09. Hemolysis  
8 is reported in .02 to .06. LVAD-related  
9 infections remain a substantial problem. I  
10 will note that the rate appears to be higher in  
11 the primary DT cohort for the HeartMate II as  
12 compared to the bridge-to-transplant studies,  
13 but did come down substantially in the CAP  
14 studies with more experience. Sepsis as well  
15 remains an issue with rates from .23 to .38 per  
16 patient year, bleeding requiring surgery from  
17 .14 to .45, and right heart failure from .13 to  
18 .29. It certainly appears to be encouraging  
19 that the right heart failure appears to be  
20 lower in the later data.

21 I would note that the destination  
22 therapy studies have a lower rate and that's  
23 probably a function of patient selection. When  
24 we're doing destination therapy we don't have  
25 an out as we do with the bridge-to-transplant,

1 where we can use temporary right-sided support  
2 and then transplant that patient.

3           This compares the early to later  
4 experience with the HeartMate II destination  
5 therapy and you see that there are either  
6 statistically significant or positive trends  
7 toward less bleeding requiring transfusion,  
8 modestly less ischemic stroke with  
9 statistically significantly less hemorrhagic  
10 stroke, with driveline infection, sepsis, and  
11 non-device-related infections and less right  
12 heart failure.

13           I want to mention a couple of other  
14 major complications. RV failure post LVAD is a  
15 major source of morbidity and mortality after  
16 ventricular assist device implantation. The  
17 preimplant diagnosis is challenging. There's a  
18 lack of consensus regarding diagnostic  
19 criteria. RV failure after LVAD support can be  
20 acute, more common, more chronic, lead to a  
21 high mortality and substantial morbidity with a  
22 prolonged length of stay. There are a host of  
23 predictive tools but there's a great deal of  
24 room for improvement in those tools.

25           I will mention one here, the RV

1 failure risk score, you see the four elements

2 of that in the upper left, vasopressor  
3 requirement, elevation in liver enzymes,  
4 bilirubin, elevation in creatinine using, from  
5 the logistic regression models, there are  
6 points derived from the model for each of those  
7 characteristics. Once you combine them to a  
8 risk score on the bottom left you can see at  
9 the rightmost column there the likelihood ratio  
10 for right ventricular failure. So for the high  
11 risk group with a score of 5.5 or greater the  
12 likely ratio compared to the whole cohort is  
13 7.6, for the low risk group it's .49, so  
14 there's a 15-fold difference in risk for those  
15 two cohorts.

16       Since right ventricular failure is  
17 such a major possible morbidity or mortality,  
18 not surprisingly when we graph Kaplan-Meier  
19 survival for those three cohorts we see  
20 substantial differences in survival. We note  
21 that most or all the mortality here, or nearly  
22 all, was occurring in about the first three  
23 weeks.

24       Bleeding following left ventricular  
25 assist device implantation is a problem. The

1 incidence of nonsurgical bleeding post-LVAD  
2 occurs in about a third to half of patients,  
3 with the most common manifestation GI bleeding.  
4 About half of bleeds occur within two to four  
5 months of LVAD implant, and the bleeding does  
6 appear to be greater with continuous flow  
7 devices than pulsatile devices, and I would add  
8 that I wish we had updated that slide to see if  
9 that would be true of every continuous flow  
10 device.

11         The cause for increased bleeding  
12 includes the fact that these patients all  
13 require anticoagulation and antiplatelet  
14 therapy. There certainly are patients that are  
15 managed without each of those, and we generally  
16 suffer the consequences of doing that.

17         There is also an acquired bleeding  
18 diathesis because of this issue of von  
19 Willebrand factor multimers, this factor is  
20 created as a monomer and it's not biologically  
21 active, it combines to form multimers, but the  
22 sheer force of blood flowing through these  
23 devices at high RPMs, those von Willebrand  
24 multimers are both down.

25         There's also increased development of

1 AV malformations. We believe that's a function  
2 of the reduction in pulsatility that one sees  
3 with continuous flow devices, similar to what's  
4 been observed to a greater extent than what's  
5 been observed with aortic stenosis.

6 This is a study from Columbia showing  
7 that bleeding does increase with age, with  
8 increased age.

9 This is, this was presented by Stuart  
10 Russell from the HeartMate II clinical  
11 experience. You see a host of univariable  
12 predictors of GI bleeding on the right, and you  
13 see four multivariable predictors, increased  
14 age, lower albumin, female sex and ischemic  
15 etiology, all are associated with an increased  
16 risk of bleeding in the multivariable analyses.

17 I mentioned earlier that infection is  
18 a significant morbidity, as is, as are stroke  
19 and pump thrombosis, and pump thrombus and  
20 stroke are more likely to occur if there is an  
21 infection. So during a 14-day window around an  
22 infection, patients were four times more likely  
23 to have a hemorrhagic stroke, eight times more  
24 likely to have an ischemic stroke, and nine  
25 times more likely to experience a pump thrombus

1 event.

2       Aortic insufficiency can occur during  
3 LVAD support. I don't know if this cartoon is  
4 going to work if I click, no. But in any case,  
5 one can set up a vicious cycle where blood is  
6 returned from, taken from the left ventricle  
7 and returned to the ascending aorta and then it  
8 is generated back into the ventricle as a  
9 result of aortic insufficiency. And in this  
10 analysis from Columbia, the freedom from AI was  
11 lower in continuous flow pumps than in a  
12 pulsatile flow pump. There's my little  
13 cartoon.

14       There are a number of planned studies  
15 of full support VAD. The Jarvik 2000 is a  
16 continuous axial flow device. Pivotal study is  
17 in progress for bridge-to-transplant, actually  
18 the primary sample cohort was completed in May.  
19 A pivotal study is planned comparing, a  
20 randomized controlled trial comparing to the  
21 HeartMate II.

22       The HeartMate III, a continuous flow  
23 centrifugal pump, you see there the dates of  
24 studies planned in the U.S. and Europe for both  
25 BTT and DT indications.

1           The MVAD is a very small axial flow  
2 pump. Studies are planned with it in the  
3 pericardial position as well as a study of the  
4 same, essentially the same device on a long  
5 stalk in which it's placed across, through the  
6 apex across the aortic valve.

7           And then the DuraHeart II, a  
8 continuous centrifugal flow pump, has both BTT  
9 and DT pivotal studies planned.

10          There are also planned studies of  
11 partial support VADs. The Circulite, a Synergy  
12 pump, Circulite is a small axial flow pump  
13 providing partial support. There's a  
14 feasibility study planned for all three,  
15 bridge-to-transplant, destination therapy, and  
16 something we haven't talked about,  
17 bridge-to-decision patients.

18          As well as a study of another partial  
19 support device, the C-Pulse device, which is a  
20 device that provides counterpulsation by  
21 pulsing the aorta externally, and again,  
22 pivotal studies planned.

23          There are also ongoing or planned  
24 destination therapy studies for less advanced

1 is an observational study enrolling patients  
2 with New York Heart Association Class IIIB or  
3 Class IV who are not requiring inotrope, and  
4 REVIVE-IT will be a randomized clinical trial  
5 versus optimal medical management in selected  
6 New York Heart Association Class III patients,  
7 selected largely on the basis of the Seattle  
8 Heart Failure Model score and exercise  
9 capacity.

10 A little bit about ROADMAP, which is a  
11 prospective multicenter industry-sponsored  
12 nonrandomized controlled observational study to  
13 look at the effectiveness of the HeartMate II  
14 device versus optimal medical therapy. I  
15 mentioned the New York Heart Association class,  
16 not dependent on inotropic support, you have to  
17 meet FDA-approved indications. 40 centers, 12  
18 referring community sites, the target  
19 enrollment of 200. As of October 16th, 57  
20 patients were enrolled at 25 sites.

21 REVIVE-IT was awarded to the  
22 University of Michigan and University of  
23 Pittsburgh in response to an RFA from the

24 NHLBI. It's a pilot open-label randomized  
25 clinical trial testing the strategy of early

56

1 LVAD versus optimal medical management in  
2 patients not transplant eligible, ambulatory  
3 systolic heart failure Class III and up on  
4 medications, no inotropes. Seattle Heart  
5 Failure Model based estimates of survival,  
6 enrolling patients with an estimated one-year  
7 mortality expected to be 17 percent or higher.  
8 One-to-one randomization to each strategy,  
9 so patients in the medical management arm could  
10 receive an LVAD if they meet standard  
11 contemporary destination therapy criteria. It  
12 will be an intention to treat analysis. The  
13 screen failures will be entered into a  
14 registry. We estimate this will include as  
15 many as 2,500 patients and it will be  
16 evaluating prognostic information including  
17 biomarkers in this larger and more  
18 heterogeneous group, which I think will be of  
19 interest perhaps to this panel at a future  
20 date.

21 The primary outcome for REVIVE-IT will  
22 be evaluated at two years and include the

23 composite outcome of survival and freedom from  
24 disabling stroke defined as a Modified Rankin  
25 Scale score of three or greater, and an

57

1 improvement of six-minute walk distance by 75  
2 meters or greater from prerandomization  
3 baseline.

4       So in summary, durable implanted left  
5 ventricular assist devices have very high  
6 survival to transplant when used in the BTT  
7 indications. Survival when used for  
8 destination therapy is improving, likely as a  
9 result of better patient selection and  
10 management. Major adverse events include  
11 stroke, bleeding, infection, right heart  
12 failure, pump thrombus and aortic  
13 insufficiency, and in some of these we clearly  
14 have a long way to go. There are very large  
15 improvements in quality of life and functional  
16 capacity despite these adverse events, and  
17 there are studies planned in patients with less  
18 advanced heart failure with existing full flow  
19 devices as well as with partial flow devices.

20 Thank you very much.

21       DR. REDBERG: Thank you, Dr. Aaronson,

22 that was excellent.

23 Next we'll hear from Dr. James  
24 Kirklin, professor of surgery at the University  
25 of Alabama at Birmingham, and director of the

58

1 division of cardiothoracic surgery, and  
2 Dr. David Naftel, professor of surgery and  
3 professor of biostatistics at the University of  
4 Alabama at Birmingham.

5 DR. NAFTEL: Thank you for this  
6 opportunity for me to present the introduction  
7 to the INTERMACS registry. I'm speaking on  
8 behalf of a large team of researchers and I'll  
9 give the introduction, and then Dr. Kirklin  
10 will give the full results.

11 Under disclosures, it's important to  
12 note that INTERMACS was originally funded by  
13 NIH. We're now in a second funding period  
14 where the funding is a cost sharing approach  
15 with NIH, hospitals that participate and  
16 industry. Beyond that the specific  
17 disclosures, I will speak for Dr. Kirklin, he  
18 has none, and then I'm a statistical consultant  
19 to several of the companies.

20 So, this registry is a partnership of

21 the entire community of VAD, of MCSD  
22 professionals in the country, so we have CMS,  
23 NHLBI, FDA, and then we have a number of  
24 hospitals, we're up to 144, I believe, we have  
25 industry involved, and then a large community

59

1 of clinicians. The original contract started  
2 in 2005 and went for five years. Now we're in  
3 a second contract and we certainly have a  
4 long-term business plan to continue INTERMACS  
5 into the foreseeable future. As of a couple  
6 days ago we had 144 hospitals and over 8,000  
7 patients in this registry.

8 The goals of the registry have  
9 remained consistent throughout the whole time  
10 period and I believe they fit in very closely  
11 to the questions that have been posed to the  
12 panel. First of all, we're here to facilitate  
13 the refinement of patient selection to maximize  
14 outcomes with current and new devices. We  
15 attempt to identify predictors of good outcomes  
16 as well as risk factors for adverse events. We  
17 continue to work on developing consensus for  
18 best practice guidelines. We hope to and we've  
19 worked with companies to guide clinical

20 application and evolution of next generation  
21 devices, and then to specifically use registry  
22 information to guide improvement in technology.

23 The startup was relatively fast, it  
24 has picked up speed. The red line is the  
25 approved patients over the entire time period,

60

1 the blue line contains the cumulative hospitals  
2 across time. And the little dips that you see,  
3 that's in response to protocol revisions as we  
4 monitor the entire IRB process. INTERMACS has  
5 turned into a very large and we think a very  
6 good registry; however, we judge our registry  
7 by the same criteria that you would judge a  
8 clinical trial. We do everything we can to be  
9 like a clinical trial, knowing that we'll never  
10 meet those standards, but it's a good standard  
11 to set, I think, for any registry.

12 Just a few of the limitations and  
13 constraints. We have none of the device trial  
14 data, some of which you have just seen. We  
15 require informed consent of the patient and  
16 that acts as a filter. We have no formal  
17 adjudications of adverse events. We are  
18 living, as you know, in a very dynamic

19 landscape. The devices are changing, patient  
20 selection are changing. We do have the issue  
21 of hospital resources where the hospitals have  
22 to pay to be part of this registry and of  
23 course they have to find the resources to enter  
24 the data, and that is a challenge and a  
25 challenge that we try to meet daily. And then

61

1 we have to obviously work within HIPAA  
2 constraints and information security.

3       If you look on the other side of the  
4 slide, just a few of the advantages, we have,  
5 all of the DT hospitals are part of INTERMACS  
6 and that is required by CMS. Even though we  
7 don't have adjudication, we do have clinical  
8 review of the major adverse events by a team of  
9 12 clinicians that look for internal  
10 consistency within the database. As near as we  
11 can tell by working with industry and getting  
12 their implant counts across the country, we  
13 have, it looks like 85 percent of the nation's  
14 device implants. And even though it's a  
15 dynamic landscape, an advantage of INTERMACS is  
16 that it's an opportunity for real world  
17 analysis to see what's really going on.

18           The database is audited, we have four  
19 full-time nurse monitors and that's about to  
20 move to six. We have quality assurance reports  
21 to the hospitals to give them a chance to see  
22 how they compare to INTERMACS and also, it's a  
23 way for them to see their data and react if the  
24 data are not correct and need some help. A  
25 huge advantage is that we do work with NIH and

62

1 FDA and CMS, so we have this coalition of  
2 federal partners that helps strengthen the  
3 database. And probably the biggest advantage  
4 of the entire registry is that we do have the  
5 involvement of the entire MCSD community.

6           So now, Dr. Kirklin will take over.

7           DR. KIRKLIN: Thank you very much. As  
8 David said, I have no conflicts.

9           So what we're going to do now is to  
10 present some analyses that are in the recent  
11 era of INTERMACS that I think will be most  
12 relevant to your deliberations today, and at  
13 the end I'm going to summarize some of the  
14 points which I think will highlight our  
15 analyses.

16           So the first slide here, you see is an

17 indication of the kinds of devices that have  
18 been implanted by year in INTERMACS, and what I  
19 want to emphasize is in the current era among  
20 adult patients, the vast majority of patients  
21 receive continuous flow devices, as you can see  
22 in red, and that is current since the  
23 introduction of the first continuous flow  
24 approved device in 2008. Similarly for  
25 destination therapy, we are talking really

63

1 solely in the current era about continuous flow  
2 pumps.

3       If we look at the evolution of  
4 destination therapy, another important fact to  
5 realize is that in the current era, as you can  
6 see in the boxes, destination therapy now  
7 accounts for over 40 percent of pumps implanted  
8 in the United States.

9       Survival. So these are actuarial,  
10 stratified actuarial depictions stratified by  
11 left ventricular assist device primarily, total  
12 artificial heart, and biventricular devices  
13 over the entire duration of INTERMACS, and one  
14 can see immediately that there's a decline in  
15 survival compared to isolated VADs when you

16 look at artificial hearts or biventricular  
17 support.  
18 Continuous flow technology has been  
19 well demonstrated to be superior to other types  
20 of technology at least as collected in  
21 INTERMACS, and the survival curve for  
22 continuous flow pumps is indicated in the blue  
23 line, and so the risk factor analyses that  
24 we're going to present to you today are going  
25 to be solely on continuous flow technology.

64

1 So, this is the overall survival curve  
2 for continuous flow technology since June of  
3 2006, and note that the one-year actuarial  
4 survival for all pumps, realizing that  
5 bridge-to-transplant therapy are censored at  
6 transplant, is 80 percent at 12 months and 70  
7 percent at two years.

8 So now we're going to talk about some  
9 risk factor analyses, multivariable analyses  
10 and hazard function domain, and these are the  
11 general categories of variables that were  
12 entered into the analyses. This is the results  
13 of that risk factor analyses. And so of  
14 importance, you can see that there are, we've

15 organized the variables into what I think may  
16 be meaningful categories as you think about the  
17 role of this device therapy. Note that there  
18 is an early phase of risk which practically  
19 speaking is about the first two months after  
20 implantation, and that merges with a constant  
21 phase of risk factors which are present, of  
22 course, throughout the patient's experience as  
23 long as they have been followed.

24         So in this presentation we're going to  
25 go through various aspects and then supplement

65

1 the risk factor analysis by showing you two  
2 things. One is some stratified actuarials,  
3 which of course will be risk unadjusted but  
4 intended to show relationships between  
5 variables, and the second will be solutions to  
6 the multivariable analyses, so-called  
7 nomograms, which will depict those solutions  
8 that allow us to get a better picture of  
9 relationships between some of these risk  
10 factors.

11         So let's first look at age, and of  
12 course this has particular relevance because I  
13 know that you are interested in the Medicare

14 population. So this is a stratified actuarial  
15 looking at continuous flow technology, and you  
16 can see that there is some decrement in  
17 survival for patients over 65 years of age that  
18 is most prominent early, and then after the  
19 early phase at least for overall patient  
20 population, there's not any appreciable  
21 difference in survival after that.

22 Now it's of some interest as to  
23 whether there is an important further risk  
24 after, say age 70, so if you look at those  
25 patients who are stratified, again stratified

66

1 actuarial, there's no apparent difference at  
2 least among those patients who were selected  
3 for device therapy in the United States among  
4 those patients between 65 and 70 and those over  
5 70 years, realizing of importance, those were  
6 the patients who the clinicians actually  
7 selected for device therapy.

8 So this is a solution of the  
9 multivariable equation looking at age along the  
10 horizontal axis and the probability of death  
11 for one, two and three years, and you can see  
12 that the patients over 65 years of age do have

13 a small increment in likely mortality but it is  
14 relatively small.  
15 So now let's look at what information  
16 we have for you on INTERMACS level. As you  
17 know, and as Lynne Warner Stevenson indicated,  
18 levels are a refinement of New York Heart  
19 Association Class IV, and specifically, level 1  
20 indicates those patients who are critically ill  
21 in shock, level 2 indicates those patients who  
22 have rapid cardiovascular deterioration,  
23 unstable, and we can see that the impact of  
24 those risk factors in this early phase. And of  
25 importance, the impact of this knowledge is

67

1 such that in the experience over the last year  
2 and a half even, there has been a gradual  
3 reduction in the proportion of patients who are  
4 implanted in cardiogenic shock, so that now it  
5 sits at about 16 percent of patients are  
6 implanted in cardiogenic shock.

7 If we look at the actuarial difference  
8 in survival, the effect of level 1, shock, is  
9 most pronounced early. It's not terribly  
10 dramatic, although it's quite important  
11 compared to the upper black curve, which are

12 the stable levels 4 through 7. After the early  
13 phase, though, you can see why it is not  
14 identified as a risk factor in the constant  
15 phase because the survival curves are quite  
16 parallel after the first several months.

17       If we look at the interaction between  
18 age along the horizontal axis and these levels  
19 on probability of death by one year, one can  
20 see that for elderly patients that they are  
21 particularly susceptible to multiorgan system  
22 dysfunction that has occurred in patients who  
23 are in shock, and they appear to be  
24 particularly vulnerable to death if they are  
25 implanted in the more critical levels of 1 and

68

1 2, compared to younger patients.

2       Destination therapy. There is a  
3 clear, small but real difference in survival  
4 with destination therapy compared to  
5 bridge-to-transplant therapy, although it is  
6 very important to remember that in actuarial  
7 depictions BTT patients are censored at  
8 transplant, so there is the opportunity of  
9 patients to develop complications which could  
10 be life-threatening or life-limiting, though

11 they can be saved with a heart transplant in  
12 the BTT group. Here is a depiction looking at  
13 the relatively small differences, however, at  
14 least based on the multivariable between these  
15 two populations in relationship to age at  
16 implant.

17       So let's look at a little information  
18 about renal dysfunction, which we know is a  
19 very important predictor of bad outcomes, both  
20 in heart failure and in device therapy. This  
21 is, again, risk unadjusted stratified by  
22 severity of renal dysfunction. If you have  
23 moderate categories of dysfunction, here  
24 defined by creatinine as greater than two or  
25 BUN greater than 60, you can see that there's a

69

1 small decrement in survival, but a very major  
2 decrement in survival in the green line if  
3 patients are on dialysis around the time of  
4 implant.

5       Right ventricular dysfunction. So we  
6 have categorized these variables in  
7 relationship to their probable association with  
8 right ventricular dysfunction, as you can see,  
9 and again, we've tried to give you some sense

10 of mild, moderate and severe categories, severe  
11 being the need for a biventricular assist  
12 support, moderate as you can see, by RAP  
13 greater than 18, bilirubin over two, presence  
14 of ascites. So again, moderate has some  
15 decrement, but a major decrement to survival if  
16 you require a right ventricular assist device.

17       And then surgical complexities,  
18 whether the patients have had previous cardiac  
19 surgery or if they have concomitant cardiac  
20 surgery, these are known to be risk factors but  
21 their impact, interestingly, is relatively  
22 small. This is, again, a solution for the  
23 multivariable, and you can see that throughout  
24 the age display along the horizontal axis, that  
25 there is a small consistent increase of risk

70

1 but it's not major.

2       So now let's look in a little more  
3 detail at the peer group of patients who  
4 received destination therapy. This is an  
5 analysis which was analyzed and presented at  
6 the American Association of Thoracic Surgeons  
7 that we'll share with you to give you some  
8 insight about the group of patients receiving

9 planned permanent therapy with devices. This  
10 is the stratified actuarial depiction and the  
11 hazard function below, indicating the higher  
12 early risk, and I want to emphasize the  
13 one-year survival in this entire group.

14 Now I want to make sure that I'm  
15 clear. Destination therapy in these first few  
16 slides will include both pulsatile and  
17 continuous flow pumps over the duration of the  
18 INTERMACS project. So 75 percent one-year  
19 survival, 62 percent two-year survival. If we  
20 look at continuous flow pumps, we can see  
21 immediately their superiority, and particularly  
22 bad is biventricular support with pulsatile  
23 technology.

24 So if we look at continuous flow  
25 pumps, we can see that in this overall

71

1 experience for destination therapy the one-year  
2 survival was about 76 percent. Age at  
3 implantation, again a risk factor, but  
4 relatively small, so you can see that the  
5 curves are bunched quite tightly together for  
6 those patients under 60, 60 to 70, and greater  
7 than 70 years, so inferences about the Medicare

8 population.  
9 INTERMACS levels for destination  
10 therapy mirror those for the overall group.  
11 Note the decreased survival in level 1. And as  
12 we project to the future, we've circled here  
13 the more or less average two-year survival  
14 after transplantation based on ISHLT  
15 information, and you can see it's about 80  
16 percent at two years. So if we use that as a  
17 comparison for strategy of destination therapy  
18 seeking risk factors that might identify groups  
19 who are particularly favorable with permanent  
20 device therapy, so that we could potentially  
21 begin to have a conversation about triaging  
22 patients. This is a risk factor analysis which  
23 shows the same general risk factors as were  
24 present for the entire group, age, history of  
25 certain medical problems, renal dysfunction,

72

1 INTERMACS levels, pulsatile therapy and so on.  
2 So for example, if we look at the  
3 impact of previous cardiac surgery, this is a  
4 group now of patients solving the multivariable  
5 analyses in which we're looking at lower risk,  
6 that is, not on dialysis, don't have cancer,

7 they receive a continuous flow pump, no  
8 bi-VADs, and relatively normal renal function.  
9 And we can see that for patients who have  
10 previous cardiac surgery, you do not really  
11 approach that two-year mortality of 20 percent  
12 or less until you're less than about age 40,  
13 but without previous cardiac surgery that  
14 occurs if you're less than about age 65.

15       So of some importance is to scrutinize  
16 this database and these risk factors to see  
17 what proportion of patients might be  
18 potentially competitive in a conversation about  
19 triaging from heart transplantation. So if we  
20 look at the low risk group with the risk  
21 factors essentially being no, without previous  
22 cardiac surgery, that there are about, under 20  
23 percent, so almost 20 percent of those patients  
24 who are stable, that is not in levels 1 and 2,  
25 will achieve an 80 percent two-year survival

73

1 and would therefore potentially be part of a  
2 conversation about the overall management  
3 between transplantation and mechanical support.

4       So let's turn to some adverse events.  
5 These apply now only to continuous flow

6 technology. So freedom from stroke in this  
7 database is about 89 percent at one year.  
8 Freedom from pump thrombosis, about 95 percent  
9 at one year. Now, we wanted to put this slide  
10 in to emphasize the very important difference  
11 in the requirement of device exchange or device  
12 failure contributing to death, relatively low  
13 with continuous flow pumps, dramatically  
14 different from the previous era of pulsatile  
15 technology.

16 Let's look at the right ventricular  
17 failure, that is the need for right ventricular  
18 assist device. We note that there is an  
19 important interaction, as would be expected,  
20 between how sick the patient is. So those  
21 patients who are in shock, they have only about  
22 a 91 percent freedom from needing a device, and  
23 of course it gets much better, that freedom,  
24 when you have less ill patients.

25 If we look at moderate or severe, that

1 is signs of right ventricular failure but not  
2 requiring biventricular support, then you can  
3 see that the same basic relationship holds,  
4 that is, those patients who are deteriorating

5 or in shock have the worst freedom from right  
6 ventricular dysfunction. And if we look at  
7 risk factors, we again see that those signs of  
8 right ventricular dysfunction before the  
9 implant are important, there is a clear  
10 interaction between renal dysfunction, and then  
11 the lower two, the sicker the patients, the  
12 greater the probability of right ventricular  
13 problems.

14 Pump-related infection. Well, there  
15 is endocarditis, infection on the inside of the  
16 pump or the inside of the heart, pocket  
17 infections and driveline, and clearly the only  
18 one that's important is driveline infections in  
19 the blue line, and you can see that there's a  
20 very important, probably 30 percent actuarial  
21 probability of having driveline infections by  
22 the first year.

23 Now one thing that's going to be very  
24 apparent as we move forward in the kinds of  
25 analyses that we will be doing is some notion

1 of an adverse event burden, if you will. Now  
2 we are very early in our attempts to depict  
3 what a burden of all adverse events might be to

4 a patient, but this is just the first pass  
5 looking at freedom from occurrence of  
6 infection, bleeding, device malfunction, stroke  
7 or death, and we can see that we have, you  
8 know, important ongoing issues. If we look at  
9 all of them, any of them, at the end of the  
10 first year there is about a 30 percent freedom  
11 from any of these. Now remember, at least in  
12 this depiction infection could be any  
13 infection, it's not necessarily just  
14 device-related infection or bleeding, so these  
15 aren't all equivalent, of course. This is the  
16 first attempt to show you both the magnitude of  
17 the cumulative effect perhaps of any adverse  
18 event, and to begin to look at who might be  
19 more vulnerable.

20 It's interesting that if we look at  
21 age, there's, the freedom from any event is not  
22 much different whether you're under 50 or over  
23 65. It's not terribly different according to  
24 your INTERMACS level. Obviously INTERMACS  
25 level 1 has a greater chance of dying, but

1 other than that you don't accumulate or have  
2 less freedom from these adverse events than

3 other levels.

4           There is a major difference with  
5 bi-VAD therapy, that seems to be particularly  
6 prone to developing adverse events. But here  
7 in a very detailed depiction of the levels, we  
8 can see they're all bunched together and  
9 there's not really much difference in terms of  
10 freedom from specifically pump-related  
11 infection.

12           So let's look at a little bit of  
13 information that we have about quality of life.  
14 This is looking at the dimension of self-care,  
15 the dark blue indicates freedom from extreme  
16 problems, and at least in terms of extreme  
17 problems we can see there's a very significant  
18 improvement in the freedom from extreme  
19 problems which is sustained out to about a  
20 year. The same is true with usual activities;  
21 if you were severely constrained from being  
22 able to carry out usual activities there's a  
23 prompt improvement, which again is sustained  
24 out to the first 12 months.

25           If we look at the visual analog, and

1 that's the so-called thermometer that patients

2 roughly gauge their quality of life, and the  
3 visual analog scale is promptly improved after  
4 implant at the first three months, and is  
5 sustained out to the end of the first year.

6 Now some comments about knowledge  
7 gaps. One of the important questions you're  
8 asked to reflect about is medical treatment.  
9 Well, there is a dearth of medical treatment  
10 knowledge about many of these categories of  
11 level 4 -- sorry -- of New York Heart  
12 Association Class IV. Clearly medical therapy  
13 is known to be, in the current era at least,  
14 very suboptimal for INTERMACS levels 1  
15 through 3. Lynne Warner Stevenson is heading  
16 up a very important effort sponsored by the  
17 NHLBI to develop a closely followed medical  
18 cohort of patients in INTERMACS levels 4  
19 through 7 called MedaMACS. That is being  
20 initiated, so we look forward to good evidence  
21 about how these patients do in the same types  
22 of detailed analyses which are available  
23 through INTERMACS but currently that's not  
24 available.

25 Functional capacity data is sparse in

1 INTERMACS, and I draw your attention under the  
2 six-minute walk and the VO2 max about the  
3 percent column. Those are the percentage of  
4 patients who would be potentially available for  
5 that data who actually have that data entered  
6 into INTERMACS and you can see that it's low.  
7 So this is an important knowledge gap that  
8 remains to be filled in.

9       So in summary, these are -- there's a  
10 lot of information that I've presented this  
11 morning and of course it's all available to  
12 you, but in summary a few things that we  
13 believe we can infer from these analyses:

14       One, INTERMACS has the best available  
15 data to examine risk factors for survival as  
16 the primary marker of health outcomes. In the  
17 current era, discussions of outcomes and risk  
18 factors for device therapy in adults can  
19 largely be restricted to continuous flow  
20 devices. Destination therapy currently  
21 accounts for the primary strategy in more than  
22 40 percent of approval of durable device  
23 implants. The Medicare population, aged 65 and  
24 older, have slightly reduced survival during  
25 the first six months post-implant but

1 thereafter the risk of death appears equivalent  
2 to younger age groups. Patients over 70 years  
3 that are selected for VAD therapy appear to  
4 enjoy survival similar, at least as far as  
5 those patients selected, to patients aged 65 to  
6 70. Patients over 65 years of age are at  
7 particular risk for death if implanted in  
8 INTERMACS levels 1 and 2. Actuarial survival  
9 with destination therapy is slightly worse than  
10 bridge-to-transplant therapy, but remember,  
11 those patients are censored at transplant. And  
12 moderate right ventricular dysfunction or renal  
13 dysfunction at moderate levels have a modest  
14 negative impact on survival, but dialysis or  
15 RVAD requirement profoundly worsened survival.

16 INTERMACS level 1, patients are at  
17 greater risk of early mortality but  
18 thereafter their survival is reasonably similar  
19 to other levels. Among destination therapy  
20 patients the inferences regarding risk factors  
21 and outcomes for the overall population are  
22 generally applicable to the Medicare  
23 population. Among destination therapy patients  
24 in levels greater than 3, nearly 20 percent  
25 have an expected survival of 80 percent or more

1 at two years, which could be relevant to a  
2 conversation about rational triage of some  
3 patients from transplant lists.

4 Quality of life indicators suggest  
5 sustained improvement to at least one year  
6 post-implant. And finally, measures of overall  
7 burden of adverse events will shape the  
8 comparison of this therapy with others in the  
9 future. Thank you.

10 DR. REDBERG: Thank you, Dr. Kirklin,  
11 for a very helpful discussion of the INTERMACS  
12 registry. We will now return to Dr. Lynne  
13 Warner Stevenson for our last presentation  
14 before a few brief clarifying questions and  
15 then break.

16 DR. STEVENSON: Thank you very much.  
17 Well, I hope that I will speak for those other  
18 heart failure cardiologists in the room as  
19 well. I'm going to try to walk with you  
20 through how a heart failure cardiologist  
21 approaches decisions regarding individual  
22 patients. I'm intrigued by what I'm seeing on  
23 the monitor up here.

