Rezilient – Eldercare Campus Sustainability, Part 3

July 30, 2025

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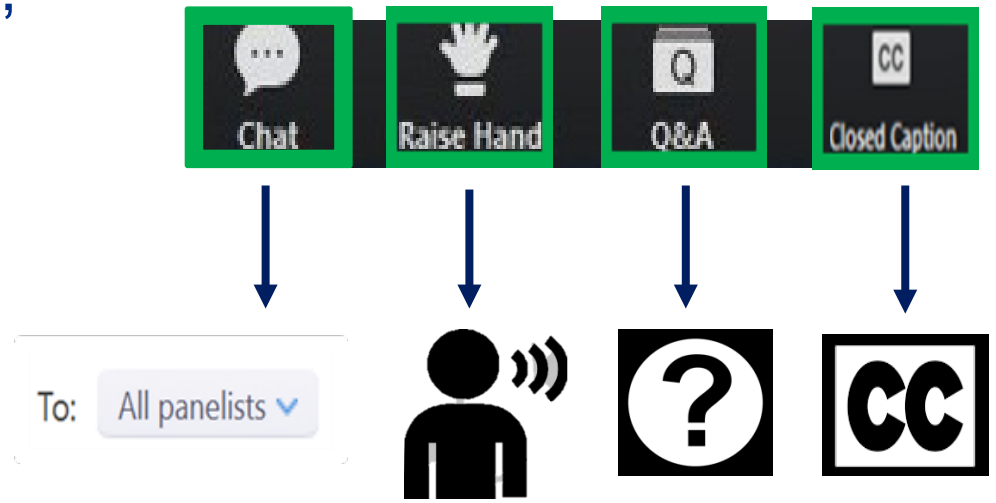

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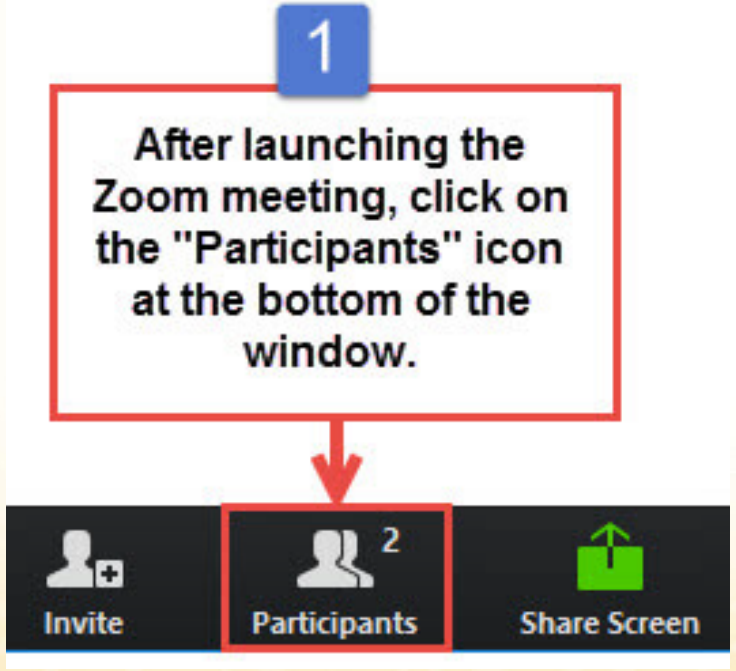

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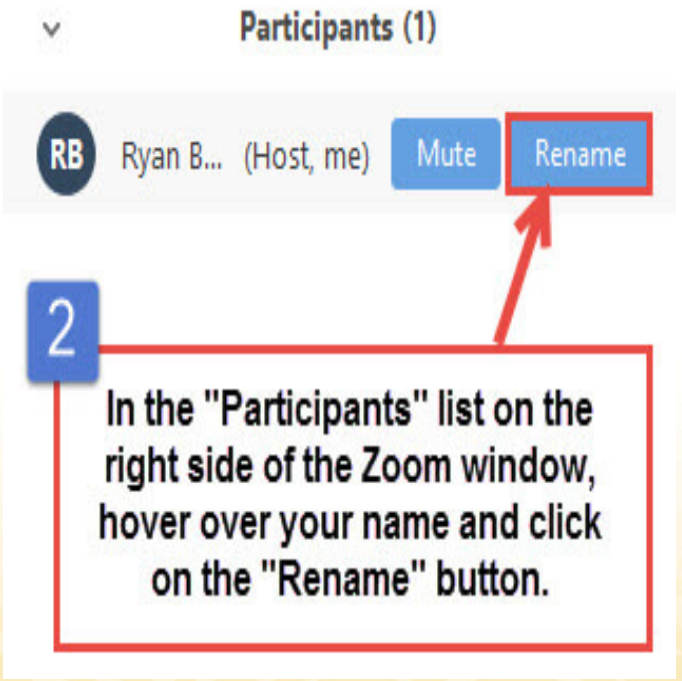

