



Medicare Diabetes Prevention Program (MDPP) Orientation Webinar for Prospective Suppliers

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Webinar Objectives

Primary Objectives of Today's Webinar

- Provide an overview of the Medicare Diabetes Prevention Program (MDPP) Expanded Model.
- Share information related to MDPP supplier enrollment, service delivery and billing, and programmatic requirements.
- Discuss additional resources and address MDPP-related questions.

What is MDPP and Why Get Involved?

Problem: The Prevalence and Cost of Diabetes

Diabetes affects many individuals, negatively impacts health outcomes, and carries high costs.

While Many are At-Risk for Diabetes, Few are Aware

1 in 2

Nearly half of adults aged 65 and older have prediabetes.¹

however...



Only one in four adults aged 65 and older with prediabetes are aware of their condition.¹

Diabetes Prevalence is High and Growing



Nearly one in three adults aged 65 and older have diabetes.¹

and...



Prevalence of diabetes is expected to double by 2050 among adults.²

Diabetes Burdens the System with High Costs

2.6x

Diabetes causes individuals to spend 2.6 times more on health care per year.³

\$205B

Medical care for diabetes for persons aged 65 and older cost the nation about \$205 billion in 2022. Most of this expenditure was paid by Medicare.³

The Medicare Diabetes Prevention Program (MDPP)

MDPP is a group-based preventative service offered to Medicare beneficiaries at risk of developing type 2 diabetes.



HEALTHY
EATING



PHYSICAL
ACTIVITY



WEIGHT
LOSS

- MDPP provides training and strategies for long-term healthy eating, increased physical activity, and weight loss.
- MDPP's goal is to prevent the onset of type 2 diabetes via behavioral change.
- [Decades of research](#) has shown that lifestyle intervention can decrease the risk of type 2 diabetes in individuals with prediabetes by 58%.

MDPP Overview: Group Sessions Covered by Medicare

MDPP services are:

- Furnished to eligible beneficiaries (“MDPP participants”) as a once-per-lifetime benefit covered by Medicare
- Delivered in-person, via distance learning, or a combination of the two
- Furnished by qualified coaches on behalf of MDPP suppliers
- Provided over the course of 1 year (max 22 sessions covered)

MDPP suppliers receive:

- Payments based on beneficiary session attendance
- Performance-based payments for reaching weight-loss milestones



There are no out-of-pocket costs to participate in MDPP for beneficiaries enrolled in Fee-for-Service Medicare.

Inter-Agency Coordination for MDPP

CMS and CDC each have unique roles and responsibilities with respect to MDPP services.

Payment, Enrollment, and Oversight Arm

MDPP suppliers receive payment from CMS and must meet and remain compliant with requirements established by Medicare

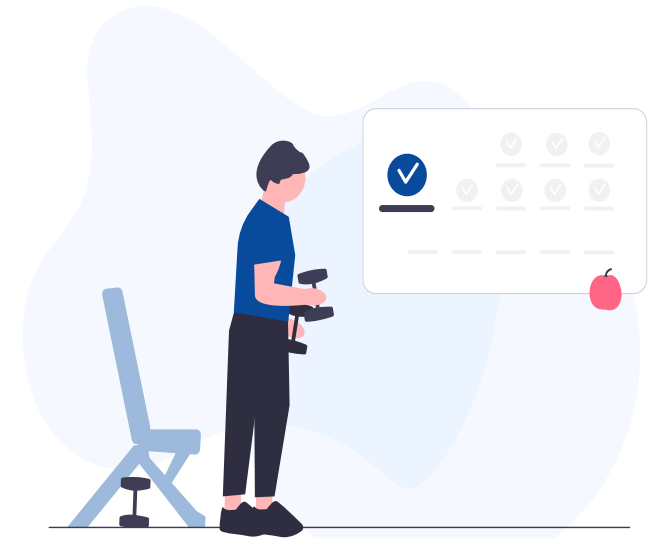
Quality Assurance Arm

MDPP suppliers must maintain CDC DPRP recognition and follow CDC quality standards, including the use of a CDC-approved curriculum on evidence-based topics like healthy eating and weight loss



Becoming an MDPP Supplier Is a Valuable Opportunity

- **Improve community health** by helping Medicare beneficiaries decrease their risk of type 2 diabetes
- **Advance health equity goals** through distance learning and adapted curricula
- **Engage patients** in an approachable and effective program that fosters accountability
- **Receive payment** through both attendance- based payments and performance payments for weight loss and weight loss maintenance
- **Reduce healthcare costs** in the community by providing Medicare beneficiaries the tools to make lifestyle changes



“Six months after I started, I took a blood test and... I dropped 80 points in six months on my cholesterol and my A1c dropped back to normal.”

