

AC1

- Allergy/immunology (allergies, asthma)
- Anesthesiology
- Cardiology (heart)
- Dermatology (skin)
- Endocrinology/metabolism (diabetes, thyroid)
- Family practice
- Gastroenterology
- General practice
- General surgery
- Geriatrics (elderly)
- Gynecology – obstetrics
- Hematology (blood)
- Hospital residence
- Internal medicine (internist)
- Nephrology (kidneys)
- Neurology (nervous system)

(continued)

AC1

- Nuclear medicine
- Oncology (tumors, cancer)
- Ophthalmology (eyes)
- Orthopedics (bones, joints)
- Osteopathy (DO)
- Otorhinolaryngology (ear, nose, throat)
- Pain Management Specialist
- Pathology
- Physical med/rehab
- Physician's Assistant
- Plastic surgery
- Podiatrist (ankle, foot)
- Proctology
- Psychiatry/psychiatrist (mental health)
- Pulmonary (lungs)

(continued)

AC1

- Radiology
- Rheumatology (arthritis)
- Thoracic surgery (chest)
- Urology (urinary tract)
- Vascular Surgeon/Specialist (arteries, veins, lymphatic systems)

DI1

- Mexican, Mexican American, Chicano(a)
- Puerto Rican
- Cuban

DI2

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or other Pacific Islander
- White

DI3

- Asian Indian
- Chinese
- Filipino
- Japanese
- Korean
- Vietnamese

DI4

- Native Hawaiian
- Guamanian or Chamorro
- Samoan

DI5

- No schooling completed
- Nursery school to 8th grade
- 9th-12th grade, no diploma
- High school graduate (high school diploma or the equivalent)
- Vocational/technical/business/trade school certificate or diploma (beyond the high school level)
- Some college, but no degree
- Associate degree
- Bachelor's degree
- Master's, professional, or doctorate degree

DI6

Annual Income

A. Less than \$5,000
B. \$5,000 – less than \$10,000
C. \$10,000 – less than \$15,000
D. \$15,000 – less than \$20,000
E. \$20,000 – less than \$25,000
F. \$25,000 – less than \$30,000
G. \$30,000 – less than \$40,000
H. \$40,000 – less than \$50,000
I. \$50,000 – less than \$66,000
J. \$66,000 – less than \$109,000
K. \$109,000 or more

Monthly Breakdown

A. Less than \$417
B. \$417 – less than \$834
C. \$834 – less than \$1,250
D. \$1,250 – less than \$1,667
E. \$1,667 – less than \$2,084
F. \$2,084 – less than \$2,500
G. \$2,500 – less than \$3,334
H. \$3,334 – less than \$4,167
I. \$4,167 – less than \$5,500
J. \$5,500 – less than \$9,084
K. \$9,084 or more

DU1

- General exam, checkup or consultation
- Cleaning, prophylaxis, or polishing
- X-rays, radiographs, or bitewings
- Fluoride treatment
- Sealant (plastic coatings on back teeth)
- Fillings
- Inlays
- Crowns or caps
- Root canal
- Periodontal scaling, root planing, or gum surgery
- Periodontal recall visit (periodic or regular)

(continued)

DU1

- Extraction, tooth pulled
- Implants
- Abscess or infection treatment
- Other oral surgery
- Fixed bridges
- Dentures or removable partial dentures
- Relining or repair of bridges or dentures
- Orthodontia, braces, or retainers
- Bond, whiten, or bleach
- Treatment for TMD or TMJ

ENS1

- Iraq or Afghanistan Conflict (2001 – Present)
- Persian Gulf War (Aug 1990 – March 1991)
- Vietnam Era (Aug 1964 – May 1975)
- Korean Conflict (June 1950 – Jan 1955)
- World War II (Sept 1940 – July 1947)
- World War I (1917 – 1918)
- Peace time (all other times)

HA1

- One-family, detached
- Two-family or duplex
- Apartment or condominium building
- Mobile home, trailer
- Rowhouse, townhouse
- “mother-in-law” apartment

