

Use of this template is voluntary / optional

## Enteral Nutritional Therapy Progress Note Template Guidance

### Purpose

This template is designed to assist a physician/Non-Physician Practitioner (NPP)<sup>1</sup> in documenting a progress note for enteral nutrition eligibility and coverage. Medicare requires the provider to document the need for enteral nutrition prior to completion of the Detailed Written Order (DWO). The DWO designates the start of enteral nutrition as a therapy for a Medicare beneficiary who has a confirmed diagnosed medical condition supporting the need for enteral nutritional therapy. Coverage requires use of FDA-approved enteral feeding/infusion kits, pump, supplies, and related nutritional formulas indicated for the treatment of your patients confirmed diagnosed medical condition. This template is available to the clinician and can be kept on file within the patient's medical record or can be used to develop a progress note for use with the system containing the patient's electronic medical record.

### Patient Eligibility

Eligibility for coverage of enteral nutrition under Medicare requires a physician/NPP to establish that coverage criteria are met. This helps to ensure the enteral feeding/infusion kits, supplies and related formulas to be provided are consistent with the physician's/NPP's order and supported by the documentation in the patient's medical record.

The physician/NPP must document that the patient has a confirmed diagnosis supporting the need for enteral nutrition to be delivered using FDA-approved feeding/infusion kits, pump, supplies and formulas indicated for the treatment of their medical condition.

National Coverage Determination (NCD) 180.2(B), provides indications for coverage of enteral/parenteral nutritional therapy under Medicare (Note: information in *italics* is quoted directly):

**Enteral Nutrition Therapy:** *Enteral nutrition is considered reasonable and necessary for a patient with a functioning gastrointestinal tract who, due to pathology to, or non-function of, the structures that normally permit food to reach the digestive tract, cannot maintain weight and strength commensurate with his or her general condition.*

- Administering and providing enteral therapy:
  - May be given by:
    - Nasogastric,
    - Jejunostomy, or
    - Gastrostomy tubes.

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<sup>1</sup> A Medicare allowed NPP as defined is a nurse practitioner, clinical nurse specialist, or physician assistant (as those terms are defined in section 1861 (aa) (5) of the Social Security Act) who is working in accordance with State law.

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- Method of administration may be:
  - pump,
  - gravity,
  - syringe, or
  - oral
- Can be *provided safely and effectively in the home by nonprofessional persons who have undergone special training.*
  - *However, such persons cannot be paid for their services, nor is payment available for any services furnished by non-physician professionals except as services furnished incident to a physician's service.*
- Example: A patient status post (S/P) reconstructive surgery with head and neck cancer and central nervous system disease that severely interferes with the neuromuscular mechanisms of ingestion to the point the patient cannot be maintained with oral feeding.
  - Coverage of enteral nutrition therapy under Part B, for these and any other conditions must be approved on an individual, case-by-case basis and requires the following:
    - *Must have a physician's written order or prescription; and*
    - *Medical documentation (e.g., hospital records, clinical findings from the attending physician) that meets the requirements of the prosthetic device benefit permit and substantiates the patient's condition requires enteral nutrition therapy as medically necessary.*
- Coverage of enteral nutrition therapy under Part B requires:
  - *Medicare pays for no more than one month's supply of enteral nutrients at any one time.*
  - If providing enteral nutrition involves a pump, there must be supporting evidence in the medical documentation to substantiate that the pump is medically necessary; (*i.e., gravity feeding is not satisfactory due to aspiration, diarrhea, dumping syndrome*).
    - *Program payment for the pump is based on the reasonable charge for the simplest model that meets the medical needs of the patient as established by medical documentation.*

NOTE: *Some patients require supplementation of their daily protein and caloric intake. Nutritional supplements are often given as a medicine between meals to boost protein-caloric intake or the mainstay of a daily nutritional plan. Nutritional supplementation is not covered under Medicare Part B.*

NOTE: Payment may also be made for formulas necessary for the effective delivery of enteral nutrition as long as the formula is being used with a feeding/infusion kit, supplies that are considered reasonable and necessary for the patient's treatment.

FDA-approved enteral nutrition and related supplies can be accessed on the PDAC website: <https://www.dmepdac.com/dmecsapp/do/productsearch;jsessionid=94B0B2C4F3884242AAB8453110AE3D6C>

Completing the Enteral Nutritional Therapy Progress Note Template does not guarantee eligibility and coverage but does provide guidance in support of enteral nutrition ordered and billed to Medicare. This template may be used with the Enteral Nutritional Therapy Order Template.

## Who can complete the progress note template?

A physician or allowed NPP who is enrolled in Medicare and performed the in-person visit with the patient.