- MDPP Participant

Determine Readiness to Be an MDPP Supplier

Capacity Assessment Tools Can Help Determine Readiness to Become an MDPP Supplier

- [CDC's Diabetes Prevention Recognition Program \(DPRP\) Capacity Assessment](#)
 - Helps organizations identify areas to strengthen prior to applying for CDC recognition, to ensure ability to deliver the National DPP lifestyle change program (LCP) with quality and fidelity to CDC DPRP Standards
- [CDC/NACDD's MDPP Supplier Capacity Assessment Tool](#)
 - Helps identify gaps in an organization's capacity and readiness to become a successful MDPP supplier

Decide How to Participate in MDPP



Becoming an MDPP Supplier



Apply for CDC DPRP Recognition

- Recruit Lifestyle Coaches to lead program sessions and ensure they are trained based on [CDC DPRP Standards](#).
 - Lifestyle Coaches must meet [MDPP coach eligibility requirements](#) and have a valid National Provider Identifier (NPI).
 - Limited numbers of Lifestyle Coach training scholarships are available. Visit [CDC's National DPP Customer Service Center](#) for information.

- Submit an [application](#) online to become a CDC-recognized organization for in-person delivery of the National DPP LCP.

- Offer the National DPP LCP for 12 months and submit evaluation data to CDC every 6 months.

Note: “Lifestyle Coaches” is a term used by CDC and “Coaches” is a term used by the Centers for Medicare & Medicaid Services (CMS), both referring to staff members who lead diabetes prevention program sessions.



Prepare to Enroll as an MDPP Supplier

- Review the [MDPP enrollment requirements](#) while working toward CDC recognition.
- Obtain a new [NPI](#) for MDPP and locate or obtain your organization's Tax Identification Number (TIN).
- Maintain an in-person DPRP organizational code, regardless of whether your organization will only deliver MDPP services via distance learning.
- Learn about [Medicare Administrative Contractors \(MACs\)](#) and [identify your MAC](#).
- Create an [Identity and Access \(I&A\)](#) account.
- Learn how to submit enrollment information through the [Provider Enrollment, Chain, and Ownership System \(PECOS\)](#).



Achieve CDC DPRP Recognition

- Organizations must achieve CDC preliminary, full, or full plus DPRP recognition before enrolling as an MDPP supplier.
 - Preliminary recognition requires an organization to submit 12 months of data from a National DPP cohort.
 - Some organizations can be fast-tracked to preliminary recognition, skipping the 12-month pending recognition stage. Please see the [CDC's National DPP Customer Service Center](#) for more information.

- Full recognition requires an organization to deliver the year-long National DPP program in accordance with [CDC DPRP Standards](#) and achieve program outcomes.



Visit [CDC's National DPP Customer Service Center](#) for information on CDC recognition.



Apply to Become an MDPP Supplier

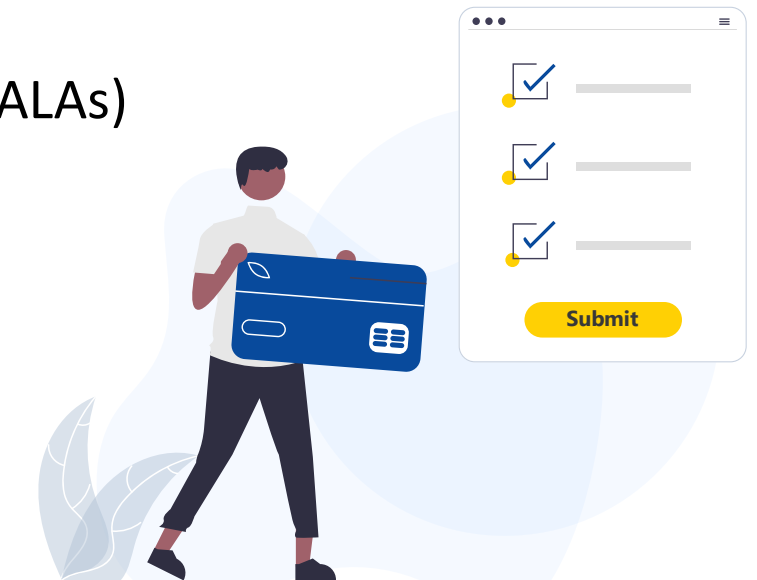
- [PECOS](#) is recommended for a faster enrollment process. [Paper enrollment](#) is available through the CMS-20134 enrollment application.
 - **Coming Soon!** [PECOS 2.0](#)
- Make sure to report CDC in-person organizational code(s) and upload the Letter of Recognition from CDC to your application.
- Refer to the [Enrollment Checklist](#) and [Enrollment Video](#) to gather the necessary information and enroll as an MDPP supplier.