24 Let me just tell you that we try to do  
25 several things, and although I will discuss

1 them sequentially, in fact we do them at the  
2 same time when we evaluate a patient for  
3 ventricular assist devices. We're first of all  
4 evaluating whether we can optimize their  
5 medical therapy, and then we're trying to  
6 evaluate whether the patient is healthy enough  
7 to have a VAD and are they sick enough to have  
8 a VAD. Even while we're doing this, we're  
9 trying to begin providing the patient himself  
10 with information that will enable us to proceed  
11 with shared decision-making once we come up  
12 with whether or not he's eligible for a VAD.

13       The concept of triage, I think  
14 developed in World War I, is really crucial  
15 here to distinguish the patients in fact who  
16 may benefit from a very high level intervention  
17 from those patients who are so sick that they  
18 won't benefit from anything, and those patients  
19 who are healthy enough that they don't need  
20 anything done at the moment and are doing well  
21 on their chronic therapy without another  
22 intervention.

23       So let me just remind you when we talk  
24 about Class IV heart failure, which is defined

25 as disabling symptoms at rest or with minimal

82

1 exertion such as activities of daily living,  
2 this is a depiction from a standard textbook  
3 which just shows how imprecise the Class IV  
4 definition is. You can see that the mortality  
5 here extends all the way from 50 percent at a  
6 year down to immediate mortality. You can see  
7 why the INTERMACS profiles provide us with more  
8 granularity, and I want to recognize both Dr.  
9 Mariell Jessup and Ileana Pina for having  
10 contributed to the initial definition and  
11 establishment of these profiles.

12 So when we're looking now, let's talk  
13 about first the profile 1. In this patient  
14 we're assuming that he's extremely unlikely to  
15 survive without a VAD. Similarly to profile 2,  
16 we know from the REMATCH and INTREPID trials  
17 they are truly unlikely to survive without a  
18 VAD, maybe one-year survival at most 10 to 20  
19 percent. So when survival without a VAD is  
20 close to zero percent, we really don't care a  
21 lot about what it is. What we want to know is  
22 the absolute survival with the VAD, that's all  
23 we need to know.

24           And I have approximated these numbers  
25 here, they may not be exactly what you saw from

83

1 Dr. Aaronson and Dr. Kirklin, but just for the  
2 point of argument. So it's pretty clear that  
3 if a patient is eligible, you would want to go  
4 for a VAD for these two.

5           So now let's talk about moving to  
6 profile 3. As I told you before, multiple  
7 series have shown very poor survival on  
8 continuous home IV inotropic therapy, less than  
9 25 percent at one year, so once again, it's  
10 pretty clear that if this patient is eligible  
11 for a VAD, we would want to do that, the  
12 outcomes with VAD being even better in the  
13 profile 3 patients.

14           But now let's move on to the other,  
15 and you can see here from the INTERMACS  
16 registry, we only have 13 percent of those  
17 patients who are in profile 4, so now we're  
18 getting down to significantly smaller numbers.  
19 So let's look at what we know about with their  
20 likely survival at a year without a VAD.

21           This is a number of trials of oral  
22 therapies of what's called Class IV heart

23 failure, and once again you can see that the  
24 one-year survival is varying here from 50  
25 percent to 85 percent depending on how people

84

1 define Class IV heart failure, making it very  
2 clear that we need to know more about the  
3 specifics of this population.

4 In the REMATCH destination study we  
5 have a small number of patients who in fact  
6 were not on inotropic therapy, they were on  
7 oral therapy only, so we do have that to try to  
8 fill in this box a little bit, and that was 40  
9 percent at one year. I wouldn't be too  
10 reassured by that number because in fact that's  
11 only 15 patients, even though it makes a nice  
12 graph, so we really don't know much about the  
13 medical survival there, and now the difference  
14 becomes very important because we're no longer  
15 looking at such a small survival without VAD.  
16 But again, we're pretty reassured from what  
17 we've seen that there's very good survival in  
18 this population even though we don't have very  
19 large numbers yet, around 80 percent and 75  
20 percent. So still it looks like a pretty  
21 significant survival advantage that as

22 cardiologists we are pretty comfortable that a  
23 VAD offers a lot in terms of survival.  
24 I want to make a couple of comments  
25 about peak oxygen consumption, because this is

85

1 what is used to try to now define patients who  
2 are less sick than this. It's objective and  
3 reproducible, it describes both the functional  
4 capacity and prognosis, and integrates many  
5 cardiac and noncardiac factors. For REMATCH as  
6 a historical point, actually the real cutoff  
7 through most of the trial was a peak VO<sub>2</sub> of 12,  
8 it was late in the trial that it increased to  
9 14, and only a couple of patients actually got  
10 in with a peak VO<sub>2</sub> between 12 and 14.

11 It is highly dependent on heart rate  
12 increase during exercise which is blocked by  
13 beta blockers. However, beta blockers also  
14 improved survival, so we have a bit of a  
15 paradox here to think about when you're looking  
16 at your patients using the peak VO<sub>2</sub> now to try  
17 and see if they're eligible for VAD.

18 This is data from Butler on the left  
19 showing that if you have a peak oxygen between  
20 10 and 14 and are on beta blockers that you

21 have an 81 percent one-year survival on medical  
22 therapy. On the right the O'Neill study shows  
23 that if your peak VO<sub>2</sub> is less than 14 but  
24 you're on a beta blocker, you have a survival  
25 over 80 percent at three years. So this does

86

1 suggest that in our patients who are able to  
2 tolerate beta blockers, that using the peak VO<sub>2</sub>  
3 cutoff of 14 may in fact give us some patients  
4 whose survival would still be pretty good on  
5 medical therapy but again, important to  
6 remember that most of the patients we are  
7 considering for VAD are not usually tolerating  
8 very high doses of beta blockers if at all.

9       So when we look at our first knowledge  
10 gap here from the standpoint of a cardiologist  
11 looking at a patient, in our housebound and  
12 walking wounded patients, they really stand at  
13 the edge of our current indications. If an  
14 ambulatory patient is comfortable resting at  
15 home on oral therapy and meets the VAD criteria  
16 with a peak VO<sub>2</sub>, what's the difference in  
17 anticipated survival with a VAD versus no VAD?  
18 And as soon as we move into an area where  
19 survival on medical therapy is more likely than

20 death, then we start being more concerned about  
21 early postoperative risk that could potentially  
22 shorten their survival for some patients, and  
23 we want to know more about does this patient  
24 lose if we wait until he or she gets sick,  
25 perhaps moves into a profile 3 or 4, and if we

87

1 do lose something, how much do we lose. So  
2 this patient now, the housebound and walking  
3 wounded, the profile 5 really stands right at  
4 the edge of our current indications in terms of  
5 what we should do as a cardiologist.

6 As Dr. Kirklin mentioned, MedaMACS has  
7 been developed to try to give us some  
8 information on the parallel outcomes in this  
9 group. It's a pilot study of ambulatory  
10 patients on oral medical therapy at U.S.  
11 transplant and VAD centers who have multiple  
12 high risk features for events. There was a  
13 screening pilot which was done led by Garrett  
14 Stewart, and now as you heard, there will be an  
15 initiation of an NHLBI and Thoratec-sponsored  
16 study of 300 ambulatory patients to try and  
17 fill in these boxes for the patients who are  
18 not in profiles 1, 2 and 3. They're designed

19 to be parallel with the INTERMACS data.  
20 This just gives you some idea of when  
21 initial screening studies on this looking at  
22 patients who are on oral therapy now, you can  
23 see in the red line that those patients who are  
24 profile 4 had a very high event rate at six  
25 months of death, VAD or transplant. Once we

88

1 move into the profile 5, 6 or 7 the rate of  
2 events is much lower but it's still  
3 significant. I think this just highlights how  
4 important it's going to be to do the full study  
5 and get this information.

6 What about outcomes beyond survival?  
7 The patient clearly would like to live but  
8 really only if the quality of life is good and  
9 they're not severely limited. I'm going to  
10 show you the same table with the INTERMACS  
11 profiles but now basically with less  
12 information. So what we see now is not  
13 survival but looking at quality of life. If we  
14 look at profiles 1 and 2, obviously the quality  
15 of life really we can't even measure because  
16 the patients aren't alive. We have small  
17 numbers in those groups indicating on the scale

18 of zero to 100 on the EuroQol, pretty good  
19 outcomes for the profile 1 and 2 who survive in  
20 terms of, in that first column, 85 on a scale  
21 of a hundred; slightly less for the profile 2,  
22 76 on a scale of a hundred; and 76 for the  
23 profile 3, all pretty reasonable.

24       You can see if we look at another  
25 question from this, which is the percent of

89

1 patients who have problems with their usual  
2 activities when they have the VAD, very very  
3 small numbers for level 1, so I wouldn't even  
4 really want to look at those. But if we look  
5 at level 2 and 3, 40 percent of patients  
6 describe problems with their usual activities  
7 with a VAD, and this was 55 percent in a small  
8 study done by Kathy Grady looking at the  
9 profile 4 patients.

10       This becomes something that we need to  
11 know about as we're looking at patients who are  
12 in these less sick profiles. The only data we  
13 have at the moment to compare it with is  
14 looking in this MedaMACS screening pilot in  
15 which the quality of life when they were  
16 enrolled was on the EuroQol about 51, which is

17 clearly not as good as the 70 which could be  
18 achieved with a VAD. But I think this just  
19 highlights how we need to know this information  
20 in order to have a better feeling for what  
21 quality of life might be in these ambulatory  
22 patients that go on to VAD.

23         So, our second knowledge gap in the  
24 housebound and the walking wounded, they stand  
25 at the edge of current indications not only for

90

1 survival but both for quality of life benefits,  
2 so what is the difference in the quality of  
3 life with and without a VAD? We have very  
4 little information on this. So the patient  
5 stands, again, at the edge of current  
6 indications in terms of whether a VAD is  
7 expected to improve their overall quality of  
8 life and ability to do the desired activities.

9         So we've talked about is the patient  
10 sick enough. I want to mention is the patient  
11 healthy enough but not in much detail, I think  
12 that's been very well reviewed by both  
13 Dr. Aaronson and Dr. Kirklin. There are many  
14 many things which we need to consider in terms  
15 of other organ functions in the

16 non-cardiovascular considerations, and then  
17 right ventricular function being the most  
18 important thing with the cardiac  
19 considerations.

20 And just to emphasize, many of these  
21 risk factors that predict bad outcomes with VAD  
22 also predict bad outcomes on medical therapy,  
23 so it becomes quite a complex balance of trying  
24 to sort this out.

25 I just want to put this up here to

91

1 remind you how complicated this is. This is a  
2 lot of factors that have to be taken into  
3 account. How do you suppose we're going to put  
4 these together as we move forward and I'm one  
5 doctor making a decision for one patient?

6 Well, first of all, I want to remind you that  
7 we have this relatively difficult  
8 classification at the moment in which when we  
9 looked at before 2001 we didn't have very many  
10 destination patients, but we already had a  
11 significant number of patients who were the  
12 bridge-to-decision, the so-called uncertain.

13 We saw some relative contraindications, weren't  
14 sure if they'd get better on a VAD, and let

15 them qualify for transplant or not. As we look  
16 now in 2011 and 2012, we're clearly having more  
17 of the destination therapy as shown in the  
18 blue, but we continue to have about a third of  
19 patients in whom we don't know at the time we  
20 put the VAD in if the relative  
21 contraindications are going to sort themselves  
22 out enough so that this patient will be a  
23 candidate for transplant.

24       So when we look back, we've been doing  
25 transplants now for over 30 years. Where have

92

1 we come to with VAD? Well, this is evolving  
2 much the same way. For transplant we have only  
3 a few absolute contraindications, we have lots  
4 of relative contraindications. It's not only  
5 having a certain other problem, it's the degree  
6 of severity of the other organ system  
7 dysfunction, do we have RV dysfunction that we  
8 talked about, but often it's the combined  
9 impact. For instance, the patient had a mild  
10 stroke, we're not sure about the support at  
11 home, they have borderline RV function and  
12 chronic renal impairment, and it's very  
13 difficult to put all these together and sort

14 out the chances for reversibility with LVAD  
15 support. And for VAD we have the additional  
16 complexity regarding the option of heart  
17 transplant as either a best option, or could we  
18 do a transplant as a bailout in case things  
19 aren't going well with the VAD.

20 I do not anticipate that we are ever  
21 going to come up with one risk score that is  
22 going to define whether the single patient  
23 standing in front of me is going to be eligible  
24 for a VAD or not with these multiple relative  
25 contraindications, and I would ask the panel to

93

1 think about whether it's more realistic to  
2 establish the criteria of center experience for  
3 patients to be evaluated, or to dictate precise  
4 combinations of contraindications which has  
5 certainly not been comfortable for cardiac  
6 transplantation.

7 So we talked about making a decision  
8 about the patient, but ultimately we need to  
9 make a decision not for the patient but with  
10 the patient, and this process of shared  
11 decision-making is something that we're  
12 gradually learning more and more about. So

13 what do we have to tell the patient to help  
14 them make a decision? There are multiple  
15 dimensions which are important to them besides  
16 just survival.

17 We've talked about quality of life and  
18 physical function, but there are also other  
19 costs and burdens which are very important to  
20 an individual patient, so it is not easy to  
21 predict exactly what's going to be most  
22 relevant to them in making a decision when we  
23 talk about these patients who have ambulatory  
24 heart failure.

25 In the MedaMACS screening pilot,

94

1 patients with advanced heart failure were asked  
2 what would be most important to you in  
3 understanding about whether or not you wanted  
4 to have a ventricular assist device, and you  
5 can see on the left that the vast majority of  
6 patients said that survival and quality of life  
7 would be equally important, very few patients  
8 feeling that one would be dominant.

9 We looked in that same group about, we  
10 gave them a very simple set of information  
11 about VADs and then asked their level of

12 enthusiasm, and you can see that 37 of patients  
13 in profile 4 indicated they definitely would be  
14 interested in a VAD, and then as the patients  
15 became less sick, the interest declined.

16         There has been, from the Institute of  
17 Medicine, a high priority on the issue of  
18 individualized medicine and patient-centered  
19 care. Harlan Krumholz has put forth a standard  
20 informed consent that we should be more and  
21 more looking for when we talk about doing  
22 advanced procedures with any disease, but I  
23 have looked at this particularly in relation to  
24 heart failure and adapted it. When talking to  
25 a patient and trying to help them make a

95

1 decision, in addition to the background and  
2 general benefits and risks, we should be able  
3 to translate the information that we have to  
4 tell them of a hundred patients like you, this  
5 many lived two years longer with a VAD, of a  
6 hundred patients like you, this many rated  
7 their daily activities near normal, this many  
8 had strokes that limited their ability to  
9 speak, walk or care for themselves. And  
10 perhaps to summarize that, of a hundred

11 patients like you, this many indicated after a  
12 year that they were satisfied with the outcome  
13 of their therapy and would recommend it to  
14 someone else. In INTERMACS Version 2.0 we in  
15 fact will have questions of patients who have  
16 had VADs that will indicate how they feel  
17 specifically about their satisfaction with  
18 their therapy and if they would recommend it.

19 I can't emphasize enough that when we  
20 think particularly about the complex technology  
21 of VADs, the Medicare population, that coping  
22 by patient caregivers has consistently been  
23 found to require more than we would have  
24 anticipated. Often patients when faced with  
25 this decision may reluctantly elect to go with

96

1 the VAD because they don't know what else is  
2 available, so we think it's really important  
3 that patients understand the other options  
4 available to them. They may fear isolation and  
5 suffering if they do not choose to have a VAD,  
6 and this is why most heart teams involved with  
7 VADs have recognized the vital role of the  
8 palliative care team working closely with the  
9 VAD members.

10           So, this role is important not only to  
11 help the patient make decisions consistent with  
12 their lifestyle preferences and goals, but to  
13 provide the patient with support to say no as a  
14 decision, understanding the alternative care to  
15 be offered to alleviate the symptoms and  
16 improve quality of life. Even if the answer is  
17 yes, though, they need to review with patients  
18 the possibility of undesired outcomes, with  
19 discussion to include family regarding the what  
20 if discussions, what if things don't go as you  
21 think, and recognize that many patients who  
22 receive VAD to enhance the quality and length  
23 of life, even when that successfully occurs,  
24 they will still have an LVAD in at the time of  
25 death and that will need to be planned for.

97

1           So to summarize, the knowledge gaps  
2 regarding the function and quality of life and  
3 patient satisfaction, this has traditionally  
4 not been a central focus of our funded data  
5 collection. The most useful data for the  
6 ambulatory population will be a comparison of  
7 before to after and what would happen if you  
8 had stayed on medical therapy for a year

9 compared to having a VAD. There's a bias of  
10 missing data in patients who are more ill, both  
11 before and after VAD. There is a new impetus  
12 in INTERMACS 2.0 to better inform the quality  
13 of life, and there is in print a new policy  
14 standard for collecting quality of life data  
15 but I anticipate that either a carrot or a  
16 stick will be required, perhaps from our  
17 federal partners, to encourage centers to  
18 obtain this data in the midst of a very very  
19 busy work schedule.

20 So to summarize making decisions one  
21 patient at a time, evaluations in parallel,  
22 making a decision about the patient and then  
23 share the decision with the patient, and a  
24 summary of the knowledge gaps. What is the  
25 anticipated survival for ambulatory patients

98

1 now at home on optimal oral therapy with a VAD  
2 and without a VAD. What are the quality of  
3 life and satisfaction with therapy for all  
4 eligible patient profiles with a VAD and  
5 without a VAD. And how can we redefine the  
6 intent of VAD therapy to emerge from the  
7 shadows that are currently cast by this

8 bridge-to-decision.

9 Thank you very much.

10 DR. REDBERG: Thanks very much, Lynne,  
11 for taking us through as a cardiologist and  
12 also introducing the point of view of the  
13 patient and the importance of incorporating  
14 that.

15 We are now finished with the  
16 presentations, and I said we could have one or  
17 two just very brief clarifying questions, and I  
18 have one very brief one for Dr. Aaronson, who  
19 on slide 23, at least in my deck, you said one  
20 of the predictors of better outcomes for  
21 centers were having LVADs greater than 15. Was  
22 that per year?

23 DR. AARONSON: No, that wasn't per  
24 year, that was during the trial experience. So  
25 in the trials if they put 15 or more at the

99

1 center, patients in those centers had better  
2 outcomes than patients from centers that put in  
3 less than 15 during the trial.

4 DR. REDBERG: Thank you. Were there  
5 any other brief clarifying questions? Yes,  
6 Robert.

7 DR. STEINBROOK: Yes, a question for  
8 Dr. Kirklin, and I may have just misunderstood  
9 this, but in the next to last of your summary  
10 slides there was something about 20 percent of  
11 the patients having an 80 percent survival at a  
12 year or two, and I missed something.

13 DR. KIRKLIN: So among destination  
14 patients receiving continuous flow pumps, if  
15 you look at the entire experience of INTERMACS,  
16 excluding those patients who are rapidly  
17 deteriorating, that is levels 1 and 2, just  
18 short of 20 percent of the overall experience  
19 would have risk factors which predict and  
20 actually achieved an 80 percent survival at two  
21 years.

22 DR. STEINBROOK: So that's excluding  
23 the sickest in the first two levels?

24 DR. KIRKLIN: Yes, and the reason for  
25 that is, the purpose of that analysis to

100

1 examine the possibility of a conversation, if  
2 you will, about triaging patients off a  
3 transplant list. Well, if they're rapidly  
4 deteriorating and dying, they're not part of  
5 that conversation.

6 DR. STEINBROOK: Thank you.

7 DR. HESELTINE: If I could follow up  
8 to that, doesn't that actually mean that when  
9 you have that initial conversation, you need to  
10 say you've got about a one in ten, a one in 60  
11 percent chance of survival at two years, rather  
12 than this somewhat convoluted 20 percent  
13 emanating from 80 percent.

14 DR. REDBERG: Let's just save the  
15 questions for later and we'll have brief  
16 clarifying questions now, but we will come back  
17 to that after the break. Yes, Dr. Brindis.

18 DR. BRINDIS: This is for David  
19 Naftel. I would like you to describe a little  
20 bit about the lack of adjudication in the  
21 INTERMACS registry for adverse outcomes and  
22 your auditing process, and then maybe your  
23 definition of, in particular stroke, and how  
24 that is followed up.

25 DR. NAFTEL: Yes, thank you. So, the

1 typical premarket study with FDA has 150  
2 patients in each group and those studies are  
3 adjudicated, as you know, by a clinical  
4 research committee and under strict standards.

5 We're up to 8,000 patients and adjudication was  
6 sort of this document. We just decided at the  
7 beginning that it was not practical, we don't  
8 have the source documents.

9         However, we do have onsite audits, we  
10 hit every center, we're scheduled once every  
11 five years, we'll go more often than that, and  
12 we do go more often when there's for cause  
13 audits. So the nurses totally understand the  
14 events and they look to do the best they can to  
15 get the events in properly.

16         Perhaps more importantly, we do have  
17 this 12-member team of clinicians that review  
18 the data within INTERMACS and they look for,  
19 whether or not adjudicating, they look for  
20 internal consistency. For example, if they see  
21 there are two bleeding events in the same day  
22 they look at the details, the source of the  
23 bleeding, and they'll say well, that's the same  
24 event so let's get rid of one of them. They  
25 look at ongoing infections, they look at

1 neurological dysfunction. So it's an attempt  
2 at adjudication, it's nowhere near, but it is  
3 an attempt to have consistency.

4 DR. BRINDIS: And the question of  
5 stroke, which would be particularly important  
6 as you make decisions or recommendations for  
7 lower risk patients, how do you assess that  
8 long term, what strategies, ranking or scores?

9 DR. NAFTEL: Right. So again, we  
10 don't have adjudication, at the moment we don't  
11 have the Modified Rankin Scale although we  
12 plan to put that in our next version, so we  
13 will have that. But we simply don't have the  
14 level that maybe you would look for in a  
15 clinical trial for the follow-up to stroke.

16 Again, we have our nurses looking and  
17 making sure that we at least are capturing it  
18 the best we can.

19 DR. REDBERG: Thank you, Dr. Naftel,  
20 and one more question.

21 DR. KORMOS: And David, while you're  
22 there, so 15 percent of the data is missing,  
23 presumed partly or largely because there's no  
24 consent; is that correct?

25 DR. NAFTEL: Right, of the patients is

1 what you're talking about. So the patients  
2 that are missing, there are two reasons. One,

3 the hospital is not part of INTERMACS, and  
4 that's now a very few hospitals that are not DT  
5 hospitals, so we're missing a few hospitals.  
6 The informed consent is the main reason that we  
7 are missing data.

8 DR. KORMOS: So consent is not  
9 required for SRTR data; is that correct?

10 DR. NAFTEL: That's true.

11 DR. KORMOS: So, would there be some  
12 process to modify the consenting requirement  
13 that would be beneficial here?

14 DR. NAFTEL: Well, yes. And so we do  
15 not have a DSMB, we have an OSMB, observational  
16 study monitoring board, and they have given us  
17 the mission of pursuing with all vigor the  
18 waiver of consent approach, so we are doing  
19 that. Actually NIH is leading that charge and  
20 we're trying to do that. And of course what  
21 we're not saying out loud, but let's do say it  
22 out loud, is we're concerned about the patients  
23 who are too sick, so we don't get informed  
24 consent and perhaps they come in on a Saturday,  
25 have a VAD, die on Sunday, and we never know

1 about those. So we're very concerned about

2 missing those. We do have a screening form  
3 where we collect every single patient in the  
4 screening sense, and we do ask a few basic  
5 pieces of information, what was the device,  
6 where was it placed, and we ask, did the  
7 patient die within 48 hours. All of the IRBs  
8 in the country except two have agreed to that  
9 information, so we do have an estimate of that  
10 early mortality, and it is a little bit higher  
11 in those that don't have informed consent, so  
12 we're going after it.

13 DR. REDBERG: Thank you very much, and  
14 we will return to any other questions after the  
15 break. I want to thank all of the speakers, I  
16 think it was very helpful. There is clearly a  
17 lot of information, there are a lot of  
18 classifications that are changing, there are a  
19 lot of devices and a lot of new devices, and a  
20 lot of changes in indications, so it was very  
21 helpful to have all the speakers. I want to  
22 thank you all also for staying on time, which  
23 was great, so we're now at 10:20 and we will  
24 take a 15-minute break and come back, I'm  
25 sorry, a five-minute break, and come back at

1 10:25, and then we'll have scheduled public  
2 comments.

3 (Recess.)

4 DR. REDBERG: Thank you. I want to  
5 welcome everyone back after the break, which  
6 was a little bit longer than we previously  
7 said. I will personally say there was a line  
8 for the ladies room. Okay. We will start with  
9 Dr. Darrel Scott, the senior vice president of  
10 regulatory and legal affairs from DNV. Dr.  
11 Scott, and you have five minutes. Thank you.

12 MR. SCOTT: Thank you, and in spite of  
13 the compliment, I'm not a physician but I  
14 appreciate the compliment, thank you very much.  
15 My name is Darrel Scott, I'm senior vice  
16 president for DNV Healthcare, and DNV  
17 Healthcare accredits and certifies healthcare  
18 entities. My financial interest with DNV is as  
19 a salaried employee.

20 On November 28, 2011, the DNV  
21 submitted a formal request for reconsideration  
22 of the NCD for artificial hearts and related  
23 devices. DNV requested that the facility  
24 criteria for this NCD be amended to include the  
25 DNV mechanical circulatory support

1 certification program as an acceptable  
2 credential as one of the criteria for  
3 facilities qualifying under this NCD. This  
4 request remains under review by the Coverage  
5 and Analysis Group of CMS.

6 DNV believes that its formal request  
7 for reconsideration of this NCD regarding  
8 facility criteria has a direct impact on  
9 Question 2.B to be addressed by the committee,  
10 and for those members of the audience that may  
11 not have that question before them, it reads:

12 Please discuss the role, if any, of facility  
13 VAD specific certification to assure attainment  
14 and maintenance of any characteristics  
15 identified in Question 2.A.

16 DNV believes that the approval of a  
17 second VAD facility certification program will  
18 broaden the base of objective criteria  
19 regarding facility evaluation, and provide CMS  
20 and MEDCAC a valuable tool for evaluating  
21 patient outcomes in facilities certified by  
22 different programs. In addition, several large  
23 hospitals with VAD programs have switched their  
24 accreditation to DNV and want to use, want to  
25 retain their VAD certification with the same

1 accreditation organization.

2       It should be noted that as a condition  
3 of retaining DNV hospital accreditation, DNV  
4 accredited hospitals seeking DNV VAD facility  
5 certification will have to also become  
6 compliant with the ISO 9001 quality management  
7 system. This quality management system is  
8 unique for U.S. hospital accreditation and will  
9 allow for additional objective criterion to  
10 compare VAD facilities certified by different  
11 programs. Thank you.

12       DR. REDBERG: Thank you. Next is  
13 Dr. Jeffrey Teuteberg, chair of Mechanical  
14 Circulatory Council, International Society for  
15 Heart and Lung Transplantation.

16       DR. TEUTEBERG: Good morning, and  
17 thank you for allowing me to present on behalf  
18 of the ISHLT. I have no relevant financial  
19 relationships to disclose.

20       There's a lot of questions before us  
21 today and there's a lot of issues that we could  
22 take up with each of these questions, but I'm  
23 going to focus today on a particular knowledge  
24 gap, and that knowledge gap is do the current  
25 indications as they're currently defined affect

1 our ability to assess and impede, and  
2 potentially predict these important outcomes  
3 that we're discussing today?

4       Bob Kormos gave a nice description of  
5 the evolution of mechanical support with the  
6 continuous flow devices, that they improved  
7 survival, better adverse event profiles and  
8 longer duration of support, and we assume that  
9 because of this improvement in technology we're  
10 moving into less sick patient populations, but  
11 we're still dealing with the old indications of  
12 BTT and DT. For the BTT trials, as you heard,  
13 patients had to be listed for transplant and  
14 they were supported supposedly for a  
15 quote-unquote short period of time, whereas DT  
16 patients were not transplant candidates and  
17 they were supported for a long period of time,  
18 but does this dichotomization really gibe with  
19 the clinical reality of taking care of these  
20 patients?

21       So, what does it mean to be a  
22 transplant candidate? Well, that definition  
23 changes over time. If you have a relative  
24 contraindication that's limited you earlier so

25 that you can't be listed at the time of

109

1 implant, does that make you destination  
2 therapy, and if not, is there a certain  
3 certainty which you have to have that that  
4 relative contraindication will get better, or  
5 is there a time frame over that, that that  
6 relative contraindication will get better for  
7 either BTT or DT?

8       There's also a lack of consistency  
9 both within institutions and across  
10 institutions. You can imagine two institutions  
11 across the street from one another and a  
12 patient may take a right turn into one and be  
13 implanted with BTT, and make a left turn into  
14 the other one and be implanted with DT. So  
15 what about these patients that are sort of in  
16 between, the bridge-to-candidacy patients that  
17 Lynne mentioned earlier? How big a problem are  
18 these patients, or how large of a proportion of  
19 our patients are these patients?

20       Well, the truth is that they're a  
21 pretty big population. This is a slightly  
22 different representation of data that Lynne  
23 showed a little bit earlier, but when you look

24 at patients from INTERMACS with continuous flow  
25 devices, the number above that black line,

110

1 about a third of the patients are DT patients,  
2 about a third of the patients are implanted  
3 with a device while they're listed for  
4 transplant, and the other third of the patients  
5 are BTC patients.

6 So if there's a collection of relative  
7 key morbidities that keep them maybe from being  
8 transplant candidates or being listed for  
9 transplant at the time of implant, we expect  
10 that their outcomes would be somewhere between  
11 the BTT and DT patients and that's exactly what  
12 we see in this data from INTERMACS for patients  
13 with continuous flow left ventricular assist  
14 devices.

15 The other thing that INTERMACS allows  
16 us to do is get a little bit more granularity  
17 about those BTC patients, and the centers can  
18 specifically define their assessment of the  
19 likelihood of that group of patients being  
20 transplanted as either likely, moderately  
21 likely or unlikely. And if you look at the  
22 outcomes over time and the percentage of

23 patients transplanted both at six months, 12  
24 months and 24 months, the yellow bars, these  
25 progressively decline across those indications.

111

1 The other thing that's important to  
2 notice is that if you look at the group that's  
3 BTT listed, about 25 percent of those patients,  
4 actually a little more than 25 percent of those  
5 patients are still supported at two years, so  
6 they were listed at the time of transplant but  
7 they're still supported at two years. I don't  
8 know what the definition of long term is, but  
9 if you ask those patients, have you been  
10 supported for a short term or a long term, they  
11 will universally tell you I have been supported  
12 for a very long period of time.

13 So, how different are the patients?  
14 Well, the therapies that we use for them, and  
15 again, this is data from INTERMACS over the  
16 course of the next couple of slides, is  
17 virtually the same, some differences I think  
18 statistically significant but not clinically  
19 significantly so. What about their end organ  
20 damage? Their renal function is about the  
21 same, their liver function is about the same,

22 their level of malnutrition is about the same,  
23 but where they differ is some of the  
24 comorbidities that may make them a transplant  
25 candidate or not. You can see the DT compared

112

1 to the BTC have a higher proportion of vascular  
2 disease, pulmonary hypertension and social  
3 issues such as tobacco use or drinking or drug  
4 abuse, and these BTC groups actually form sort  
5 of this continuum between the BTT and DT  
6 groups.

7 Now ultimately, why are these patients  
8 being implanted with mechanical circulatory  
9 support? It's because they have end stage  
10 heart failure, and regardless of indication,  
11 when you look at them either hemodynamically or  
12 echocardiographically looking at LV function,  
13 RV function, these patients are virtually the  
14 same patients, they're being implanted for the  
15 same disease state.

16 So regardless of indication, again,  
17 the disease state is the same, it's end stage  
18 heart failure, that's why these patients are  
19 being implanted, and the therapy is exactly the  
20 same with a continuous flow left ventricular

21 assist device for the most part, and this BTC  
22 group actually forms this continuum of risk  
23 between these traditional BTT and DT  
24 populations with differing definitions of  
25 transplant eligibility both within institutions

113

1 and across institutions and even over time.