HA2

- Retirement community
- Senior citizens housing
- Assisted living facility
- Continuing care community
- Staged living community
- Retirement apartments
- Church-provided housing
- Personal or residential care home

HA3

- Prepared meals
- Housekeeping, maid, or cleaning services
- Laundry services
- Help with medications
- Transportation
- Recreational services

HF1

- Much better now than one year ago
- Somewhat better now than one year ago
- About the same
- Somewhat worse now than one year ago
- Much worse now than one year ago

HF2

- It will get much better
- It will get somewhat better
- It will not change
- It will get somewhat worse
- It will get much worse

HF3

- No difficulty at all
- A little difficulty
- Some difficulty
- A lot of difficulty
- Not able to do it

HF4

- Bladder
- Blood
- Bone
- Brain
- Breast
- Cervix
- Colon (bowel)
- Esophagus
- Gall Bladder
- Kidney
- Larynx (windpipe)
- Leukocytes (Leukemia)
- Liver

(continued)

HF4

- Lung
- Lymph Nodes (Lymphoma)
- Mouth/Tongue/Lip
- Ovary
- Pancreas
- Prostate
- Rectum
- Soft Tissue/Fat
- Stomach
- Testis
- Throat
- Thyroid
- Uterus

HF5

- Type 1
- Type 2
- Borderline
- Pre-Diabetes
- Gestational (Pregnancy-related)

HF6

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

HF7

- Just about everything you need to know
- Most of what you need to know
- Some of what you need to know
- A little of what you need to know
- Almost none of what you need to know about managing Diabetes

HF8

- Not at all
- Several days
- More than half the days
- Nearly every day

HF9

- Not at all difficult
- Somewhat difficult
- Very difficult
- Extremely difficult

HF10

- More than one a week
- About once a week
- 2-3 times a month
- About once a month
- Every 2-3 months
- Once or twice a year
- Not at all

HH1

Home Help by Health or Medical Professionals

- Nurse (visiting nurse, private duty nurse, etc.)
- Doctor
- Social worker
- Therapist
- Hospice worker

HH2

Medical or Nursing Treatment

- Applying sterile bandages or dressings
- Giving medications
- Taking blood pressure
- Giving shots or injections

HH3

Help With Daily Needs

- Using the telephone
- Doing housework
- Preparing meals

HH4

- Bathing
- Showering
- Dressing
- Eating
- Walking
- Using the toilet

HH5

Personal Care or Help with Daily Needs from Persons Who Do Not Live with You

- Home health aides
- Homemakers
- Friends
- Neighbors
- Relatives

HI1

Health Insurance Coverage Options

- “Original” Medicare
- “Medicare Advantage” (MA) plan
 - with Prescription Drug Plan (MA-PD) **or** without
- Medicaid
- TRICARE/TRICARE for Life
- Public Programs (other than Medicaid)
- Medicare Part D Prescription Drug Plan (PDP)
- Private/Supplemental Insurance Plan
 - Purchased directly from an insurance company, *or*
 - Obtained through an employer, union, or other group, such as AARP

HI1

ORIGINAL MEDICARE	MEDICARE ADVANTAGE
<ul style="list-style-type: none"> You have your choice of doctors and hospitals. Generally, you or your supplemental coverage pay deductibles and coinsurance. If you want drug coverage, you must join a stand-alone Medicare prescription drug plan – a separate policy just for drugs. You can buy a Medigap plan, which can help pay expenses not covered by Medicare. 	<ul style="list-style-type: none"> May either require you to see medical providers in their network or let you choose and pay more of the costs. You usually pay a copay or coinsurance for covered services. If you want drug coverage, you must join a plan that includes drug coverage. This will give you all of your coverage in one plan. A Medigap plan is not available.
MEDICAID	TRICARE/TRICARE FOR LIFE
<ul style="list-style-type: none"> Public health care plan that helps make Medicare affordable for beneficiaries with low incomes and modest assets. Medicare beneficiaries who are also enrolled in Medicaid are referred to as “dual eligibles.” Will be automatically enrolled in a Medicare prescription drug plan and be eligible for a low-income subsidy or “extra help.” 	<ul style="list-style-type: none"> Covers active-duty service members, retirees, and their families. TRICARE generally pays the fees left outstanding after Medicare has made their payment.

