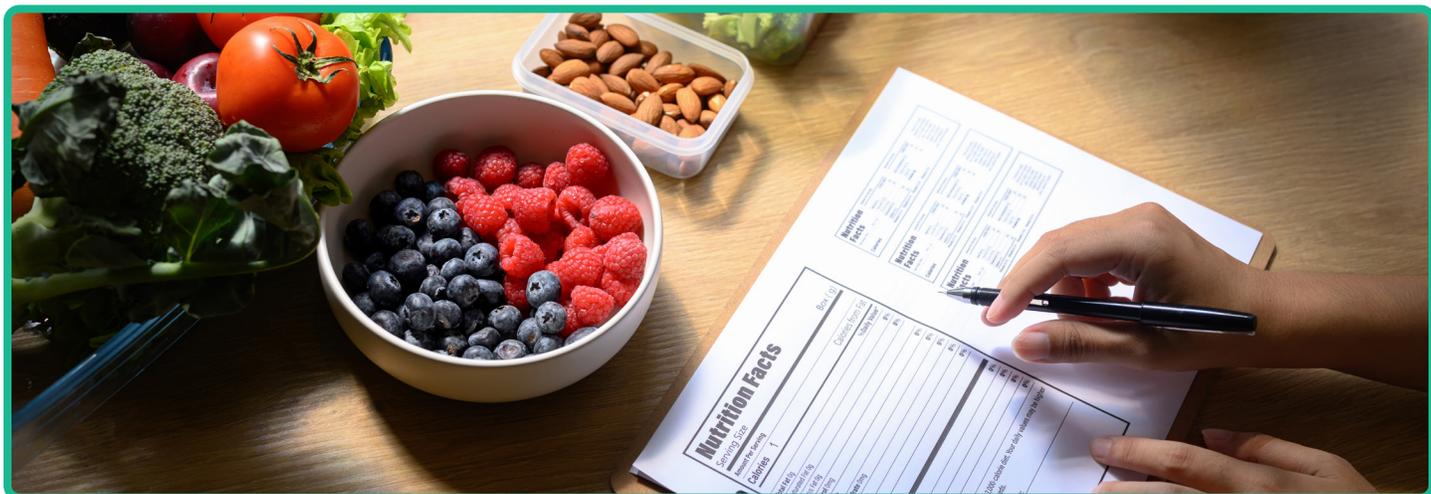




Medicare Diabetes Prevention Program Expanded Model



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What's Changed?

- Updated the requirements for conducting Medicare Diabetes Prevention Program (MDPP) sessions in person, through virtual distance learning (live), or online (non-live) (pages 4–5)
- Extended the extended flexibilities period through December 31, 2029 (page 4)
- Updated the requirements for reporting patient weight, including self-reporting (page 4)
- Removed the once-per-lifetime enrollment limit (page 6)
- Expanded the list of organization types that can become MDPP suppliers to include virtual-only organizations (page 7)
- Created a new HCPCS G-code for the online delivery modality and updated the 2026 Fee-for-Service (FFS) amounts (page 9)
- Added G9871 to the list of HCPCS codes for which you can add modifier 76 to indicate a make-up session was held on the same day as a regularly scheduled MDPP session (page 9)

Substantive content changes are in dark red.

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The [Medicare Diabetes Prevention Program \(MDPP\) expanded model](#) is a structured behavior change intervention that aims to prevent type 2 diabetes in Medicare patients with prediabetes. The primary goal of [MDPP](#) is to help patients achieve at least 5% weight loss, which is associated with reducing the rate of type 2 diabetes in people at high risk for it. MDPP has been shown to reduce the diabetes incidence by 71% in people age 60 or older.

CMS and CDC have distinct but complementary roles in running this program. CMS pays Medicare-enrolled MDPP suppliers to offer a CDC-approved, group-based, classroom-style curriculum that teaches:

- Long-term dietary change
- Increased physical activity
- Behavioral change strategies for weight control and diabetes prevention



Diet



Physical Activity



Strategies

MDPP suppliers provide the set of MDPP services, and the suppliers' coaches (like trained community health professionals) teach a CDC-approved curriculum.

Diabetes Prevalence

Half of adults age 65 or older have prediabetes, the condition that may lead to type 2 diabetes.



1 in 3 adults age 65 or older have diabetes. CDC expects this to double by 2050.



Only **1 in 7** of these adults know they have prediabetes.