Note: If this template is used:

- 1) CDEs in black Calibri are required
- 2) CDEs in *burnt orange Italics Calibri* are required if the condition is met
- 3) CDEs in blue Times New Roman are recommended but not required

Version R1.0b

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<b>Enteral Nutritional Therapy Progress Note Template</b>			
Patient information:			
Last name: _____ First name: _____ MI: _____			
DOB (MM/DD/YYYY): _____ Gender: <input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> Other Medicare ID: _____			
Provider (physician/NPP) who performed the evaluation if different than signing provider:			
<i>Last name:</i> _____ <i>First name:</i> _____ <i>MI:</i> _____ <i>Suffix:</i> _____			
<i>NPI:</i> _____			
Patient diagnoses requiring need for enteral nutrition:			
ICD-10-CM	Description	ICD-10-CM	Description
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Enteral nutrition coverage questions:			
Does the patient have permanent non-function or disease of the structures that normally permit food to reach the small bowel? <input type="checkbox"/> Yes <input type="checkbox"/> No			
<i>If Yes, are tube feedings required to provide sufficient nutrients to maintain weight and strength commensurate with the patient's overall health status? <input type="checkbox"/> Yes <input type="checkbox"/> No</i>			
Is it anticipated the patient's condition (check all that apply):			
<input type="checkbox"/> Is not considered a temporary impairment			
<input type="checkbox"/> May improve sometime in the future			
<input type="checkbox"/> Is of long and indefinite duration (ordinarily at least 3 months)			
The patient's condition (check all that apply):			
<input type="checkbox"/> Is anatomic (e.g., obstruction due to head and neck cancer or reconstructive surgery, etc.)			
<input type="checkbox"/> Is due to a motility disorder (e.g., severe dysphagia following a stroke, etc.) and is not due to reasons such as anorexia or nausea associated with mood disorder, end-stage disease, etc.			
<input type="checkbox"/> Is a partial impairment (e.g., a patient with dysphagia who can swallow small amounts of food or has Crohn's disease) that requires prolonged infusion of enteral nutrients to overcome a problem with absorption.			
The patient requires enteral nutrition formula feedings (check all that apply):			
<input type="checkbox"/> To maintain weight and strength commensurate with the patient's overall health status			
<input type="checkbox"/> Because adequate nutrition is not possible with dietary adjustment and/or oral supplements			
Is the patient's enteral nutrition therapy being provided in a nursing home, independent living residence, residential home, etc. <input type="checkbox"/> Yes <input type="checkbox"/> No			

The patient requires enteral nutrition formula feedings for one or more of the following evidence-based indications (check all that apply):

- |  |  |
|--|--|
| <input type="checkbox"/> Acute severe pancreatitis | <input type="checkbox"/> Gastrointestinal surgery    |
| <input type="checkbox"/> Burns                     | <input type="checkbox"/> Head injury                 |
| <input type="checkbox"/> Cancer                    | <input type="checkbox"/> Liver transplant            |
| <input type="checkbox"/> Critically ill            | <input type="checkbox"/> Older patient, malnourished |
| <input type="checkbox"/> Crohn's disease           | <input type="checkbox"/> Short bowel syndrome        |
| <input type="checkbox"/> Cystic fibrosis           | <input type="checkbox"/> Stroke (dysphagic)          |
| <input type="checkbox"/> Dementia                  | <input type="checkbox"/> Other                       |

Describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Specific enteral nutrition requirements:

The patient requires a semi-synthetic intact protein/protein isolates enteral formula (appropriate for the majority of patients requiring enteral nutrition)

The patient needs a special enteral formula because of the following requirements:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

The patient has experienced complications associated with syringe or gravity method of administration and a feeding pump is necessary for one or more of the following reasons (check all that apply):

- Gravity feeding is not satisfactory due to reflux and/or aspiration
- The patient has severe diarrhea
- The patient has dumping syndrome
- The administration rate less than 100 ml/hr.
- There are wide swings in blood glucose fluctuations
- There is evidence of circulatory overload
- A gastrostomy/jejunostomy tube is required to be used for enteral nutrition formula feeding

Chief complaint / history of present illness and associated signs / symptoms: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Related past medical / surgical history: \_\_\_\_\_  
\_\_\_\_\_

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Medications (Status: N=New, C=Current, M=Modified, D=Discontinued)					
RxNorm	Description	Dose	Frequency	Route	Status
Other medications					