2       The length of support is also very  
3 different. You know, the DT patients aren't  
4 necessarily long term, some of them are  
5 transplanted, and the BTT patients aren't  
6 necessarily short term, many of them are on  
7 support for years at a time, and the outcomes  
8 are sort of between those two groups.

9       And lastly, the strategies are fluid,  
10 patients switch from strategy to strategy over  
11 time.

12       DR. REDBERG: Time to wrap up.

13       DR. TEUTEBERG: Okay. So in  
14 conclusion, I think that there is, you know,  
15 there is a knowledge gap, how these BTC  
16 patients affect the way we assess and predict  
17 outcomes on devices. The devices have evolved,  
18 the application of the technology has evolved,  
19 and maybe it's time for the indications to

20 evolve as well. Thank you.

21 DR. REDBERG: Thank you. Our next  
22 speaker is Dr. Francis Pagani. He's professor  
23 of surgery, department of cardiac surgery at  
24 the University of Michigan Health System, and  
25 he's representing the Society of Thoracic

114

1 Surgeons.

2 DR. PAGANI: Thank you. I'm speaking  
3 today on behalf of the Society of Thoracic  
4 Surgeons and I would like to thank CMS for the  
5 opportunity to present before the panel. These  
6 are my disclosures. The research contracts are  
7 managed by the University of Michigan.

8 CMS has established a general  
9 criterion for surgeon volume for center  
10 certification for implantation of ventricular  
11 assist devices for destination therapy. This  
12 criterion by itself does not address the  
13 processes by which a surgeon may obtain the  
14 required surgical experience. The lack of  
15 specifics of the process has left this  
16 criterion open to a narrow interpretation.

17 We believe that volume criteria alone  
18 are inadequate measures of competency, and

19 additional aspects of surgical training such as  
20 a patient selection and pre- and postoperative  
21 care should be documented. Although not  
22 specifically excluded by the current criteria,  
23 a narrow interpretation of this requirement has  
24 excluded a number of important pathways for a  
25 surgeon to meet these criteria. The current

115

1 system fails to recognize experiences obtained  
2 by a surgeon during an American Board of  
3 Thoracic Surgery approved cardiothoracic  
4 residency, the experiences obtained during an  
5 advanced fellowship in cardiothoracic surgery  
6 for advanced heart failure therapies, and  
7 international training and educational  
8 experiences. It is important to note that  
9 surgical experiences obtained through a  
10 cardiothoracic residency or fellowship are  
11 recognized in the accreditation pathways for  
12 surgical directors for heart transplantation  
13 programs in the United States by the network,  
14 United Network of Organ Sharing. Heart  
15 transplantation is of similar technical  
16 complexity and patient care complexity as VAD  
17 therapy.

18 Current interpretation of CMS criteria  
19 requires that one VAD implant be performed for  
20 destination therapy indication. We believe  
21 there is no evidence to substantiate this  
22 number as being important or relative to the  
23 overall experience of the surgeon or center.  
24 Another important aspect of surgeon  
25 training is the recognition of preceptor or

116

1 teaching roles of a qualified surgeon with  
2 expertise in VAD therapy. Currently there is a  
3 narrow interpretation of what constitutes the  
4 primary surgeon of record. Current  
5 interpretation of CMS requirements includes  
6 only the billing surgeon as the surgeon of  
7 record. This narrow interpretation of the  
8 requirement is significantly limiting training  
9 and educational opportunities for other  
10 surgeons who are performing key technical  
11 aspects of the VAD implant procedure and  
12 participating in the pre- and postoperative care  
13 of patients under the supervision of a  
14 qualified surgeon with expertise in VAD  
15 therapy.  
16 The STS recommends further

17 clarification of the CMS requirements to  
18 include documentation of other aspects of  
19 training and experience that are essential to  
20 the overall qualifications of a VAD surgeon,  
21 recognition of surgical experiences obtained  
22 through an American Board of Thoracic Surgery  
23 approved cardiothoracic residency, recognition  
24 of surgical experiences obtained through an  
25 advanced fellowship program in cardiothoracic

117

1 surgery, expansion of the definition of primary  
2 surgeon to follow guidelines outlined by the  
3 American Board of Thoracic Surgery in teaching  
4 or preceptor settings, recognition of  
5 international experiences, and most  
6 importantly, establish a pathway for  
7 certification for established board certified  
8 cardiothoracic surgeons in clinical practice  
9 without prior VAD experience. The STS  
10 recommends a collaborative process for revision  
11 of VAD surgeon requirements for certification  
12 for destination therapy to include  
13 representation from CMS, the Joint Commission  
14 or other agencies that have oversight  
15 responsibility, the American Board of Thoracic

16 Surgery, and the Society of Thoracic Surgeons.  
17 The STS would like to thank CMS for the  
18 opportunity and privilege to provide  
19 perspective on this important therapy for our  
20 patients with heart failure.

21 DR. REDBERG: Thank you, Dr. Pagani,  
22 for giving us the STS perspective on surgeons  
23 and surgeon qualifications.

24 Next we'll hear from Dr. Sean Pinney,  
25 who is an associate professor of medicine at

118

1 the Mount Sinai Medical Center, and he is  
2 representing the Heart Failure Society of  
3 America.

4 DR. PINNEY: Thank you for giving me  
5 this opportunity to speak to you today on  
6 behalf of the Heart Failure Society of America.  
7 I have no financial disclosures. The Heart  
8 Failure Society of America is a society which  
9 represents over 1,300 members. It is a  
10 multidisciplinary society composed of MDs,  
11 PhDs, nurses and PharmDs. Our mission is  
12 specifically to enhance the quality and  
13 duration of life of heart failure patients. As  
14 such, we are not organized around any specific

15 intervention or discipline, but rather, we are  
16 a disease-focused society. We carry out our  
17 mission by research, education and the  
18 prevention of heart failure.

19 We have three position statements that  
20 we would like to share with you. First, we  
21 support the national coverage decision, we do  
22 not endorse any change in the current patient  
23 selection criteria which derived from  
24 prospective randomized clinical trials. We  
25 recognize the need for further well controlled

119

1 clinical trials, including examination of less  
2 sick patients. We do not support expansion of  
3 destination therapy into these populations in  
4 the absence of randomized clinical trials.

5 Third, recommendations regarding VAD  
6 surgeon and center qualifications should be  
7 informed by specific volume and outcome  
8 analyses, and the recommendations of  
9 professional societies which we heard just now  
10 from Dr. Pagani, including the Society for  
11 Thoracic Surgeons and the American Board of  
12 Thoracic Surgery.

13 I will not go over the extensive

14 evidence base which Dr. Aaronson and Dr.  
15 Kirklin and others shared with you this morning  
16 other than to point out that the initial  
17 evidence base was founded upon prospective  
18 randomized clinical trials, first with the  
19 REMATCH trial which established the use of  
20 destination therapy with a pulsatile device.  
21 This was further expanded by the use of a  
22 continuous flow pump showing the survival  
23 advantage with the use of a continuous flow  
24 pump over that of a pulsatile pump.  
25 We see that the approval of the

120

1 continuous flow HeartMate II device led to a  
2 rapid adoption of this technology and  
3 abandonment of pulsatility devices. Following  
4 the approval in 2010 of the HeartMate II  
5 continuous flow pump for destination therapy,  
6 we've seen an expansion of the use of this pump  
7 for the indication of DT. We also heard from  
8 Dr. Kirklin this morning about the results of  
9 survival for those patients receiving a  
10 destination therapy device from the INTERMACS,  
11 showing a one-year survival of 74 percent.  
12 Nonetheless, certain evidence gaps do

13 exist and Dr. Stevenson summarized those very  
14 well, specifically given those patients who are  
15 less sick, what is the survival outcome of  
16 those patients who are INTERMACS category 6  
17 and 7, and what's their quality of life, and  
18 what is the impact of mechanical support,  
19 potential impact of mechanical support in those  
20 populations? We think this is a viable  
21 testable hypothesis which is worth pursuing,  
22 and we heard from Dr. Aaronson how the  
23 REVIVE-IT trial may help to address that.

24         Right now there are certain specific  
25 DT facility criteria. These include that one

121

1 member must have experience implanting at least  
2 ten LVADs in the previous 36 months, centers  
3 must report to INTERMACS, they must be  
4 credentialed by the Joint Commission, and there  
5 must be patient informed consent materials and  
6 processes in place.

7         However, there are also other  
8 knowledge gaps which Dr. Pagani just  
9 elucidated. There are certain volume outcome  
10 relationships which remain uncertain that are  
11 certainly worth evaluating. A pathway for

12 foreign trained surgeons remains unclear, there  
13 is no pathway for VAD training certification,  
14 and these knowledge gaps are being addressed by  
15 position statements from the STS and the  
16 American Board of Thoracic Surgery. Thank you  
17 very much.

18 DR. REDBERG: Thank you, Dr. Pinney,  
19 for giving us the insight from the Heart  
20 Failure Society of America perspective. Next  
21 we have Dr. Wayne Levy, who is the medical  
22 director of the University of Washington  
23 Regional Heart Center and a professor of  
24 medicine and cardiology.

25 DR. LEVY: One correction, it's the

122

1 Heart Center Clinic at the University of  
2 Washington. What I would like to do is address  
3 first disclosures. HeartWare, Thoratec,  
4 General Electric, NHLBI, all of these are  
5 research funding, and the University of  
6 Washington with the copyright to the Seattle  
7 Heart Failure Model.

8 I would like to address point one, and  
9 that is mortality among medically treated  
10 patients, and suggest that the Seattle Heart

11 Failure Model will be a virtual control to  
12 describe that risk with medical therapy for  
13 patients for selection and also to describe  
14 patients who have received the device.

15 AHA has suggested a 50 percent  
16 one-year mortality for placement of the device,  
17 this is clearly not what is being done, most  
18 patients do not meet this criteria. CMS,  
19 unless they've changed this, to the best of my  
20 knowledge has required a two-year survival or  
21 less along with the criteria of peak VO<sub>2</sub> of 14,  
22 but they have not provided a model to calculate  
23 the survival.

24 This is illustrating a curve with a 50  
25 percent survival at two years and the NHLBI

123

1 funded trial, REVIVE-IT, will be using the  
2 Seattle Heart Failure Model for entry, and it  
3 requires 16.5 percent mortality. If we look at  
4 the Seattle Heart Failure Model, it obtains  
5 easily identifiable clinical variables  
6 including very important medical therapy. Loop  
7 diuretic doses which are not currently  
8 collected in INTERMACS are a very profound  
9 variable, with an ROT of .66 alone, it has

10 simple biomarkers which are last.  
11 If we look at medication use, this is  
12 functional Class IV patients depending on  
13 whether you're on zero, one or two medical  
14 therapy, you have superb outcome, 81 percent  
15 survival if you're functional Class IV but  
16 still on two medications. This is validation  
17 prospectively on 10,000 patients, the  
18 calibration is excellent, it's now been  
19 validated with 20,000 additional patients and  
20 most data sets have shown excellent calibration  
21 if you look strictly at death. As we're now  
22 placing LVADs into lower risk patients, the  
23 event rate is higher if you're including lower  
24 risk LVAD patients.  
25 It's a very simple online model.

124

1 Here's a patient who would be sick enough for  
2 an LVAD but if you placed them on ACE, beta  
3 blocker or aldosterone blocker they had an 11  
4 percent mortality rather than 40 percent, and  
5 they clearly would not qualify for an LVAD.

6 We do not need a model like this for  
7 INTERMACS 1 through 3. For INTERMACS 4  
8 through 7, I think it can be extraordinarily

9 helpful to define the risks in patients treated  
10 with medical therapy. This is from the O'Neill  
11 article showing that a peak VO<sub>2</sub> at 14 is  
12 roughly a 14 percent annual mortality. That is  
13 not high enough risk to actually benefit from  
14 an LVAD, as we saw that average destination  
15 therapy patient is 20, 25 percent.

16 This is data we recently published  
17 with Donna Mancini and Keith Aaronson looking  
18 at patients with a peak VO<sub>2</sub> below 10. This is  
19 10-year survival and you can see that if you  
20 have a low Seattle Heart Failure risk score you  
21 have excellent 10-year survival, we're talking  
22 about 50 percent 10-year survival free from  
23 LVAD, free from transplant with medical  
24 therapy.

25 It does not matter if you have a high

125

1 risk score whether your peak VO<sub>2</sub> is 10 or 18,  
2 you still have a very poor survival, and these  
3 patients should get an LVAD currently.

4 If you look at other things that can  
5 add to the model, risk imaging, MIBG, looking  
6 at sympathetic activation is the one that I  
7 think has the most utility, improving ROC AUC

8 by almost .04, which was highly statistically  
9 significant.

10 Does it predict outcome after an LVAD?

11 And the Johns Hopkins University looked at it  
12 and found that it was a superior risk model  
13 even though it's not designed to predict LVAD  
14 survival, and superior to the INTERMACS risk  
15 score. If you have a lower survival with the  
16 medical therapy, you had worse survival with  
17 the LVAD. We found the same thing at our  
18 institution.

19 We looked at the ADVANCE trial, had  
20 the privilege of analyzing what these patients  
21 would prospectively do with medical therapy.  
22 Only 52 percent would meet the AHA criteria of  
23 less than 50 percent one-year survival with  
24 medical therapy, 74 percent would meet what I  
25 think is CMS of less than 70 percent survival.

126

1 The black bars on the left side are the  
2 intraaortic balloon pump patients that are  
3 clearly all very sick. The inotropes are  
4 across the spectrum, including some patients  
5 who actually would have predicted reasonably  
6 good survival and may not benefit from a VAD.

7 The people not on inotropes are more to the  
8 right side.

9 We can now use this as a virtual  
10 control, which could be done with INTERMACS as  
11 well. We have a blue line in predicted medical  
12 therapy, the red line is the observed outcome.

13 You can calculate hazard ratios, and the  
14 expected hazard ratio here is in the range of  
15 an 80 percent reduction in mortality. If you  
16 look at the balloon pump patients, they are  
17 sicker, 17 percent predicted medical survival,  
18 90 percent. If we look at the inotropes, about  
19 50 percent, and we look at the people not on  
20 inotropes, this is the REVIVE-IT type  
21 population, they had a 92 percent survival.

22 And if we look at the correlation with hospital  
23 days per year, people with a 25 to 50 percent  
24 mortality as predicted by the model will spend  
25 20 to 40 days in the hospital per year. If we

127

1 look at risk stratification --

2 DR. REDBERG: Time to wrap up.

3 DR. LEVY: I would urge you to start  
4 collecting this data, in INTERMACS it will be  
5 collected and reviewed.

6 DR. REDBERG: Thank you, Dr. Levy, for  
7 talking to us about the importance of looking  
8 at risks in patients and your concerns about  
9 lower risk patients having a less favorable  
10 benefit-to-risk ratio and suggesting other  
11 models.

12 Next is Dr. Goldberg, Dr. Lee  
13 Goldberg, chair of Heart Failure and Transplant  
14 Council of the American College of Cardiology,  
15 and the medical director of the heart failure  
16 and cardiac transplant program at the  
17 University of Pennsylvania.

18 DR. GOLDBERG: Thank you very much. I  
19 will disclose that I have very modest speaking  
20 fees from Thoratec for its fellows training.

21 The ACC and AHA guidelines for the  
22 management of heart failure suggest that for  
23 patients to be considered for destination  
24 therapy for VADs, that the expected one-year  
25 survival should be less than 50 percent despite

1 medical therapy, but unfortunately it does not  
2 define specific criteria other than just the  
3 absolute mortality. In addition, the INTERMACS  
4 registry also defines acuity and functional

5 capacity but does not provide specific

6 selection criteria.

7 You've heard about several prediction

8 models so far, one being the Heart Failure

9 Survival or the Seattle Heart Failure Score,

10 there's also a VAD implant survival score that

11 has also been used, but no models have been

12 developed to predict both survival and improved

13 quality of life, and there really is no

14 standardized evaluation procedure for potential

15 candidates for VAD therapy across programs to

16 allow for collection of model covariates and

17 then to understand subsequent outcomes.

18 This is probably the most important

19 slide that I'll show, and that is what are the

20 factors that impact outcomes, and you've heard

21 a lot of this data in little bits and pieces,

22 but this gets at the Medicare population that

23 we're really focused on today and that is the

24 concept of frailty, and which of the things do

25 we expect to get better with LVAD support and

129

1 which of the things do we expect not to

2 improve.

3 And certainly comorbidities and organ

4 dysfunction that's irreversible, as well as  
5 cognitive impairments, et cetera, are not  
6 always likely to get better and may very  
7 negatively impact quality of life and really  
8 decrease the value of this therapy, as opposed  
9 to some things which may get markedly better,  
10 functional capacity, et cetera, with LVAD. And  
11 so understanding this concept of frailty will  
12 be increasingly important to understand how to  
13 value this technology.

14       In looking at specific facility and  
15 operator characteristics that impact outcomes,  
16 clearly there are many examples that this  
17 impacts both quality as well as cost,  
18 including VADs, and the ACC supports the  
19 concept of accreditation for centers in order  
20 to provide this therapy. And again, how this  
21 is decided may need to be adjusted, but  
22 certainly understanding that accreditation is  
23 probably very important to get better outcomes,  
24 and you can see that with experience there's  
25 improved survival, and several other speakers

130

1 have shown this.

2       Now the goals of certification will

3 ensure that team members are experienced and  
4 competent within their discipline, so not just  
5 volume but also competence, for both selection  
6 and insertion, but also for perioperative,  
7 postoperative and long-term management of that  
8 patient, something that we don't have a lot of  
9 data for. We also want to make sure that  
10 there's availability of evidence-based care  
11 plans and evidence of data collection for  
12 quality measurement and improvement, not just  
13 survival and complications. And finally, that  
14 there's adequate institutional commitment and  
15 resources to support the VAD program and to  
16 report the data to the appropriate registries.

17 I do want to note that cardiac  
18 transplant still provides the best long-term  
19 survival, and limiting, and there is only  
20 limited VAD survival data for two years. So  
21 the ACC does support the role of transplant  
22 centers in partnering with VAD centers to  
23 ensure that patients are offered the  
24 opportunity for transplant if they are  
25 appropriate candidates, since at least with our

1 current technology this is a superior outcome.

2           The ACC also strongly supports the  
3 concept of a multidisciplinary heart care team  
4 to provide care for these patients, including a  
5 litany of healthcare providers, because all of  
6 these play a critical role in their assessment,  
7 and we believe that these should be also  
8 supported in the reimbursement strategy so that  
9 programs can provide all of these services.

10           In terms of generalizability to the  
11 Medicare population, there's limited data to  
12 those over the age of 70, and there are several  
13 unique challenges that need to be assessed,  
14 including the impact on caregivers, patients  
15 being able to live alone with their VADs, and  
16 comorbidities that will impact survival,  
17 quality of life, or even their ability to  
18 manage this technology even if their quality of  
19 life is good. There is very limited assessment  
20 of frailty, and then we need to address the  
21 cost of outpatient supplies and equipment and  
22 how that impacts the family, the community, as  
23 well as the providers.

24           There are several evidentiary gaps  
25 that we've already heard about, the utility and

1 criteria of bridge-to-decision or  
2 bridge-to-candidacy, the utilization of VAD in  
3 less sick patients. We need multidisciplinary  
4 research on end organ function and recovery  
5 with our colleagues from renal, GI, et cetera.  
6 We need end of life planning and care for VAD  
7 patients, and we need to understand how to  
8 utilize other devices, management of  
9 arrhythmias and dysrhythmias in these patients  
10 and whether they still require ICD and BiV,  
11 et cetera. We need to know what are the  
12 factors that allow successful bridge to heart  
13 transplant or to even ventricular recovery. We  
14 need to understand more about the role of  
15 anticoagulation strategies, especially  
16 age-related risks. And then the risk factors  
17 for pump thrombosis and whether there are  
18 genetic or other tests that need to be done in  
19 order to determine that. Finally, the last of  
20 the evidentiary gaps are the role of  
21 pharmacologic therapy for patients on VADs, the  
22 psychosocial impact, and the impact of right  
23 ventricular failure.

24       So in conclusion, the ACC supports the  
25 need for a supported VAD and advanced heart

1 failure registry, this data to pool across  
2 centers to allow us to analyze outcomes,  
3 identify factors for risk models, and provide  
4 evidence for best practices. Thank you very  
5 much.

6 DR. REDBERG: Thanks, Dr. Goldberg,  
7 for giving us the views of the American College  
8 of Cardiology and noting the importance of  
9 heart teams and data specific to age of  
10 Medicare beneficiaries.

11 Wrapping up is Dr. Mariell Jessup, who  
12 is the president-elect of the American Heart  
13 Association and a professor of medicine at the  
14 University of Pennsylvania.

15 DR. JESSUP: Thank you for allowing me  
16 to present on behalf of the American Heart  
17 Association. The advantage of being the last  
18 speaker is that I can quickly go through some  
19 of my slides as soon as they're put up. I do  
20 not have any conflicts to disclose. I think  
21 you've heard a lot of what I have on the slides  
22 and I want to underscore several important  
23 things that the American Heart Association  
24 feels strongly about.

25 Number one is that we've heard an

1 awful lot about the INTERMACS registry, and the  
2 American Heart Association feels strongly that  
3 INTERMACS has been a very useful vehicle not  
4 only to learn and look at quality issues with  
5 respect to VADs, but as a source of ongoing  
6 dialogue between clinicians, a source of  
7 publications, and has really supplemented the  
8 industry-sponsored trials. We would strongly  
9 also encourage MedaMACS moving forward because  
10 as Dr. Stevenson has said, it is critically  
11 important for us to understand the natural  
12 history of heart failure in the less sick  
13 patient population that do not get VADs.

14 We have a number of different criteria  
15 that, as you've heard, will predict who is  
16 going to do poorly both with medical therapy  
17 and with VAD therapy, but a lot of this  
18 criteria is based upon pulsatile flow VAD  
19 technology, and we have lots more to do with  
20 respect to risk criteria for the nonpulsatile  
21 flow VADs.

22 So, I think it's fair to say that the  
23 American Heart Association says when looking at  
24 the entire database, we really know who is  
25 likely not to survive with pulsatile flows, we

1 are learning who may not survive with  
2 continuous flow pumps, but we do not yet know  
3 who will do well, well meaning survive and with  
4 quality of life, with continuous flow VADs.

5 We want to talk, again as several  
6 other speakers, about bridge-to-transplant.  
7 The AHA feels the Medicare criteria should  
8 remain the same. We think that the patient  
9 undergoes an extensive evaluation to determine  
10 if they are a transplant candidate, and this  
11 evaluation is certainly sufficient to determine  
12 VAD candidacy and this will overall result in  
13 better survival for patients who might have  
14 died while waiting for a transplant.

15 Destination therapy, we feel the  
16 existing Medicare criteria is appropriate and  
17 there is not enough evidence to extend it to  
18 less sick patients. As we've heard, the  
19 REVIVE-IT trial is actively anticipated.

20 One change to consider is to remove  
21 the requirement that patients cannot be a  
22 candidate for heart transplant. We need to  
23 provide coverage for bridge-to-decision  
24 patients. This slide shows the modifiable, the

1 candidates. The three top reasons are advanced  
2 age, renal dysfunction and high body mass  
3 index, and it is always considered that the  
4 modifiable renal dysfunction, high body mass  
5 index and pulmonary hypertension could be  
6 modified. One-third of all patients receive a  
7 VAD under a bridge-to-decision and therefore we  
8 feel that this needs to be considered as a  
9 change in policy.

10 AHA supports existing Medicare  
11 criteria for the facility operator  
12 characteristics, and we just want to emphasize  
13 that there are a number of existing programs  
14 already that address training needs,  
15 specifically not surgeons but the ABIM has now  
16 begun an advanced heart failure and transplant  
17 subspecialty, there are now ACGME-approved  
18 certified training centers for these  
19 cardiologists in advanced heart failure and  
20 transplant, and the Joint Commission advanced  
21 certification in heart failure, which was  
22 created in collaboration with the AHA,  
23 incorporates the guidelines and helps advance

24 the whole team aspect of care for these very  
25 sick patients. Finally, the Joint Commission

137

1 advanced certification in VADs.

2 I want to finally finish up by saying  
3 that the Medicare population is very applicable  
4 when we talk about VADs and as you've seen,  
5 about 25 percent of the patients in INTERMACS  
6 now are 65 years or older.

7 I will completely finish by saying  
8 there are many many areas that desperately need  
9 research, including something that I'll  
10 highlight, the level of evaluation appropriate  
11 to determine if the DT patient is not a  
12 transplant candidate, perhaps they don't need a  
13 complete and full transplant evaluation. We  
14 need to understand the full extent of adverse  
15 events in the DT population and who is at risk  
16 for these events. We need a standardized  
17 approach to GI bleeding or infection. We need  
18 to know how to make risk profiling efforts more  
19 granular so that we understand not only  
20 survival but quality of life. We need to  
21 understand the best approach that would allow a  
22 critically ill patient to safely receive a DT

23 VAD; as we've heard, they don't do well. How  
24 best to use INTERMACS in premarket and  
25 postmarket surveillance. Should the

138

1 performance standards require survival longer  
2 than two years. Should there be an enforceable  
3 upper age limit, interaction between side  
4 effects, why few patients recover enough to  
5 have a VAD removed, and how to identify the  
6 appropriate less sick patients.

7 In summary, the current criteria for  
8 bridge-to-transplant requirements are adequate,  
9 CMS should consider revising the  
10 destination-to-bridge decision, and we look  
11 forward to many more trials. Thank you for the  
12 opportunity.

13 DR. REDBERG: Thanks, Mariell, for  
14 giving us the perspective of the American Heart  
15 Association on what we have learned and what we  
16 still need to learn.

17 Next we have four people that have  
18 signed up to do public comments, these will be  
19 one minute each. And I will say the last  
20 person, Margarita Camacho, we still need your  
21 conflict of interest form before you can speak.

22           The first person will be Carmelo  
23 Milano, from Duke University, and the next  
24 person is Kevin Shaw. If you want to come  
25 closer to the front, that would be great.

139

1           DR. MILANO: I'm the surgical director  
2 for heart transplant and LVAD at Duke  
3 University, and I have a conflict of interest  
4 in that I am a consultant for Thoratec as well.  
5 I had a number of comments, many of them have  
6 already been covered, but I think, you know,  
7 with regard to the first question, it's  
8 important for the panel to reflect on the types  
9 of patients we're implanting with destination  
10 therapy LVADs and what those patients' outcomes  
11 would be if we did not offer them this therapy.

12           In reviewing Dr. Kirklin's  
13 presentation, the majority of patients who are  
14 implanted with destination therapy LVAD are  
15 currently in the upper levels of the INTERMACS  
16 staging, they are patients who are dependent  
17 upon continuous intravenous inotropes, and  
18 these patients we know from older data sets  
19 have an extremely poor outcome without VAD  
20 therapy.

21           And if we look at the medical  
22 management arm of REMATCH, their survival is  
23 roughly 20 percent at one year, relative to  
24 current survival outcomes of better than 65  
25 percent with continuous flow DT LVAD, so this

140

1 is an absolute survival benefit of about 45  
2 percent. This is impressive compared to other  
3 cornerstone therapies for heart failure, if you  
4 look at beta blockers, ACE inhibitors, ICDs for  
5 earlier stages of LV dysfunction and heart  
6 failure, the absolute survival benefit is much  
7 smaller. So I think this is an important  
8 therapy and under the current guidelines, I  
9 think the absolute survival benefit is  
10 impressive.

11           DR. REDBERG: Thank you, Dr. Milano.  
12 The next speaker, the name is a little sketchy,  
13 but is it Kevin Shaw?

14           DR. SHAH: Keyur Shah, from Virginia  
15 Commonwealth University. My actual comments  
16 have been covered by the speakers. I do have  
17 disclosures for minor grants from industry,  
18 from Thoratec.

19           My concerns initially were related to

20 paucity of data for treating patients who were  
21 medically non-inotrope dependent, but I think  
22 speakers have covered that adequately so I have  
23 no further comment.

24 DR. REDBERG: Thank you very much.

25 The next speaker is, it looks like Silvestry,

141

1 from Washington University, St. Louis, and you  
2 can reintroduce yourself.

3 DR. SILVESTRY: I'm Scott Silvestry,

4 I'm the surgical director for heart

5 transplantation, mechanical circulatory

6 support. I also have consulting fees from

7 Thoratec alone. I just had two comments.

8 One is that our program has over 100

9 supported patients as outpatients with over 250

10 patient-year lives saved at this point, and I

11 think it's important technology. If we look

12 back at two different populations, one is

13 patients evaluated for destination therapy who

14 either we decline to offer the therapy or they

15 decline to accept the therapy at that point, at

16 two years there's 11 percent survival.

17 And the second population are Missouri

18 Medicaid patients who are only funded for

19 bridge-to-transplant and in patients with clear  
20 contraindications for transplant who cannot  
21 have bridge-to-transplant because of  
22 eligibility criteria, therefore they're  
23 unfunded, at two years they have zero percent  
24 survival.  
25 I think the time has come to put the

142

1 need for support ahead of the destination of  
2 support, and treat the disease in the patients  
3 without regard to where they may or may not go.  
4 Thank you very much.

5 DR. REDBERG: Thank you. And our last  
6 speaker is Margarita Camacho, from Barnabas  
7 Health.

8 DR. CAMACHO: I'm the surgical  
9 director of the heart transplant program at  
10 Newark Beth Israel and Barnabas Health in New  
11 Jersey. I will cut this very short.

12 The next step is, I believe is to have  
13 trials such as the NHLBI-sponsored REVIVE-IT  
14 trial --

15 DR. REDBERG: Could you state your  
16 conflicts?

17 DR. CAMACHO: I'm sorry, I have no

18 conflicts.

19 I think the next step is to have  
20 trials such as the NHLBI-sponsored REVIVE-IT  
21 trial mentioned earlier, to assess whether VADs  
22 can benefit patients from the earlier stages of  
23 advanced heart failure. Now that this  
24 mechanical alternative exists which lasts four  
25 years and gives not only survival but quality

143

1 of life, we should be looking at VADs earlier  
2 before patients become a significant surgical  
3 risk.

4 With respect to two evidentiary gaps,  
5 there's no reliable predictive patient risk  
6 score, there's insufficient data to indicate  
7 the surgeon and program volume requirements.  
8 INTERMACS can really help close these gaps.

9 It is reasonable to continue the  
10 certification process for destination VAD  
11 therapy given the many unique features of this  
12 specialty, and due to the multidisciplinary  
13 nature and unique features of this specialty,  
14 the heart team concept should improve patient  
15 outcomes. This is supported by, as Dr. Jessup  
16 mentioned, the recent American Board of

17 Internal Medicine certification for heart  
18 center transplants, and the ongoing  
19 CMS-required certification, that an experienced  
20 and skilled infrastructure should improve  
21 patient outcomes. Thank you.

22 DR. REDBERG: Thank you very much. I  
23 want to suggest now that the speakers can move  
24 up to the front row, and we have time for  
25 continued questions from the panel. Yes, Dr.

144

1 Faught.

2 DR. FAUGHT: In terms of  
3 anticoagulation since bleeding is a significant  
4 comorbidity, are there new anticoagulants that  
5 are expected to improve that in any way, or any  
6 changes in the coagulation strategy on the  
7 horizon?

8 DR. PAGANI: Currently the recommended  
9 anticoagulation for the device is an INR of two to  
10 three.

11 DR. REDBERG: Your name again, sir?

12 DR. PAGANI: I'm sorry, Frank Pagani,  
13 University of Michigan. It's depending on the  
14 types of device, but the general recommendation  
15 for anticoagulation is warfarin INR with a goal

16 of two to three, and anticoagulative therapy  
17 with aspirin. There is no current data to  
18 suggest that there be a different  
19 anticoagulation profile on the horizon.