2.6x Each year, people with diabetes spend 2.6 times what those without the disease spend on health care.



\$205 billion Medicare spends an estimated \$205 billion each year on patients 65 or older with diabetes.



Adults with diabetes have more emergency department visits, are hospitalized more often, and take more prescription drugs than those without diabetes.

MDPP Services

The set of MDPP services lasts up to 1 year and includes up to 22 sessions:



16 in-person, distance learning, or **online core** weekly sessions during months 1–6, at least 1 week apart



6 in-person, distance learning, or **online core maintenance** monthly sessions during months 7–12, at least 1 month apart

MDPP sessions are about 1 hour each and follow a [CDC-approved curriculum](#). MDPP suppliers can use their own curriculum if it includes all CDC-required elements and CDC approves it.

During the [extended flexibilities period](#) (January 1, 2024 – **December 31, 2029**), MDPP suppliers may provide sessions in person or virtually through live distance learning. During the online delivery period (**January 1, 2026 – December 31, 2029**), MDPP suppliers may provide sessions through asynchronous online delivery. Specifically, MDPP suppliers:

- May **use the weight documented in the patient's medical record and dated within 5 calendar days of the MDPP session** or allow patients to self-report their weight for distance learning and online sessions until **December 31, 2029**, by doing 1 of these:
 - Using online video technology, like chatting or conferencing, so that the MDPP coach sees the patient taking their weight on a digital scale and views the weight shown on the scale.
 - Sending 2 date-stamped photos—1 with their weight on a digital scale and 1 of the patient visible in their home **or another reasonable location outside of an in-person delivery site. Examples of these sites include fitness centers, medical facilities, and temporary homes.** Alternatively, patients may send either:
 - A single date-stamped photo, if they're able to show both themselves and their weight on the digital scale
 - A video recording with them and their weight visible on the scale
 - Using smart technology, as on some digital scales, to transmit their weight measurements securely through a wireless or cellular signal.
- Must have or maintain CDC's Diabetes Prevention Recognition Program (DPRP) codes for "in-person," "in-person with a distance learning component," or "online."
 - "In-person with a distance learning component" means MDPP sessions that are delivered in person by trained coaches and that participants have the option of attending through distance learning
 - Distance learning sessions must be provided in a manner consistent with DPRP Standards, and all distance learning sessions must be delivered in real time

While we don't cover digital scales and other items or services that advance MDPP goals (like food-measuring devices, discounted gym memberships), suppliers may offer them as optional [beneficiary engagement incentives](#).

- MDPP suppliers who already operate under the “in-person” organization code aren’t required to switch to the new “in person with a distance learning component” organization code, even if they’re offering distance learning sessions
- May offer distance learning, in-person, **or online** make-up sessions for patients who miss a regularly scheduled session.
- Can’t mix online delivery with other delivery types for the same patient. A patient must complete the program entirely asynchronously (that is, through online sessions) or entirely synchronously (that is, through in-person or distance learning sessions).