If you are a DSMES delivery organization interested in fast-tracking and enrolling to become a MDPP supplier, see the [DSMES Enrollment Checklist](#).

MDPP Supplier Application Requirements

- Demonstrate preliminary, full, or full plus CDC recognition
- Provide MDPP location and contact information for administrative locations and community settings
- Gather documentation on any final Adverse Legal Actions (ALAs) against your organization (if applicable)
- Report coach information, including coach NPI
- Report information on ownership interest, any partnership interest, and/or managing control (if applicable)
- Identify a contact person
- Provide additional supporting documentation (if applicable)



Note: Comprehensive information on MDPP supplier standards is available at [42 CFR § 424.205](#).

Updating Information in the Application

- Changes in ownership, coach roster, and ALA history must be reported within 30 days of the change.
- All other changes must be made within 90 days of the indicated change.
- Changes must be made even after the application has been processed and approved.



Only authorized officials reported on the enrollment application can make changes. Failure to report changes within the required time window may result in claim denials.

Other Ways to Get Involved with MDPP

Partnering with Other Organizations to Supply MDPP Services

- **Community Care Hubs (CCHs)**
 - The [CCH National Learning Community](#) (NLC) is a partnered community formed by the Administration for Community Living to provide opportunities for community-based organizations (CBOs) to collaborate with like-minded peers, participate in knowledge-sharing activities, and receive technical assistance.
 - The CCH NLC provides opportunities for MDPP promotion and discussion of best practices for potential MDPP suppliers.
- **National DPP Umbrella Hub Arrangements (UHAs)**
 - A [UHA partnership](#) allows CBOs to deliver MDPP services while partnering with other organizations, such as healthcare systems, to collectively operate as one MDPP supplier.
 - CBOs participating in an UHA benefit from sharing CDC DPRP recognition status, streamlining administrative, billing, and reimbursement services, with the opportunity for greater scalability.

Becoming an MDPP Champion

Organizations that are not ready to be MDPP Suppliers can become MDPP Champions by promoting the program to eligible Medicare beneficiaries.

- Educate at-risk beneficiaries on prediabetes and recommend necessary lifestyle changes for improvement of their health.
- Promote MDPP through communication channels that reach at-risk beneficiaries in the community.
- Screen Medicare beneficiaries for diabetes and prediabetes and refer eligible beneficiaries to an [MDPP supplier](#).



MDPP Service Delivery

MDPP Beneficiary Eligibility Requirements

MDPP is available to Medicare beneficiaries with an indication of prediabetes.

Medicare Coverage

Participants must have Part B coverage through Medicare Fee-for-Service (FFS) or Medicare Advantage (MA)



Blood Tests and Body Mass Index (BMI)

Participants must present one of three blood tests indicating prediabetes and BMI of at least 25 (or 23 if self-identified as Asian)



Other Medical History

Participants must not have:

- Previous diagnosis of diabetes or end-stage renal disease (ESRD)
- Prior MDPP participation



