# **Barriers to Oral Health Care**

Patients and providers report encountering various barriers to receiving and providing quality dental care under Medicaid, a joint federal/state program administered by states under broad federal guidelines. Oral health is a cross-cutting priority for CMS, and patients, providers, and state governments all have a role to play in improving oral health.

WAIT TIME
6 MONTHS

IT WILL TAKE TIME TO FIND A

DENTAL SPECIALIST TO MEET

This visual summarizes interviews with interested parties to better understand experiences of barriers to oral health care.

### **GOVERNMENT**

#### Legislation

States may allocate more funding to expand oral health care benefits.

## **Better Funding, Better Coverage**

Better reimbursement models, more virtual appointments, and professional opportunities for mid-level providers are possible avenues for increasing access to oral health care.

#### **Fund Clinics**

Federally Qualified Health Centers (FQHCs) play a vital role in oral health care and use federal funds to sustain services.

#### **Standardized Patient Records**

HOW CAN WE BUILD

A BETTER SYSTEM?

Improve patient records through policy and standards to make data easily shared between systems.

#### **Delays in Care**

**PATIENTS** 

REAL-TIME DATA ON ACCESS

TO ORAL CARE CAN HELP US

DRIVE POLICY CHANGES.

There are more patients than available providers can see quickly, leading to appointment wait times of 6 months or more.

#### **Missed Appointments**

I HAVE TO GET

BACK TO WORK!

Patients may be unable to attend appointments due to transportation, work, childcare, or provider proximity challenges.

I CAN'T HIRE A

DENTAL ASSISTANT.

#### **Rural Area Challenges**

EMERGENCY

HERE'S A PRESCRIPTION

FOR AN ANTIBIOTIC AND

SOMETHING FOR YOUR PAIN.

NOW, GO SEE A DENTIST.

I'M TIRED!

WE CAN'T KEEP CLINICS OPEN WITH THESE

REIMBURSEMENT RATES.

DEPARTMENT

I'M IN PAIN!

CLINIC

CLOSED

Mobile dentistry and state offices with mid-level providers can extend care into rural areas that lack providers.

#### **PROVIDERS**

#### **Capped Coverage**

Limited coverage can make oral health care more expensive, causing people with Medicaid more out-ofpocket costs.

#### Teledentistry

The COVID-19 Pandemic has led to increased dental care via televisits. However, some people with Medicaid have limited access.

#### Provider Participation

Burdensome enrollment, audits, credentialing, low reimbursement, and administrative processes can discourage providers from participating in Medicaid.

#### **Emergency Pain**

Due to lack of timely dental care, patients can end up at Emergency Departments for dental related pain. Trips to the ED can be costly and do not solve the root of the problem.

#### **Whole Person Health**

Better communication between dental and medical providers can lead to good oral health habits and positive overall health outcomes.

#### Communication Barriers

Patients rely on community based health workers to bridge cultural and language gaps during appointments.