

CLINICIANS + HTN PROTOCOL = BETTER OUTCOMES

Adopting a standardized protocol increases success in hypertension (HTN) control across diverse populations

HYPERTENSION IS HIDING IN PLAIN SIGHT

3 out of 4 patients with uncontrolled HTN have seen a health care provider within the past 2 years



Some racial and ethnic groups have higher rates of HTN

FOLLOW A HYPERTENSION TREATMENT PROTOCOL



DOWNLOAD A TEMPLATE AND OTHER RESOURCES HERE

<http://millionhearts.hhs.gov/Docs/Hypertension-Protocol.pdf>



Analyze your quality data by demographics to learn which populations need more support or attention.



Increase the efficiency and effectiveness of HTN care by using a protocol.



Ask patients about diet, exercise and family history of heart disease.



Teach patients to monitor their blood pressure and manage their health between visits.



Connect your patients with local support to enhance their health. Better connections = better care!

FOR MORE INFORMATION

<http://millionhearts.hhs.gov/resources/protocols.html>

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