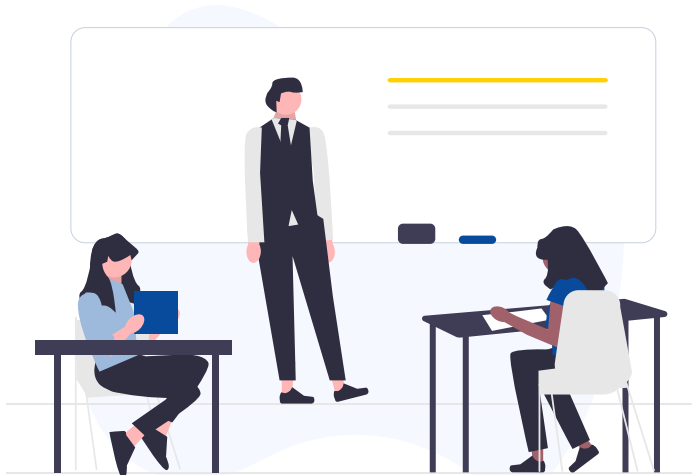
Here's a Tip!

You can verify beneficiaries' Medicare enrollment through your MAC's website.

Did You Know?

As part of Medicare Preventive Services, Medicare covers the Fasting Plasma Glucose test and Oral Glucose Tolerance test. As of January 1, 2024, the HbA1c test is also covered as part of the diabetes screening benefit.

MDPP Service Delivery



- Services include six months of weekly core sessions followed by six months of monthly maintenance sessions (max 22 sessions).
 - Each session may be offered in person, via distance learning, or through a combination of both.
 - All MDPP sessions follow a CDC-approved curriculum and are delivered in alignment with [CDC DPRP Standards](#).
-
- Group sessions may include non-Medicare participants, though only eligible Medicare beneficiaries are covered by Medicare.
 - Weight measurements must be recorded during each session and can be taken either in person or via an acceptable virtual alternative method (e.g., time-stamped photos or video weigh-ins).
 - Make-up sessions can be offered to any beneficiary who misses a regularly scheduled session. Suppliers are encouraged to schedule make-up sessions on a day other than a regularly scheduled session to avoid claims being rejected or denied by MACs.

Billing for MDPP Services

MDPP FFS Payment and Billing Structure: G-Codes

	CORE SESSIONS MONTHS 1-6 (MAX 16 SESSIONS)	CORE MAINTENANCE SESSIONS MONTHS 7-12 (MAX 6 SESSIONS)
Fee-For-Service Payments	G9886 (\$25): MDPP participant attended a session in person for 60 minutes	
	G9887 (\$25): MDPP participant attended a session through distance learning for 60 minutes	
Performance Payments	G9880 (\$145): MDPP participant achieved 5% weight loss from baseline weight	
	G9881 (\$25): MDPP participant achieved 9% weight loss from baseline weight	
		G9888 (\$8): MDPP participant maintained 5% weight loss from baseline weight in months 7-12
Other Payments	G9890 (\$25): Bridge payment: A one-time payment for the first MDPP core session or core maintenance session furnished by a new MDPP supplier when an MDPP participant switches suppliers during months 1–12	

Total Maximum Payment is **\$768** per MDPP participant

Note: The G-codes presented in this table are based on the Calendar Year 2024 Physician Fee Schedule (PFS) and relevant for claims with dates of service starting January 1, 2024.

MDPP Medicare Advantage Payment and Billing

- If your organization would like to provide services to beneficiaries enrolled in Medicare Advantage (MA), reach out to MA plans directly for guidance on contracting and requesting payment for MDPP services provided to eligible enrollees.
- MA plans may offer supplemental benefits, such as extended length of coverage for MDPP services.



More information about furnishing MDPP services to beneficiaries enrolled in MA is available in the [MDPP Medicare Advantage Fact Sheet](#).

Special Billing Considerations for Rural Health Clinics (RHCs) and Federally Qualified Health Centers (FQHCs)

- If RHCs and FQHCs have existing Medicare enrollment, they must re-enroll in Medicare as an MDPP supplier.
- MDPP services delivered in 2024 must be billed using only the MDPP HCPCS Payment G-codes finalized in the Calendar Year 2024 Physician Fee Schedule final rule, using the CMS-1500 paper claim form or its electronic equivalent.
- RHCs and FQHCs must ensure that there is no co-mingling of MDPP services with RHC or FQHC services, and any costs related to furnishing MDPP services must be reported as non-reimbursable costs on the RHC or FQHC cost report.