Allergies (Include RxNorm if known)			
RxNorm	Description	RxNorm	Description

Review of systems (Significant as per history of present problem and need for enteral nutrition):	
General:	___ weight gain, ___ weight loss, ___ sleeping problems, ___ fatigue, ___ fever, ___ chills, ___ night sweats / diaphoresis ___ other:
Skin:	___ pressure ulcers, ___ rashes, ___ changes in nails/hair, ___ eczema, ___ pruritus, ___ other:
Lymphatic:	___ swollen glands/masses: ___ in the neck, ___ axilla, ___ groin, ___ other:
Head:	___ fainting, ___ dizziness, ___ headaches, ___ other:
Eyes:	___ diplopia, ___ glasses/contact lenses, ___ redness/discharge, ___ blurred vision, ___ glaucoma, ___ cataracts, ___ other:
Ears:	___ tinnitus, ___ discharge, ___ hearing loss, ___ other:
Nose:	___ epistaxis, ___ sinus infections, ___ discharge, ___ polyps, ___ other:
Oral:	___ dysphagia, ___ hoarseness, ___ teeth/dentures, ___ other:
Neck:	___ lumps, ___ pain on movement ___ other:

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Breast:	___ masses/tumors, ___ tenderness, ___ discharge, ___ gynecomastia, ___ other:
Pulmonary:	___ cough, ___ shortness of breath, ___ pain, ___ wheezing, ___ hemoptysis, ___ sputum production ___ other:
Cardiac:	___ chest pain, ___ palpitations, ___ orthopnea, ___ murmur, ___ syncope ___ other:
Vascular:	___ edema, ___ claudication, ___ varicose veins, ___ thrombophlebitis, ___ ulcers ___ other:
Gastrointestinal:	___ swallowing problems, ___ abdominal pain, ___ constipation, ___ diarrhea, ___ incontinence, ___ nausea, ___ vomiting, ___ ulcers, ___ melena, ___ rectal bleeding, ___ jaundice, ___ heartburn, ___ hematemesis ___ other:
Renal:	___ dysuria, ___ frequency, ___ urgency, ___ hesitation, ___ flank pain, ___ hematuria, ___ incontinence, ___ nocturia, ___ polyuria, ___ other:
Musculoskeletal:	___ pain, ___ swelling, ___ stiffness, ___ limitation of range of motion, ___ arthritis ___ gout, ___ cramps, ___ myalgia, ___ fasciculation, ___ atrophy, ___ fracture, ___ deformity, ___ weakness, ___ other:
Neurologic:	___ seizures, ___ poor memory, ___ poor concentration, ___ numbness / tingling, ___ pins and needles sensation, ___ hyperpathia, ___ dysesthesia, ___ weakness, ___ paralysis, ___ tremors, ___ involuntary movements, ___ unstable gait, ___ fall, ___ vertigo, ___ headache, ___ stroke, ___ speech disorders ___ other:
Psychiatric:	___ hallucinations, ___ delusions, ___ anxiety, ___ nervous breakdown, ___ mood changes ___ other:
Hematology:	___ anemia, ___ bruising, ___ bleeding disorders (conditional) ___ other:
Endocrine:	___ heat or cold intolerance, ___ diabetes, ___ lipid disorders, ___ goiter ___ other:
Other:	_____

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Physical examination:

Vital signs: T=\_\_\_\_\_ P=\_\_\_\_\_ R=\_\_\_\_\_ BP=\_\_\_\_\_ / \_\_\_\_\_ Height=\_\_\_\_\_ Weight=\_\_\_\_\_

General appearance: \_\_\_\_\_

Head and neck: \_\_\_\_\_

Chest / lungs: \_\_\_\_\_

Cardiovascular: \_\_\_\_\_

Abdominal: \_\_\_\_\_

Musculoskeletal / extremities: \_\_\_\_\_

Neurological: \_\_\_\_\_

Psychiatric: \_\_\_\_\_

Visual Exam: \_\_\_\_\_

Other: \_\_\_\_\_

Physician/NPP assessment / summary: \_\_\_\_\_

Treatment plan:

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Enteral nutrition order:

Estimated length of need in months: \_\_\_\_\_ 1-99 (99=lifetime)

Method of administration: \_\_\_\_Syringe \_\_\_\_Gravity \_\_\_\_Pump \_\_\_\_Oral (e.g. drinking)

Days per week administered or infused:\_\_\_\_(1-7)

Order (supply kits, IV pole, pump, feeding tube, etc.) Notes: 1) appendices describe relationship between method of administration and allowed nutrients and supplies, 2) frequency may also be calories per 24-hour period.

<i>Item Description</i>	<i>Frequency</i>	<i>Quantity</i>	<i>Refills</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Other:

If nutritional infusion pump is required (need must be documented in the medical record):

\_\_\_\_Stationary \_\_\_\_Portable

Other Orders:

Medications (other than immunosuppressive drugs): \_\_\_\_\_

Supplies: \_\_\_\_\_

Investigations (Diagnostic Testing): \_\_\_\_\_

Consults: \_\_\_\_\_

Other: \_\_\_\_\_

Signature, Name, Date and NPI of physician or NPP

Signature: \_\_\_\_\_

Name (Printed): \_\_\_\_\_

Date (MM/DD/YYYY): \_\_\_\_\_ NPI: \_\_\_\_\_