Medicare Diabetes Prevention Program (MDPP)

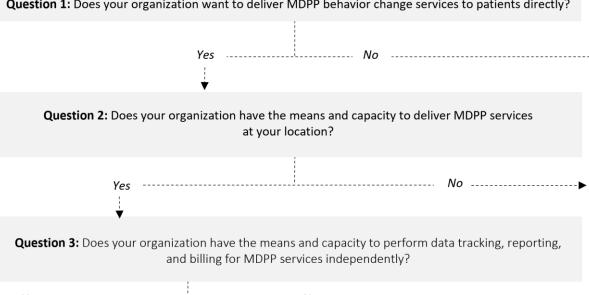
Partnership Roadmap

MDPP is a Medicare preventive service that helps people in your community stay healthy and prevent diabetes. This fact sheet explains how organizations of varying capacities can get involved in MDPP. Depending on their capacity, organizations may become involved in MDPP by enrolling as MDPP Suppliers, partnering with existing MDPP Suppliers, and/or helping to spread the word about MDPP in their communities. Please reference the MDPP website at http://go.cms.gov/mdpp-exp for more detailed information regarding MDPP rules, regulations, and requirements.

MDPP Enrollment Decision Guide

For a more detailed enrollment decision guide, refer to the National Association of Chronic Disease Directors' MDPP Capacity Assessment.

Question 1: Does your organization want to deliver MDPP behavior change services to patients directly?





Enroll as a Supplier

Enroll as an MDPP supplier to deliver and bill for MDPP services. You may also partner with other organizations that serve priority populations in your community to offer administrative support for billing and data reporting.

Example: A large health system that wants to enroll as an MDPP supplier and grow their program partnering with other small organizations as community locations.



Partner with an **Existing MDPP Supplier**

Consider delivering MDPP services in partnership with an existing MDPP supplier that may alleviate administrative responsibilities (e.g., billing, data reporting).

Example: A small community-based organization lacking the infrastructure and/or resources to conduct the billing and reporting requirements of an MDPP supplier



Become an MDPP Champion

Spread the word about MDPP by referring community members to existing MDPP suppliers or increasing awareness of the program.

Example: Church that encourages congregation to get screened for diabetes/prediabetes and refers to MDPP programs in the area



How to Get Involved with MDPP

Consider the following actions based on your results from the Enrollment Decision Guide.



Enroll as an MDPP supplier

Want to help people with Medicare stay healthy, prevent diabetes, and receive payments for these activities?

As an MDPP supplier, you will help people with Medicare make lasting behavior changes through group-based training and individual support.

Organizations can enroll as an administrative location and deliver MDPP services as a sole organization. Organizations may also choose to enroll as an administrative location, with other organizations serving as community locations, and operate as a partnership in delivering MDPP services. One such partnership option is applying to be a CDC-recognized Umbrella Hub Organization (UHO). UHOs are suppliers that provide administrative support to other MDPP suppliers through an Umbrella Hub Arrangement (UHA). An organization may bill out of their administrative location for MDPP services furnished at any community setting approved on their MDPP enrollment application. Therefore, partnering with other organizations through a UHA will help your organization to grow community locations that may assist in expanding the reach of your program by serving more Medicare patients with prediabetes.* Community settings may even cross state lines, as long as they do not cross Medicare Administrative Contractor (MAC) jurisdictions.

The subsidiary organizations in a UHA, such as small community-based organizations, may benefit from partnering with a UHO through sharing CDC recognition, streamlining administrative, billing, reimbursement, and health plan contracting services. To learn more about CDC-recognized National DPP UHAs, please visit the CDC/NACDD National DPP Coverage Toolkit suite of UHA pages.

Next Steps

There are two steps to becoming an MDPP supplier:

- 1) Achieve CDC Recognition
 - Apply to the CDC's Diabetes Prevention Recognition Program (DPRP)
 - Offer the program for 12 months
 - Some organizations can skip the 12-month pending recognition stage and be fast-tracked to
 preliminary recognition. For example, <u>Diabetes Self-Management Education and Support (DSMES)</u>
 organizations are one such eligible organization type.
 - Submit evaluation data to CDC every 6 months
- 2) Enroll as an MDPP Supplier
 - Apply via PECOS or the CMS-20134 paper application to become an MDPP Supplier.
 - o Reference the Enrollment Preparation Guide to successfully prepare for enrollment.

Example Organizations

- A large organization (e.g., a health system) that wants to offer MDPP and grow their program by partnering with other smaller organizations (e.g., community-based organizations) as "spokes."
- A community-based organization interested in directly delivering MDPP services and has the staff capacity to submit claims to Medicare.



^{*}Note that the decision to partner with another organization in MDPP delivery is solely at the discretion of the organization in question and CMS has no opinion or preference regarding MDPP delivery partnership. CMS cannot and will not provide guidance on partnership models. Organizations should seek their legal counsel should they have any questions or concerns regarding partnership options for MDPP delivery.



Partner with an existing MDPP supplier

Want to deliver MDPP services but need support with administrative functions such as data tracking, reporting, or billing?

Partnering with an existing MDPP supplier to deliver MDPP services can reduce administrative burden and centralize the operational infrastructure. For example, your organization could partner with a CDC-recognized Umbrella Hub Organization to serve as a community location. Community-based organizations may benefit from joining an Umbrella Hub Arrangement by being able to share CDC recognition, collectively contract with health care organizations, and streamline payment operations.

By partnering with an organization that can perform these administrative functions, your organization can focus on delivering MDPP services, helping people stay healthy, and preventing diabetes. To learn more about CDC-recognized National DPP UHAs, please visit the CDC/NACDD National DPP Coverage Toolkit suite of UHA pages.

Next Steps

- Organizations that are interested in partnerships may reference the MDPP Supplier Map to view current MDPP suppliers in their region.
- Note that the decision to partner with another organization in MDPP delivery is solely at the discretion of the organization in question and CMS has no opinion or preference regarding MDPP delivery partnership.
 CMS cannot and will not provide guidance on partnership models. Organizations should consult their legal counsel should they have any questions or concerns regarding partnership options for MDPP delivery.

Example Organizations

- A small community-based organization lacking the infrastructure and resources to conduct the billing and reporting aspects of an MDPP supplier.
- A large organization that wants to provide MDPP services but prefers to contract out to another organization for support with billing and other administrative functions.



Become an MDPP Champion

Want to support MDPP, but your organization may not be ready or eligible to enroll?

There are many ways to get involved! Spreading the word about MDPP can grow awareness of prediabetes and available prevention services for Medicare populations. Refer patients, friends, family, and community members at risk of developing type 2 diabetes to join MDPP. Find MDPP suppliers with the MDPP Supplier Map.

Next Steps

- Educate patients with a high risk of developing type 2 diabetes about lifestyle changes to improve health.
- Promote available diabetes prevention services to providers and patients.
- Screen patients for MDPP eligibility, and refer eligible patients to an MDPP supplier using the Supplier Map

Example Organizations

- An organization that wants to support and promote MDPP but is not eligible or able to provide MDPP services or fulfill administrative requirements at this time.
- An individual or provider who is not a part of an organization and wants to promote or refer potential patients to MDPP.
- A health care provider that wants to enter into a data use agreement (DUA) with an MDPP supplier to identify and refer eligible patients directly to the supplier.

Need More Information?