Participant Data Reporting Requirements

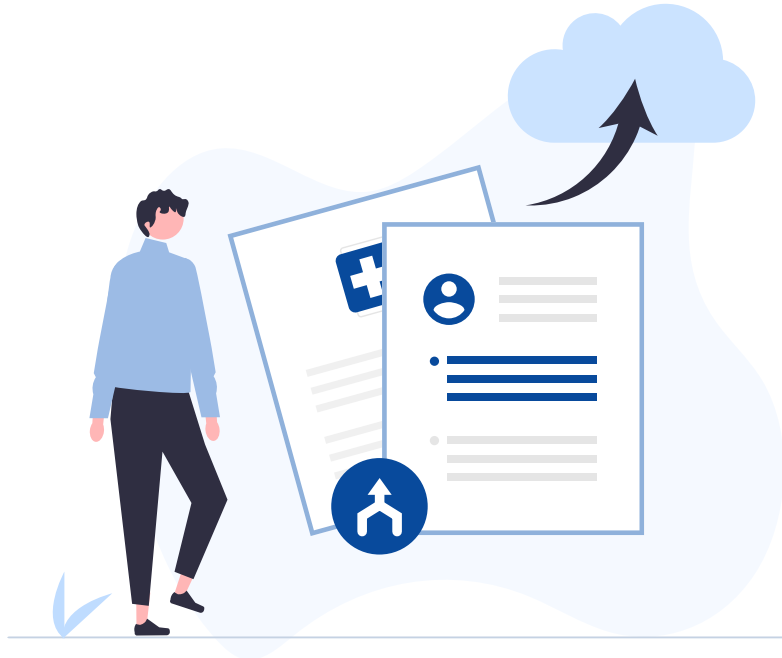
CDC DPRP Evaluation Data Submission

- CDC-recognized organizations with pending, preliminary, full, or full plus recognition must submit session-level participant data to maintain their recognition.
- Organizations must submit data every 6 months, starting from 6 months after the organization's effective date.
- Data submissions are made through the [DPRP Data Submission Portal](#).



i Full data submission guidance is provided in the [CDC DPRP Standards](#).

CMS Crosswalk File Submission



In addition to CDC data reporting:










- Suppliers must maintain a crosswalk file, which includes beneficiary identifiers used for the CDC performance data submissions and the corresponding Medicare identifiers for each beneficiary who receives MDPP services.
- Suppliers are required to submit data on a quarterly basis, after furnishing MDPP services for 6 months.
- Data submissions are made through a secure [File Transfer Protocol \(FTP\) website](#).










i Information on how to submit and maintain a crosswalk file is available on the [FTP website](#).

Differences between MDPP and the National DPP LCP

What Are the Differences between MDPP and the National DPP LCP?

MDPP vs National DPP LCP*

-  Beneficiaries must be enrolled in Medicare Part B or Medicare Advantage (Part C)
-  As part of the requirement for a prediabetes diagnosis, beneficiaries can demonstrate a Fasting Plasma Glucose test result of **110-125 mg/dL**
-  The Prediabetes Risk Test cannot qualify a beneficiary for eligibility
-  A previous diagnosis of gestational diabetes does not disqualify a beneficiary from MDPP
-  Medicare beneficiaries may only participate in MDPP once per lifetime
-  Online, asynchronous delivery of MDPP is not allowed at this time
-  There is a **maximum** of 22 paid sessions
-  Make-up sessions **cannot** be held on the same day as a regular session
-  In addition to submitting evaluation data to CDC every 6 months, MDPP suppliers must also submit a crosswalk at every quarterly deadline beginning 6 months after the organization begins furnishing MDPP services

-  Participants (18 years or older) do not need to be enrolled in Medicare
-  As part of the requirement for a prediabetes diagnosis, beneficiaries can demonstrate a fasting plasma glucose test result of **100-125 mg/dL**
-  Participants may be eligible with a high-risk result (score of 5 or higher) on the Prediabetes Risk Test
-  A previous diagnosis of gestational diabetes can be submitted to demonstrate participant eligibility
-  National DPP LCP participants may participate in the program multiple times
-  Delivery of the National DPP LCP can be provided online, asynchronously via a computer, tablet, or smart phone
-  There is a **minimum** of 22 sessions
-  Make-up sessions **can** be held on the same day as a regular session
-  Delivery organizations must submit evaluation data to CDC every 6 months beginning 6 months after the organization's CDC effective date