20 DR. REDBERG: Thank you. The next  
21 question is from Dr. Grant.

22 DR. GRANT: First I want to compliment  
23 all the speakers, you did an outstanding job.  
24 This is a question for either Dr. Naftel or Dr.  
25 Kirklin. In the INTERMACS it seems to capture,

145

1 what, close to 90 percent of patients with  
2 VADs, and I just did a back of the envelope  
3 calculation in the 145 centers. So, what is  
4 your estimate of what's the average number of  
5 VADs placed per center per year, because what I  
6 come up with is about 14; does that sound about  
7 right?

8 DR. KIRKLIN: James Kirklin, UAB.  
9 1800 divided by 140.

10 DR. REDBERG: Okay. Dr. Brindis, do  
11 you want to follow up, and then next was  
12 Dr. Rich and then Dr. Schwartz.

13 DR. BRINDIS: I actually want to  
14 follow up on that point because Lynne very

15 nicely said how important it is in terms of  
16 criteria, centers of excellence, in terms of  
17 doing this safely and wisely, and the whole  
18 concept of rational diffusion of this  
19 innovative technology now at 144 centers. So  
20 when you have volume, of course it's just one  
21 indicator of quality.

22 I would be interested, and anybody can  
23 help me, what is the actual range in volume  
24 between centers? In other words, the median  
25 would be a more interesting question than the

146

1 mean, and has INTERMACS looked a little bit  
2 about outcomes, at least short-term outcomes  
3 related to center volume in that respect, and  
4 since we've learned from the HeartMate II risk  
5 score that there was a substantial risk related  
6 to total volume, and maybe some comments from  
7 some of the experts related to that issue.

8 DR. REDBERG: More than one person can  
9 address this answer.

10 DR. KIRKLIN: Jim Kirklin, UAB. You  
11 know, I don't have the exact numbers at my  
12 fingertip, but it would range from five to 60  
13 or more. We have not yet identified specific

14 hospitals as risk factors. You know, it's  
15 early in the experience of INTERMACS, but that  
16 has not of course been a particular charge of  
17 ours. But in specific answer to your question,  
18 we have not identified to date the two years of  
19 continuous flow technology individual centers  
20 as risk factors.

21 DR. REDBERG: Did you know the median?

22 I think that was the other question.

23 DR. KIRKLIN: If you're interested in  
24 that, we can supply that to you after the lunch  
25 break, the median number of VAD implants per

147

1 center.

2 DR. REDBERG: Okay. Dr. Stevenson.

3 DR. STEVENSON: I'll address what I  
4 think is the larger context of your question.  
5 Certainly with heart transplants, it has a very  
6 similar infrastructure to what we're talking  
7 about with cardiology, social workers,  
8 infectious disease, the surgeon, the palliative  
9 people, and so the infrastructure is almost  
10 exactly the same as what we would have for a  
11 VAD program, which is one of the reasons it has  
12 been so convenient to have the VADs in the

13 transplant centers, because the infrastructure  
14 is already there.

15 For transplants, as I recall, it has  
16 been shown as either 12 or 15 transplants per  
17 year as a clear cutoff, below which the  
18 outcomes have been worse, and I would  
19 anticipate that there would be some similar  
20 data for VADs, but we don't have the details.  
21 I think when you look at what would be  
22 required, it would be very similar to that, and  
23 frankly, trying to evaluate a center that does  
24 VADs and not transplants, right now I don't  
25 think we have a database from which to do that

148

1 very well, but clearly it looks similar to how  
2 we've made sure that the best centers have been  
3 doing transplants for the last 20 years.

4 DR. REDBERG: Lynne, just to follow up  
5 on that, would you say that that was related  
6 more to the volume or to the heart team concept  
7 at the transplant centers that you have  
8 previously identified with better outcomes?

9 DR. STEVENSON: Well, frankly, I think  
10 if you're doing fewer than 12 a year you're not  
11 going to be able to support the infrastructure

12 that you need to have good outcomes, because  
13 you have all those different people and if  
14 you're dividing that kind of workforce among  
15 just a handful of patients, you wouldn't be  
16 able to do it. So just the practical logistics  
17 means you would have to have a fairly large  
18 volume to make it worthwhile to have all the  
19 appropriate staff.

20 DR. REDBERG: Thank you. Dr. Rich, I  
21 think you were next.

22 DR. RICH: I just have a question for  
23 Dr. Kirklin. INTERMACS does not, the level of  
24 attribution is at the hospital, it's not down  
25 to the individual surgeons; is that correct?

149

1 DR. KIRKLIN: Yes.

2 DR. RICH: So that you wouldn't be  
3 able to really use INTERMACS to help us with  
4 the surgeon volume criteria. My thought and  
5 question to you would be since the STS database  
6 does go down to the level of the surgeons, has  
7 any thought been given to actually blending the  
8 two databases so that we could, one, capture  
9 the missing data, and two, get it all the way  
10 down to the level of the individual surgeon

11 providing criteria.

12 DR. NAFTEL: David Naftel. Certainly  
13 we haven't set up anything like that, and I  
14 remember when we built INTERMACS, we  
15 specifically only wanted to go down to the  
16 hospital level. That can be revisited and we  
17 could match up with the STS. We haven't done  
18 it yet and I know it's not under this panel's  
19 consideration, but the biggest issues are PHI,  
20 information confidentiality issues like that,  
21 that I hope we never have to worry about, but  
22 we do when we start merging databases.

23 DR. LEVY: Wayne Levy, University of  
24 Washington. Todd Dardus, who has trained with  
25 Frank Pagani, and Keith is now at our

150

1 institution, he will be joining us July 1st, he  
2 has a proposal before STS to look at  
3 patient-surgeon volume at some of the outcomes  
4 at the centers, and we'll see whether or not it  
5 gets approved.

6 DR. REDBERG: Next is Dr. Schwartz,  
7 and then Dr. Mock.

8 DR. SCHWARTZ: Rita, if you could give  
9 me permission, I have two questions that are

10 somewhat related actually, for a change.

11 DR. REDBERG: Okay.

12 DR. SCHWARTZ: The question I had  
13 which relates to a number of you on the panel,  
14 but it sort of picks up on what Lee said and a  
15 little bit what Mariell addressed, and it has  
16 to do with what we just talked about, ways to  
17 enrich the INTERMACS database, because it  
18 potentially has greater use. I wanted to just  
19 focus on one thing but then allow people to  
20 maybe address the broader question.

21 And that is, for example, as has been  
22 identified by many speakers today, the  
23 importance of quality of life, functional  
24 status and the patient-reported aspects, and  
25 also the difficulty getting that information,

151

1 and personally I agree with Lee's suggestion  
2 that this be made a core component. The  
3 question that I would have for you guys who  
4 have to kind of make this work is, what's the  
5 feasibility if there was external support or if  
6 there was dedicated support to collect this, is  
7 this just a support issue or is it a larger  
8 issue than that?

9           Then also the larger general question  
10 about just enriching the database in other  
11 ways, because what I'm thinking about is that  
12 it might be very useful for MEDCAC to identify,  
13 or for CMS to identify specific questions that  
14 could be addressed that would inform decisions  
15 down the road, but that depends on the capacity  
16 to generate that information in a valid  
17 reliable way.

18           DR. KIRKLIN: Jim Kirklin, UAB. Those  
19 are very important issues, and one of the  
20 things about INTERMACS that everyone needs to  
21 realize is that in its essence, INTERMACS is  
22 recording ongoing standard experience from  
23 hospitals. So there's not, other than a  
24 mandate to participate in INTERMACS, there is  
25 certain core experiential information they must

152

1 provide, otherwise they're out of compliance.  
2 But if there are particular studies, for  
3 example functional outcome, quality of life,  
4 that they don't deem to be part of their  
5 standard of care, then they don't have to  
6 supply that, we can't mandate that.  
7           So that leaves opportunities for other

8 agencies like JCAHO and CMS to underscore the  
9 importance of that kind of information in the  
10 long-term evaluation of device therapy, and we  
11 of course think it's very important to the  
12 extent that there's an editorial article  
13 recently in the Journal of Heart and Lung  
14 Transplantation which we had worked for over a  
15 year at getting experts together, to discuss  
16 and define the role of functional outcome and  
17 quality of life data and its importance that it  
18 be standard of care in the long-term management  
19 of these patients.

20       So I think the reality is if we can  
21 get centers to agree and embrace the idea, or  
22 being told that the standard is to collect this  
23 kind of information, then it will be put in  
24 INTERMACS and then we can monitor it, but we  
25 can't demand it.

153

1       DR. SCHWARTZ: But outside groups that  
2 have some impact or got people's attention,  
3 might be able to help cut through this?

4       DR. KIRKLIN: Absolutely.

5       DR. SCHWARTZ: Make an offer they  
6 can't refuse?

7 DR. KIRKLIN: Well, it's not a matter  
8 of manpower really, because just like in the  
9 transplant world, once institutions know in  
10 order to participate in that activity or in  
11 that therapy they must supply the information  
12 then they find the resources, human or  
13 otherwise, to do it, but it has to be mandated.

14 DR. NAFTEL: David Naftel. To pick up  
15 a little bit further on that, everything that  
16 Jim said is obviously accurate, but we do  
17 something additional. When the coordinator  
18 does not record quality of life, say  
19 preimplant, then they have to enter what was  
20 the reason, and preimplant, the majority of  
21 those reasons are too sick. There's also  
22 administrative reasons, which is a euphemism  
23 for the coordinator was too busy, but that's  
24 more of the reason post.

25 But one thing that we found with a lot

154

1 of the quality of life thinking are that these  
2 instruments, EuroQol, KCCQ, they're built to  
3 hand to somebody and have them fill it out,  
4 they're not built to assess quality of life in  
5 someone who's too sick. So now we are working

6 with our quality of life experts to say what  
7 scores should we assign, and for the EuroQol  
8 there's five dimensions, one's mobility, and if  
9 you're too sick I think you ought to get a  
10 pretty low score, so there's a little give and  
11 take on that.

12 DR. SCHWARTZ: There's also some data  
13 we can talk about at the lunch break, but  
14 patients are pretty good at short-term recall,  
15 so if you ask them four days after surgery what  
16 they were doing a week before surgery, there  
17 might be ways to get that.

18 The second question that I had was  
19 really for Mariell. You mentioned at the end  
20 about certification and the work the ACC and  
21 JCAHO is doing, and this gets to the question  
22 we have to address this afternoon. Do you  
23 think there's any compelling reason why the ACC  
24 has to work exclusively with JCAHO, or whether  
25 the ACC could serve a similar role with other

155

1 Medicare certifying agencies or groups?

2 DR. JESSUP: Mariell Jessup,  
3 University of Pennsylvania. I'm a little  
4 confused because the ACC hasn't been working

5 with JCAHO, it's the AHA that's been working  
6 with JCAHO.

7 DR. SCHWARTZ: AHA, okay. I'm sorry,  
8 I'm just a general internist.

9 DR. JESSUP: It's just that I had my  
10 AHA hat on today too. I don't think there's  
11 any reason why not. I mean, just like  
12 INTERMACS represents an unprecedented  
13 combination of lots of agencies and industry  
14 and academia and clinicians to work together to  
15 improve the outcomes in our patients, there's  
16 no reason why we can't do that again. And I  
17 think what you've heard today was really  
18 representative of our community at large, that  
19 wants to have this technology and provide the  
20 very best outcomes.

21 DR. REDBERG: Dr. Mock is next.

22 DR. MOCK: Yeah. I'm trying not to  
23 pile on to INTERMACS here, but I did have a  
24 couple more questions if I could. When we  
25 talked about, it wasn't mentioned directly, but

156

1 the growth, to go from October 22nd to November  
2 14th, and we added three more facilities. I  
3 guess my question is, even though there may not

4 be a mandate, is there a responsibility of the  
5 organization to say how many is enough, what is  
6 access, what is the ceiling, where are we  
7 going? Is 14 VADs a year, if that's not  
8 adequate, then how many more centers will we  
9 add in the next four months, six months, a  
10 year?

11 Let me be more specific. Is there  
12 discussion in your leadership, or do you  
13 anticipate formulating a concept around a  
14 center of excellence that would provide  
15 adequate numbers for the surgeons and for the  
16 team, and show that those outcomes equaled  
17 constricting the utilization of this  
18 implantation across the country?

19 DR. KIRKLIN: Jim Kirklin, UAB. So,  
20 that's a very complicated question, as you  
21 know. In brief, it's important to understand  
22 that our initial charge from the NHLBI was a  
23 scientific one, and there has been a gradual  
24 evolution, of course, to wanting to supply  
25 quality assurance, which really addresses your

157

1 concern.

2 It is always a delicate balance

3 between, for example, trying to get as much  
4 information as you can from the community at  
5 large, not all of which participate in  
6 destination therapy, and therefore are  
7 volunteer members of INTERMACS, and yet trying  
8 to be beneficial to the greater good about  
9 really what is appropriate in terms of numbers,  
10 volume, experience, et cetera.

11         So in short I would say that INTERMACS  
12 would welcome a collaboration with anyone,  
13 whether it be CMS or other aspects of federal  
14 government, insurance carriers, to in a  
15 responsible way try to identify risk factors to  
16 whatever level was desired. I think that  
17 currently we don't have quite enough  
18 information to begin that pursuit because of  
19 our short period of interval follow-up, but  
20 clearly we are open to exploring anything that  
21 would improve the overall lot of patients and  
22 the allocation of device therapy, but it's a  
23 challenging concept.

24         DR. STEVENSON: I'm going to step up,  
25 not because I haven't answered but because I

1 want to prolong the time and attention that

2 your question gets. If we look at cardiac  
3 transplantation, it is a very limited resource  
4 because of the number of donors and so it's  
5 very important that the utilization of that  
6 resource in terms of the fairness of  
7 distribution and the ability to learn how to do  
8 it better be concentrated in centers.

9 For VADs, I think initially it was  
10 assumed that the number of VADs is infinite.  
11 However, I think we can make a good case that  
12 the resources required for VADs, it's not  
13 infinite either, and I feel very strongly and  
14 personally that it's our responsibility to make  
15 sure that they are used as best they can be  
16 used, and that the learning curve is as  
17 efficient as possible, and there's clearly a  
18 limit of the number of centers that should be  
19 doing it. I hesitate to use the word  
20 certificate of need, but that's the sort of  
21 thing that's in my head in answer to your  
22 question.

23 DR. MOCK: Will you allow me one more  
24 follow-up?

25 DR. REDBERG: Sure, one more question,

1 and then next is Dr. Pina.

2 DR. MOCK: It takes me back to a  
3 comment I think I heard today about an audit  
4 that takes place, and an example that might  
5 have been used was if a patient came in and had  
6 an implantation and then died within 48 hours,  
7 that would be an indicator for follow-up on the  
8 audit. But one of the things that was  
9 perplexing to me is I think I also heard that  
10 the audits take place every five years unless  
11 there's a flag of need.

12 So if we put that in perspective, as  
13 the number of facilities rise and the resources  
14 that are required to do audits, where do you  
15 find that follow-up justification?

16 DR. KIRKLIN: Jim Kirklin, UAB. Well,  
17 the audit process, first of all, is geared by  
18 design in INTERMACS to be an audit of the  
19 quality of data, not quality of performance in  
20 terms of survival after VADs. Now the quality  
21 assurance aspect is designed to inform  
22 hospitals very specifically how they are  
23 performing in terms of outcomes, survival,  
24 compared to the rest of INTERMACS. And it is  
25 very important, of course, the auditing for

1 compliance and quality of data is not  
2 necessarily separate and distinct from the  
3 quality of the program, since if you were doing  
4 a bad job you might not want to put your data  
5 in.

6         But we do have, in answer to your  
7 question about once every five years, we audit  
8 30 centers a year. We do have constraints  
9 about costs because we have so much money to  
10 work with, but we have altered that in this  
11 second five-year context to in addition offer  
12 extensive telephone audits rather than just  
13 site visits. So we have an array of study  
14 nurses who are very aggressively calling many  
15 centers every week, so that it is not just a  
16 matter that one site gets examined every five  
17 years or whatever that number would be, they  
18 are examined very frequently, and that's a cost  
19 effective way to us to increase the quality,  
20 but we don't have the money to be able to audit  
21 every center every six months with a physical  
22 visit.

23         DR. REDBERG: Dr. Kirklin, I just  
24 wanted to kind of follow up, because I think of  
25 audits as when we're checking that what's

1 entered in the registry is actually what  
2 occurred in the medical records. So I'm  
3 curious what information is gotten by calling  
4 the centers, and also on those every-five-year  
5 audits, what percentage of the patients that  
6 were entered are included in the audits?

7 DR. KIRKLIN: Well, when they  
8 physically visit the center, and correct me,  
9 David, if I'm wrong, 100 percent of the  
10 patients over some specific time period are  
11 examined. Please.

12 DR. NAFTEL: David Naftel again. I'm  
13 glad you bring up this point. With apologies  
14 to everyone who has been involved with  
15 auditing, we believe the traditional audit  
16 process is severely flawed. To go in and say  
17 okay, at three months the database said  
18 creatinine was 1.2 and we found out it was 1.3,  
19 that's a nice thing to fix, but we're so much  
20 more concerned about a top down. So what we do  
21 when we go to the institution, we go through  
22 ever single patient and say first of all, we  
23 want to make sure we have all the patients,  
24 then let's hit the top things, death,  
25 transplant, device malfunction, bleeding,

1 infection, get the big stuff on everybody. And  
2 then we do a five percent complete audit, five  
3 percent of the patients to get all of them, and  
4 that's the onsite visit.

5       The phone calls that are every two  
6 months to the hospitals, the nurse calls and  
7 she -- they're all shes, she has in front of  
8 her the quality assurance report for the  
9 hospital and the data quality report, and she  
10 goes through that and she says okay, now, you  
11 have a patient who's out two years and nothing  
12 has happened, we need to sit down and talk  
13 about that patient, you know, adverse events,  
14 whatever. So we go through each patient like  
15 that and we get a good idea of what's going on.

16       So, we think it's an efficient way to  
17 actually perhaps do a better job at auditing  
18 than the traditional look for every scrap of  
19 information in a few patients, we would rather  
20 get the good stuff in all patients.

21       DR. REDBERG: Thank you. I have next  
22 Dr. Pina, then Dr. Feinglass, then Steinberg,  
23 then Heseltine.

24       DR. PINA: First of all I want to

25 thank all the presenters, I think you've done

163

1 an outstanding job of putting the field out  
2 there. My questions have to do with gender. I  
3 haven't heard much of the differentiation  
4 between men and women, particularly in the  
5 adverse events under INTERMACS, so that's one  
6 question.

7 And then the follow-up, since now that  
8 we have a larger database of pVO2 on women with  
9 heart failure, should we be thinking of  
10 lowering that less than 14 pVO2 to a different  
11 level for women as opposed to the men? Maybe  
12 Jim or Dave, you can start.

13 DR. KIRKLIN: Well, at least in a  
14 multivariable sense, gender has not been  
15 identified as a specific risk factor, so the  
16 outcomes in women have been similar.

17 DR. PINA: Including AEs, like  
18 bleeding, stroke?

19 DR. KIRKLIN: Yeah, so I'm going to  
20 ask David, would you comment on what knowledge  
21 we might have about AEs that you may be more  
22 familiar than I in terms of gender, is there  
23 any?

24 DR. NAFTEL: So, we're going through  
25 the adverse events one by one and we almost

164

1 always perform a risk factor analysis. I  
2 cannot off the top of my head recall gender  
3 coming in.

4 But if I may back up a little bit, and  
5 this will probably be the concluding remark at  
6 the end of the day by INTERMACS, but with  
7 apologies. You know, the partners are NIH,  
8 CMS, FDA, but NIH has driven the whole  
9 INTERMACS effort, but we've said from the  
10 beginning that we want to engage CMS or we want  
11 CMS to engage us, and that's why we're so  
12 pleased to be here. So we're making a list of  
13 everything that's being asked and we're hoping  
14 we can continue to work with all of you in  
15 making very specific reports, and Ileana,  
16 especially go after this question. We have a  
17 couple extracts of gender but there's a lot  
18 more to do, so I'm looking forward to a  
19 collaboration, so keep asking the questions and  
20 every time we say no, or we don't know, we will  
21 make a note and talk about it later.

22 DR. REDBERG: David, I just want to

23 follow up. I believe we published, the FDA  
24 study that HeartMate II was approved on at  
25 least had higher rates of bleeding and

165

1 complications in women, and I think that's true  
2 in others. But following on your comment that  
3 it's NIH driven, as you know, a lot of the NIH  
4 databases are now open access. Is this going  
5 to -- I don't believe it's currently open  
6 access, is that correct, so is it going to  
7 become publicly accessible?

8 DR. NAFTEL: Yes, that's a great  
9 question. So as Jim said, we started out as a  
10 scientific database, and we have made  
11 provisions and have handed the INTERMACS data  
12 with deidentified data to researchers. That's  
13 as far as we've gone. There certainly is the  
14 mandate that NIH, who owns the data, that we  
15 hand all the data to NIH, NIH does make it  
16 available, but that's usually tied to the end  
17 of the study and we don't want to be at the end  
18 of the study, so we don't have any provision  
19 that I know of. I know NIH is represented here  
20 today and they may have a different answer, or  
21 a better answer.

22 DR. REDBERG: Thank you.  
23 DR. AARONSON: Keith Aaronson,  
24 University of Michigan. There are data, as you  
25 mentioned, for bleeding, there's also data for

166

1 stroke in some of these databases for increased  
2 risk in women.

3 In terms of the pVO<sub>2</sub> question, this  
4 may be kind of a strange answer, but this  
5 question is fairly complex and I'm not sure I  
6 know the answer, but the oxygen consumption is  
7 a function of the exercising muscle mass in  
8 part, and so for a woman, a 65-year-old woman  
9 with a pVO<sub>2</sub> of 14 is actually not bad, it's  
10 probably 60 percent or more predictive. So if  
11 those numbers were derived from studies of  
12 middle-aged men, and using something else would  
13 probably make more sense if you were going to  
14 use pVO<sub>2</sub> as a criteria.

15 DR. STEVENSON: Lynne Stevenson. I  
16 just want to underline the issue of I don't  
17 think we're doing the right thing for pVO<sub>2</sub>  
18 right now for either transplant or VAD. The  
19 original landmark data from Donna has really  
20 guided us, but that was back in 1991 before we

21 used beta blockers, so I really think the pVO<sub>2</sub>  
22 needs to be reexamined both for transplant and  
23 for VAD, and I suspect the number will come  
24 down.

25       Additionally, it's one of those things

167

1 that will allow us to better assess the benefit  
2 of VAD and transplant, so we need the data  
3 post-VAD the same way as we have it  
4 post-transplant, to be able to anticipate what  
5 the delta will be.

6       DR. LEVY: Wayne Levy, Seattle. If  
7 you look at the data, we have a pVO<sub>2</sub> of over  
8 1,200 patients and ten-year follow-up, and the  
9 ROC change was .008 and that was added to the  
10 Seattle Heart Failure Model which was almost  
11 useless. At NHF Action we presented data that  
12 the pVO<sub>2</sub> was about a .01 change, it was not  
13 statistically significant at one year in 2,300  
14 patients, neither of which affected efficiency  
15 or exercise duration. So it can be guiding,  
16 but I think we have other ways that we really  
17 need to assess risk beyond pVO<sub>2</sub>.

18       DR. STEVENSON: But I do have to say,  
19 the difference between pVO<sub>2</sub> and any risk score

20 is that pVO2 has intrinsic validity, it says  
21 what you personally can do, as opposed to a  
22 risk score that has no physical translation.  
23 So I think the pVO2 will remain very useful, it  
24 can tell us whether people can do the square  
25 dance, whether they can golf with a cart or

168

1 without a cart. I think it has very  
2 interesting implications to be able to tell  
3 patients what they can expect with the therapy.

4 DR. REDBERG: Thank you.

5 Dr. Feinglass.

6 DR. FEINGLASS: So coming on the tails  
7 of Dr. Schwartz, my question is about criteria  
8 for certification. It sounds as if CMS and  
9 JCAHO have somewhat different definitions of  
10 that, and I would posit that we probably need  
11 one criteria. I would be curious to hear from  
12 those of you that spoke to this, what should  
13 that criteria be and can the groups get  
14 together to figure out what that should be.

15 DR. AARONSON: Keith Aaronson,  
16 University of Michigan. The STS is in active  
17 discussions with the Joint Commission regarding  
18 some of the elements that were mentioned today

19 with respect to surgeon training and criteria,  
20 so that process is ongoing. So we hope to have  
21 future meetings, in fact some are planned, to  
22 address some of those issues.

23 DR. FEINGLASS: In the near term or  
24 long term, within the next few months we might  
25 get resolution on this, or longer?

169

1 DR. AARONSON: I would hope in the  
2 near term would be our goal, yes.

3 DR. JESSUP: Mariell Jessup,  
4 University of Pennsylvania. I would just give  
5 you one other example. The American Heart  
6 Association in conjunction with JCAHO tried to  
7 come up with certification of advanced stroke  
8 centers similar to what an advanced VAD program  
9 would be, and you know, it involved a number of  
10 different stakeholders, which would be  
11 necessary here, and it wasn't simple. It took  
12 a lot of time and a lot of will, but I think  
13 people are very much in our community for that,  
14 as long as there was a voice from all  
15 stakeholders.

16 DR. SCHWARTZ: Can I add on to that.

17 DR. REDBERG: Is it related to this?

18 DR. SCHWARTZ: Yes, directly. Is  
19 there anybody here, including physicians from  
20 Duke or other surgeons, who don't believe that  
21 the issues raised by Dr. Pagani are, if not  
22 needed, are at least reasonable to consider?  
23 Is there anybody here who thinks that the  
24 current criteria are appropriate, or should we  
25 be taking as a given that they need to change?

170

1 Is there anybody that feels they don't need to  
2 be changed.

3 DR. AARONSON: Well, I think the  
4 bigger issue is really a dichotomy as to what  
5 is currently acceptable for transplantation,  
6 what we are currently doing in LVAD therapy, so  
7 you have to have some kind of melding of those  
8 expectations. Because right now the training  
9 experiences that one receives in residency are  
10 adequate training for what constitutes heart  
11 transplantation, so why should we be more  
12 strict and hold a different opinion in the  
13 arena of VAD?

14 DR. SCHWARTZ: It strikes me that  
15 there is a logical or practical pathway for  
16 people to become certified. It seems like a

17 Catch-22 if you have to do ten procedures  
18 before you can be certified in the procedure,  
19 so you have to build.

20 DR. KORMOS: Well, maybe one of the  
21 reasons you might want to consider that is  
22 there's a limitation on hearts to transplant;  
23 however, there may not be a limitation on  
24 implantation procedures.

25 DR. AARONSON: But if residents or

171

1 fellows are able to get those volume  
2 requirements in training experiences even with  
3 heart transplantations, you would think that  
4 the number would be lower, and it's not, it's  
5 actually higher, and they may still meet those  
6 expectations.

7 DR. GOLDBERG: Lee Goldberg from the  
8 University of Pennsylvania. I do want to make  
9 the plea that it's not just about the surgery,  
10 that making sure that you have a heart care  
11 team that includes cardiologists that are  
12 certified, because it is patient selection, it  
13 is long-term follow-up. It's critical what  
14 happens in the OR but that's only four hours of  
15 the life of a patient who has to live with

16 this, so it is the concept of certifying not  
17 only the surgeon, who is one integral part of  
18 the team, but actually a health care team that  
19 includes cardiologists that are trained and  
20 social workers and financial staff and whatnot,  
21 and so similar to what we've done in  
22 transplant, creating a model that is a village  
23 around these programs is absolutely critical  
24 for long-term success. So it would be, I think  
25 it's just critical that we don't focus only on

172

1 the surgeon, because it's not just about the  
2 surgeon, they are critical, but it's all of  
3 them that is actually needed.

4 DR. SCHWARTZ: The intent of my  
5 question was the broader sense.

6 DR. REDBERG: Thank you. The next  
7 question is Dr. Steinbrook.

8 DR. STEINBROOK: Somewhat related, I  
9 was hoping that several people might address  
10 the issue of heart transplantation, what is the  
11 overlap between the centers, and I think there  
12 are 144 or 145 which are doing these devices,  
13 do we know anything about volume issues and  
14 overlap of volume, do we know anything about

15 the whole heart transplant enterprise and  
16 whether that seems to be related in a big  
17 picture sense to how well one does with these  
18 procedures? You see what I'm getting at?

19 DR. KIRKLIN: Jim Kirklin, UAB. So,  
20 there are, 113 of the 140-some that are  
21 designated as destination therapy centers, I  
22 don't have the exact number in my head, but I  
23 can tell you with confidence that it would be  
24 less than ten, less than 12 that would be  
25 destination therapy alone without a transplant

173

1 program, so it's very uncommon.

2 DR. STEINBROOK: But with the new ones  
3 which are coming along, is the overlap staying  
4 tight together, or is there anything which can  
5 be said about the volumes and things of that  
6 sort?

7 DR. KIRKLIN: Well, I'm not sure about  
8 the new programs that are coming on line,  
9 whether they will more likely be DT-only, is  
10 that the question?

11 DR. STEINBROOK: Yes, if the growth in  
12 the ones which are DT-only has been separate,  
13 but maybe historically had been limited to

14 places with transplant, but not as much now.  
15 DR. KIRKLIN: I think even in the  
16 initial stages of INTERMACS there were a small  
17 number of programs, I don't know if it's  
18 statistically important, but there were a small  
19 number of programs in the beginning as there  
20 are now that were destination therapy only, but  
21 it's a very small number.

22 DR. REDBERG: Next we have  
23 Dr. Heseltine, then Kormos, then Sedrakyan,  
24 Brindis, Donovan and Faught.

25 DR. HESELTINE: Thanks. I too would

174

1 like to thank the speakers for their clear  
2 presentation, it has been very valuable. I  
3 have two questions really for Drs. Kirklin and  
4 Naftel. The first probably is fairly  
5 straightforward to answer and that is, because  
6 your trial is in fact a registration trial or  
7 registration, registry, not a utility or  
8 obviously not an RCT, my question actually  
9 speaks to the fact that in three periods, 2007,  
10 '9 and '12, you lost about 15 percent or so of  
11 the hospitals participating, and I would like  
12 to understand what that does to the data in

13 your opinion.

14 And my second question really speaks  
15 to our question one, which is if we look at the  
16 group 4 classification, your group 4  
17 classification, it seems to me that I don't see  
18 the breakout of the benefit versus the adverse  
19 events as clearly as I would like to, and  
20 perhaps you and others might speak to that.

21 DR. NAFTEL: The chart that I showed  
22 that had those dips in the hospitals, that is  
23 100 percent an artifact of protocol amendments.  
24 So you know, you heard a lot of talk about  
25 who's in, who's out under compliance, but

175

1 there's no discussion about a current IRB. So  
2 that is totally, when we have a new IRB  
3 amendment, we give the hospital 60 days and at  
4 the end of that you're inactivated, you're not  
5 kicked out, not by any means. We do everything  
6 we can to get you back activated and back  
7 active, and do everything we can to have no  
8 data lapse during that period. So you see in  
9 each case, it comes back up, and it's that  
10 bunch coming back.

11 So I think throughout the whole

12 experience, I believe we lost one, maybe two  
13 hospitals, one stopped their VAD program and I  
14 forget the other one, but I know it's been a  
15 maximum of two that we've totally lost.

16 DR. HESELTINE: Can you speak to the  
17 second point, really the INTERMACS  
18 classification 4 patients.

19 DR. KIRKLIN: Well, the information  
20 that I showed you, you can refer to those  
21 slides. There's not a great difference in  
22 adverse events at least as we've looked at it  
23 to date, except in levels 1 and 2. So if you  
24 are seriously ill, then some of the adverse  
25 events are more common, but otherwise there

176

1 seemed to be, if you will, greatly related to  
2 the device and the experience of being on the  
3 device itself as opposed to how ill the patient  
4 was when he came into the setting and received  
5 the device.

6 DR. HESELTINE: That's really my  
7 point, the adverse events rate is not greatly  
8 different in that group, so I'd have to look at  
9 the benefit versus that adverse event group,  
10 that's really what I would like to speak to.