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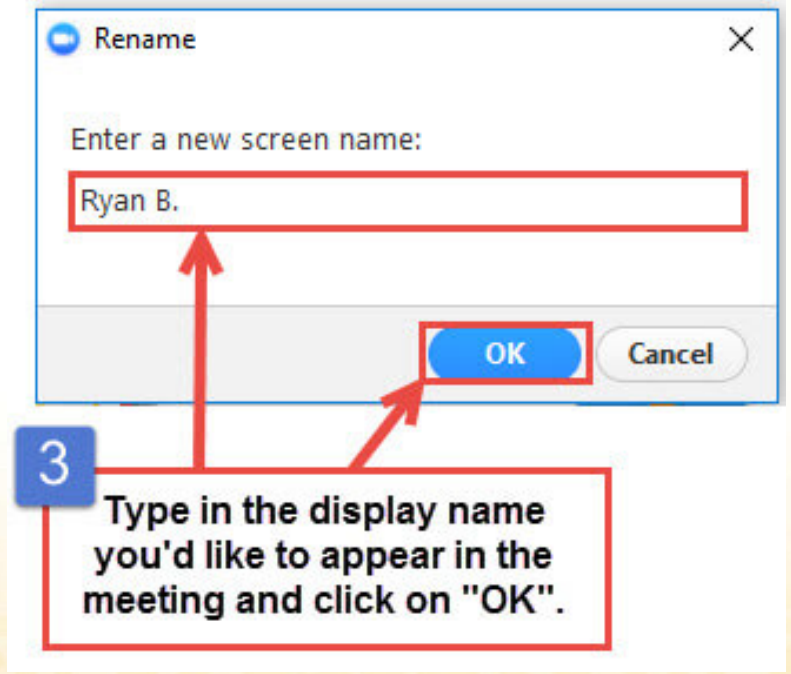

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U.N.I.T.E.

Uniting Nursing Homes In Tribal Excellence

Rezilient – Eldercare Campus Sustainability, Part 3

July 30, 2025

Presenters

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Acknowledgement

We would like to begin by acknowledging that the land on which we gather today is the traditional and ancestral homeland of the Native American tribes we serve.

We pay our respects to their elders, past and present, and recognize their enduring connection to this land.

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Tribal LTSS Care: Overview

The evolution of post-acute care has challenged providers to reach beyond their individual care settings to better support relationships across the health care spectrum.

Providing care via telehealth and remote therapeutic/physiologic monitoring can help increase the likelihood of successful care transitions.

This webinar will share which organizational, financing, care, and technology models are being used to support Native elders.

Objective 1

Define current 638 tribes and the 105(l) facility lease program in the context of admission to and discharge from post-acute care

Objective 2

Suggest common-sense approaches to engagement with acute care partners, including collaborative use of clinical pathways and outcomes sharing

Objective 3

Explain how tribes can help elders continue aging in place after their return home from post-acute care

Community Connection

- **Role of elders:** Valued members of the community, repositories of wisdom, cultural leaders, educators of the younger generations
- **Importance of community involvement:** Promotes socialization, provides emotional support, and reduces feelings of isolation
- **Nursing home's role:** Facilitates community engagement through events, volunteering opportunities, and mentorship programs

What Is a 105(l) Lease?