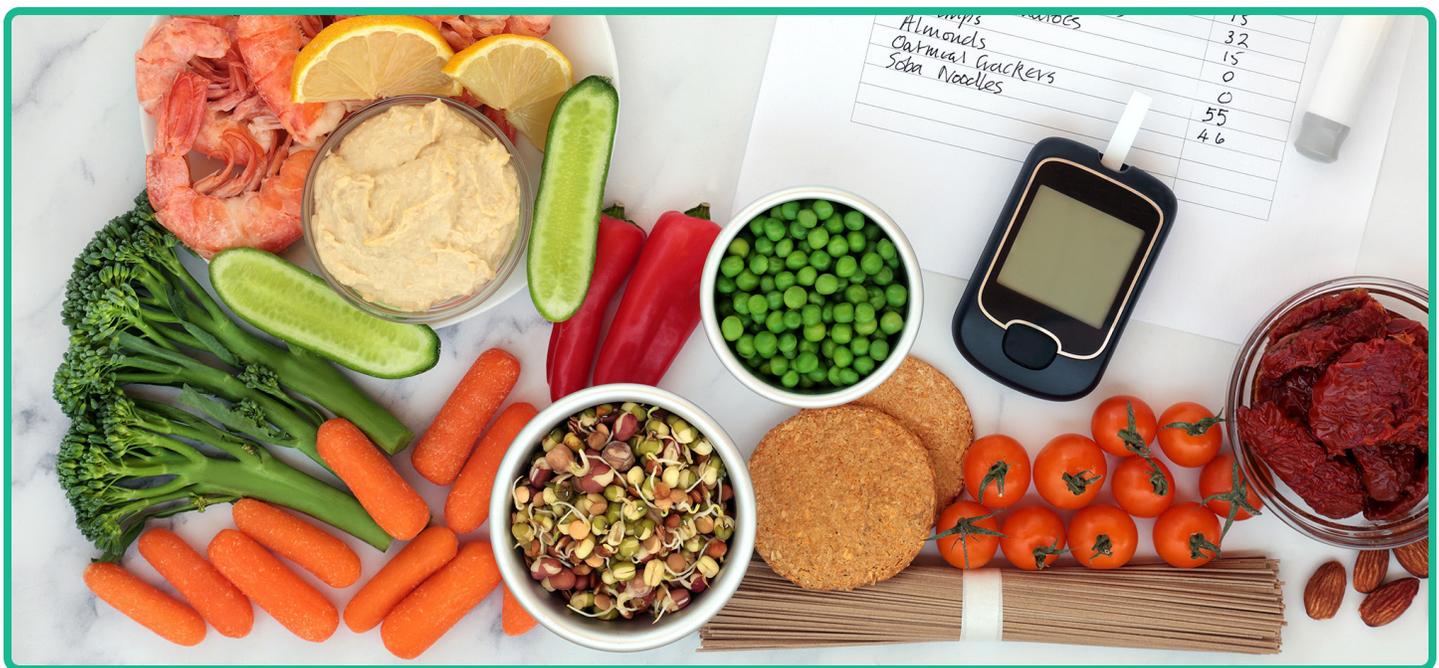
The [2024 CDC DPRP Standards](#) include these MDPP session delivery modes:

- In-person
- Distance learning (live)
- In-person with a distance learning component
- Online (non-live)
- Combination with an online component, which isn’t covered by Medicare

Online delivery, including make-up sessions, can’t be combined with in-person or distance learning delivery for a patient.

Note: “Online session” refers to an MDPP session that isn’t provided in person or through distance learning and is provided in a manner consistent with the DPRP Standards for online sessions. The definition for “online” includes the term “asynchronous” and establishes a 4-year testing period from January 1, 2026, to December 31, 2029, in which MDPP suppliers may deliver the complete set of MDPP services online using asynchronous delivery methods.

During the 4-year testing period, we’ll evaluate whether the online modality produces MDPP patient outcomes similar to those of in-person and distance learning modalities.



Patient Eligibility

Patients don't need a referral to get MDPP services and can get them if they meet all these criteria:

- Are enrolled in Medicare Part B or a Medicare Advantage (Part C) plan
- Have a body mass index (BMI) of at least 25 (23 if the patient self-identifies as Asian) at their first session
- Meet 1 of these 3 blood test requirements within 12 months before attending their first session:
 - A hemoglobin A1C test with a value of 5.7%–6.4%
 - Normal A1C = below 5.7%
 - Prediabetes A1C = 5.7%–6.4%
 - Diabetes A1C = 6.5% or above
 - A fasting plasma glucose test of 110–125 mg/dL
 - A 2-hour plasma glucose test (oral glucose tolerance test) of 140–199 mg/dL
- Have no previous diabetes diagnosis, except gestational diabetes, before the date of their first session
- Don't have ESRD
- Haven't previously gotten MDPP services

We cover an A1C blood test when a patient gets a [diabetes screening](#).

Normal: 5.7% ←

Prediabetes: 5.7%–6.4%

→ Diabetes: 6.5%

Patients who meet these criteria can participate in MDPP sessions for up to 1 year, regardless of attendance or weight loss. **There's no limit to the number of times a patient can enroll in MDPP services.**

MDPP is a [Medicare preventive service](#), and there's no patient cost-sharing.

Patients can switch MDPP suppliers at any time during their MDPP set of services.

MDPP suppliers should [check eligibility](#) to see if the patient qualifies for MDPP services before their first session. They can also check whether a patient's previous supplier billed for MDPP sessions and what the supplier's NPI and dates of service were.

If a patient develops diabetes during an MDPP services period, they can continue participating in the MDPP set of services.