11 DR. KIRKLIN: Yes, and of course  
12 that -- I'm sorry. For some adverse events it  
13 is, but for things like pump thrombosis,  
14 bleeding, neurologic events, driveline  
15 infections, it's really not different, but of  
16 course as Keith and Frank can speak eloquently  
17 to, that's the reason for REVIVE-IT, to examine  
18 the risk-benefit ratio in those patients who  
19 are more ambulatory but importantly impacted by  
20 heart failure. And of course this is one of  
21 the challenges of, even in comparing things  
22 like the quality of life that Lynne Warner  
23 Stevenson was referring to in a medical group  
24 versus a group with a device, because  
25 eventually we're going to have all together

177

1 come to some common definitions about when a  
2 patient decides which is worse for you, coming  
3 to the hospital six times during a six-month  
4 period, or walking, or never coming to the  
5 hospital but constantly having a driveline  
6 infection, for example, or the possibility of  
7 suffocation versus the outlook of could I have  
8 a stroke from a thrombotic issue. So it's of  
9 course extremely complicated, because it's not

10 like the same adverse events are going to occur  
11 in one group more frequently than another, it's  
12 a completely different set of adverse events in  
13 transplantation, device therapy and medical  
14 therapy.

15 DR. HESELTINE: So would you agree in  
16 that group we don't have sufficient data yet to  
17 be able to determine that risk factor?

18 DR. KIRKLIN: I would agree.

19 DR. REDBERG: Thank you.

20 DR. KIRKLIN: It's an ongoing process.

21 DR. LEVY: Wayne Levy, Seattle. I  
22 would propose that we should record the Seattle  
23 Heart Failure Model score as a virtual control  
24 which would allow you at least an estimate of  
25 the mortality benefit. It will not estimate

178

1 adverse events or other things, but for each  
2 individual patient or groups of patients, you  
3 could at least say this group would have had a  
4 50 percent survival with medical therapy,  
5 they're actually 75 percent. They have a 50  
6 percent reduction in mortality, you may be able  
7 to estimate that and see whether or not the  
8 benefit is fixed or whether it varies based

9 upon their baseline score.

10 DR. REDBERG: Dr. Teuteberg.

11 DR. TEUTEBERG: Jeff Teuteberg,  
12 University of Pittsburgh. Kind of in answer to  
13 your question too, I guess the question is how  
14 different do we know INTERMACS profiles 3s and  
15 4s are, although there's sort of a Rubicon of  
16 these processes being inotrope-dependent, it's  
17 very different from center to center. You may  
18 go to one center and that same person who might  
19 get started on an inotrope and be very stable,  
20 may be at profile 3, and maybe at another  
21 center would not be on inotrope, just be at  
22 home, and they may not feel as well, but  
23 they're not an actual profile 4. So the  
24 question is sort of how much drift there is  
25 between these two categories too, and whether

179

1 that may be part of the reason for such low  
2 numbers.

3 DR. REDBERG: So as I understand it,  
4 there is inter-center variability in those  
5 classes.

6 DR. TEUTEBERG: Yeah, so it's  
7 subjective. I mean, most of us would roughly

8 agree with when someone is inotrope-dependent,  
9 but I think we could walk down the line and say  
10 when does someone become inotrope-dependent,  
11 and I think that would vary from patient to  
12 patient, so there may be some fluidity between  
13 those profiles. I think the closer you get in  
14 these profiles, they are a little more  
15 subjective.

16 DR. STEVENSON: I just want to  
17 clarify. I think between 3 and 4, we wouldn't  
18 disagree that a person on inotropes is 3. What  
19 we might disagree on is would you put them on  
20 inotropes or not.

21 DR. TEUTEBERG: Right.

22 DR. STEVENSON: You might, I might  
23 not, et cetera.

24 And I think it's important to point  
25 out also that for the profile 4, our current

180

1 understanding of their survival is that it's  
2 significantly less with the VAD, I'm sorry,  
3 with medical therapy than with the VAD. So as  
4 soon as we move beyond the resting symptoms to  
5 somebody who is comfortable at rest but has  
6 symptoms with exertion or activity, there I

7 think it becomes less clear that there's a  
8 benefit. But I agree, the transition point is  
9 somewhere in there in the ambulatory patients.

10 DR. REDBERG: Dr. Kormos was next, and  
11 then Dr. Sedrakyan.

12 DR. KORMOS: So, I want to follow up  
13 on this variability in implant rates in various  
14 metropolitan areas, because you can go to  
15 cities with the same population and see implant  
16 rates that vastly differ between those two  
17 cities, and I know there's regional differences  
18 in heart failure, but we're not talking about  
19 that. So this is really a question for Mariell  
20 and Lynne. There are accepted standards for  
21 medical therapy of heart failure, and one of  
22 the entry points is very clearly delineated in  
23 the coverage decision, it's failure of medical  
24 therapy. So is there in fact consistent  
25 agreement on what medical, optimal medical

181

1 therapy is, and more importantly, how broadly  
2 is that applicable across sites? Because if it  
3 isn't, then we've got a huge amount of  
4 variability, and how do we address that point?

5 DR. JESSUP: Mariell Jessup,

6 University of Pennsylvania. To answer your  
7 question, is there a broad agreement about what  
8 constitutes advanced heart failure, I think was  
9 your question, I could point to a written  
10 statement by the European Society of Cardiology  
11 several years ago that was published that  
12 outlined criteria, Lynne Stevenson outlined  
13 several criteria, but like everything else in  
14 medicine, there is the science and then there's  
15 the art, and I think there are many doctors who  
16 will see a patient with severe heart failure  
17 symptoms who will say this is end stage when in  
18 fact they haven't even been adequately treated  
19 at all.

20       And I think similarly to when you  
21 present a patient to surgery and say we want to  
22 do bypass surgery, and they'll say this is a  
23 really sick patient, I'm not going to do it,  
24 whereas another surgeon may say boy, this is a  
25 routine case for me. So I mean, the short

182

1 answer is we like to think that there's a  
2 standardized criteria, but so much of this is  
3 the art of medicine and so there's not.

4       DR. KORMOS: But then this becomes

5 really critical when you're moving onto the  
6 transplant centers and the non-transplant  
7 centers, which is inevitable, so how do you  
8 equate all this? Because like Jeff said, if  
9 you turn left you get a bridge-to-transplant  
10 VAD, if you turn right you get a destination  
11 VAD. How do you level the playing field?

12 DR. JESSUP: Well, I completely agree  
13 with you, I think this is why me personally and  
14 the American Heart Association feel that it's  
15 very critical to examine the team and to  
16 recognize that there is, by having a team  
17 filled with experts, both surgical experts,  
18 cardiac experts, nursing experts, and patient  
19 advocates on the team that's going to determine  
20 whether they get a transplant or palliative  
21 care, there needs to be a consensus of  
22 experience and training, and putting the  
23 patient in the center of care, and I think that  
24 is the only way we're going to do it, which is  
25 why I personally, but I'm representing the

183

1 American Heart at this moment, feel that it's  
2 very critical that we have strict criteria  
3 standards of VAD centers as we move forward,

4 and I would defer to Lynne.

5 DR. STEVENSON: I agree completely. I  
6 don't want to mix up sort of the science with  
7 the art. I think this is part of the reason  
8 why we want to certify the cardiologists at  
9 these centers as having advanced heart failure  
10 training. If you take someone who is certified  
11 in advanced heart failure, take them out of a  
12 transplant center, put them in a center that  
13 does only VADs, they still have the skill to  
14 identify a patient in fact that has failed  
15 medical therapy.

16 I would venture to guess that of the  
17 heart failure cardiologists up here in the  
18 front row, we would probably do the same thing  
19 in four out of five patients. In the fifth  
20 maybe I might try a little longer to do  
21 something else, but it would be a relatively  
22 narrow margin. I think it's the experience  
23 that determines the caliber.

24 DR. REDBERG: Does INTERMACS collect  
25 data on the medical therapy that the patient's

1 on prior to VAD or whether they were on optimal  
2 medical therapy? I'm seeing people nodding

3 yes. Dr. Teuteberg.

4 DR. TEUTEBERG: Jeff Teuteberg,  
5 University of Pittsburgh. And Bob, you know we  
6 see this. Of the patients who have advanced  
7 heart failure in the community, if they make it  
8 into a center which has advanced heart failure  
9 specialists, then I think they will get  
10 adequately triaged. With the different rates  
11 of VAD across the country, there may be  
12 centers, there may be cities where those  
13 patients never make it to the advanced heart  
14 failure center and we never see them, and so  
15 they never get an option for advanced heart  
16 failure therapy. The question is whether there  
17 are a lot of people that are hiding out there  
18 in the communities, so to speak, with  
19 questions, do we actually get to see them?

20 And I think I would agree with Lynne,  
21 that we would all generally agree on who has  
22 failed advanced medical therapy for these very  
23 sick patients, but in the community for the  
24 people who haven't been seen, I think it's very  
25 very low.

1 DR. REDBERG: You can answer briefly,

2 we have about three minutes left.

3 DR. GOLDBERG: Lee Goldberg from the  
4 University of Pennsylvania. I do want to say  
5 one thing about optimal medical therapy in the  
6 stage 3 patients. As Dr. Stevenson mentioned,  
7 many of these patients are not tolerating  
8 optimal medicine. When we record the data on  
9 INTERMACS forms they're not on a beta blocker  
10 or ACE inhibitor because they're in shock. And  
11 so it is very difficult post hoc to say well,  
12 were they on it in the past, we don't capture  
13 that, we just know what they're on at the time,  
14 so I just want to put a caveat that that data  
15 may not be as helpful as you would like.

16 DR. REDBERG: Just one.

17 DR. STEVENSON: I think this is very  
18 important, that when we look at it we look at  
19 not only what they're on, but INTERMACS also  
20 captures what have they been on, so basically  
21 you can tell if they have been on optimal  
22 therapy and then deteriorated to the point  
23 where they can't tolerate it.

24 DR. REDBERG: Okay. I didn't find it  
25 at least in the presentations, but we can come

1 back to that after lunch perhaps. Our last  
2 question before lunch is my vice chair,  
3 Dr. Sedrakyan.

4 DR. SEDRAKYAN: Thank you, Rita. I  
5 guess the benefit of being the vice chair, I  
6 can ask the question or be way off.

7 I think most of the discussion focused  
8 on this facility and surgical learning and the  
9 criteria. So Dr. Aaronson, you reported that  
10 most recent literature shows much better  
11 outcomes and you attributed that to increased  
12 learning. The same as Dr. Goldberg, you also  
13 treated it year by year outcome improvement  
14 through surgical learning. And then we heard  
15 from Dr. Steinbrook that in fact a lot of these  
16 centers are also transplant centers, so they're  
17 not naive to these patients. So how much of  
18 that improvement do we really attribute to  
19 learning versus you attribute to lowering the  
20 thresholds, getting to INTERMACS 3-4?

21 DR. AARONSON: This is Keith Aaronson,  
22 University of Michigan. By learning, I would  
23 attribute it to a surgical learning curve, but  
24 also the learning curve with respect to patient  
25 selection, which I guess you're sort of getting

1 at in terms of critical illness. Clearly  
2 there's been less INTERMACS 1 and progressively  
3 less INTERMACS 2 as time has gone on. The  
4 number of patients in 6 and 7 hasn't changed  
5 all that much, but the ratio of 1 to 2 versus 3  
6 to 4 has gotten smaller with time.

7 I think we've learned a fair amount  
8 about patient management that we didn't know  
9 initially, and continuous flow devices are  
10 better than pulsatile devices, and I think all  
11 those things are contributing. Quantifying  
12 that is another question.

13 DR. SEDRAKYAN: Another question. Is  
14 there more patient selection that you can share  
15 with your colleagues rather than them really  
16 learning by doing more?

17 DR. AARONSON: I can't quantify the  
18 difference. I mean certainly if you look at  
19 the trials, sometimes we see very early on  
20 investigator experience plays a role in the  
21 first outcomes, but when the center has put in  
22 their 20th versus their 40th, or the 40th  
23 versus the 70th, it's not clear.

24 There was some work by Kathy Liepzig  
25 some years ago suggesting that volume made a

1 difference with the XDE experience. But  
2 relating -- all these things are changing  
3 simultaneously, so to be able to say how much  
4 is changes in what the surgeons are doing, how  
5 much is changes in what the cardiologist does,  
6 the VAD coordinators and even, frankly, the  
7 support groups where the patients are getting  
8 together and talking to each other, I don't  
9 know how we can tease that apart really.

10 DR. REDBERG: Quick comment?

11 DR. PAGANI: Yes. The other issue is  
12 when you talk about the number of VADs you're  
13 not talking about at the specific surgeon  
14 level. So if the center did 15 VADs, there may  
15 be three surgeons putting those 15 VADs in. So  
16 any number, in any of these data experiences  
17 that they've talked about are not talking about  
18 specific, you're talking about a program number  
19 that accomplished that.

20 DR. REDBERG: Thank you. We will wrap  
21 up this morning, and I will thank the panelists  
22 and the speakers again, the speakers for great  
23 presentations and the panelists for a very  
24 stimulating discussion, and obviously there are  
25 a lot of issues identified.

1 I will just highlight I think some of  
2 the ones we will particularly come back to,  
3 because we do have another hour after lunch,  
4 are questions about what are the volume outcome  
5 criteria or other criteria that help us to  
6 identify best outcomes, what facility-specific  
7 and patient criteria there are, the role of the  
8 heart team, because I think we've heard a lot  
9 from all of you about the importance of the  
10 heart team, and what considerations there  
11 should be in accreditation to get the best  
12 outcomes for our Medicare beneficiaries.

13 So, I will thank everyone. We have  
14 cut into lunch a little bit because we're still  
15 coming back at one o'clock, because we're going  
16 to have a lot more questions after lunch.

17 Thank you.

18 (Luncheon recess.)

19 DR. REDBERG: I would like to welcome  
20 everyone back from lunch, hope you enjoyed the  
21 Thanksgiving festivities, and we will resume  
22 our panel discussion and questions, and  
23 actually Dr. Brindis is up next for our  
24 questions.

1   go over the format for the afternoon. We will  
2   have an hour to continue open panel discussion  
3   with more questions, and then we will focus in  
4   on the voting questions which Dr. Smith went  
5   over this morning. Focusing on the voting  
6   questions is particularly helpful, and I will  
7   point out if we can try to focus our  
8   discussions on particular outcomes in Medicare  
9   beneficiaries, so persons over 65 as well as  
10  persons under 65, the total population who are  
11  also covered by Medicare, because that is the  
12  charge of this committee.

13           As well we can focus, as I said  
14  before, on the heart team, the accreditation,  
15  and a lot of the very interesting issues that  
16  have been raised, and then we will take the  
17  vote and then we'll continue to have discussion  
18  after that, and we will end no later than 4:30.

19           And all our presenters, if you can  
20  come back and sit in the front row, because we  
21  are not done.

22           DR. BRINDIS: Thank you, Ralph  
23  Brindis. My question is a clinical one. I

24 want to learn a little bit more about the whole  
25 complication of aortic insufficiency with

191

1 continuous flow pumps. I remember seeing one  
2 slide saying the frequency may be as high as 25  
3 percent but sometimes it may be of clinical  
4 importance. And so as we approach an era where  
5 we may be using more destination therapy on  
6 patients who are at so-called lower risk, I  
7 want to get a flavor for how significant is  
8 this clinically, aortic insufficiency.

9 Two, is there, I guess intuitively and  
10 I could be wrong, is this a time-related  
11 phenomenon, do we have to follow patients now  
12 with continuous flow pumps long enough to  
13 understand if it gets worse over time, and  
14 maybe some understanding of AI.

15 DR. PAGANI: Aortic insufficiency is a  
16 significant concern with long-term support  
17 depending -- there has been a number of studies  
18 that have been reported and the incidence may  
19 be as high as 20 percent at two years of some  
20 degree of AI that's new, and it can lead to  
21 complications such as recurring heart failure  
22 and need for reoperation for the valve, so it

23 is of concern.

24           There is some potential contributing  
25 factors. Having the aortic valve continuously

192

1 closed may lead to a higher incidence of aortic  
2 insufficiency at least, and how you manage  
3 blood pressure.

4           DR. BRINDIS: So the timing of  
5 destination therapy and relationship, is that  
6 also predictors of somebody's underlying aortic  
7 valve in terms of patient selection, have we  
8 learned anything related to that in aortic  
9 insufficiency here?

10          DR. PAGANI: In terms of a surgical  
11 approach for the valve at the time of  
12 operation, depending on the surgery, but there  
13 is a general consensus that with moderate  
14 degrees of aortic insufficiency on board, you  
15 would certainly have to address the aortic  
16 valve at the time of the operation of the LVAD,  
17 because if you let moderate aortic  
18 insufficiency grow more, that would obviously  
19 get worse with implementation of the LVAD as  
20 the LVAD drops the pressure and then increases  
21 afterwards, so that would be addressed at the

22 time.

23 With respect to long-term support,  
24 it's approximately 20 percent at two years to  
25 develop some degree of aortic insufficiency

193

1 that is de novo, that they didn't have at the  
2 time of operation.

3 DR. AARONSON: I don't think in terms  
4 of more than mild, it's just plain mild.  
5 Aortic root dimensions are a predictor, blood  
6 pressure is a predictor, and the valve opening.

7 DR. REDBERG: Dr. Donovan was next,  
8 then Dr. Mock.

9 DR. DONOVAN: I think this question is  
10 primarily for Dr. Stevenson. In your  
11 presentation you did mention the concept of a  
12 standardized informed consent. I'm convinced  
13 that this is a very complex area, we've already  
14 heard that you can drive down the street, turn  
15 right, turn left, and have a different outcome  
16 in terms of procedure. Certainly information  
17 that's presented to patients could have the  
18 same effect. Are you aware of any mechanism  
19 where a standardized informed consent could be  
20 employed for patients who are candidates for

21 ventricular assist devices or can you imagine  
22 any at this time?  
23 DR. STEVENSON: I think this is  
24 absolutely crucial. At the moment as I  
25 understand it, the certifications only include

194

1 that you have a standard informed consent,  
2 meaning a standard for your own site. As we  
3 all know, those informed consents vary greatly  
4 from center to center, they're usually  
5 completely unintelligible to the layperson.  
6 And furthermore, I think there's an  
7 assumption by many patients, particularly older  
8 patients, they have what I call the fly or die  
9 illusion, that they will either fly out of the  
10 hospital in great shape or they will die on the  
11 table, which in many cases is not that  
12 frightening to them. They don't understand  
13 that there's a very large continuum in between  
14 which they may not want. I would think that it  
15 should become part of the standard criteria but  
16 that specific pieces of information should be  
17 included. Furthermore, it should be included  
18 in a language that patients will understand,  
19 even though they may have limited numeric

20 literacy, which may in fact require a diagram  
21 with a hundred happy faces and 30 sad faces,  
22 for instance.

23 I think that the implications of this  
24 actually go far beyond VADs, they should be  
25 there for transplants, for any other cardiac

195

1 surgery, for TAVR, for ICDs. I think this is  
2 one of the very few areas in which we might  
3 both improve care and decrease costs by not  
4 doing things to patients that they wouldn't  
5 want if they knew what they were.

6 DR. REDBERG: Thank you, that's a  
7 really important point, we want to improve  
8 care.

9 Dr. Faught, I think you had a  
10 question, and I didn't want to skip you.

11 DR. FAUGHT: It's a little bit of a  
12 more general question. I'm concerned about the  
13 screening criteria for the procedure. Now  
14 we're all accustomed to a fairly rigorous  
15 screening criteria for transplant procedures,  
16 which usually involve not just creatinine, but  
17 also some sort of cognitive screening,  
18 psychological screening, looking at the social

19 situation, so forth. How congruent is that  
20 with what's required for the VAD centers and  
21 should it be made more congruent or more  
22 systematic?

23 DR. TEUTEBERG: Jeff Teuteberg, from  
24 Pittsburgh. I mean, I think all of our  
25 patients we're assessing for destination

196

1 therapy, for any VAD therapy, get that  
2 evaluation as part of that, they get sort of  
3 the full transplant evaluation, and I think  
4 there may be some --

5 DR. REDBERG: I'm sorry, are you  
6 speaking for your center or for everyone here?

7 DR. TEUTEBERG: I'm seeing a lot of  
8 nodding heads, that when you get evaluated for  
9 DT you very rarely get evaluated for DT alone,  
10 you're getting evaluated for advanced heart  
11 failure therapies, are you a transplant  
12 candidate, are you a VAD candidate, or is there  
13 something else we can be doing for patients,  
14 they mostly get all this stuff. I think there  
15 may be some patients who clearly would not be  
16 transplant candidates, if they had colon cancer  
17 two years ago so you would not transplant them,

18 but they would still get a lot of that  
19 evaluation anyhow because so many of those  
20 things are important to how patients do over  
21 time.

22 DR. STEVENSON: Lynne Stevenson. I  
23 think in the majority of transplant centers  
24 that I'm aware of there is a standard  
25 evaluation form for transplant and that has

197

1 been amended, in some cases even lengthened, to  
2 be a sort of a standard evaluation form that  
3 includes everything needed for VAD as well.

4 DR. FAUGHT: Right. One of my  
5 concerns as well is that it's going to spread  
6 outside of transplant centers, and I'm just  
7 wondering what should be mandated in terms of  
8 the screening criteria.

9 DR. AARONSON: Keith Aaronson,  
10 University of Michigan. One of the things I  
11 think I heard you ask about was neurologic  
12 assessment, emotional assessment, psychiatric  
13 assessment beforehand, and as you know, that's  
14 standard in transplant evaluations but it's  
15 equally important in the VAD world, that these  
16 folks, the emotional burdens of mechanical

17 support are substantial, the need for family  
18 support or other means of support, so we will  
19 do, have a neuropsychological battery test,  
20 five or six-hour testing over a couple of  
21 periods is done fairly commonly if there's any  
22 question, particularly more in the DT  
23 population, the older population.

24 DR. REDBERG: Actually I was going to  
25 ask a question next, and then get to Dr. Mock.

198

1 My question is not so much on the specific  
2 treatment of patients, but in preparing for  
3 this meeting I went back and reviewed the  
4 pivotal trials and started with REMATCH,  
5 because in particular our voting questions have  
6 to do with how does VAD plus optimal medical  
7 therapy compared with optimal medical therapy  
8 alone, and that was the only randomized trial I  
9 found that actually had a medical therapy arm.  
10 I was glad to hear MedaMACS was starting. So  
11 going back, I realized that the trial was 2001,  
12 but all the trials that have come after that  
13 were just comparing one device to another  
14 without a medical therapy arm, and especially  
15 in light of what we've heard about VADs moving

16 into a lower risk population where clearly  
17 medical therapy would visibly have better  
18 outcomes.

19       So my question, I was struck in  
20 REMATCH that the two-year survival in the  
21 medical therapy arm was eight percent, which is  
22 very very low, and certainly in none of the  
23 later trials would I have expected the two-year  
24 survival to be so low, and then of course in  
25 the device arm it was 25 percent. But in the

199

1 figure that, the Kaplan-Meier analysis, you  
2 know, at 24 months there's only five people  
3 left in the LV assist device group and three  
4 people left in the medical therapy group, and  
5 that was the only long-term data I could find.

6       And not only that, in the actual trial  
7 that didn't account for everyone in the trial.  
8 As you know, there were 68 people in the device  
9 group, 61 in the medical therapy group, and the  
10 trial was ended at 92 deaths. So if you add 92  
11 and this, that doesn't account for what  
12 happened to the rest of those people. And  
13 there are little X's that say censored, but  
14 there's nowhere in the message that says why

15 they were censored. In the inclusion criteria  
16 it stated that you had to not be a candidate  
17 for transplant to be in this trial, so I would  
18 have thought maybe they were censored, and I  
19 don't know why I should be guessing, I thought  
20 it would be in there but I couldn't find it.

21       So I'm just wondering, number one,  
22 what happened to the rest of those people, why  
23 were they censored, and do we have any  
24 additional data that, because now we're talking  
25 about long-term destination therapy, you know,

200

1 two years or more, and I find very little data  
2 to compare that to medical therapy. So I was  
3 wondering if anyone could help me understand  
4 this trial and where we are now. Lynne is one  
5 of the authors, so I would ask you first.

6       DR. STEVENSON: In the REMATCH trial,  
7 at the time I think we all agree, it was a very  
8 small database, as you noted. Having been  
9 involved in that trial, I can tell you it was  
10 the hardest trial I've ever done in my life,  
11 because to take people who are INTERMACS  
12 profiles 1 or 2 and say it's a VAD or nothing,  
13 is something that we would never do again, I

14 personally couldn't do it, and I don't think  
15 really any of us could.  
16 To answer your question about what  
17 happened to them, some of those actually ended  
18 up moving over to VAD after their two-year  
19 follow-up. A couple did get transplanted  
20 although at entry they weren't transplant  
21 candidates. I can't tell you exactly what  
22 happened to all the little X's, it's clearly a  
23 very small group.

24 However, I think now with the VAD  
25 survival being as good as it is at one year,

201

1 that no one would ever feel the need to  
2 document the survival of INTERMACS 1 and 2  
3 without a VAD, but as you say exactly, it  
4 highlights the need to have the survival on  
5 medical therapy for the less sick patients  
6 before we begin to embark on putting VADs in  
7 there, and I think this is really a crucial  
8 thing to do, and REVIVE-IT is a good example of  
9 how that will happen.

10 DR. REDBERG: Do we have more data on  
11 that now to inform us, because I didn't see  
12 medical therapy arms in the other trials, and

13 obviously INTERMACS doesn't have a medical  
14 therapy data component.

15 DR. STEVENSON: I don't think you'll  
16 ever get a medical randomized arm for INTERMACS  
17 profiles 1 and 2, I think it would be very  
18 difficult to do.

19 DR. REDBERG: But I'm not restricting  
20 that to just 1 and 2. You're saying 1 and 2  
21 because that's what REMATCH --

22 DR. STEVENSON: I'm saying that for 3  
23 it would be home inotropic therapy, which I  
24 think there are enough experiences with home  
25 inotropic therapy to show that the survival has

202

1 been less than 25 percent at a year, so I don't  
2 think that people would feel comfortable  
3 randomizing to home inotropic therapy either,  
4 which puts us at INTERMACS level 4, which is  
5 about where we're trying to get more data in  
6 the medical arm.

7 DR. REDBERG: Dr. Mock? Thank you.

8 DR. MOCK: I would like to go back for  
9 a couple minutes if we could on patient  
10 selection. As I'm thinking about getting the  
11 best care for the right member at the right

12 time, and I'm again thinking about the  
13 explosion of the numbers of centers that are  
14 doing VAD implants, 10,000 members a day aging  
15 into Medicare, and then we have the population  
16 that's most vulnerable, the special needs  
17 clients, the disabled members that for whatever  
18 reason have heart failure at younger ages.

19 As I look through the INTERMACS  
20 criteria, I think I saw two questions that go  
21 to what you were saying earlier today, Doctor,  
22 frailty and socio, I think it says psychosocial  
23 issues, yes or no. So my question is, are we  
24 asking the right questions in INTERMACS, or  
25 when you, the leaders in this field, are

203

1 sitting here, there's not 144 of you here.

2 As an industry, when we look at our  
3 answers, is this applicable to the CMS  
4 population, we have to be able to answer that  
5 with some security. Are the questions  
6 appropriate, are we asking the right questions  
7 to put these procedures in the right patients,  
8 and is the information that you presented today  
9 something that we can apply to the Medicare  
10 population?

11 Is that -- I'm sorry, did you get the  
12 question? And just to be specific, if you can  
13 help us in answering the question in the form  
14 of the question that we need to answer today,  
15 that would be probably most helpful.

16 DR. STEVENSON: We've actually done  
17 quite a bit of work with the INTERMACS team  
18 trying to define what we would like to know  
19 about patients in terms of some of the factors  
20 you mentioned, specifically frailty, and Joanne  
21 Blumenfeld has done a lot with that. We tried  
22 to look into how to incorporate some measures  
23 of frailty into both MedaMACS, which we are  
24 able to do because that is a research study  
25 specifically, and into INTERMACS, but there's

204

1 no easy way, as you've heard, to have 8,000  
2 people to be able to support the kind of data  
3 entry it takes to assess frailty, you know,  
4 without some kind of reimbursement to the sites  
5 for support staff to do that, but I think  
6 frailty is critically important.

7 The issues of psychosocial status, the  
8 cognitive ability, those as you've heard are  
9 routinely evaluated in terms of both transplant

10 and VAD. I have to say that it's not something  
11 that we have been able to quantitate in a way  
12 that I think I could enter on a data form, but  
13 it's certainly something that we discuss every  
14 Wednesday morning at our VAD meetings where we  
15 often have the neuropsychiatrists evaluate  
16 patients and help us know, would this person be  
17 able to change their batteries, et cetera, but  
18 I don't know a score that would easily go into  
19 a data form.

20 DR. MOCK: And could you just help me  
21 understand, since this isn't my primary field,  
22 give me a feeling of the average VAD patient  
23 that's in the Medicare population, whether  
24 they're young and frail or whether they're a  
25 bit older, how long are they going to be in the

205

1 hospital, how many days do they spend in the  
2 ICU, when they leave acute care do they go  
3 home, do they go to AIR, do they go to SNF,  
4 kind of help me understand that.

5 DR. STEVENSON: I would say that the  
6 VAD patients that we prefer to do, which I  
7 consider the, sort of the goal would be a  
8 72-year-old man who has had heart failure for

9 six or seven years, has gradually deteriorated  
10 but has not yet malnourished, still an  
11 ambulatory patient. May have had a recent ICU  
12 admission but is not in the ICU now, in fact  
13 hopefully has been able to go home, think about  
14 this for a while so he is making a reasoned  
15 decision within his family to schedule him  
16 electively to come in for an assist device,  
17 maybe in a few days before that to tune up a  
18 little bit for the surgery, then optimally  
19 would go home at 14 to 21 days and would go  
20 home with his wife. That's what we hope for.  
21 How many exactly fit that, I would say  
22 certainly no more than half and probably less  
23 than that. Mariell, do you want to add  
24 anything to that?

25 DR. REDBERG: Can you quote what you

206

1 would tell him would be the adverse event  
2 chances? You were telling us about the little  
3 smiley faces and the things; what would you  
4 tell him to put you on the spot, Lynne?

5 DR. STEVENSON: I don't have all the  
6 data for that. I would tell him that he has  
7 probably, in terms of smiley faces, I would say

8 that his chance of being here a year from now  
9 is 70 smiley faces out of a hundred, I would  
10 say that his chance of a stroke is 11 sad faces  
11 out of a hundred. If it's the ambulatory  
12 patient that we discussed, I would say that the  
13 chances are four out of five that he will go  
14 home directly after the transplant. That would  
15 give you an example but I have to admit, I  
16 don't have all the data to make the whole chart  
17 of smiley faces that I should have.

18 DR. HESELTINE: Isn't the patient you  
19 described a level 4 patient?

20 DR. STEVENSON: Yes. Frankly, the  
21 level 4 patient is the patient right now, I  
22 think, that I would be looking at, someone  
23 who's truly miserable with their current life  
24 but still ambulatory, for destination therapy.

25 DR. HESELTINE: But your point was, I

207

1 think, that we don't know what the outcome is  
2 for those patients compared with the  
3 complication rate compared with their overall  
4 survival rate on medical therapy.

5 DR. STEVENSON: The profile 4 patient  
6 in fact, I think from the data that we have, if

7 they have symptoms at rest, we're talking about  
8 a less than 50 percent one-year survival, if  
9 they truly have symptoms at rest for the  
10 profile 4. It's when we move out of that that  
11 I have more difficulty. If it's a patient who  
12 has symptoms at rest on medical therapy and I'm  
13 beginning to think, gee, if I can't do a VAD,  
14 is this someone I might think about putting on  
15 continuous inotropes, it's right in that level.  
16 But I am pretty comfortable with someone who  
17 has symptoms all the time, even at rest, that  
18 their chances of both survival and quality of  
19 life are better with a VAD.

20 DR. KIRKLIN: Jim Kirklin, UAB. I  
21 think it's fair to say that in most of our  
22 experiences for patients who are either rapidly  
23 deteriorating or in shock, then there's no  
24 issue, they're not going to survive. But the  
25 vast majority of other patients actually have

208

1 some time to reflect and say I want the device,  
2 that would be 90 percent of the patients that  
3 we operate on, they would have some time to  
4 reflect about it and say I'm unhappy enough  
5 with my lifestyle, quality of life, and

6 although they're interested in knowing about,  
7 in the levels that we're currently implanting,  
8 that is basically 1 through 4, that they are  
9 unhappy with their quality of life whether  
10 they're 50 or whether they're 73. They're  
11 either tied to inotropes or having repeated  
12 admissions to the hospital, or are unable to do  
13 anything meaningful, and they are actively  
14 asking for the device.

