

American Indian/Alaska Native Long-Term Services and Supports

SOLUTIONS

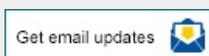
Technical assistance for tribal health care

April 2025



LTSS Technical Assistance Center

Visit the online [LTSS TA Center](#) for videos, best practices, toolkits, a resource library, and a step-by-step planning roadmap.



Dementia-related training for AAA staff

Area Agencies on Aging (AAAs) offer a range of services for elders and their caregivers.

[USAging's™ Fast Facts: AAA Services and Resources for People Living with Dementia](#) (PDF, 363 KB, 2 pp) references the various types of dementia-related training that many AAA staff receive.

Such training helps make sure staff are ready and able to provide clients with specialized dementia-specific services, which may include:

- Referrals for cognitive assessment
- Caregiver training and education
- In-home assistance
- Respite care

Dementia-capable communities

Emergency medical technicians and paramedics may benefit from training to enhance how they serve elders who are aging in place with dementia.

CMS's™ LTSS webinar, [Building a Dementia Training for First Responders](#), discusses an award-winning program developed specifically for first responders.

Additionally, the webinar highlights the importance of dementia-specific training for staff from:

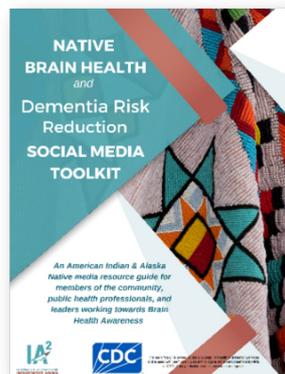
- Area Agencies on Aging
- Home health agencies

Social media toolkit to promote brain health

[A social media toolkit](#) to increase awareness of brain health is now available online.

Published by the International Association for Indigenous Aging, the toolkit includes:

- An overview of commonly used social media platforms
- A list of potentially relevant health observances
- Sample posts encouraging people to take action to help reduce their risk of dementia



Survey about PCTI services for elders

Organizations that support elders are invited to participate in [a national survey about person-centered, trauma-informed \(PCTI\) services](#).

The survey is conducted every five years by the Jewish Federations of North America's Center on Aging, Trauma, and Holocaust Survivor Care. Findings will shape conversations about how to promote healthy aging.

The survey closes April 30. Survey respondents may be eligible to receive a \$20 Amazon gift card.



Join the conversation on LinkedIn

Want to learn more about or discuss LTSS in Indian Country?
Looking to connect with others working in the same field?
[Join the Tribal Affairs Group](#) on LinkedIn.

Upcoming webinar

Stay tuned for the next LTSS webinar

The LTSS webinars are opportunities for experts from the field to share information about long-term services and supports for elders and people with disabilities.

Please stay tuned for details regarding the next LTSS webinar. In the meantime, watch [Fall-Free Fridays: Expanding Education to Prevent Injuries](#).

Held in September 2024, the webinar highlights a partnership between the Area Agency on Aging District 7 in rural southern Ohio and Shawnee State University's occupational therapy program.

Caregiver's corner

Support for long-distance caregivers

[A blog post by the LeadingAge LTSS Center at UMass Boston](#) discusses LDCare, a seven-week program to support long-distance family caregivers of elders living with dementia.

The program consists of skill-building, education, and discussion sessions that are facilitated virtually by dementia experts. The one-hour sessions are designed to help long-distance caregivers:

- Engage with someone who has dementia
- Apply best practices for interacting with clinicians
- Manage stress, engage in self-care, and stay connected to others
- Access resources and tips for making sure a care recipient's home is safe

Funding opportunities

Disaster reimbursement and assistance

Applications due: September 2

[Learn more about the disaster reimbursement and assistance funding opportunity](#)

In the event of a major disaster in their geographic area, tribal organizations receiving a grant under Title VI of the Older Americans Act may be eligible to apply for disaster reimbursement and assistance funds. Before applying, potential grantees should consult:

- State and local emergency managers

- Administration for Community Living regional staff, if available

Healthy Alaska Natives Foundation grants

Applications accepted on an ongoing basis

[View the Healthy Alaska Natives Foundation funding opportunity](#)

The Healthy Alaska Natives Foundation—the Alaska Native Tribal Health Consortium’s charitable arm—offers grants for projects that directly impact Alaska Native people, programs, or places. Preference is given to projects focused on:

- Improved access to care
- Rural health care

Upcoming events

Virtual symposium on the mental health of elders

May 1, from 10 a.m. to 5 p.m. Eastern

[Register for the virtual symposium](#)

Join the National Council on Aging for the 8th annual Older Adult Mental Health Awareness Day Symposium. This virtual event will cover topics such as:

- Helping elders manage chronic behavioral health conditions
- Incorporating person-centered, trauma-informed principles into care for elders with intellectual and developmental disabilities
- Increasing elders’ social connections to mitigate the effects of isolation and loneliness

Age+Action Conference

May 28 to 30

Arlington, Virginia

[Register for Age+Action](#)

Hosted by the National Council on Aging, the Age+Action Conference is intended for professionals who serve elders. Session categories include:

- Healthy living
- Economic well-being
- Senior centers

Annual NANASP conference

June 4 to 6

Alexandria, Virginia

[Register for the annual NANASP conference](#)



Nutritionists, senior center directors, and others working to provide elders with community-based nutrition services are encouraged to attend the annual National Association of Nutrition and Aging Services Programs (NANASP) conference. Topics include:

- Building resiliency in senior nutrition programs
- Bridging social isolation for homebound elders
- Improving food security

Compassion in Action 2025

June 24 to 25

Washington, DC

[Register in May for Compassion in Action 2025](#)

The Jewish Federations of North America’s Center on Aging, Trauma, and Holocaust Survivor Care will host Compassion in Action 2025, a workshop highlighting person-centered, trauma-informed care for elders.

May 1 is the early bird registration deadline. General registration ends May 31.

Send us your news

Do you have news to share about LTSS in Indian Country? Send it to ltssinfo@kauffmaninc.com for possible inclusion in an upcoming newsletter. Contact us with other comments or feedback, too.

About the newsletter

American Indian/Alaska Native Long-Term Services and Supports Solutions is published monthly by the CMS Division of Tribal Affairs to share information, funding opportunities, and resources with LTSS planners, tribal leaders, and supporters.