- Refers to a provision under Section 105(l) of the Indian Self-Determination and Education Assistance Act (ISDEAA)
- Offsets operational expense for facilities used in the delivery of services authorized under the ISDEAA, such as health care services through IHS
- Enables tribes to recover costs for facilities used to operate programs under ISDEAA contracts or compacts, such as health clinics or administrative offices
- Compensation options include fair market rental value, specific cost elements (25 CFR § 900.70), or a combination

What Is a 105(l) Lease? *(cont.)*

Eligibility Requirements

- **Facility must be used for approved programs, functions, services or activities**
- **Tribe or tribal organization must hold title, leasehold, or trust interest in the facility**
- **Cost claimed must be reasonable, necessary, and not duplicative**

How an Organization Can Use a 105(l) Lease

Offset current facility cost

- Recover expenses for maintenance, utilities, repairs, and depreciation
- Include costs for facility modifications to meet program needs
- Leverage fair market value rental valuations to secure funding
- Be reimbursed for capital expenditures

Expand resources

- Reallocate budget savings from facility costs to enhance resident care

Streamline operations

- Consolidate operational costs into a reimbursable agreement under the ISDEAA

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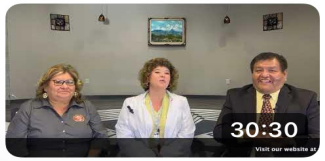

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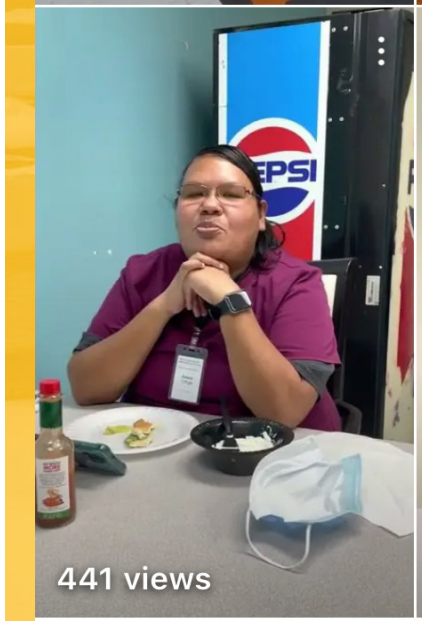

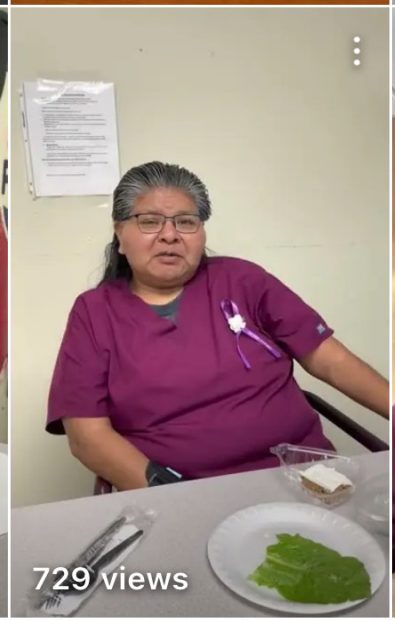

Access to Tribal News – Tohono O'odham Connections

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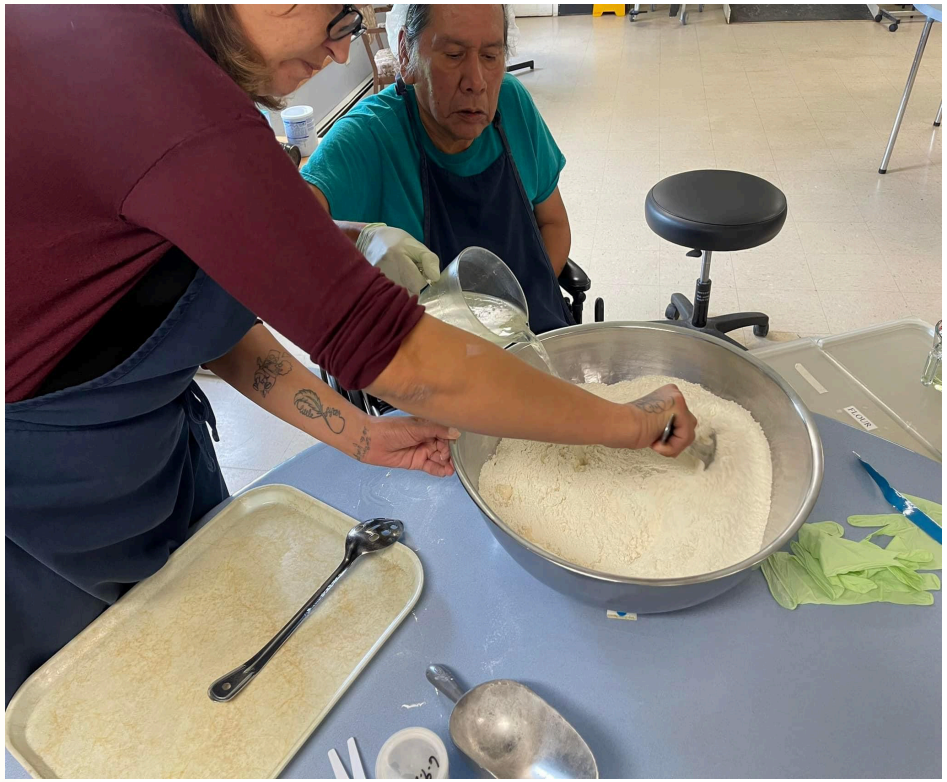
Access to Tribal Activity – Connections