MDPP Suppliers

Hospitals, community organizations, churches, clinics, and other kinds of organizations can become MDPP suppliers. However, only organizations, not people, can become [MDPP suppliers](#). **We allow virtual-only organizations to enroll in Medicare as MDPP suppliers, and we streamline the enrollment process to allow for greater asynchronous delivery.**

MDPP suppliers must have an NPI. See the Medicare Enrollment section for information on getting an NPI.

CDC Recognition

Before enrolling in Medicare as an MDPP supplier, organizations must first meet [recognition status requirements](#) and then apply with [CDC DPRP](#). Organizations must meet the DPRP's most current [standards and operating procedures](#), which CDC updates every 3 years.

To enroll in Medicare, you must get preliminary, full, or full-plus recognition. Organizations must submit evaluation data on all participants in all ongoing cohorts to CDC every 6 months regardless of recognition status achieved. To check an organization's recognition status, visit [CDC's Registry of All Recognized Organizations](#).

Medicare Enrollment

Learn about the Medicare enrollment process by reviewing [Medicare Provider Enrollment](#) and the [checklist for a provider or supplier organization using PECOS](#). Be sure to include in the enrollment application the:

- Coach information, including name, SSN, NPI, and start date
- Recognition status (this includes whether the MDPP supplier has achieved preliminary, full, or full-plus in-person modality recognition)
- Organizational code

Enroll in Medicare as an MDPP supplier by applying through [PECOS](#) or the [paper application](#).

Organizations that want to provide MDPP services must enroll as an MDPP supplier, even if they're already enrolled in Medicare as another type of provider.

There's no provider enrollment application fee for organizations enrolling in Medicare as MDPP suppliers.

Your [Medicare Administrative Contractor](#) (MAC) will process your enrollment application within 90 days and notify you if it needs [fingerprints](#) or any additional documents.

Supplier Standards

In its Medicare enrollment application, an MDPP supplier must certify that it meets and will continue to meet the [supplier standards](#), including:

- Maintaining a primary business phone number that's available to the public
- Reporting changes in ownership, changes to coach rosters, and any final adverse legal actions within 30 calendar days and reporting all other changes within 90 calendar days

If your organization wants to get involved in MDPP services but doesn't have all the necessary resources, it can partner with an existing MDPP supplier to serve as the supplier's community location. It can also partner with an organization that can track data, reporting, or billing for MDPP services.

Coaches

Coaches conduct MDPP sessions and must meet all [eligibility requirements](#) and get [training](#) consistent with CDC's requirements. Coaches, including both clinical and nonclinical professionals, can be MDPP supplier employees, contractors, or volunteers.

We screen each person on the coach roster included with the supplier's Medicare enrollment application. MDPP suppliers may conduct background checks on coaches before and after enrolling in Medicare.

Coaches must have an NPI but can't bill Medicare directly. The MDPP supplier's billing team should list the coach as the rendering provider on a claim for MDPP services.

Payment

Medicare-enrolled MDPP suppliers must accept the Medicare-allowed amount as payment in full for their services, regardless of the MDPP supplier's participation status in the Medicare Program.

MDPP services have a payment structure that allows for Fee-for-Service (FFS) payments for patient attendance while offering performance-based payments for diabetes risk reduction (weight loss):

- **Attendance payments:** We make FFS payments to an MDPP supplier if a patient attends a session. We pay for up to 22 sessions in a 12-month period billed with either:
 - HCPCS code **G9871**
 - HCPCS codes G9886 and G9887, individually or combined
- **Performance payments:** We make performance payments to an MDPP supplier after the patient:
 - Achieves the required 5% weight loss (one-time payment)
 - Maintains the 5% weight loss goal during a session in months 7–12 (1 payment per month)
 - Achieves 9% weight loss (one-time payment)

Coding & Billing

Use the HCPCS codes in this table to bill for MDPP expanded model services.

MDPP Expanded Model Payment Structure

Code	Descriptor	2026* PFS Payment
G9871	Behavioral counseling for diabetes prevention, online, 60 minutes	\$18
G9886	Behavioral counseling for diabetes prevention, in-person, group, 60 minutes	\$27
G9887	Behavioral counseling for diabetes prevention, distance learning, 60 minutes	\$27
G9880	5% weight loss (WL) achieved from baseline weight	\$153
G9881	9% WL achieved from baseline weight	\$27
G9888**	Maintenance 5% WL from baseline weight in months 7–12	\$8
Subtotal maximum attendance-based payment (online)		\$396
Subtotal maximum attendance-based payment (in-person or distance learning)		\$594
Total possible maximum payment (online)		\$624
Total possible maximum payment (in-person or distance learning)		\$822

* For dates of service starting January 1, 2025, we removed the bridge payment. You may still bill G9890 if the patient changed suppliers on or before December 31, 2024.