Resources and Additional Information

Implementation Technical Assistance Cohort

- Now recruiting 12 organizations to meet biweekly with CMS MDPP Team and other suppliers to facilitate peer-to-peer learning and support from subject matter experts
- Interested organizations should email mdpp@cms.hhs.gov by June 7



Real-Time Q&A
Responses



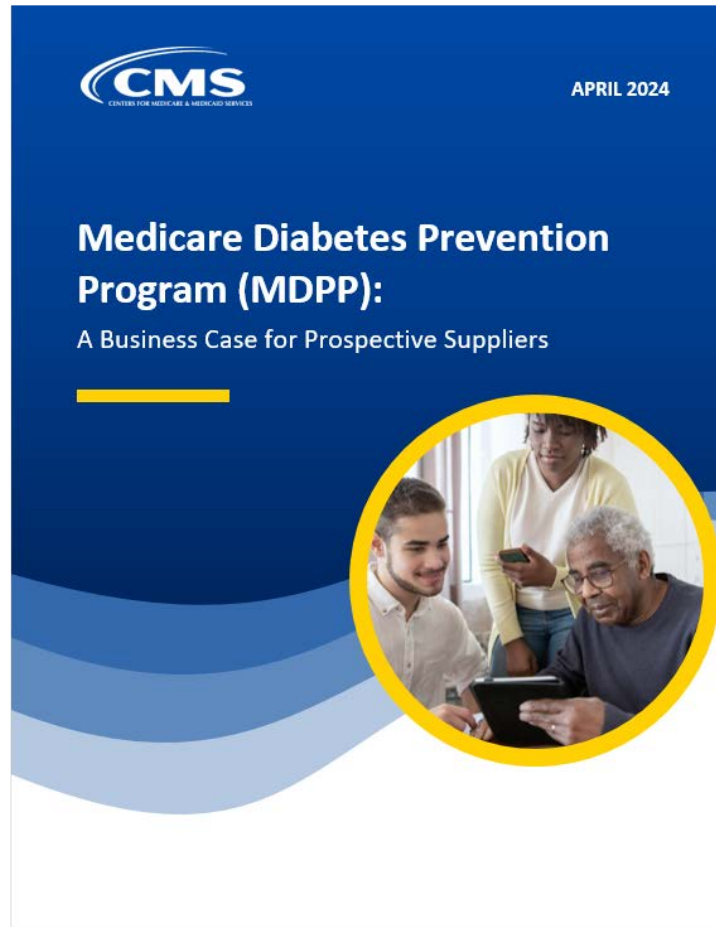
Knowledge Sharing
& Collaboration



Technical Assistance
& Capacity Building

NEW! A Business Case for Prospective Suppliers

Use the Business Case to learn more about MDPP and how to enroll as an MDPP supplier.



What is covered in the Business Case?

- A high-level overview of MDPP
- Why and how to participate as a supplier
- How to recruit MDPP participants
- How to deliver and bill for MDPP services
- What are the reporting requirements
- What the expected costs and revenue are for delivering MDPP

Who is it for?

All organizations interested in learning more about MDPP and becoming MDPP suppliers.

Where can I find the Business Case?

Go to: <https://www.cms.gov/files/document/mdpp-business-case.pdf>

Helpful Resources



If you have any questions or feedback to share, please visit the [MDPP Supplier Support Center](#)



Ready to become a CDC-recognized National DPP delivery organization?

Head to the [National DPP website](#).



Already CDC-recognized and ready to enroll as an MDPP supplier?

Once recognized by CDC (either preliminary, full, or full plus status), enroll online through the Provider Enrollment Chain and Ownership System ([PECOS](#)). Review the enrollment [application](#). Contact [your MAC](#) for questions regarding enrollment and reference your MAC's website for helpful MDPP resources.



Want to access supplier support resources?

Head to the [MDPP website](#).



Want to access a complete list of existing MDPP suppliers?

Head to the [current list of MDPP suppliers](#).



Want to find out which organizations are eligible to become MDPP suppliers?

Head to [CDC's National DPP Registry](#), and look for organizations with "Preliminary", "Full" or "Full Plus" recognition.



Other ways to stay updated

Sign up for our listserv by emailing mdpp@cms.hhs.gov.

Questions?

Please contact the CMS MDPP Team with any further questions at <https://cmsorg.force.com/mdpp>.