Photos from Community Fishing Trip

Preparation for such an event can be integrated into care plans

Photos from Each Community



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Access to Tribal Rodeos – Connections

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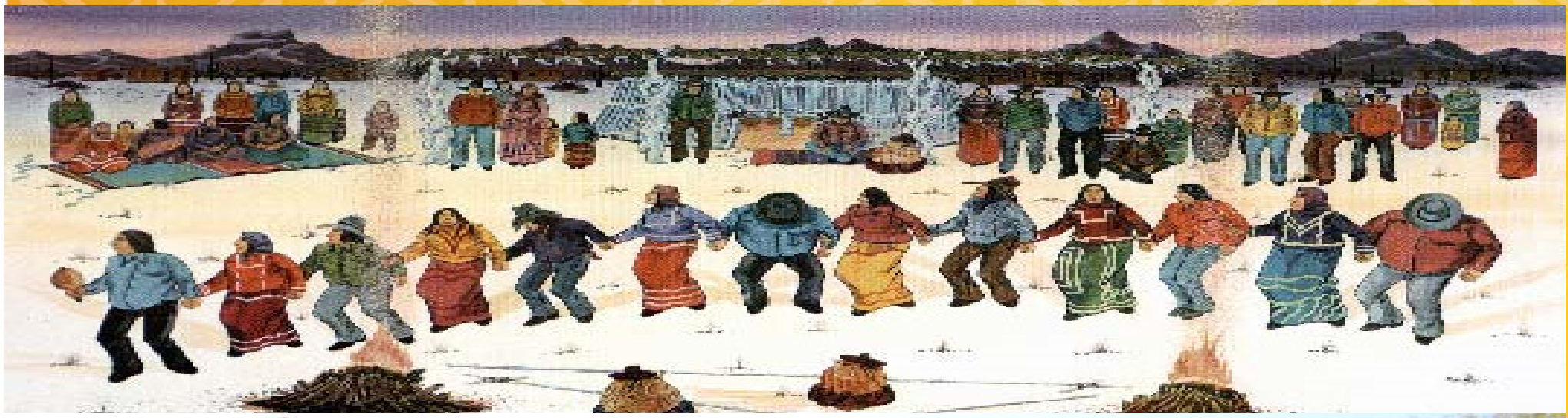
Improved Quality of Life



Photos from Each Community *(cont.)*

Person-centered and O’odham-centered care

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Tailored Health Care Programs

- **Prevalent health issues:** Discuss specific health problems common in the tribe that the nursing home is equipped to address
- **Specialized care:** Availability of specific programs to manage chronic diseases, mental health issues, rehabilitation services
- **Collaboration potential:** Partnerships with other health institutions for specialized services, research, training

Native Food, Pollinators, and People: Elder Connections Beyond Our Walls

- **Saint Louis Zoo – Center for Native Pollinator Conservation**
  https://stlzoo.org/conservation/in-action/saint-louis-wildcare-institute/center-for-native-pollinator-conservation

- **Indigenous Knowledge and Sustainability Series: The Buffalo Treaty**
  https://stlzoo.org/news/news-indigenous-knowledge-and-sustainability-series

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Questions?

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