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Facilitator

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In 2016, CMS created multiple phases to promote positive changes in long-term care. One of the phases is culture change. Examples of culture change include:

- Changing the mindset of the workforce
- Language
- Activities
- Dining
- Uninterrupted sleep
- Psychosocial needs
History of Culture Change in Long-Term Care

- In Native nursing homes, cultural needs are being met
- CMS’s concept of culture change aligns well with the work we do in Native American, Alaska Native, and Native Hawaiian long-term care settings
Objectives

- Learn how tribal nursing homes have incorporated culture change and Native language into their approach to care
- Explain why culture change matters in tribal long-term care settings
- Share common challenges associated with the incorporation of culture change
- Hear about best practices for honoring death and dying with culture change
How Has Your Nursing Home Incorporated Cultural Change?
How Has Your Nursing Home Incorporated Cultural Change?

- Changing the language
- Naming rooms and hallways in Native language
- Personalizing elders’ rooms
- Native foods
- Gardening
- Pets
- Prior lifestyles
Explain Why Culture Change Matters in Tribal Long-Term Care Settings
Explain Why Culture Change Matters in Tribal Long-Term Care Settings

- Supporting psychosocial wellness
- Individualizing care plans
- Meeting elders’ needs
- Spontaneity
Honoring Death and Dying with Dignity
Honoring Death and Dying with Dignity

- Death of an elder
- Honoring families
- Cultural beliefs
- Memorial inclusion for other elders and their feelings
- Honoring the ceremonial beliefs of other tribes
Challenges Incorporating Culture Change
Challenges
Incorporating
Culture Change

- Staff buy-in
- Staff training
- Consistency and follow-through
- Educating new staff
- Power struggles
- Empowering the elders
Questions?