



PUT YOUR HEALTH FIRST: ADULTS

Get the preventive services that are right for you! Take advantage of these and other services available at no cost to adults under most health coverage.



Diet counseling and obesity screening



Hepatitis B and C screening



HIV screening and STD prevention counseling



Lung cancer screening for some adults



Depression screening



Blood pressure and cholesterol screenings



Alcohol misuse and tobacco use counseling



Type 2 diabetes screening



Aspirin use for some adults



Colorectal cancer screening for adults over 50

IMMUNIZATION VACCINES: Hepatitis A; Hepatitis B; Herpes Zoster; HPV; Influenza (Flu Shot); Measles, Mumps, Rubella; Meningococcal; Pneumococcal; Tetanus, Diphtheria, Pertussis; Varicella (Chicken Pox)



COST TIP: Most preventive services are covered at no cost. However, if you receive additional services, you may be billed. Ask your provider's office or plan to explain any charges.

For additional resources and a full list of the preventive services covered at no cost sharing under most health plans, please visit go.cms.gov/c2c.