HI1

PRIVATE SUPPLEMENTAL INSURANCE	MEDICARE PART D PRESCRIPTION DRUG PLAN
<ul style="list-style-type: none">• Separate plans that help pay for Medicare deductibles and coinsurance, and/or provide coverage for services not covered under Medicare.• Available to beneficiaries who are covered by Original Medicare.• Obtained from previous employers, private companies, union, associations, and other groups.	<ul style="list-style-type: none">• Separate policies that cover only prescribed medicines.• Beneficiaries pay a monthly premium and copay or coinsurance for their required prescriptions.• Standalone plans are only available to beneficiaries who are covered by Original Medicare; otherwise drug coverage is available as part of Medicare Advantage plans.
PUBLIC PROGRAMS (OTHER THAN MEDICAID)	
<ul style="list-style-type: none">• Include state, county, or city-based programs such as a pharmacy program, where the local government provides at least partial coverage for the cost of prescribed medicines.• Insurance comes from a public source other than Medicare or Medicaid.	

HIT1

TRICARE Plan Names

- A. TRICARE for Life
- B. TRICARE Plus
- C. TRICARE Prime
- D. TRICARE Extra
- E. TRICARE Standard
- F. TRICARE Pharmacy / TRICARE Senior
Pharmacy
- G. TRICARE Dental Program
- H. TRICARE Retiree Dental Program
- I. TRICARE Reserve Select (TRS)
- J. TRICARE US Family Health Plan

(continued)

HIT1

Beneficiary Information Card for TRICARE For Life

FRONT OF CARD

TRICARE For Life

To Provider: File claims in the usual manner to Medicare.

To Patient : *Services that are a benefit of both Medicare and TRICARE :*No deductible or cost share is required.

*Medicare only benefit :*Medicare deductible and cost share required.

*TRICARE only benefit:*TRICARE deductible and cost share required.

For benefit questions call 1-888-DoD-LIFE (1-888-363-5433) www.tricare.osd.mil

For more information call 1-800-977-6753

www.hnfs.net

BACK OF CARD

TRICARE Senior Pharmacy

Military Treatment Facility: No Co-pay

National Mail Order Pharmacy: \$3 generic;\$9 brand name
(90 day supply)

TRICARE Network Pharmacy: \$3 generic;\$9 brand name
(30 day supply)

TRICARE Non-network Pharmacy: \$9 or 20%of cost (30 day supply)
\$150/person or \$300/family
annual deductible applies.

For pharmacy questions call 1-877-DoD-MEDS (1-877-363-6337)

(Co-pays subject to change)

5007334 (9/01 T85)

HIT2

Places to Obtain Medicines in Tricare Plan

- TRICARE Mail Order Pharmacy (TMOP)
- TRICARE Retail Pharmacy Network Pharmacy (TRRx)
- Military Treatment Facility Pharmacy (MTF)
- Non-network retail pharmacy

IA1

Monthly Mortgage Payments

A. Less than \$250
B. \$250 – less than \$500
C. \$500 – less than \$1,000
D. \$1,000 – less than \$3,000
E. \$3,000 – less than \$5,000
F. \$5,000 or more

IA2

Present Value of Home/Apartment/Condo

A. Less than \$50,000
B. \$50,000 – less than \$75,000
C. \$75,000 – less than \$100,000
D. \$100,000 – less than \$200,000
E. \$200,000 – less than \$300,000
F. \$300,000 – less than \$500,000
G. \$500,000 – less than \$750,000
H. \$750,000 or more

IA3

Monthly Rent

A. Less than \$250
B. \$250 – less than \$500
C. \$500 – less than \$1,000
D. \$1,000 – less than \$3,000
E. \$3,000 – less than \$5,000
F. \$5,000 or more