15         And so in the current way that  
16 mechanical support surgery is practiced, and I  
17 think most would agree here, that it really,  
18 in general terms, it doesn't take convincing of  
19 the patients. Now there are some patients that  
20 are not interested and then there's no further  
21 consideration, but for those 1,800 patients who  
22 have been implanted, they're either critically  
23 ill or they're actively seeking mechanical  
24 support.

25         I think when we talk about levels 5, 6

1 and 7, now that's a whole different issue in  
2 which it becomes incredibly important to look  
3 at the various markers of quality of life and  
4 so on. But just in brief, you'll remember that

5 the little information we have on quality of  
6 life shows that those who are seriously  
7 affected are dramatically reduced after a year  
8 after device implant, and that's basically true  
9 through level 4.

10 DR. JESSUP: Mariell Jessup,  
11 University of Pennsylvania. I completely agree  
12 with what they said but I felt compelled to say  
13 that unlike somebody that wakes up and has a  
14 heart attack, heart failure in general is a  
15 process, and I think that's why you're also  
16 hearing us say that in the best possible  
17 setting, a patient that has progressive heart  
18 failure, they end up in a center that has a  
19 variety of options to offer this patient. So  
20 whether they're 72 or 52, you know, you can  
21 present a series of things, you know, you may  
22 get better with medicine, we may be able to put  
23 CRT in and you'll get better, you may need a  
24 transplant, you may be only a candidate for a  
25 VAD. And I think it's a continuum, so it's

210

1 rarely just a VAD or no VAD, and I think that's  
2 the important issue about criteria that makes  
3 me feel compelled to say, remember the data

4 that we've all showed you, that a third of the  
5 patients get a VAD because we're not sure which  
6 way they're going. So yes, that means our  
7 criteria may be a little squishy, but it means  
8 that the relative contraindications to many of  
9 these things are just relative, and it takes  
10 time to manage them to decide what to do as  
11 well, which is, I think, also why it's good to  
12 only do this in centers where they've got all  
13 the options.

14 DR. REDBERG: Dr. Steinbrook and then  
15 Dr. Sedrakyan and then Dr. Kormos.

16 DR. STEINBROOK: So, I wanted to get  
17 back a bit to the issue of volume and  
18 center-surgeon comparable experience. What if  
19 we came up, and I think this would be of  
20 special interest for Dr. Stevenson, Dr. Kirklin  
21 or Dr. Kormos, is the relationship between the  
22 INTERMACS data and the universe of ventricular  
23 assist devices which are being implanted. In  
24 other words, and again, this isn't my specific  
25 field, but it seems like there's a lot of

1 clinical trials going on, and that's good  
2 because the technologies are getting better and

3 that's good for the patients.

4 But I'm wondering kind of at a macro  
5 level, if there's 1,700-odd ventricular assist  
6 devices a year which are getting into  
7 INTERMACS, how many more are actually being  
8 implanted, and could there be some way to  
9 capture that information in terms of center-to-  
10 center experience, because there may be issues  
11 with particular devices, the proprietary issues  
12 within these trials, et cetera, but that is a  
13 surgery and there is some experience there if  
14 those numbers are sufficient.

15 DR. PAGANI: For destination therapy,  
16 I mean, the two, the one active trial or two  
17 active trials that are in process now are the  
18 HVAD trial for destination therapy, and that  
19 enrolled 450 patients over a period from August  
20 of 2010 to May of 2012. Then there was the BTT  
21 to CAP series, which enrolled about 330  
22 patients, right, over a period of 18 months,  
23 and that started -- let me see -- 340 patients.  
24 And then there was the Dura heart-lung trial  
25 which only enrolled 63 patients. So you know,

1 there is roughly 700 patients, 800 patients

2 over two-and-a-half years.

3 (Discussion off the microphone.)

4 DR. STEINBROOK: So 1,700 to 1,800 in  
5 the database each year, correct, new additions?

6 DR. PAGANI: Over the last --

7 DR. STEINBROOK: Over the most recent  
8 years, so that's a substantial number?

9 DR. KORMOS: Right, but there will be  
10 new trials, I mean, there will be ongoing new  
11 trials that will be continuing to enroll  
12 patients.

13 DR. REDBERG: Thank you. Dr.  
14 Sedrakyan.

15 DR. SEDRAKYAN: Thank you. I have a  
16 question about the functional outcomes and  
17 quality of life. Many speakers highlighted  
18 that this is really a critically important  
19 outcome, and I really need your opinion, how  
20 trustworthy you think the data is that you have  
21 right now. Dr. Kirklin, you have shown a slide  
22 on visual analog scales, and it has shown that  
23 from preimplant levels there was substantial  
24 improvement at three months and then it stayed  
25 constant. Then I'm comparing that with the

1 eighty percent of people progressively getting  
2 major adverse events at two years. So there  
3 seems to be a lot more people cumulatively  
4 getting these adverse events, and yet it's not  
5 reflecting on their function and quality of  
6 life. Do you have any comments about that?

7         And I might also tie that to the  
8 question about six-minute walk because Dr.  
9 Aaronson, you reported on one of the slides  
10 that for HeartMate II, you compared it to CRT  
11 of 30-40, but your baseline for that population  
12 started from 150. So, can you clarify this for  
13 me?

14         DR. KIRKLIN: Well, we have a paucity  
15 of data, and this is one of the reasons that we  
16 are in desperate need of a mandate from the  
17 medical profession and from the regulatory  
18 profession about making requirements to collect  
19 certain kinds of information on every patient.  
20 Our quality of life data beforehand has been  
21 crippled partly by the fact that it  
22 overestimates the quality of life because those  
23 patients who are too sick aren't participating.  
24 Afterwards the variables are, we really can't  
25 even qualitatively analyze the variables which

1 predict which patients are going to be enrolled  
2 in a quality of life questionnaire, it's  
3 somewhat determined by the level of resources  
4 available at the center because it's not  
5 considered standard in their follow-up.

6       So I think the degree of difficulty of  
7 getting valuable information is very difficult.  
8 We've had endless conversations about  
9 strategies and whether we pay the centers,  
10 incentivize them one way or another. But at  
11 the end of the day, INTERMACS reflects the  
12 actual practice of care for patients with VAD  
13 therapy, and so to the extent that the standard  
14 of care is to get this additional information,  
15 then we would be able to provide very useful  
16 information to you and the scientific community  
17 in general, but we are hampered right now  
18 because if you look at the numbers on the  
19 quality of life, and the numerator and  
20 denominator is almost depressing in terms of  
21 what we're collecting.

22       DR. REDBERG: Also, while you're here,  
23 did you also say earlier that there was almost  
24 no change, or maybe someone else did, between  
25 peak VO2 in the preimplant data and the

1 postimplant data, or was that --

2 DR. AARONSON: There was -- this is  
3 Keith Aaronson, University of Michigan. There  
4 are no peak VO<sub>2</sub> data in the clinical trials  
5 post, we're going to actually do it in  
6 REVIVE-IT, but that wasn't captured.

7 DR. REDBERG: So we do not know the  
8 impact of VAD on VO<sub>2</sub>?

9 DR. AARONSON: We do from individual  
10 centers, we have some data from VAD centers,  
11 but it's not in the clinical trials.

12 The improvement of VO<sub>2</sub> is not that  
13 dramatic. It actually is disproportionate to  
14 the improvement in six-minute walk, the  
15 improvement in six-minute walk is actually  
16 larger in general relative terms, but you're  
17 thinking as sort of a heart failure doctor what  
18 the six-minute walk is compared to the VO<sub>2</sub>.

19 The six-minute walk, to get back to  
20 Art's question, in the HeartMate II later study  
21 we did distinguish between patients who didn't  
22 walk at all at baseline and their comparative  
23 improvement, and patients who did walk  
24 initially were less sick, and they still  
25 improved a lot, about 200 to 350 meters. So

1 it's certainly inflated by indicating a value  
2 of zero in the six-minute walk, but even if you  
3 limit it to those who did walk, there's a huge  
4 improvement in walk distance.

5 I think the question about how does  
6 quality of life improve when adverse events  
7 occur is a fascinating question, and there's  
8 strong literature showing that patients rate  
9 their quality of life very differently when  
10 they have adverse events and actually  
11 experience them than what they thought they  
12 would have had before they had them. If you  
13 look at the REMATCH study, you know, the  
14 patients lived eight months longer but  
15 five-and-a-half of those months were spent in  
16 the hospital, yet they rated their quality of  
17 life as substantially higher, and the survival  
18 effect. But even among the survivors, they had  
19 these adverse events, but that's quite well  
20 known.

21 There's a classic paper with a  
22 statistical analysis looking at surgery with  
23 radiation therapy, and it was very clear  
24 afterwards that in fact the whole process was

25 faulty because when patients lost their voice,

217

1 they thought it would be terrible beforehand

2 but they actually didn't think it was so bad

3 afterwards, so there's -- what's that?

4 (Laughter.)

5 DR. REDBERG: So, the reason I was

6 interested in VO<sub>2</sub> is because I was struck by

7 Lynne's comment that that was the only

8 objective measure, because I don't know how

9 subjective or objective six-minute walk is, but

10 clearly we're talking about non-blinded

11 comparisons. You've got one patient that got

12 incredible benefit from the procedure and yes,

13 they felt better, they thought it was

14 wonderful, but the other person clearly didn't

15 feel that same kind of investment in them, so

16 I'm trying to separate subjective from

17 objective criteria.

18 DR. AARONSON: There's data

19 showing that for heart failure patients,

20 six-minute walk generally gets to about 85

21 percent of predicted VO<sub>2</sub>, or let me rephrase

22 that, 85 percent of what they would do on a

23 maximum test, but obviously that is variable

24 and there are people who don't make that  
25 effort. The improvement in peak VO<sub>2</sub> that we've

218

1 observed has been around 3.5 or 4 mills per kilo  
2 minute among those who were actually able to  
3 exercise at baseline.

4 DR. LEVY: One brief answer which may  
5 help. A 100-meter improvement in six-minute  
6 walk is a one point change in NYHA class, so  
7 when you're talking about 150 to 200 meters,  
8 you're talking about 1.5 to two changes in NYHA  
9 class, so both the NYHA class and the  
10 six-minute distances are very concordant.

11 DR. REDBERG: Dr. Pina, and then Dr.  
12 Mock.

13 DR. PINA: I want to clarify that the  
14 pVO<sub>2</sub> data that we have, we have it from, I  
15 think it was called EVADE, wasn't it, it was  
16 post the pulsatile devices, and the highest  
17 peak VO<sub>2</sub> was 14.5, and that was like over 12 or  
18 15 years ago, we don't have anything newer than  
19 that.

20 DR. REDBERG: Okay. Dr. Rich, yes.

21 DR. RICH: I have a clarifying  
22 question for Dr. Kirklin. I believe this is

23 true, in that no data from clinical trials ever  
24 gets to INTERMACS, INTERMACS is a total  
25 post-commercialization database. Can you get

219

1 the data in there post hoc and you add it to  
2 INTERMACS later, or do you just do  
3 meta-analyses between the INTERMACS data and  
4 trial data?

5 DR. KIRKLIN: Initially during the  
6 genesis of INTERMACS, we had planned actually  
7 with Thoratec to put their clinical data trial  
8 into INTERMACS and they were very anxious to do  
9 so. Unfortunately as you can imagine, if the  
10 database during the clinical trial is not the  
11 exact same variables and the same programming,  
12 then it is a whole new set of programming that  
13 has to be done to make translatable their  
14 clinical trial and the elements to be put into  
15 the database. I could just tell you from  
16 experience, that just never happened and I  
17 don't think it will happen because it's  
18 expensive, takes a lot of time, and everybody  
19 is very very busy with INTERMACS and in the  
20 company to be able to allocate that amount of  
21 time, X number of months to do the

22 translational programming. So as of right now  
23 we do not have, unless the study is done  
24 through an INTERMACS platform, then we don't  
25 have the ability to get clinical trial data

220

1 really into INTERMACS even if the company  
2 wished to.

3 DR. REDBERG: Dr. Kormos, then Dr.  
4 Steinbrook, then Dr. Schwartz and Dr. Brindis,  
5 and then we're going to focus on voting  
6 questions.

7 DR. KORMOS: So, this is actually a  
8 question I want to direct to Mr. Scott.  
9 There's a lot of discussion about how a  
10 regulatory body that enforces certain standards  
11 and sites interpret what the requirements are  
12 from CMS. I mean, it's really left up to that  
13 regulatory body. How do you see moving forward  
14 if you were to do this, how do you see working  
15 with CMS and/or other academic societies, for  
16 example, to help define the criteria for what  
17 is an appropriately trained cardiac surgeon  
18 and/or cardiologist, because it's not -- I  
19 mean, you stated your requirements here, and  
20 thank you for sharing that, but again, they're

21 broad and they can be interpreted many  
22 different ways. So how do you work, I mean,  
23 how are you going to work with societies to  
24 help nail that down? We've heard some  
25 discussion from STS but there is no mechanism

221

1 currently that's acknowledged by Joint  
2 Commission right now for training a cardiac  
3 surgeon, so how do you move forward with that?

4 And the second part of that question  
5 is, do you do this universally, because heart  
6 failure is of course without borders and  
7 there's translation of physicians and surgeons  
8 between borders all the time, so how do you --  
9 for example, are you considering doing this in  
10 Europe as well?

11 MR. SCOTT: Thank you, Darrel Scott,  
12 with DNV Healthcare. The program as we have  
13 submitted and as you have the requirements for,  
14 is one that has been developed with the field,  
15 it has been developed with clinical  
16 consultation with Johns Hopkins, and has been  
17 submitted for comment with two large VAD  
18 centers and has been peer reviewed, and we view  
19 that as a continuum, ongoing process, as a

20 document that can continue to be refined as the  
21 field, as the clinical field is refined. And  
22 so it's not a program that is stamped and fixed  
23 forever, it's a program that has evolved in  
24 constant consultation with our clinical  
25 partners and that's how we're going to do it.

222

1 In terms of will we transport this to  
2 Europe, our main focus is doing it first in the  
3 United States and then depending on the demand  
4 for it and how it evolves, that certainly is a  
5 possibility, because as you know, DNV is a  
6 worldwide certification organization. So that  
7 certainly is a possibility, but our main focus  
8 now is the initial approval for the United  
9 States.

10 DR. REDBERG: I think, Robert, you  
11 were next.

12 DR. STEINBROOK: Just to briefly  
13 follow up on Dr. Rich's question, the response,  
14 it's really more of a comment, but it may  
15 require a push from the government, CMS or FDA,  
16 but it seems like there are a lot of missed  
17 opportunities by not making the registry data  
18 as broad as possible, both from the standpoint

19 of the center experience, the surgeon  
20 experience, the volume issue, and also from all  
21 these other things that we're talking about,  
22 and there's obviously a lot of experience now  
23 which we didn't have five or ten years ago in  
24 terms of what questions you want to ask, what  
25 things to collect, and standardization of

223

1 things. I mean, even if industry data was  
2 somehow not available until after the trial was  
3 done and an FDA decision was made, there are a  
4 lot of opportunities, I think, to move in that  
5 direction and be able to harness that for the  
6 benefit of patients going forward.

7 DR. KIRKLIN: Jim Kirklin, UAB. Of  
8 course you're preaching to the choir and we  
9 agree with that in spades. And just by way of  
10 explanation, you know, for us it's the art of  
11 possible. So NHLBI in their wisdom, and we  
12 agreed with it initially, was that they  
13 couldn't mandate, they felt uncomfortable  
14 mandating that clinical trial data with all the  
15 privacy issues and so on would be automatically  
16 mandated into INTERMACS, so we lived with that.

17 The next is missing patients with

18 informed consent. Initially this was a  
19 scientific database so we had to get informed  
20 consent. So now NHLBI is putting their full  
21 power behind getting an initiative to waive  
22 that, so we're moving in that direction. And  
23 the FDA is doing their part in trying to  
24 encourage companies to put their clinical  
25 trials through the INTERMACS platform, but they

224

1 can't force that. So we're trying the best we  
2 can and I think we're making progress in  
3 greater representation of the vast database of  
4 VADs out there to be collected, but we have a  
5 few barriers.

6 DR. REDBERG: At this time I want to  
7 read the voting question one so that we can  
8 focus any additional comments and questions  
9 that people want to resolve before we vote on  
10 this question. And so it is, how confident are  
11 you that there is adequate evidence that  
12 specific patient criteria can be used to  
13 prospectively identify clinically meaningful  
14 changes in health outcomes, improved,  
15 equivalent or worsened, that are likely to be  
16 experienced by patients who receive a VAD in

17 addition to optimal medical therapy compared  
18 with optimal medical therapy alone?

19 And CMS has defined the health  
20 outcomes of interest as the clinically  
21 meaningful changes that we're particularly  
22 interested in deciding on of mortality, adverse  
23 events, patient function and quality of life.

24 So with that, if there are any  
25 comments from the invited speakers from today

225

1 or from our panel.

2 DR. SEDRAKYAN: I have a question  
3 related to our first voting question.  
4 Dr. Stevenson, you mentioned particularly in  
5 the context of the standardized consent, it's  
6 important to translate this information into an  
7 understandable format for a variety of  
8 subgroups of patients, so patients like me.  
9 Have you ever done any work, say, profiling the  
10 ten most common patients that are part of the  
11 INTERMACS now, or anyone here among the  
12 presenters, to quantify those benefits and  
13 potential adverse events and harms so that we  
14 can compare to objective performance goal with  
15 medical therapy? Is there anything that would

16 be a Decision A format currently that we can  
17 use for voting on question one?

18 DR. STEVENSON: No.

19 DR. SEDRAKYAN: So, because most of  
20 the information --

21 DR. REDBERG: The answer was no, for  
22 the reporter.

23 DR. SEDRAKYAN: A lot of the  
24 information was about risk ratios and showing  
25 three-time, four-time higher chance of

226

1 mortality or event occurrence, but it was very  
2 hard for us to put it in a context of a profile  
3 of patients over 65 with renal failure, with  
4 INTERMACS 4, what would be the event  
5 occurrence. So some common scenarios that  
6 could help us answer this question in a  
7 patient-centered way? And so the answer is no.

8 DR. REDBERG: Yes, Dr. Mock.

9 DR. MOCK: Maybe, Dr. Aaronson, you  
10 would be in the best position to answer this.  
11 I want to make sure that I understand the  
12 inference that was just made regarding  
13 readmissions and quality of life. So my  
14 question for any of you that can answer is what

15 would be the 30-day readmit rate for a Medicare  
16 eligible member that underwent a VAD implant,  
17 and then is that five-and-a-half months out of  
18 eight is in the hospital? That was what I  
19 thought I heard. The inference I was making is  
20 five-and-a-half months out of eight in the  
21 hospital might not be seen as a good quality of  
22 life.

23 DR. AARONSON: That was with REMATCH  
24 with the XVE where we were expecting -- this is  
25 a pump that's no longer made, and technology is

227

1 going to be mandated in patients who were  
2 substantially sicker than those who now on  
3 average get implanted, but those data are  
4 historically interesting when read in the  
5 context of that even patients who suffer a  
6 really negative adverse event profile still  
7 view their quality of life as better given the  
8 point improvements of heart failure symptoms,  
9 but it's not relevant at all in terms of this  
10 question.

11 DR. MOCK: So I still would be very  
12 interested, then, in an answer to the first  
13 part.

14 DR. KORMOS: Well, so, that -- let me  
15 just make a comment here. We're actually in  
16 the midst of analyzing the readmission rates in  
17 INTERMACS. It's a fairly complex analysis for  
18 a variety of reasons. But I think at six  
19 months, I think we're looking at about 30 to 40  
20 percent free of readmission, so about 60  
21 percent of patients would have had at least one  
22 readmission within the first four months.

23 DR. MOCK: And those are 3s and 4s, or  
24 5 through 7, or all?

25 DR. KORMOS: I don't have that

228

1 information.

2 DR. AARONSON: We've looked at our  
3 data at Michigan and it looks like the average  
4 patient would have eight days in the hospital  
5 following the initial hospitalization, one of  
6 which would be on the ICU and seven would be on  
7 a regular floor bed.

8 DR. REDBERG: When you say the average  
9 patient, what age is that average patient?

10 DR. AARONSON: This is the average of  
11 all the patients who are at the University of  
12 Michigan. You know, our average

13 bridge-to-transplant patient is probably in  
14 their early 50s, their actual -- the trials,  
15 the average bridge-to-transplant patient is in  
16 their early 50s and the average destination  
17 therapy is in their low to mid 60s, lower end  
18 of 60s. In our center I think those would  
19 still hold, maybe a little bit older, but  
20 reasonable.

21 DR. REDBERG: So would it be fair to  
22 say for the average Medicare beneficiary who  
23 was mostly over 65, that the majority are  
24 women, and it might be longer?

25 DR. AARONSON: It might be fair to

229

1 say, but I don't have those data.

2 DR. REDBERG: Does anyone else have  
3 those data?

4 DR. MOCK: Would you think in the  
5 future it would be beneficial to segregate that  
6 information so that we could have that  
7 information about Medicare members?

8 DR. REDBERG: So, Dr. Heseltine.

9 DR. HESELTINE: So, let me make sure  
10 that I'm getting this right. I'm focusing now  
11 on, my question is focused on patients who are

12 likely to be Medicare eligible who are in the 3  
13 and 4 group, levels 3 and 4. Now I understand  
14 that the initial mortality or initial  
15 complication rates which you've shown primarily  
16 are driven in large part by level 1 and level  
17 2. But as I see it at the end of the year,  
18 you've really only got about 30 percent of  
19 patients who have not had some sort of  
20 complication, at the end of two years you've  
21 got only about 20 percent of patients who have  
22 not had some sort of complication.

23       So if I look at, particularly the  
24 class 4, but even some of the class 3 patients  
25 and I ask myself the question, can I compute to

230

1 some extent the complication rates for living  
2 with medical therapy versus the VAD, that's  
3 where I'm struggling to try and balance the  
4 data that you've demonstrated to us.

5       DR. LEVY: Wayne Levy, Seattle. So if  
6 you look at the Seattle Heart Failure Model,  
7 it's roughly ten days per year per 10 percent  
8 for annual mortality, so if you're putting them  
9 in with somebody with a 50 percent annual  
10 mortality with medical therapy, you'd expect

11 them to be in the hospital 50 days per year, so  
12 if the hospitalization was 12 days, they would  
13 have four hospitalizations during the year in  
14 the type of patients we're describing.

15       If we're looking at the less sick  
16 patients it might be 20 days a year with two  
17 hospitalizations, so they would have a very  
18 high readmission rate with medical therapy  
19 alone.

20       DR. MOCK: Does the Seattle  
21 classification take into account socioeconomic  
22 or education, or all call, no age?

23       DR. LEVY: The variables are age,  
24 gender, ejection fraction, blood pressure,  
25 medical therapy, and simple lab variables like

231

1 hemoglobin and lymphocytes, which actually go  
2 down with age, along with uric acid and  
3 cholesterol level. So there is no  
4 socioeconomic status or other things included.

5       DR. STEVENSON: I think it's still  
6 important just to remind ourselves that the  
7 INTERMACS data that we have currently, more  
8 than half of the patients are profile 1 and 2,  
9 with a one-year survival estimated at less than

10 five percent for one, less than 20 percent for  
11 two, so I think the issue of kind of  
12 readmissions in that group is really not  
13 relevant because they're dead, so it's pretty  
14 cheap.

15 DR. MOCK: Quality of life, Doctor,  
16 that was the question.

17 DR. REDBERG: That will be our last  
18 comment before the vote on question one, so I'm  
19 going to read the question one and then I'm  
20 going to ask each of the voting panel members  
21 to vote, and then you can each --

22 DR. GRANT: Can we pose some questions  
23 about question one?

24 DR. REDBERG: We did just pose them.

25 DR. GRANT: No, I just had a question

232

1 about the way it's framed, that it's saying  
2 specific patient criteria, so are we talking  
3 about INTERMACS as a classification, are we  
4 talking about sex, are we talking about age?  
5 For example, what we've heard about some of the  
6 INTERMACS groups, is that considered a specific  
7 patient criteria?

8 DR. REDBERG: I can kind of help.

9 I'll interpret it and then let Art comment, and  
10 if anyone else from CMS wants to comment,  
11 please do. I interpret specific patient  
12 criteria to be just what, if you were a  
13 physician and deciding how to advise your  
14 patient, you would look at these criteria and  
15 say based on your age and your sex and your  
16 renal condition and your, you know, overall  
17 health, and perhaps in a few years but we don't  
18 have it now, frailty, I would advise that your  
19 outcomes from this procedure would be X.

20 So you're asked to say currently, do  
21 you feel there's adequate evidence that we have  
22 that we can identify these specific patient  
23 criteria in order to prospectively identify, to  
24 advise a Medicare beneficiary or patient, this  
25 is just patient, clinically meaningful changes

233

1 in the health outcomes listed. Does that  
2 answer your question?

3 DR. GRANT: The question is does it  
4 apply -- I mean are we talking about all, are  
5 we talking about INTERMACS class 2, are we  
6 talking about 2, 1, or are we talking about 4?

7 DR. REDBERG: We're talking about all

8 patients who receive VAD.

9 DR. GRANT: All patients.

10 DR. SEDRAKYAN: Yeah, absolutely. My  
11 understanding is the same as Rita's, 1, 2, 3  
12 INTERMACS, renal failure, any characteristics  
13 that prospectively can be identified. At this  
14 point it's more general, the next question is  
15 more clarifying and we can discuss in the next  
16 question if there are any specific criteria  
17 that you think are able to help us.

18 DR. HESELTINE: I don't want to  
19 belabor this but I tend to agree with you, but  
20 the question here is being driven by two facts.  
21 One is that we know that half the patients are  
22 levels 1 and 2, and the others are level 3 and  
23 4, or maybe even higher. So to answer this  
24 question, I can do it I think based on some  
25 data for some patients, but not for the great

234

1 majority of patients, or at least if I've  
2 misheard data, so that's the struggle here.

3 DR. REDBERG: I understand that, but  
4 this question is to address the general  
5 question of a patient for VAD, and then as Art  
6 said, it will become more specific. Is this

7 another short clarifying question?

8 DR. BRINDIS: Yes, because I also have  
9 extra nuances for this question, in that I  
10 think that we might be able to do a lot of  
11 these things if we may have infrastructures,  
12 tools that we could do these things, but they  
13 may not have been totally applied. And so the  
14 question is, can it be used? Well --

15 DR. REDBERG: No. How confident are  
16 you that there is adequate evidence right now,  
17 is there adequate evidence that specific  
18 patient criteria can be used to prospectively  
19 identify. We're talking about right now, can  
20 you do that, not what can be in the future.

21 DR. BRINDIS: Well, let's say we have  
22 the criteria -- I apologize. The criteria is  
23 there, it's not being fully collected at this  
24 time.

25 DR. REDBERG: You're answering the

235

1 question of what you can do now.

2 DR. BRINDIS: Okay.

3 DR. REDBERG: I'm just going to remind  
4 you that you would vote one to five. One is  
5 that you have low confidence that there is

6 adequate evidence to answer this question  
7 currently, five would be you have high  
8 confidence to answer this question currently,  
9 and obviously three is intermediate. You can  
10 vote one, two, three, four or five, and then  
11 after the vote we will discuss, each panelist  
12 can discuss why they voted how they did.

13 DR. SCHAFER: And real quick, I'm  
14 sorry, I call your attention to adequate  
15 evidence. So is the evidence adequate, that's  
16 the first question that we're asking, and then  
17 you can go talk about the specifics.

18 MS. ELLIS: I just need to say for  
19 voting purposes, what I need everyone to do is  
20 to basically push the button that is on your  
21 keypad one through five, whatever your vote is.  
22 You can hit the button as many times as you  
23 want. The last score that you choose is what  
24 will be displayed. Once everyone has voted,  
25 the next step will be for everyone, for us to

236

1 go down the line and state your vote, and this  
2 is including the nonvoting members also. There  
3 will be two scores at the end of the meeting,  
4 okay?

5           So again, we need you to state your  
6 name and your vote, because again, this is  
7 being webcast, okay?

8           Could you just hit the remotes one  
9 more time? Someone did not push the button.

10          (The panel voted and votes were  
11 recorded by staff.)

12          MS. ELLIS: Thank you.

13          DR. REDBERG: So the vote was a mean  
14 of 3.22, and at this time I'm going to start  
15 with Dr. Sedrakyan and we'll discuss our vote.

16          DR. SEDRAKYAN: Art Sedrakyan, three.

17          DR. BRINDIS: Ralph Brindis, three.

18          DR. FAUGHT: Ed Faught, four.

19          DR. GRANT: Mark Grant, three.

20          DR. HESELTINE: Peter Heseltine,  
21 three.

22          DR. MOCK: Curtis Mock, three.

23          DR. RICH: Jeff Rich, four.

24          DR. SCHWARTZ: Sandy Schwartz, three.

25          DR. STEINBROOK: Robert Steinbrook,

1 three.

2          DR. FEINGLASS: Shamiram Feinglass,

3 three.

4 DR. DONOVAN: Kevin Donovan, three.

5 DR. KORMOS: Bob Kormos, three.

6 DR. PINA: Ileana Pina, two.

7 DR. REDBERG: So at this time you can  
8 see, there's a discussion question. If there  
9 is at least intermediate confidence, and we do  
10 have at least intermediate confidence because  
11 the mean score should have been greater than  
12 2.5, then we're going to discuss what  
13 prospective patient criteria predict, one,  
14 clinically meaningful improvements in health  
15 outcomes; two, equivalent health outcomes;  
16 and/or three, clinically meaningful worsening  
17 of health outcomes.

18 So for all of you who voted, do you  
19 want to make any comments on what specific  
20 prospective criteria you had some confidence  
21 would predict these health outcomes?

22 DR. SEDRAKYAN: I think my  
23 understanding was that the INTERMACS criteria,  
24 particularly 1, 2 and 3, have substantial face  
25 validity and evidence behind it. I'm less

1 convinced that starting from 4 we have adequate  
2 evidence for us to make a proper decision based

3 on the criteria that are part of the, let's say  
4 3.8, starting from 3.8 or 4.1.

5 So in addition to that, there are a  
6 number of risk factors that were discussed,  
7 including renal failure and right ventricular  
8 function, so those were identified as important  
9 potential predictors of outcomes or worsening  
10 of outcomes. Older age certainly has been  
11 associated with worse outcomes in terms of  
12 survival. I was less convinced that we have  
13 enough evidence to understand how quality of  
14 life and functioning is changing based on these  
15 risk scores, aside from probably again  
16 INTERMACS 1 and 2, and maybe 3.

17 And I was unsure if I can  
18 differentiate these risk factors from  
19 bridge-to-transplantation with destination  
20 therapy. I mean, I think the risk factor  
21 profiles seemed to be similar for both of these  
22 conditions in terms of worsening or improving  
23 of the health outcomes.

24 DR. REDBERG: Dr. Brindis.

25 DR. BRINDIS: Rather than being

1 repetitive, I'm going to just focus on a couple

2 comments. I think that we understand issues  
3 related to heart outcomes related to mortality,  
4 but I'm more interested in our challenges that  
5 we have related to PROs or patient-reported  
6 outcomes, and I appreciate that we have some  
7 infrastructure tools that can get us there,  
8 whether it be from Seattle or pVO2, or other  
9 patient-reported outcomes, and we need to  
10 devise and empower our INTERMACS registry to  
11 have a stick that is dressed up as a carrot to  
12 be able to assess this for us going forward.

13 I'm also concerned that we need  
14 further expansion in our understandings of  
15 chronic complications. I think that I'm a  
16 little less confident about some of the chronic  
17 complications, in this case related to  
18 neurologic and maybe even aortic insufficiency,  
19 but again, trying to assure our population  
20 going forward how we can best assess that, and  
21 again, empowering INTERMACS with kind of the  
22 infrastructure tools and the carrots and sticks  
23 to do so.

