



PUT YOUR HEALTH FIRST: MEN

Get the preventive services that are right for you! Take advantage of these and other services available at no cost to men under most health coverage.



- ✓ Blood pressure and cholesterol screening
- ✓ Alcohol misuse and tobacco use counseling
- ✓ Type 2 diabetes screening
- ✓ Aspirin use for some men
- ✓ Colorectal cancer screening for men over 50
- ✓ Abdominal aortic aneurysm screening for some men
- ✓ HIV screening and STD prevention counseling
- ✓ Diet counseling and obesity screening
- ✓ Depression screening

IMMUNIZATION VACCINES: Hepatitis A; Hepatitis B; Herpes Zoster; HPV; Influenza (Flu Shot); Meningococcal; Pneumococcal; Tetanus, Diphtheria, Pertussis; Varicella (Chicken Pox)



COST TIP: Most preventive services are covered at no cost. However, if you receive additional services, you may be billed. Ask your provider's office or plan to explain any charges.

For additional resources and a full list of the preventive services covered at no cost sharing under most health plans, please visit [go.cms.gov/c2c](https://www.go.cms.gov/c2c).