IA4

Retirement Plans

- 401(k)
- 403(b)
- IRA
- Keogh

IA5

**Combined Monthly Social
Security or Railroad Retirement
Amount**

A. Less than \$1,300
B. \$1,300 – less than \$1,700
C. \$1,700 – less than \$2,200
D. \$2,200 – less than \$2,600
E. \$2,600 or more

IA6

**Individual Monthly Social
Security or Railroad
Retirement Amount**

A. Less than \$700

B. \$700 – less than \$1,000

C. \$1,000 – less than \$1,300

D. \$1,300 – less than \$1,600

E. \$1,600 or more

IA7

**Combined Monthly
Supplemental Security
Income Amount**

A. Less than \$300
B. \$300 – less than \$700
C. \$700 – less than \$1,000
D. \$1,000 or more

IA8

**Individual Monthly
Supplemental Security
Income Amount**

A. Less than \$100

B. \$100 – less than \$200

C. \$200 – less than \$400

D. \$400 – less than \$700

E. \$700 or more

IA9

**Combined Monthly Veterans
Administration Income
Amount**

A. Less than \$1,000
B. \$1,000 – less than \$1,400
C. \$1,400 – less than \$1,800
D. \$1,800 – less than \$2,200
E. \$2,200 or more

IA10

**Individual Monthly Veterans
Administration Income
Amount**

A. Less than \$500
B. \$500 – less than \$700
C. \$700 – less than \$900
D. \$900 – less than \$1,100
E. \$1,100 or more

IA11

Combined Monthly Pension Payment

A. Less than \$600
B. \$600 – less than \$1,300
C. \$1,300 – less than \$2,100
D. \$2,100 – less than \$5,900
E. \$5,900 or more

IA12

Individual Monthly Pension Payment

A. Less than \$400
B. \$400 – less than \$900
C. \$900 – less than \$1,600
D. \$1,600 – less than \$3,800
E. \$3,800 or more

IA13

Combined Total Retirement Accounts

A. Less than \$34,000
B. \$34,000 – less than \$82,000
C. \$82,000 – less than \$175,000
D. \$175,000 – less than \$413,000
E. \$413,000 or more

IA14

Individual Total Retirement Accounts

A. Less than \$20,000
B. \$20,000 – less than \$47,000
C. \$47,000 – less than \$92,000
D. \$92,000 – less than \$218,000
E. \$218,000 or more

IA15

**Combined Monthly Amount
Received from Retirement
Account**

A. Less than \$200
B. \$200 – less than \$500
C. \$500 – less than \$1,000
D. \$1,000 – less than \$2,500
E. \$2,500 or more

IA16

**Individual Monthly Amount
Received from Retirement
Account**

A. Less than \$100

B. \$100 – less than \$300

C. \$300 – less than \$700

D. \$700 – less than \$1,700

E. \$1,700 or more

IA17

**Combined Amount Received
from Retirement Account Last
Year**

A. Less than \$2,400
B. \$2,400 – less than \$6,000
C. \$6,000 – less than \$12,000
D. \$12,000 – less than \$30,000
E. \$30,000 or more

IA18

**Individual Amount Received
from Retirement Account Last
Year**

A. Less than \$1,200
B. \$1,200 – less than \$3,600
C. \$3,600 – less than \$8,400
D. \$8,400 – less than \$20,400
E. \$20,400 or more

IA19

**Combined Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$9,000

B. \$9,000 – less than \$18,000

C. \$18,000 – less than \$93,000

D. \$93,000 – less than \$350,000

E. \$350,000 or more

IA20

**IAQ35C- Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$600

B. \$600 – less than \$5,000

C. \$5,000 – less than \$16,000

D. \$16,000 – less than \$62,000

E. \$62,000 or more

IA21

**IAC26A- Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$8,000

B. \$8,000 – less than \$62,000

C. \$62,000 – less than \$192,000

D. \$192,000 – less than \$213,000

E. \$213,000 or more

IA22

**IAQ36C- Mutual
Funds/Stocks/Bonds Not Part
of Retirement Account**

A. Less than \$300

B. \$300 – less than \$2,500

C. \$2,500 – less than \$8,000

D. \$8,000 – less than \$37,000

E. \$37,000 or more

IA23

**IAQ38B – All Accounts Last
Month**

A. Less than \$11,000
B. \$11,000 – less than \$25,000
C. \$25,000 – less than \$50,000
D. \$50,000 – less than \$108,000
E. \$108,000 or more