** Submit a claim for G9880 before submitting a claim for G9888.

Note: During the online delivery period, MDPP suppliers can't mix delivery modalities by billing for a combination of online with in-person or distance learning sessions. Individual patients must get MDPP services either as online sessions or fully synchronously (that is, in person, through distance learning, or in person with a distance learning component).

You must add [modifier 76](#) to any claim for G9886, G9887, or G9871 to indicate that a make-up session was held on the same day as a regularly scheduled MDPP session.

When submitting claims for MDPP services, don't include codes for non-MDPP services.

Submit claims with this information:

- Patient information and MBI
- ICD-10 diagnosis code
- Demo code 82
- Place of service code (use “other” (99) for distance learning sessions)
- MDPP service details (dates of service, etc.)
- HCPCS code
- Coach’s NPI
- MDPP supplier’s NPI

If your organization is an MDPP supplier, it can submit claims itself or through a third-party billing agent. List all codes associated with a performance payment on the same claim, and submit claims when a patient meets a performance goal. If you have claims submission or billing questions, find your [MAC’s website](#).

Crosswalk File

MDPP suppliers must maintain and submit an [MDPP crosswalk file](#) that lists patient identifiers used for claims with those used for CDC performance data submissions for each patient getting MDPP services from the supplier. Submit this crosswalk file 6 months after you start providing MDPP services and then quarterly thereafter.

Medicare Advantage

Medicare Advantage (MA) plans must offer MDPP as a preventive service and may offer supplemental MDPP benefits (for example, extended coverage length). MA organizations must either contract with Medicare-enrolled MDPP suppliers to provide MDPP services to their enrollees and cover out-of-network services or enroll in Medicare as an MDPP supplier.

MDPP suppliers must check the MA plan for information on eligibility, coverage, and payment. Each plan may have different patient out-of-pocket costs and specific rules for getting and billing for services. MDPP suppliers must follow the plan’s terms and conditions for payment.

Documentation Requirements

Organizations must comply with [documentation requirements](#) to maintain MDPP Medicare enrollment.

At the first MDPP session, suppliers must record:

- MDPP supplier name, CDC DPRP number, and NPI
- Patient information, including, but not limited to, patient name, MBI, and age
- Evidence that each patient in the session meets eligibility requirements

At each additional MDPP session, suppliers must record:

- Session type (regularly scheduled or make-up)
- Coach’s NPI
- Session date and place
- Curriculum topic
- Each patient’s weight (including date it was recorded)

Note: MDPP suppliers must keep all books, contracts, weight records, and related documents for 10 years. The retention period starts from the last day the patient got MDPP services or the date of completion of any audit, evaluation, inspection, or investigation, whichever is later. [Exceptions apply.](#)

CMS & CDC Roles

CMS and CDC share responsibility for the MDPP, and each plays an important role in its success.



CMS implements and evaluates the MDPP expanded model. In this role, we:

- Define the MDPP set of services and the Medicare-covered MDPP services period
- Provide resources to support successful supplier enrollment and claims submissions
- Review and process Medicare enrollment applications of organizations with CDC preliminary, full, or full-plus recognition
- Provide resources to verify certain elements of patient eligibility for MDPP
- Process claims submitted by MDPP suppliers for payment
- Monitor MDPP suppliers’ compliance with Medicare requirements, including the MDPP supplier standards



CDC oversees and ensures MDPP quality. In this role, it:

- Develops and maintains DPRP Standards
- Evaluates organizations seeking to achieve and maintain CDC recognition status
- Maintains a national registry of recognized organizations
- Provides resources to support organizations in achieving and maintaining CDC recognition
- Reviews and approves alternative curricula submitted by organizations seeking recognition
- Makes curriculum updates based on current evidence, as needed

Resources

- [CY 2026 Medicare Physician Fee Schedule Final Rule: MDPP](#)
- [MDPP FAQs](#)
- [MDPP Supplier Support Center](#)
- [National Diabetes Prevention Program Customer Service Center](#)
- [National Diabetes Statistics Report](#)
- [Notice of Waiver of Certain Fraud and Abuse Laws in Connection with the MDPP Expanded Model](#)

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