



# CONNECTED CARE

The Chronic Care Management Resource

Managing Your  
Health Care Can  
Be Overwhelming,  
But it Doesn't  
Have to Be.





If you have **Medicare and live with two or more chronic conditions** like arthritis, diabetes, depression, or high blood pressure, chronic care management services can help connect the dots so you can spend more time doing what you love.

**Services may include:**

- At least 20 minutes a month of chronic care management services
- Personalized assistance from a dedicated health care professional who will work with you to create your care plan
- Coordination of care between your pharmacy, specialists, testing centers, hospitals, and more
- Phone check-ins between visits to keep you on track
- 24/7 emergency access to a health care professional
- Expert assistance with setting and meeting your health goals

**Ask your doctor about chronic care management services and get the connected care you need.**

**For more information visit: [go.cms.gov/ccm](https://go.cms.gov/ccm).**