IA24

**IAQ38C – All Accounts Last
Month**

A. Less than \$2,000
B. \$2,000 – less than \$7,000
C. \$7,000 – less than \$17,000
D. \$17,000 – less than \$57,000
E. \$57,000 or more

IA25

**IAQ39B/IAQ40B – All Accounts
Last Month**

A. Less than \$8,000
B. \$8,000 – less than \$13,000
C. \$13,000 – less than \$28,000
D. \$28,000 – less than \$54,000
E. \$54,000 or more

IA26

**IAQ39C/IAQ40C – All Accounts
Last Month**

A. Less than \$500
B. \$500 – less than \$1,900
C. \$1,900 – less than \$5,000
D. \$5,000 – less than \$20,000
E. \$20,000 or more

IA27

**IAQ41 – Combined Interest and
Dividends Last Year**

A. Less than \$200
B. \$200 – less than \$1,000
C. \$1,000 – less than \$4,000
D. \$4,000 – less than \$16,000
E. \$16,000 or more

IA28

IAQ42B/IAQ43B – Individual Interest and Dividend Income

A. Less than \$400
B. \$400 – less than \$1,000
C. \$1,000 – less than \$2,000
D. \$2,000 – less than \$11,000
E. \$11,000 or more

IA29

IAQ44A – Value of Business, Farm, or Real Estate

A. Less than \$30,000
B. \$30,000 – less than \$101,000
C. \$101,000 – less than \$247,000
D. \$247,000 – less than \$703,000
E. \$703,000 or more

IA30

**IAQ45B/IAQ46A – Value of
Business, Farm, or Real Estate**

A. Less than \$18,000

B. \$18,000 – less than \$68,000

C. \$68,000 – less than \$122,000

D. \$122,000 – less than \$293,000

E. \$293,000 or more

IA31

**IAQ47B – Income from
Businesses or Property**

A. Less than \$3,600
B. \$3,600 – less than \$12,000
C. \$12,000 – less than \$25,000
D. \$25,000 – less than \$64,000
E. \$64,000 or more

IA32

**IAQ48B/IAQ49B – Income from
Businesses or Property**

A. Less than \$3,600
B. \$3,600 – less than \$7,200
C. \$7,200 – less than \$14,000
D. \$14,000 – less than \$38,000
E. \$38,000 or more

IA33

IAQ51A – Total Income

A. Less than \$30,000
B. \$30,000 – less than \$43,000
C. \$43,000 – less than \$66,000
D. \$66,000 – less than \$109,000
E. \$109,000 or more

IA34

IAQ51B – Total Income

A. Less than \$18,000
B. \$18,000 – less than \$22,000
C. \$22,000 – less than \$36,000
D. \$36,000 – less than \$56,000
E. \$56,000 or more

IA35

Lump Sum Payments

A. Insurance Settlement

B. Pension Settlement

C. Inheritance (or Trust)

D. Gift

E. Lawsuit

IA36

Present Value of Vehicles

A. Less than \$2,500
B. \$2,500 – less than \$5,000
C. \$5,000 – less than \$7,500
D. \$7,500 – less than \$10,000
E. \$10,000 – less than \$20,000
F. \$20,000 or more

IU1

Long Term Care Places

- Skilled nursing homes
- Intermediate care facilities
- Board and care homes
- Nursing home units in hospitals
- Facilities for the mentally retarded
- Psychiatric facilities
- Group homes

KN1

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult

KN2

- Just about everything you need to know
- Most of what you need to know
- Some of what you need to know
- A little of what you need to know
- Almost none of what you need to know

KN3

- Very interested
- Somewhat interested
- Not very interested
- Not at all interested

KN4

- At least once every year
- Once every few years
- Rarely
- Never
- Only once when first signed up for drug plan
- Only once when first signed up for Medicare
- Just signed up for Medicare

