Home Hemodialysis Resources

In 2019, the Trump Administration announced *Advancing American Kidney Health*, a new initiative to improve the lives of Americans suffering from kidney disease, expand options for American patients, and reduce health care costs.

One of the goals of the initiative is to have 80 percent of new ESRD patients in 2025 either receiving dialysis at home or receiving a transplant.

While most chronic kidney disease patients undergo dialysis in a facility, many of these patients also have the option of doing dialysis at home. Home dialysis can often lead to better quality of life and better health.

To find out if home dialysis might work for you, you should talk to your doctor. To prepare for the discussion, read these resources from the National Institutes of Health’s (NIH) National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK):

- **Home hemodialysis**
  - Explains the different options for hemodialysis and why home dialysis may be a good choice.
- **Home peritoneal dialysis**
  - Describes peritoneal dialysis and offers basic information on how to do it at home.
- **Home dialysis vs. in-center dialysis: pros and cons**
  - Provides an overview of home and in-center dialysis to help you decide which is right for you.

To support home dialysis, the Department of Health and Human Services is also creating new incentives for dialysis providers to encourage dialysis at home. Now is a great time to talk to your doctor about whether home dialysis is the right choice for you.

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