24 DR. REDBERG: Thanks very much, and  
25 thank you for that reminder also, Dr. Brindis,

1 that we don't need to repeat a point even if  
2 you agree with it that's already been made, but  
3 just anything additional. Dr. Faught.

4 DR. FAUGHT: Yes, this is Ed Faught.  
5 I'm very pleased that we have this kind of  
6 tool, we certainly don't have it in a lot of  
7 disease states, and I felt really that there  
8 are several very concrete criteria that I heard  
9 that are useful in determining possible  
10 outcomes. I would like to see something in  
11 between quality of life and more physiological  
12 measurements, something like activities of  
13 daily living, Rankin scores, something like  
14 that. It's always easy to ask for more data  
15 from the people that are doing the surveys, I  
16 understand that, but I think some better  
17 understanding of some of the functional  
18 outcomes would be useful.

19 DR. GRANT: I won't repeat anything  
20 obviously, but I will say I was tending  
21 actually toward voting a two, and I'll try to  
22 explain a little bit why.

23 I mean, I think first is the issue  
24 about the decision-making here, which all of  
25 you I think have illustrated quite well, the

1 decision-making surrounding using these devices  
2 is very complex, and so it's just, it takes a  
3 lot of different factors, it's a big huge  
4 network, that's one piece.

5       The other thing is the structure of  
6 the evidence, and I was thinking of what would  
7 happen if I went to systematically review this  
8 evidence and draw conclusions about it, and I  
9 think for the higher risk INTERMACS stages it's  
10 pretty clear. But as Rita alluded to before,  
11 what we have is we have one randomized  
12 controlled trial that is old where we are asked  
13 to compare optimal medical therapy to best  
14 medical therapy. In every study we have non  
15 priori comparison subsequently, and then we  
16 have single-armed trials, and the premise of  
17 identifying predictors in these single armed  
18 studies from my perspective is to say that we  
19 know, if you believe whether we can predict it  
20 or not, what would transpire for these patients  
21 if in fact they did undergo that.

22       That kind of evidence is very  
23 difficult in my mind to synthesize and to judge  
24 unless the outcome is absolutely certain. So  
25 when you move up those stages it becomes in my

1 mind very difficult, and even more difficult to  
2 identify these specific predictors.

3       And I wanted to just reiterate  
4 something that Art spoke to before. The other  
5 part that's missing here in my mind in terms of  
6 presentation of evidence is there's a lot of  
7 relative risks, you know, and they're good, you  
8 know, they're informative if you have this  
9 disease. But what drives decisions are  
10 sensitivities and specificities, and false  
11 positives and false negatives, and those are  
12 the kind of data that really allow making an  
13 informed decision based on evidence from my  
14 perspective. In this case, the only identified  
15 predictor is just the patient should have a VAD  
16 and this one, you know, given this particular  
17 class.

18       DR. HESELTINE: Peter Heseltine. In  
19 addition to my colleagues' comments with which  
20 I agree, I wanted to focus for a moment on the  
21 lessons we've learned in other spheres of  
22 medicine which we could apply here. In doing  
23 cancer trials for 35 years, and we've been  
24 doing registry trials for a whole host of  
25 chronic illnesses, it seems to me that while

1 there is an appropriate emphasis on PROs, none  
2 of these or very few of these have actually  
3 been evaluated. What I would really like to  
4 see are validated PROs in this field  
5 specifically relating to VAD, that would allow  
6 us to interpret what patients really feel about  
7 it and what, in terms of their things that are  
8 important to their life, actually seem to have  
9 a difference, not just being alive.

10       The other part about this is that I  
11 also have real concerns about the technology  
12 creep aspect of this. As physicians we tend to  
13 do things because we can, and so I need to be  
14 absolutely sure that I'm not in fact creating  
15 adverse events which I don't perceive to be  
16 particularly important, but the patient may  
17 well perceive it to be important. These would  
18 include not only infection, but also things  
19 like thrombus apart from stroke and heart  
20 attack, and the other more obvious ones. So  
21 again, I think that we need to focus and reach  
22 out to other standards in other areas of  
23 medicine and apply them here, rather than think  
24 that we're in a bubble and we can invent it all

1 DR. REDBERG: Thank you. Dr. Mock.

2 DR. MOCK: Curtis Mock. I have to  
3 say, I'm walking away from here thinking that  
4 VO2 is a pretty valued predictor in success of  
5 implantation. I would have to say that the way  
6 this question is formatted to include the  
7 outcomes that CMS asked for makes it a  
8 challenging simple answer. Certainly there's  
9 been great presentations over the day that  
10 showed that survival is a metric that is  
11 clearly comparable. However, on the other end  
12 of the outcomes we're being asked about, the  
13 quality of life is not so well supported. So  
14 as we move forward in an important aspect in  
15 the care of our Medicare membership, I'm just  
16 hungry for more information and more data that  
17 would be specific to those aspects of their  
18 care and their life, and as you mentioned,  
19 Doctor, their caregivers and their life at  
20 home.

21 DR. RICH: So, I do agree with your  
22 opening comment about the ambiguity of the  
23 question, and so I've personalized this.

24 Working in a center doing 50 VADs, seeing level  
25 1, 2 and 3 INTERMACS patients all the time, I

245

1 don't see all the other levels, so I answered  
2 it on the basis of the way I practice my  
3 medicine and the way I implant things, so I  
4 felt like it was really good evidence.

5 But I do agree that the second half of  
6 the equation is that quality of life and  
7 functionality is extraordinarily important, and  
8 I think we've had really deep discussions when  
9 we were talking about transcatheter aortic  
10 valve replacement, so you can put a  
11 transcatheter aortic valve in a 90-year-old but  
12 if she ends up with a stroke or you have to  
13 amputate her leg, is that a good outcome? No,  
14 it's probably not a good outcome. So I'm on  
15 the, with high technology like this with a lot  
16 of dangerous and serious adverse events, I do  
17 think we need that extra additional  
18 information, but I answered it from the facts  
19 that I have for my patient population.

20 DR. REDBERG: Jeff, I'm just going to  
21 ask you because we have a second part to that  
22 question, so I'm going to let you start with

23 the second part and then we'll come back, so  
24 you will have the first opportunity to crack  
25 this one. Do these criteria vary if the

246

1 intended use of the VAD at the time of  
2 implantation is one, bridge-to-transplantation,  
3 or two, destination therapy? And just add that  
4 and the rest can answer both of those at once,  
5 and then come back to Art if he has anything.

6 Do you want to add anything else on  
7 whether it would differ if it was BTT or DT,  
8 those criteria?

9 DR. RICH: The way I had answered it?

10 DR. REDBERG: Yes. What you just  
11 answered, do you think of it differently when  
12 now specifying a VAD for bridge-to-transplant  
13 or specifying a VAD for destination therapy or  
14 do you think of it all similarly?

15 DR. RICH: I kind of bring it  
16 together, I think of bridge-to-candidacy, it's  
17 so homogeneous now with patients that you can't  
18 tell when you first meet them whether they're  
19 going to be a transplant candidate or they're a  
20 destination therapy candidate, so you're kind  
21 of stuck in that middle ground. So I try to

22 evaluate the patients fairly and openly, and  
23 let them ultimately move in whichever direction  
24 physiologically they go after they start the  
25 therapy.

247

1 DR. REDBERG: Thank you. Sandy.

2 DR. SCHWARTZ: Well, I neither  
3 currently or in the past have cared for these  
4 patients, so --

5 DR. REDBERG: So you have nothing to  
6 say?

7 (Laughter.)

8 DR. SCHWARTZ: But I think it's based  
9 on what I read in preparation for here, and the  
10 information presented here, as well as talking  
11 to some people who have experience about their  
12 clinical experience. My thoughts largely, I  
13 don't really have anything significant to add  
14 to what's been said before, I will leave it to  
15 Art, Ralph and others.

16 I gave it a three, I think there is,  
17 you know, we can make reasonable clinical  
18 decisions, but as you get into B, then I think  
19 the more you parse that, the more we get into  
20 subsets, the more we look at interactions

21 across clinical parameters and variables, the  
22 less confidence I have. And so I think by the  
23 time it gets down to individual decision-making  
24 in some patients I think we can feel more  
25 comfortable than in others, and I think there's

248

1 a -- intermediate to me means we can get by,  
2 you know, should we offer it to patients for  
3 whom the people with clinical expertise based  
4 on the evidence feel that they can make a  
5 reasonable decision in conjunction with the  
6 patient, but we certainly have a high priority  
7 for developing better evidence in these areas.

8 DR. REDBERG: Thank you.

9 Dr. Steinbrook.

10 DR. STEINBROOK: I just want to focus  
11 on B and specifically destination therapy. We  
12 didn't have much discussion on this, but it  
13 stands to reason that if people fortunately  
14 survived longer with these devices in place  
15 that there will be a set of questions related  
16 to device failure and long-term complications  
17 and whether device A as compared to device B is  
18 what to be concerned about after four years.  
19 Of course, to be at four years is doing

20 reasonably well, so that's a good problem to  
21 have, given this situation. But I think that  
22 the people in the field, as I'm sure you  
23 already have, need to be thinking about some of  
24 the things which are going to become relevant  
25 as the data continues to evolve and people are

249

1 followed.

2 DR. SCHWARTZ: And Rita, one other  
3 thing. I think there's a real need to  
4 understand at the individual level the  
5 tradeoffs between likelihood of benefit and  
6 likelihood of harm given the high rate of  
7 serious complications that occur, both in  
8 patients who are not treated with this and who  
9 are treated with mechanical assist devices, so  
10 I think it's really important to start being  
11 able to come up with more individual clinical  
12 predictors to guide the clinical  
13 decision-making.

14 DR. REDBERG: Thank you.

15 DR. FEINGLASS: Shami Feinglass. I  
16 would add here that I'm fairly confident that  
17 this is the right thing to do for levels 1  
18 through 3. I think there's some question for

19 all of us for anything greater than level 4,  
20 and I commend the speakers for the comments on  
21 what you all are doing to gather more evidence  
22 in that area, but I think that is less clear  
23 than 1 through 3.

24 DR. DONOVAN: The only thing I would  
25 add about the first question was it was

250

1 supposed to be a comparison with medical  
2 therapy, and I think we've heard enough that  
3 the optimal medical therapy is somewhat  
4 variable and that really makes the comparison a  
5 little less compelling.

6 I was also concerned about what  
7 appears to be a false dichotomy between  
8 bridge-to-therapy, destination therapy, and I'm  
9 not sure that those categories serve the best  
10 interest of the patients, and I think they  
11 perhaps should not exist.

12 DR. REDBERG: Thank you, Dr. Donovan.  
13 Dr. Kormos.

14 DR. KORMOS: Well, I'm kind of torn.  
15 I mean, I'm on both sides of the fence here as  
16 everybody sitting here knows. Having said  
17 that, I think we have good evidence that

18 survival benefit exists in some classes of  
19 patients who get this therapy. Can you do  
20 harm, absolutely, but I think that's the  
21 challenge of some of the newer trials that are  
22 going to be coming up here, to understand in  
23 these less sick patients whether we can produce  
24 harm or not produce harm.

25 I struggle with the quality of life

251

1 information as to how we get to that, because I  
2 really don't know how much more cardiac output  
3 produces a better quality of life. Does it  
4 really get rid of the heart failure state, or  
5 is once somebody is tagged with a heart failure  
6 state are they always going to have exercise  
7 limitations because of some of the very things  
8 we discussed, such as frailty and  
9 deconditioning, and attitudinal differences of  
10 how you're going to live with heart failure.  
11 There's just so many factors that influence  
12 your ability to do an exercise test. So I  
13 think we need the information, I think it's  
14 just going to be hard to really nail it and  
15 that's going to require some work.

16 I honestly believe that we can

17 identify who's a transplant candidate. After  
18 that, I'm not so sure. There are those that  
19 are in between and you can call them  
20 bridge-to-candidacy or whatever the hell you  
21 want, but they're just not transplant  
22 candidates. So I think we've got two classes  
23 of patients that we're really looking at, those  
24 that are listed and those that are something  
25 else, and maybe they're DT, maybe they're not,

252

1 and that's where perhaps a heart failure  
2 indication has more relevance than this sort of  
3 kind of intellectualized subset of classes that  
4 was really developed by industry to help them  
5 qualify their devices, it has nothing to do  
6 with the reality of how we work.

7 DR. PINA: I'm also on both sides of  
8 the fence here and I voted a two, and I'll tell  
9 you my reasons why. The clinical trials that  
10 were done to get approval for these devices was  
11 for a different population than what we're  
12 seeing now in INTERMACS. It was a very  
13 carefully chosen population for a clinical  
14 trial, and even in those trials we felt the  
15 pain of missing quality of life information,

16 missing functional assessment, on whatever is  
17 out there is based on a lot less in number than  
18 were actually enrolled in the trial.

19         We don't have a great quality of life  
20 issue for these very sick patients and I think  
21 Jim Kirklin said that, and I know that we've  
22 been talking about getting one and trying to  
23 validate it, and it is a lot of work, because  
24 for these patients just getting out of bed may  
25 be an improvement in quality of life if that's

253

1 all that they've been is in bed, so I am not  
2 confident that I can say who these are going to  
3 be. And so as we move more and more into the  
4 Medicare population, which we're seeing a lot  
5 of, things like frailty, things like a low  
6 albumen showing malnutrition, things like  
7 anemia are going to have a much much bigger  
8 bearing on the results, even though the surgery  
9 may be done well and how they recover  
10 postoperatively. So in this older population,  
11 I am not confident that we have enough  
12 criteria.

13         And I also agree that the lines are  
14 blurred, that this, you know,

15 bridge-to-transplant, bridge-to-destination are  
16 blurred, and I don't think it's ever been the  
17 intention of the Agency or the FDA to make  
18 those distinctions, it really needs to be done  
19 by industry, and I would be much more in favor  
20 of a bridge-to-decision, or a bridge to  
21 whatever happens next.

22 DR. REDBERG: Thank you, and on behalf  
23 of the panel I'm going to say I thought we had  
24 a great discussion, and we were really grateful  
25 to the speakers, I think we all feel like we

254

1 have the world's experts here in heart failure,  
2 use of ventricular assist devices, and cardiac  
3 transplantation, and so that we were really  
4 able to evaluate the data where we are.

5 The consistent themes I heard  
6 listening to the voting panel were that while  
7 we certainly have specific patient criteria and  
8 INTERMACS is a very valuable registry, there is  
9 a crying need for more patient-reported  
10 outcomes and in particular for really  
11 meaningful quality of life and functional  
12 status measures, you know, things that would  
13 mean something to any of us if we had to make

14 that decision for ourselves or for a loved one,  
15 you know, how much more could you do, would  
16 your life be in doing things that we enjoy or  
17 in a hospital bed, and then have it  
18 individualized with benefit and harm, and we  
19 will talk about this a little later with  
20 question three about how this can be  
21 generalized for our Medicare population.

22 And so with that, we'll now turn to  
23 voting question two, and I'll read it and then  
24 we can have a discussion and then the vote. So  
25 now we're going to look specifically at, how

255

1 confident are you that there is adequate  
2 evidence that one or more facility and/or  
3 operator characteristics predict clinically  
4 meaningful improvements in health outcomes for  
5 patients who receive a VAD in addition to  
6 optimal medical therapy, compared with optimal  
7 medical therapy alone? So we're really looking  
8 now at facility and/or operator  
9 characteristics.

10 Did any of our speakers have any  
11 comments or anything they wanted to add to  
12 address this question? Okay, we can vote on

13 that. I think we did have a lot of discussion  
14 about these particular questions, so if no one  
15 has any additional comments or questions, we  
16 can take the vote. So now we will vote  
17 similarly on question two which I just read, I  
18 don't need to read it again, the panel has your  
19 clickers, and then there are discussion  
20 questions for these as well.

21 (The panel voted and votes were  
22 recorded by staff.)

23 Okay. So now we have a mean of 2.33,  
24 so there is less confidence, in fact that would  
25 be intermediate to low confidence in this

256

1 question, and actually if I read this correctly  
2 we are not going to have the discussion  
3 questions now because it says only if there is  
4 at least intermediate confidence, and we fell  
5 below the 2.5 cutoff. Actually, I'll let -- so  
6 we can discuss, thank you, B and C. Okay,  
7 let's go back and get the vote, and then we'll  
8 do that, thank you.

9 DR. SEDRAKYAN: Art Sedrakyan, two.

10 DR. BRINDIS: I voted four, Ralph  
11 Brindis.

12 DR. FAUGHT: Ed Faught, I voted three.  
13 DR. GRANT: I voted two, Mark Grant.  
14 DR. HESELTINE: Peter Heseltine, I  
15 voted two.  
16 DR. MOCK: Curtis Mock, two.  
17 DR. RICH: Jeff Rich, two.  
18 DR. SCHWARTZ: I'm the reason we're  
19 not discussing this in more detail, I voted  
20 one. I would be glad to increase my vote to  
21 discuss it, because there's a reason for that.  
22 DR. REDBERG: Don't worry, we'll have  
23 a discussion.  
24 DR. STEINBROOK: Robert Steinbrook,  
25 three.

257

1 DR. FEINGLASS: Shami Feinglass. We  
2 can't do .5 increments, right? I was between  
3 two and three, so three.  
4 DR. DONOVAN: Kevin Donovan, two.  
5 DR. KORMOS: Kormos, two.  
6 DR. PINA: Ileana Pina, two.  
7 DR. REDBERG: And so now we can  
8 discuss the vote, and in addition we can  
9 discuss the discussion questions B and C, so I  
10 will read those. Please discuss the role, if

11 any, of facility VAD specific certification to  
12 assure attainment and maintenance of any  
13 characteristic identified in question 2.A, and  
14 please discuss the role, if any, of the heart  
15 team concept in the management of patients who  
16 receive a VAD. So really trying to drill down  
17 on facility characteristics and also talk more  
18 about the heart team, which we have all talked  
19 about this morning and this afternoon.

20 DR. SEDRAKYAN: I voted two, and  
21 mostly because I think I would want to see more  
22 information in INTERMACS with some analysis of  
23 the facility level data to see if it really has  
24 an impact. I think the fact that a lot of  
25 these centers are already transplant centers

258

1 was reassuring to me that these centers have  
2 experience of dealing with these patients, at  
3 least 90 percent of them, and in light of that,  
4 yes, it makes sense that the heart team and  
5 multidisciplinary care would probably improve  
6 the outcomes, but we don't have the data from  
7 VAD, we don't have the data from INTERMACS. I  
8 think it would be very important for us to have  
9 some data, whether it's a volume outcome or any

10 other information, number of people who have  
11 done fellowships, with fellowship training,  
12 number of surgeons who are, who have done more  
13 than ten surgeries in the past three years,  
14 some information, I think that would have  
15 helped us maybe rate this higher. But at this  
16 point I think there is really a paucity of  
17 evidence related to this question.

18 DR. BRINDIS: So, I need to defend my  
19 four. I took the question literally, is there  
20 at least one facility or operator  
21 characteristic, and we heard overwhelming  
22 evidence that the volume of the center is a  
23 predictor of outcomes, I think it was two to  
24 one in terms of outcomes, or in terms of  
25 mortality, we also heard that level of

259

1 experience over time led to better outcomes, so  
2 I think there is good data related to the  
3 volume relationship.

4 The challenge is that everyone else  
5 feels, is the issues of the data being in  
6 trials, and I would be very interested in  
7 understanding exactly what the Joint Commission  
8 does, that is, how much of their certification

9 is based on systems, how much is it related to  
10 process, and how much is it related to  
11 outcomes. I'm getting the feeling it's not  
12 related that much to outcomes, but I would like  
13 to be told differently.

14 What is the frequency, for example, of  
15 the certification looking at the outcomes? We  
16 were all disappointed, although I understand  
17 the challenges that INTERMACS has, of not  
18 having a spread of all the 145 hospitals and  
19 their volume-outcome relationship, that's a  
20 flaw. And for us as clinicians going forward,  
21 we need transparency related to result of the  
22 centers to make informed decisions, so those  
23 are additional issues in addition to Art's  
24 comments.

25 DR. REDBERG: At this point, there was

260

1 also a question on the heart team concept. Did  
2 you want to add anything on the importance of  
3 that?

4 DR. BRINDIS: That is as close to  
5 motherhood and apple pie as you can get.

6 DR. FAUGHT: I voted for motherhood  
7 and apple pie, but I voted a three primarily on

8 faith, I'd have to admit, because I believe the  
9 places that do heart transplants will probably  
10 do this well, as in the same level of quality.  
11 However, as was mentioned, we don't have enough  
12 quantitative evidence to select the training  
13 centers or surgeons, or to really know what  
14 constitutes a well-trained surgeon in this area  
15 yet, I think.

16 DR. GRANT: Mark Grant, I voted a two,  
17 primarily for the reasons of what I felt was in  
18 general lack of evidence. That said, I think  
19 the speakers conveyed to me that they all have  
20 a good if not completely clear idea of what all  
21 these characteristics would be, and my guess is  
22 when you do examine the value, you will  
23 probably not find too many surprises.

24 I think it's quite reasonable to  
25 extrapolate some of this stuff. I mean, the

261

1 evidence on transplant surgery probably will  
2 apply here, so I don't think we're completely  
3 left in the lurch, but at the same time it  
4 would really be important to have those  
5 analyses done for transparency purposes.

6 DR. MOCK: Peter.

7 DR. HESELTINE: Peter Heseltine. I  
8 voted a two because I don't see data to tell me  
9 the characteristics given that I'm obviously  
10 not going to refer a patient to somebody who  
11 doesn't have a hospital or hasn't got a program  
12 going.

13 But to my prior point in the last  
14 question, once again, we have international  
15 standards for risk management in medical  
16 management of patients, 14971, although it  
17 falls under 9001, it's really 14971 that we  
18 need to be paying attention to if we're going  
19 to look at the ISO standards, and I think that  
20 that concept of the risk-driven approach to  
21 managing these kinds of patients really allows  
22 us to then present inevitably because if you're  
23 doing this, you're involved in it, it enables  
24 you to benchmark yourself against an external  
25 standard, which I think is so important in

262

1 medicine for us to do, and not just be  
2 persuaded because we have a colleague who  
3 believes this who is persuasive to you when  
4 they talk to you.

5 DR. MOCK: Curtis Mock. I certainly

6 feel as though, when my neighbor or my aunt or  
7 my brother or my sister goes to a facility for  
8 this phenomenal advancement in therapy, if they  
9 ever do, I would like to know how that facility  
10 performs and how the agent performing the  
11 activity performs, and not just the agent but  
12 the interdisciplinary team that's taking care  
13 of them. I think this is a new day and the  
14 results that have been displayed today are an  
15 example of that, and I think part of this is  
16 personal, because part of the new day is  
17 transparency, and for us to have 15 percent of  
18 those members not reported is I think not where  
19 we want to be. Optimally if it's not, if a  
20 facility is not able to record the members that  
21 are involved in this therapy, then I can't  
22 imagine why they would be reimbursed for  
23 performing that. For us to have the  
24 transparency and have the mandate that you may  
25 need to show these outcomes, I think that's the

263

1 place where we need to go.

2 DR. RICH: Jeff Rich. I voted a two  
3 and unlike the first question, I did  
4 personalize this. I personalized it, I can

5 tell you what characteristics at my institution  
6 have made it an excellent place to have a VAD  
7 implanted, but I don't know that I could  
8 articulate that to the rest of the world and  
9 say with non-transplant centers doing VAD, this  
10 is the set of characteristics that I think are  
11 important to assemble a program and be  
12 successful from the get-go.

13 I do believe with respect to the heart  
14 team with Ralph, this is what we're promoting  
15 and I think the ACC should come out with  
16 guidelines for that as they've done with  
17 coronary revascularization, I think it's the  
18 new way of delivering cardiovascular care, not  
19 only in our country but in Europe, so I think  
20 it's extraordinarily important. That would be  
21 the one piece that I think is pretty solidly  
22 established.

23 DR. REDBERG: Thank you.

24 DR. SCHWARTZ: Sandy Schwartz. I gave  
25 it a one because while I strongly, I'm sure

1 that there are characteristics, operator and  
2 institutional characteristics, for example my  
3 suspicion is I'd rather be operated by a

4 surgeon than a non-surgeon, you know, and  
5 things like that. Seriously, I focused on the  
6 word adequate evidence, and while I agree with  
7 Ralph in terms of the associations that have  
8 been demonstrated and the strength of them,  
9 having worked on panels like this before, I  
10 really think that to have adequate evidence we  
11 have to look at the potential confounders, we  
12 have to look at the interactions, and to really  
13 get an understanding of what's driving this.

14         So to me with the adequacy of the  
15 evidence, I was putting a hat on, if I were a  
16 regulator or if I had the jobs of some of the  
17 other people in this room or at this table,  
18 could I confidently come up with regulations,  
19 what is the volume, you know, and the answer is  
20 I wouldn't be able to, so I think what I want  
21 this decision to mean is that we really have to  
22 make this a priority for research.

23         Regarding the questions B and C, the  
24 same sorts of things. You know, I agree with  
25 what Mark says, and I think it's going to be a

1 dog bites man, not man bites dog story when we  
2 find out what's going on, we're not going to

3 find a lot of surprises here about what's going  
4 on. The experts, from my experience, are right  
5 far more than they're wrong when we get that  
6 empiric data to understand what they're saying,  
7 and I think what the people think is going to  
8 be the case. But in terms of what Medicare and  
9 CMS needs to guide their decision-making, I  
10 think they need much more specificity.

11       And similarly for the heart team  
12 concept, besides motherhood and apple pie, it's  
13 just got so much face validity to anybody who's  
14 ever either been a patient or taken care of  
15 patients, but can we specify what the really  
16 needed criteria are? Even if we look across  
17 our institutions, there are significant  
18 differences in how we structure these things  
19 and that may be fine, but we should find out  
20 the incremental points, especially as we're  
21 entering an era where there are going to be  
22 more constrained health care resources, we  
23 really need to know what the incremental  
24 benefits are of how we construct these things  
25 and how they operate and things like that.

1       So to me, it was really the adequacy

2 of the evidence in being able to answer the  
3 subsequent questions that we would be forced to  
4 answer.

5 DR. STEINBROOK: Robert Steinbrook.  
6 So, in terms of the adequacy of the evidence, I  
7 was caught between a two and a three and I had  
8 to choose something, I chose a three. I think  
9 some of that comes from some inference from  
10 other areas of medicine and what we know about  
11 other aspects of cardiac surgery, so that's  
12 evidence in one sense, but not evidence in the  
13 sense of what we sometimes think about on this  
14 committee.

15 But I did have a couple specific  
16 comments related to the discussion. Number  
17 one, I think we've heard fairly clearly that  
18 some fairly rigorous evaluation by someone with  
19 very good expertise in heart failure, medical  
20 management, really ought to be a first step  
21 before anybody goes down these sorts of  
22 pathways regardless of what the center was and  
23 what sorts of other procedures they do, so I  
24 just wanted to say that for the discussion,  
25 number one.

1           Number two, I think we heard and some  
2 of the comments on the earlier question  
3 reinforce this, that the notion of  
4 bridge-to-transplant, destination therapy, that  
5 where we are now, it sounds like from people in  
6 the field is that that's not as meaningful a  
7 distinction. And I think if we're talking  
8 about implanting a left ventricular assist  
9 device, basically any center which does this,  
10 regardless of what happens six months or a year  
11 down, ought to be part of registries, part of  
12 databases subject to public reporting,  
13 et cetera. I think that there are some centers  
14 which don't get into the universe of INTERMACS,  
15 but I don't know how many there are.

16           And finally, I think in terms of the  
17 outcomes, public reporting, internal quality  
18 assurance, you name it, and this is not at all  
19 a criticism of INTERMACS, but I think in terms  
20 of where things are going, we really need to  
21 get every single left ventricular device in  
22 there, from registration of the device at the  
23 time before it goes into mobilization and track  
24 all that. I'm not saying go back and redo  
25 everything which has been done over the last

1 number of years in 8,000-plus devices, but  
2 going forward to have a much broader data  
3 collection and reporting starting from the  
4 beginning.

5 DR. SCHWARTZ: Rita, there was one  
6 other thing that was triggered by what Robert  
7 just said about, you know, the thorough medical  
8 evaluation by a cardiologist who has  
9 significant expertise and experiences. I think  
10 the other thing that we haven't talked about  
11 today with the institutional competence or the  
12 team is the ability to manage the complications  
13 that are going to occur, that we know are going  
14 to occur. And since we know that the  
15 overwhelming majority of people are going to  
16 experience at least one major complication,  
17 just like with organ transplantation in  
18 general, this really requires an institution  
19 that can respond across the board, and that  
20 should be formally evaluated somewhere.

21 DR. REDBERG: Okay.

22 DR. FEINGLASS: Shami Feinglass, I  
23 voted a three. As you heard me say earlier, I  
24 was between a two and a three. I would agree  
25 with the original statement by Dr. Brindis that

1 this is motherhood and apple pie when you're  
2 looking at the heart team concept and I do  
3 actually personally agree with that, but I  
4 would say if you're asking the direct question,  
5 do we actually have evidence, do we know what  
6 those end points are, I don't think we do.

7 However, I'm not so sure we need that.

8       In this case you can take the notion  
9 of best practice and look at what are the best  
10 functioning groups that you think you have at  
11 this point, pull your best practices out from  
12 that. You can certainly do some studies off of  
13 that, but if you look at the time that has been  
14 spent already studying this, and I think it has  
15 been time well spent, we're at a tipping point  
16 of certainly knowing a lot more than we did  
17 several years before, and I think everybody has  
18 stated up here already that we think that there  
19 should be teams that know how to deal with this  
20 stuff really well, that it cannot be  
21 everywhere, that there is a heart team, that  
22 there is an experienced heart failure staff  
23 there before any of this was going on. So  
24 again, I would point us to the notion of best  
25 practices, not so sure that the nature of this

1 question lends itself to what I think we need  
2 to achieve with it.

3 DR. DONOVAN: Kevin Donovan, I voted a  
4 two for reasons everybody else said. I would  
5 not want to take my motherhood and apple pie  
6 either, but I do think there would be some  
7 value in demonstrating the usefulness of the  
8 health care team and exactly what that should  
9 constitute, because I'm sure that varies from  
10 center to center. But the research has to  
11 close the knowledge gaps when we have these  
12 problems with an evidence base, and until that  
13 happens, maybe we should be restricting VADs to  
14 transplant centers.

15 DR. KORMOS: So, if the question would  
16 have been how confident are you that there's  
17 adequate evidence that if you have a driver's  
18 license you're not going to have as many car  
19 accidents, I would have voted two on that one  
20 too. I think that part of the reason there's  
21 no evidence is because every meeting you go to,  
22 and a lot of this, you know, industry has done  
23 a tremendous job of educating clinicians in  
24 this, it's always about team building. I mean,

25 this is just harped on so often that it's

271

1 drilled into everybody that even wants to do  
2 this. And you are a transplant center, you've  
3 grown up with this concept, so in some sense  
4 it's a question that there is no evidence for  
5 because you can't test a null hypothesis.

6 Now it might be that, you know, having  
7 a driver's license doesn't get you into a  
8 NASCAR race, so as we move forward and get more  
9 advanced into less sick patients again, and  
10 we're talking about going into centers that are  
11 not transplant centers then we may have  
12 evidence at that point, I don't know, it's hard  
13 to say.

14 I think that the heart team concept is  
15 just a natural. I see this as a real  
16 opportunity, because the opportunity here  
17 exists between, there's so many quality  
18 initiatives that are built into societal  
19 efforts, so STS, AATS, American Heart, Heart  
20 Failure Society, all of these societies have  
21 tremendous quality initiatives built into them,  
22 I know that STS does. This is an opportunity  
23 again where we can combine some efforts into

24 looking at how to measure quality initiatives  
25 because I don't know, and personally I want to

272

1 lay the burden on INTERMACS to be the  
2 adjudicator of sites as to whether they're  
3 doing a good job or not. We may want to  
4 somehow spread that nasty responsibility out  
5 into a broader realm, but I do believe that  
6 transparency is paramount, I mean, it's in  
7 every other facet of medicine that we do, and  
8 it has to be here as well.