KN5

- Completely agree
- Somewhat agree
- Somewhat disagree
- Completely disagree

KN6

- Very satisfied
- Satisfied
- Dissatisfied
- Very Dissatisfied

KN7

& Medicare You



2014

This is the official U.S. government Medicare handbook:

- ★ What's important in 2014 (page 4)
- ★ What Medicare covers (page 29)



CENTERS FOR MEDICARE & MEDICAID SERVICES

Updated January 13, 2016

MP1

Health Practitioners Who Are Not Medical Doctors

- Acupuncturist
- Audiologist
- Optometrist
- Chiropractor
- Podiatrist (foot doctor)
- Homeopath
- Naturopath
- Any other kind of health provider who is not a medical doctor

MP2

Mental Health Professionals

- Psychiatrist
- Psychologist
- Clinical social worker
- Licensed professional counselor

MP3

Therapists

- Physical therapist
- Speech therapist
- (Intravenous) I.V. therapist
- Massage therapist
- Occupational therapist
- Respiratory therapist

MP4

Other Medical Persons

- Nurse
- Nurse practitioner
- Paramedic (not including ambulance services)
- Physician's assistant

MP5

Other Types of Medical Places

- Health clinic
- Neighborhood health center
- Rural health clinic
- Infirmary
- Mental health clinic
- Urgent care center
- Any other place

NA1

- 12 oz. beer
- 5 oz. glass of wine
- One and a half ounces of liquor

OM1

Orthopedic Items

- Crutches
- Canes
- Wheelchairs
- Walkers
- Corrective shoes or inserts
- Support stockings
- Braces or supports

OM2

Diabetic Equipment or Supplies

- Syringes
- Test paper
- Test strips
- Blood monitoring kits

OM3

Prostheses

- Artificial leg or arm
- Mastectomy prosthesis
- Artificial or glass eye

OM4

Other Medical Equipment and Supplies

- Portable commode or raised toilet seat
- Portable tub seat
- Special chair or cushion
- Hospital bed
- Ostomy supplies
- Incontinence supplies (such as depends, serenity or other brands of disposable undergarments, pads, or briefs)
- Bandages, dressings, tape supplies
- Pulmonary equipment (nebulizer, CPAP, etc.)
- Blood pressure equipment (such as cuffs or monitors)

OM5

Alterations Inside or Outside Home or Car

- Ramps
- Handrails (other than tub handrails)
- Elevator or incline chair
- Tub seats
- Tub handrails
- Any car alteration

PM1

- Often
- Sometimes
- Never

RX1

- Very easy
- Somewhat easy
- Somewhat difficult
- Very difficult

RX2

- Just about everything you need to know
- Most of what you need to know
- Some of what you need to know
- A little of what you need to know
- Almost none of what you need to know

RX3

- Very satisfied
- Satisfied
- Dissatisfied
- Very dissatisfied

RX4

- Extremely confident
- Very confident
- Moderately confident
- Slightly confident
- Not confident

SC1

- Very satisfied
- Satisfied
- Dissatisfied
- Very dissatisfied

SC2

- Didn't think the problem was serious
- Thought it would cost too much
- Trouble finding or getting to the doctor
- Time, schedule, or personal conflicts
- Thought doctor couldn't do much about the problem
- Was afraid of finding out what was wrong
- Doctor would not accept my insurance

SC3

- Thought it would cost too much
- Didn't think medicine would help the condition
- Was afraid of medicine reactions or contraindications
- Don't like to take medicine
- Didn't think medicine was necessary
- The medicine was not covered by insurance or not on the plan's formulary
- Trouble obtaining medicine
- Obtained or used samples
- Used another medicine as a substitution

SC4

- Often
- Sometimes
- Never

US1

- Less than 1 year
- 1 year to less than 3 years
- 3 years to less than 5 years
- 5 years to less than 10 years
- 10 years or more

US2

- Never
- Sometimes
- Usually
- Always

US3

- Strongly agree
- Agree
- Disagree
- Strongly disagree