9 DR. PINA: I won't belabor the point,  
10 I voted a two, and having seen this develop  
11 through the years, to me it's just another arm  
12 of heart failure care that requires the  
13 expertise of heart failure to take care of  
14 these patients. And what happens beyond the  
15 VAD we haven't really discussed a lot here  
16 today. A lot of these patients don't go home,  
17 they go to skilled nursing facilities, you must  
18 have a relationship with them to teach them how  
19 to take care of these patients. So it's much  
20 more so than just what happens in the hospital,  
21 it's what happens beyond, and I was raised with  
22 the team concept, so I don't know anything

23 other than the team concept, and I don't think  
24 that I could function outside of that team  
25 concept, so I think that is absolutely

273

1 critical.

2 We actually do have some information  
3 about what constitutes teams, our committee at  
4 American Heart, Mariell has already gone, I  
5 believe when she was chair, we sent out surveys  
6 to heart failure programs all over the country  
7 to try to find out what the team was really  
8 composed of, and I just thought of that as I  
9 was sitting here talking to Bob, and I don't  
10 see it in our literature we were sent. But it  
11 talks about, you know, how many nurses do you  
12 have, how many dietitians, what composes the  
13 team, and it was specifically for heart failure  
14 programs but the committee is called heart  
15 failure transplantation, so I think that we do  
16 have some idea of what's going on around the  
17 country. Now this was a few years ago, but  
18 it's probably not that different.

19 DR. REDBERG: Thank you all, and I  
20 thought that was, again, a great discussion.  
21 To summarize what I heard, and particularly the

22 themes I heard repeated, is that as Ralph said  
23 so eloquently, the heart team, we all agree, is  
24 like motherhood and apple pie. I would  
25 speculate, and this would be speculating, that

274

1 perhaps because it's not specifically stated in  
2 the disability criteria, but you all took it as  
3 a given, and perhaps it is because the VAD did  
4 grow up in these transplant centers where  
5 clearly there was a team, but I think it  
6 probably is much more of an issue now because  
7 my understanding is that there, and we heard  
8 that there are more VADs going to  
9 non-transplant centers to do the destination  
10 therapy where they may not have a team and it  
11 may not be in the culture as it is for what  
12 you're used to. And therefore, specifying what  
13 a team consists of and how important it is in  
14 terms of patient care would be really important  
15 to outcomes. And certainly when we saw the  
16 rapid growth in the VAD centers, it suggested  
17 that it is spreading a lot more rapidly. I  
18 don't know, Jeff, if you know how many heart  
19 transplant centers there are in the U.S.  
20 currently?

21 DR. RICH: Maybe 20.  
22 DR. REDBERG: 20, so clearly there are  
23 VAD centers that are outside of transplant  
24 centers. Pardon?  
25 SPEAKER: 120.

275

1 DR. REDBERG: 120, so if it's 145 and  
2 there's more adding every week, it seems, it is  
3 going to be more of an issue.  
4 The other things I heard repeated were  
5 the importance of public reported outcomes,  
6 public open data, and again we get back to that  
7 INTERMACS registry data should be publicly  
8 accessible and available for clinicians and  
9 researchers, and that, I heard some suggestions  
10 that the facility data should be available, you  
11 know, perhaps specifically on  
12 hospitalcompare.gov, so that patients knew and  
13 physicians knew what the results were at the  
14 facilities in their area. So, I think that was  
15 all a very helpful discussion, and now we can  
16 move to the --  
17 DR. SEDRAKYAN: If I could just add  
18 one thing, and this is for Dr. Naftel. Given  
19 the data that Dr. Pina has, it shouldn't be

20 that difficult to add that to INTERMACS in  
21 terms of the information about heart teams and  
22 also other facility characteristics, and do  
23 analysis on that. Am I right or is it a bit  
24 more complex than that?

25 DR. NAFTEL: We do that in the NCDR.

276

1 DR. REDBERG: Okay. So now we'll get  
2 to the third voting question which we have kind  
3 of alluded to already, but I will read it.  
4 It's how confident are you that these  
5 conclusions are generalizable to the Medicare  
6 beneficiary population? And again, I will ask  
7 if any of the invited speakers or if any of the  
8 panelists have any particular comments or  
9 questions on this voting question. Robert.

10 DR. STEINBROOK: This is related to  
11 INTERMACS. Could you remind us what the median  
12 and mean ages were of the patients in the  
13 registry, particularly in the last year or two?

14 DR. KIRKLIN: The one slide had the  
15 age of 64 for destination patients.

16 DR. REDBERG: And that was mean; is  
17 that correct?

18 DR. KIRKLIN: I guess so.

19 DR. STEINBROOK: Well, but -- mid 50s,  
20 or 64?

21 DR. REDBERG: Dr. Kirklin, do you want  
22 to go to the microphone?

23 DR. SEDRAKYAN: We calculated from  
24 your data that a third of the patients were  
25 over 60.

277

1 DR. REDBERG: Yeah, it looks like 60  
2 to 79, or 60 to 74.

3 DR. STEVENSON: I'm sorry, I don't  
4 want to sign off on this number, but the last  
5 report that we had circulated among us from  
6 INTERMACS, 41 percent were between 60 and 79.

7 DR. REDBERG: Okay. And then a few  
8 percent, I presume, are over 80.

9 DR. STEVENSON: Yeah, a half of a  
10 percent over 80.

11 DR. REDBERG: Thank you. So with  
12 that, we can take the vote, and so you can use  
13 your clickers again.

14 (The panel voted and votes were  
15 recorded by staff.)

16 MS. ELLIS: We're waiting on one vote.  
17 There we go.

18 DR. REDBERG: Okay. So for this vote  
19 we have a mean of 2.8889, so pretty much right  
20 on intermediate, and now we'll start with Art  
21 to talk about your vote.

22 DR. SEDRAKYAN: Art Sedrakyan, three.

23 DR. REDBERG: And also -- well, we can  
24 go down and do the vote.

25 DR. BRINDIS: Ralph Brindis, three.

278

1 DR. FAUGHT: Ed Faught, three.

2 DR. GRANT: Mark Grant, four.

3 DR. HESELTINE: Peter Heseltine,  
4 three.

5 DR. MOCK: Curtis Mock, two.

6 DR. RICH: Jeff Rich, three.

7 DR. SCHWARTZ: Sandy Schwartz, three.

8 DR. STEINBROOK: Robert Steinbrook,  
9 three.

10 DR. FEINGLASS: Shami Feinglass, four.

11 DR. DONOVAN: Kevin Donovan, four.

12 DR. KORMOS: Kormos, four.

13 DR. PINA: Ileana Pina, three.

14 DR. REDBERG: And for the discussion  
15 question, it's which conclusions are likely or  
16 unlikely to be generalizable to the Medicare

17 beneficiary population? Do you want to start,  
18 Art?  
19 DR. SEDRAKYAN: I voted three just  
20 based on the strength of the data that has been  
21 presented related to INTERMACS 1, 2 and 3. I  
22 think that's probably very generalizable to the  
23 elderly populations unless convinced about  
24 other factors. Certainly, again, I would like  
25 to see the profiles of elderly patients over 65

279

1 and event occurrence based on a variety of  
2 profiles of patients over 65 to make a more  
3 informed decision and understanding of how  
4 generalizable these data can be for the  
5 Medicare population.

6 Also, patients with renal failure,  
7 certainly that's another population that has  
8 been reported and they have, you have some data  
9 that patients with prior renal failure have  
10 worse outcomes. Again, I would need to see a  
11 bit more frequency based information rather  
12 than just risk ratios, and a comparison to not  
13 having renal failure, but some of the  
14 information is certainly generalizable to the  
15 Medicare population and that's the reason I

16 voted three.

17 DR. BRINDIS: Maybe you should have  
18 the other end go first sometime, but had an  
19 intermediate vote of three for all the reasons  
20 that you said, Art, and with the particular  
21 appreciation in the sobering fact that Lynne  
22 told us earlier, that the average age of people  
23 with heart failure is 74, and that's not  
24 necessarily the average age of the patients in  
25 the registry. So we have a lot to learn about

280

1 comorbidities and patient profiles appreciating  
2 age as an independent risk, particularly as we  
3 get older.

4 DR. FAUGHT: This is Ed Faught, I  
5 voted three. I was encouraged by the curves in  
6 the hazard ratio suggesting that age by itself  
7 is not a really strong factor in adverse  
8 outcomes. For example, for death it's 1.24 in  
9 the INTERMACS data, which is not too bad, so  
10 that's encouraging.

11 On the other hand, I had some  
12 reservations about, for the same reasons,  
13 particularly comorbidities and adverse effects.  
14 You know, the stroke risk, does it go up more

15 with older people, you would think it would,  
16 and the other adverse events I would like to  
17 see those stratified out by age a little more.  
18 But overall, we have quite a few older people  
19 in the registry, so I was confident that we  
20 could make some conclusions.

21 DR. GRANT: Mark Grant. I voted four  
22 and the reason, I felt the representation of  
23 elderly patients in trials and registries was  
24 substantial. I get the, what I sense is that,  
25 or judge that selection among older patients is

281

1 a probably a little bit different than it is  
2 for younger patients, and so it's not every  
3 heart failure patient who is elderly is  
4 necessarily a candidate here, but I didn't see  
5 red flags to say there was considerable effect  
6 modification anywhere, that things should be  
7 that different based on what was presented and  
8 what I've read, and I think that summarizes it.

9 DR. HESELTINE: Peter Heseltine. I  
10 voted a three also. While I agree that there  
11 were very little differences by age alone, I  
12 think that's probably selection bias, as  
13 several of you pointed out. So the other side

14 of that coin, which is if we were to apply this  
15 to the general Medicare population, would we in  
16 fact encounter more side effects, would we in  
17 fact encounter less survival if in fact there  
18 was less selection bias for patients? Those  
19 are things we don't know, and so that's why I  
20 voted it as three and not four.

21 DR. MOCK: Curtis Mock, two. Again,  
22 the average age of 74 hit me this morning.  
23 Whether that's the mean of 59.6 or 54, I think  
24 the question is Medicare beneficiary and that  
25 doesn't necessarily mean over 65, it could mean

282

1 younger, and I think the data that we were  
2 presented today didn't explain to me that these  
3 were Medicare beneficiaries, irrespective of  
4 age.

5 DR. RICH: Jeff Rich, I voted a three.  
6 I was impressed with the hazard ratios  
7 presented by Dr. Kirklin showing that there  
8 wasn't much of a difference for mortality at  
9 least with respect to age, there was early on,  
10 but not later.

11 I, again, personalized this one,  
12 because I do select patients differently in the

13 older patient population, I use a different set  
14 of criteria, but I learned that different set  
15 of criteria from having all the other  
16 experiences, so I don't do INTERMACS 1  
17 patients, I just don't do that, there's an  
18 increased risk and they're doomed to fail, it's  
19 futile. So I do think there's enough data from  
20 the INTERMACS database and through my own  
21 personal experiences to think that we can  
22 generalize this to the Medicare population, at  
23 least on a level of three evidence.

24 DR. SCHWARTZ: Sandy Schwartz. I  
25 voted a three, it was really between a two and

283

1 a three. You know, in general, I think to  
2 generalize to that, I think we saw data that  
3 showed that, I think we saw data that suggested  
4 there might be important differences, early  
5 mortality and, you know, more severe patients.  
6 And even something I will check with the  
7 Alabama folks offline sometime, while the  
8 absolute difference is larger percentage-wise,  
9 there was a difference in the shape of the  
10 curve and the elderly population looked like it  
11 might be a 50 to 75 percent increase in

12 mortality rate.  
13 I've talked to the surgeons and  
14 doctors around here, and just clinically, you  
15 know, I think implicitly people know this well,  
16 and make future decisions. So I think what  
17 they're really saying is that it applies  
18 generally, but again, I think this is one of  
19 the opportunities we have to get more research.

20 I just would want to say one thing  
21 about INTERMACS, because I have to go a little  
22 bit early. A lot of us have spent time telling  
23 us what we would like INTERMACS to do more of.  
24 I think this is, from my perspective, is really  
25 just respect for what you've been able to do so

284

1 far and the capacity you have with extended  
2 resources to do more. And I think when people  
3 are asking for more, what we're really saying  
4 is we like what you've done and like what you  
5 have developed and we, you know, we're  
6 academics and researchers and clinicians and we  
7 always want more, like my kids used to, or  
8 still, and they're grown.

9 (Laughter.)

10 DR. STEINBROOK: Robert Steinbrook. I

11 voted three, nothing to really add to the  
12 comments on the three vote, or maybe one  
13 comment.  
14 We saw a slide, quality and survival,  
15 getting at the issue of reasons why people,  
16 what people value, why they choose to do this,  
17 why they perhaps choose not to do this, so I  
18 think that at some point this data may already  
19 exist, but would like to know more about in the  
20 Medicare population as well as patients more  
21 generally, as to what are the reasons which go  
22 into a decision to proceed with an assist  
23 device, what are the reasons why people choose  
24 not to, I think there could be perfectly good  
25 reasons and that might inform either way in

285

1 patient decision-making.  
2 DR. FEINGLASS: Shami Feinglass, I  
3 voted a four. I would say ditto to Mark Grant  
4 for his rationale for that. I'd also say that  
5 when you look at the Medicare population, the  
6 one thing I would highlight is looking at the  
7 quality of life outcomes and being able to get  
8 a little bit more information on that, I think  
9 would make it even easier to vote higher on

10 this.

11 DR. DONOVAN: Kevin Donovan. I voted  
12 a four instead of a three in a burst of  
13 unaccountable enthusiasm for the data that was  
14 presented.

15 (Laughter.)

16 DR. KORMOS: Kormos, four, and I'll  
17 second that. I really don't have anything more  
18 to add.

19 DR. PINA: Ileana Pina. I voted  
20 three, and I interpreted this question to be  
21 how confident are you that the conclusions are  
22 generalizable, meaning my conclusions before,  
23 of which I wasn't very confident, so that  
24 addresses that.

25 DR. REDBERG: Well, I think we heard

286

1 an array of interesting comments on how  
2 everyone interpreted the question and the data  
3 and the consistency, again, that I heard is  
4 that it would be helpful to have specific data  
5 for particularly over 65. We made some  
6 extrapolations based on the age, but it wasn't  
7 clear that we were, that particularly since the  
8 age of the INTERMACS registry is quite

9 different than the average age of the Medicare  
10 population, that that was a reasonable  
11 extrapolation. And in addition all of the  
12 things that we're evaluating, quality of life,  
13 functional status, adverse events are going to  
14 occur at different rates in older people, and  
15 the Medicare population in particular have more  
16 comorbidities.

17 Ileana mentioned earlier and I'll  
18 remind you that the Medicare population is 60  
19 percent women and the INTERMACS registry was  
20 less than 20 percent women, so it is clearly a  
21 different population than our average Medicare  
22 beneficiary, and we don't have a lot of  
23 sex-specific data either. But having said all  
24 that, the committee overall felt intermediate  
25 confidence in being able to apply the data to

287

1 the Medicare beneficiary.

2 And so, that moves us to the last  
3 question, which is, how confident are you that  
4 clinically significant evidentiary gaps remain  
5 regarding the use of ventricular assist  
6 devices, and again, we can vote one through  
7 five, and then have a discussion.

8 (The panel voted and votes were  
9 recorded by staff.)

10 So the one person who voted four can  
11 raise his hand. No, I should say the mean was  
12 4.6667, and Art has a suggestion that we each  
13 focus on particularly one evidentiary gap,  
14 because I think we heard a number alluded to,  
15 and that way you can each pick one.

16 DR. SEDRAKYAN: I'll focus on a gap  
17 and I'm hoping all the others will be covered.  
18 It was quite exciting that 20 percent of the  
19 population that was analyzed in INTERMACS had  
20 outcomes at two years. That was similar to  
21 transplantation. Dr. Kirklin reported that and  
22 that's very interesting to me. I was looking  
23 and I was reading a transcript of his  
24 presentation at the AATS this year, and you  
25 were asked a direct question, if you will tell

288

1 your patients or transplant patients, some of  
2 them who are similar in your data or in the  
3 INTERMACS data to get an LVAD, and you said  
4 yes.

5 That to me is a very important  
6 evidentiary gap there. How many of the

7 transplant patients, if those 20 percent of  
8 INTERMACS would correspond to 60 percent of the  
9 patients getting transplantation now, 80  
10 percent, 10 percent? Because it's 20 percent  
11 within INTERMACS, those without prior cardiac  
12 surgery, how many of these patients would be  
13 currently getting the transplant? I think  
14 that's an interesting gap that I think  
15 hopefully will be part of the clinical trial,  
16 so that we understand more if LVAD can be an  
17 alternative to transplant in the future, that's  
18 one gap that I thought would be good to  
19 highlight.

20 DR. BRINDIS: So, my gap is going to  
21 be how do we actually identify the --

22 DR. REDBERG: I'm sorry, Ralph, it was  
23 my oversight, but we do need to state our  
24 scores, and we can do it at the same time.

25 DR. BRINDIS: Ralph Brindis, five.

289

1 DR. SEDRAKYAN: Art Sedrakyan, five.

2 DR. BRINDIS: So, I'm choosing how do  
3 we appropriately identify the less sick  
4 patient, and this is actually becoming more  
5 philosophical but then on the ground with it,

6 we have the REVIVE-IT study to help us out.  
7 But I mean, basically we're looking at finding  
8 the sweet spot in terms of, if you will,  
9 destination therapy in the patients who are  
10 less sick, and the challenge for the sweet spot  
11 is that it's going to be changing as the  
12 technology changes, as our experience changes,  
13 and that will be a huge challenge for us. It's  
14 also going to be changing because I think it  
15 would be applied, and particularly since we're  
16 here at CMS, to patients who are older, and I  
17 do think that although the data we have related  
18 to mortality is encouraging, there are other  
19 issues other than, that are morbidity-related  
20 that we need to identify in the elderly.

21 DR. FAUGHT: Ed Faught, I voted a  
22 five. You know, there have been a lot of  
23 things identified. I would just say that I  
24 would like to see more data on outcomes in  
25 terms of functional status, not just how far

1 they can walk, but getting in and out of bed,  
2 do they need a cane, sort of more detail in  
3 terms of what people, the quality, or not just  
4 the quality, but the texture of people's daily

5 life after this compared with before.

6 DR. GRANT: Mark Grant. I voted a  
7 four for the following reason. First, I  
8 couldn't vote five because when we do these  
9 large, or even not so large evidence reviews  
10 and we say gosh, there's all these evidence  
11 gaps, you just don't know what you're doing,  
12 and I just don't have that mood to make that  
13 judgment here. I think the story is an  
14 extraordinary one, frankly.

15 But I would share Ralph's point, and  
16 the point is how far up the ladder do you go  
17 with the benefits and risks, when might that  
18 tradeoff really just not make sense. That in  
19 concert with, it's a personal decision, and I  
20 think a lot of the efforts in that realm about  
21 presenting those risks to patients is  
22 important, because sometimes people will choose  
23 differently, but I think these people need to  
24 have a choice.

25 And I think the issue of frailty is

1 always close to my heart as a geriatrician in  
2 the not so far distant life. And I think you  
3 folks are, I think the evidence is sensitive to

4 that generally, but it certainly does need to  
5 be addressed too.

6 DR. HESELTINE: Peter Heseltine, I  
7 voted a five, apologies, because I think there  
8 are some very specific gaps and they concern  
9 me. I'm particularly concerned that we make  
10 decisions about what benchmarks we're going to  
11 achieve before we make assumptions about what  
12 VAD is doing for patients. Specifically as I  
13 mentioned earlier, not only PROs, but looking  
14 across medicine and asking the question, so I  
15 think this is a good outcome measure, but is it  
16 similarly, is it comparable in cancer trials,  
17 is it comparable in other chronic disease  
18 trials, so at least when I go to the payers, I  
19 can give them some sense that we're  
20 approximately as physicians on the same page,  
21 our patients agree with us, we agree  
22 internally, whether it be cardiologists or  
23 cardiovascular surgeons, but also that your  
24 colleagues who are referring to you actually  
25 believe those outcomes are valid, appropriate,

292

1 and that you're meeting them. That's to me a  
2 gap that we should be able to manage, and we

3 must.

4 DR. MOCK: Curtis Mock, I voted a  
5 five. Thank you again so much for your  
6 presentations today and your work on this  
7 exceptionally important topic. I undoubtedly  
8 think that there are opportunities, and the  
9 reason I know that is because I heard those  
10 comments from you today. I heard that there  
11 are gaps in the literature and, you know, the  
12 integrity that you bring to this discussion and  
13 what you do for our patients and members every  
14 day should not be forgotten, and thank you for  
15 that.

16 I think it's all about access, but not  
17 just the procedure. It's about quality, it's  
18 about having the right team do the work, it's  
19 about having it done in the right center, and  
20 it's about picking the right patient to have  
21 the procedure, and I'm leaving here today  
22 thinking that all of you are looking toward  
23 that path, and I thank you for that.

24 DR. RICH: Jeff Rich. So, unlike the  
25 other end of the table, when I voted I had a

1 great intellectual and emotional depression, so

2 I voted a four instead of a five, when I  
3 couldn't justify it. We've talked about a lot  
4 of gaps today, all of them clinical, we're  
5 great clinicians, but what we did not talk  
6 about today was costs, and I think that it  
7 bears a burden on the payment systems to have  
8 these kinds of technologies placed into elderly  
9 patients, and I think we have to be sensitive  
10 to that. I'm particularly sensitive to it,  
11 we've been on Medicare fee for service for the  
12 last years of the Bush administration, there  
13 were things that we talked about, and not that  
14 we would make clinical decisions based on cost,  
15 but I think it's important to design the right  
16 payment system to support this technology and  
17 if we don't get it right up front, we may lose  
18 the technology.

19 DR. SCHWARTZ: Sandy Schwartz. I  
20 voted five. I agreed with what Mark said, I  
21 think, and in fact looking at other things,  
22 while we're all cognizant of all the gaps that  
23 exist here, just beyond what was said, I think  
24 it's a very important area given the nature of  
25 the clinical problem and both the health and

1 resource implications and the impact this has  
2 on people's lives, so it's very important to  
3 try to rectify that.

4       On the other hand, I think we would be  
5 negligent if we didn't note that there has been  
6 a lot more work done in this area than there  
7 has in most other areas of medicine. We were  
8 much more aware of our gaps because there are  
9 gaps, in other areas they're chasms. You know,  
10 apply this to most noninvasive procedures that  
11 are done, there's a large body of evidence  
12 that's been generated and degenerated. So my  
13 five doesn't indicate the lack of knowledge  
14 that's been generated, it's just the need to  
15 try to hone in on what we think we know, what  
16 we all want to find out.

17       You know, my major emphasis, Rita,  
18 will be thinking about this from a patient  
19 perspective, what would I want to know as a  
20 patient, what's my likelihood as an individual,  
21 the chance of success and the chance of having  
22 a significant complication, and how would that  
23 translate into, you know, my ability to  
24 function in a way that I would want to.

25       Those are the key things that I would

1 be interested in, so I think when we have this  
2 aggregate data now, when we're learning a lot  
3 about broad, you know, 10,000 feet parameter  
4 things, and now we need to generate more  
5 information to help interface between the  
6 physician and the patient.

7 DR. STEINBROOK: Robert Steinbrook, a  
8 five. Two comments.

9 Number one, to echo what Sandy just  
10 said, I've had the privilege of serving on some  
11 other MEDCACs in other areas of medicine and I  
12 can tell you that at this time of the day we  
13 were often in a one to two evidence free zone.  
14 In this whole field there's a lot of data,  
15 there's a lot of meaningful data that we've  
16 heard today, and everybody's commended for  
17 that, but that's why we can see what gaps are  
18 there and need to be looked at for the future.

19 I want to make a comment about  
20 certification. I don't feel that I know enough  
21 to say what value is added by certification in  
22 this entire process given everything else,  
23 whether it makes more sense to have one group  
24 doing certifications, two groups, many more  
25 groups, but I do think that would be an area

1 for CMS's people to do. We have some idea as  
2 to what we're trying to get to, we've spoken  
3 generally about this team, all these different  
4 resources which are needed for technical  
5 expertise and given these complications later,  
6 some idea of where we want to go with those  
7 sorts of things, but where certification or  
8 other things fit into that, I think needs to be  
9 sorted out.

10 DR. FEINGLASS: Shami Feinglass. For  
11 me, it's really at the end of five. The reason  
12 for that five is not because I think there's  
13 any problems with what you guys are gathering.  
14 We've heard down the row, you guys are really a  
15 bright spot for device trials, you really are a  
16 group that if you can take this and plop this  
17 down to the way other devices are developed,  
18 it's going to help those other devices.

19 That said, I think you have all  
20 identified very clear gaps. I don't think  
21 these gaps should stifle the innovation in this  
22 device at all, but I think they can inform how  
23 that changes and grows. I think you've clearly  
24 delineated that there are problems, or not  
25 problems, but there is information still needed

1 in this level 4 and greater, whether you're  
2 doing a VAD or medical management. I think you  
3 are addressing those issues with some of the  
4 studies you're putting in place, and I commend  
5 you for doing that.

6 So again, my five is not that this  
7 whole area should be tanked, and I don't want  
8 people to walk out with that. My enthusiastic  
9 five is you've identified what those gaps are,  
10 let's deal with those gaps, but as Medicare  
11 considers it, they need to consider where you  
12 have good evidence without the gaps, and direct  
13 their coverage decision possibly in that  
14 direction.

15 DR. DONOVAN: Kevin Donovan. I voted  
16 five. I would also like to add my thanks to  
17 the panel of speakers, I think you should have  
18 been labeled educators because you did such a  
19 fine job. The only thing I would add is that  
20 with patients making personal decisions in the  
21 face of evidentiary gaps, informed consent I  
22 think then becomes crucial. An informed  
23 consent approach, as was mentioned before,  
24 should probably find a way to become

25 standardized as much as possible and if we can

298

1 do that, we should also include the caregivers,  
2 because the burden falls on them almost as much  
3 as the patients. Thank you.

4 DR. KORMOS: Bob Kormos, I voted five.

5 So, I'm going to get passionate here because we  
6 all want information. I've heard about five  
7 different gaps and six different gaps here,  
8 that we want these people, and I'm going --  
9 here's my conflict of interest, I never stated  
10 it, but I am a PI of INTERMACS. Who's going to  
11 pay for this? This is data that is critical to  
12 the field, it's absolutely important to get  
13 more information and we have a mechanism, but  
14 you know what, it doesn't come for free.  
15 You've got coordinators who are burned out at  
16 sites trying to get the basic information in,  
17 you've got INTERMACS people busting their butts  
18 trying to get analyses out for a myriad of  
19 issues, things that come up. So whose  
20 responsibility is it?

21 I mean, the NHLBI has been wonderful  
22 in supporting this now for, at the tune of, I  
23 don't know how many million are we up to, guys,

24 six, 12, plus another four? I mean, the  
25 reality is they've got us off the landing

299

1 strip, okay, we're flying, but we cannot  
2 maintain altitude unless we have ongoing  
3 support. So I'm looking at CMS, I'm looking at  
4 FDA, I'm looking at all these government  
5 agencies that want to improve the care of  
6 patients and want to improve survival, and they  
7 want the best quality of care and outcome for  
8 individuals from very costly high technology.

9 So how do we fix this? That's the gap  
10 that I see, is the ongoing support that's  
11 necessary to keep this information flowing.

12 DR. PINA: Ileana Pina. I voted a  
13 five, and Rita, you had asked us to hone down  
14 on a few areas of gap. Some of these patients  
15 who are older and come in hopefully in the  
16 future as bridge-to-decision may also  
17 ultimately get transplanted, and it would be  
18 really interesting for me to know how those  
19 patients do, the ones that are near 70 or even  
20 71, 72 that are currently getting transplanted,  
21 and I don't think we know that.

22 The other thing we didn't talk a lot

23 about was device exchange. Some of these  
24 devices don't last forever and some of them do  
25 malfunction, some of them do thrombose, and I

300

1 don't know if age had a relationship to device  
2 exchange, we didn't really talk about that.  
3       And then finally, and going a little  
4 bit into what Dr. Kormos was saying, the use of  
5 medical services after the VAD implantation  
6 seems to be to me fairly large, and the costs  
7 involved in that. I don't know, but it seems,  
8 just from looking at it at a distance, you're  
9 looking at people who aren't transplant  
10 candidates to start off perhaps for a myriad of  
11 reasons, including comorbidities where you're  
12 going to be using renal services, the older  
13 patients need a nutritionist much much more  
14 perhaps, the exercise therapists, and these are  
15 going to be very high cost to Medicare, and I  
16 don't know that we have a handle on that, and I  
17 don't think that INTERMACS can give us a handle  
18 on that, but the Medicare database may be able  
19 to, the administrative database.

20       And I want to help really in  
21 congratulating all the INTERMACS folks, Jim,

22 Lynne, Mariell, David, because this has been  
23 just an incredible project that, it's so  
24 satisfying to see where we are. And I know  
25 that we're not perfect, but boy, we've come a

301

1 long way from knowing very little to knowing a  
2 lot more than we did five, six, seven years  
3 ago.

4 DR. REDBERG: Thank you. I also want  
5 to add my thanks, I heard a lot of, and I echo  
6 the commendations to our invited speakers and  
7 really for the work of, I think what really  
8 came through, I think everyone in this room  
9 really wants to figure out how to give the best  
10 care to our Medicare beneficiaries and our  
11 patients in general with advanced heart failure  
12 and the role of ventricular assist devices.

13 We really heard a lot of evidence,  
14 both from INTERMACS as well as the clinical  
15 trial data, and we heard the evidentiary gaps,  
16 and I agree, I think it's really a tribute to  
17 your work to have identified what we do know  
18 and what we still need to know. I think we  
19 clearly heard a great suggestion besides the  
20 endorsement of the heart team and looking at

21 volume outcome, I think we also heard  
22 suggestions for an informed consent form and  
23 specific things that should be included,  
24 patient-reported outcomes on an informed  
25 consent form. And certainly the cardiologists

302

1 and other people, I think it's not just for  
2 VADs, but oftentimes we could do a better job  
3 of informing our patients what the benefits and  
4 what the risks are for these procedures so they  
5 have a clearly informed decision and an  
6 individualized decision. If we give them the  
7 benefits and risks for them personally,  
8 obviously everyone will weigh that a little  
9 differently. So, I really thank you all for an  
10 excellent presentation that was very  
11 informative and educational.

12 I want to offer the opportunity at  
13 this time if anyone on the panel or any of the  
14 speakers has any random thoughts related to  
15 VADs or advanced heart failure that we haven't  
16 already covered, than you want to make at this  
17 time.

18 DR. SEDRAKYAN: If I could add, I also  
19 would like to commend CMS for bringing this

20 issue up, this patient centeredness that we all  
21 care about. I think this was a great MEDCAC.  
22 It's very different, as Jyme alluded to in the  
23 beginning, that we're really getting into not  
24 only patient-specific or facility level, this  
25 is part of patient centeredness and providing

303

1 patient-centered care, so I think this is  
2 really a tribute to CMS being visionary as  
3 well.

4 DR. RICH: I just wanted to return to  
5 Bob's comments earlier about certifying  
6 agencies and who's going to create the  
7 criteria. I think it's really the professional  
8 societies' responsibility to create that,  
9 working together with the hospitals to do like  
10 we did with TAVI, and create a document for all  
11 the professional societies, and float that out  
12 in joint publications. I think it's our  
13 responsibility and no one else's to come up  
14 with those criteria, and I think that would be  
15 very helpful.

16 DR. SCHAFER: So, Dr. Rich, we will  
17 look forward to that document.

18 (Laughter.)

19 I too want to thank everyone, it has  
20 been a terrific discussion today. Presenters,  
21 panelists, you've given us a lot to think  
22 about. The transcript from today will be  
23 posted on the website. Any further action or  
24 national coverage analysis, obviously that will  
25 be posted on the Internet, and we look forward

304

1 to continuing discussion on this topic. I  
2 think I've heard today, you know, we really  
3 should meet again in another couple years and  
4 see where we're at at that time, and we'll  
5 continue our discussion.

6 So thanks, everyone. Safe trips.

7 (Whereupon, the meeting concluded at  
8 3:25 p.m.)

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25